Intestinal epithelial cell (IEC) apoptosis contributes to the development of ulcerative colitis (UC), an inflammatory bowel disease (IBD) that affects the colon and rectum. Therapies that target the inflammatory cytokine TNF have been found to inhibit IEC apoptosis in patients with IBD, although the mechanism of IEC apoptosis remains unclear. We therefore investigated the role of p53-upregulated modulator of apoptosis (PUMA), a p53 target and proapoptotic BH3-only protein, in colitis and IEC apoptosis, using patient samples and mouse models of UC. In UC patient samples, PUMA expression was elevated in colitis tissues relative to that in uninvolved tissues, and the degree of elevation of PUMA expression correlated with the severity of colitis and the degree of apoptosis induction. In mice, PUMA was markedly induced in colonic epithelial cells following induction of colitis by either dextran sulfate sodium salt (DSS) or 2,4,6-trinitrobenzene sulfonic acid (TNBS). The induction of PUMA was p53-independent but required NF-κB. Absence of PUMA, but neither absence of p53 nor that of another BH3-only protein (Bid), relieved DSS- and TNBS-induced colitis and inhibited IEC apoptosis. Furthermore, treating mice with infliximab (Remicade), a clinically used TNF-specific antibody, suppressed DSS- and TNBS-induced PUMA expression and colitis. These results indicate that PUMA induction contributes to the pathogenesis of colitis by promoting IEC apoptosis and suggest that PUMA inhibition may be an effective strategy to promote mucosal healing in patients with UC.
Results

Apoptosis and PUMA induction in human UC tissues. To study the role of PUMA in UC and its associated IEC apoptosis, we first analyzed 23 colitis specimens and 17 uninvolved colonic tissues from patients with UC, including 12 matched pairs from the patients without pancolitis. Signs of colonic inflammation, including submucosa edema and lymphocyte infiltration, were evident in the colitis tissues (Supplemental Figure 1A; supplemental material available online with this article; doi:10.1172/JCI42917DS1). TUNEL staining revealed apoptosis induction in every colitis specimen compared with uninvolved samples (Figure 1A and Supplemental Figure 1, A–C). Apoptosis induction was confirmed by staining for active caspase-3, a biochemical marker of apoptosis (Figure 1B and Supplemental Figure 1, A, D, and E). Costaining with the epithelial marker cytokeratin and TUNEL or active caspase-3 detected apoptosis in both epithelial and non-epithelial cells (Figure 1C and Supplemental Figure 1D).

PUMA protein expression was found to be elevated in 39.1% of colitis samples (9 out of 23 samples) compared with that in uninvolved tissues by Western blot analysis (Figure 1D and Supplemental Figure 2A). PUMA mRNA levels were also found to be induced in colitis specimens relative to those in uninvolved tissues by RNA ISH (original magnification, ×400). Arrows indicate example PUMA-expressing cells. (F) Correlation between PUMA protein expression and severity of colitis in patients with UC (left panel). Correlation between apoptosis induction and severity of colitis in patients with UC (right panel). The tops of the boxes indicate the upper quartiles of the data, and the bottoms of the boxes indicate the lower quartiles of the data. The lines within the boxes indicate the median values. The top and bottom whiskers indicate the maximum values and minimum values, respectively. Values were mean ± SD (n = 7 in each group).
The above observations prompted us to use mouse models to further investigate the role of PUMA in colitis. Upon treating WT mice with 5% dextran sulfate sodium salt (DSS), an inducer of colitis and colonic inflammation (21), we found a number of inflammatory cytokines to be induced in the colonic mucosa, including Il1a, Il1b, Il6, Tnfα, Icam1, and Vcam1 (Figure 2A). Similarly, PUMA mRNA levels were increased by 8 fold within 24 hours after DSS treatment (Figure 2B, B and C). The induction of PUMA mRNA by DSS was confirmed by ISH analysis (Figure 2D). PUMA protein was also substantially induced after treatment (Figure 2E and Supplemental Figure 3A) and was found to be colocalized with cytokeratin (Supplemental Figure 3B). Furthermore, increased PUMA expression could be detected in purified IECs from DSS-treated mice (Supplemental Figure 4C). Thus, PUMA induction in IECs appears to constitute a rapid response in DSS-induced colitis and colonic inflammation.

Suppression of DSS-induced colitis in PUMA-KO mice. DSS-induced colitis is characterized by body weight loss, presence of occult or gross blood per rectum, and tissue damage (21). The disease phenotypes can be measured by the disease activity index, which is the sum of body weight, diarrhea, and rectal bleeding scores (22). To determine whether the induction of PUMA contributes to colitis, WT and PUMA-KO mice were subjected to DSS treatment. Although all DSS-treated mice developed colitis starting from day 3 (Supplemental Figure 5, A and B), the disease activity index score was significantly lower in PUMA-KO mice than in WT mice (Figure 3A). Fewer and smaller colonic ulcers were detected in PUMA-KO mice compared with WT mice after DSS treatment for 7 days (Figure 3, B–D). Histological analysis revealed substantially less epithelial damage and disruption of crypt architecture in PUMA-KO mice than in WT mice (Figure 3, E and F). However, similar levels of inflammatory cell infiltration were found in both WT and PUMA-KO mice (Figure 3E). Induction of myeloperoxidase (MPO) activity, which is an indicator of neutrophil infiltration, was also similar in WT and PUMA-KO mice after DSS treatment (Supplemental Figure 5C). These results suggest that PUMA contributes to DSS-induced colitis and intestinal damage after the initiation of the inflammatory response.

Suppression of DSS-induced IEC apoptosis by PUMA deficiency. To determine whether PUMA is involved in DSS-induced colitis through induction of apoptosis, we compared apoptosis induction in DSS-treated WT and PUMA-KO mice. DSS treatment induced DNA laddering, a classical marker of apoptosis, in the mucosa of WT mice but not in that of PUMA-KO mice (Figure 4A). DNA fragmentation quantified by diphenylamine assay was decreased from 22.9% in WT mice to 8.8% in PUMA-KO mice (Supplemental Figure 6A). Apoptosis detected by TUNEL staining started as early as 1 day after DSS treatment (Supplemental Figure 6B), primarily in the crypt areas (Qiu et al., unpublished observations). Apoptosis in these areas was sustained throughout the course of colitis and was blocked by 60%–80% in PUMA-KO mice (Figure 4B, C, and Supplemental Figure 6B). Cytokeratin and TUNEL double staining confirmed the epithelial origin of the PUMA-dependent apoptosis in the crypt areas (Figure 4D and Supplemental Figure 6C). DSS treatment for 7 days also induced apoptosis in the submucosal areas, including regions containing infiltrating lymphocytes, but this apoptosis seemed to be PUMA independent (Figure 4B).
PUMA promotes apoptosis by activating caspases through a mitochondrial pathway (13). DSS treatment of WT mice led to cytosolic accumulation of cytochrome c, a mitochondrial apoptotic protein (Figure 4E). The release of cytochrome c was decreased in PUMA-KO mice (Figure 4E). Concordantly, activation of caspase-3, a key caspase in the execution of apoptosis, was significantly reduced in PUMA-KO mice, as shown by the abundance of the caspase-3 cleavage fragment (Figure 4F) and by the analysis of caspase-3 activity (Supplemental Figure 6D). Collectively, these results indicate that PUMA mediates IEC apoptosis in DSS-induced colitis through the mitochondrial pathway.

Figure 3
Suppression of DSS-induced colitis in PUMA-KO mice. WT and PUMA-KO mice were treated with 5% DSS to induce colitis. (A) The disease activity index was determined at indicated time points, as described in the Methods. *P < 0.01 compared with WT mice (2-way ANOVA). (B) Methylene blue staining of colonic tissues from WT and PUMA-KO mice after DSS treatment for 7 days (original magnification, x100). (C) Colonic ulcers were counted after methylene blue staining as in B. (D) Length of the colonic ulcers in WT and PUMA-KO mice after DSS treatment for 7 days. (E) H&E staining of colonic tissues from WT and PUMA-KO mice after DSS treatment for 7 days (original magnification, x200). (F) Histological damage after DSS treatment for 7 days was scored after H&E staining as in E. Values in A, C, D, and F were mean ± SD (n = 6 in each group).

Requirement of PUMA for 2,4,6-trinitrobenzene sulfonic acid–induced colitis and IEC apoptosis. To verify the role of PUMA in colitis and IEC apoptosis, we analyzed an independent colitis model induced by 2,4,6-trinitrobenzene sulfonic acid (TNBS), which resembles CD (23). Similar to the DSS treatment, TNBS treatment also induced PUMA mRNA and protein in IECs of WT mice (Figure 5, A–C, Supplemental Figure 3, A and B, and Supplemental Figure 4, A and B). TNBS treatment induced similar levels of MPO activity and expression of Il1α, Il6, and Tnfa in both WT and PUMA-KO mice (Supplemental Figure 7, A and B). TNBS-induced colitis and colonic damage were substantially
decreased in PUMA-KO mice compared with those in WT mice (Figure 5, D–F). TNBS-induced IEC apoptosis was also markedly reduced in PUMA-KO mice (Figure 5, G and H, and Supplemental Figure 6E). These results confirm the critical role of PUMA in colitis and its associated IEC apoptosis.

*p53-independent PUMA induction and p53-independent colitis.* PUMA is a downstream target of p53 and plays a critical role in p53-mediated apoptosis (13). WT and p53-deficient (p53-KO) mice were therefore analyzed to determine the role of p53 in DSS-induced and PUMA-mediated colitis and IEC apoptosis. After DSS treatment, the expression of p53 was unchanged in WT mice, and the induction of PUMA remained intact in p53-KO mice (Figure 6A). Deficiency in p53 did not protect mice from DSS-induced body weight loss, diarrhea, and rectal bleeding (Figure 6B). Tissue damage measured by the histological score, and the number of ulcers was also unchanged in p53-KO mice (Figure 6C and Supplemental Figure 8, A–C). Similar levels of IEC apoptosis and caspase-3 activation were detected in DSS-treated WT and p53-KO mice (Figure 6D and Supplemental Figure 8, D–F). Furthermore, TNBS-induced PUMA expression, colitis, and IEC apoptosis were also found to be completely p53 independent (Figure 6, E and F, and Supplemental Figure 9, A–C). Therefore, the effects of PUMA on colitis and IEC apoptosis were not attributable to p53. To further determine the potential role of other BH3-only proteins in colitis, mice deficient in the BH3-only protein Bid (Bid-KO mice) were analyzed. We found that colonic damage and IEC apoptosis induced by DSS or TNBS were not different in WT and Bid-KO mice (Supplemental Figure 10, A–H).

*Effects of TNF inhibition on PUMA induction and colitis.* Our recent study showed that PUMA can be induced by TNF-α through an NF-κB–dependent but p53-independent mechanism (18). This prompted us to test whether NF-κB and TNF are involved in PUMA induction in DSS- and TNBS-induced colitis. Indeed, administration of the NF-κB inhibitor, Bay 117082, blunted the induction of PUMA in DSS-treated WT mice, in conjunction with reduced activation (phosphorylation) of the p65 subunit of NF-κB (Figure 7A). Similarly, pretreatment with infliximab (Remicade), an anti-TNF antibody clinically used for IBD treatment, also suppressed DSS-induced PUMA expression and p65 phosphorylation (Figure 7B and Supplemental Figure 11A), suggesting that the induction of PUMA by DSS is mediated by TNF through NF-κB. In addition to PUMA induction, TNF inhibition, an important means for treatment of IBD (1), suppressed DSS-induced colitis (Figure 7C), colonic damage (Figure 7D and Supplemental Figure 11B), ulcer formation (Supplemental Figure 11C), and IEC apoptosis (Figure 7, E and F). The extent of suppression conferred by TNF inhibition was similar to that observed in PUMA-KO mice.

Consistent with the findings from the DSS model, the induction of PUMA by TNBS was also reduced following NF-κB inhibition (Figure 8A). Cotreatment with infliximab compromised TNBS-induced PUMA induction in PUMA-KO mice (Figure 8B). These results confirm the critical role of PUMA in colitis and its associated IEC apoptosis.

**Figure 4** Inhibition of DSS-induced IEC apoptosis in PUMA-KO mice. After treatment of WT and PUMA-KO mice with 5% DSS for 7 days, several methods were used to analyze apoptosis. (A) Genomic DNA isolated from colonic mucosa was analyzed by agarose gel electrophoresis. (B) TUNEL staining of colonic tissues from the treated mice (original magnification, ×200). (C) The apoptotic index was measured by counting TUNEL signals in 100 randomly selected crypts. Values were mean ± SD (n = 3 in each group). (D) TUNEL (green) and cytokeratin (red) double staining of colonic tissues from the treated mice (original magnification, ×400). (E) Cytochrome c release was analyzed by probing the cytosolic and mitochondrial fractions of colonic mucosa using Western blotting. β-Actin and Cox IV, which are expressed in cytosol and mitochondria, respectively, were used as the controls for loading and fractionation. (F) Active caspase-3 was probed by Western blotting.
expression and p65 phosphorylation (Figure 8B), colonic damage (Figure 8C and Supplemental Figure 12A), and IEC apoptosis (Figure 8D and Supplemental Figure 12, B and C). Furthermore, pretreatment with the TNF inhibitor pentoxifylline also inhibited colitis and IEC apoptosis induced by DSS (Supplemental Figure 13, A–I) and those induced by TNBS (Supplemental Figure 14, A–E). However, NF-κB inhibition by pretreating mice with Bay 117082 did not protect against DSS- or TNBS-induced colitis and IEC apoptosis (Figure 9). Collectively, these results suggest that inhibition of PUMA expression contributes to the antiinflammatory effects of TNF inhibitors.

Discussion

Apoptotic cell death has been implicated as a major homeostatic and pathogenic mechanism of intestinal epithelium (2). In this study, we found that increased PUMA expression is correlated with the severity of colitis and induction of apoptosis in human UC samples. PUMA deficiency in mice abrogated DSS- and TNBS-induced colitis and IEC apoptosis, supporting the hypothesis that PUMA functions as a critical mediator of IEC apoptosis and a significant modulator of UC. The functional role of PUMA in IBDs needs to be validated using other cohorts of patient samples. The broader implications of our study can be verified using other colitis models, such as the IL10-deficient genetic model. Whether PUMA-mediated IEC apoptosis is responsible for disrupting the barrier function of the intestinal epithelial monolayer remains to be determined. PUMA has recently been shown to regulate T cell apoptosis (24). It is possible that PUMA may contribute to colitis by affecting T cell apoptosis, which is known to be abnormally regulated in IBDs (25, 26). In addition to PUMA, other BH3-only proteins, such as Noxa and Bim, may also be involved in colitis (27).

The induction of PUMA mRNA and protein occurred within 12–24 hours after DSS or TNBS treatment and could be detected throughout the treatment. This rapid and sustained PUMA induction...
seems to be a downstream inflammatory response, as cytokine induction and lymphocyte infiltration could still be detected in PUMA-KO mice. The induction of PUMA by DSS and TNBS is driven, at least in part, by TNF-α, which is the major cytokine that initiates and perpetuates intestinal mucosal inflammation and damage (28). Interestingly, Il6 and Tnfa expression was reduced in PUMA-KO mice compared with that in WT mice after TNBS treatment (Supplemental Figure 7A), suggesting a feedback loop in which PUMA-mediated apoptosis further enhances cytokine production.

Our previous studies have already shown that deficiency in the p65 component of NF-κB, a key regulator of intestinal inflammation (17), blunted PUMA induction by TNF-α in vitro and in vivo (18). This observation, along with the finding that NF-κB or TNF inhibition suppressed PUMA induction by DSS or TNBS, suggests that the TNF/NF-κB axis is responsible for PUMA induction and subsequent IEC apoptosis in colitis. Potential involvement of other cytokines is also possible, as suggested by a recent study, showing PUMA induction by interferon-γ through the transcription factor IRF-1 (29). Unlike PUMA or TNF inhibition, NF-κB or TNF inhibition did not alleviate colitis, probably reflecting the ability of NF-κB or TNF to activate both proapoptotic proteins, such as PUMA, and antiapoptotic proteins, such as Bcl-2 and Bcl-XL (Supplemental Figure 4C).

p53 is absolutely necessary for PUMA induction in IECs by DNA-damaging agents such as γ-irradiation (19). It also activates several proapoptotic proteins implicated in IBDs, such as Fas, death receptor 4 (DR4), and DR5 (30). Surprisingly, DSS- and TNBS-induced PUMA expression and colitis are completely p53-independent. p53 is also unnecessary for the induction of PUMA in response to intestinal ischemia/reperfusion (20). However, our study was focused on acute changes at early time points, whereas chronic colitis has been shown to induce DNA damage and trigger a p53 response (31). FoxO3A, a transcription factor that induces PUMA in response to cytokine deprivation (32), is not required for PUMA induction by TNF-α (18). Our results seem to reveal what we believe to be a novel apoptotic pathway through the TNF-α/NF-κB/PUMA axis, which may play a broad functional role in tissue inflammatory response and damage. It will be interesting to test whether this pathway is also involved in mucosal inflammation induced by bacterial or viral infection.

Modulation of PUMA expression may contribute to the effectiveness of current IBD treatment regimens, such as anti-TNF (33). TNF inhibitory agents may block IEC apoptosis by inhibiting PUMA expression. Our recent studies show that suppressing PUMA expression using an antisense approach significantly improved animal survival and protected against intestinal damage induced by high doses of γ-irradiation (19). Growth factors, such as insulin-like growth factor 1 and basic fibroblast growth factor, also alleviate radiation-induced intestinal injury, at least in part, by suppressing PUMA (34). Therefore, PUMA inhibition may offer an effective way to protect against IEC apoptosis and thereby may serve as a novel anti-IBD strategy. In conclusion, our study has demonstrated that PUMA contributes to colitis by promoting IEC apoptosis and may be a useful target for developing new IBD treatment options.
All animal experiments were approved by the Institutional Animal Care and Use Committee at the University of Pittsburgh. The acquisition of tissue samples was approved by the Institutional Review Board at the University of Pittsburgh. Written informed consent was received from each patient prior to inclusion in the study. Twelve males and eleven females were represented in colitis group, with the group age ranging from 10–70 years old, whereas 8 males and 9 females were represented in uninvolved group, with the group age ranging from 20–70 years old. Among the 23 patients in the UC group, colitis was found in the colons of 20 patients, the rectums of 10 patients, the ceca of 2 patients, the duodenum of 1 patient, and the terminal ileum of 1 patient. Among the 12 patients whose matched pairs of samples were analyzed, 5 were treated with steroids, 2 received immunomodulator treatment, and 1 was subjected to anti-TNF therapy.

Methods

Tissue samples. Frozen specimens of 23 colitis and 17 uninvolved tissues, including 12 matched pairs of samples from patients with UC without pancolitis, were obtained from the Digestive Disease Tissue Resource of the University of Pittsburgh. The acquisition of tissue samples was approved by the Institutional Review Board at the University of Pittsburgh. Written informed consent was received from each patient prior to inclusion in the study. Twelve males and eleven females were represented in colitis group, with the group age ranging from 10–70 years old, whereas 8 males and 9 females were represented in uninvolved group, with the group age ranging from 20–70 years old. Among the 23 patients in the UC group, colitis was found in the colons of 20 patients, the rectums of 10 patients, the ceca of 2 patients, the duodenum of 1 patient, and the terminal ileum of 1 patient. Among the 12 patients whose matched pairs of samples were analyzed, 5 were treated with steroids, 2 received immunomodulator treatment, and 1 was subjected to anti-TNF therapy.

Mice and treatment. All animal experiments were approved by the Institutional Animal Care and Use Committee at the University of Pittsburgh. Mice in the C57BL/6 background with different genotypes, including WT, PUMA–/–, Bid–/–, and p53–/–, were generated by breeding and identified by PCR genotyping, as previously described (19, 20, 35). The mice were housed in microisolator cages and allowed access to water and chow ad libitum.

Six- to ten-week-old littermates were treated with either DSS or TNBS to induce colitis. For DSS treatment, mice were fed with 5% DSS (MP Biomedicals) in drinking water. Mice received DSS treatment for 1, 3, 5, or 7 days and were immediately sacrificed after treatment. For TNBS treatment, mice were presensitized on the skin for 1 week with TNBS (Sigma-Aldrich) at 40 mg/kg body weight in 50% ethanol. After fasting overnight, the presensitized mice received 100 mg/kg TNBS by rectal injection with a 1-ml syringe fitted with a catheter, as previously described (36). Sacrifice of mice was performed 3 days after TNBS treatment. For TNF inhibition, mice were i.p. injected at 1 hour prior to DSS or TNBS treatment with the anti-TNF antibody infliximab (Remicade; Centocor Ortho Biotech) at 10 mg/kg or the TNF inhibitor pentoxifylline (Sigma-Aldrich) at 200 mg/kg. For NF-κB inhibition, mice were treated with DSS or TNBS and then sacrificed 1 day after TNF or NF-κB inhibition. Mice were treated with DSS or TNBS and then sacrificed using the same schedule as those treated with DSS or TNBS alone.

Analysis of mRNA and protein expression. Preparation of intestinal mucosa scraping and isolation of DNA, total RNA, and protein extracts from mouse tissues were performed as previously described (20, 37). Real-time RT-PCR was performed on a Mini Opticon Real-time PCR System (Bio-Rad) with SYBR Green (Invitrogen). Primers for RT-PCR are listed in Supplemental Table 1, except for the previously described PUMA and β-actin primers (20).

After protein extracts were subjected to NuPage gel (Invitrogen) electrophoresis, Western blotting was performed using antibodies for human PUMA (15); murine PUMA (Abcam); p53, Bax, and p65 (all from Santa Cruz Biotechnology Inc.); active caspase-3, Bcl-2, Mcl-1, and cytochrome c (all from BD Biosciences); phospho-p65 (Ser536) and Bad (both from Cell Signaling Technology); Bak (Millipore); Bcl-XL (Imgenex); Bim (EMD Biosciences); Noxa (Merck); Bcl-w (Enzo Life Sciences); Bid (a gift from

![Figure 7](https://doi.org/10.1172/JCI42917)
Xiao-Ming Yin at Indiana University, Indianapolis, Indiana, USA; and β-actin (Sigma-Aldrich) as previously described (15). For mouse analysis, representative results of 2 to 3 mice analyzed are presented, with each lane on a Western blot representing a single animal. Western blot band intensities were quantified using ImageJ software (http://rsbweb.nih.gov/ij/).

**Immunostaining.** Tissue sections (5-μm thick) were deparaffinized, rehydrated, and treated with 3% hydrogen peroxide, followed by antigen retrieval in boiling 0.1 M citrate (pH 6.0) buffer for 10 minutes. The sections were then blocked by 20% rabbit serum for 30 minutes. Immunostaining was performed as previously described for active caspase-3 (34). PUMA staining was performed at 4°C overnight using a mouse anti-PUMA antibody (Sigma-Aldrich), with Alexa Fluor 594 (Invitrogen) for signal detection. Cytokeratin staining was performed at 4°C overnight using a mouse anti-cytokeratin antibody (Abcam), with Alexa Fluor 488 (Invitrogen) or Alexa Fluor 594 for signal detection. For double staining, TUNEL staining was performed after PUMA or cytokeratin staining. Cytokeratin staining was performed prior to PUMA or active caspase-3 staining. Cells with positive staining were scored in at least 100 crypt sections and reported as mean ± SD.

**RNA ISH.** Probe template was prepared by RT-PCR amplifying a 398-bp PUMA cDNA fragment with one of the primers containing a T7 promoter sequence at 5′. Digoxigenin-labeled (DIG-labeled) RNA probes were transcribed using the DIG RNA Labeling Kit (SP6/T7) (Roche Diagnostics). Paraffin-embedded tissue was sectioned (5-μm thick), rehydrated, denatured with 0.2 N HCl, treated with Protease K (Ambion), postfixed in 4% paraformaldehyde, and acetylated. After a 1-hour prehybridization at 60°C, denatured DIG-labeled probes were hybridized to sections at 60°C for 16 to 24 hours. Hybridization buffer contained 65% formamide, 5X SSC, 2% Roche blocking powder, 1 μg/ml yeast tRNA, 50 μg/ml heparin, 5 mM EDTA, and 0.05% 3-[3-cholamidopropyl] dimethylammonio]-1-propanesulfonate. After a number of washes to decrease salt concentration, slides were incubated with α-DIG–horse radish peroxidase (Abcam), biotinyl tyramide (DAKO), α-biotin–horse radish peroxidase (Abcam), and then additional biotinyl tyramide (DAKO) to amplify the signal. After incubation with α-biotin–alkaline phosphatase (Abcam), the signal was visualized using nitroblue-tetrazolium-chloride/5-bromo-4-chloroindolyl-phosphate (Roche Diagnostics) solution, and counterstaining was applied with nuclear Fast Red (Vector Laboratories). When staining was complete, slides were washed in water and mounted in Clear Mount (Electron Microscopy Sciences).

**Determination of the disease activity index score.** The murine colitis phenotypes were measured by the disease activity index score, which is the sum of body weight, diarrhea, and bleeding scores determined daily during the treatment, as previously described (22). All scores were relative to the scores on day 1, which were set as 0. For body weight, no weight loss was scored as 0, loss of 1%–5% weight registered as 1, loss of 6%–10% weight registered as 2, loss of 11%–20% weight registered as 3, and loss of higher than 20% weight registered as 4. For stool consistency, 0 was scored for well-formed stools, 2 was scored for pasty and semi-formed stools that did not adhere to the anus, and 4 was scored for liquid stools that adhered to the anus. For bleeding, which was analyzed by the Hemoccult fecal occult blood test (Beckman Coulter), 0 was assigned for no blood, 2 was assigned for positive Hemoccult, and 4 was assigned for gross bleeding. All scores were blindly confirmed by 2 trained individuals.

**Analysis of tissue damage and histology.** Entire colons were collected from the treated mice and were fixed flat between wet filter papers in 10% neutral buffered formalin for 48 hours. The tissues were stained with
0.2% methylene blue (Sigma-Aldrich) in formalin solution for 5 minutes, and ulcerous areas were counted within 24 hours under a microscope. The tissues were subsequently processed as previously described (19). Paraffin-embedded sections (5-mm thick) were subjected to H&E staining for histological analysis. Histological scores were determined blindly based on the previously described criteria (38): 0, normal; 1, moderate mucosal inflammation without erosion and ulcer; 2, severe mucosal inflammation with erosion; 3, severe mucosal inflammation with ulcer (<1 mm); 4, severe mucosal inflammation with ulcer (1–3 mm); 5, severe mucosal inflammation with ulcer (>3 mm).

**Analysis of apoptosis.** DNA laddering and fragmentation were analyzed as described previously (20). TUNEL staining was performed using the ApopTag Kit (Chemicon International) according to the manufacturer’s instructions. TUNEL-positive crypts were counted in 100 randomly selected crypts. Cytochrome c release was analyzed by Western blot probing of mitochondrial and cytosolic fractions isolated from intestinal mucosal scraping by differential centrifugation (20). Caspase-3 activity was measured using a colorimetric assay kit (EMD Biosciences), according to the manufacturer’s instructions, or by Western blotting for active caspase-3.

**Statistics.** Statistical analysis was carried out using GraphPad Prism IV software. Student’s t test was used to generate P values, except for the experiments involving repeated measures, which were analyzed using 2-way ANOVA. Differences were considered significant if the probability of the difference occurring by chance was less than 5 in 100 (P < 0.05).

**Results**

**Figure 9**

Effects of NF-κB inhibition on DSS- or TNBS-induced colitis. (A) WT mice were treated with 5% DSS, alone or in combination with 8 mg/kg of the NF-κB inhibitor Bay 117082, for 7 days. Histological damage was scored after H&E staining of colonic tissues from the treated mice. (B) TUNEL (brown) staining of colonic tissues from the mice treated as in A (original magnification, ×200). Arrows indicate example TUNEL-positive cells. (C) The apoptotic index was calculated by counting TUNEL signals in 100 randomly selected crypts after TUNEL staining as in B. (D) WT mice were treated with 100 mg/kg TNBS, alone or in combination with 8 mg/kg of the NF-κB inhibitor Bay 117082, for 3 days. Histological damage was scored after H&E staining of colonic tissues from the treated mice. (E) TUNEL (brown) staining of colonic tissues from the mice treated as in D (original magnification, ×400). Arrows indicate example TUNEL-positive cells. (F) The apoptotic index was calculated by counting TUNEL signals in 100 randomly selected crypts after TUNEL staining as in E. Values in A, C, D, and F were mean ± SD (n = 3 in each group).

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