Selective antagonism of muscarinic receptors is neuroprotective in peripheral neuropathy

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Sensory neurons have the capacity to produce, release, and respond to acetylcholine (ACH), but the functional role of cholinergic systems in adult mammalian peripheral sensory nerves has not been established. Here, we have reported that neurite outgrowth from adult sensory neurons that were maintained under subsaturating neurotrophic factor conditions operates under cholinergic constraint that is mediated by muscarinic receptor–dependent regulation of mitochondrial function via AMPK. Sensory neurons from mice lacking the muscarinic ACh type 1 receptor (M1R) exhibited enhanced neurite outgrowth, confirming the role of M1R in tonic suppression of axonal plasticity. M1R–deficient mice made diabetic with streptozotocin were protected from physiological and structural indices of sensory neuropathy. Pharmacological blockade of M1R using specific or selective antagonists, pirenzepine, VU0255035, or muscarinic toxin 7 (MT7) activated AMPK and overcame diabetes-induced mitochondrial dysfunction in vitro and in vivo. These antimuscarinic drugs prevented or reversed indices of peripheral neuropathy, such as depletion of sensory nerve terminals, thermal hypoaesthesia, and nerve conduction slowing in diverse rodent models of diabetes. Pirenzepine and MT7 also prevented peripheral neuropathy induced by the chemotherapeutic agents dichloroacetate and paclitaxel or HIV envelope protein gp120. As a variety of antimuscarinic drugs are approved for clinical use against other conditions, prompt translation of this therapeutic approach to clinical trials is feasible.

Introduction

The innervation territory of intraepidermal nerve fibers (IENF) within the skin is plastic and maintained through a combination of collateral sprouting and regeneration that is regulated partly by neurotrophic factors (1). Distal dying-back or degeneration of nerve fibers is observed in many axonopathic diseases, including diabetic neuropathy, chemotherapy-induced peripheral neuropathy (CIPN), Friedreich ataxia, Charcot-Marie-Tooth disease type 2, and HIV-associated distal–symmetric neuropathy. There are no therapies for any of these diseases, all of which display some degree of mitochondrial dysfunction (2–4). This is pertinent, as the growth-cone motility required to maintain fields of innervation consumes 50% of ATP supplies in neurons due to high rates of actin treadmilling (5). Maintenance of plastic innervation therefore requires high consumption of ATP for growth-cone motility and maintenance of terminals and synapses (6, 7). Unmyelinated axons are also more energetically demanding than myelinated axons, consuming 2.5- to 10-fold more energy per action potential (8). Mitochondria are known to concentrate in regions of high metabolic demand (9), and sensory terminal boutons are packed with mitochondria (10).

Our work in rodent models of type 1 and 2 diabetes exhibiting neuropathy demonstrates that hyperglycemia triggers nutrient excess in neurons that, in turn, mediates a phenotypic change in mitochondria through alteration of the AMPK/peroxisome proliferator–activated receptor γ coactivator-1α (PGC-1α) signaling axis (4, 11). This vital energy-sensing metabolic pathway modulates mitochondrial function, biogenesis, and regeneration (12). There is accumulating evidence that stimulation of the AMPK/PGC-1α axis in neurons promotes improved mitochondrial function and regeneration (4, 13). For example, the AMPK activator resveratrol enhances neurite outgrowth (14), while augmented AMPK signaling maintains outer retina synapses (15) and directs mitochondria to axons to drive branching in cerebellar granule neurons (16). Uregulation of PGC-1α is protective against oxidative stress in hippocampal neurons (17) and prevents mutant Parkin-related degeneration in dopaminergic neurons (18). In the context of diabetes, the bioenergetic phenotype of mitochondria in dorsal root ganglia–derived (DRG-derived) sensory neurons is characterized by inner membrane depolarization, reduced expression of respiratory chain components, and suboptimal spare respiratory capacity (4, 11) without remarkable ultrastructural alterations (19). Activation of AMPK by resveratrol protected mitochondrial function and peripheral nerve structure and function in rodent models of both type 1 and type 2 diabetes (11).
In an effort to identify molecules capable of enhancing peripheral nerve repair, we screened compounds for their ability to enhance neurite outgrowth in adult sensory neurons using the NIH/Juvenile Diabetes Research Foundation (JDRF) Custom Collection (maintained by Micro Source Discovery Systems Inc.). The primary screen utilized sensory neurons derived from DRG of adult rats, with subsequent hits advanced to neurons derived from rat models of type 1 (streptozotocin [STZ]) and type 2 (Zucker diabetic fatty [ZDF]) diabetes. A number of molecules with antimuscarinic properties were identified as promoting neurite outgrowth in this system. Prior work in neurons from Aplysia and Xenopus showed both spontaneous and evoked release of quantal packets of acetylcholine (ACh) from growth cones. ACh modulated Ca²⁺-dependent motility via nicotinic and muscarinic receptors, with nicotinic signaling being positive for growth and muscarinic signaling negative (20, 21). Studies in embryonic sensory neurons have also demonstrated that ACh signaling through muscarinic receptors, and associated mobilization of Ca²⁺ from internal stores, acts as a regulator of growth-cone motility during development (22, 23). In mammals, cell bodies of sensory neurons synthesize and secrete ACh (24), express a peripheral form of choline acetyltransferase (pChAT), exhibit ChAT activity, have low acetylcholinesterase (AChE) activity, and express multiple muscarinic receptors including muscarinic Ach type 1 receptor (M1R) (25–27). Together, these findings support the credibility of an endogenous cholinergic system that tonically suppresses neurite outgrowth in adult mammalian neuronal cells.

The aim of the current study was to determine the mechanism by which antimuscarinic compounds enhance neurite outgrowth and to translate findings into a therapeutic approach that could prevent or reverse peripheral neuropathy in a range of in vitro and in vivo models. Our data introduce selective or specific antimuscarinic drugs as a therapeutic approach for preventing and reversing sensory neuropathy in a variety of disease states of the PNS.

**Results**

Muscarinic antagonists selective or specific for M₁R enhance neurite outgrowth. A preliminary screen (summarized in Supplemental Figures 1 and 2; supplemental material available online with this
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Article; doi:10.1172/JCI88321DS1; and previously described in ref. 28) identified pirenzepine, a selective M₃R antagonist (29), as able to induce a dose-dependent (3 to 100 nM) increase of total neurite outgrowth from neurons derived from normal rats (Figure 1, A and B). This effect was mimicked by 30 nM VU0255035, a structurally dissimilar but also selective M₃R antagonist (30) (Figure 1C).

Figure 2. Overexpression of GFP-M₃R fusion protein inhibits neurite outgrowth. (A) Immunoblot showing expression of GFP-tagged M₃R protein in DRG neurons. M₃R cDNA was cloned in PEGFP-C1 vector and used for transient transfection of DRG neurons using Amaxa Nucleofection reagent. Cells were harvested 24 hours after transfection, and proteins were separated by SDS-PAGE, followed by immunoblotting using anti-GFP and anti-M₃R antibodies. (B) Bright-field (BF) and fluorescence images showing expression of GFP and GFP-M₃R in neurons. Note extensive growth in GFP- vs. GFP-M₃R-overexpressing neuron. (C) Fluorescent and immunostained images showing expression of GFP-tagged M₃R in DRG neurons. Neurons were immunostained for β-tubulin III. Neurons with coexpression of GFP-M₃R and β-tubulin III exhibited reduced neurite outgrowth compared with neurons expressing GFP alone. Scale bars: 100 μm. Colocalization of GFP (green) and β-tubulin III (red) indicated by yellow. (D) Neurons were transfected with GFP or GFP-M₃R plasmids and maintained in vitro for 48 hours and immunostained for β-tubulin III. Total neurite outgrowth is shown as mean ± SEM of n = 51 neurons; open circles indicate individual data points. ****P < 0.0001, Student’s unpaired t test. (E) Cultures overexpressing GFP-M₃R were treated with 100 nM MT7 or 1 μM pirenzepine for 48 hours. Total neurite outgrowth is shown as group median with n = 100 neurons. ****P < 0.0001; ***P < 0.001 vs. control by 1-way ANOVA with Dunnett’s post-hoc test. (F) WT (+/+) or M₃R knockout (M₃R-KO) mouse cultures were maintained for 48 hours in the presence of a low- (LD), medium- (MD), or high-dose (HD) neurotrophic factor cocktail. Total neurite outgrowth is shown as mean ± SEM of n = 8 replicate cultures. *P < 0.05; **P < 0.01, Student’s t test.
Figure 3. M1R blockade augmented mitochondrial function and elevated neurite outgrowth via AMPK/PGC-1α.

(A) DRG cultures from adult M1R-KO mice and WT mice. OCR per 1,000 neurons. Oligo, oligomycin; rot/AA, rotenone plus antimycin A. Arrows indicate time added. (B) Neurons from STZ-induced diabetic mice were maintained overnight and exposed to 100 nM MT7 or vehicle for 1 hour. (A and B) Data are shown as mean ± SEM of n = 4–5 replicate cultures. *P < 0.05 vs. WT or untreated diabetic mice by unpaired Student’s t test. Neurons from diabetic rats were exposed to 100 nM MT7 for various times. Blots for p-AMPK and p-ACC in C and D data normalized to total ERK (T-ERK). Data are shown as mean ± SEM of n = 3 replicate cultures. *P < 0.05; **P < 0.01; ***P < 0.001 vs. time 0 by 1-way ANOVA with Dunnett’s post-hoc test. (E) Reporter assay for PGC-1α in neurons from STZ-diabetic rats exposed to 10 μM VU0255035 or 100 nM MT7 for 1 hour. Data are shown as mean ± SEM of n = 3 replicate cultures. *P < 0.05 vs. untreated cells (red bar) by 1-way ANOVA with Dunnett’s post-hoc test. Normalized to control plasmid, pGL3 (black bar). (F) Reporter activity for PGC-1α in neurons from STZ-diabetic rats exposed to 100 nM MT7 or 0.3 μM CC or in combination for 30 minutes. Untreated is shown as red bar. Data are shown as mean ± SEM of n = 3 replicate cultures. **P < 0.01; ***P < 0.001, 1-way ANOVA with Tukey’s post-hoc test. (G–H) Total neurite outgrowth of neurons from diabetic rats transduced with adenovirus carrying dominant negative mutants of α1 (DN1) or α2 (DN2) subunits of AMPK. (H) Constitutively active α1 subunit of AMPK (Ad-CA-AMPK) expressed. Data are shown as mean ± SEM of n = 3 replicate cultures. (G) ***P < 0.01; ****P < 0.001, 1-way ANOVA with Tukey’s post-hoc test. (H) ***P < 0.05 by Student’s unpaired t test.
Overexpression of M1R inhibits neurite outgrowth. We constructed a plasmid that overexpressed a full-length rat GFP-M1R fusion protein (Figure 2A). Adult sensory neurons transfected with GFP alone (Figure 2, B–D). The bright-field images in Figure 2B show that GFP-expressing neurons exhibited extensive neurite outgrowth and that this was stunted by overexpression of GFP-M1R. Immunocytochemistry confirmed that neurite outgrowth was significantly suppressed in neurons overexpressing GFP-M1R (Figure 2, C and D). Diminished neurite outgrowth by neurons that overexpressed GFP-M1R was partially reversed by the M1R antagonists methonium (20 \mu M) and mecamylamine (50 \mu M) had no effect on neurite outgrowth (Figure 1D). Pirenzepine and VU0255035 are selective M1R antagonists, whereas the only specific antagonist of the M1R is muscarinic toxin 7 (MT7)(33). Concentrations of MT7 as low as 10 nM significantly augmented neurite outgrowth (Figure 1E). The capacity of adult sensory neurons to support cholinergic signaling was confirmed using fluo-4 loading and fluorescence video microscopy. Application of 50 \mu M muscarine caused an acute and transient increase of intracellular Ca^{2+} levels that was inhibited by prior exposure (2 minutes) to 1.0 \mu M pirenzepine or 0.1 \mu M atropine, a nonspecific antimuscarinic (Figure 1, F–H).

Figure 4. M1R antagonism prevents and reverses diabetic sensory neuropathy. (A) Thermal response latency and paw skin IENF density in female C57BL/6 (Ctrl, control) and STZ-diabetic mice ± pirenzepine (0.1–10 mg/kg/d s.c.) after 4 weeks of diabetes. Data are shown as mean ± SEM of n = 11–12. *P < 0.05; ****P < 0.0001 vs. control by 1-way ANOVA with Dunnett’s post-hoc test. (B) Thermal response latency and paw skin IENF density in WT and M1R-KO mice after 6 weeks (thermal response) or 12 weeks (IENF) of STZ-induced diabetes. Data are shown as mean ± SEM of n = 3–7. **P < 0.01; ***P < 0.001 vs. WT by 1-way ANOVA with Dunnett’s post-hoc test. (C) Thermal response latency in Swiss Webster, STZ-diabetic, and STZ-diabetic mice with pirenzepine (10 mg/kg/day s.c.) from 14 weeks. Data are shown as mean ± SEM of n = 8–10. ***P < 0.001 vs. control by repeated-measures 2-way ANOVA and Dunnett’s post-hoc test. (D) Thermal response latency in female C57BL/6 mice, STZ-diabetic mice, and STZ-diabetic mice with pirenzepine (10 mg/kg/d s.c.) up to 8 weeks, when treatment was withdrawn. Data are shown as mean ± SEM of n = 3–7. **P < 0.01 vs. control by repeated-measures 2-way ANOVA and Dunnett’s post-hoc test. Groups as indicated by key in C. (E) Paw IENF density in mice where thermal response latency shown in C (14 weeks and 21 weeks of diabetes) and D (8 weeks and 17 weeks of diabetes), normalized to IENF of control mice at same time. The mean ± SEM of control mice at each time point defined lower limit of control group range, and mean ± SEM of STZ-diabetic mice at each time point defined upper limit of diabetic group range. Data are shown as mean ± SEM of n = 8–10. ***P < 0.001 vs. start or cessation of treatment in same cohort by unpaired t test. (F) Paw thermal response latency in male C57BL/6 mice, db/db mice, and C57BL/6 or db/db mice with pirenzepine (10 mg/kg/d s.c.) from 12 weeks onwards. Data are shown as mean ± SEM of n = 9–10. ***P < 0.001 vs. db/db by repeated-measures 2-way ANOVA and Dunnett’s post-hoc test.
Muscarinic receptor blockade enhances mitochondrial function. Neuronal growth cones require optimal mitochondrial function to produce ATP for axon growth/plasticity, and sensory axons exhibit a high density of condensed organelles reflective of high ATP demand (5, 8, 34). Given the constraint on neurite outgrowth imposed by ACh, we investigated whether manipulation of cholinergic systems operating in peripheral sensory neurons altered mitochondrial regulatory pathways. We first measured the oxygen consumption rate (OCR) of isolated adult sensory neurons to determine whether M1R inhibition directly affects neuronal respiration. Neurons derived from M1R-KO mice exhibited enhanced spare respiratory capacity compared with those from WT mice without any concurrent change in basal respiration, coupling efficiency, or respiratory control ratio (Figure 3A and Supplemental Figure 4A). This suggests that ongoing cholinergic signaling via the M1R constrains mitochondrial maximal respiratory capacity, which will restrict mitochondrial ATP generation under conditions of high demand.

Neurons derived from STZ-induced diabetic rodents exhibited oxidative stress, reduced spare respiratory capacity, and when dissociated and placed in culture, impaired neurite outgrowth (4, 11, 35). Spare respiratory capacity was increased in these neurons by the M1R antagonists MT7 (100 nM, in STZ-mouse DRG culture) (Figure 3B and Supplemental Figure 4B), VU0255035 (10 μM, in STZ-rat DRG culture), or pirenzepine (1 μM, in STZ-mouse DRG culture) (Supplemental Figure 4D). Note that in all studies of neurons derived from STZ-induced diabetic rodents, the basal rate of respiration was not significantly different from that of age-matched controls. This confirms previous work from our laboratory and others (11, 36–38). Neurons derived from STZ-diabetic mice also exhibited enhanced neurite outgrowth when exposed to pirenzepine (1 μM) or MT7 (100 nM) (Supplemental Figure 4C), further illustrating the potential of antagonizing endogenous muscarinic receptor activity to overcome a disease phenotype.

M1R-selective antagonists activate the AMPK pathway to drive neurite outgrowth. A key pathway that senses cellular energy demands and modulates mitochondrial function is the AMPK and PGC-1α signaling axis (39). Exposure of sensory neurons derived from STZ-induced diabetic rats to 100 nM MT7 or 10 μM VU0255035 enhanced activation (phosphorylation) of AMPK and its endogenous substrate, acetyl-CoA carboxylase (ACC) (Figure 3, C and D, and Supplemental Figure 4E). MT7, VU0255035, and pirenzepine also augmented luciferase reporter activity for PGC-1α, a downstream target of AMPK, when added to neurons derived from STZ-diabetic rats (Figure 3E and
M1R antagonism prevents and reverses indices of diabetic neuropathy in mice. Mitochondrial dysfunction is linked to the onset of diabetic peripheral neuropathy (2–4). We therefore tested the therapeutic potential of antagonizing muscarinic receptor–mediated suppression of mitochondrial function in diabetic mice, a model that reflects human diabetic neuropathy by developing loss of terminal regions of small sensory fibers and loss of sensorimotor function (40). We focused on pirenzepine as the test agent due to its well-characterized pharmacokinetics/dynamics, limited penetration of the blood-brain barrier, and history of safe clinical use for other indications (41). Pirenzepine did not alter disease severity, as body weight, plasma glucose, and HbA1c were unchanged (Supplemental Figure 6B). Analysis of expression of the M1R in the DRG of C57BL/6 mice with STZ-induced diabetes revealed no significant change in mRNA expression (Supplemental Figure 5).

Adult C57BL/6 mice with STZ-induced type 1 diabetes developed significant loss of thermal sensation and IENF depletion, which also corrected loss of thermal sensation and IENF density when compared with WT mice (Figure 4B). Induction of diabetes in WT mice caused paw thermal hypoalgesia and depletion of IENF, whereas induction of diabetes in mice lacking the M1R was without effect on these parameters (Figure 4B). Importantly for potential clinical translation, the therapeutic capacity of pirenzepine extended to reversal of established neuropathy in mouse models of type 1 (STZ) and type 2 (db/db) diabetes (Figure 4C, E, and F). Moreover, efficacy persisted for 5 to 9 weeks after cessation of treatment (Figure 4, D and E). The efficacy of pirenzepine was replicated by VU0255035, which also corrected loss of thermal sensation and IENF depletion without affecting disease severity in a mouse model of type 1 diabetes (Supplemental Figure 6B).

Pirenzepine-dependent recovery from diabetic neuropathy was associated with correction of mitochondrial dysfunction. Concurrent protection of mitochondria was confirmed by assays performed on sensory ganglia derived from diabetic rodents. Diabetes-induced defects in AMPK/PGC-1α, mitochondrial complex protein expression, and OCR were absent in pirenzepine-treated models of type 1 and type 2 diabetes (Figure 5, A and B, and Supplemental Figure 6, C–E). Furthermore, pirenzepine corrected the depression of respiratory chain complex I and IV activities in DRG obtained from
M1R antagonists are neuroprotective in models of CIPN. (A) Paw thermal response latency (left panel) and IENF profiles (right panel) in female Swiss Webster mice (C), DCA-exposed mice (DCA), and DCA-exposed mice treated with pirenzepine (10 mg/kg/d s.c. last given 24 hours before assay) for 8 weeks during DCA exposure (DCA+PZ). (B) Paw withdrawal threshold (left panel) and thermal response latency (right panel) in female Swiss Webster mice (C), paclitaxel-exposed mice (PX), and paclitaxel-exposed mice treated with pirenzepine (10 mg/kg/d s.c. for 4 weeks following the last paclitaxel exposure and last given 24 hours before assay; PX+PZ). Data in A-B are shown as group mean ± SEM of n = 9–12/group. *P < 0.05; **P < 0.01; ****P < 0.0001 vs. control by 1-way ANOVA with Dunnett’s post-hoc test. Neurite outgrowth during DCA exposure (DCA+PZ). (C) Paw withdrawal threshold (left panel) and thermal response latency (right panel) in female Swiss Webster mice (C), DCA-exposed mice (DCA), and DCA-exposed mice treated with pirenzepine (10 mg/kg/d s.c. last given 24 hours before assay; PX+PZ). Data in A-B are shown as group mean ± SEM of n = 9–12/group. *P < 0.05; **P < 0.01; ****P < 0.0001 vs. control by 1-way ANOVA with Dunnett’s post-hoc test. Neurite outgrowth during DCA exposure (DCA+PZ). (D) *P < 0.05 vs. oxaliplatin alone by 1-way ANOVA with Dunnett’s post-hoc test.

The ability of M1R antagonism to prevent loss of thermal sensation and IENF in mice extended to other indices of neuropathy measured in other species. Reduced large-fiber sensory nerve-conduction velocity (NCV) and increased sensitivity to light touch (Figure 6A) in female STZ-diabetic rats and progressive large-fiber motor nerve-conduction velocity (MNCV) slowing in male STZ-diabetic rats (Figure 6B) were prevented by pirenzepine without affecting disease severity (Supplemental Table 2). These findings demonstrate that efficacy of treatment with this M1R antagonist was not species, fiber type, or sex specific. Pirenzepine did not act as an acute antinociceptive agent or general sedative, as a single dose to otherwise untreated STZ-diabetic rats did not affect paw tactile responses (Supplemental Figure 7A) or motor function (Supplemental Figure 7B). However, pirenzepine treatment suppressed primary afferent-driven phase 1 activity during the paw formalin test in STZ-diabetic rats without altering the increased paw flinching during phase 2 (Figure 6C). As pirenzepine has poor CNS penetration (42), a peripheral mode of action against phase 1 activity in the formalin test may be suspected.

M1R antagonists are neuroprotective in models of chemotherapy- and HIV-induced peripheral neuropathy. The neuroprotective effects of pirenzepine were not restricted to diabetic neuropathy. Dichloracetic acid (DCA) is a compound under investigation as a cancer treatment that causes dose-dependent peripheral neuropathy (43). The paw thermal hypalgesia and loss of IENF that are indicative of degenerative neuropathy in mice following chronic exposure to DCA were prevented by pirenzepine (Figure 7A). Paw tactile allodynia and thermal hyperalgesia, indicative of painful neuropathy in mice exposed to the chemotherapeutic agent paclitaxel, were also prevented by treatment with pirenzepine (Figure 7B). To confirm that pirenzepine can have direct protective effects on peripheral neurons undergoing stress from exposure to chemotherapeutic agents, we isolated neurons from the DRG of normal rats and measured subsequent neurite outgrowth during exposure to the chemotherapeutic agent paclitaxel (0.3 μM) or oxaliplatin (3.0 μM). Reduced total neurite outgrowth induced by these agents was prevented by exposure to 1 to 10 μM pirenzepine (Figure 7C and D). To extend our investigations to a model of HIV-associated neuropathy, we exposed adult DRG neurons in culture to the HIV envelope protein gp120, which causes direct axonal damage (44). The reduced neurite outgrowth from gp120-exposed DRG neurons was prevented by 1 μM pirenzepine (Figure 8A). Delivery of gp120 to the eye of normal mice daily for 5 weeks induced reduced nerve density in the corneal subbasal nerve plexus, as detected using noninvasive corneal confocal microscopy (Figure 8, B–E). Loss of corneal nerves was both prevented and reversed by concurrent topical application of the specific M1R antagonist MT7 (Figure 8F).

Discussion
We have discovered that adult peripheral sensory neurons maintained in vitro exhibit ongoing cholinergic constraint of mitochondrial function and neurite outgrowth. The signal transduction pathway linking M1R receptor activity to modulation of the AMPK/PGC-1α axis and mitochondrial function in neurons can be antagonized, and blocking this pathway may contribute to our observations of neuroprotection and recovery from injury promoted by M1R antagonists in models of metabolic-, chemical-, and HIV-related peripheral neuropathy.
There are 5 distinct subtypes of muscarinic receptor (M_{1-5}R) that are divided into 2 classes according to their G protein-coupling preference (45). The M_{3}, M_{4}, and M_{5} subtypes couple to the G_{q}/G_{11} G proteins, whereas the M_{2} and M_{4} subtypes link to Gi/Go G proteins (45). While we cannot entirely exclude a contribution by other subtypes of this class when interpreting data using selective M_{1}R antagonists, our data using M_{1}R-deficient mice, overexpression of GFP-M_{1}R, and the M_{1}R-specific antagonist MT7 indicate that this receptor subtype mediates cholinergic constraint of the AMPK/PGC-1α axis, mitochondrial function, and neurite outgrowth. A role for endogenous ACh in regulating this pathway is supported by our measurement of secreted ACh detected in the culture medium, approximately 16 nmoles/ml (16 μM), which far exceeds estimations of the ACh K_{s} of 0.2–0.4 nM for the M_{1}R taken from studies with rat brain neurons (46, 47). These data also correspond well with extracellular levels of ACh in the range of 0.1 to 0.6 nM detected using microdialysis in human and rat skin (48, 49). Thus, it is feasible that endogenously released ACh could act on M_{1}R at nerve endings in the skin. In vitro work in the current study (Supplemental Figure 3, C–E) and in vivo studies in adult rat utilizing immunohistochemistry for the peripheral form of ChAT reveal that the protein is present in the cell body, axon, and nerve endings in the skin (25, 48). Furthermore, compartmented cultures using Campenot chambers of embryonic chick sensory neurons demonstrated secretion of ACh within the cell body compartment and also within the distal axonal compartment (49), emphasizing that ACh could be derived from sites along the whole sensory neuron axis.

The best-characterized role of M_{1}R in the PNS is in sympathetic neurons, where it mediates the M current (50). Acute ACh activation of M_{1}R stimulates phospholipase C β (PLCβ) and triggers generation of inositol triphosphate, which induces endoplasmic reticulum Ca^{2+} release. Downstream Ca^{2+}-dependent pathways drive closing of K_{7} channels, and the outcome is an enhanced propensity for depolarization of the plasma membrane. Sensory neurons also express K_{7} channels and exhibit the M current, but an initiating role of M_{1}R in this pathway has not been confirmed (51). Upon axotomy, sensory neurons exhibit spontaneous electrical activity that consumes extensive ATP. Given our findings that M_{1}R antagonism of axotomized adult sensory neurons in culture enhances neurite outgrowth, we speculate that blockade of the M current would reduce likelihood of depolarization, thus preserving ATP to support actin-treadmilling in the growth cone and enhancing axon outgrowth (5).

Sensory neuron culture data presented in Supplemental Figure 8 indicate that the antimuscarinic drug-driven activation of AMPK is mediated by Ca^{2+}/calmodulin-dependent protein kinase β (CaMKKβ), a well-characterized upstream kinase that phosphorylates AMPK in an AMP-independent manner (52). In cultured sensory neurons, lipid nanoparticle-mediated siRNA knockdown of CaMKKβ caused reduced phosphorylation of AMPK (Supplemental Figure 8C) and a shift in isoelectric focusing to more positively charged, presumably less phosphorylated, AMPK isoforms (Supplemental Figure 8D). In nonneuronal transformed cells coexpressing Halo-CaMKKK and M_{1}R or Halo-AMPKα2 and M_{1}R, subsequent treatment with pirenzepine altered the charged state of CaMKKK isoforms (Supplemental Figure 8E) and phosphorylation state of AMPK α2 isoforms (Supplemental Figure 8F), indicative of direct modulation via M_{1}R (no effect was seen in the absence of M_{1}R coexpression). Finally, in cultured sensory neurons, the MT7-induced phosphorylation of AMPK was blocked by the
CaMKK inhibitor STO-609 (Supplemental Figure 8, G and H). The in vitro activation of AMPK in response to MT7 or VU0255035 developed slowly over 60 minutes (Figure 3, C and D, and Supplemental Figure 4E). Fluo-4 live imaging indicated that this activation of AMPK was associated with a rise in intracellular Ca\(^{2+}\) concentration in neurites over a 37.5-minute time period (Supplemental Figure 9). This observation seems counterintuitive, since, as shown in Figure 1, F–H, pirenzepine blocks the acute Ca\(^{2+}\) transient following muscarinic treatment. However, this longer-term effect of M\(_R\) blockade, of as-yet-unknown genesis, that is driving elevation of intracellular Ca\(^{2+}\) concentration in axons could mediate activation of CaMKK\(\beta\) and subsequently AMPK. AMPK activity maintains optimal mitochondrial function under high ATP demand, and this pathway is critical for axonal plasticity and growth-cone motility (5, 14–16). For example, the specific complex I inhibitor rotenone lowered intraneuritic ATP concentration and diminished neurite outgrowth in mouse adult sensory neurons (53) and embryonic rat neurons (54). Rotenone similarly blocked neurite outgrowth in adult sensory neurons, without concomitant cell death (P. Fernyhough, unpublished observations). In vivo, axotomy of adult sensory neurons causes mitochondrial depolarization and ATP depletion, and subsequent genetically mediated enhancement of mitochondrial trafficking elevates rates of nerve regeneration in response to a sciatric nerve crush (55). The pathogenic mechanisms that depress AMPK activity in peripheral neuropathies caused by diabetes (4) and paclitaxel (P. Fernyhough, unpublished observations) remain unclear. In nonneuronal cells from animal and human tissues, high extracellular glucose concentration drives down AMPK activity via nutrient stress (13). This inhibition of AMPK activity, and subsequently mitochondrial respiration, is mediated by a fall in the AMP/ATP ratio, so that high intracellular glucose concentration funnels through glycolysis to generate ATP and obviates a requirement for extensive mitochondrial-dependent ATP production (56). An attractive feature of the M\(_R\)-mediated activation of AMPK is that it likely occurs through an AMP-independent pathway, such as CaMKK\(\beta\). Alternatively, it is possible that AMPK activation in response to M\(_R\) blockade is a consequence of neurite outgrowth-driven diminishment of local ATP supplies and a subsequent rise in the AMP/ATP ratio. Nevertheless, we have identified a therapeutic approach that may release mitochondrial respiration and neuronal plasticity from tonic cholinergic constraint and offers an alternative approach to neuroprotection and regeneration following acute stress or ongoing metabolic injury.

Antimuscarinic drugs were effective in several aspects of peripheral neuropathy. The ability of pirenzepine to reverse loss of IENF profiles in type 1 diabetes is the first experimental evidence, to our knowledge, showing reversal of this clinically significant end point. Previous studies have focused on prevention of IENF loss, for example, when studying protective effects of neurotrophin treatment in STZ-induced diabetic mice (57, 58). M\(_R\)-KO mice were also protected from diabetic neuropathy, revealing a primary role for M\(_R\) in driving neuroprotection (Figure 4B). However, these findings require cautious interpretation. We found no evidence for diabetes altering the endogenous muscarinic receptor signaling pathway. Previous work revealed no change in ChAT activity in the sciatic nerve of db/db mice (59), and in the current study, mRNA levels for the M\(_R\) in the DRG were not affected by STZ-induced diabetes (Supplemental Figure 5). Further studies are required to determine whether endogenous GPCR activity was altered by diabetes. Nonneuronal cells such as keratinocytes also express M\(_R\) so that systemic delivery of M\(_R\) antagonists or loss of M\(_R\) in the M\(_R\)-KO mice may impart neuroprotective and regenerative effects via alternative and/or additional pathways. Keratinocytes exhibit a rich cholinergic phenotype with expression of a range of muscarinic and nicotinic components, including M\(_R\), ChAT, and AChE (60). It has been reported that, during development, keratinocytes produce a cholinergic barrier to penetration of the superficial layers of the epidermis by the plastic peripheral terminals of epidermal sensory neurons (60). Thus, in our studies using systemically delivered M\(_R\) antagonists in animals, these agents could also operate via blockade of M\(_R\) activity in keratinocytes or by disruption of the keratinocyte cholinergic barrier. Blockade of M\(_R\) signaling in satellite cells within the DRG, which then affects neighboring neurons, also cannot be excluded. However, M\(_R\) expression has not yet been demonstrated in satellite cells, and a study utilizing electron microscopy combined with autoradiography in rat superior cervical ganglia found specific binding of a muscarinic agonist to the M\(_R\) in neuronal somata and dendrites and not satellite cells (61). Given the possible range of off-target effects of the antimuscarinic drugs, it was promising that, from a therapeutic standpoint, no side effects were observed. Moreover, none of the drugs in the long term (3- to 4-month treatment protocols) affected the diabetic state, thereby excluding acute or long-term modulation of pancreatic function (Supplemental Tables 1 and 2). Noninvasive and iterative echocardiogram studies in STZ-induced diabetic mice have also been unable to demonstrate alterations in cardiac structure or function (data not shown).

Although the manifestations of peripheral neuropathy can vary between patients with any of the diseases modeled in our studies, there is a growing appreciation that mitochondrial dysfunction contributes to many types of neuropathy by promoting retraction or loss of peripheral sensory terminals and sensory loss (2–4). Sensory neurons exhibit a condensed mitochondrial network, and this is particularly apparent in unmyelinated neurons that require very high rates of ATP production to maintain electrical activity along the whole length of the axon due to the absence of nodes of Ranvier to mediate saltatory conduction (8, 34). In human skin biopsies, loss of mitochondrial content in IENF of patients with early signs of neuropathy has been documented (62). Our in vivo studies with pirenzepine-treated type 1 and type 2 diabetic rodents indicate that nerve protection and/or repair occurred in association with correction of deactivation of AMPK and of multiple indices of mitochondrial dysfunction in the DRG (Figure 5, A–C, and Supplemental Figure 6, C–E). Other factors that augment mitochondrial function, such as ciliary neurotrophic factor and C-terminal inhibitors of heat shock protein 90, also correct neuropathy in diabetic rodents (37, 38). The blockade of muscarinic receptor–mediated inhibition of mitochondrial activity using antimuscarinic drugs may not represent a specific intervention against any one primary pathogenic mechanism and potentially allows broad therapeutic application to all conditions that show diminished energy capacity under stress. Moreover, diminished AMPK activity and mitochondrial complex expression and activity are not unique to the nervous system in diabetes, and
similar deficits have been reported in mesangial cells of the kidney in diabetic nephropathy (63). Interestingly, a recent drug screen for factors enhancing myelination in models of multiple sclerosis also identified broad spectrum antimuscarinics as potential therapeutics (64). While the animal models of peripheral neuropathy that we studied do not exhibit overt demyelination, it is a feature of the equivalent human diseases that may also be amenable to antimuscarinic therapy.

Peripheral neuropathy is a major, and largely untreated, cause of human morbidity, with huge associated health care costs (65). One particularly encouraging implication of our identification of the endogenous M_{1}R-mediated suppression of sensory neuron metabolism is that drugs that modulate this process are already in widespread clinical use for other indications. Moreover, the safety profile of antimuscarinic drugs is well characterized, with over 20 years of clinical application for a variety of indications in Europe and the safe use of topical pirenzepine applied to the eye to treat myopia in children (41). The therapeutic application of M_{1}R antagonists suggested by our studies could potentially translate relatively rapidly to clinical use. Nerve conduction slowing is commonly used as an efficacy end point in clinical trials, and this disorder was prevented in diabetic rodents by pirenzepine therapy. Most studies of antimuscarinic drugs have been validated to be directly related to an arborizing form of axonal plasticity and homologous to collateral sprouting in vivo (73).

**Methods**

**Culture of adult sensory neurons from rats and mice.** DRGs from adult male rats or mice (from Central Animal Care, University of Manitoba) were dissociated using previously described methods (37, 69, 70). Centrifugation through a 15% BSA column was used to enrich for neurons, as described (71). This procedure removed the vast majority of fibroblasts and Schwann cells; however, a small number of satellite cells approximating 5% to 10% of the final culture remained (mostly directly associated with large sensory neurons). Neurons were cultured in defined Hams F12 media in the presence of modified Bottenstein’s N2 supplement without insulin (0.1 mg/ml transferrin, 20 nM progesterone, 100 μM putrescine, 30 nM sodium selenite, 0.1 mg/ml BSA; all additives were from Sigma-Aldrich; culture medium was from Life Technologies). In all experiments, the media was also supplemented with a low-dose cocktail of neurotrophic factors (0.1 ng/ml NGF, 1.0 ng/ml GDNF, and 0.1 ng/ml NT-3; all from Promega). The growth factor treatment attempted to mimic the levels of neurotrophic support experienced in vivo by sensory neurons (see Supplemental Figure 1 for rationale). As shown in Figure 2F and Supplemental Figure 1, we also used a medium-dose cocktail (0.3 ng/ml NGF, 5 ng/ml GDNF, 1 ng/ml NT-3, and 0.1 nM insulin) or a high-dose cocktail (1 ng/ml NGF, 10 ng/ml GDNF, 10 ng/ml NT-3, and 1 nM insulin). Age-matched control neurons were cultured in the presence of 10 mM D-glucose and 0.1 nM insulin and diabetic neurons with 25 mM D-glucose and zero insulin. MT7 was purchased from Alomone Labs.

**Assessment of total neurite outgrowth.** Rat or mouse neurons grown on glass coverslips were fixed with 2% paraformaldehyde in PBS (pH 7.4) for 15 minutes at room temperature and permeabilized with 0.3% Triton X-100 in PBS for 5 minutes. Cells were then incubated in blocking buffer (Roche) diluted with FBS and 1.0 mM PBS (1:1:3) for 1 hour, then rinsed 3 times with PBS. The primary antibody used was against β-tubulin isotype III (cat. T8578; 1:1000), which is neuron specific (Sigma Aldrich). Plates were incubated at 4°C overnight. The following day, the coverslips were incubated with CY3-conjugated secondary antibodies (Jackson ImmunoResearch Laboratories) for 1 hour at room temperature and then mounted and imaged using a Carl Zeiss AxioScope-2 fluorescence microscope equipped with an AxioCam camera. Random images were captured using AxioVision4.8 software. Alternatively, in neurons transfected with GFP-expressing vectors, random images of the GFP signal were captured. Quantification of total neurite outgrowth was performed by measuring the mean pixel area of captured images using ImageJ software (NIH) adjusted for the cell body signal. All values were adjusted for neuronal number (38, 72). In this culture system, the level of total neurite outgrowth has been validated to be directly related to an arborizing form of axonal plasticity and homologous to collateral sprouting in vivo (73).

**Cloning and expression of M1R.** The full-length cDNA of M_{1}R was amplified using the forward and reverse primers (ATGAAACACTCTGAGGAGGGGGTG, respectively) from total RNA extracted from C57BL/J mouse brain tissue. The M1R-cDNA was subsequently cloned in pEGFP-C1 vector (Promega) at the Xho1 and SacII restriction sites. The pEGFP-M_{1}R plasmid was transfected into adult primary rat DRG neurons using Amaxa Rat Neuron Nucleofection Reagent (VPG-01003) and cultured as described above. The neurons were harvested 48 hours after transfection, and cell lysates were prepared for Western blot, or neurons were fixed in 2% paraformaldehyde. Western blot was immunoblotted using antibodies to GFP (ab-290, Abcam) and M_{1}R (AMR-001, Alomone Labs) to detect M_{1}R-GFP fusion protein.

**Measurement of mitochondrial respiration in DRG neurons from mice and rats.** An XF24 Analyzer (Seahorse Biosciences) was used to measure neuronal bioenergetic function. The XF24 creates a transient 7-mL, and rats. An XF24 Analyzer (Seahorse Biosciences) was used to measure neuronal bioenergetic function. The XF24 creates a transient 7-mL chamber in specialized 24-well microplates that allows for OCR to be monitored in real time. Culture medium was changed 1 hour before the assay to unbuffered DMEM (pH 7.4) supplemented with 1 mM pyruvate and 10 mM D-glucose. Neuron density in the range of 2,500-5,000 cells per well gave linear OCR. Oligomycin (1 μM), carbonyl cyanide-p-trifluoromethoxyphenyl hydrazine (FCCP) (range of 0.1 to 1.0 μM), and rotenone (1 μM) plus antymycin A (1 μM) was inject-
ed sequentially through ports in the Seahorse Flux Pak cartridges. Each loop was started with mixing for 3 minutes, then delayed for 2 minutes and OCR measured for 3 minutes. This allowed determination of the basal level of oxygen consumption, the amount of oxygen consumption linked to ATP production, the level of non-ATP-linked oxygen consumption (proton leak), the maximal respiration capacity, and the nonmitochondrial oxygen consumption (74, 75). Oligomycin inhibits the ATP synthase, leading to a build-up of the proton gradient that inhibits electron flux and reveals the state of coupling efficiency. Uncoupling of the respiratory chain by FCCP injection reveals the maximal capacity to reduce oxygen. Finally, rotenone plus antimycin A was injected to inhibit the flux of electrons through complexes I and III, and thus no oxygen was further consumed at cytochrome c oxidase. The remaining OCR determined after this intervention is primarily nonmitochondrial. Following OCR measurement, the cells were immediately fixed and double-stained for β-tubulin III and activating transcription factor 3 (ATF3), which specifically labels nuclei of axotomized sensory neurons. The plates were then inserted into a Cellomics Arrayscan–VTI HCS Reader (Thermo Scientific) equipped with Cellomics Arrayscan–VTI software to determine total neuronal number in each well. Data are expressed as OCR in pmol/min for 1,000 cells. For mitochondria isolated from rat DRG, oxygen consumption was determined at 37°C using the OROBOROS Oxygen-2K (OROBOROS Instruments GmbH) (76). Isolated mitochondria from lumbar DRG were resuspended in KCl medium (80 mM KCl, 10 mM Tris-HCl, 3 mM MgCl₂, 1 mM EDTA, 3 mM potassium phosphate, pH 7.4). Various substrates and inhibitors for mitochondrial respiratory chain complexes were used as described in Supplemental Figure 6, D and E. OROBOROS DatLab software was used to calculate the OCRs and for the graphic presentation of experimental data.

**Protein expression in DRG.** DRG homogenate or lysate from DRG cell culture (7.5–10.0 μg) was resolved on a 10% SDS-PAGE gel (8% for phosphorylated acetyl coenzyme A carboxylase [P-ACC]) and electroblotted onto nitrocellulose membrane. Blots were then blocked in 5% nonfat milk containing 0.05% Tween-20, rinsed in TBS then PBS for phosphorylated acetyl coenzyme A carboxylase (Thr172, p-ACC; cat. SC9352; 1:1000, Santa Cruz Biotechnology Inc.; Cell Signaling Technology), total AMPK (T-AMPK; cat. SC25792; 1:500, Santa Cruz Biotechnology Inc.), PGC-1α (cat SC3067; 1:500, Santa Cruz Biotechnology Inc.), p-ACC (cat. ab31931; 1:2000, Abcam), CaMKKβ (cat. SC100364; 1:1000, Santa Cruz Biotechnology Inc.), CaMKKα (cat. SC17827 [F-2]; 1:1000, Santa Cruz Biotechnology Inc.), cytochrome c oxidase subunit 4 (COX IV; cat. MS407; 1:1000, Mitosciences), and NADH dehydrogenase (ubiquinone) iron-sulfur protein 3 (NDUFS3; cat. MS110; 1:1000, Mitosciences). Total extracellular regulated protein kinase (T-ERK; cat. SC93 [C-16]; 1:2000, Santa Cruz Biotechnology Inc.) was probed as a loading control (previous studies have shown that the expression of this protein does not change in intact DRG or cultures from diabetic rats). The blots were rinsed, incubated in Western blotting Luminol Reagent (Santa Cruz Biotechnology Inc.), Bio-Rad Clarity Western ECL substrate, or Bio-Rad Clarity Western ECL Advance (GE Healthcare) and imaged using a Bio-Rad or Fluor-S (Molecular Devices). 20 μl of each sample was loaded in a 96-well plate and was mixed with 100 μl of Luciferase Assay Reagent II, and firefly luciferase activity was first recorded. Then, 100 μl of Stop-and-Glo Reagent (Promega) was added, and Renilla luciferase activity was measured. All values were adjusted to Renilla luciferase activity and normalized to control plasmid pGL3 levels. CC, a specific inhibitor of AMPK (77), was obtained from Abcam.

**Viral transduction of AMPK mutants in cultured sensory neurons.** Adult sensory neurons from control or diabetic rats maintained in the presence of a low-dose cocktail of neurotrophic factors were infected with adenovirus carrying dominant negative mutants of AMPKα1 or AMPKα2 subunits (DN1 or DN2) or constitutively active AMPK (ad-AMPK-CA), respectively. The ad-AMPK-CA and dominant negative adenoviral constructs were delivered at 20 PFU/cell, and the control adenoviral construct was delivered at 10 PFU/cell. Cultures were allowed to attach/grow for 1 day and were incubated with adenovirus for 3 hours, and the media was changed. Neurite outgrowth was determined in GFP-positive neurons 48 hours after infection. The constructs were gifts from Jason Dyck (University of Alberta, Edmonton, Alberta, Canada) (78).

**Respiratory complex activities in mouse DRG.** Measurements of enzymatic activities of respiratory complexes from mouse DRG homogenates were performed using a temperature-controlled Ultra-spec 2100 UV-visible spectrophotometer equipped with Biochrom Swift II software (Biopharmacia Biotech) as previously described (11).

**Animals.** Studies were performed in Sprague-Dawley rats (Harlan) and Swiss Webster, C57BL/6 (stock 000664), C57BLKS (stock 000662), and BKS.Cg-Dock7m+/+Leprdb/J (stock 000642: commonly called db/db) mice (all Jackson Laboratories) or M, knockout mice on a C57BL/6 background (line 1784; Taconic Biosciences Inc.) (79). In all but the spontaneously diabetic db/db mice, type I diabetes was induced by injection of STZ (from Sigma-Aldrich) in 0.9% saline after overnight fast at a single dose of 50–60 mg/kg for female rats, 75 mg/kg for male rats, or 90–100 mg/kg on 2 consecutive days for mice. Blood glucose levels were confirmed 4 to 7 days later in samples obtained by tail prick and measured using a strip-operated reflectance meter (One Touch Ultra, LifeScan Inc.). Persistence of diabetic status was confirmed at the end of each study (see Supplemental Tables 1 and 2) by record-}

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**Luciferase reporter constructs for PGC-1α and cell transfection.** Reporter plasmids with the PGC-1α promoter upstream from luciferase were donated by Michael Czubryt (University of Manitoba). Rat DRG cells (30 × 10⁶) were transfected in triplicate with 1.8 μg of PGC-1α Luc-promoter plasmid DNA and 0.2 μg of pCMV-Renilla (Promega) using the Amaxa Nucleofector Electroporation Kit for low numbers of cells according to the manufacturer’s instructions (ESBE Scientific). Cells were lysed using passive lysis buffer provided with the Dual-Luciferase Reporter Assay System (Promega). Luciferase activity was measured using a luminometer (model LMAXII; Molecular Devices). 20 μl of each sample was loaded in a 96-well plate and was mixed with 100 μl of Luciferase Assay Reagent II, and firefly luciferase activity was first recorded. Then, 100 μl of Stop-and-Glo Reagent (Promega) was added, and Renilla luciferase activity was measured. All values were adjusted to Renilla luciferase activity and normalized to control plasmid pGL3 levels. CC, a specific inhibitor of AMPK (77), was obtained from Abcam.

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mg/kg i.p. 5 times weekly. MT7 (product M-200, Alomone Labs) was given as eye drops (20 μl of 25 ng/ml solution in 0.1 M sodium phosphate buffer) either once daily from the onset of gp120 exposure or 3 times daily starting after 5 weeks of gp120 exposure.

Behavioral tests. Hind-paw withdrawal responses to von Frey filaments (50% paw withdrawal threshold in gram of force applied) and radiant heat (latency to withdrawal in seconds) and also paw flinching following injection of 50 μl 0.5% formalin were measured in conscious unrestrained animals (82, 83).

Electrophysiology. Electrophysiological parameters were determined as previously described in multiple papers (84, 85). Animals were anesthetized with isoflurane and stimulating electrodes placed at the sciatic notch and Achilles tendon of the left hind limb, with recording electrodes placed in the interosseus muscles of the ipsilateral foot. Nerve temperature was maintained at 37°C and the nerve stimulated by single-square wave pulses applied first to the notch and then the tendon. Peak-peak latency of the resulting M or H waves was used to derive MNCV and sciatic sensory nerve-conduction velocity (SNCV), respectively, using the distance between stimulating electrodes. NCV was measured in triplicate and the median used to represent NCV of the animal.

IENF quantification. The plantar dermis and epidermis of the hind paw was removed and added to 4% paraformaldehyde. Tissue was processed to paraffin blocks, cut as 6-μm sections, and immunostained using an antibody to PGP 9.5 (cat. 7863-0504; 1:1000, AbD Serotec); the processed to paraffin blocks, cut as 6-μm sections, and immunostained using an antibody to PGP 9.5 (cat. 7863-0504; 1:1000, AbD Serotec); the nude mouse and supply.

Neuron and supply.

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53. Smith AG, Ramachandran F, Tripp S, Singleton


