

Reducing CXCR4-mediated nociceptor hyperexcitability reverses painful diabetic neuropathy

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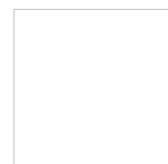
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Painful diabetic neuropathy (PDN) is an intractable complication of diabetes that affects 25% of patients. PDN is characterized by neuropathic pain and small-fiber degeneration, accompanied by dorsal root ganglion (DRG) nociceptor hyperexcitability and loss of their axons within the skin. The molecular mechanisms underlying DRG nociceptor hyperexcitability and small-fiber degeneration in PDN are unknown. We hypothesize that chemokine CXCL12/CXCR4 signaling is central to this mechanism, as we have shown that CXCL12/CXCR4 signaling is necessary for the development of mechanical allodynia, a pain hypersensitivity behavior common in PDN. Focusing on DRG neurons expressing the sodium channel Nav1.8, we applied transgenic, electrophysiological, imaging, and chemogenetic techniques to test this hypothesis. In the high-fat diet mouse model of PDN, we were able to prevent and reverse mechanical allodynia and small-fiber degeneration by limiting CXCR4 signaling or neuronal excitability. This study reveals that excitatory CXCR4/CXCL12 signaling in Nav1.8-positive DRG neurons plays a critical role in the pathogenesis of mechanical allodynia and small-fiber degeneration in a mouse model of PDN. Hence, we propose that targeting CXCR4-mediated DRG nociceptor hyperexcitability is a promising therapeutic approach for disease-modifying treatments for this currently intractable and widespread affliction.

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**Reducing CXCR4-mediated Nociceptor Hyperexcitability Reverses Painful
Diabetic Neuropathy**

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exists.

ABSTRACT

Painful diabetic neuropathy (PDN) is an intractable complication of diabetes that affects 25% of patients. PDN is characterized by neuropathic pain and small-fiber degeneration, accompanied by dorsal root ganglion (DRG) nociceptor hyperexcitability and loss of their axons within the skin. The molecular mechanisms underlying DRG nociceptor hyperexcitability and small-fiber degeneration in PDN are unknown. We hypothesize that chemokine CXCL12/CXCR4 signaling is central to this mechanism, as we have shown that CXCL12/CXCR4 signaling is necessary for the development of mechanical allodynia, a pain hypersensitivity behavior common in PDN. Focusing on DRG neurons expressing the sodium channel $\text{Na}_v1.8$, we applied transgenic, electrophysiological, imaging, and chemogenetic techniques to test this hypothesis. In the high-fat diet mouse model of PDN, we were able to prevent and reverse mechanical allodynia and small-fiber degeneration by limiting CXCR4 signaling or neuronal excitability. This study reveals that excitatory CXCR4/CXCL12 signaling in $\text{Na}_v1.8$ -positive DRG neurons plays a critical role in the pathogenesis of mechanical allodynia and small-fiber degeneration in a mouse model of PDN. Hence, we propose that targeting CXCR4-mediated DRG nociceptor hyperexcitability is a promising therapeutic approach for disease-modifying treatments for this currently intractable and widespread affliction.

INTRODUCTION

PDN is one of the most common and intractable complications of diabetes, affecting 25% of diabetic patients(1, 2). Given the increasing prevalence of type II diabetes mellitus(3), the incidence of PDN is expected to rise(4). Neuropathic pain associated with PDN substantially affects patients' quality of life and health care costs(5) and is difficult to treat. Opiates are mostly ineffective for treating neuropathic pain and problematic for chronic use(2). Gabapentinoids and antidepressants produce limited relief in some patients, but have many side effects and a low response rate for PDN(6-9). Thus, safer and more effective therapies based on mechanistic targets specific to PDN are urgently required.

The hallmarks of PDN are neuropathic pain and small-fiber degeneration (10, 11), particularly a "dying back" axonopathy that affects the smallest axons of the peripheral nervous system: the dorsal root ganglion (DRG) nociceptor axons (12, 13). Acute pain is normally important for preventing tissue damage (14, 15). However, in conditions such as PDN, physiological pain transitions to pathological or neuropathic pain that does not serve any important physiological function. The complex pathophysiology underlying neuropathic pain in PDN(16) extends from primary afferent terminals (16) to anatomical and functional changes in the brain and spinal cord, that amplify nociceptive processing(16, 17). Diabetic patients(18) and experimental models of PDN (19, 20) exhibit sensory neuron hyperexcitability, including spontaneous activity of DRG nociceptor axons and the terminals of C-fiber nociceptors (21, 22). The molecular pathways linking hyperexcitability to neuropathic pain and small-fiber

degeneration in PDN are unknown. This gap in knowledge represents a critical barrier to progress in developing novel therapeutic approaches for PDN.

In our experiments, we identified DRG nociceptors via a molecular marker, the sodium channel $\text{Na}_v1.8$ (23). Approximately 75% of DRG sensory neurons express $\text{Na}_v1.8$, including >90% of C-nociceptors, a population of C-low-threshold mechanoreceptors and some $\text{A}\delta$ -nociceptors and $\text{A}\beta$ afferents(23). Thus, by focusing on the properties of $\text{Na}_v1.8$ -positive DRG neurons we are likely to discover key changes in the behavior of DRG nociceptors in animal models of PDN.

One of the initial questions that must be addressed is what mechanisms trigger $\text{Na}_v1.8$ -positive DRG neuron hyperexcitability in diabetes? Promising hypotheses include altered gene expression and posttranslational modification of key ion channels(24, 25). For example, methylglyoxal, abundant during hyperglycemia(19, 20), induces posttranslational modifications in $\text{Na}_v1.8$ sodium channels(26) that result in nociceptor hyperexcitability and mechanical allodynia in rodents (20). In addition, inflammatory mediators, including cytokines and chemokines, may increase $\text{Na}_v1.8$ -mediated currents by acutely activating $\text{Na}_v1.8$ ion channels through second-messenger signaling or by enhancing channel expression(27-29). Consistent with this idea, we have shown that chemokines and their receptors are expressed by DRG neurons (30, 31) and that chemokine signaling is important in generating neuropathic pain in experimental models of PDN(30). However, the role of chemokines in generating $\text{Na}_v1.8$ -positive DRG neuron hyperexcitability, mechanical allodynia, and small-fiber degeneration in PDN remains unclear.

Although the causes of PDN are likely to be multifactorial, they include inflammatory processes(32). Inflammatory markers, such as interleukins IL-6, IL-2, and tumor necrosis factor- α (TNF- α), are elevated in hyperglycemia, suggesting a chronic, low-grade inflammatory state in diabetic patients(33, 34). Moreover, patients with higher plasma TNF- α have a greater risk of PDN(33, 35, 36). Expression of the chemokine receptor CXCR4, a G-protein-coupled, seven-span transmembrane receptor (GPCR), was elevated in a peripheral nerve microarray analysis of patients with progressive diabetic neuropathy(37). Consistent with this finding, we showed that, in the high-fat diet (HFD) mouse model of PDN (38), CXCR4 and its ligand, the chemokine CXCL12 (also called stromal-derived factor-1), are crucial in the generation of mechanical allodynia (30), a pain hypersensitivity behavior associated with PDN in mice(30, 39), and humans(40, 41).

In light of these findings, we have now examined the mechanistic relationships between CXCL12/CXCR4 signaling, hyperexcitability in Na_v1.8-positive DRG neurons, small-fiber degeneration and mechanical allodynia in the HFD mouse model of PDN. We used electrophysiology, imaging, and chemogenetics to demonstrate that CXCL12/CXCR4 signaling is key to development of Na_v1.8-positive DRG neuron hyperexcitability, which is directly responsible for small-fiber degeneration and mechanical allodynia. Hence, therapies that target this mechanism represent a novel approach for PDN.

RESULTS

Mechanical allodynia preceded small-fiber degeneration in diabetic mice.

Neuropathic pain and small-fiber neuropathy are well-recognized complications of type II diabetes, both in humans and animal models(10, 38). However, the temporal correlation between the onset of neuropathic pain behavior and small-fiber neuropathy has not been established. We set out to investigate this temporal relationship by measuring mechanical allodynia, a particular pain hypersensitivity behavior normally associated with PDN. We used the high-fat diet (HFD) mouse model of PDN. In this model, mice fed with a diet high in fat content develop glucose intolerance, obesity, mechanical allodynia, and small-fiber degeneration over a period of 10 weeks(30, 38, 39). Hence, the key hallmarks of human PDN are recapitulated in the HFD model.

DRG neuron subtypes are identified using molecular markers (42-44). Because >90% of DRG nociceptors express $Na_v1.8$ (23), we targeted our studies to this population. To investigate the onset of small-fiber degeneration, we utilized a molecular genetic strategy of crossing $Na_v1.8$ -Cre mice (45) with Ai9 (td-Tomato) mice (46). In the resulting $Na_v1.8$ -Cre;Ai9 mice, $Na_v1.8$ -positive DRG neurons were labeled red with td-Tomato reporter protein following Cre-dependent recombination, making it possible to visualize $Na_v1.8$ -positive neuron cell bodies in the DRG and their afferents in the dorsal horn of spinal cord and the skin (14, 23) (Supplemental Figure 1, A).

The $Na_v1.8$ -Cre;Ai9 mice were fed an HFD for 10 weeks (30, 39). The mice gained weight (Supplemental Figure 1, B) and became glucose intolerant 6 weeks after HFD onset (Supplemental Figure 1, C). We next examined small-fiber degeneration in skin samples of $Na_v1.8$ -Cre;Ai9 mice using confocal microscopy. Starting at 8 weeks,

HFD mice displayed a dramatic reduction in intra-epidermal nerve fiber density (IENF density), expressed as the number of nerves crossing the epidermal-dermal junction as a function of length, relative to control (RD) mice. There was no difference in IENF density between RD and HFD mice at 2, 4 or 6 weeks (Figure 1, A-C). These results were verified by immunolabeling skin samples from $\text{Na}_v1.8\text{-Cre};\text{Ai9}$ mice that had been on either RD or HFD for 2 or 8 weeks with an antibody against the protein gene product 9.5 (PGP 9.5), a pan-neuronal marker used for calculating IENF density and for diagnosing small-fiber neuropathies(13, 47). This independent verification excluded the possibility that the results reflected abnormal td-Tomato expression or transport in HFD mice (Supplemental Figure 1, D).

We next determined the onset of mechanical allodynia by quantifying the withdrawal threshold of the hindpaw in response to stimulation with flexible von Frey filaments applied in order of ascending force. The von Frey experiments were conducted using random experimental group assignments by blinded investigators. Beginning at 6 weeks, $\text{Na}_v1.8\text{-Cre};\text{Ai9}$ mice fed the HFD exhibited a significantly reduced withdrawal threshold compared to RD control mice, indicating the development of mechanical allodynia (Figure 1, D). No statistically significant differences were noted between RD and HFD mice 2 and 4 weeks after diet commencement. Hence, HFD mice developed mechanical allodynia two weeks prior to small-fiber degeneration.

Increased intracellular calcium influx into DRG neurons in diabetic mice

The molecular cascade linking neuropathic pain behavior to small-fiber degeneration in diabetes is incompletely understood. One phenomenon that could potentially explain both is enhanced $\text{Na}_v1.8$ -positive DRG neuron excitability. We assessed this hyperexcitability by measuring changes in internal calcium concentration ($[\text{Ca}^{2+}]_i$) in these neurons as PDN developed, using a functional imaging technique employing acutely isolated whole DRG explants. We initially used a knock-in mouse line that expressed the genetically encoded $[\text{Ca}^{2+}]_i$ indicator protein GCaMP3 under the control of the PIRT promoter, which directs expression of GCaMP3 in >95% of DRG neurons(48). Acutely excised DRG explants were isolated from Pirt-GCaMP3 mice 2, 4, 6, 8, 10 and 12 weeks after starting HFD or RD. We measured the number of DRG neurons responding with $[\text{Ca}^{2+}]_i$ transients to low and high concentrations of stimuli (i.e., capsaicin and high potassium buffer). In DRG explants from mice that had been on HFD for at least 6 weeks, the number of DRG neurons responding to a low concentration of capsaicin or potassium was significantly higher than in DRG explants isolated from RD mice (Supplemental Figure 2, A). In contrast, the number of DRG neurons responding to low capsaicin or potassium after 2 or 4 weeks of HFD or RD did not differ (Supplemental Figure 2, B).

Given the cellular diversity and functional heterogeneity of DRG neurons (42-44, 49), we wanted to monitor $[\text{Ca}^{2+}]_i$ in $\text{Na}_v1.8$ -positive DRG neurons. Therefore, we selectively expressed the $[\text{Ca}^{2+}]_i$ indicator protein GCaMP6 (50) in these neurons by crossing $\text{Na}_v1.8$ -Cre mice(45) with conditional reporter GCaMP6 mice ($\text{Ai96}^{\text{flox/flox}}$;RCL-GCaMP6s)(50). We then performed imaging experiments on acutely isolated DRG explants from these mice 2 and 8 weeks after starting HFD or RD (Supplemental video

1-4). We measured the number of Na_v1.8-positive DRG neurons responding with [Ca²⁺]_i transients to both low and high concentrations of capsaicin and potassium. When mice had been on a HFD for 8 weeks, Na_v1.8-positive DRG neurons were more likely to respond to lower concentrations of capsaicin and potassium compared to neurons from RD mice (Figure 2, A-D). In contrast, the number of neurons responding to low capsaicin or potassium after 2 weeks of HFD or RD did not differ (Figure 2, E-H). Confirming the results in Pirt-GCamp3 mice, these results demonstrate the development of Na_v1.8-positive DRG neuron hyperexcitability in the HFD model of PDN.

To determine whether this excitability was specific to Na_v1.8-positive DRG neurons, we expressed GCaMP6 (50) in proprioceptive DRG neurons by crossing parvalbumin-Cre mice, which have been used to study proprioceptor-lineage(51-53), with GCaMP6 mice (Ai96^{flox/flox};RCL-GCaMP6s)(50). We then imaged acutely isolated DRG explants 2 and 8 weeks after starting HFD or RD and measured the number of parvalbumin-positive DRG neurons responding with [Ca²⁺]_i transients to low and high concentrations of capsaicin and high potassium buffer. Parvalbumin-positive DRG neurons did not respond to either concentration of capsaicin and their responses to high potassium buffer after 2 or 8 weeks of HFD or RD did not differ (Figure 2, I and J).

Diabetic Na_v1.8-positive DRG neurons were hyperexcitable

The increased sensitivity of Na_v1.8-positive DRG neurons from HFD mice to capsaicin and potassium suggested hyperexcitability, which we tested directly in primary DRG cultures. We made current-clamp recordings of td-Tomato-labeled Na_v1.8-positive neurons from Na_v1.8-Cre;Ai9 mice fed HFD or RD for 10 weeks. These neurons

exhibited a significantly lower rheobase compared to neurons from RD mice (Figure 3, A-C). No significant differences were observed in resting membrane potential or action potential overshoot, but firing frequency was increased in Na_v1.8-positive neurons from HFD compared to RD mice (Figure 3, G-O). These electrophysiological properties support the conclusion that Na_v1.8-positive DRG neurons from HFD mice become hyperexcitable.

CXCR4 chemokine receptor deletion from Na_v1.8-positive DRG neurons prevented mechanical allodynia and small-fiber degeneration in diabetic mice

What factors drive Na_v1.8-positive DRG neuron hyperexcitability in PDN pathology? We previously reported that excitatory effects of chemokines are important in development and maintenance of pain behaviors in neuropathic pain models (31, 54) and that CXCR4 signaling is important for the development of mechanical allodynia in HFD mice(30).

To extend these findings, we deleted CXCR4 receptors from Na_v1.8-positive DRG neurons by crossing Na_v1.8-Cre;Ai9 mice with CXCR4-floxed mice (CXCR4^{flox/flox})(55). This manipulation did not cause developmental defects(56), as the number of Na_v1.8-positive DRG neurons labeled with td-Tomato was no different in Na_v1.8-Cre;Ai9;CXCR4^{flox/+} heterozygous and Na_v1.8-Cre;Ai9;CXCR4^{flox/flox} homozygous mice (Supplemental Figure 3, A and B). Furthermore, we found no significant differences in the numbers of td-Tomato-positive DRG neurons that were also positive for IB4 (Supplemental Figure 3, A and B), which identifies non-peptidergic

nociceptive neurons(14, 57), demonstrating that these mice have normal segregation of peptidergic versus non-peptidergic nociceptors after sensory neurogenesis(58, 59). These mice also had normal metabolic profiles. Both $\text{Na}_v1.8\text{-Cre};\text{Ai9};\text{CXCR4}^{\text{flox/+}}$ heterozygous and $\text{Na}_v1.8\text{-Cre};\text{Ai9};\text{CXCR4}^{\text{flox/flox}}$ homozygous mice fed HFD developed obesity (Supplemental Figure 3, C) and glucose intolerance (Supplemental Figure 3, D) like wild-type mice.

We tested for mechanical allodynia using the von Frey withdrawal threshold paradigm, as described above. In $\text{Na}_v1.8\text{-Cre};\text{Ai9};\text{CXCR4}^{\text{flox/+}}$ heterozygous HFD mice, the withdrawal threshold was significantly reduced compared to RD mice, indicating the development of mechanical allodynia (Figure 4, A). In contrast, $\text{Na}_v1.8\text{-Cre};\text{Ai9};\text{CXCR4}^{\text{flox/flox}}$ homozygous HFD mice showed normal withdrawal thresholds (Figure 4, A), indicating that CXCR4 receptors in $\text{Na}_v1.8$ -positive DRG neurons are necessary for the establishment of mechanical allodynia in this model of PDN. We did not observe mechanical allodynia in RD mice with chemokine receptor CXCR4 deletion from $\text{Na}_v1.8$ -positive DRG neurons ($\text{Na}_v1.8\text{-Cre};\text{Ai9};\text{CXCR4}^{\text{flox/flox}}$ homozygous) (Figure 4, A), so CXCR4 deletion did not alter mechanical sensation.

We next tested whether excitatory CXCL12/CXCR4 signaling in $\text{Na}_v1.8$ -positive neurons was necessary for small-fiber degeneration. Using confocal microscopy, we examined skin innervation in both $\text{Na}_v1.8\text{-Cre};\text{Ai9};\text{CXCR4}^{\text{flox/+}}$ heterozygous and $\text{Na}_v1.8\text{-Cre};\text{Ai9};\text{CXCR4}^{\text{flox/flox}}$ homozygous mice fed RD or HFD for 10 weeks. CXCR4 deletion from $\text{Na}_v1.8$ -positive DRG neurons significantly improved skin innervation in diabetic mice (Figure 4, B and C). In contrast, heterozygous HFD mice had substantially depleted nerve terminals (Figure 4, B and C). These results were verified by

immunolabeling using a PGP 9.5 antibody on the same skin samples providing an independent verification for the fiber density measurements (Supplemental Figure 4). Skin innervation was normal in $\text{Na}_v1.8\text{-Cre};\text{Ai9};\text{CXCR4}^{\text{flox/+}}$ and $\text{Na}_v1.8\text{-Cre};\text{Ai9};\text{CXCR4}^{\text{flox/flox}}$ RD mice (Figure 4, B and C; and Supplemental Figure 4), demonstrating that CXCR4 deletion from $\text{Na}_v1.8$ -positive DRG neurons did not interfere with normal neurite outgrowth.

Excitatory CXCL12/CXCR4 signaling was enhanced in diabetic $\text{Na}_v1.8$ -positive DRG neurons

The above results demonstrate that CXCL12/CXCR4 signaling in $\text{Na}_v1.8$ -positive DRG neurons is necessary for mechanical allodynia and small-fiber degeneration in PDN. What is the mechanism for this effect? Our central hypothesis is that CXCL12/CXCR4 signaling triggers hyperexcitability and $[\text{Ca}^{2+}]_i$ increases in $\text{Na}_v1.8$ -positive DRG neurons, which result in mechanical allodynia and axonal degeneration. To test this hypothesis, we performed current-clamp experiments on cultured DRG neurons from HFD and RD $\text{Na}_v1.8\text{-Cre};\text{Ai9}$ mice. Application of the chemokine CXCL12 (50 nM) increased the firing frequency of $\text{Na}_v1.8$ -positive neurons (Figure 5, A-F). This increase was significantly greater in neurons from HFD mice (Figure 5, G-I). These results are consistent with a role for CXCL12/CXCR4 signaling in generating $\text{Na}_v1.8$ -positive DRG neuron hyperexcitability.

Excitatory CXCL12/CXCR4 signaling was enhanced at 6 weeks of HFD treatment, around the time of onset of mechanical allodynia and preceding the onset of

small-fiber degeneration. Indeed, $[Ca^{2+}]_i$ transients in acutely excised DRG explants from Pirt-GCaMP3 transgenic mice showed that CXCL12 produced responses in significantly more neurons 6 weeks after starting HFD (Supplemental Figure 5, A). In contrast, the number of DRG neurons responding to CXCL12 after 2 or 4 weeks of HFD or RD did not differ (Supplemental Figure 5, B).

To demonstrate that this phenomenon was specific for $Na_v1.8$ -positive neurons, we performed similar $[Ca^{2+}]_i$ imaging experiments on acutely excised DRG explants from $Na_v1.8$ -Cre::GCaMP6 mice 2 and 8 weeks after starting HFD or RD (Supplemental video 5-8). Significantly more $Na_v1.8$ -positive DRG neurons responded with increased $[Ca^{2+}]_i$ after application of CXCL12 (100 nM) when mice had been on a HFD for 8 weeks versus RD (Figure 6, A, C and D), but no difference was found after 2 weeks (Figure 6, B, E and F). Additionally, DRG explants from paralbumin-Cre::GCaMP6 mice on RD or HFD for 2 and 8 weeks did not respond with $[Ca^{2+}]_i$ transients upon application of CXCL12 (Supplemental Table 2). These results are consistent with the possibility that CXCL12/CXCR4 signaling is important in the development of $Na_v1.8$ -positive DRG neuron hyperexcitability in PDN.

Reducing $Na_v1.8$ -positive DRG neuron excitability prevented and reversed mechanical allodynia and small-fiber degeneration in diabetic mice

If this hyperexcitability is responsible for mechanical allodynia and small-fiber degeneration, then reducing hyperexcitability should have a significant impact on both phenomena. To reduce the excitability of $Na_v1.8$ -positive DRG neurons in vivo over the

long term in freely behaving animals, we elected to use a chemogenetic platform genetically introducing DREADD receptors (designer receptors exclusively activated by designer drugs) into Na_v1.8-positive DRG neurons. We used an inhibitory DREADD receptor based on an engineered muscarinic acetylcholine receptor M₄ (PDi), which works via activation of the inhibitory G_{i/o} protein pathway (60). Activation of this receptor with the small molecule agonist clozapine-N-oxide (CNO) or its metabolite clozapine inhibits neuronal activity (for review (61-63)). We expressed inhibitory hM₄ DREADD (PDi) receptors in Na_v1.8-positive DRG neurons by crossing Na_v1.8-Cre;Ai9 mice with a mouse line that enables the conditional expression of DREADD receptors (62) (Figure 7, A). We stained DRG taken from resulting Na_v1.8-Cre;Ai9;RC::PDi mice. We were able to visualize PDis with immunohistochemistry using an antibody against HA as in this construct the inhibitory PDi DREADD contains an HA tag(62) (Figure 7A). To visualize non-peptidergic neurons, we used the IB4 Isolectin. Indeed we demonstrate that PDis were expressed in all Na_v1.8-positive DRG neurons, and the percentage of IB4-positive non-peptidergic neurons(14, 57, 64) expressing PDis in mice on RD or HFD did not differ (Figure 7, B and C).

In vitro electrophysiology confirmed that CNO application reduced activity in Na_v1.8-positive DRG neurons expressing inhibitory PDi receptors (Figure 8, A-C) as previously demonstrated in other types of neurons (62). Specifically, in current-clamp studies, CNO significantly reduced evoked action-potential frequency in cultured Na_v1.8-positive DRG neurons from RD (Figure 8, A-C and G) and HFD Na_v1.8-Cre;Ai9;RC::PDi mice (Figure 8, H). When we incubated RD cultures overnight with pertussis toxin, CNO failed to produce any effects, indicating that the inhibitory effects

observed were transduced through $G_{i/o}$, as expected (Figure 8, D-F and I). Additionally, CNO reversibly reduced capsaicin-induced $[Ca^{2+}]_i$ signals in DRG explants from mice encoding GCaMP6 together with PDis in $Na_v1.8$ -positive neurons ($Na_v1.8$ -Cre;RC::PDi;GCaMP6 mice) (Figure 8, J and K).

DREADD-independent effects of CNO have been reported (65), so we verified that CNO did not change the firing frequencies of DRG neurons from $Na_v1.8$ -Cre;Ai9 mice not expressing PDis in RD (Supplemental Figure 6, A-C and G) or HFD mice (Supplemental Figure 6, D-F and G). In summary, these results demonstrate that activating PDis in $Na_v1.8$ -positive DRG neurons had a reversible, CNO-dependent, inhibitory effect on their excitability.

Additionally CNO reversed mechanical allodynia in HFD $Na_v1.8$ -Cre;Ai9;RC::PDi mice expressing inhibitory DREADDs but not in HFD $Na_v1.8$ -Cre;Ai9 mice not expressing inhibitory DREADDs in vivo. Indeed using the von Frey pain behavioral assay, we observed that HFD $Na_v1.8$ -Cre;RC::PDi mice had significantly lower withdrawal threshold for mechanical stimulation compared to animals on RD (Supplemental Figure 7, A). However, one hour after a single intraperitoneal injection of CNO (10 mg/kg), the withdrawal threshold increased, returning to baseline four hours after injection (Supplemental Figure 7, A). Injecting CNO did not reverse mechanical allodynia in diabetic $Na_v1.8$ -Cre;Ai9 mice not expressing PDis (Supplemental Figure 7, B), indicating CNO had no DREADD-independent effects. Both $Na_v1.8$ -Cre;Ai9;RC::PDi (Supplemental Figure 8, A and B) and $Na_v1.8$ -Cre;Ai9 mice (Supplemental Figure 8, C and D) fed HFD displayed weight gain and glucose intolerance.

Our previous results suggested that small-fiber degeneration occurred 2 weeks after the onset of neuronal hyperexcitability (Figure 1, A-C, Supplemental Figure 2). Thus, to evaluate the consequences of reducing Na_v1.8-positive DRG neuronal hyperexcitability on small-fiber degeneration in PDN, we needed to achieve long-term activation of DREADD receptors in vivo. To do this, we delivered CNO to mice continuously using osmotic minipumps implanted intraperitoneally in Na_v1.8-Cre;Ai9;RC::PDi mice between the second and eighth week (Figure 9, A). Continuous CNO infusion did not alter the metabolic profile in mice expressing PDIs, as HFD induced obesity and glucose intolerance in Na_v1.8-Cre;RC::PDi infused with either CNO or saline (Supplemental Figure 9, A-C). Additionally, we performed von Frey pain behavioral studies and demonstrate that when CNO was continuously infused from weeks 2-8, HFD mice no longer developed mechanical allodynia (Figure 9, B). However, mice continuously infused with saline over the same period, developed mechanical allodynia after 6 weeks on HFD (Figure 9, B). These results are consistent with the possibility that CXCL12/CXCR4-mediated hyperexcitability of Na_v1.8-positive DRG neurons is responsible for mechanical allodynia.

We next evaluated the consequences of reducing hyperexcitability on small-fiber degeneration. Long-term chemogenetic reduction of Na_v1.8-positive DRG neuron hyperexcitability significantly improved skin innervation in HFD mice (Figure 9, C and D). Micrographs of skin from Na_v1.8-Cre;Ai9;RC::PDi RD control mice infused with saline or CNO pumps showed normal skin innervation (Figure 9, C and D). In contrast, HFD Na_v1.8-Cre;Ai9;RC::PDi mice with saline pumps exhibited greatly reduced innervation (Figure 9, C and D). However, HFD mice with CNO pumps showed

significantly improved innervation, which was not statistically different from that of RD mice (Figure 9, C and D). These results were verified by immunolabeling using a PGP 9.5 antibody on the same skin sample providing an independent verification for the fiber density measurements (Supplemental Figure 10, A-C). These data demonstrate that reducing the hyperexcitability of $\text{Na}_v1.8$ -positive DRG neurons prevented small-fiber degeneration.

We next tested whether similar treatment could reverse these phenomena once they were established. We fitted $\text{Na}_v1.8\text{-Cre};\text{Ai9};\text{RC}::\text{PDi}$ mice with osmotic mini-pumps containing CNO or saline 10 weeks after starting HFD (Figure 10, A). By then, the mice had developed obesity, glucose intolerance, mechanical allodynia, and small-fiber degeneration. The obesity and glucose intolerance continued in HFD mice (Supplemental Figure 9, D-F), but CNO infusion reversed mechanical allodynia, while it persisted in saline-infused mice (Figure 10, B). After four weeks of CNO infusion, small-fiber degeneration was completely reversed (Figure 10, C and D). These observations were confirmed with PGP 9.5 antibody immunolabelling on skin samples from the same mice (Supplemental Figure 11, A-C), as an independent verification for our fiber density measurements. We further established that CNO infusion did not affect mechanical allodynia or small-fiber degeneration in $\text{Na}_v1.8\text{-Cre};\text{Ai9}$ mice that were not expressing DREADDs, regardless of diet, at 2-8 weeks (Supplemental Figure 12, A-D) or 10-14 weeks (Supplemental Figure 13, A-D). Hence, these effects of CNO are DREADD dependent.

Increasing $\text{Na}_v1.8$ -positive DRG neuron excitability accelerated small-fiber

degeneration in diabetic mice

Next, we hypothesized that increasing neuronal excitability would accelerate mechanical allodynia and small-fiber degeneration. To test this hypothesis, we again utilized a chemogenetic approach in which we expressed excitatory hM₃Dq DREADDs(66) in Na_v1.8-positive DRG neurons. We used a mouse line with a Cre-responsive (Rosa-CAG=loxh M₃Dq [RC::L-hM₃Dq]) (66) allele that also encodes EGFP and an hM₃Dq-mCherry fusion protein. Cre activity inverts hM₃Dq-mCherry, producing the proper orientation for transcription. RC::L-hM₃Dq therefore expresses EGFP without recombinase activity and hM₃Dq-mCherry after Cre-mediated recombination (Figure 11, A). Using confocal microscopy, we confirmed expression of hM₃Dq DREADDs in Na_v1.8-positive DRG neurons and the dorsal horn of spinal cord (14, 23) (Figure 11, B). Fura-2 based [Ca²⁺]_i imaging of Na_v1.8-positive DRG neurons cultured from Na_v1.8-Cre;RC::L-hM₃Dq mice demonstrated that CNO elicited robust [Ca²⁺]_i signals in cells expressing the receptor (red), but not in cells without it (green) (Figure 11, C-E). Furthermore, in vitro current clamp experiments showed that addition of CNO to Na_v1.8-positive DRG neurons depolarized the membrane potential and increased the frequency of evoked action potentials in cultures from Na_v1.8-Cre;RC::L-hM₃Dq mice but not from Na_v1.8-Cre;Ai9 control mice (Figure 11, F-J and Supplemental Table 1).

Next we investigated the effects of long-term activation of hM₃Dqs in vivo. We delivered CNO using osmotic mini-pumps placed intraperitoneally in Na_v1.8-Cre;RC::L-M₃Dq mice from 2 to 4 weeks after commencement of HFD or RD (Figure 12, A). After four weeks on HFD, mice had not yet developed glucose intolerance (Supplemental Figure 14, A-C). We found that mice fed either diet developed mechanical allodynia if

CNO was continuously delivered from 2 to 4 weeks (Figure 12, B). Long-term chemogenetic activation of Na_v1.8-positive DRG neurons also significantly accelerated small-fiber degeneration in HFD mice (Figure 12, C and D). Confocal micrographs from Na_v1.8-Cre;RC::L-hM₃Dq mice after 4 weeks on RD or HFD with saline pumps showed normal skin innervation. In contrast, Na_v1.8-Cre;RC::L-hM₃Dq mice on HFD for 4 weeks with a CNO pump showed substantial depletion of nerve terminals (Figure 12, C and D) demonstrating accelerated pathology. In contrast, Na_v1.8-Cre;RC::L-hM₃Dq mice with CNO infusion on RD did not develop small-fiber degeneration, at least after 4 weeks, the latest time we examined (Figure 12, C and D), indicating that increased excitability without diabetes was not sufficient to cause small-fiber degeneration.

DISCUSSION

The results of our experiments demonstrated that excitatory CXCL12/CXCR4 signaling is a key factor in generating mechanical allodynia and small-fiber degeneration, two important features of PDN. We could prevent and reverse these phenomena by selective deletion of CXCR4 receptors or by chemogenetically limiting the excitability of Na_v1.8-positive DRG neurons in the HFD mouse model of PDN. As activating CXCR4 receptors increased excitability and [Ca²⁺]_i of these neurons, we hypothesize that these effects may be responsible for the CXCR4-mediated mechanical allodynia and small-fiber degeneration. Hence, these studies indicate that CXCR4-induced hyperexcitability of Na_v1.8-positive DRG neurons represents a novel molecular pathway linking mechanical allodynia and axonal degeneration in diabetes, suggesting a new target for disease modifying therapy, which is currently unavailable for PDN patients(6).

Painful symptoms vary among PDN patients(40), leading to different sensory phenotypes(40, 41) with different molecular mechanisms(25). In PDN patients, mechanical allodynia is commonly observed together with thermal hypoesthesia, particularly at later stages of the disease(40, 41). Similarly, in the HFD model, mice ultimately develop thermal hypoalgesia and mechanical allodynia, but not until 16 weeks after starting HFD(38). After 10 weeks on HFD, mice display mechanical allodynia without thermal hypoalgesia(30, 39). Given that sensory phenotypes are heterogeneous and vary with disease stage (40), we decided to focus our investigation on mechanical allodynia rather than on thermal pain behaviors. Mechanical allodynia is common in PDN patients(30, 39), though the relative contribution of its static and dynamic

components, which are important in the clinic, may not be precisely duplicated in mouse models(25, 41). Regardless, our studies introduce the novel suggestion that CXCR4 chemokine signaling is an important upstream mediator driving Na_v1.8-positive DRG neuronal hyperexcitability, mechanical allodynia, and small-fiber degeneration in the HFD model. Hence, modulation of proalgesic chemokine signaling may provide an opportunity for disease modification. Thus, these results have the potential for transforming the way small-fiber degeneration is treated, replacing the largely ineffective approaches that are currently available for patients afflicted with PDN(6).

We demonstrated that the development of mechanical allodynia was inhibited following selective deletion of CXCR4 receptors and associated reduction of hyperexcitability in Na_v1.8-positive DRG neurons. The subtypes of DRG neurons traditionally linked to mechanical allodynia are C-fibers (67-70), low-threshold C-mechanoreceptors, and A δ -mechanoreceptors (71-74). However, mechanical allodynia is also mediated by low-threshold A β -mechanoreceptors (71, 72). Given that all of these neuronal populations express Na_v1.8 to some degree(23), our studies do not completely deconvolute the nature of the subtypes of neurons within the Na_v1.8 population that are specifically associated with the occurrence of mechanical allodynia, something that could be achieved in future studies.

An additional limitation concerns the role of CXCR4-induced DRG hyperexcitability in the pathogenesis of axonal degeneration. One possibility is that blocking CXCR4 signaling protects against chronic increased [Ca²⁺]_i which produces axonal degeneration, as previously suggested(75) in the central(76) and peripheral neurons(77-79). In particular, increased [Ca²⁺]_i is responsible for DRG neurite

degeneration and contributes to nerve degeneration in a genetic model of small-fiber neuropathy(80). On the other hand, some reports have identified potentially beneficial effects of $[Ca^{2+}]_i$ on axonal stability in a model of axon injury(81, 82). Hence, the precise characteristics of $[Ca^{2+}]_i$ in DRG neurons, including magnitude and acute or chronic signaling, may lead to different endpoints of axon structure and function.

Increased $[Ca^{2+}]_i$ might contribute to axonal damage by altering mitochondrial function(83), including calcium homeostasis(84). Mitochondrial abnormalities occur in animal models of diabetes(32, 85). Specifically, DRG neurons show downregulation of mitochondrial respiratory chain complex proteins(86) and reduced respiratory chain activity(87). Thus, sustained CXCR4 signaling in $Na_v1.8$ -positive DRG neurons might initiate a cascade resulting in hyperexcitability and $[Ca^{2+}]_i$ increases that could overwhelm the mitochondrial homeostatic mechanisms compromised by diabetes(32, 85), leading to small-fiber degeneration. Our observation that chemogenetic activation of $Na_v1.8$ -positive DRG neurons accelerated small-fiber degeneration only in HFD mice (Figure 12, D), supports this hypothesis.

Our chemogenetic approach revealed novel mechanisms underlying the development of mechanical allodynia and small-fiber degeneration in PDN. DREADDs are widely employed to manipulate neural excitability (for review (61, 88) but they have some limitations. Inhibitory PDi expression in C-fibers using the TRPV1-Cre allele resulted in altered channel activity and second messenger signaling even without CNO, presumably due to constitutive activity of overexpressed DREADD receptors in these experiments(89). Accordingly, we included saline controls to ensure that our findings were related to activation by CNO. We did not observe CNO-independent changes,

perhaps because we used a different promoter to drive Cre expression (Na_v1.8-Cre instead of TRPV1-Cre).

Recent reports have also suggested that there may be DREADD-independent effects of CNO(65) and have raised the possibility that CNO can rapidly convert to clozapine in vivo(63). To control for this possibility, we established that CNO infusion did not affect mechanical allodynia or small-fiber degeneration in Na_v1.8-Cre;Ai9 mice that were not expressing DREADDs, regardless of diet, at 2-8 weeks (Supplemental Figure 12, A-D) or 10-14 weeks (Supplemental Figure 13, A-D). Hence, all effects of CNO we observed were DREADD dependent. All the controls for the chemogenetic platform listed above are essential for validating our experiments as the data presented here represent the first time that any intervention has been shown to prevent and even reverse, not only mechanical allodynia but also small-fiber degeneration, in a diabetic model.

In summary, our results identify CXCL12/CXCR4 signaling as the initiator of a novel pathway linking hyperexcitability and increased [Ca²⁺]_i in Na_v1.8-positive DRG neurons to mechanical allodynia and small-fiber degeneration in PDN. From a translational perspective, we propose that blocking CXCR4 signaling or Na_v1.8-positive DRG neuron hyperexcitability may represent a novel approach for the treatment of this intractable and widespread affliction. Indeed, reduction of proalgesic CXCL12/CXCR4 signaling could abolish persistent excitability and increased [Ca²⁺]_i, preventing not only neuropathic pain behavior but also the development of small-fiber degeneration. We also predict that drugs that reduce Na_v1.8-expressing DRG neuronal hyperexcitability, such as specific sodium channel blockers (90, 91), might effectively treat PDN.

Moreover, the relationship between hyperexcitability, calcium overload, and axonal degeneration is likely to inform studies of other neurodegenerative diseases, such as ALS(92) or PD(93), that involve similar underlying events.

MATERIAL & METHODS

Animals: Animals were housed with food and water *ad libitum* on a 12-hour light cycle. We utilized the following mouse lines: Na_v1.8-Cre;Ai9, Pirt-GCaMP3, Na_v1.8-Cre::GCaMP6, parvalbumin-cre::GCaMP6, Na_v1.8-Cre;;RC::PDi mice, Na_v1.8-Cre;Ai9;RC::PDi, Na_v1.8-Cre;RC::PDi;GCaMP6, Na_v1.8-Cre;RC::L-hM₃Dq, Na_v1.8-Cre;Ai9;CXCR4^{flox/+} heterozygotes and Na_v1.8-Cre;Ai9;CXCR4^{flox/flox} homozygotes.

High-fat diet: HFD is a common rodent model of type-II diabetes (38). Mice were fed 42% fat (Envigo TD88137) for 10 weeks. Control mice were fed regular diet (11% fat). After 10 weeks on RD or HFD, a glucose tolerance test was performed as described (38). To compare “diabetic” versus “non-diabetic” HFD mice, we set the cutoff for diabetes (≥ 140 mg/dL) at 2 SDs above the mean for glucose at 2 hours after glucose challenge in 129 wild-type littermate RD mice (39, 94).

Detection of cutaneous innervation: Skin samples were processed as previously described(39). **Confocal analysis:** samples were imaged by confocal microscopy (Olympus fv10i, fluoView software). Composite Z-stack images were obtained and processed using Fiji (NIH). The epidermal-dermal junction was outlined by a blinded observer who also noted its length. At least 3 other blinded reviewers counted the nerves crossing this line using the Cell Counter plugin.

Behavioral testing: von Frey behavioral studies were performed as previously described (30, 31). von Frey experiments were conducted using random experimental group assignments (diet (RD or HFD) and treatment assignments). Investigators that performed von Frey tests and endpoint analysis were blinded to the experimental conditions. We have experience with randomized allocation and blinded analysis using this mouse model with sequenced numbering of mice at weaning(30, 39).

Calcium imaging in DRG explants: L4 and L5 PirtGCaMP3 and Na_v1.8-Cre;RC::PDi;GCaMP6 mice DRGs were dissected, incubated in ACSF at room temperature, and mounted on the stage of a Yokogawa CSU-X1 & CSU-W1 upright spinning-disk confocal microscope (3i, Intelligent Imaging Innovations, Inc, CO) equipped with an electron multiplication CCD camera(48). Activity of selected neurons of the explants expressing GCaMP3 or GCaMP6 (green fluorescence) was examined based on peak amplitude of fluorescence change ($\Delta F/F_0$) for spontaneous activity compared with that of the stimulus. Fiji (NIH) software was used to analyze $[Ca^{2+}]_i$ imaging data using standard functions and a custom macro. Different concentrations of potassium (K⁺) (10 and 50 mM) or capsaicin (cap) (1, 2 and 10 μ M), CNO (8 μ M) and CXCL12 (100 nM) were applied.

Preparation of primary cultures of DRG neurons: DRG sensory neurons from diabetic Na_v1.8-Cre;Ai9 mice, Na_v1.8-Cre;Ai9;RC::PDi mice and Na_v1.8-Cre;RC::L-hM₃Dq mice were dissociated as described (31) after 10 weeks on either RD or HFD.

Electrophysiological recordings from DRG neurons. For current-clamp recordings, patch electrodes with a resistance of 5–7 MΩ were filled with (in mM) 140 KCl, 0.5 EGTA, 5 HEPES and 3-Mg-ATP, pH 7.3 (300 mOsmol). The resting membrane potential was measured from each cell. Whole-cell, current-clamp recordings were obtained as previously described (95) using a MultiClamp patch-clamp amplifier (Molecular Devices). The data was captured with pClamp 10.0 software (Molecular Devices) and calculated with Clampfit, Sigma Plot, Graph Pad Prism, and Igor. CNO (2.5, 7.5 or 10 μM) and CXCL12 (50 nM) were applied to culture.

Antibodies: We used the following antibodies on DRG sections: HA-Tag (C29F4) rabbit monoclonal antibody (Cell Signaling, Cat # 3724, 1:250), and I-isolectin B4 (IB4 Isolectin GS-IB4 Alexa fluor conjugate 647 (Invitrogen, Cat # I32450 (1:100). Secondary: Alexa fluor 488 goat anti-rabbit antibody (Invitrogen, 1:250). We used anti-PGP9.5 Rabbit monoclonal antibody (Millipore #AB1761-I, 1:250) on skin sections.

Immunohistochemical labeling: Adult mice were deeply anesthetized with isoflurane and transcardially perfused with saline followed by 4% paraformaldehyde. DRG (lumbar level 2-4) and spinal cord were processed as previously described(30). Tissue sections were analyzed by confocal microscopy.

Intraperitoneal injection with clozapine-n-oxide: CNO (10 mg/kg) (Sigma Aldrich) in 200 microliters of saline or saline were injected with a 25 gauge. Mice were tested for pain 1 hour and 4 hours after injection.

Chronic activation of DREADDs with CNO: ALZET® Osmotic Pumps (Cupertino, CA, USA) were surgically implanted intraperitoneally according to the manufacturer's instructions in animals anesthetized with isoflurane. Pump model 2006 and 1004 were used for constant delivery (0.15 µl/hr) of CNO (10 mg/kg/day) (VDM Biochemicals) or saline for 6 weeks and 4 weeks, respectively.

In vitro calcium imaging of DRG neurons. Neurons from Na_v1.8-Cre;RC::L-hM₃Dq mice were cultured as described (31). Their responses to CNO (7.5µM) were recorded using Fura-2 based [Ca²⁺]_i imaging as previously described (30, 31). For all experiments, capsaicin (100nM), high K⁺ (25 mM) and ATP (100µM) were added to the cells.

Statistical Analysis: All statistical analysis was performed using Prism7.03 (GraphPad Software, San Diego, CA, USA). For measurement of blood glucose and behavioral testing the significance of differences between the control and the various treatment groups, or between genotypes, was analyzed using one-way or two-way ANOVA, multiple comparison tests (Bonferroni). For calcium imaging experiments in vitro and in vivo, the data were tested for statistical significance by Mann-Whitney test. The two-way

analysis of variance (ANOVA) with Dunnett's or Bonferroni multiple-comparison was used to determine the IENF density. For the electrophysiological experiments, the data were tested for statistical significance by Mann-Whitney test and one-way ANOVA, post-hoc Tukey test. Student *t* tests were all 2-tailed. All values are expressed as mean \pm S.E.M, and $p < 0.05$ is considered significant.

Study Approval: All methods involving animals were approved by the Institutional Animal Care and Use Committee at Northwestern University.

AUTHOR CONTRIBUTIONS:

NDJ performed von Frey behavioral studies, $[Ca^{2+}]_i$ imaging studies immunohistochemical labeling, and confocal analysis. Mouse breeding, diet administration, GTT, and IENF density counts were done by NDJ, CAR, BEH and HG. BJB and SH performed electrophysiological studies. DR and AAB performed $[Ca^{2+}]_i$ imaging studies. DMM and NDJ performed statistical analysis. DMM and RJM supervised the project. DMM drafted the manuscript, which was edited by RJM. All authors read and approved the manuscript.

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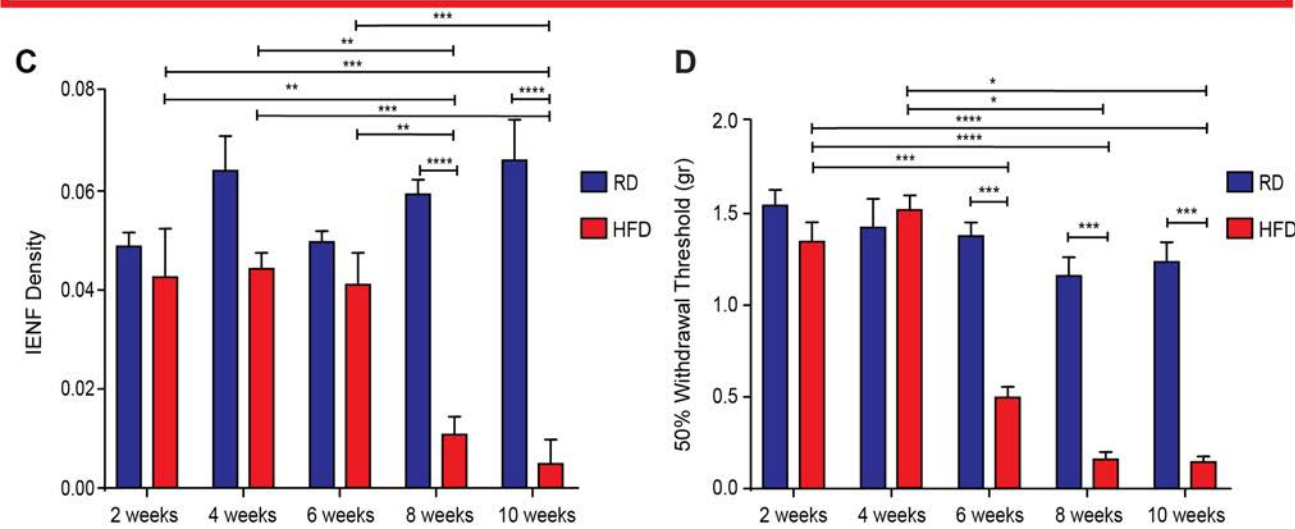
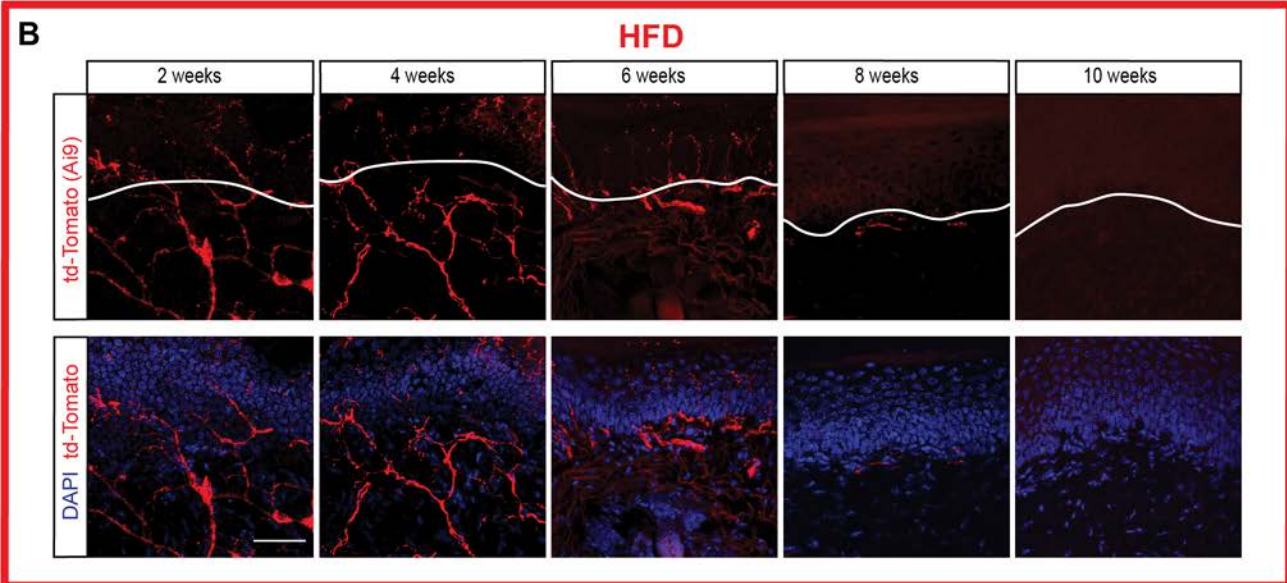
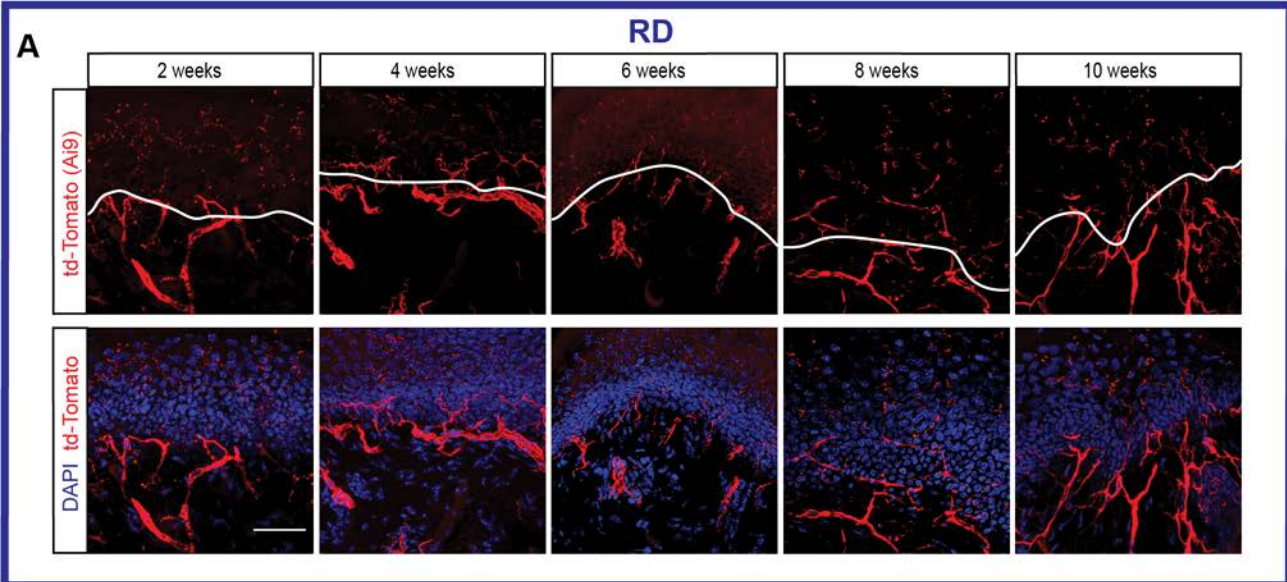


Figure 1. Onset of small-fiber degeneration and mechanical allodynia in mice fed a high-fat diet. (A). Confocal analysis of skin sections from Nav1.8-Cre;Ai9 mice fed a regular diet (RD, **blue**) showed normal innervation. Nav1.8-positive fibers genetically labeled with td-Tomato are visualized in red. Sections were stained with a nuclear marker (DAPI, blue staining). (B) Skin sections from diabetic Nav1.8-Cre;Ai9 mice (HFD, **red**) showing decreased innervation commencing 8 weeks after the start of the diet. (Scale bar=50 μ m). (C) This effect was quantified using intra-epidermal nerve density (IENF density) and the epidermal-dermal junction is outlined in white. (**, $p<0.01$, ***, $p<0.001$, ****, $p<0.0001$) (n=6 for all groups with 3 non-contiguous sections analyzed per sample). (D) von Frey testing demonstrated onset of mechanical allodynia in diabetic Nav1.8-Cre;Ai9 mice after 6 weeks on HFD but not in RD mice (*, $p<0.05$, ***, $p<0.001$, ****, $p<0.0001$) (n=7/group). Values are expressed as mean \pm S.E.M. p-values were calculated using two-way ANOVA, Bonferroni multiple comparison test.

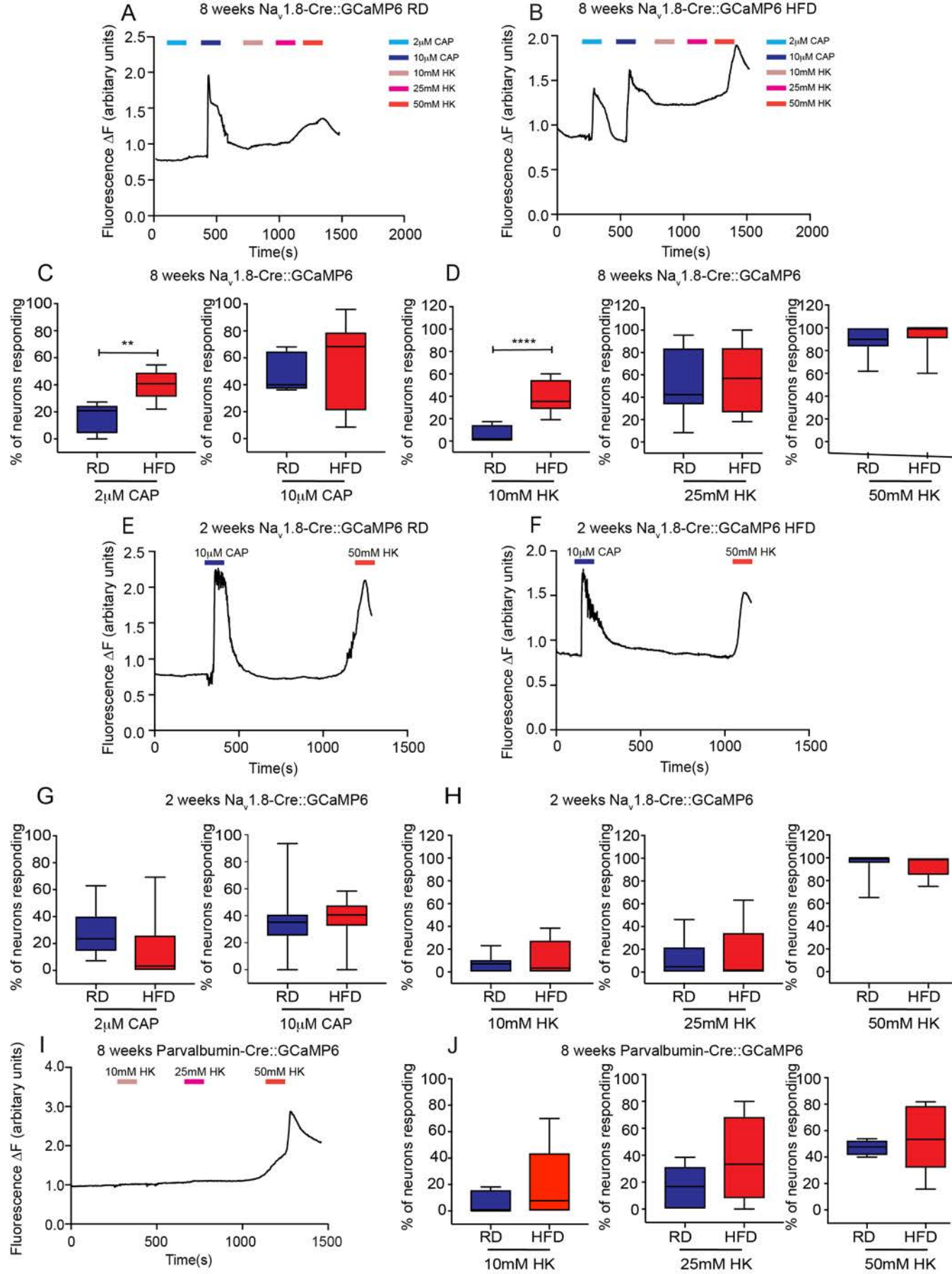


Figure 2. Nav1.8-positive DRG neurons displayed increased $[Ca^{2+}]_i$ in mice fed a high-fat diet. (A, B) Representative traces of $[Ca^{2+}]_i$ in acutely excised explants from Nav1.8-Cre;GCaMP6 mice after 8 weeks on (A) RD or (B) HFD. The number of Nav1.8-positive neurons was quantified to assess the response to either (C) 2 μ M or 10 μ M capsaicin (**, $p < 0.01$) (RD n=381 neurons, 11 explant; HFD n=519 neurons, 17 explants) or (D) 10mM, 25mM or 50mM high potassium buffer (HK) (****, $p < 0.0001$) (RD n=381 neurons, 11 explants; HFD n=519 neurons, 17 explants). Capsaicin- or HK-responsive DRG neurons are reported as a percentage of total neurons that responded to 50mM HK. (E, F) These same experiments were performed at 2 weeks on (E) RD or (F) HFD. (G, H) No difference was found in the number of neurons responding to (G) capsaicin or (H) high potassium buffer (RD n=381 neurons, 11 explants; HFD n=231 neurons, 10 explants). (I, J) In DRG explants from parvalbumin-Cre;GCaMP6 mice, there were no significant differences between RD and HFD after eight weeks (RD n=88 neurons, 6 explants; HFD n=118 neurons, 9 explants). Values are expressed as mean \pm S.E.M. p-values were calculated using by Mann-Whitney test.

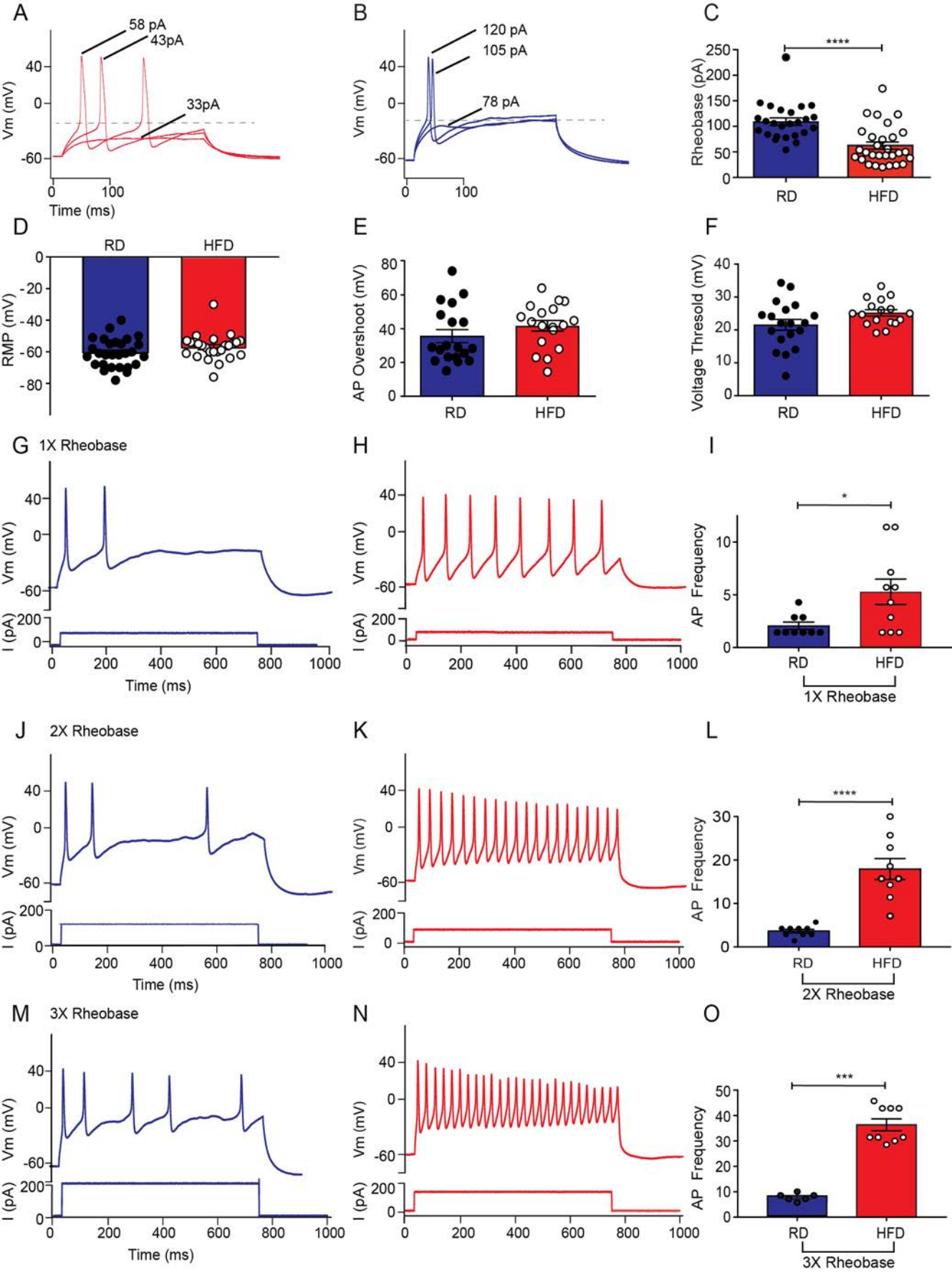
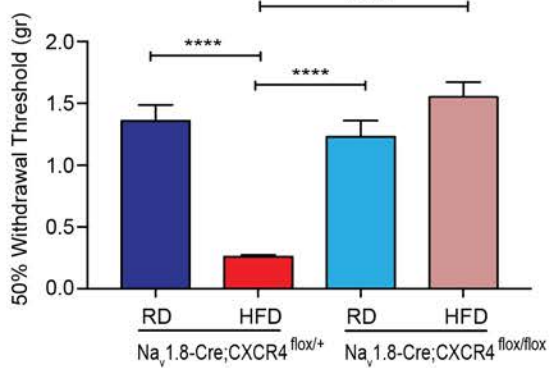
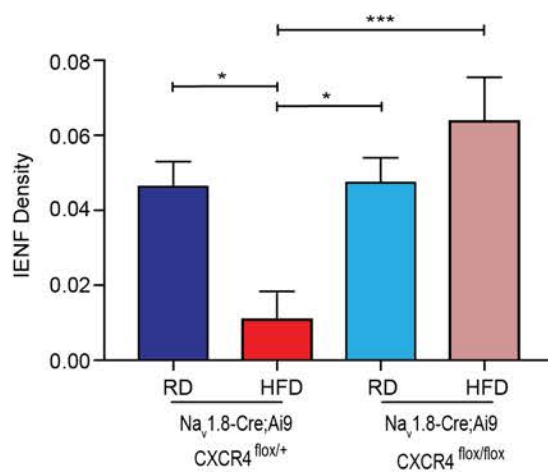


Figure 3. Nav1.8-positive DRG neurons displayed hyperexcitability in mice fed a high-fat diet. (A, B) Current-clamp recordings of DRG primary cultures from Nav1.8-Cre;Ai9 mice. Nav1.8-positive DRG neurons from HFD mice (A, red) (n=29) exhibited a lower rheobase compared to neurons from RD mice (B, blue) (n=25). (C) A significant decrease in rheobase was observed in HFD neurons (****, $p < 0.0001$). (D) Resting membrane potentials (RPM), (E) action potential (AP) overshoot, and (F) voltage threshold for action-potential generation remained unchanged. (G-O) Representative current steps and associated voltage recordings are displayed for RD (blue) or HFD (red) DRG neurons where (G, H) 1X rheobase current (n=9; n=10), (J, K) 2X (n=9; n=9) or (M, N) 3X (n=6; n=9) was injected for 700 milliseconds. (H, K and N) There was an increase of frequency of firing in HFD neurons compared to (G, J and M) neurons from RD mice. There was a significant increase in the firing frequency in HFD DRGs compared to RD DRGs after (I) 1X (*, $p < 0.05$), (L) 2X (****, $p < 0.0001$), and (O) 3X (***, $p < 0.001$) rheobase current injections respectively. Values are expressed as mean \pm S.E.M. p-values were calculated using Mann-Whitney test.

A



C



B

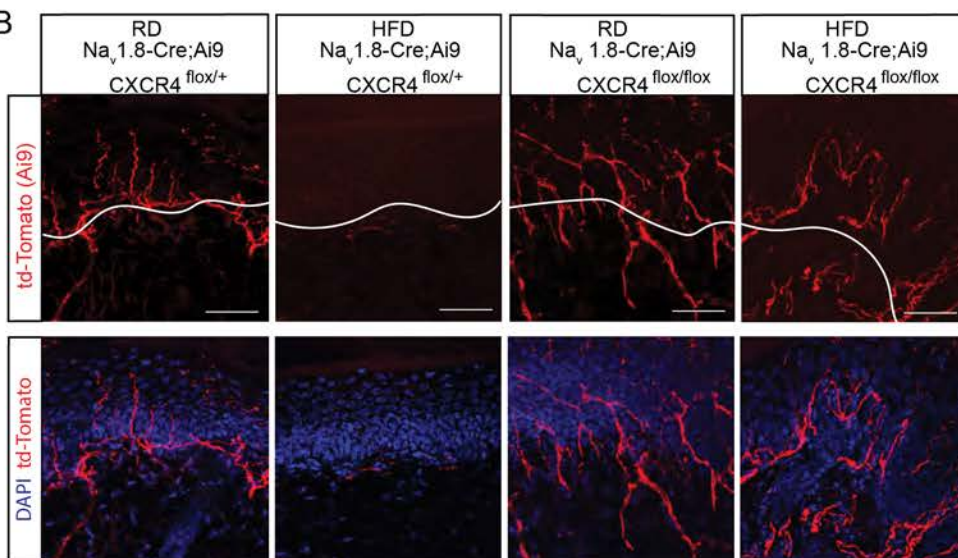


Figure 4. Selective chemokine receptor CXCR4 deletion from Nav1.8-postive DRG neurons prevented the development of mechanical allodynia and small-fiber degeneration in HFD-induced PDN. (A) von Frey testing demonstrated that in HFD (red) Nav1.8-Cre;Ai9;CXCR4^{flox/+}, which had a heterozygous deletion of CXCR4 from Nav1.8-postive DRG neurons, the withdrawal threshold was significantly reduced compared to Nav1.8-Cre;Ai9;CXCR4^{flox/+} mice on RD (**dark blue**) and to mice with a homozygous deletion of CXCR4 (Nav1.8-Cre;Ai9;CXCR4^{flox/flox}) on RD (**light blue**). In contrast, Nav1.8-Cre;Ai9;CXCR4^{flox/flox} (**pink**) mice on HFD showed normalization of the withdrawal thresholds (****, $p < 0.0001$) ($n = 6/\text{group}$). (B) Confocal analysis of skin from mice with both heterozygous and homozygous deletions of CXCR4 from Nav1.8-postive DRG neurons on either RD or HFD showing td-Tomato (**red**), and merged images with the nuclear marker DAPI (**blue**). Nav1.8-Cre;Ai9;CXCR4^{flox/+} RD mice had normal skin innervation whereas the same mice on HFD had reduced innervation. However, selective homozygous deletion of CXCR4 for mice on HFD prevented small-fiber degeneration. Scale bar=50 μm . (C) This effect was quantified using intra-epidermal nerve density (IENF density) and the epidermal-dermal junction is outlined in white (*, $p < 0.05$, ***, $p < 0.001$) ($n = 7$ for all groups with 3 non-contiguous sections analyzed per sample). Values are expressed as mean \pm S.E.M. p-values were calculated using one-way ANOVA, Bonferroni mutiple comparison test.

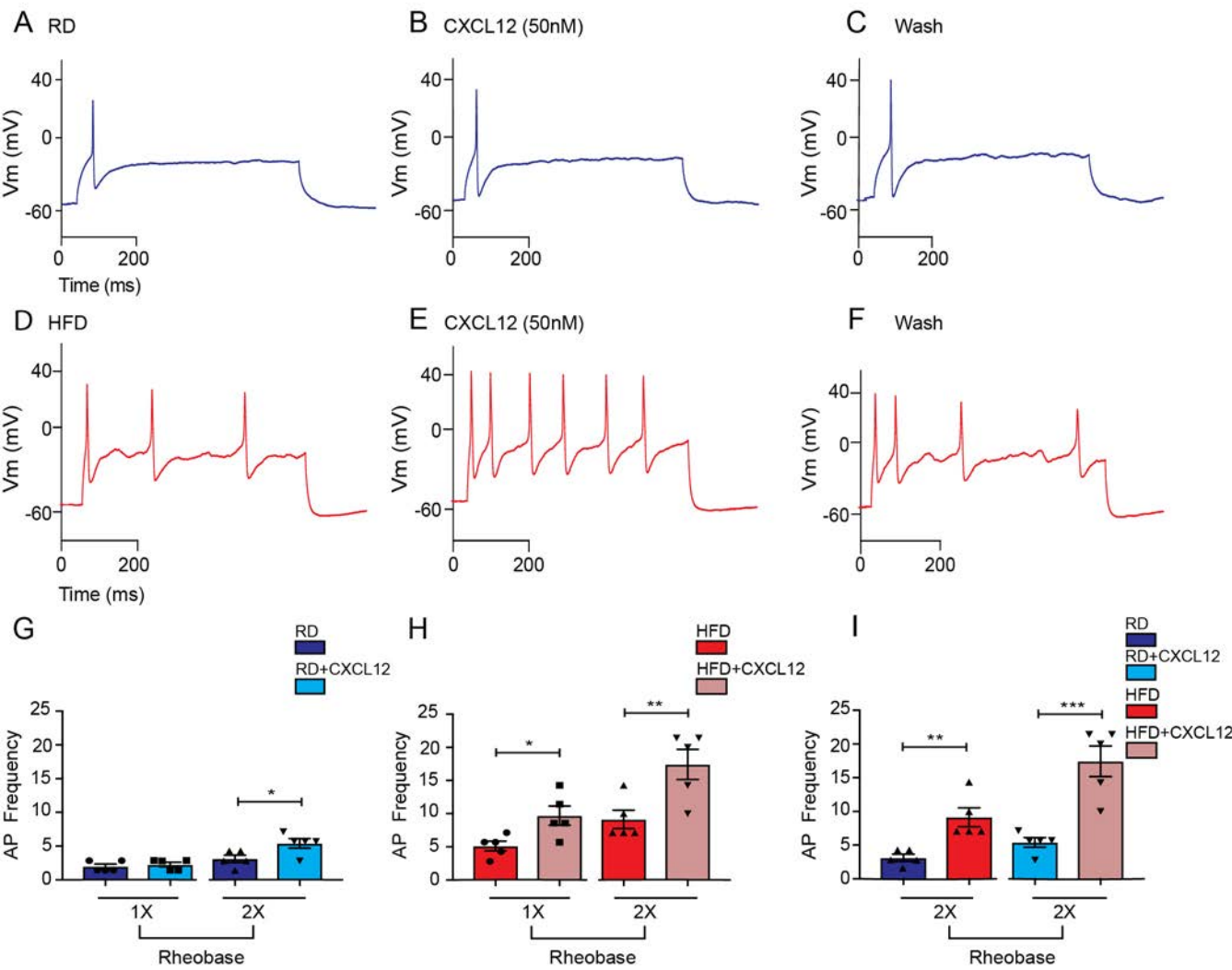
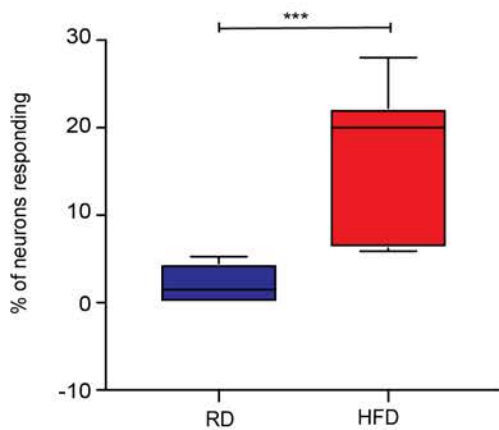
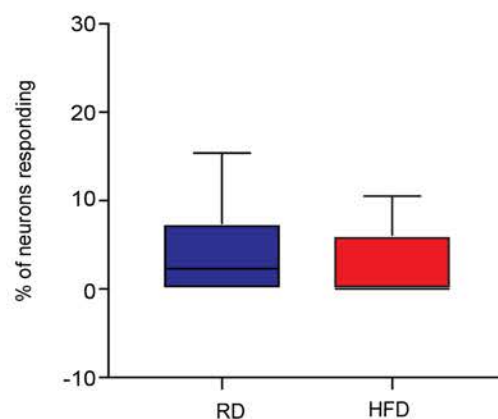


Figure 5. CXCL12/CXCR4 signaling produced increased firing frequencies in HFD-induced diabetic Nav1.8-positive DRG neurons. (A) Current clamp recordings of DRG primary cultures from Nav1.8-Cre;Ai9 mice. A typical illustration of action potentials generated using depolarizing current injection from a RD Nav1.8-positive DRG neuron (**blue**) in response to a 700 milliseconds (ms) input of 1X rheobase current injection from the resting membrane potential (V_m) (-57 mV). (B) Application of CXCL12 (50 nM) produced no change in firing of this neuron after current injection. (C) Results after a 5 minute wash. (D) Representative traces from a diabetic HFD fed Nav1.8-positive DRG neuron (**red**) firing multiple action potentials in response to a 700 ms input of 1X rheobase depolarizing current injections. (E, F) An increase in firing frequency of HFD Nav1.8-positive neurons was observed after (E) CXCL12 (50nM) application and (F) after wash. (G, I) The frequency of firing for each of these treatments was quantified. (G) A significant increase in action potential (AP) frequency occurred after CXCL12 treatment in 2X rheobase current pulses in RD Nav1.8-positive DRG neurons (*, $p < 0.05$) (n=5). (H) Significant increases in frequency observed after CXCL12 in HFD Nav1.8-positive DRG neurons (**red**) after 1X and 2X rheobase depolarizing current injections from the resting membrane potentials are presented (*, $p < 0.05$, **, $p < 0.01$) (n=5/group). (I) A comparison between RD and HFD after CXCL12 application showed significant increases in AP frequency in HFD (**, $p < 0.01$, ***, $p < 0.001$) (n=5/group). Values are expressed as mean \pm S.E.M. p-values were calculated using Mann-Whitney test.

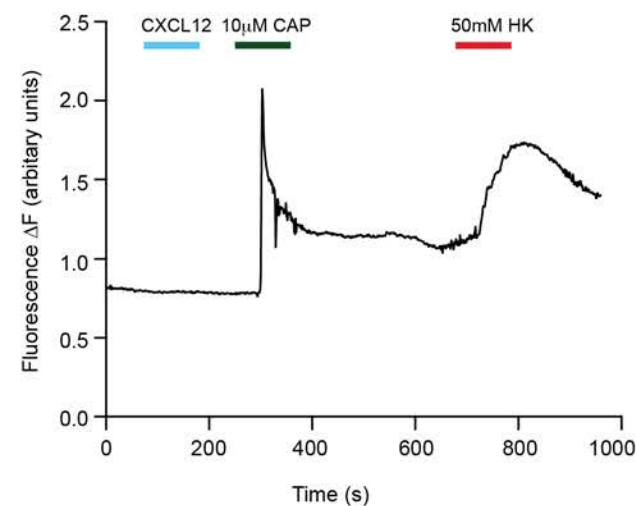
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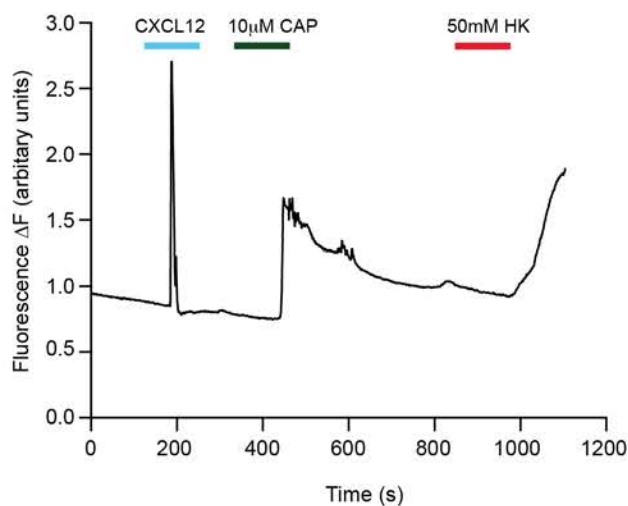
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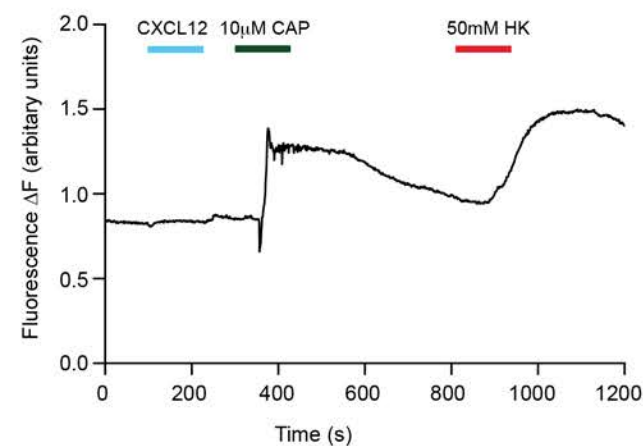
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D 8 weeks HFD CXCL12



E 2 weeks RD CXCL12



F 2 weeks HFD CXCL12

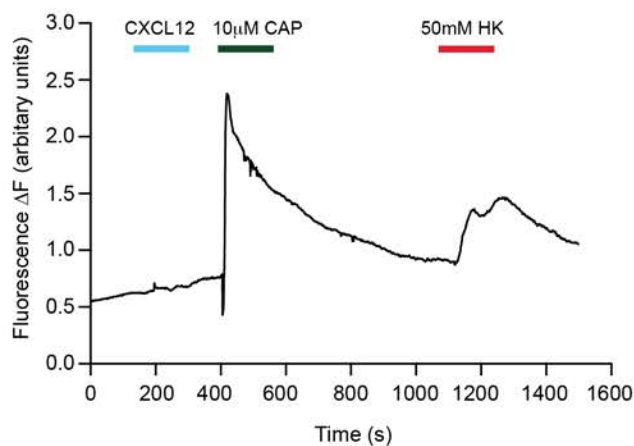


Figure 6. CXCR4 activation produced more frequent calcium responses in Nav1.8-positive DRG neurons from mice on HFD. (A, B) $[Ca^{2+}]_i$ responses of acutely excised DRG explants from RD (**blue**) and HFD (**red**) Nav1.8-Cre;GCaMP6 mice at 8 (**A**) and 2 (**B**) weeks after starting the diet. A significantly higher number of Nav1.8-positive DRG neurons responded with increased $[Ca^{2+}]_i$ after application of CXCL12 (100nM) when mice had been on a HFD for 8 weeks compared with mice fed with RD (**A**). Data is shown as capsaicin or HK responsive DRG neurons as a percentage of total neurons that responded to 50mM HK. (***, $p < 0.001$) (RD $n = 333$ neurons; 13 explants; HFD = 519 neurons, 17 explants). (**C-F**) Representative traces of $[Ca^{2+}]_i$ transients in DRG explants from Nav1.8-Cre;GCaMP6 mice. Explants were treated with capsaicin (CAP 10 μ M) and high potassium buffer (HK 50mM). (**C, D**) After 8 weeks on HFD more neurons responded to CXCL12 than on RD (**E, F**) Experiments were performed after 2 weeks on RD or HFD and showed no difference in response to CXCL12 (RD $n = 381$ neurons, 11 explants; HFD $n = 231$ neurons, 10 explants). Values are expressed as mean \pm S.E.M. p-values were calculated using Mann-Whitney test.

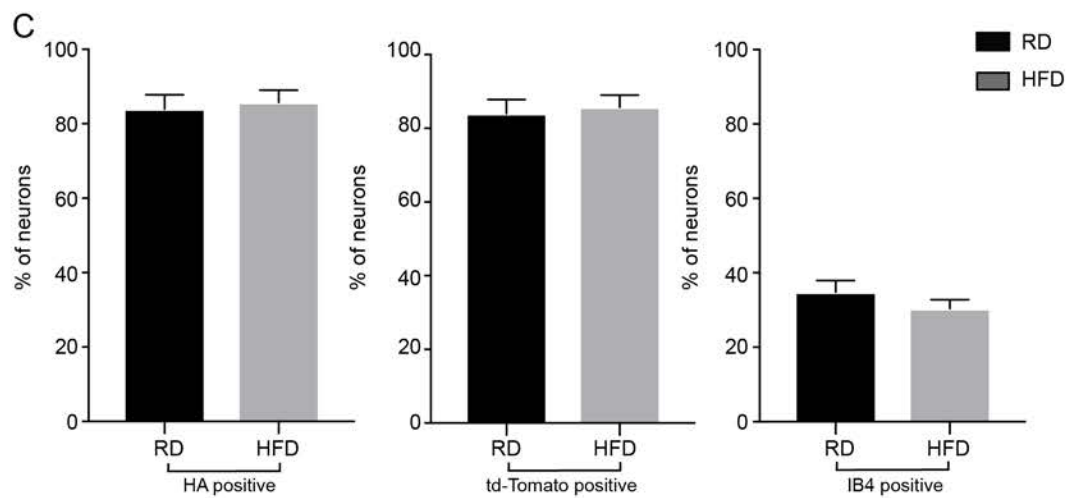
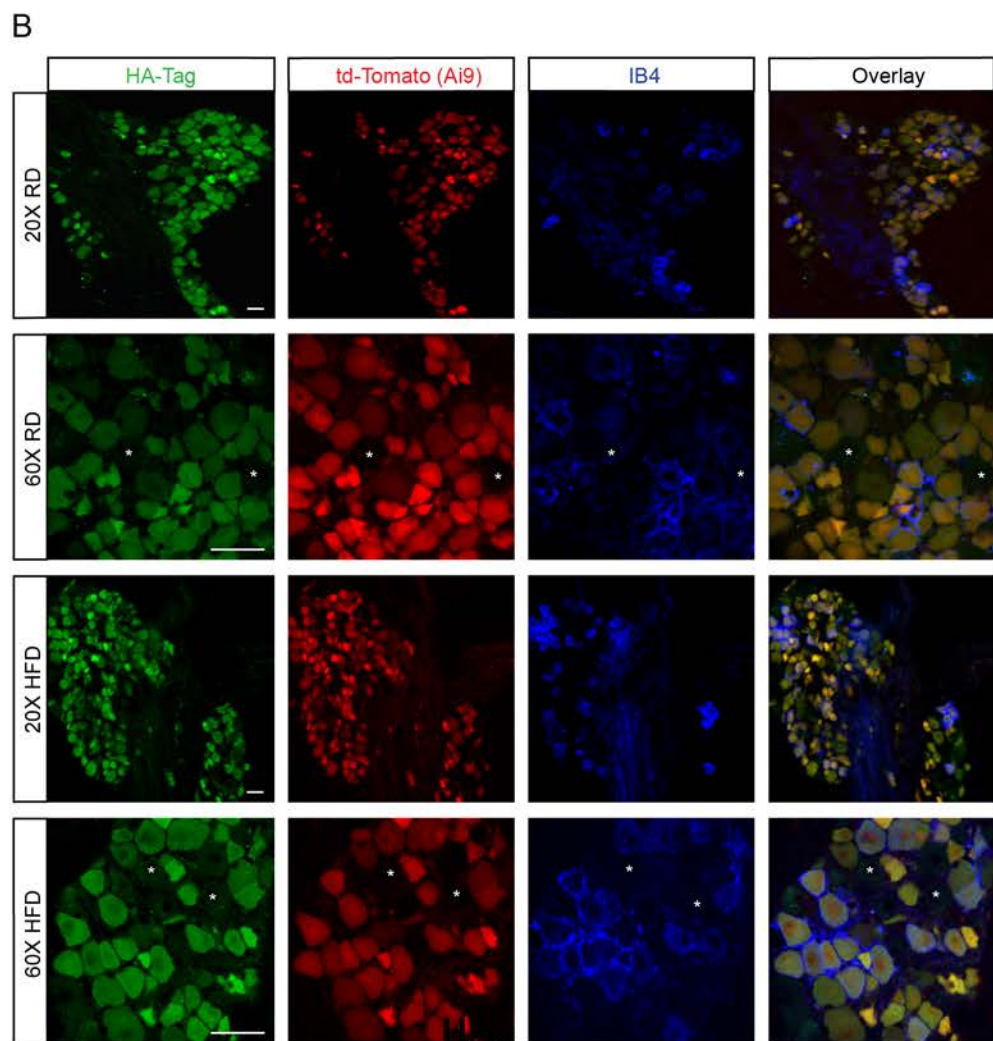
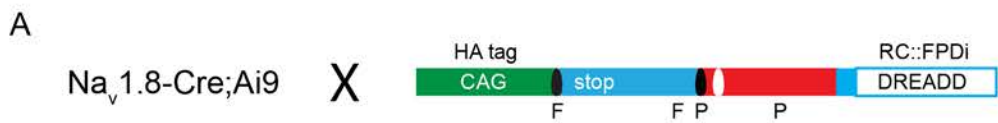


Figure 7. Expression of inhibitory DREADD receptor PDi in Nav1.8-positive DRG neurons. **(A)** Breeding scheme and genetic constructs used to generate the Nav1.8-Cre;Ai9;RC::PDi inhibitory DREADD mice; the inhibitory PDi DREADD receptor (PDi DREADDs) has an HA-tag and Nav1.8-positive DRG neurons are genetically labeled in red with td-Tomato. **(B)** Confocal micrographs of DRGs from RD (**top**) and HFD (**bottom**) PDi DREADD mice (Nav1.8-Cre;Ai9;RC::PDi). These images show PDi DREADDs tagged with an HA epitope (**green**), Nav1.8 td-Tomato expressing neurons (**red**) and IB4 positive neurons (**blue**). PDi DREADDs were found in small and medium diameter DRG neurons some of which were IB4 positive and some were IB4 negative. Large diameter neurons (*) did not express PDi DREADDs. Scale bar=50µm. **(C)** The percentage of PDi DREADDs expressing neurons as determined by the HA tag, td-Tomato Nav1.8 neurons, non-peptidergic IB4 positive neurons were quantified. RD DRGs had 83.9±3.4% HA or td-Tomato positive neurons whereas HFD DRGs had 85.7±3.8% HA or td-Tomato. RD DRGs had 34.8±3.2% IB4 positive neurons whereas HFD DRGs had 35.4±2.4%. There were no significant differences in the sizes of these populations between DRGs from RD and HFD PDi DREADDs expressing mice (n=278 neurons (RD); n=227 (HFD)). Values are expressed as mean ± S.E.M. p-values were calculated using Mann-Whitney test.

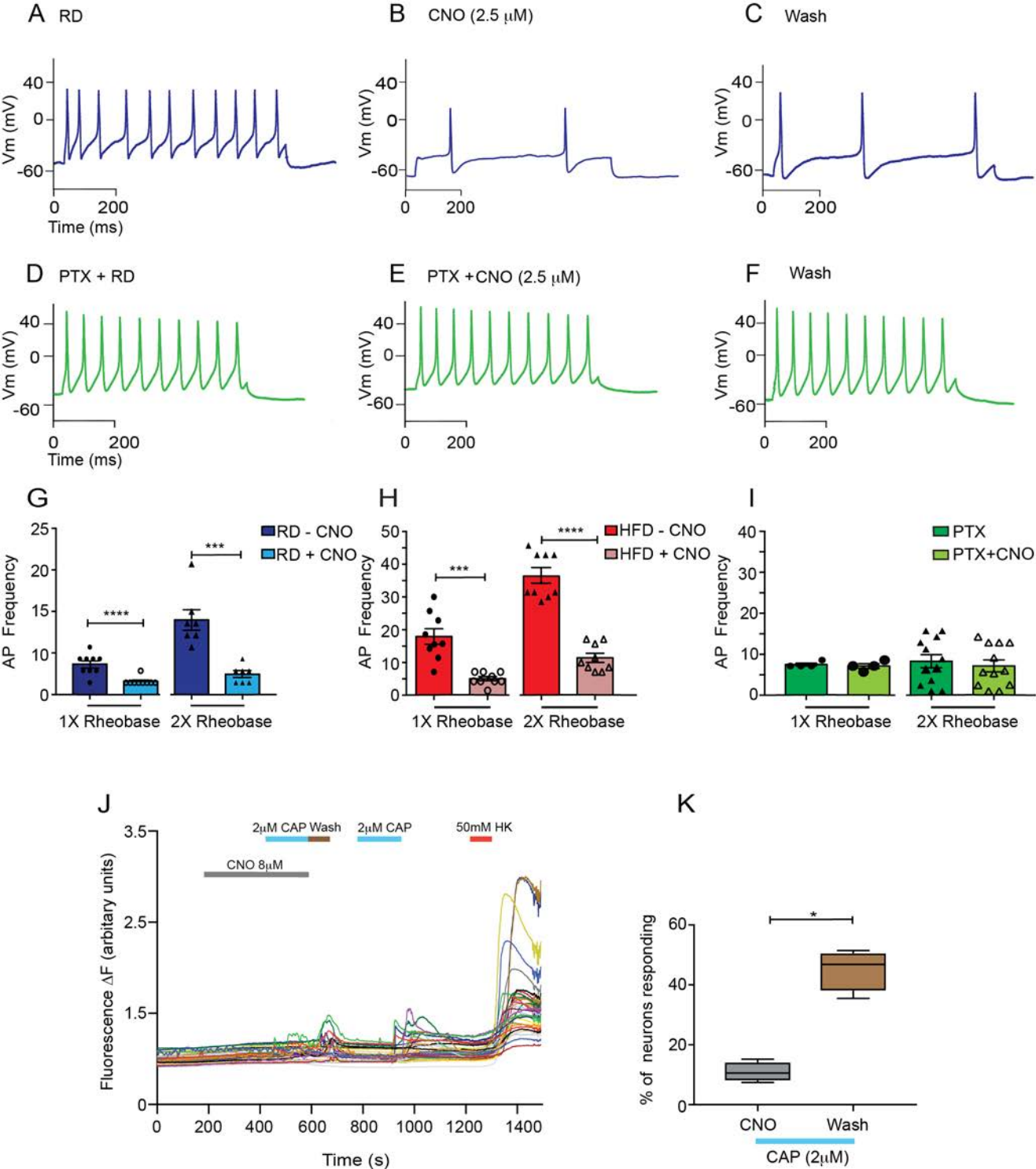


Figure 8. Chemogenetic inhibition of Nav1.8-positive DRG neurons expressing the inhibitory DREADD receptor PDi is G-protein mediated. (A) Current clamp recordings from inhibitory PDi expressing Nav1.8-positive neurons in primary cultures isolated from Nav1.8-Cre;Ai9;RC::PDi fed a RD (**blue**). (B) Application of CNO (2.5 μ M) reduced the action potential (AP) frequency and (C) washing out the CNO partially restored the firing rate. (D-F) Overnight incubation of RD DRG cultures with pertussis toxin (PTX, **green**) abolished the inhibitory effect of CNO. (G) In RD Nav1.8-positive DRG neurons expressing DREADD receptors there was a significant decrease in action potential frequency after application of CNO at both 1X and 2X rheobase (***, $p < 0.001$, ****, $p < 0.0001$) (n=7, 9 respectively). (H) The same mice fed HFD also showed a decrease in AP frequency after application of CNO (***, $p < 0.001$, ****, $p < 0.0001$) (n=9 for both groups). (I) Overnight incubation of DRG cultures with pertussis toxin abolished the inhibitory effects of CNO. There was no difference in AP frequency after preincubation with PTX and application of CNO at either 1X or 2X rheobase (n=4, 12 respectively). (J) $[Ca^{2+}]_i$ responses in DRG explants from Nav1.8 Cre;RC::PDi;GCaMP6 mice, showed that $[Ca^{2+}]_i$ responses after addition of capsaicin (CAP 2 μ M) were inhibited during incubation with CNO (8 μ M for 5 minutes). After washing, Nav1.8-positive DRG neurons showed restored $[Ca^{2+}]_i$ transients to capsaicin (CAP 2 μ M) and high potassium buffer (HK 10mM) (n=120 neurons; 10 explants). (K) The responses to lower concentrations of capsaicin were quantified as the responses to capsaicin as a percentage of total HK responsive neurons. (*, $p < 0.05$). Values are expressed as mean \pm S.E.M. p-values were calculated by Mann-Whitney test.

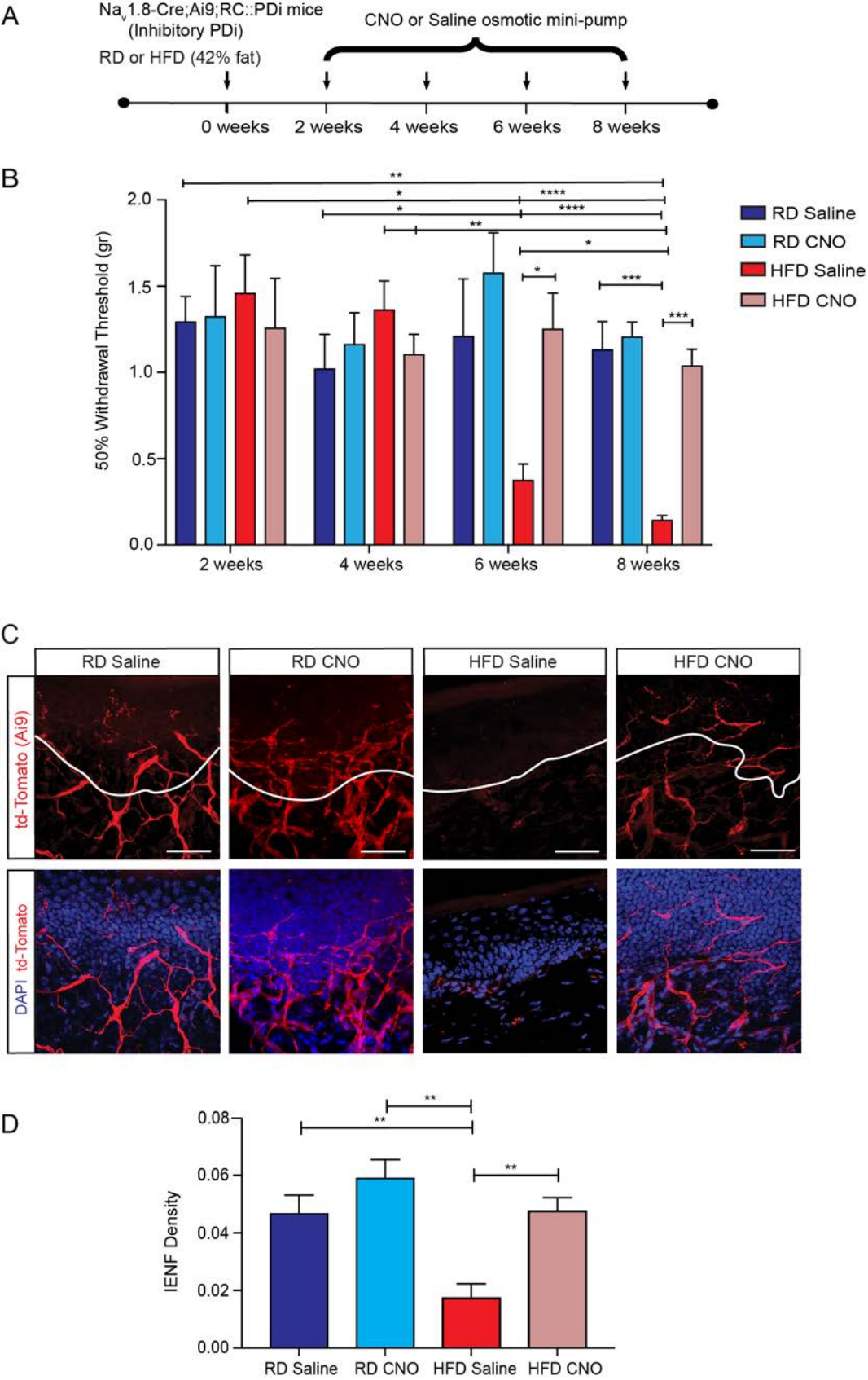


Figure 9. Long-term chemogenetic inhibition of Nav1.8-positive DRG neurons prevented mechanical allodynia and small-fiber degeneration in HFD fed mice. (A) Nav1.8-Cre;Ai9;RC::PDi mice were fitted with osmotic mini-pumps i.p. infusing either CNO (10mg/kg/day) or saline between 2-8 weeks of either RD or HFD. Each arrow represents a time point where pain behavior was assessed. **(B)** von Frey testing was performed on Nav1.8-Cre;Ai9;RC::PDi mice at 2, 4, 6, and 8 weeks after implantation of an osmotic mini-pump intraperitoneally (i.p.) that delivered CNO (10mg/kg/day) or saline to RD or HFD fed mice. Mice on HFD showed a reduced withdrawal threshold starting at 6 weeks, which was reversed following CNO treatment (*, $p<0.05$, **, $p<0.01$, ***, $p<0.001$, ****, $p<0.0001$) (n=9/group). **(C)** Confocal micrographs of skin from these mice show td-Tomato in the Nav1.8 fibers (**red**) and merged images with the nuclear marker DAPI (**blue**). Mice on RD given either saline or CNO showed normal skin innervation. In diabetic HFD mice given saline there was a reduction in skin innervation, but it was reversed for mice on HFD given CNO. Scale bar=50 μ m. **(D)** This effect was quantified using intra-epidermal nerve density (IENF density) and the epidermal-dermal junction is outlined in white-showing that CNO infusion prevented small-fiber degeneration of mice on HFD (**, $p<0.01$) (n=6/group with 3 non-continuous sections analyzed per sample). Values are expressed as mean \pm SEM. p-values were calculated using two-way ANOVA, Bonferroni multiple comparison test.

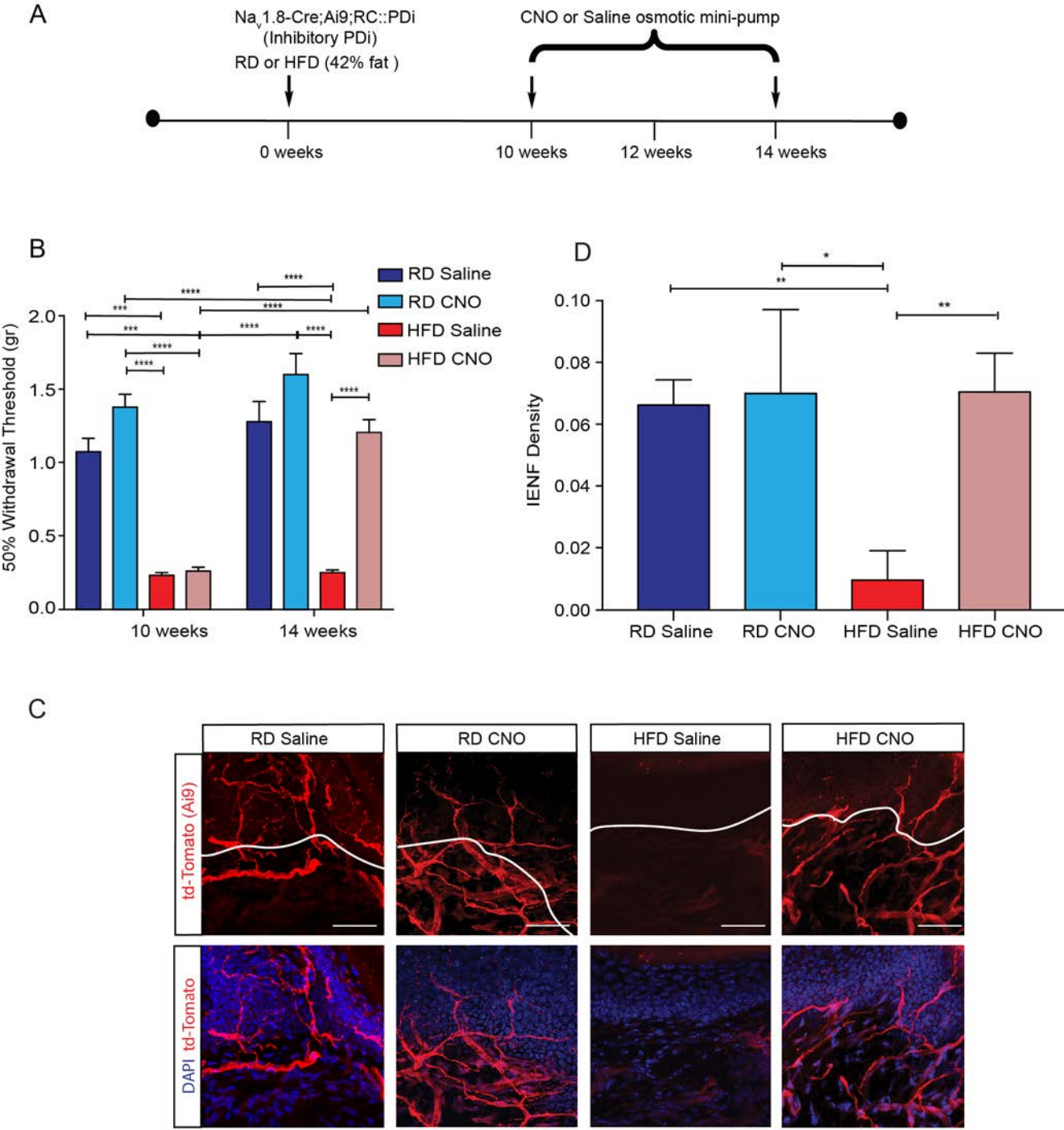


Figure 10. Chemogenetic inhibition of Nav1.8-positive DRG neurons can reverse small-fiber degeneration and mechanical allodynia in HFD fed mice. (A)

Experimental protocol for osmotic mini-pump implantation in Nav1.8-Cre;Ai9;RC::PDi mice. Nav1.8-Cre;Ai9;RC::PDi mice were put on RD or HFD for 10 weeks and then implanted intraperitoneally with an osmotic mini-pump delivering saline or CNO (10mg/kg/day) for 4 weeks to determine if CNO could reverse the effects of the HFD. Each arrow represents a time point where pain behavior was assessed. **(B)** von Frey pain behavior testing demonstrated the presence of mechanical allodynia (reduction in withdrawal threshold) in HFD fed mice after 10 weeks on diet. This mechanical allodynia was reduced after continuous treatment with CNO tested at the 14 weeks time point (***, $p < 0.001$, ****, $p < 0.0001$) ($n = 6/\text{group}$). **(C, D)** Confocal micrographs from skin of Nav1.8-Cre;Ai9;RC::PDi. td-Tomato expressing Nav1.8 fibers (**red**) and merged images with the nuclear marker DAPI (**blue**) are shown. **(C)** Control mice on a RD with saline or CNO pumps showed normal skin innervation. HFD mice implanted with a saline pump showed reduced skin innervation. HFD mice fitted with CNO pumps showed a significant improvement in skin innervation. Scale bar = $50\mu\text{m}$. **(D)** This effect was quantified using intra-epidermal nerve density (IENF density and the intra-epidermal dermal junction is outlined in white (*, $p < 0.05$, **, $p < 0.01$) ($n = 6/\text{group}$ with 3 non-contiguous sections analyzed per sample). Values are expressed as mean \pm SEM. p-values were calculated using two-way ANOVA, Bonferroni multiple comparison test.

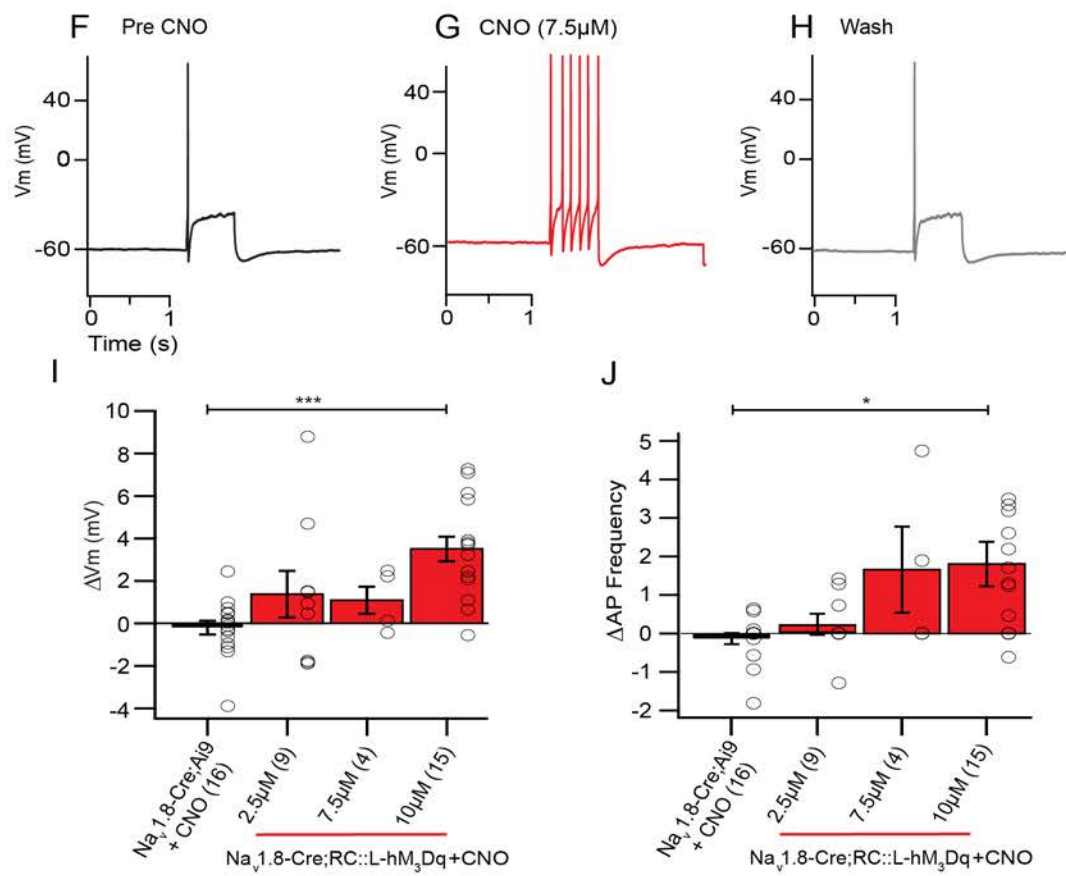
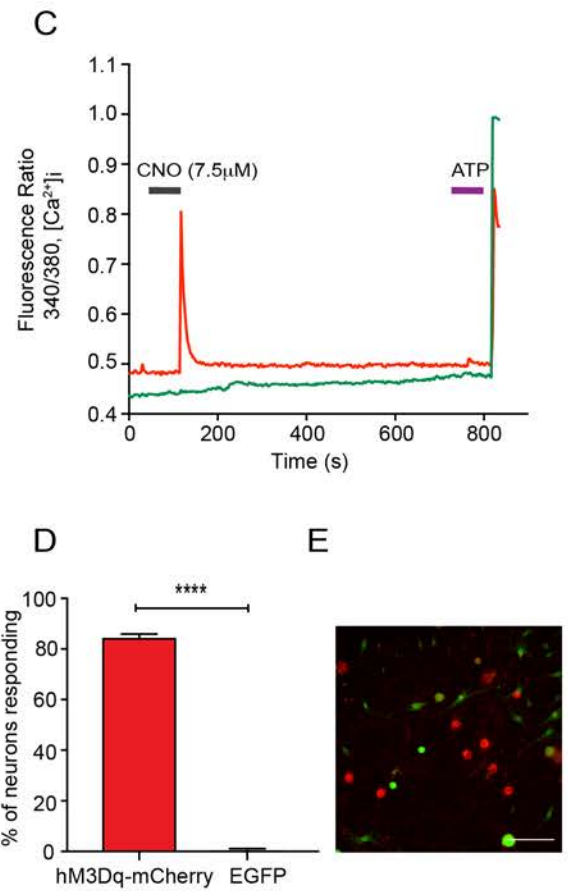
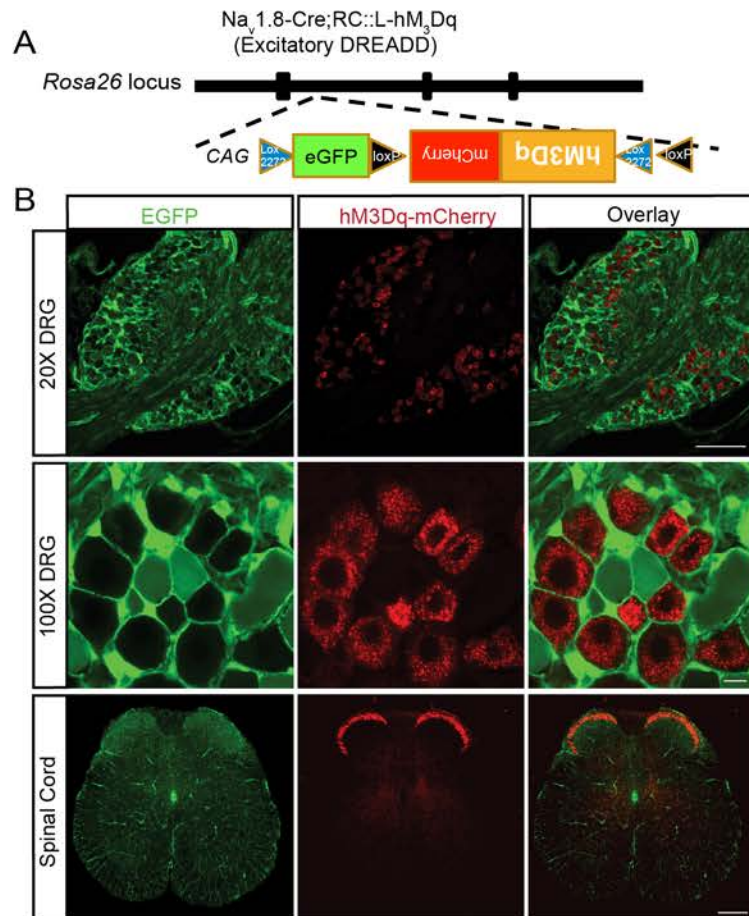
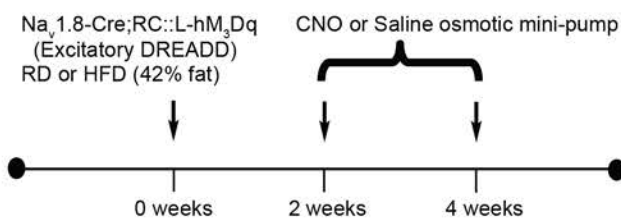


Figure 11. Chemogenetic activation of hM₃Dq excitatory DREADD receptors in Nav1.8-positive DRG neurons led to increased neuronal excitability. (A) The Nav1.8-Cre;RC::L-hM₃Dq construct used in these experiments was designed so that Nav1.8-positive DRG neurons expressed m-Cherry fused hM₃Dq excitatory DREADD receptors, whereas all other cells expressed EGFP. (B) Representative images from DRGs (**top and middle**) and spinal cords (**bottom**) showing Nav1.8-positive DRG neurons expressing m-Cherry fused hM₃Dq excitatory DREADD receptors whereas all other cells expressed EGFP. Magnification of 20x (**top**) and 100x (**middle**), 10x (**bottom**) (scale bar=150μm, 10μm, 150μm respectively). (C-E) DRG neurons were cultured from hM₃Dq excitatory DREADD mice and subjected to Fura-2 based [Ca²⁺]_i imaging; only cells expressing the hM₃Dq DREADD receptors had [Ca²⁺]_i responses to CNO (7.5μM) (**red**) whereas all other EGFP expressing cells did not respond (**green**). (D) Quantification of the percentage of neurons responding to CNO (84.042±1.9%) (****, p<0.0001, using a Mann-Whitney test) (n=94). (E) A representative image of the neurons used for [Ca²⁺]_i imaging. Scale bar=50μm. (F-J) DRG primary cultures were prepared from these hM₃Dq excitatory DREADD mice and mCherry expressing cells were recorded. (G) Treatment with CNO (7.5μM) along with a depolarizing current step lead to increased action potential (AP) frequency compared with (F) the current step alone or (H) after wash. (I) Changes in membrane voltage and (J) the AP frequency were quantified for various concentrations of CNO. These same experiments were performed in Nav1.8 td-Tomato DRG neurons that did not express DREADD receptors (Nav1.8-Cre;Ai9 mice). (I, J) Compared to the control cells not expressing the hM₃Dq excitatory DREADD (**green**), DREADD expressing cells (**red**) had significantly higher voltage membrane (V_m) and action potential

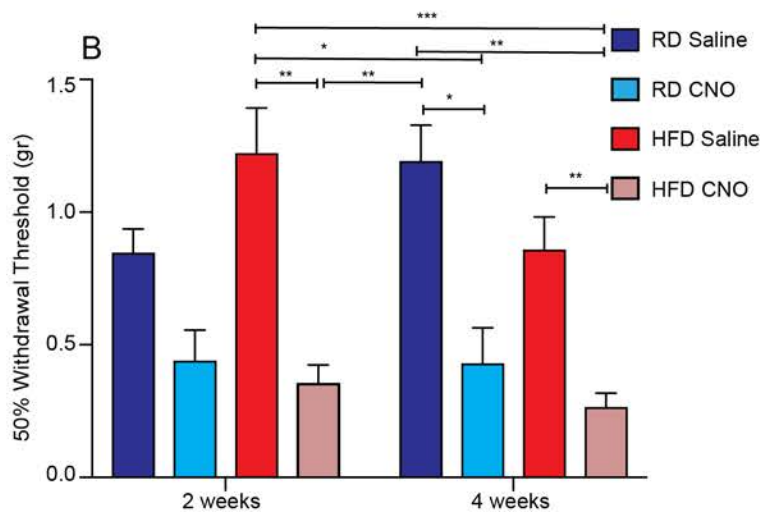
frequencies (*, $p < 0.05$, ***, $p < 0.001$ using one-way ANOVA, post-hoc Tukey test) (n=16).

Values are expressed as mean \pm S.E.M.

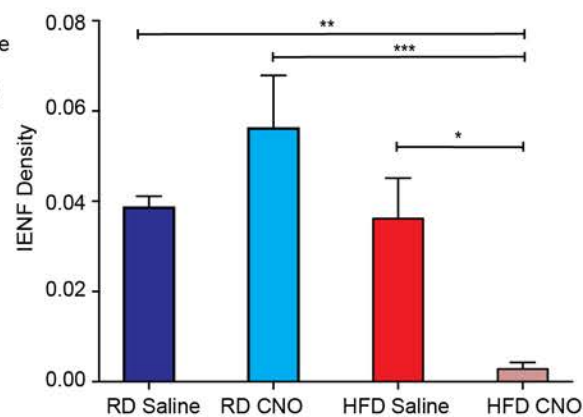
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B



C



D

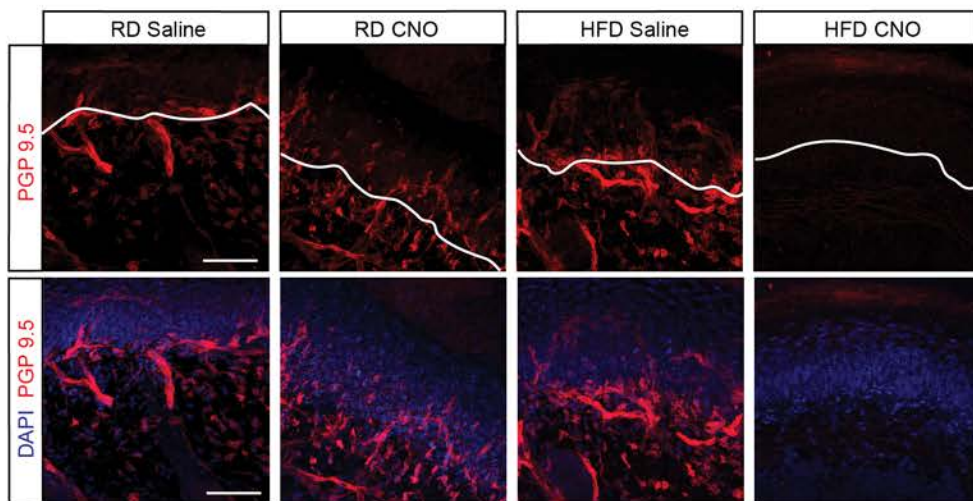
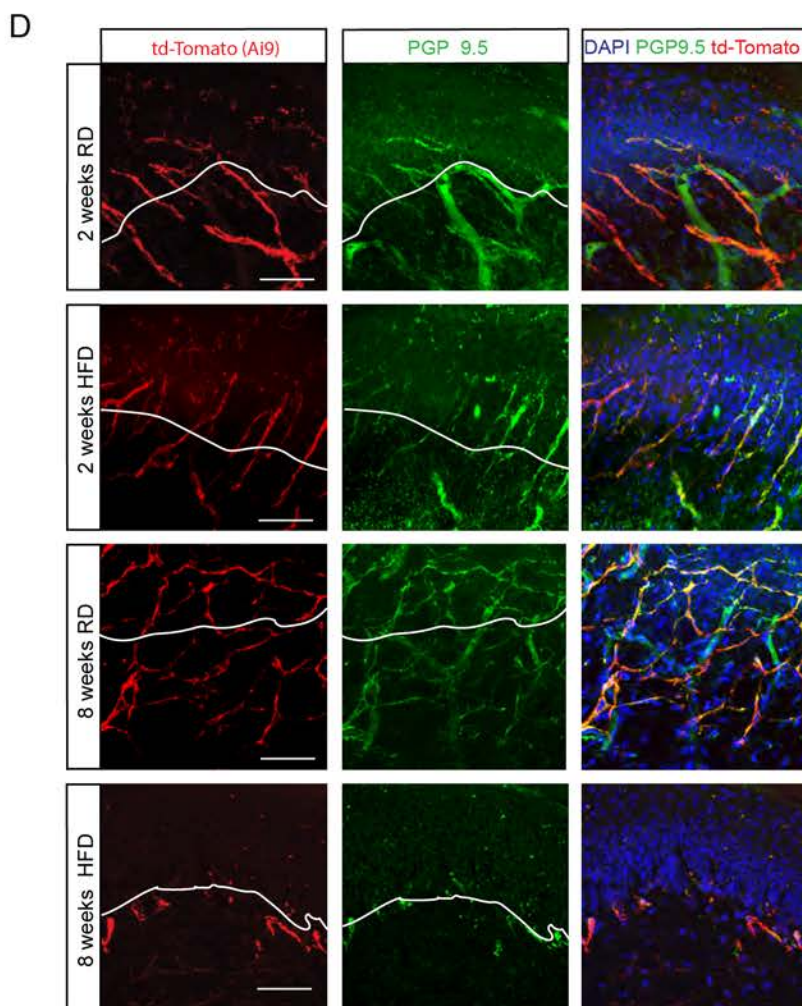
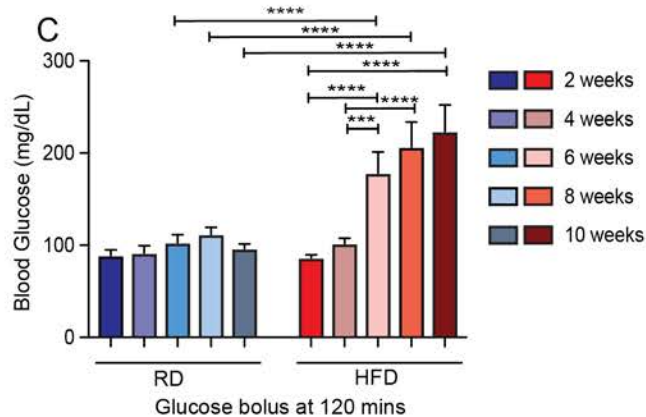
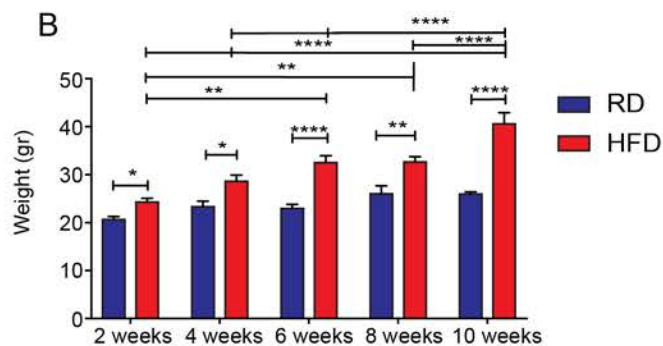
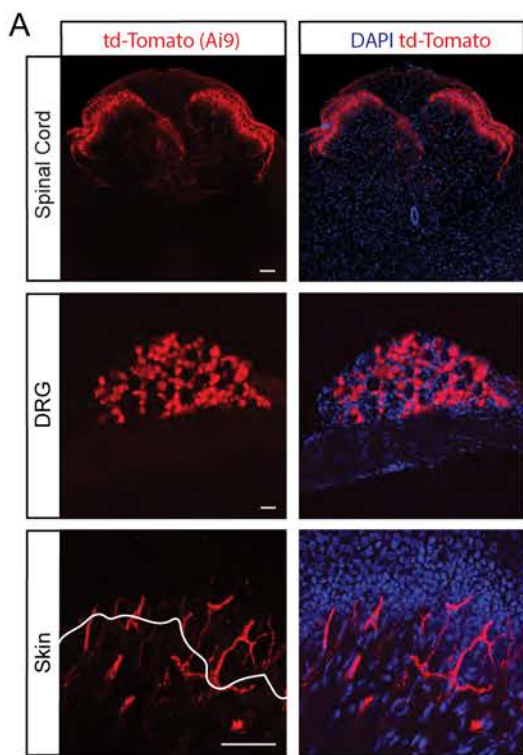


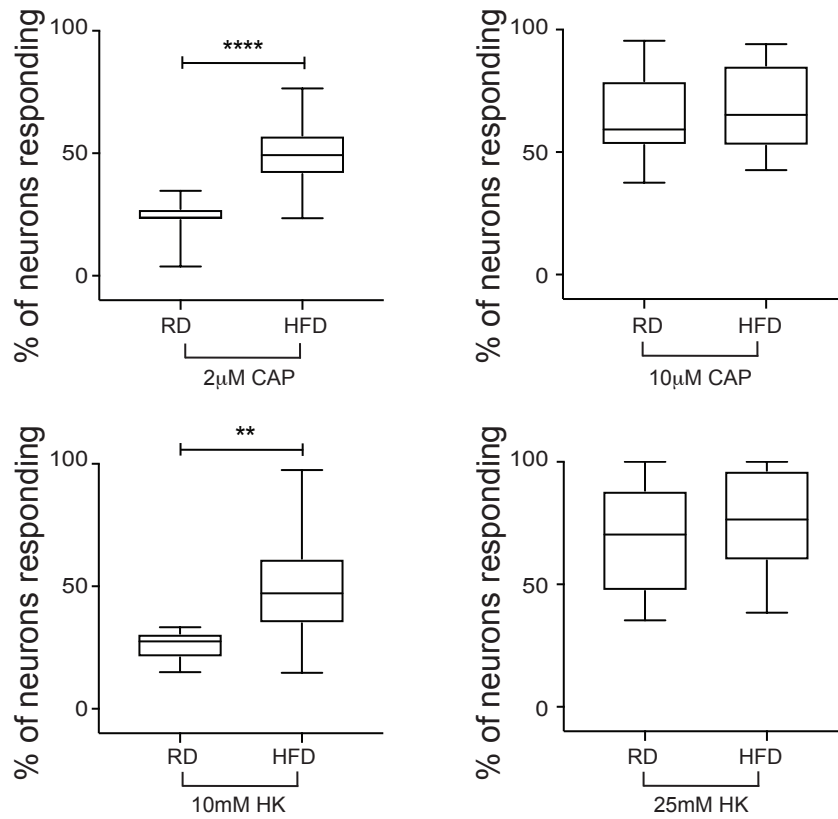
Figure 12. Long-term chemogenetic activation of Nav1.8-positive DRG neurons resulted in a significant acceleration in the development of mechanical allodynia and small-fiber degeneration and in HFD fed mice. (A) Experimental setup of osmotic mini-pump implantation in Nav1.8-Cre;RC::L-hM₃Dq mice. Nav1.8-Cre;RC::L-hM₃Dq mice that expressed excitatory hM₃Dq DREADD receptors were fed either RD or HFD and had a osmotic mini-pump implanted intraperitoneally, which administered either saline or CNO (10mg/kg/day) for the period from 2 to 4 weeks following the commencement of HFD or RD. (B) von Frey pain behavior testing demonstrated the onset of mechanical allodynia (reduction in withdrawal threshold) in HFD fed mice (**red**) after 2 or 4 weeks following CNO administration. The RD mice (**blue**) also showed a reduction of withdrawal threshold after 4 weeks of CNO administration (*, p<0.05, **, p<0.01, ***, p<0.001) (n=6/group). (C, D) Confocal micrographs of skin from Nav1.8-Cre;RC::L-hM₃Dq mice on RD for 4 weeks with saline pumps showed normal skin innervation using PGP 9.5 (pseudo-colored **red**). Sections were co-labeled with a nuclear marker DAPI (blue staining). In contrast, HFD mice with CNO pumps showed significant depletion of nerve terminals. Interestingly, in RD mice increased excitability, produced by hM₃Dq DREADD receptors, alone was not able to induce small-fiber degeneration in the absence of diabetes. Scale bar=50μm. (C) This effect was quantified using intra-epidermal nerve density (IENF density) and the epidermal-dermal junction is outlined in white (*, p<0.05, **, p<0.01, ***, p<0.001) (n=6 from each group with 3 non-contiguous sections analyzed per sample). p-values were calculated using one-way ANOVA, Bonferroni multiple comparison test.



Supplemental Figure 1. Validation of the Nav1.8-Cre system. (A) Confocal micrographs of spinal cord, DRG and skin taken from Nav1.8-Cre;Ai9 mice showing Nav1.8-positive neurons in the DRG and Nav1.8-afferents in spinal cord and skin labeled with td-Tomato (**red**). Sections were co-labeled with a nuclear marker DAPI (**blue**). Magnification 10x (**top**), 20x (**middle**), 60x (**bottom**) (scale bar=50 μ m). (B) Weights of Nav1.8-Cre;Ai9 mice in grams (gr) fed either RD (**blue**) or HFD (**red**) over a 10 week period (*, $p<0.05$, **, $p<0.01$, ****, $p<0.0001$.) (n= 8/group). (C) Blood glucose levels for both RD and HFD at various lengths of time on each diet, blood glucose levels were taken 120 minutes after injection of glucose (45% D-glucose solution (2mg glucose/1g animal body weight)) (***, $p<0.001$, ****, $P<0.0001$) (n=8/group). p-values were calculated using two-way ANOVA , Bonferroni multiple comparison test. (D) Confocal micrographs of skin taken from Nav1.8-Cre;Ai9 mice that had been on either RD or HFD for 2 or 8 weeks showing td-Tomato (**red**), PGP 9.5 (**green**), and DAPI a nuclear marker (**blue**). At 8 weeks HFD mice showed a reduced number of nerve fibers crossing the epidermal-dermal junction (outlined in white). Magnification 60x (scale bar=50 μ m). Values are expressed as mean \pm S.E.M.

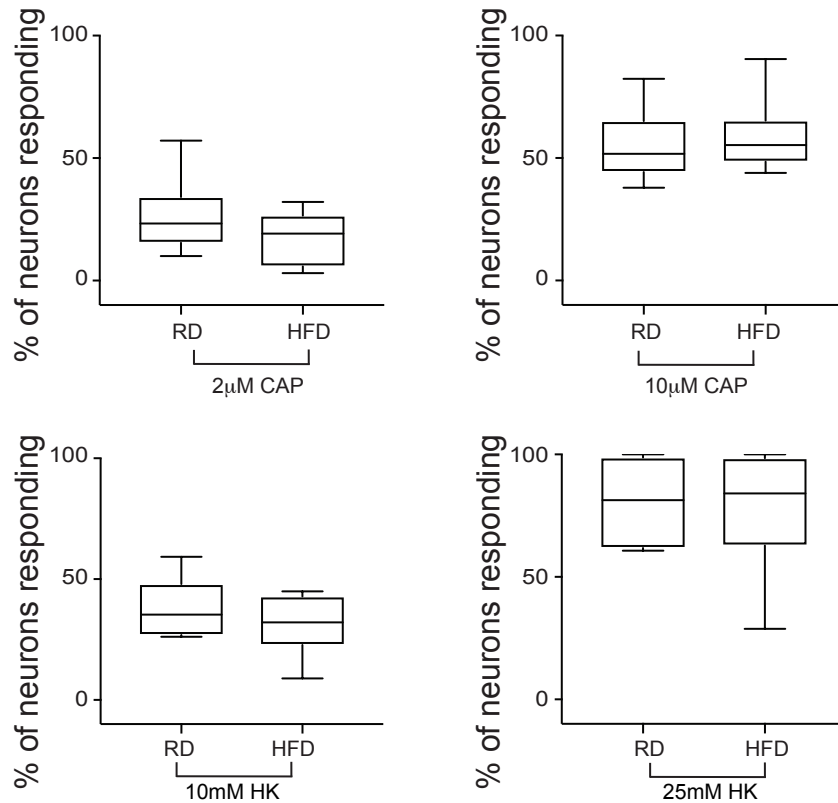
A

Pirt-GCaMP3 mice 6-12 weeks



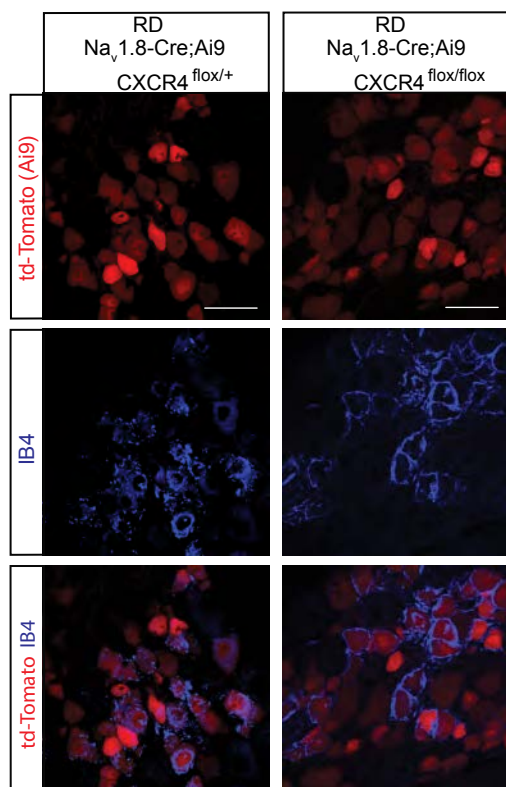
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Pirt-GCaMP3 mice 2-4 weeks

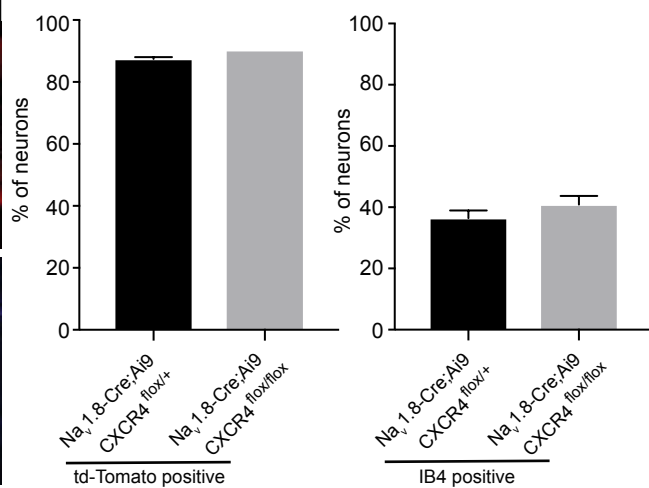


Supplemental Figure 2. Onset of increased $[Ca^{2+}]_i$ responses in diabetic DRG explants after 6 weeks on HFD. (A, B) $[Ca^{2+}]_i$ responses of acutely excised DRGs from Pirt-GCaMP3 mice to 2 μ M or 10 μ M capsaicin and 10mM, or 25mM high potassium buffer (HK). Data is shown as capsaicin or HK responsive DRG neurons as a percentage of total neurons that responded to 50mM HK. (A) Explants from HFD mice that had been on diet for 6-12 weeks showed increased responses to 2 μ M capsaicin compared to RD mice. There were also increased responses of HFD explants to 10mM HK compared to RD (**, $p<0.01$, ****, $p<0.0001$). At higher concentrations of capsaicin and HK there was no significant difference between RD and HFD mice (RD n=594 neurons n=18 explants; HFD n=844 neurons n=30 explants). (B) When these same experiments were done on explants from mice that had only been on RD or HFD for 2-4 weeks there was no significant difference in $[Ca^{2+}]_i$ responses to capsaicin or HK (RD n=347 neurons n=16 explants; HFD n=504 neurons n=20 explants). This showed that the increased $[Ca^{2+}]_i$ responses of Pirt-GCaMP3 explants are evident after 6 weeks on HFD. Values are expressed as mean \pm S.E.M. p-values were calculated by Mann-Whitney test.

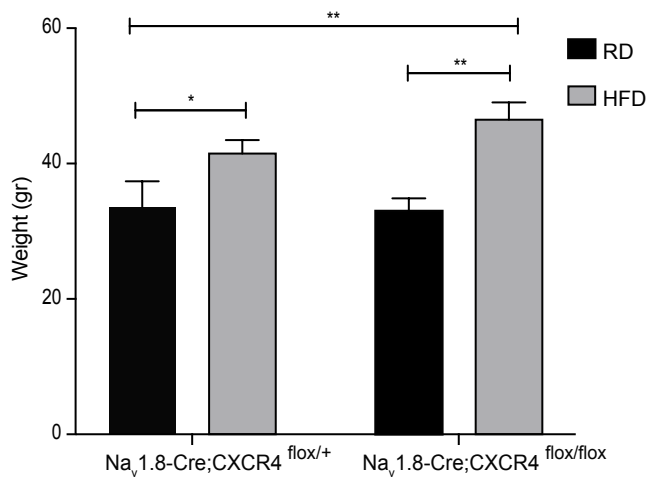
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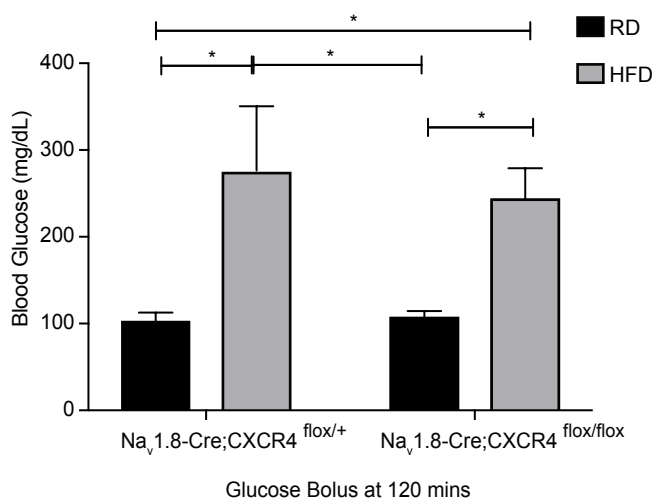
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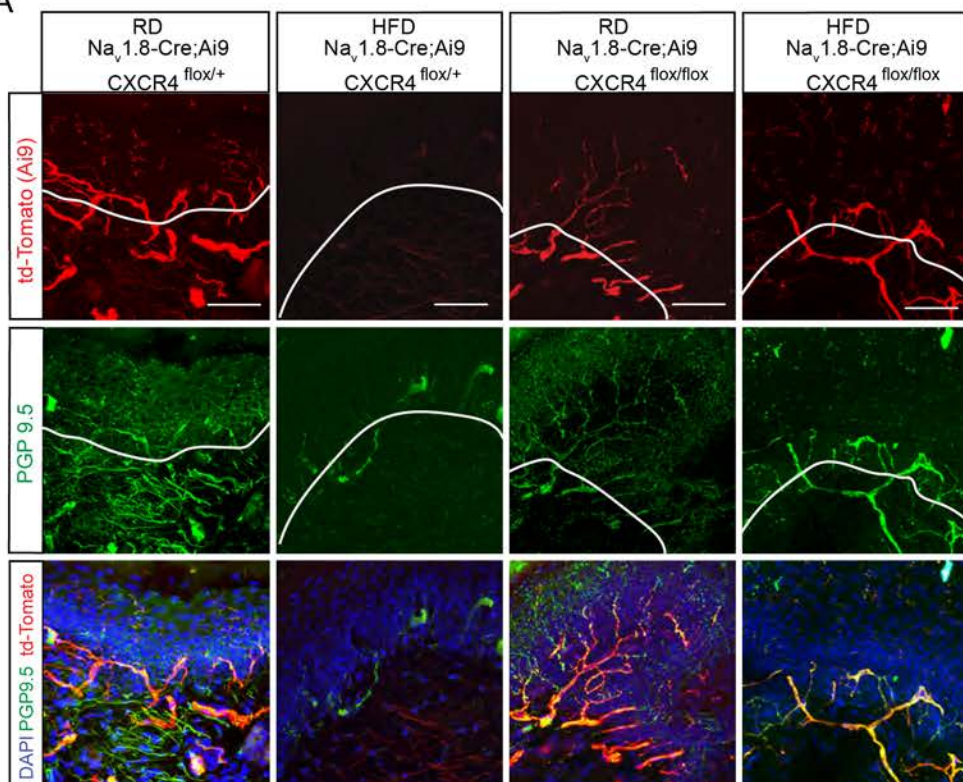


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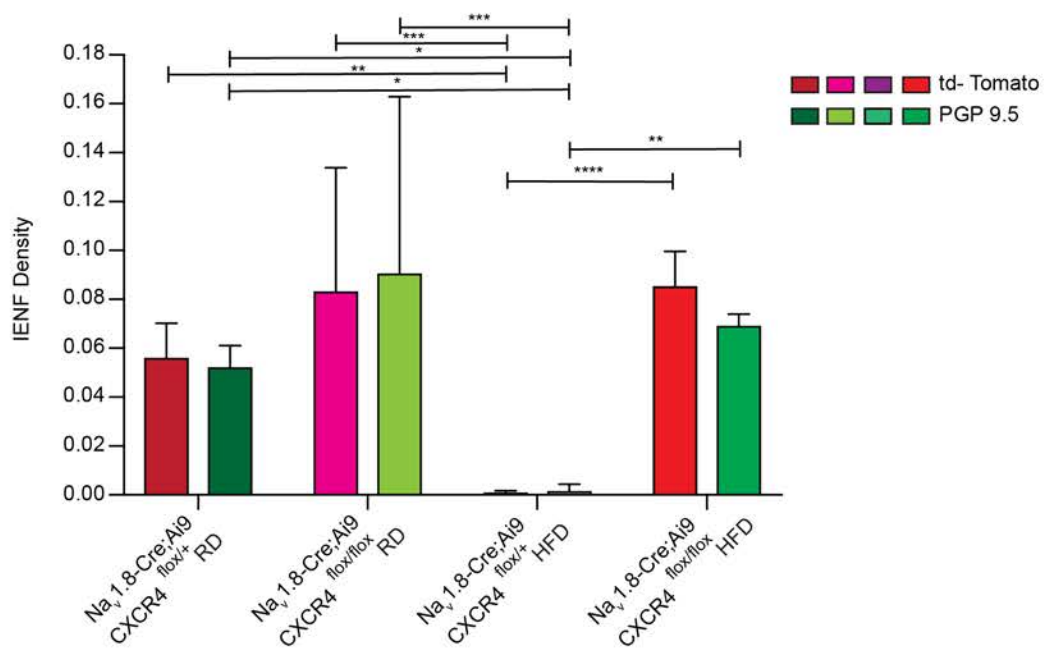


Supplemental Figure 3. Selective deletion of CXCR4 receptors from Nav1.8-positive DRG neurons did not alter the DRG neuronal phenotype or metabolic profile of mice fed HFD. (A) Confocal micrographs from DRGs from mice with either heterozygous deletion of CXCR4 (Nav1.8-Cre;Ai9;CXCR4^{flox/+}) or homozygous deletion (Nav1.8-Cre;Ai9;CXCR4^{flox/flox}), showing td-Tomato (**red**) labeling Nav1.8-positive DRG neurons some of which are also labeled with a marker for non-peptidergic DRG neurons, IB4 (**blue**). Magnification 60x (scale bar=50μm). (B) The numbers of td-Tomato positive and IB4 positive neurons were quantified and there were no significant differences between mice with heterozygous (td-Tomato 85.5±0.5, IB4 36.4±2.5) and homozygous (td-Tomato 87.3±2.8, IB4 35.8±2.9) selective CXCR4 deletions (n=177, 154 neurons respectively). p-values were calculated by Mann-Whitney test. (C) Weights of mice in grams (gr) with either heterozygous deletion of CXCR4 (Nav1.8-Cre;Ai9;CXCR4^{flox/+}) or homozygous deletion (Nav1.8-Cre;Ai9;CXCR4^{flox/flox}) of CXCR4 from Nav1.8-positive neurons(*, p<0.05, **, p<0.01) (n=6/group). (D) Blood glucose levels of the same mice 120 minutes after injection of glucose (45% D-glucose solution (2mg glucose/1gr animal body weight)) (*, p<0.05) (n=6/group). Values are expressed as mean ± S.E.M. p-values were calculated using one-way ANOVA, Bonferroni multiple comparison test.

A

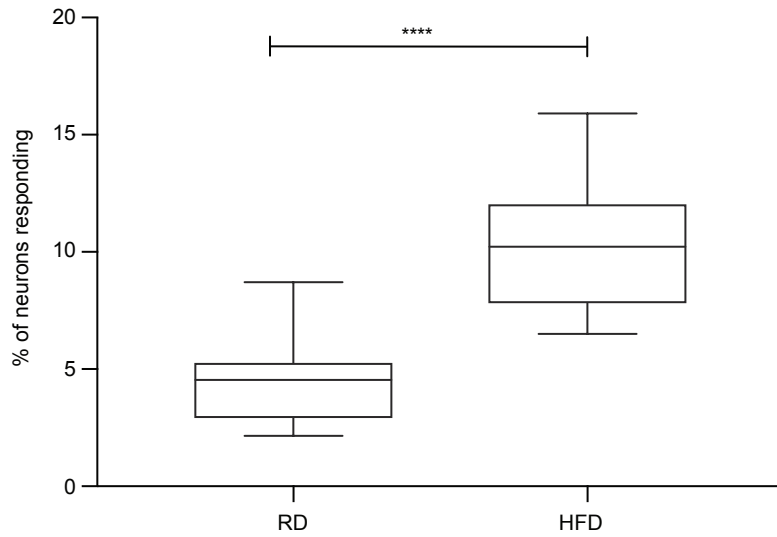


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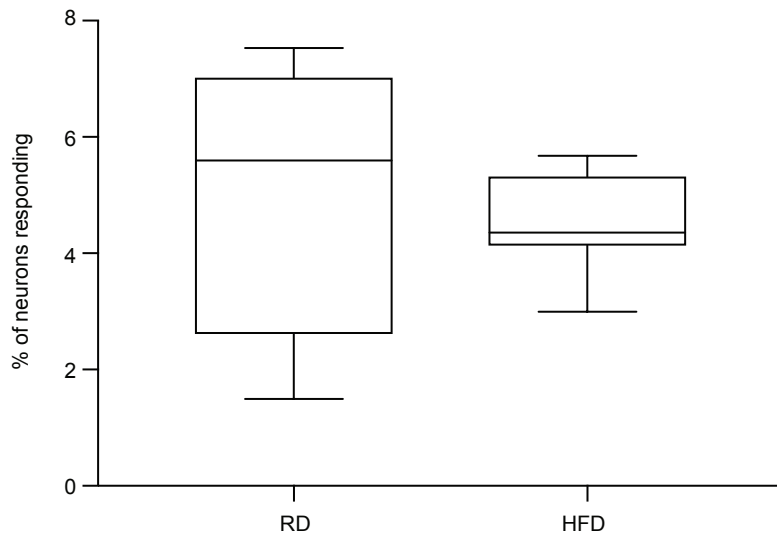


Supplemental Figure 4. Selective chemokine receptor CXCR4 deletion from Nav1.8-positive DRG neurons prevented the development of small-fiber degeneration in HFD-induced PDN. (A) Confocal analysis of skin from mice with either heterozygous (Nav1.8-Cre;Ai9;CXCR4^{flox/+}) or homozygous deletion (Nav1.8-Cre;Ai9;CXCR4^{flox/flox}) of CXCR4 on either RD or HFD showing td-Tomato (**red**), immunolabeling with antibody against the protein gene product 9.5 (PGP 9.5) (**green**), and merged images with the nuclear marker DAPI (**blue**). Nav1.8-Cre;Ai9;CXCR4^{flox/+} RD mice had normal skin innervation whereas the same mice on HFD had reduced innervation. However, selective homozygous deletion of CXCR4 for mice on HFD prevented small-fiber degeneration. Magnification 60x (scale bar=50μm). (B) This effect was quantified using intra-epidermal nerve density (IENF density) which is expressed as the number of nerves crossing the epidermal-dermal junction (outlined in white) as a function of epidermal-dermal junction length. IENF densities calculated using both td-Tomato labeled fibers (red or pink) and PGP 9.5 fibers (shades of green) (*, p<0.05, **, p<0.01, ***, p<0.001) (n=7 for all groups with 3 non-contiguous sections analyzed per sample). Values are expressed as mean ± S.E.M. p-values were calculated using a two-way ANOVA with Dunnett's Multiple Comparison test.

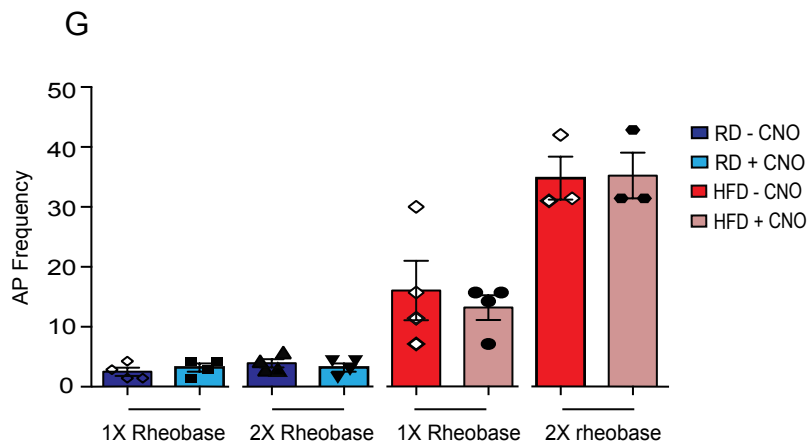
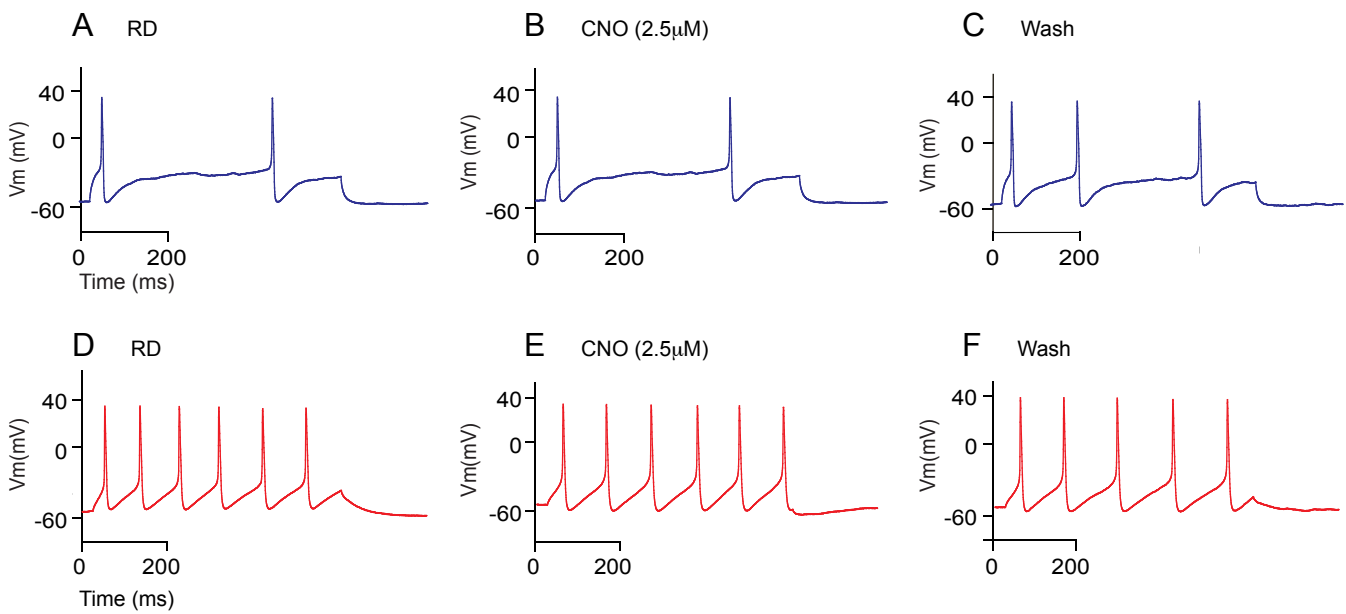
A Pirt-GCaMP3 mice 6-12 weeks CXCL12



B Pirt-GCaMP3 mice 2-4 weeks CXCL12



Supplemental Figure 5. Onset of increased $[Ca^{2+}]_i$ responses following CXCL12 application after 6 weeks on HFD. (A, B) $[Ca^{2+}]_i$ responses of acutely excised DRGs from Pirt-GCaMP3 mice to CXCL12. Data is shown as CXCL12 responsive DRG neurons as a percentage of total neurons that responded to a high potassium buffer (HK). (A) There were significantly more $[Ca^{2+}]_i$ responses to CXCL12 (100 nM) in explants from HFD mice compared to RD fed non-diabetic controls after 6-12 weeks on diet (****, $p < 0.0001$) (HFD n=844 neurons n=30 explants; RD n=594 neurons n=18 explants). **(B)** In contrast, $[Ca^{2+}]_i$ responses to CXCL12 were not different after 2-4 weeks on HFD or on RD (HFD n=504 neurons n=20 explants; RD n=347 neurons n=16 explants). Values are expressed as mean \pm S.E.M. p-values were calculated using Mann-Whitney test.

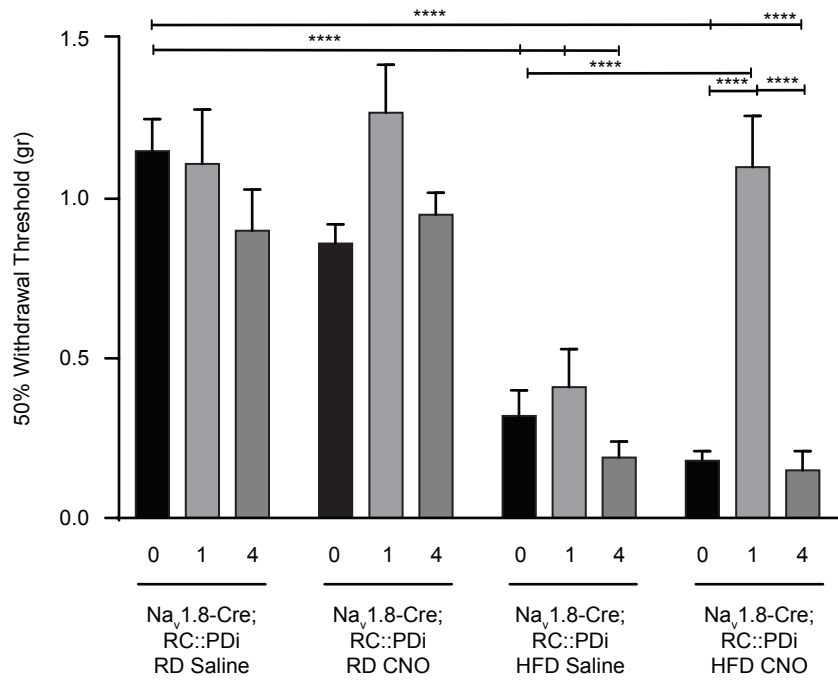


Supplemental Figure 6. Nav1.8-positive DRG neurons that did not express DREADD receptors had no change in action potential frequency after CNO application. (A-F)

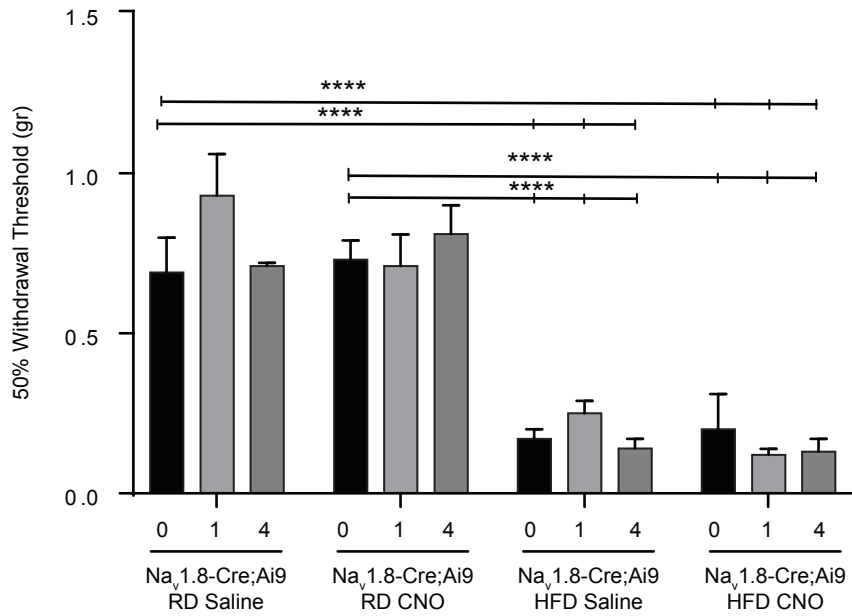
Representative traces from a Nav1.8-Cre;Ai9 primary cultured DRGs, which do not express DREADD receptors, from mice fed either RD (**A-C, blue**) or HFD (**D-F, red**). (**G**)

In both RD and HFD application of 2.5 μ M CNO did not change the action potential frequency (AP frequency) at either 1X or 2X rheobase current injection (RD n=4 for 1X and 2X; HFD n=4 for 1X and n=3 for 2X). Values are expressed as mean \pm S.E.M. p-values were calculated using Mann-Whitney test.

A

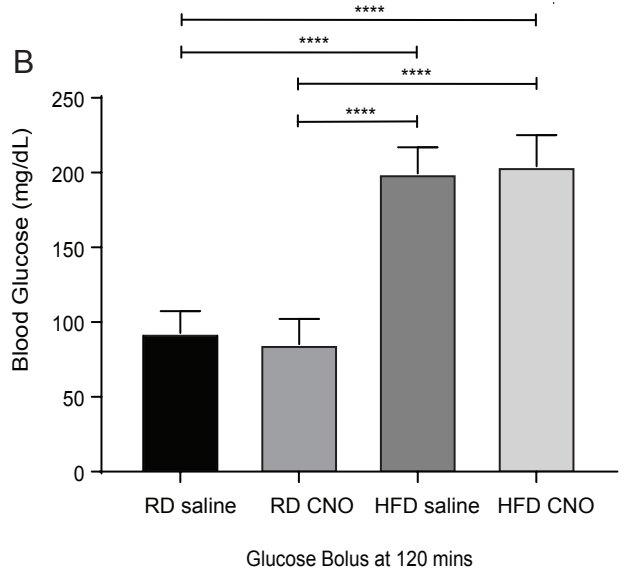
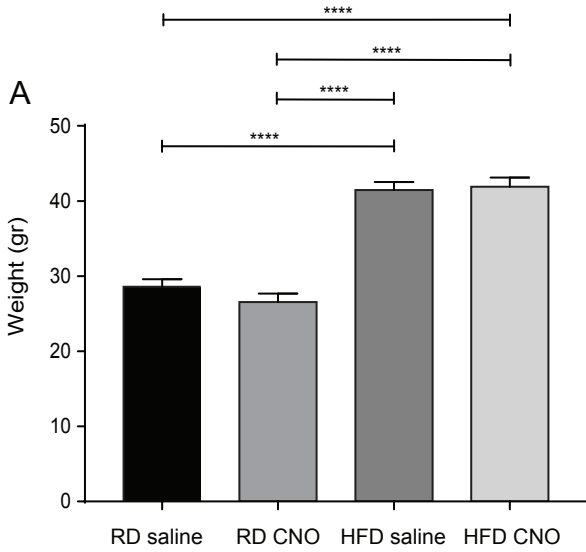


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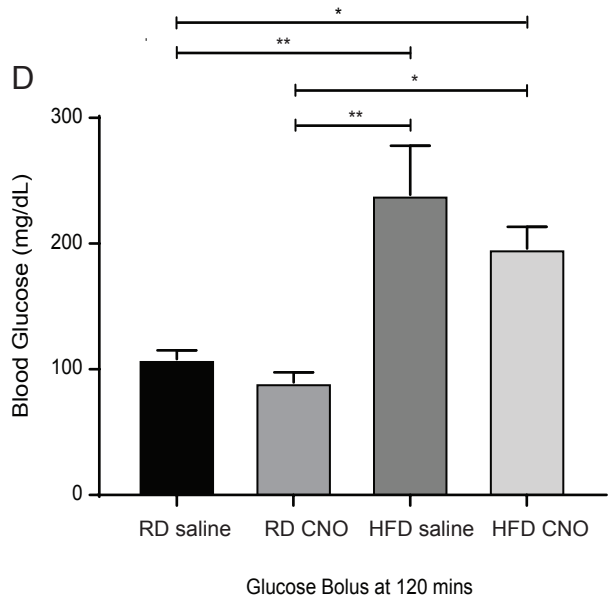
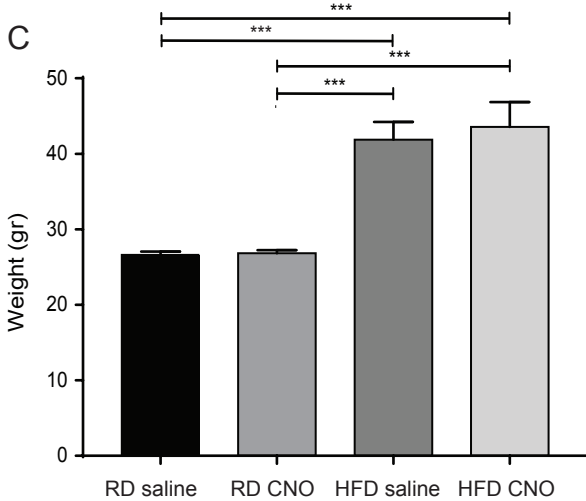


Supplemental Figure 7. Injection of CNO decreases mechanical allodynia in inhibitory PDi DREADD expressing mice on HFD and had no effect on mice not expressing DREADD receptors. (A) von Frey behavioral testing for Nav1.8-Cre:RC::PDi mice on either RD or HFD injected with a CNO (10 mg/kg) or saline intraperitoneally (i.p.). These mice expressed inhibitory DREADD receptors, PDi, in their Nav1.8-positive DRG neurons and fed a HFD showed an increase in pain withdrawal threshold one hour after CNO injection, this effect was absent four hours after injection (****, $p < 0.0001$) (n=16/group). (B) von Frey behavioral testing was also performed on Nav1.8-Cre;Ai9 mice that do not express inhibitory DREADD receptors. Mice were fed either RD or HFD and given an i.p. injection of either CNO (10 mg/kg) or saline. Mice on HFD had decreased withdrawal thresholds as expected and injection of CNO had no effect (****, $p < 0.0001$) (n=8/group). For both genotypes behavioral testing was done before the injection (time=0), one hour after the injection (time=1hr) and four hours after (time=4hr). Values are expressed as mean \pm S.E.M. p-values were calculated using a two-way ANOVA, Bonferroni multiple comparison test.

Na_v1.8-Cre;RC::PDi mice
(Inhibitory PDi)



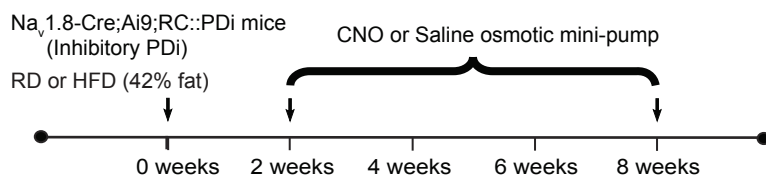
Na_v1.8-Cre;Ai9 mice



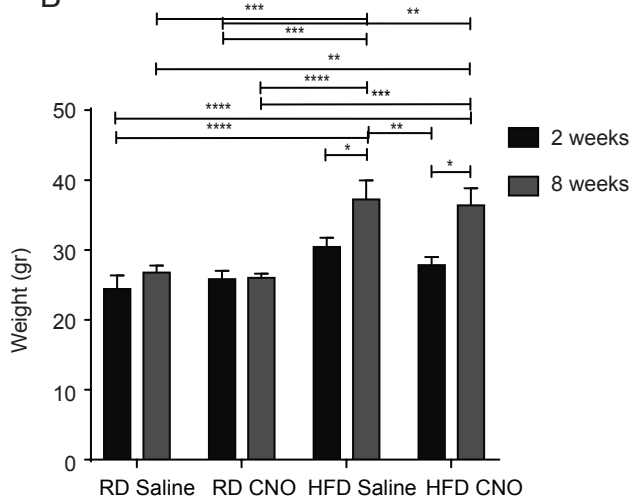
Supplemental Figure 8. Expression of inhibitory DREADD receptors, PDi in Nav1.8-positive DRG neurons does not alter the metabolic profile in the HFD model. (A)

Weight of Nav1.8-Cre;RC::PDi mice in grams (gr) fed either RD or HFD for 10 weeks and injected with either CNO (10 mg/kg) or saline (****, $p < 0.0001$) (n=6/group). **(B)** Blood glucose levels of the same mice 120 minutes after injection of glucose (45% D-glucose solution (2 mg glucose/1 g animal body weight)) (****, $p < 0.0001$) (n=18/group). **(C)** Weight of Nav1.8-Cre;Ai9 mice fed either RD or HFD and injected with either CNO (10 mg/kg) or saline (***, $p < 0.001$) (n=6/group). **(D)** Blood glucose levels of the same mice 120 minutes after injection of glucose (*, $p < 0.05$, **, $p < 0.01$) (n=18/group). Values are expressed as mean \pm S.E.M. p-values were calculated using one-way ANOVA, Bonferroni multiple comparison test.

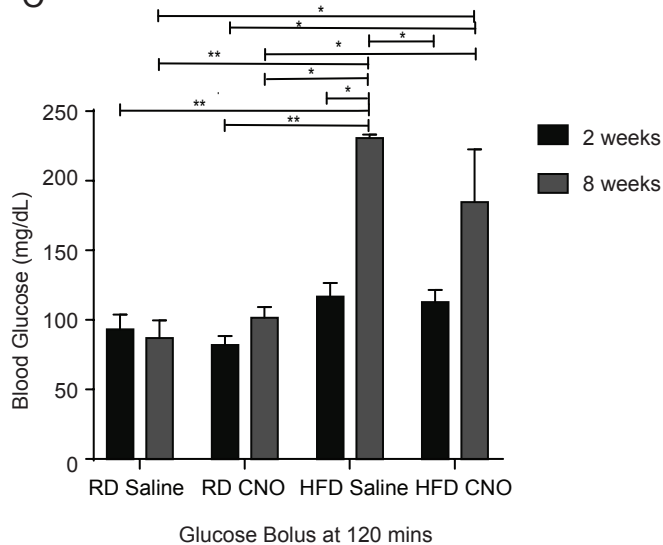
A



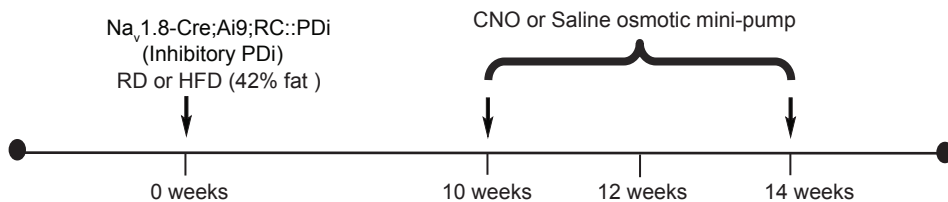
B



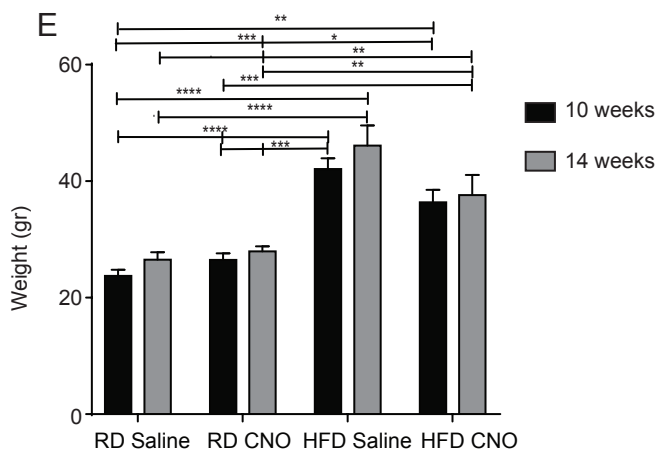
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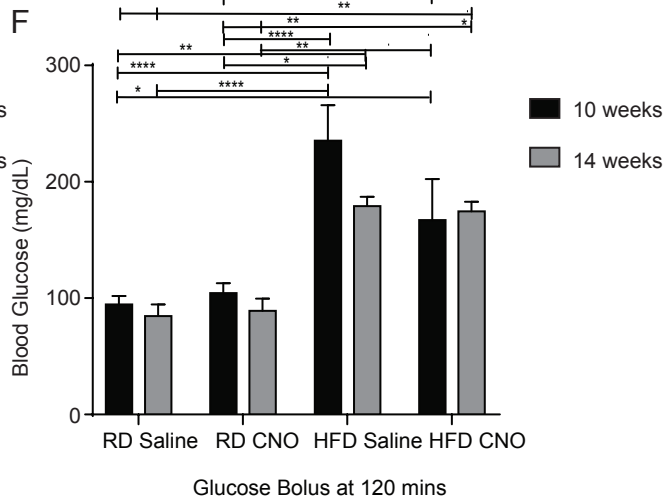
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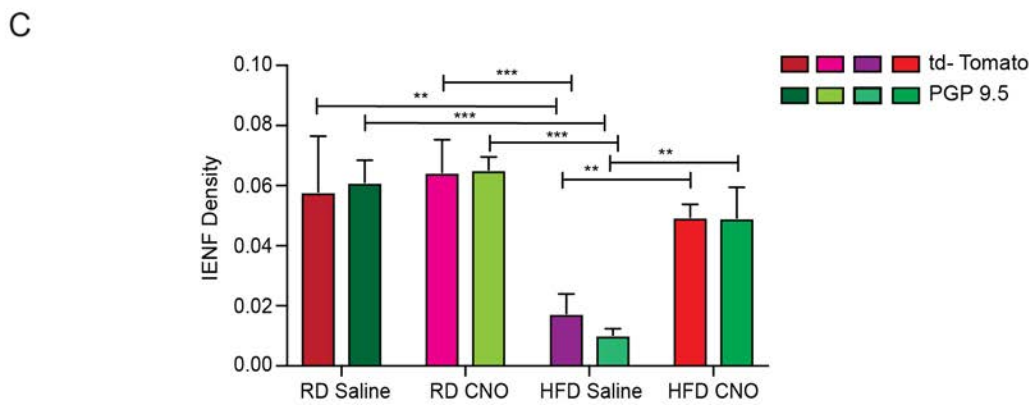
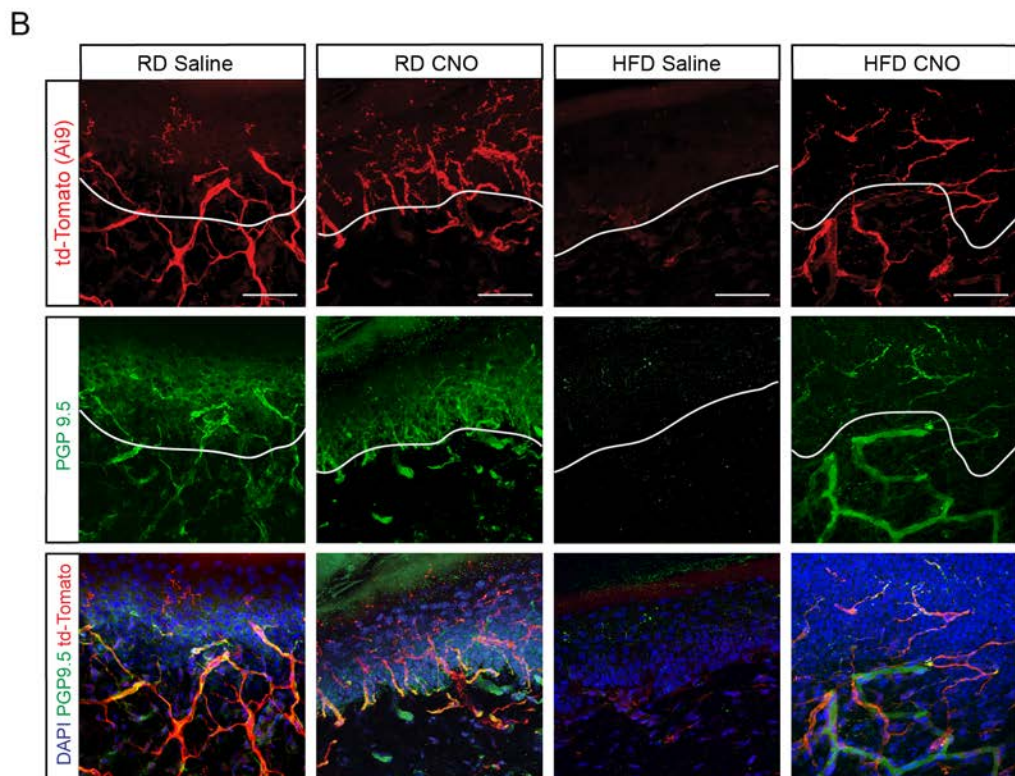
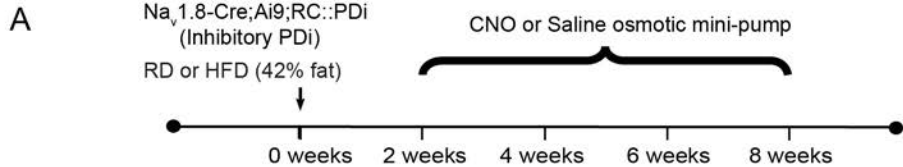
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F

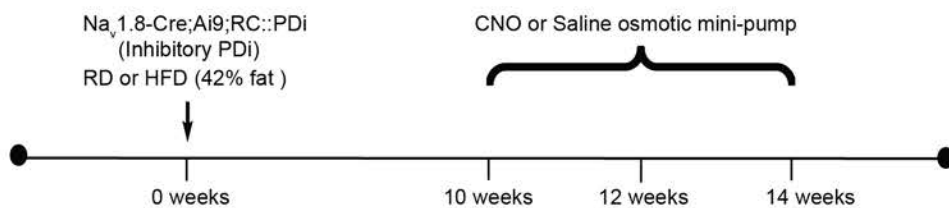


Supplemental Figure 9. Experimental plan, weights and blood glucose levels for prevention and reversal of PDN in mice that expressed inhibitory DREADD receptors, PDi. (A) Experimental timeline for the prevention set of experiments where Nav1.8-Cre;Ai9;RC::PDi mice were administered CNO (10 mg/kg/day) or saline through an osmotic mini-pump concurrently with mice being fed either RD or HFD. Each arrow represents a time point when weight and blood glucose levels were measured. (B) Weights of these mice in grams (gr) after 2 or 8 weeks on the diet (*, $p<0.05$, **, $p<0.01$, ***, $p<0.001$, ****, $p<0.0001$) (n=6/group). (C) Blood glucose levels of these mice at 2 and 8 weeks on diet 120 minutes after injection of glucose (45% D-glucose solution (2mg glucose/1g animal body weight)) (*, $p<0.05$, **, $p<0.01$) (n=6/group). (D) Experimental timeline for the reversal set of experiments where Nav1.8-Cre;Ai9;RC::PDi mice were administered CNO (10 mg/kg/day) or saline through an osmotic mini-pump after being fed on diet. Each arrow represents a time point when weight and blood glucose levels were measured. (E) Weights of these mice in grams (gr) after 10 or 14 weeks on RD or HFD (*, $p<0.05$, **, $p<0.01$, ***, $p<0.001$, ****, $p<0.0001$) (n=6/group). (F) Blood glucose levels of these mice at 10 and 14 weeks on diet (*, $p<0.05$, **, $p<0.01$, ***, $p<0.001$, ****, $p<0.0001$) (n=6/group). Values are expressed as mean \pm S.E.M. p-values were calculated using two-way ANOVA, Bonferroni multiple comparison test.

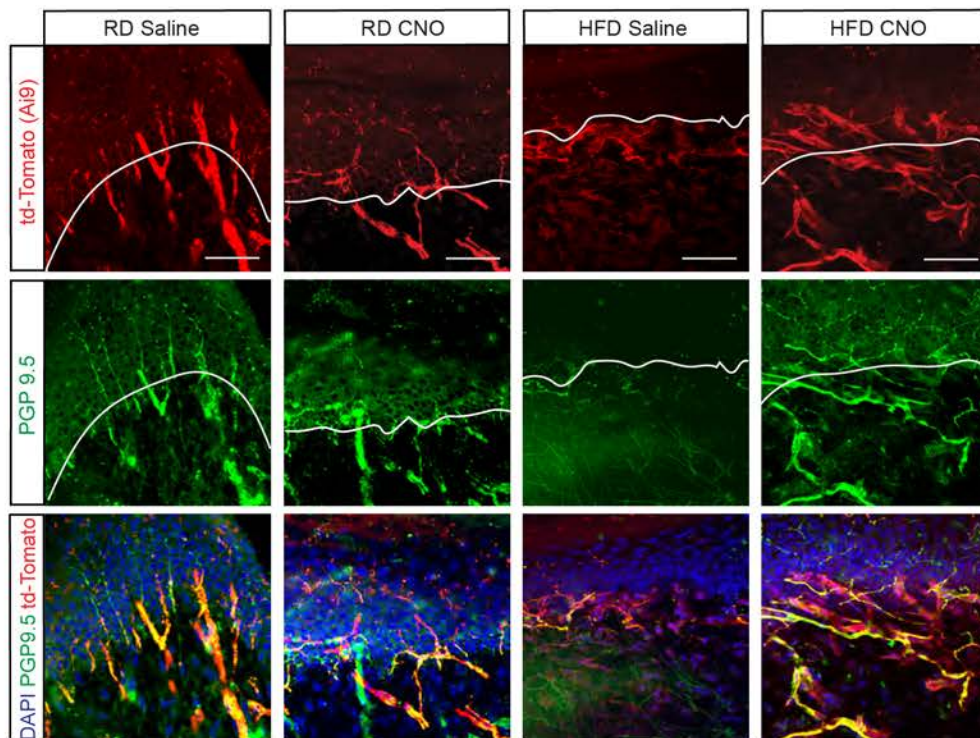


Supplemental Figure 10. Chemogenetic inhibition of Nav1.8-positive DRG neurons can prevent small-fiber degeneration visualized by either td-Tomato positive fibers or fibers stained with PGP 9.5. (A) Experimental setup: osmotic mini-pumps infusing either CNO (10mg/kg/day) or saline were implanted i.p. in Nav1.8-Cre;Ai9;RC::PDi between 2 and 8 weeks of RD or HFD. (B) Confocal analysis of skin from these mice that express the inhibitory DREADD receptor, PDi, fed either RD or HFD showing td-Tomato (**red**) in Nav1.8-positive fibers, immunolabeling with antibody against PGP 9.5 (**green**), and merged images with the nuclear marker DAPI (**blue**). Mice on RD given either saline or CNO showed normal skin innervation. In diabetic mice given saline there was a reduction in skin innervation, but it was reversed for mice on HFD given CNO. CNO infusion prevented small-fiber degeneration of mice on HFD. Magnification 60x (scale bar=50 μ m). (C) This effect was quantified using intra-epidermal nerve density (IENF density) which is expressed as the number of nerves crossing the epidermal-dermal junction (outlined in white) as a function of epidermal-dermal junction length. IENF densities were calculated using both td-Tomato labeled fibers (shades of red) and PGP 9.5 labeled fibers (shades of green) (**, $p<0.01$, ***, $p<0.01$) (n=7 for all groups with 3 non-contiguous sections analyzed per sample). Values are expressed as mean \pm S.E.M. p-values were calculated using a two-way ANOVA with Dunnet Multiple comparison test.

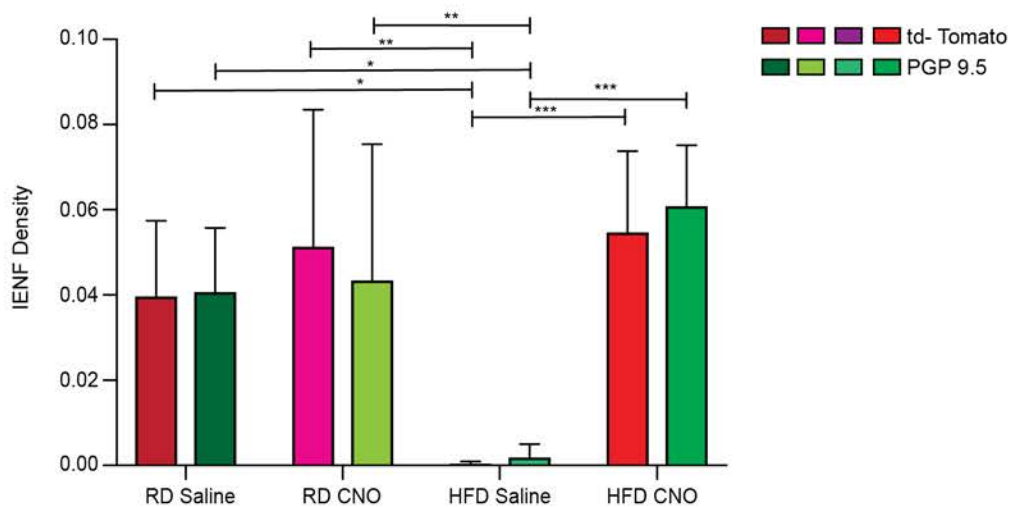
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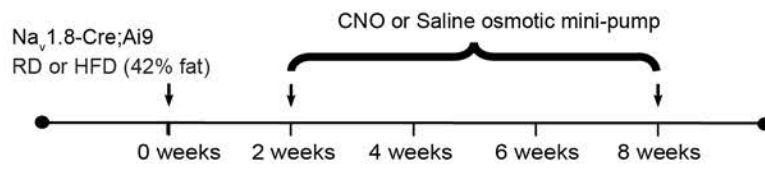


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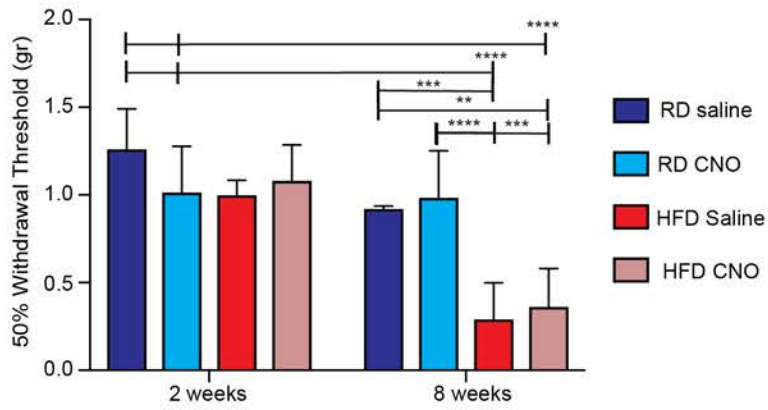


Supplemental Figure 11. Chemogenetic inhibition of Nav1.8-positive DRG neurons can reverse small-fiber degeneration visualized by either td-Tomato fibers or fibers stained with PGP 9.5. (A) Experimental setup for the reversal set of experiments. Nav1.8-Cre;Ai9;RC::PDi were fitted with osmotic mini-pumps i.p. infusing either CNO (10mg/kg/day) or saline between 10-14 weeks of either RD or HFD. (B) Confocal analysis of skin from these mice that express the inhibitory DREADD receptor PDi fed either RD or HFD showing td-Tomato (**red**) in Nav1.8-positive fibers, immunolabeling with antibody against the protein gene product 9.5 (PGP 9.5) (**green**), and merged images with the nuclear marker DAPI (**blue**). Control mice on a RD with saline or CNO pumps showed normal skin innervation. Diabetic mice on HFD implanted with a saline pump showed reduced skin innervation. However, diabetic mice on a HFD fitted with CNO pumps showed a significant improvement in skin innervation. (C) This effect was quantified using intra-epidermal nerve density (IENF density) which is expressed as the number of nerves crossing the epidermal-dermal junction (outlined in white) as a function of epidermal-dermal junction length. IENF densities were calculated using both td-Tomato fibers (shades of red) and with PGP 9.5 fibers (shades of green) (n=6 from each group with 3 non-contiguous sections analyzed per sample). (*, $p<0.05$, **, $p<0.01$, ***, $p<0.001$). Values are expressed as mean \pm S.E.M. p-values were calculated using a two-way ANOVA with Dunnet Multiple comparison test.

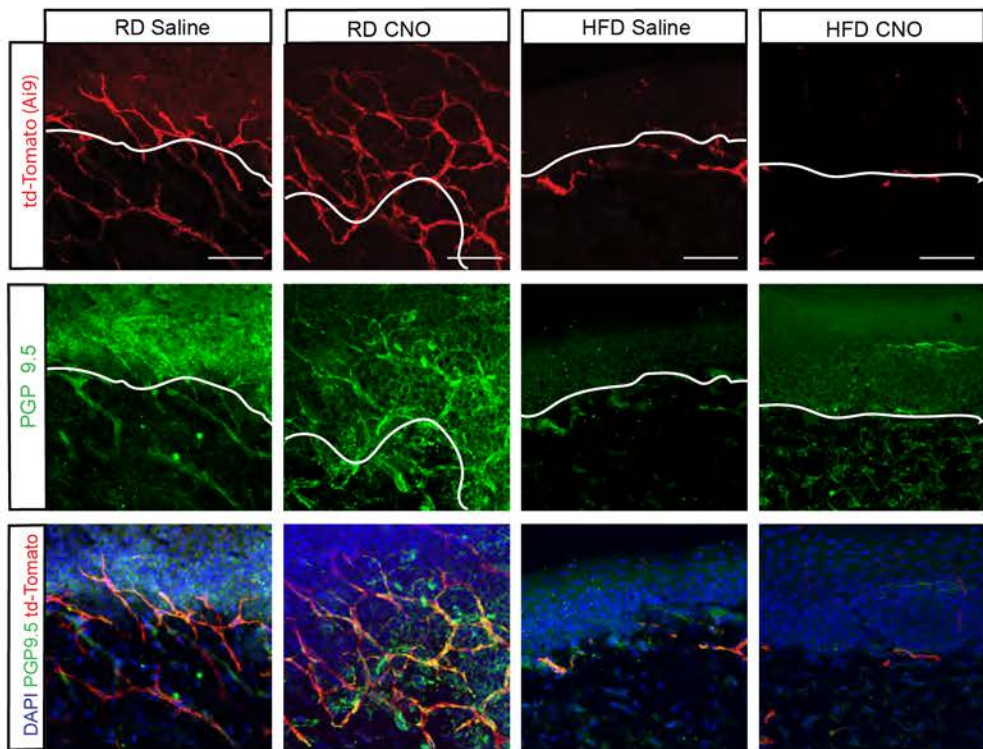
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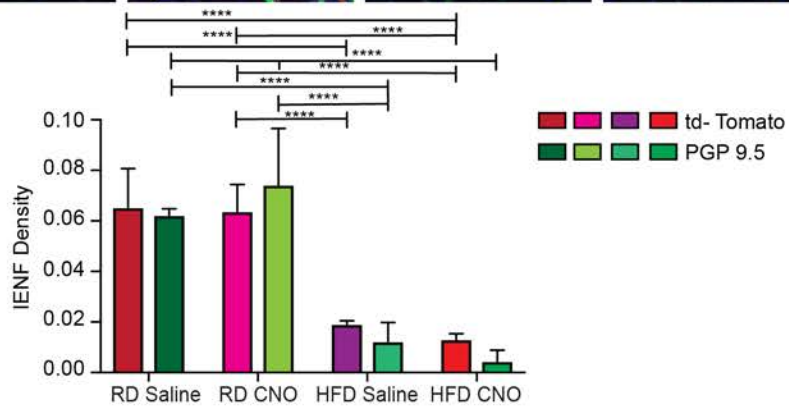
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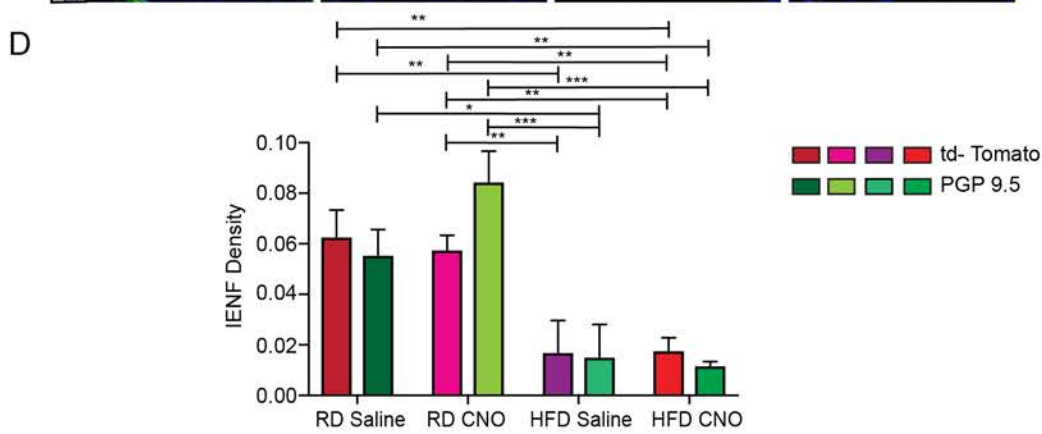
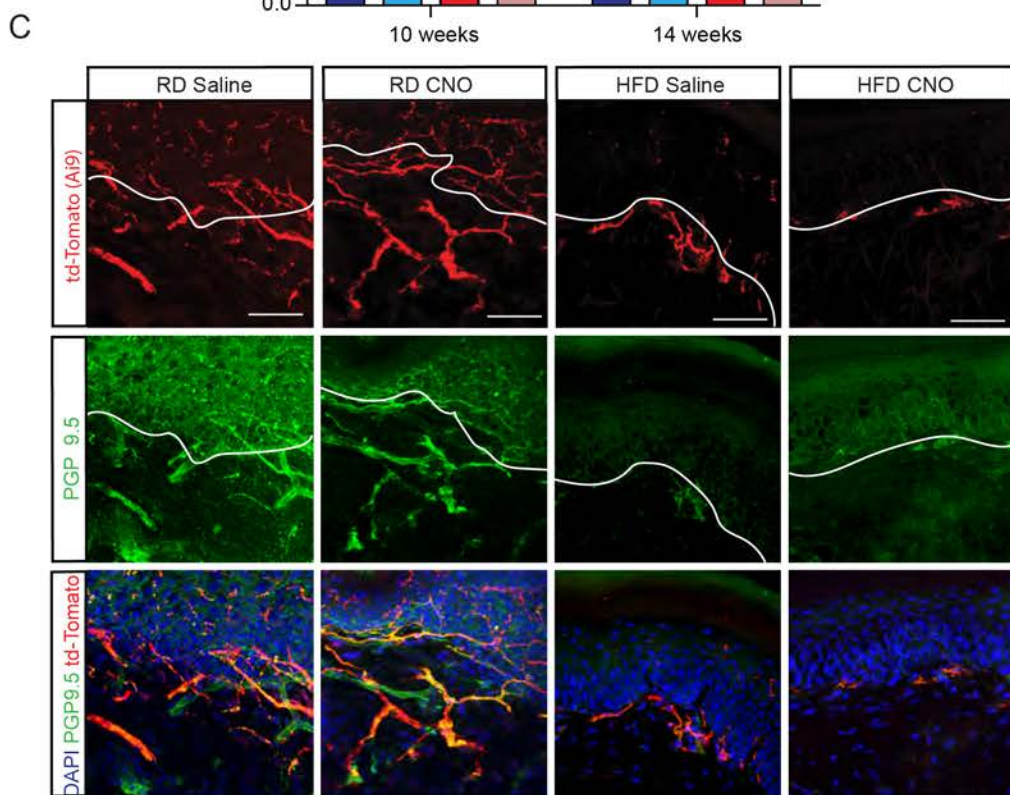
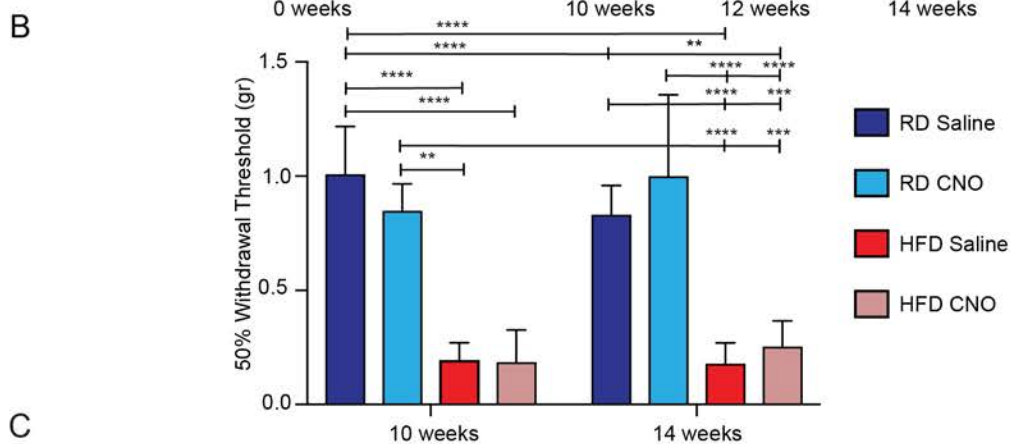
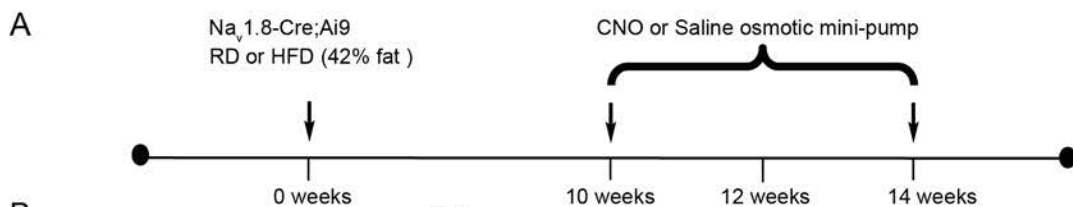
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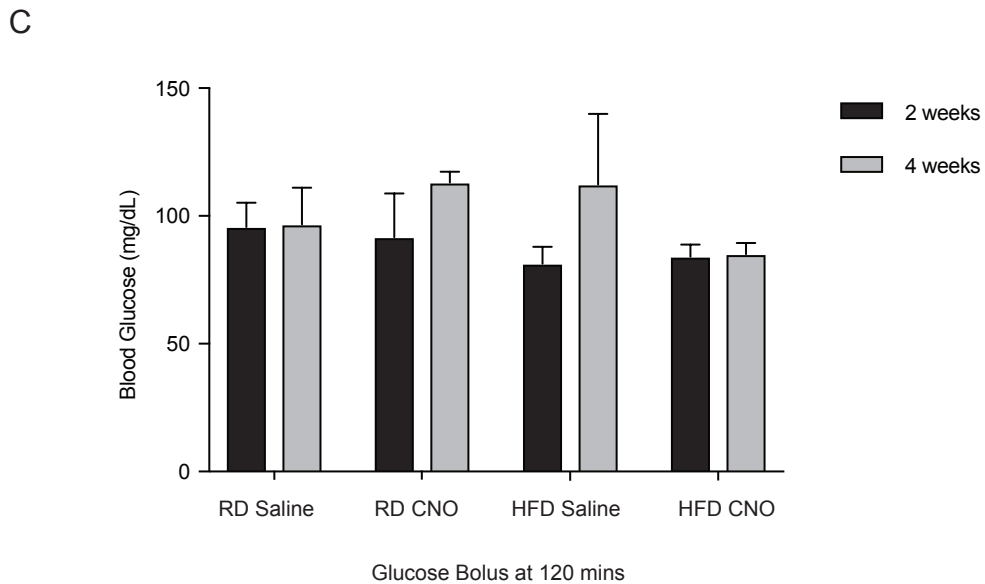
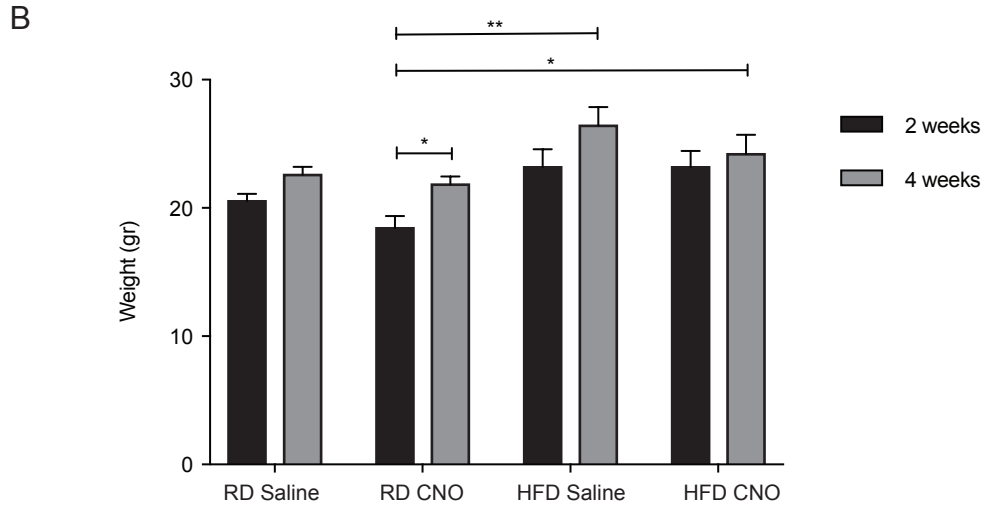
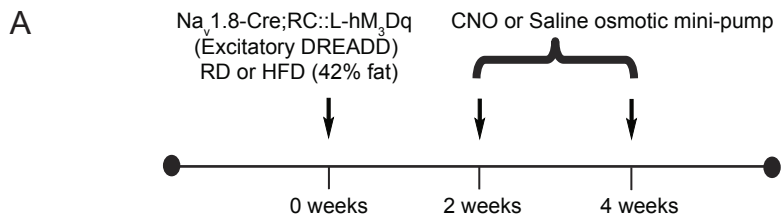
D



Supplemental Figure 12. Long-term treatment with CNO to prevent PDN onset has no effect on mice that do not express DREADD receptors. (A) Experimental timeline for the prevention set of experiments where Nav1.8-Cre;Ai9 mice, that do not express DREADD receptors, are administered CNO (10 mg/kg/day) or saline through an osmotic mini-pump implanted i.p. concurrently with being fed either RD or HFD. Each arrow represents a time point where pain behavior is assessed. (B) von Frey behavioral testing was done at 2 and 8 weeks showing that HFD mice show a decreased withdrawal threshold only after being on the diet for 8 weeks. Treatment with CNO pump did not change the decreased withdrawal threshold observed in HFD mice and also had no effect on RD mice (**, $p < 0.01$, ***, $p < 0.001$, ****, $p < 0.0001$) ($n = 6/\text{group}$). p-values were calculated using a two-way ANOVA with Bonferroni Multiple comparison test (C) Representative confocal micrographs taken from the skin of these animals showing the Nav1.8-positive fibers labeled with td-Tomato (**red**), immunolabeling for PGP 9.5 (**green**) and merged images with the nuclear marker DAPI (**blue**). Mice on HFD given CNO showed no change in skin innervation. Magnification 60x (scale bar=50 μm). (D) This effect was quantified using intra-epidermal nerve density (IENF density) which is expressed as the number of nerves crossing the epidermal-dermal junction (outlined in white) as a function of epidermal-dermal junction length. IENF densities were calculated using both td-Tomato fibers (shades of red) and with PGP 9.5 fibers (shades of green) (****, $p < 0.0001$) ($n = 6/\text{group}$ with 3 non-contiguous sections analyzed per sample). Values are expressed as mean \pm S.E.M. p-values were calculated using a two-way ANOVA with Dunnet Multiple comparison test.



Supplemental Figure 13. Long-term treatment to reverse PDN with CNO has no effect on mice that do not express DREADD receptors. (A) Experimental timeline for the reversal set of experiments where Nav1.8-Cre;Ai9 mice are administered CNO (10 mg/kg/day) or saline through an osmotic mini-pump implanted i.p. following being fed either RD or HFD for 10 weeks. Each arrow represents a time point where pain behavior was assessed. (B) von Frey behavioral testing was done at 10 and 14 weeks showing that, as expected, mice on HFD given saline have a much lower withdrawal threshold compared to RD mice. When HFD mice were given CNO there is no change in the withdrawal threshold (**, $p < 0.01$, ***, $p < 0.001$, ****, $p < 0.0001$) ($n = 6/\text{group}$). p-values were calculated using a two-way ANOVA, Bonferroni Multiple comparison test (C) Representative confocal micrographs taken from the skin of these animals showing the Nav1.8-positive fibers labeled with td-Tomato (**red**), immunolabeling for PGP 9.5 (**green**) and merged images with the nuclear marker DAPI (**blue**). Mice on HFD given CNO showed no improvement in skin innervation. Magnification 60x (scale bar=50 μm). (D) This effect was quantified using intra-epidermal nerve density (IENF density) which is expressed as the number of nerves crossing the epidermal-dermal junction (outlined in white) as a function of epidermal-dermal junction length. IENF densities were calculated using both td-Tomato fibers (shades of red) and with PGP 9.5 fibers (shades of green) (*, $p < 0.05$, **, $p < 0.01$, ***, $p < 0.001$) ($n = 6/\text{group}$ with 3 non-contiguous sections analyzed per sample). Values are expressed as mean \pm S.E.M. p-values were calculated using a two-way ANOVA with Dunnett Multiple comparison test.



Supplemental Figure 14. Continuous CNO infusion did not alter the metabolic profile of mice expressing hM₃Dq excitatory DREADD receptors. (A) Experimental setup of osmotic mini-pump implantation in Nav1.8-Cre;RC::L-hM₃Dq mice. Nav1.8-Cre;RC::L-hM₃Dq mice that expressed excitatory hM₃Dq DREADD receptors were fed either RD or HFD and had a osmotic mini-pump implanted intraperitoneally, which administered either saline or CNO (10mg/kg/day) for the period from 2 to 4 weeks following the commencement of HFD or RD. (B) Weights of these mice in grams (gr) after 2 or 4 weeks on the diet (*, p<0.05, **, <0.01) (n=6/group). (C) Blood glucose levels of these mice at two and four weeks on RD or HFD 120 minutes after injection of glucose (45% D-glucose solution (2mg glucose/1g animal body weight)) (n=6/group). Values are expressed as mean \pm S.E.M. p-values were calculated using two-way ANOVA with Bonferroni Multiple comparison test.

Supplemental Table 1: Electrophysiological parameters of neurons used for recordings of Figure 11. Cells were recorded at culture days 2 – 4. For this dataset only a few medium and large neurons were included in the data. Values are expressed as mean \pm S.E.M.

Genotype (n)	V _m (mV)	capacitance (pF)	smallest (pF)	biggest (pF)	R _{in} (M Ω)	rhobase (pA)
Na _v 1.8-Cre;Ai9 (16)	-61.3 \pm 0.6	51.3 \pm 11.7	20	196	501 \pm 59	318.5 \pm 108.25
Na _v 1.8-Cre;RC::L-hM ₃ Dq (28)	-62.8 \pm 0.8	29.9 \pm 1.7	19	53	641 \pm 47	136 \pm 22.7

Supplemental Table 2: $[Ca^{2+}]_i$ responses of parvalbumin-Cre::GCaMP6 explants to CXCL12 or to different concentration of potassium buffer after 8 weeks on either diet (RD, n=88 neurons , 6 explants; HFD n=118, 9 explants). Values are expressed as mean \pm SEM. p-values were calculated using p- values were calculated using a Mann-Whitney test.

Parvalbumin-Cre::GCaMP6	CXCL12	HK10	HK25	HK50
R D	0	10.594 \pm 3.4 1	22.818 \pm 5.82	47.225 \pm 2.3 4
HFD	3.33 \pm 3.3 3	19.878 \pm 9.2 3	37.288 \pm 11.6 9	54.752 \pm 9.5 7