Atopic dermatitis (AD) and food allergy are closely linked; however, the mechanisms that guide the progression of AD to allergic inflammatory responses at other mucosal surfaces, including the gastrointestinal tract, are not well understood. Here, we determined that exposure of mice that have been epidermally sensitized with thymic stromal lymphopoietin (TSLP) and antigen to repeated oral doses of the same antigen induced acute diarrhea and anaphylaxis. In this model, loss of TSLP signaling specifically in DCs led to loss of induced allergic diarrhea through lack of sensitization. While TSLP responses were not required during oral allergen challenge, CD4+ T cells were required and transferred disease when introduced into naive hosts. In addition, oral exposure to the antigen prior to skin sensitization blocked development of allergic disease. Finally, mice lacking the receptor for IL-25 failed to develop acute diarrhea and anaphylaxis, highlighting a role for IL-25 in the initiation of type 2 immunity in the intestine. These results demonstrate a role for TSLP and IL-25 in the atopic march from skin sensitization to food allergic responses and provide a model system for the generation of potential therapeutic interventions.

Introduction

Food allergy is a common public health problem, with a prevalence ranging around 8%, and increasing in the last several decades (1–3). Diagnosis of food allergy can be problematic, and currently there is no cure. Thus, individuals with food allergy opt for avoidance of the trigger foods, as early detection is imperfect and medications only manage the symptoms of disease. The immunologic basis of food allergy remains elusive, and new approaches and model systems are needed to identify targets for treatment.

Food allergy is associated with a range of diseases such as asthma, atopic dermatitis (AD), eosinophilic esophagitis (EoE), and exercise-induced anaphylaxis (1, 4, 5). Additionally, there is an association between skin barrier defects and development of food allergic responses, possibly due to an increased chance of sensitization by allergens permeating the skin, bypassing oral tolerance. Epidemiologic data suggest that sensitization to peanut protein can occur in children through exposure to peanut in oils applied to inflamed skin (6). Also there is a genetic correlation between loss-of-function mutations within the filaggrin gene (Flg) that are associated with AD and also show an increased risk of peanut allergy (7, 8). As food allergy and atopic disease are clearly associated, factors known to be involved with atopic disease might also play a role in food allergy.

Thymic stromal lymphopoietin (TSLP), an IL-7–related cytokine, has emerged as an important regulator of Th2-type responses in the skin, lung, and gastrointestinal (GI) tract (9, 10). Recent studies have implicated a role of TSLP in atopic march. For instance, TSLP triggers progression from AD to asthma (11–14). We hypothesize that cutaneous TSLP production also initiates a cascade leading to intestinal inflammation and resulting in the development of food allergy. We have developed a model that demonstrates epidermal sensitization in the context of AD-like skin inflammation would lead to local inflammation but undetectable serum TSLP (data not shown). We sensitized K5-Tslp mice, herein referred to as K5-Tslp; ref. 15). A concentration of dox was used (0.01 mg/ml in drinking water) that led to local inflammation but undetectable serum TSLP (data not shown). We sensitized K5-Tslp and normal littermate control mice with OVA (5 times intradermally [i.d.] over a 2.5–week period) in the presence of dietary dox. After a 3-week rest period, these mice were fed intragastrically (i.g.) with soluble OVA (Figure 1A). Following this protocol, K5-Tslp mice developed canonical features of diarrhea after the third challenge (Figure 1, B and C), including increases in
The frequency of eosinophils and OVA-specific IgE levels and production of mast cell–specific protease MMCP-1 and Th2 cell–associated cytokines IL-4 and IL-13 (Figure 1, D–H). Histopathological analysis of jejunum section showed that K5-Tslp mice had severe eosinophil infiltrates (Supplemental Figure 1; supplemental material available online with this article; doi:10.1172/JCI77798DS1). We did not detect TSLP protein in the circulation (Figure 1I).

Mice sensitized epicutaneously in the presence of TSLP develop GI allergy. We next sought to define the nature of the control mechanisms by developing a mouse model of food allergy in which WT BALB/c mice were sensitized with mouse recombinant TSLP and the antigen OVA i.d. to induce an AD-like skin inflammatory disease (11, 16). Following a 5-day rest period, mice were challenged i.g. with OVA for 6 consecutive days (Figure 2A). Mice treated with TSLP developed acute diarrhea symptoms beginning at the third administration of OVA, and 100% of mice were symptomatic by the fifth feed (Figure 2 B–D). Diarrhea was also noted by direct observation of the colon and cecum; the liquid stool observed following TSLP+OVA–induced diarrhea contrasts with the solid pellets seen when mouse serum albumin (MSA) was substituted during the sensitization phase (Figure 2B). After challenge, the jejunum of TSLP+OVA–sensitized animals had a significant inflammatory cell infiltrate that contained large numbers of eosinophils (Supplemental Figure 2). Consistent with the induction of Th2-type inflammation by TSLP treatment, OVA-specific IgE levels and type 2 cytokine responses were markedly elevated in TSLP+OVA–treated mice (Figure 2, E–G). We also observed an increase in Mmcp1 transcript levels (Figure 2, F and H) in the jejunum.
Although OVA is frequently used in studies of T cell differentiation and allergic inflammation, it is not a clinically relevant allergen. To establish a model with a more clinically relevant food allergen, we repeated the sensitization and challenge using whole peanut extract (WPE). We observed a similar pattern of inflammation in mice that were sensitized and challenged with WPE, suggesting that this can be used as a preclinical model of physiological food allergic responses (Supplemental Figure 4).

TSLP induces oral allergen–induced anaphylaxis. The most common symptoms of food allergy are anaphylactic responses, brought on by the release of preformed chemical mediators by mast cells and basophils, that manifest through the GI tract, skin, and respiratory system. The increase in both local and circulating MMCP-1, as well as a marked 50-fold increase in MMCP-1 serum levels in TSLP+OVA–sensitized versus MSA+OVA–sensitized control mice, consistent with activated mast cells (Figure 2H). TSLP protein in the serum was undetectable (<7.8 pg/ml), suggesting that circulating TSLP is not required for the development of allergic diarrhea upon rechallenge in this model (Figure 2I).

To determine whether increasing the time between skin exposure to TSLP plus antigen and oral challenge affected development of intestinal inflammation, the interval between skin sensitization and oral challenge was increased from 5 to 21 days. We observed delayed disease onset in this protocol. However, disease severity and Th2 responses were indistinguishable from that shown in Figure 2 for mice rested 5 days (Supplemental Figure 3).
took 2 approaches. First, we sensitized mice with TSLP+OVA as before and then treated them systemically with either an isotype control or a neutralizing TSLP-specific mAb (clone M702) (18) during repeated antigen challenge. As shown in Figure 4, A–D, anti-TSLP–treated mice developed indistinguishable intestinal inflammation following OVA challenge. For the second approach, Ts lp-deficient mice were sensitized and challenged as above. The Ts lp-deficient mice responded to the i.g. challenge as robustly as the Ts lp-sufficient mice (Figure 4, E–H), showing that TSLP was not required for the i.g. challenge. We conclude from these studies that increased skin-restricted TSLP levels during the antigen-sensitization phase is sufficient to yield an aggravated response to antigen when subsequently encountered within the intestine.

TSLPR signaling by DCs is required for GI allergy. In order to determine what cell populations require direct responses to TSLP, we took advantage of a mouse strain containing a conditional knockout allele of Tslpr (Ts lprf/f; Supplemental Figure 5). We first examined DCs, which have been shown to be important for TSLP-mediated type 2 inflammatory responses (19). To test the requirement for TSLPR on DCs to promote allergic immune responses, we crossed Ts lprf/f mice with Cd11c-Cre mice (referred to as Cd11c-Cre Tslprf/f) and examined food allergy development using the protocol described above. Control Ts lprf/f mice developed diarrhea by the fourth challenge. On the other hand, Cd11c-Cre Tslprf/f mice failed to develop allergic diarrhea (Figure 5, A and B). Consistent with the reduction in disease development, Cd11c-Cre Tslprf/f mice had reduced OVA-specific serum IgE levels and Mmcp1, Il4, and Il13 message in the jejunum (Figure 5, C and D). Correspondingly, Cd11c-Cre Tslprf/f CD4+ T cells from the mesenteric lymph nodes (MLNs) produced less IL-4, IL-5, and IL-13, as well as increased IFN-γ, suggesting defective Th2 cell activation (Figure 5E). This shows that TSLPR is required on DCs for control of Th2 intestine responses.

Basophil depletion reduces development of GI allergy. Given the known role of basophils in the context of AD and EoE (20, 21) as well as the reported role of TSLP in their development and function, we tested whether basophils were required in this model. We treated WT mice with Ba103, a mAb specific for CD200R3 that is an activating receptor expressed by basophils and mast cells (22).
To test the role of CD4+ T cells in the pathophysiology seen in this model of food allergy, we used 2 experimental protocols. First, we depleted CD4+ T cells by treating mice with anti-CD4 antibody GK1.5 following sensitization, but prior to i.g. OVA challenge. This led to a nearly complete loss of CD4+ T cells. Acute depletion of CD4+ T cells also led to absence of disease onset, decreased levels of serum IgE and MMCP-1, and a reduction in expression of genes related to Th2 cytokine responses (Figure 7, A–D, and data not shown). These data demonstrate that CD4+ T cells are required for the induction of intestinal inflammation following skin sensitization.

To more closely examine the nature of the CD4+ T cells that were driving food allergy, we isolated and transferred CD4+ T cells from skin-draining lymph nodes of sensitized mice into naive mice. Transfer of the primed cells from TSLP+OVA–treated mice resulted in development of allergic diarrhea following oral challenge (Figure 7, E–H) in recipient mice. Disease onset was not observed in mice injected with CD4+ T cells from control mice (Figure 7, E–H); therefore, we conclude that CD4+ T cells are sufficient to transfer disease in this mouse model of GI food allergy.

Treatment with oral antigen prior to skin sensitization induces tolerance. Previous studies have shown that low-dose oral allergen treatment can induce tolerance, likely through generation of regulatory T cells with suppressor function (28, 29). We sought to determine whether oral exposure to OVA was capable of tolerizing mice to subsequent challenge. We provided mice with dietary OVA (in the drinking water) for 5 days, followed by sensitization and challenge as described above. As shown in Figure 8, A–C, mice exposed to oral OVA failed to develop diarrhea and displayed much-reduced clinical allergy score and antigen-specific IgE levels. Th2 responses were reduced to levels seen in control animals and were dramatically decreased (Figure 8D). Tolerance-induced mice were also protected from anaphylaxis demonstrated by reduced serum leakage.

GI allergy is dependent on CD4+ T cells. A Th2-type milieu has been observed in the intestine of subjects with food allergy (27). To test the role of CD4+ T cells in the pathophysiology seen in this model of food allergy, we used 2 experimental protocols. First, we depleted CD4+ T cells by treating mice with anti-CD4 antibody GK1.5 following sensitization, but prior to i.g. OVA challenge. This led to a nearly complete loss of CD4+ T cells. Acute depletion of CD4+ T cells also led to absence of disease onset, decreased levels of serum IgE and MMCP-1, and a reduction in expression of genes related to Th2 cytokine responses (Figure 7, A–D, and data not shown). These data demonstrate that CD4+ T cells are required for the induction of intestinal inflammation following skin sensitization.

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These data show that naive mice can be tolerized to antigen before epicutaneous sensitization.

Mice lacking IL-25 signaling fail to develop GI allergy. The data presented above showed that TSLP signaling by DCs was critical for sensitization, but was not involved in the challenge phase. Thus, we focused on other factors and observed increased Il25 expression in the jejunum of mice sensitized with TSLP+OVA and challenged with oral OVA (Figure 9A). We next sought to determine in vivo contributions of IL-25 to GI allergy by taking advantage of mice genetically deficient in the IL-25 receptor (Il17rb−/−; ref. 30) using the model described above (Figure 2A). Il17rb-deficient mice displayed a lack of acute diarrhea, reduced Th2 responses, and a decrease of Evans blue dye in the intestine, demonstrating IL-25 as an important effector molecular in the pathogenesis of food allergy (Figure 9, B–E).

Discussion

Epidemiological data have suggested that children with AD are also at an increased risk of allergic diarrhea (1, 4, 5). Recent evidence demonstrating elevated expression of the cytokine TSLP in the lesional skin of AD patients (31) as well as the finding that TSLP-mediated epicutaneous sensitization can lead to aggravated airway inflammatory responses (11–14) suggested a mechanism for the development of food-allergic responses following epicutaneous sensitization. To test this hypothesis and to dissect the mechanisms leading to allergic diarrhea, we developed a murine model in which skin sensitization to a model food allergen in the presence of TSLP followed by oral challenge with the same antigen resulted in acute allergic diarrhea. We found that TSLP-responsive DCs were required for development of diarrhea and that the onset of allergic diarrhea following oral challenge was TSLP independent. For the challenge phase of the response, we found that CD4+ T cells were both necessary and sufficient to drive diarrhea. These data support a model whereby TSLP present in the skin promotes sensitization to food allergens through differentiation of Th2 cells and in which acute allergic diarrhea was driven by memory CD4+ T cells responding to challenge with the same antigen.

Recent work has suggested that DCs and basophils cooperate to promote Th2 differentiation following appropriate sensitization (20, 32, 33). Studies in humans and mice have shown that TSLP conditions DCs to induce Th2 cell differentiation (34). In addition, TSLP has been shown to be required for the recruitment of basophils into lymph nodes at the initiation of immune responses (24, 35). Interestingly, we have found that TSLP-responsive DCs are required for the development of allergic diarrhea and that there is a lack of Th2 priming in mice with Tslpr specifically deleted in DCs. Depletion of basophils reduces development of GI allergy, indicating that basophils are involved in the response.

The relative roles of DCs and basophils in the initiation and progression of type 2 inflammatory responses is not clear. For example, it was recently shown that basophils can act as antigen-presenting cells (APCs) in some models of type 2 inflammation (35–37). However, type 2 immunity after house dust mite (HDM) inhalation requires DCs, but not basophils. In this study, basophils did not take up antigen and present it to T cells, whereas cells in a subset of inflammatory DCs that express FcεRI are the primary
population that takes up antigen and drives Th2 differentiation (38). In addition, Otsuka et al. found that basophils were able to drive Th2 differentiation following epicutaneous sensitization with hapten or peptide antigens, while priming with protein antigens required DCs (39). Thus, it appears that the relative roles of these cell types in the initiation of type 2 inflammatory responses is context dependent and may reflect the nature of the antigen and the strength of the accompanying inflammation.

During the preparation of this manuscript, the important roles of basophils and TSLP in a cutaneously sensitized food allergy model were reported (40, 41). However, the models used in those studies differed from the current model in that high systemic levels of TSLP were present. In our model, TSLP expression is restricted to the skin and is not found in the circulation. While circulating TSLP has been detected in infants with severe AD (42, 43), levels in children with food allergy have not been reported, with the exception of eosinophilic esophagitis (44–46). Finally, whether TSLP-induced inflammation is mediated by direct TSLP responses by basophils needs to be investigated. Previous studies did not rule out the possibility that TSLP probably triggers other cells to release factors to attract or act on basophils. This possibility is under investigation using mice lacking Tslpr specifically on basophils.

Figure 6. Basophil depletion attenuates GI allergy. (A) Diarrhea score. (B) MMCP-1 serum levels. (C) Serum leakage at skin and intestine. Data are representative of 2 independent experiments with 4 mice per group. Error bars indicate the mean ± SD. ***P ≤ 0.001.

Figure 7. CD4+ T cells are required for TSLP-mediated GI allergy. (A and E) Diarrhea occurrence. (B and F) Diarrhea score. (C and G) OVA-specific serum IgE levels. (D and H) MMCP-1 serum levels. Data are representative of 2 independent experiments with 4 to 6 mice per group. Groups of animals were compared using Student’s t tests (G and H). Error bars indicate the mean ± SD. ***P ≤ 0.001.
Since Tslp-deficient mice developed indistinguishable allergic diarrhea and blockade of TSLP did not change Th2 cytokine-mediated response during challenge phase (Figure 4), one would expect other factor(s) having an impact on the ultimate outcome of the pathologic responses in this model. Given the fact that the IL-25 message was induced in the jejunum of challenged mice (Figure 9A), together with the data showing Il17rb-deficient mice were protected from food allergy (Figure 9, B–E), the IL-25 pathway could be a major target for postsensitized individuals to prevent food allergy. Consistent with our data on the role of IL-25 in this model, Aalberse et al. have found elevated circulating levels of IL-25 in peanut-allergic children following allergen challenge (47).

Taken together, these data suggest an interplay between epithelial cell–derived molecules and cells that produce Th2 cytokines that may subsequently mediate allergic inflammation at mucosal sites.

Taken together, our findings that identified a role of TSLP and DCs in allergic diarrhea, coupled with our previous finding that TSLP is involved in progression from AD to asthma, support the hypothesis that skin may be an important site for systemic sensitization to certain allergens and shed light on the relationship between AD and food allergy. The finding that TSLP functions during epicutaneous sensitization to drive the differentiation of allergen-specific Th2 cells but is dispensable during subsequent oral challenge suggests that other factors are involved during this phase of the response.
Methods

Mice and treatments. Six- to eight-week-old female BALB/c mice were obtained from Charles River Laboratories. K5-Tslp and Tslp-deficient mice were generated as described previously (15). Mcpt8-Dtr mice were provided by Adrian Piliponsky (Seattle Children’s Hospital, Seattle, Washington, USA). Il17rb-deficient mice were provided by Andrew McKenzie (Medical Research Council Laboratory of Molecular Biology, Cambridge, United Kingdom). The Tslpr-targeting construct (Supplemental Figure 5) was electroporated into embryonic stem (ES) cells, and neomycin-resistant clones were screened by Southern blot analysis. Two independently derived ES clones were injected into blastocysts. Chimeric male offspring were mated to FLP deleter mice. Transmission of the targeted allele was determined by PCR from genomic DNA. Conditional Tslpr-deficient mice were moved to a BALB/c background using marker-assisted accelerated backcrossing technology at DartMouse. Bacterial artificial chromosome transgenic Cd11c-Cre mice were backcrossed 10 generations onto a BALB/c background and then crossed to floxed Tslpr mice on a BALB/c background. All animals were housed in specific pathogen-free conditions in the Benaroya Research Institute animal facility. Intradermal injections were performed as previously described (11, 16). Briefly, 5 μg TSLP (Amgen) or MSA (Sigma-Aldrich) with 10 μg OVA (A7642; Sigma-Aldrich) was injected i.d. in a 100 μl volume of sterile PBS 4 times during a 12-day period. The i.g. challenges with 50 mg of OVA (grade V, A5503; Sigma-Aldrich) were performed as described previously (48). WPE was prepared from unsalted uncooked peanuts by using 20 mmol/l Tris buffer, as previously described (49).

Total protein concentration of WPE was determined with bicinchoninic acid (BCA) (Pierce). Mice demonstrating profuse liquid stool were recorded as diarrhea-positive animals. A detailed clinical score was assessed 20 to 40 minutes after final oral feeding (0, normal; 1, soft; 2, running; 3, liquid; 4, bloody). Symptom scoring was performed after the fourth challenge according to previously described parameters of symptoms in murine food allergy (17). For depletion with TSLP-specific mAbs, mice were injected with 500 μg of control IgG or TSLP-specific mAbs (clone M702; Amgen) i.p. on days 15 and 19.

Vascular permeability measurements. Vascular permeability was evaluated by measuring the leakage of Evans blue dye into the skin and intestine as described before (41). Measurement of body temperature. The changes in body temperature of mice were measured using a Dual Laser IR Thermometer (42509; Extech), at 0, 15, 30, 45, and 60 minutes after the fifth OVA challenge.

Oral antigen administration. Oral tolerance to OVA was induced by ad libitum administration of 1% OVA (A5378; Sigma-Aldrich) solution dissolved in drinking water for 5 consecutive days.

Cell culture. MLNs were isolated and cultured in RPMI medium with 10% fetal calf serum, penicillin, and streptomycin and with 100 μg/ml OVA for 72 hours. Cells were stimulated with PMA and ionomycin in the presence of brefeldin A for 4 to 5 hours. The cells were harvested and analyzed for cytokine production; further analysis was performed using FlowJo software (Tree Star Inc.).

Depletion of CD4+ T cells and adoptive transfers. Animals were i.p. injected on days 14 and 19 with 200 μg of anti-CD4 antibody (clone:
Basophil depletion. For basophil depletion by DT, Mcpt8-Dtr mice were treated with 500 ng of DT administered i.p. every 4 to 5 days. For depletion with the Ba103 mAb, WT mice were i.p. injected with 50 μg of Ba103 (gift of Hajime Karasuyama, Tokyo Medical and Dental University, Tokyo, Japan) or control rat Ig2b antibodies every 6 days starting from day –2.

Histology, ELISA, and real-time PCR. Jejunum tissue was collected 10 to 12 cm distal to the stomach. For histological analysis, tissues were fixed in 10% formalin and stained with H&E. MMCP-1 levels were measured by ELISA according to the manufacturer’s instruction (eBioscience). Real-time PCR analysis was performed as described before (11, 16). Samples were normalized to GAPDH and displayed as fold induction over controls.

Statistics. Statistical analyses were performed with Prism software (GraphPad). Two means were compared using the nonparametric 2-tailed Mann-Whitney t test. Three or more means were compared using 1-way ANOVA with Tukey’s post-hoc test. A P value of less that 0.05 was considered significant.

Study approval. All mice were certified to be specific pathogen-free and cared for in accordance with the guidelines of the Institutional Animal Care and Use Committee at Benaroya Research Institute. All animal studies were approved by the IACUC at the Benaroya Research Institute.

Acknowledgments

We thank the members of the Ziegler laboratory for discussion. We thank Sylvia McCarty for administrative assistance in the preparation of this manuscript. This work was partially supported by NIH grants AI068731, HL098067, AR059058, and AR056113 (to S.F. Ziegler).

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30. Mcp8-Dtr Basophil depletion