Reduction of radiation-induced gastrointestinal toxicity—the role of the PHD/HIF axis

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Radiotherapy is an effective treatment strategy for cancer, but a significant proportion of patients experience radiation-induced toxicity due to damage to normal tissue in the irradiation field. The use of chemical or biological approaches aimed at reducing or preventing normal tissue toxicity induced by radiotherapy is a long-held goal. Hypoxia-inducible factors (HIFs) regulate the production of factors that may protect several cellular compartments affected by radiation-induced toxicity. Pharmacological inhibitors of prolyl hydroxylase domain–containing enzymes (PHDs), which result in stabilization of HIFs, have recently been proposed as a new class of radioprotectors. In this review, radiation-induced toxicity in the gastrointestinal (GI) tract and the main cellular compartments studied in this context will be discussed. The effects of PHD inhibition on GI radioprotection will be described in detail.

Introduction

Approximately half of cancer patients will receive radiotherapy with either curative or palliative intent (1). Despite recent advances in radiotherapy treatment planning, normal tissue toxicity still limits the radiation dose that can be safely delivered (1). For example, when radiotherapy treatment is used to treat bladder or prostate cancer, it is often difficult to spare areas of the gastrointestinal (GI) tract, resulting in radiation-induced GI toxicity. Furthermore, patients with abdominal or head and neck tumors have a reasonable prognosis following treatment, making delayed toxic side effects a problem for a significant proportion of long-term survivors (2, 3).

Radiation results in detrimental cellular effects either through direct interaction of radiation with DNA or indirectly through the interaction of radiation with water and other tissue components. Indirect radiation effects result in the production of free radicals such as hydroxyl (HO•) and alkoxy (RO2•) radicals as well as reactive nitrogen species (4). Free radicals can react with DNA, resulting in DNA damage. Direct or indirect damage to DNA in the form of DNA breaks or replication stress results in the mounting of a DNA damage response (DDR), which includes p53 activation and cell cycle arrest, senescence, or apoptosis (5–9). A schematic of the sequence of events occurring following irradiation is shown in Figure 1.

The effects of radiation-induced normal tissue toxicity vary depending on the type of tissue being irradiated, the volume of tissue receiving irradiation, and the dose and dose rate delivered (3). Toxicity can result in symptoms ranging from mild or moderate to life threatening. In the most severe cases, symptoms may call for supportive treatment or changes to the radiotherapy treatment. Toxic effects are classified as acute, developing within days or weeks of radiation exposure, or as chronic, developing months or years after treatment (1, 2). The majority of patients receiving radiation for the treatment of pelvic or intra-abdominal tumors experience acute radiation-induced GI toxicity symptoms (10). Furthermore, clinical and preclinical studies have shown that acute and chronic radiation-induced GI effects are not separate events, but are in fact linked, with some acute events playing a role in the development of late events (11–15). Late radiation-induced toxicity to the GI tract occurs from at least three months to several months or years after irradiation. Most intestinal compartments are affected by late radiation-induced effects, but damage to vascular and connective tissues is critical to this response (16). Chronic ulceration of the mucosa, mucosal atrophy, and fibrosis can underlie the induction of late toxicity effects. These events can lead to malabsorption, motility problems, and intestinal obstruction or perforation. Dysmotility can be especially problematic if it significantly alters the gut microbiome by increasing bacterial growth, resulting in further malabsorption and diarrhea (17, 18). Complications from radiation can result in the need for surgery or prolonged parenteral nutrition, which can have a negative effect on prognosis (19, 20). Additionally, a fatal syndrome (GI syndrome) involving diarrhea, bacterial translocation, and hemorrhage occurs when large areas of the intestine are irradiated (21). Thus, radiation has both short- and long-term effects that determine patient outcomes after treatment.

The effects of radiation-induced damage are complex since the GI tract, while lined with epithelial cells, also contains microvascular and nerve networks, as well as a variety of stromal and immune cells. The pathophysiology of radiation-induced toxicity reflects this complexity (3). Ideal pharmacological agents aimed at reducing radiation-induced toxicity should modulate the toxic effects of radiation on those cellular compartments. If these agents are to be used therapeutically in oncology, they should also be selective towards protection of sensitive normal tissue, but not the tumor. These agents should also allow feasible administration regimes and display a low-toxicity profile. Mitigators, administered after radiotherapy, can also be used in the event of accidental or other types of nonmedical exposures. Mitigators might be...
The intestinal epithelial lining is one of the most rapidly renewing tissues, including in organs where hypoxic gradients naturally occur such as the GI tract or bone marrow (36, 37). There are three main HIF-α isoforms (HIF-1α, 2α, and 3α), and their expression and importance is tissue dependent (38).

HIF-1α and HIF-2α form transcriptionally active heterodimers with HIF-1β. HIF-α protein stability is primarily regulated by a domain–containing enzyme (PHD) inhibitors, which stabilize HIF, reduce radiation-induced toxicity when given both before and up to 24 hours after irradiation in mice (27).

In this review, radiation-induced toxicity to the GI tract and the main cellular compartments studied in this organ will be described. A special focus will be placed on the role of PHD inhibitors in reducing radiation-induced toxicity of the GI tract.

Pathophysiology of radiation-induced intestinal toxicity

The intestinal epithelial lining is one of the most rapidly renewing system in the human body, with intestinal stem cells in the crypts mediating regeneration of the small intestine and colon (28, 29). Epithelial cells migrate along the villi before being shed into the lumen. It takes around six to eight days for cells to move from the crypt to the tip of the villus, and two to three days from the time of entry into the villus base until shedding from the tip (28, 29). Particularly useful if they are effective long after radiation exposure has occurred (2, 21).

The previously reported roles for HIF in promoting epithelial integrity, angiogenesis, and immune cell compartment mobilization led to the hypothesis that inducing HIF stability could reduce radiation-induced toxicity (22–26). Indeed, prolyl hydroxylase domain–containing enzyme (PHD) inhibitors, which stabilize HIF, have been recently described as a new class of agents that could reduce radiation-induced toxicity when given both before and up to 24 hours after irradiation in mice (27).

In this review, radiation-induced toxicity to the GI tract and the main cellular compartments studied in this organ will be described. A special focus will be placed on the role of PHD inhibitors in reducing radiation-induced toxicity of the GI tract.

Figure 1. The sequence of damaging events occurring following irradiation. Damaging effects of irradiation on various cellular compartments can occur within 10⁻⁷–10⁻¹³ seconds to months or years after irradiation, resulting in a variety of acute or chronic effects. A selection of these damaging effects and their consequences is shown to the right-hand side of the timeline. While the sequence of early events (within hours of irradiation) has been studied in detail, the timing of and relationships between events occurring weeks to months or years after irradiation are more complicated and are still incompletely understood. This complexity is reflected by a lack of arrows between events. Figure adapted from ref. 21.

Interestingly, radiation doses above 1 Gy can damage the intestinal mucosa, making GI toxic effects common in patients treated with abdominal radiotherapy. Epithelial cells in the crypt undergo early p53-dependent apoptosis within hours after irradiation, leading to shrinkage of crypts (5, 30). As a compensatory mechanism, the surviving cells hyperproliferate, leading to a temporary increase in crypt size (31). Damage to the intestinal epithelium results from inadequate replacement of the surface epithelium following apoptotic and mitotic death in the crypt (32). Intestinal mucositis symptoms occur once the epithelial barrier breaks down, allowing for fluid loss and bacterial entry (32). The more extensive apoptosis that occurs at high radiation doses prevents intestinal repopulation and results in GI failure (32).

Endothelial cells are also thought to be involved in the normal tissue response to radiation because apoptosis of this cell type can result in the release of growth factors, chemokines, and cytokines that mediate inflammatory, thrombotic, and antifibrinolytic responses (33). Part of this inflammatory response stimulates macrophages, which may act as effective sensors of such damage (3). Once activated, macrophages secrete a number of chemokines and cytokines that facilitate neutrophil recruitment. Neutrophils that infiltrate the damaged tissue can also release factors that lead to further circulating monocyte recruitment, highlighting the cross-talk between cell types. In addition to responding to the initial damage by mounting an inflammatory response, macrophages also help resolve tissue damage by facilitating the removal of apoptotic bacteria, cellular debris, and neutrophils (3, 34). The role of neutrophils in responding to radiation-induced GI toxicity is not fully understood. On one hand, ROS produced by neutrophils are likely important in the response to inflammation and infection following breakdown of the mucosal and vascular barriers (3). On the other hand, chronic generation of ROS may contribute to the late effects of radiation on normal tissue such as a fibro-atrophic process (35).

The different cellular compartments affected by radiation-induced toxicity in the GI tract are shown in Figure 2.

HIF/PHD biology and strategies used to modulate PHD activity/HIF stability

HIFs are critical transcription factors regulating physiological and pathological processes that occur as oxygen tension decreases in tissues, including in organs where hypoxic gradients naturally occur such as the GI tract or bone marrow (36, 37). There are three main HIF-α isoforms (HIF-1α, 2α, and 3α), and their expression and importance is tissue dependent (38).

HIF-1α and HIF-2α form transcriptionally active heterodimers with HIF-1β. HIF-α protein stability is primarily regulated by a
family of PHD-containing proteins (38). Enzymatically, PHDs are nonheme iron–containing 2-oxoglutarate–dependent oxygenases (39). When oxygen is present, PHD proteins can hydroxylate two proline residues near the N-terminal transactivation domain of HIF-α (40, 41). Hydroxylation allows binding to the von Hippel-Lindau (VHL) ubiquitin ligase, which facilitates proteasomal degradation of HIF-α proteins. In the absence of oxygen, PHDs have a diminished ability to hydroxylate HIFs, leading to the accumulation of HIF-α protein (38, 41).

Pharmacological stabilization of HIF-1 can be achieved by the use of a number of compounds. The so-called hypoxia mimetics cobalt chloride (CoCl₂) and the iron chelator desferrioxamine can stabilize HIF-1 (42, 43). Similarly, the organomercurial compound mersalyl and the putative PHD2 inhibitor baicalein have been proposed to reduce HIF ubiquitination, thereby increasing its stability (44, 45). Interestingly, the anesthetic isoflurane can also induce HIF-1-dependent gene expression by upregulating HIF-1α (46).

More recently, two different PHD inhibitors, FG-4497 and dimethyloxallyl glycine (DMOG), have been shown to result in mucosal protection in murine models of GI damage (26, 27). FG-4497 was shown to protect the intestinal mucosa in models of chemical-induced colitis, while DMOG protects against radiation-induced toxicity (26, 27). Both of these PHD inhibitors were shown to stabilize HIFs, resulting in the activation of downstream HIF target genes (26, 27).

PHD/HIF and gut epithelium protection

The monolayer of epithelial cells lining the colon is capable of secreting mucus and is organized into microvilli and apical tight junctions. These features allow the epithelial layer to serve an important barrier function (10, 26). HIF can promote epithelial integrity through the regulation of genes such as intestinal trefoil factor (ITF) and ecto-5′-nucleotidase (CD73). Consequently, pharmacological and genetic approaches (conditional deletion of HIF-1α in epithelial cells) have demonstrated a protective role for HIF-1α in a model of colitis in mice (26). Interestingly, HIF-1α expression appears to be elevated in patients with ulcerative colitis, Crohn’s disease, and ischemic colitis (47–49). The role of PHDs in models of colitis is described in further detail in a separate article in this issue and will not be described in further detail here. Instead, a detailed account of the role of PHDs in radiation-induced toxicity will be described below.

**PHD inhibition and epithelial integrity in radiotherapy.** The effects of irradiation alone on HIF stabilization in normal tissues appear complex, with HIF-1α and HIF-2α being detected in the colon, liver, and kidneys, but not in other organs such as the lung following irradiation (27). When the small molecule DMOG was used in combination with irradiation, HIF-1α and HIF-2α stabilization in the GI tract was significantly increased following DMOG and irradiation compared to irradiation alone (27). Interestingly, GI tract–specific genetic knockdown of all three PHDs was necessary for abundant HIF expression, while knockdown of individual PHDs had minimal effects. Most importantly, triple PHD knockout mice exhibited dramatically improved survival after 18 Gy of total abdominal irradiation (TAI), with 70% of knockout mice surviving after 30 days of irradiation. Treatment of mice with DMOG was shown to result in stabilization of HIF-1α and HIF-2α in both the small intestine and colon, and this stabilization was also correlated with improved survival after TAI (27).

Furthermore, microcolony crypt survival assays demonstrated a 4- and 22-fold improvement in survival after 18 and 20 Gy TAI, respectively, in the group treated with DMOG compared to the group treated with saline. These data suggest that PHD inhibition can reduce crypt death or increase regeneration following irradiation. Measurement of apoptosis revealed reduced staining in the colon and intestine in the DMOG-treated group. Interestingly, this decrease in apoptosis did not correlate with decreased histone H2AX phosphorylation at serine 139 (γH2AX), suggesting that the mechanism behind this response does not involve changes in DDR signaling (27). Expression of the HIF target genes ITF and multidrug resistance protein 1 (MDR1) was also increased in the jejunum of DMOG-treated animals. Importantly, DMOG-treated mice appeared to live with minimal associated morbidity for 20 months following irradiation. Although mice were smaller than unirradiated controls, they did not develop any malignancies, fistulas, or palpable fibrosis (27).
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Figure 3. PHD inhibition induces responses that may result in normal tissue radioprotection in the GI tract. PHD inhibition will result in HIF-α stabilization due to decreased HIF hydroxylation and consequently less degradation (40, 41). Once stabilized, HIF-α can mediate gene expression changes that can contribute to maintaining epithelial barrier integrity following irradiation (27). Protective effects of PHD inhibitors also appear to be dependent on HIF-2α-increased induction in VEGF expression, which correlate with increased microvasculature (27). HIF-α stabilization can also result in bFGF induction, regulation of immune cell function, and NF-κB activation (22, 66, 96). These effects are represented by solid arrows. The NF-κB inhibitor, IKKβ, has a conserved PHD1 hydroxylation site, suggesting that NF-κB can also be regulated by PHD inhibition (97). Dotted arrow and pink background represent those effects that would be predicted to be mediated by either HIF-α stabilization or directly as a result of PHD inhibition and could result in radioprotection against radiation-induced GI toxicity. These effects have not been formally shown to occur in the context of radioprotection to date. Effects within the green background have been shown to contribute to protection against radiation-induced GI toxicity.

The effects of PHD inhibition may result in reduced radiation-induced toxicity in the GI tract.

Targeting PHDs and p53 to improve epithelial integrity following irradiation. As mentioned above, irradiation results in p53-dependent apoptosis of intestinal epithelial cells (5, 30). The importance of p53 in modulating survival following irradiation is supported by a study in which p53-deficient mice survived higher radiation doses (whole body) than their littermate controls. Importantly, inhibition of p53 with the small molecule pifithrin-α was proposed to limit radiation-induced apoptosis in normal tissues without compromising the radiosensitivity of the tumor xenografts. Targeting p53 with inhibitors such as pifithrin-α is not predicted to increase the chances of developing future tumors since altering the p53-mediated acute response to DNA damage does not appear to alter its tumor suppressor functions (50–53). At a mechanistic level, p53 inhibition by pifithrin-α appeared to reduce p53-induced DNA replication arrest in tissues with high proliferation rates following whole-body irradiation. The increased DNA replication observed in mice treated with the inhibitor correlated with reduced levels of intestinal epithelial cell apoptosis. In contrast, a subsequent study showed that p53 deficiency sensitizes mice to higher doses of radiation associated with the development of GI syndrome (50). p53 deficiency in this context was associated with enhanced death of damaged cells in the GI epithelium. Given that p21-deficient mice were also more sensitive to radiation-induced GI syndrome, the authors proposed that p53/p21-mediated cell cycle arrest could have a protective role in epithelial radiation-induced toxicity in the GI tract (54). Subsequent studies have further challenged the importance of p53-dependent apoptosis specifically in radiation-induced GI toxicity by showing that deletion of the proapoptotic genes Bax and Bak1 from GI epithelial or endothelial cells does not protect against radiation-induced GI syndrome. However, deletion of p53 from GI epithelial cells but not endothelial cells was shown to result in sensitization to GI syndrome in mice, supporting the concept that p53 functions to protect against radiation-induced GI syndrome but may do so through apoptosis-independent mechanisms (55).

As described above, the radioprotective effects conferred by DMOG appear to be independent of changes in the DDR. The combination of DMOG (or other PHD inhibitors) with agents affecting the response to radiation-induced DNA damage, such as p53 inhibitors, could perhaps result in increased synergistic radioprotective effects. Moreover, the HIF-1α oxygen-dependent degradation (ODD) domain can bind to a p53 dimer, further supporting the potential crosstalk between these two major transcription factors (56). Combining PHD inhibitors with therapeutic efforts aimed at targeting p53 transcriptional targets might be another option that could be considered to improve normal tissue radio-protection (57–59). Recent studies have demonstrated that the p53 transcriptional target, p53-upregulated modulator of apoptosis (PUMA), mediates radiation-induced intestinal cell apoptosis, while p21-dependent prevention of persistent DNA damage has been suggested to facilitate regeneration (58–60). The use of the glycogen synthase kinase-3 (GSK-3) inhibitors, CHIR99021, has thus been proposed for radioprotection since CHIR99021 treatment decreased PUMA induction as well as p53 acetylation at K120, without affecting p21 induction or p53 phosphorylation (or stability) following irradiation. These effects correlated with decreased apoptosis of leucine-rich repeat-containing GPCR 5’ (LGFR5’) cells in both crypt regeneration assays in vitro and in mice (59). The combination of PHD inhibitors with GSK-3 inhibitors such as CHIR99021 could be an interesting future area of study.

Microvascular injury in radiation-induced toxicity. Radiation can damage blood vessels, contributing to late radiation-induced toxicity due to changes in endothelial cell physiology. These changes include endothelial cell apoptosis, detachment from the basement membrane, and increased fibrin deposition (10, 61). However, the role of microvascular injury in acute toxicity effects is under debate (10).

Paris and colleagues suggested that radiation-induced damage to stem cell populations was a result of microvascular injury occurring before epithelial cell damage. This response was proposed to be governed by the ceramide pathway based on studies using acid sphingomyelinase-deficient mice, which fail to generate the proapoptotic lipid ceramide in the endothelium following irradiation (62). Administration of bFGF reduced the levels of endothelial cell apoptosis, suggesting that the sensitivity of the microvasculature to radiation-induced toxicity may be dependent on bFGF levels. Indeed, despite the ubiquitous expression of bFGF in large vessels, basement membranes within the microvasculature have very low levels of bFGF. These findings are consistent with...
the observation that out of all the vascular structures, capillaries are the most sensitive to radiation-induced damage (62). Despite these observations, the importance of endothelial cell apoptosis remains controversial (10).

It is important to note that endothelial-specific overexpression of HIF-1α or HIF-2α did not improve survival after 18 Gy with respect to littermate controls (27). Instead, HIF-2α expression in epithelial cells was sufficient to improve survival after 18 Gy TAI, resulting in increased VEGF expression in the GI epithelia and serum. DMOG treatment also led to increased VEGF expression and VEGF serum levels in the jejunum and colon, and these increases appeared to correlate with increased microvesel density following irradiation in the crypts of the jejunum (27). Moreover, DMOG-induced radioprotection appears to be partly dependent on VEGF since inhibition of VEGF function abrogated the protective effects of DMOG. These results suggest that HIF-2α expression in the epithelial cells but not the endothelial cells is important for radioprotection and that these effects may be mediated by increased HIF-2α-induced expression of VEGF (27). The effects of DMOG also appear to mitigate radiation-induced damage when administered 24 hours after irradiation, suggesting that this compound could also be used as a medical countermeasure to radiation exposure. Again, these effects appeared to be dependent, in part, on VEGF (27). The requirement for HIF-2α for protection against radiation-induced GI toxicity contrasts with the requirement for HIF-1α in protection against colitis (26, 27).

The role of inflammation in radiation-induced toxicity
Radiation-induced damage leads to a robust inflammatory response. Given that inflamed tissues are often hypoxic, it is perhaps not surprising that HIFs and PHDs have been reported to have a regulatory effect on the inflammatory response in a number of pathological situations. For example, HIF-1α transcriptionally regulates a number of glycolytic pathway enzymes that allow macrophages and neutrophils to carry out glycolysis under the hypoxic conditions that characterize inflamed tissues (22, 36). HIF-1α may also regulate leukocyte trafficking through upregulation of CD73 as well as neutrophil recruitment through HIF-dependent CD55 induction (24, 25, 63).

The transcription factor NF-κB provides an additional link between HIF and neutrophils. NF-κB can orchestrate innate and adaptive immune responses to infectious agents (64). NF-κB activation by HIF-1α can prevent neutrophil apoptosis in inflammatory hypoxic conditions, an effect that could be exploited to combat the inflammatory response induced by irradiation. Furthermore, the NF-κB inducer IKKβ has a conserved PHD1 hydroxylation site, suggesting that NF-κB can also be regulated by PHD1. The crosstalk between HIF-1α and NF-κB is further complicated by the fact that NF-κB can itself induce HIF-1α expression, presumably through IKKβ. Together, these data suggest that PHD inhibition might also result in regulation of NF-κB, which could prove beneficial in the context of normal tissue radioprotection (65, 66).

Importantly, NF-κB signaling can blunt p53 activity as well as induce ROS scavengers, cytokines, and apoptosis inhibitors, all of which could contribute to reduced radiation-induced toxicity (67, 68). Indeed, mice with increased GI radiosensitivity exhibit defects in NF-κB signaling, presumably due to increased intestinal crypt apoptosis. NF-κB can be activated by the induction of Toll-like receptors (TLRs) (69). TLRs recognize commensal microflora, a function that appears important in both maintaining GI homeostasis and protecting against injury (70). Burdryla et al. investigated the factors produced by human gut microorganisms that bind TLRs to activate NF-κB. This approach led them to engineer an NF-κB activator (CBLB502) that included the complete N- and C-terminal domains of flagellin, the only known natural ligand of TLR5 (71, 72). The number of apoptotic cells in the small intestine of irradiated mice was reduced when CBLB502 was administered 30 minutes before 15 Gy of total body irradiation. CBLB502 administration also reduced endothelial cell apoptosis, which was positively correlated with maintenance of intestinal crypt size and cell density in the treated group compared to the control group. Importantly, administration of CBLB502 did not reduce tumor radiosensitivity in two subcutaneous tumor models and did not increase radiation-induced tumorogenesis (72).

The role of intestinal stem cells in radiation-induced toxicity
As mentioned previously, death of rapidly proliferating intestinal progenitor cells following irradiation leads to inadequate villus epithelium replacement. Intestinal stem cells, which express LGR5 or the polycomb complex protein BMI1, are reported to facilitate regeneration after radiation-induced damage (10). LGR5+ cells are interspersed between Paneth cells and can be expressed throughout the intestine, while BMI1+ cells are found at the bottom of crypts and predominantly at position +4 (four cells above the base) in the proximal small intestine crypts (73, 74). While mouse LGR5+ cells are mitotically active, BMI1+ cells are quiescent and considered more radioresistant than LGR5+ cells. Moreover, BMI1+ cells are capable of rapid proliferation and mobilization after injury to facilitate regeneration (75). However, a recent study suggested that only LGR5+ cells are required for regeneration (76).

HIFs could directly affect the function or induce factors that affect the function of these intestinal stem cells (27, 77); therefore, targeting PHDs could potentially reduce radiation-induced damage through the regenerative effects of HIFs on these stem cells. Importantly, expression of HIFs in LGR5+ and BMI1+ cells does not provide radioprotection on its own. Only HIF expression in epithelial cells afforded radioprotection, suggesting that endothelial and intestinal stem cells may work together with epithelial cells to mediate radioprotection (27).

HIF and tumor radiation response
The mechanisms through which irradiation regulates HIF expression and the consequence of such regulation for the tumor radiation response are complex (78, 79). The PI3K/Akt/mTOR pathway, for example, has been reported to increase protein stability of HIF-1α in lung cancer cells. Interestingly, in radioresistant lung cancer cells an increased interaction between Hsp90 and HIF-1α may facilitate increased HIF-1α stability following irradiation. Disruption of this interaction with the use of an Hsp90 inhibitor resulted in decreased HIF-1α levels, decreased angiogenic potential, and increased sensitivity of these cells to irradiation both in vitro and in vivo (80).
Radiation-induced reoxygenation has been proposed to increase HIF stabilization in the nucleus as well as to increase translation of HIF target genes (81). These effects were proposed to increase cytokines responsible for protecting endothelial cells from radiation-induced apoptosis. The increased vascular damage observed following HIF-1 inhibition was proposed to be responsible for increased tumor radiosensitivity (81). A recent study supported the idea of increased HIF-1α stabilization following radiation-induced reoxygenation by demonstrating that tumor cells that survived irradiation had increased HIF-1α expression in regions undergoing reoxygenation, allowing these cells to move towards tumor blood vessels (82). HIF-1 inhibition resulted in decreased movement of surviving tumor cells towards the vessels, coupled with a decrease in tumor recurrence following radiotherapy (82). Loss of HIF-1α has also been associated with increased radiosensitivity of cancer cells and tumor xenografts in a number of studies (79, 83). Interestingly, Williams and colleagues suggested that the effects of hypoxia on tumor radiation response were not simply governed by the effects of reduced oxygen on radiation-induced radical formation, but that radiation resistance in hypoxic regions was likely also a result of HIF-1-dependent gene expression changes (83). Supporting this notion, both the size of the hypoxic fraction of a tumor and the expression of HIF-1α have been correlated with poor prognosis following radiotherapy (84–86). In contrast, HIF-1α has also been found to enhance apoptosis, decrease proliferation, and regulate metabolism following irradiation such that loss of HIF-1 may promote radioresistance in certain situations. The conclusion from this study appeared to be that the timing of radiation as well as the microenvironment of each specific tumor should be taken into careful consideration when targeting HIF-1 together with radiation therapy (78).

While there is a large body of literature examining the complex role of HIF-1α in tumor radiosensitization, much less is known about the effects of HIF-2α on this response. HIF-2α deficiency has been reported to induce p53 activity and increase cell death and radiation sensitivity in vitro (87). Given that many GI radioprotective effects are dependent on HIF-2α, it would be of interest to investigate the effects of HIF-2α expression on tumor radiation response in further detail.

HIF stabilization following PHD inhibition with DMOG has not been shown to result in significant tumor radioproteective effects in xenograft tumor models (27). It is tempting to speculate that acute HIF stabilization following pharmacological PHD inhibition is insufficient to increase tumor radioresistance. The long-term effects of PHD inhibition on patient prognosis following radiation therapy should be investigated in detail if this pharmacological approach is to be used clinically for normal tissue radioprotection. For example, the effects of HIF activation on future tumor development should be carefully studied given the previously established associations between HIF-1α and/or HIF-2α expression with increased vascularization and poor prognosis (88, 89). Interestingly, loss of PHD2 with subsequent HIF stabilization normalizes blood vessels, leading to enhanced delivery of chemotherapeutic drugs and decreased primary tumor size and metastasis (90, 91). Reorganization of blood vessels by PHD loss might also be expected to increase tumor sensitivity to irradiation.

Conclusions
Radiotherapy is a very effective cancer treatment strategy; however, a significant proportion of patients will experience radiation-induced toxicity due to damage to normal tissue in the irradiation field. The need to irradiate normal tissue margins containing microscopic disease can result in toxic side effects with a negative impact on quality of life and treatment outcome. The use of chemical and biological approaches to reduce or prevent this damage has been proposed as a strategy for improving radiation treatment (21). Despite interesting research being carried out in this area, it has been difficult to translate these important findings into the clinic. One of the problems with some preclinical studies performed to date is the use of high and frequently single doses of radiation that do not necessarily recapitulate the radiation schedules used clinically in fractionated radiotherapy. These single fractions used preclinically often target large GI volumes, perhaps making these better models for acute GI syndrome rather than the intestinal radiation toxicity (enteropathy) observed in radiotherapy patients (10). More research is also needed in order to fully understand the importance of clonogenic cell death versus intestinal crypt apoptosis in the radiation response of GI cells and the relationship of these responses to the clinical situation. Concerns over the potential tumor radiation protection of some of the agents should also be addressed more rigorously. Most preclinical studies have attempted to address these concerns at least in xenograft models (92, 93).

The central role of the PHD/HIF axis in critical processes involved in the normal tissue radiation response highlights the potential of these inhibitors as radioprotectors and/or mitigators. PHD inhibitors such as FG-4592, DS-1093a, GSK1278863, and AKB-6548 are already in clinical trials for the treatment of anemia in patients with chronic kidney disease (94). This may facilitate their use as mitigators after large-scale accidental radiation incidents or as part of radiotherapy treatment protocols in the future (27). As our understanding of immune cell function in normal tissue responses to irradiation increases, it is likely that therapeutic approaches aimed at targeting this cellular compartment will become important. Modulation of HIF stability by PHD inhibition also will likely play a role in the regulation of these immune cell functions.

The ability to protect normal tissue from radiation-induced damage could one day allow the use of radiation as a ‘systemic’ therapy rather than as a treatment that is mainly used for loco-regional control. The potential to realize this goal is so enticing that it warrants further research in this exciting field (95).

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