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### Research Article

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# Synoviocyte-Packaged *Chlamydia trachomatis* Induces a Chronic Aseptic Arthritis

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## Abstract

The basic mechanisms underlying reactive arthritis and specifically the joint injury that follows intra-articular *Chlamydia trachomatis* infection have not been defined. The present study addresses this question through the development of an experimental model. Stable cell lines were generated from synoviocytes harvested from the knee joints of Lewis rats. The synoviocytes were cocultivated with *C. trachomatis* to allow invasion by the microbe and were then transferred by intra-articular injection into the knee joints of Lewis rats. The ensuing arthritis could be subdivided into an early phase ( $\leq 14$  d) and a late phase. The early phase was characterized by intense, primarily neutrophilic, synovitis; accelerated cartilage injury; dissemination of *Chlamydia* to liver and spleen; and viable *Chlamydia* in the joints. The late phase was marked by mixed mononuclear lymphocyte infiltration in the joint; dysplastic cartilage injury and repair; absence of viable organisms; and development of a distinctive humoral response. Western blot analysis comparing reactive arthritis patients to the experimental model indicates that candidate arthritogenic chlamydial antigens are comparable between the two. This model demonstrates that an intense synovitis can be induced by this intracellular pathogen, and that chronic inflammation can persist well beyond the culture-positive phase. Furthermore, these data show that the synoviocyte is a suitable host cell for *C. trachomatis* and can function as a reservoir of microbial antigens sufficient to perpetuate joint injury. (*J. Clin. Invest.* 1998. 102:1776–1782.) Key words: reactive arthritis • *Chlamydia*

## Introduction

Reactive arthritis (ReA)<sup>1</sup> refers to an aseptic arthritis, which is precipitated by an extra-articular infection. The disease has attracted a great deal of research interest because it is a paradigm for a chronic rheumatic disease in which host immunogenetic susceptibility factors interact with a microbial trigger.

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1. Abbreviations used in this paper: CFX, ciprofloxacin; CIA, *Chlamydia*-induced arthritis; H/E, hematoxylin and eosin; mBSA, methylated bovine serum albumin; PMN, polymorphonuclear neutrophil; ReA, reactive arthritis; TCY, tetracycline.

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The dominant host factor is the class I HLA gene B27, which is present in 60–90% of such cases. The infections that initiate ReA are either gastrointestinal (with *Salmonella*, *Shigella*, *Campylobacter*, and *Yersinia* spp predominating) or genitourinary infections (with *Chlamydia trachomatis* predominating). There have been numerous mechanisms postulated to explain ReA, including molecular mimicry, immune response to arthritogenic peptide, immune complex formation, in situ antigen deposition, and toxin-mediated synovitis (1).

Although persisting intra-articular microbial antigens have been demonstrated for several pathogens (2, 3), in the case of *Chlamydia*-induced arthritis (CIA) the evidence is most compelling that “reactive arthritis” is a misnomer and that CIA in fact represents a form of septic arthritis. There is a sustained, local immune response to *Chlamydia* antigens in the joint (4–6). There is evidence supporting the persistence of *Chlamydia* in the joints by electron microscopy (7), immunoelectron microscopy (8), immunofluorescence (9), and demonstration of *Chlamydia* nucleic acids by PCR (10, 11), and ribosomal RNA hybridization techniques (12–14). There is also evidence that antibiotic treatment of CIA can modify the course of the disease (15, 16) to a greater extent than is seen in postdysenteric ReA (17). Finally, there is evidence that synovial fluid has no intrinsic microbicidal activity against *Chlamydia*, in contradistinction to its effects on gram-negative bacteria (18).

In view of the evidence that *Chlamydia* gains access to the joint and can persist for prolonged periods at the site, it is important to resolve what mechanisms mediate clearance of intra-articular *Chlamydia* and what alterations or defects in those mechanisms could account for the chronicity of CIA seen in some patients. To this end, we have developed an experimental model of CIA that allows a systematic analysis of the biological consequences of intra-articular *Chlamydia*.

## Methods

**Rats.** Adult male Lewis rats (Harlan Sprague Dawley, Indianapolis, IN) were maintained in conventional housing in the animal facility until exposure to *Chlamydia*. Thereafter, they were kept in isolation.

**Establishment of the rat fibroblast line.** An adult male Lewis rat was immunized subcutaneously with 0.5 mg of methylated BSA (mBSA; Sigma Chemical Co., St. Louis, MO) in 1 ml of a 1:1 mixture of complete Freund's adjuvant and PBS. 7 d later, the animal was given the same dose of mBSA, again subcutaneously. 1 wk later, the animal was anesthetized with Forane (Zeneca Pharma, Mississauga, ON, Canada) and injected intra-articularly in the knee joints with 0.1 ml of a sterile mBSA solution in PBS at 0.5 mg/ml (i.e., 50  $\mu$ g/knee). 48 h later, the knee joints were warm and swollen. The rat was euthanized in a carbon dioxide chamber. The knee joints were sterilely dissected, and inflamed synovial tissues removed. The tissues were carefully minced and cultured in 24-well plates using  $\alpha$ -MEM (GIBCO/BRL, Grand Island, NY) supplemented with 20% FCS. 10–14 d later, a number of fibroblast-like cells could be seen to have migrated out from the explant tissues. With time, these cells developed stable monolayers. They were removed with trypsin-EDTA (GIBCO/BRL) and seeded into flasks for expansion. Subsequently, they could be passaged repeatedly in this manner. Under these conditions, rat synovial fibroblasts usually show no sign of contact inhibition. They can

grow beyond their confluent monolayer phase and form multilayer mats of cells. By a change of media once a week, these lines can be maintained for long periods of time.

**Chlamydia.** *C. trachomatis* serotype L2 was obtained from Dr. Martin Petric (Hospital for Sick Children, Toronto, ON, Canada). Frozen stocks were kept at  $-70^{\circ}\text{C}$ . It is our experience that *Chlamydia* grows well in many kinds of adherent cell types, including HeLa cells, mouse L cells, and the synovial fibroblast lines. To generate infected cells, a 1-ml aliquot of frozen stock of *Chlamydia* was centrifuged onto a fresh monolayer of the appropriate target cells at 800 g for 30 min. The infected cells were then incubated for 24–48 h. When inclusion bodies within the cells had matured, synoviocytes were harvested by scraping the cells off the plastic surface with a cell scraper or by removing them enzymatically with trypsin-EDTA. Enumeration of *Chlamydia* CFUs was done by serial dilution. Serial dilutions of *Chlamydia* were centrifuged onto HeLa cell monolayers in 24-well plates in quadruplicate. Wells were examined under phase-contrast microscopy after 48 h of incubation to determine the end point. The end point is defined as the absence of inclusion bodies in all four wells of a particular dilution. The concentration of CFUs in the starting preparation can then be calculated.

**Intra-articular injection of Chlamydia.** After incubation with *Chlamydia*, the synoviocytes were harvested with trypsin and diluted in PBS. The inclusion body-laden synoviocytes survived the treatment well and were able to reattach if replated onto the plastic well. The final concentration was adjusted to  $5 \times 10^5/\text{ml}$  of viable cells. The rats were anesthetized with Forane, and 0.2 ml of the infected cells containing  $2 \times 10^5$  CFUs were injected into the knee joint using a 23 G needle. All animals tolerated the procedure well. 2 d postinjection, the onset of swelling of the joint was observed. At various time periods after intra-articular injections, the animals were euthanized.

**Processing of tissues.** At necropsy, the knee joints were removed whole for histological evaluation. They were fixed in buffered formalin and decalcified before being blocked, sectioned, and stained with hematoxylin and eosin (H/E). The size of the joints were measured with a vernier caliper before decalcification. A 0.4 M sodium citrate solution of water/formic acid (3:1) was used for decalcification.

For culture studies, knee joints were sterilely opened, and a small amount of sterile PBS was introduced into the joint space. The knees were lavaged and fluid aspirated for the detection of live *Chlamydia*. Synovial tissues from these joints were also removed and snap frozen in OCT compound (Miles Inc., Elkhart, IN) using liquid nitrogen for immunofluorescent studies.

Internal organs, such as the spleen, liver, lung, and kidney, were removed for cultures and immunofluorescence. Small samples of tissue were snap frozen in OCT, and the remaining tissue was homogenized in sterile PBS for the detection of live *Chlamydia*. Blood was obtained by cardiac puncture with the animal under anesthesia. Serum was analyzed for anti-*Chlamydia* studies by ELISA and Western blots. A number of blood samples were also used to check for circulating live *Chlamydia*. In this case, mononuclear cells were separated using Lympholyte M (Cedarlane Laboratories, Hornby, ON).

**Detection of live Chlamydia.** Detection of live *Chlamydia* involved a two-step procedure. Synovial fluids, organ homogenates, and blood cell suspensions were centrifuged at 800 g for 30 min onto HeLa cell monolayers. After 48 h of incubation, the monolayers were examined under phase contrast microscopy for inclusion bodies. This provided an initial screening test. A secondary confirmatory culture was performed. The primary culture was harvested with a cell scraper, and 0.5 ml of the cell suspension was applied onto a fresh monolayer of HeLa cells. The secondary culture was then spun down as before and examined after 48 h.

**Immunofluorescence studies.** Snap frozen tissues were cryosectioned and fixed in methanol for 10 min. Two *Chlamydia* immunofluorescence detection kits from Kallestad (Chaska, MN) were used. The Pathfinder Chlamydia Direct Antigen Detection System (#624) uses an antibody to the outer membrane protein, MOMP, while the Pathfinder Chlamydia Confirmation System (#532) uses an antibody

to *Chlamydia* LPS. These are one-step tests with a labeled primary antibody and a counterstain. When examined under fluorescence microscopy, *Chlamydia* appears as green particles against a red counterstained background.

**ELISA.** ELISA plates were coated with a 10  $\mu\text{g}/\text{ml}$  preparation of *Chlamydia* in a pH 9.6 carbonate-bicarbonate buffer overnight at  $4^{\circ}\text{C}$ . A single batch of plates was prepared and kept frozen. Results reported represent duplicate analyses on two sets of animals.

Rat sera were diluted 1:200 in PBS containing 1% BSA as blocking agent. 0.2 ml was added to each well in triplicate. After 90 min of incubation at  $37^{\circ}\text{C}$ , plates were washed and peroxidase-conjugated antibodies added. These secondary antibodies against rat IgG and IgA were obtained from Serotac Canada (Toronto, ON). They were diluted 1:5000 in the PBS with 1% BSA. After a further 90-min incubation at  $37^{\circ}\text{C}$ , the plates were washed and color developed with o-phenylenediamine (0.4 mg/ml) as substrate. Plates were read at 490 nm with an ELISA plate reader.

To obtain positive control sera, Lewis rats were immunized conventionally with a subcutaneous injection of about  $5 \times 10^5$  CFUs of killed *Chlamydia* in complete Freund's adjuvant. 1 wk later, the rats were given a similar booster injection, again subcutaneously with incomplete Freund's adjuvant.

**Western blot.** Western blot analysis of anti-*Chlamydial* antibodies was carried as previously described (4). Briefly, *C. trachomatis* was electrophoresed using SDS-PAGE then electrotransferred onto nitrocellulose sheets for subsequent incubation with immune serum samples at a dilution of 1:100 for 90 min at RT. After washing, the strips were incubated with a peroxidase-conjugated anti-rat secondary antibody at a dilution of 1:5000 for 90 min. The strips were developed with an Amersham ECL Western Blot Detection System and exposed to X-ray films (Amersham, Arlington Heights, IL).

**Antibiotic treatments.** Therapeutic modifications of the standard model of injecting *Chlamydia*-laden synoviocytes were performed using the antibiotics tetracycline (TCY) and ciprofloxacin (CFX). TCY HCl was obtained from Sigma, dissolved in PBS, and made fresh prior to each use. The dose of the antibiotic was calculated using reference standards from the Merck Veterinary Manual to be 2.7 mg/day.

The antibiotics were injected intramuscularly daily on different schedules. With schedule 1, TCY was administered on the same day as the intra-articular injection of synoviocytes, and then 7 d later. With schedule 2, TCY was administered 2 d prior to the joint injection and then daily for 9 d. With schedule 3, TCY was held until 48 h post-intra-articular injection, coincident with the clinical onset of arthritis. It was then injected daily for 5 d. With schedule 4, daily TCY injections started 2 d prior to the synoviocyte injection but was stopped 48 h later, for a total of five injections.

CFX was obtained from Bayer (Etobicoke, ON) as an injectable liquid. The dosage of 2.75 mg/d was used, given by intramuscular injection. Two injection schedules were followed for CFX. With schedule 1, CFX was injected on the same day as the *Chlamydia* injection and then daily for 7 d. With schedule 2, CFX injection was held until 48 h after the *Chlamydia* injection and then daily for a total of five injections. Results reported represent millimeters of swelling on three animals for each set of experimental conditions.

## Results

**Gross observations.** After intra-articular injection of synoviocyte-packaged *Chlamydia* into the knee joints of Lewis rats, the first sign of arthritis appeared 48 h later with swelling of the injected joints. The swelling progressed over 7–10 d (Fig. 1). During the active phase of arthritis, the mobility of the animals was restricted. After 2 wk, there was a gradual decline in joint swelling and the animals were more active. At the third week postinjection, joint swelling could still be palpated. The

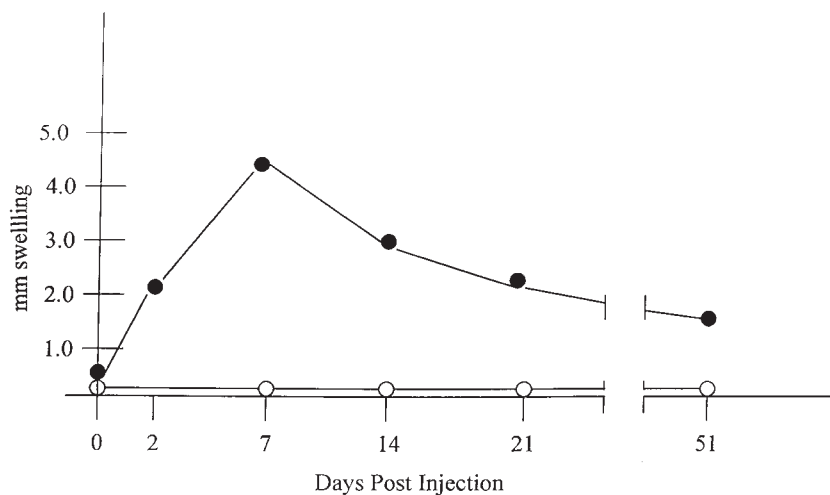


Figure 1. Time course of experimental *Chlamydia*-induced arthritis measuring the degree of swelling in the knee joint. The solid circles represent joints injected with synoviocyte-packaged *Chlamydia*. The open circles represent joints injected with unmodified synoviocytes.

contralateral knee either injected with control uninfected Lewis synoviocytes or noninjected showed no clinical signs of arthritis at any time.

At 2, 7, 14, 21, and 50 d postinjection, a subset of rats was sacrificed for analysis. Their knee joints were removed, and the lateral width of the joints was measured before histological processing. The measurements are summarized in Table 1. The maximum swelling was observed on day 7 when the infected joints were on average about 50% larger than normal rat knees. Although the swelling diminished, it persisted through to day 50 when the animal was sacrificed.

**Histology.** Histological (H/E) evaluations of the longitudinal sections of the joint showed that 48 h after synoviocyte injection there was a significant infiltration of polymorphonuclear neutrophils (PMNs) accompanied by moderate hyperplasia of the synovial tissues (Fig. 2 A). Early pannus develop-

ment was observed, but cartilage and bone pathology were absent at this point. 1 wk after injection, the knee joints were extensively infiltrated by PMNs (Fig. 2 B). Synovial hyperplasia and hypertrophy were extensive. The synovial spaces were filled by the hypertrophic tissues and the joint capsules were engorged. Pannus was more extensive. Early erosive cartilage and bone changes were seen. The leading edge of the erosion front consisted of fibroblast-like cells. There were changes in subchondral bone, and in some cases fibroblast-like cells had infiltrated bone marrow space. The histology at 14 d was similar.

By day 21, the synovial tissues were still markedly hypertrophic; however, the density of the leucocytes had diminished (Fig. 2 C). Early fibrosis in the subsynovium was seen. The character of the infiltrating leucocytes started to change from PMNs to the appearance of mononuclear cells. Plasma cells were also evident. Cartilage dysplasia was seen with disruption

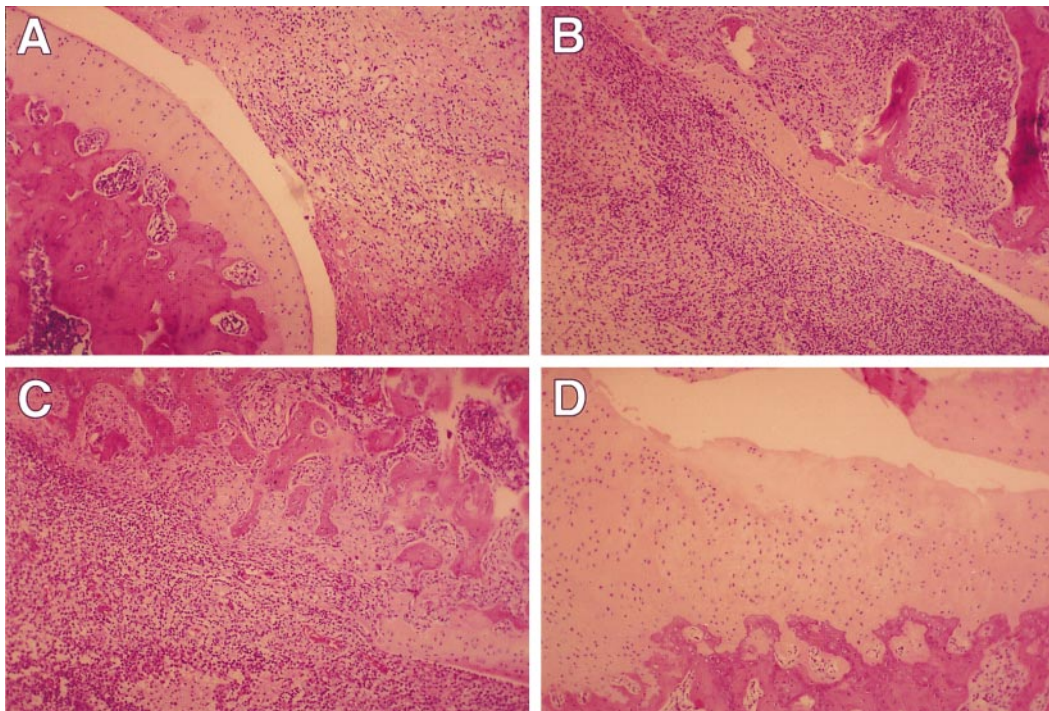


Figure 2. H/E histopathology of the evolution of joint inflammation. (A) 2 d; (B) 14 d; (C) 21 d; (D) 50 d postinjection.

Table I. Composite Measurements of Lateral Width of Knees

Days postinjection	Dimension in mm $\pm$ 1 SD	n
Normal controls	8.52 $\pm$ 0.45	12
2	10.50 $\pm$ 0.65	5
7	12.42 $\pm$ 1.06	15
14	11.60 $\pm$ 0.64	4
21	10.48 $\pm$ 0.43	5
34	9.95 $\pm$ 0.35	2
50	10.22 $\pm$ 0.40	6

of the normal joint architecture and alteration of smooth articular surfaces. Cartilage regeneration was evident on the day 50 examination (Fig. 2 D). Chondrocytes were active with large lacunae containing multiple cells. The cartilage matrix was uneven and their surfaces were rough and distorted. The synovial tissues remained hypertrophic with an infiltration of mononuclear cells and patchy fibrosis.

Knees injected with uninfected synoviocytes only had slight transient inflammation at 48 h postinjection but had completely normalized at a day 7 examination. Uninjected contralateral joints had completely normal histology.

**Detection of live *Chlamydia*.** Using the two-step procedure, live *Chlamydia* were cultured from the synovial fluids of injected joints for up to 14 d (Table II). The cultures were negative by the third week. The control contralateral knees remained culture negative throughout. Spleen and liver samples were culture positive during the first week but were negative beyond 7 d. Cultures of blood, lungs, and kidneys remained negative throughout.

**Anti-*Chlamydia* antibodies.** ELISA assay of antibody responses to intra-articular challenges is shown in Fig. 3. IgG titer was only slightly higher at day 7 postinjection and not significantly elevated until day 14. There was no IgA response until the third week.

By Western blot, the preimmune sera showed no reactivity with *Chlamydia* (Fig. 4). At day 14, antibodies were detectable, binding primarily the 40 kD MOMP as well as antigens at 58 kD and 65 kD. The reactivity from chronic arthritis (85 d) detected an even broader range of antigens, including 26, 32, 38, 40, 58, and 60 kD.

Table II. Results of Cultures for *C. trachomatis* in Selected Organs after Intra-Articular Injection (Number of Positive Cultures/Number of Animals Examined)

Days postinjection	<i>Chlamydia</i> -injected knee	Control-injected knee	Spleen	Liver	Kidney	Lung
2	5/5	0/5	5/5	ND	ND	ND
7	11/11	0/11	11/11	11/11	0/2	0/2
14	6/6	0/6	0/6	0/6	0/2	0/2
21	0/6	0/6	0/6	0/6	0/2	0/2
50	0/12	0/12	0/12	0/12	ND	ND

**Immunofluorescence studies.** Using immunofluorescence, *Chlamydia* antigens could be demonstrated in the synovial tissues and spleens of the rats 7 d postinjection (Fig. 5, A and B). Both LPS and MOMP were detected (Table III). Results from the spleen tissues 50 d postinjection indicated positive staining for MOMP (8/12 animals) and for LPS (9/12 animals), but only one synovial tissue was positive for MOMP at 50 d and none were positive for LPS.

In the 14-d postinjection spleen samples, a characteristic feature was observed (Fig. 5, C and D). *Chlamydia* antigens, both LPS and MOMP, were reproducibly deposited in a ring pattern (Fig. 3). When the spleens were stained with H/E, the ring pattern corresponded anatomically to the marginal zone between the red and white pulp. This marginal zone is demarcated by reticular cells and is the site where capillaries leading out from the central arterial of the white pulp empty into the venous sinus of the red pulp.

**Nonarticular injections.** We examined whether dissemination from the knee joint to the liver and spleen was unique to the joints. Rats were injected with an equivalent dose of *Chlamydia* in Lewis fibroblasts intramuscularly into the posterior aspect of the rectus muscle just above the knee joint. Other rats were injected subcutaneously lateral to the knee. In neither case did clinical arthritis develop. No *Chlamydia* was isolated from the livers and spleens 7 d postinjection. No *Chlamydia* was recovered from the injected rectus muscle at 7 d.

**Inactivated *Chlamydia*.** To determine whether the development of arthritis and joint pathology required viable microorganisms, heat-inactivated *Chlamydia* was injected intra-

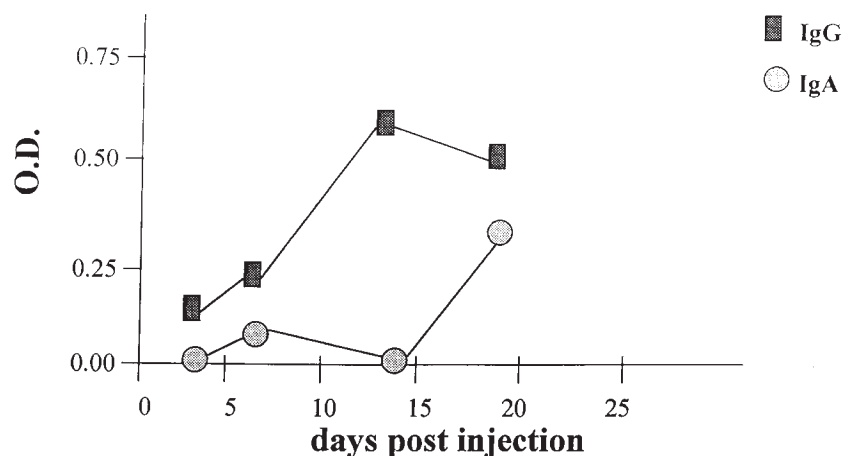


Figure 3. ELISA analysis of anti-*Chlamydia* antibodies during the course of arthritis.



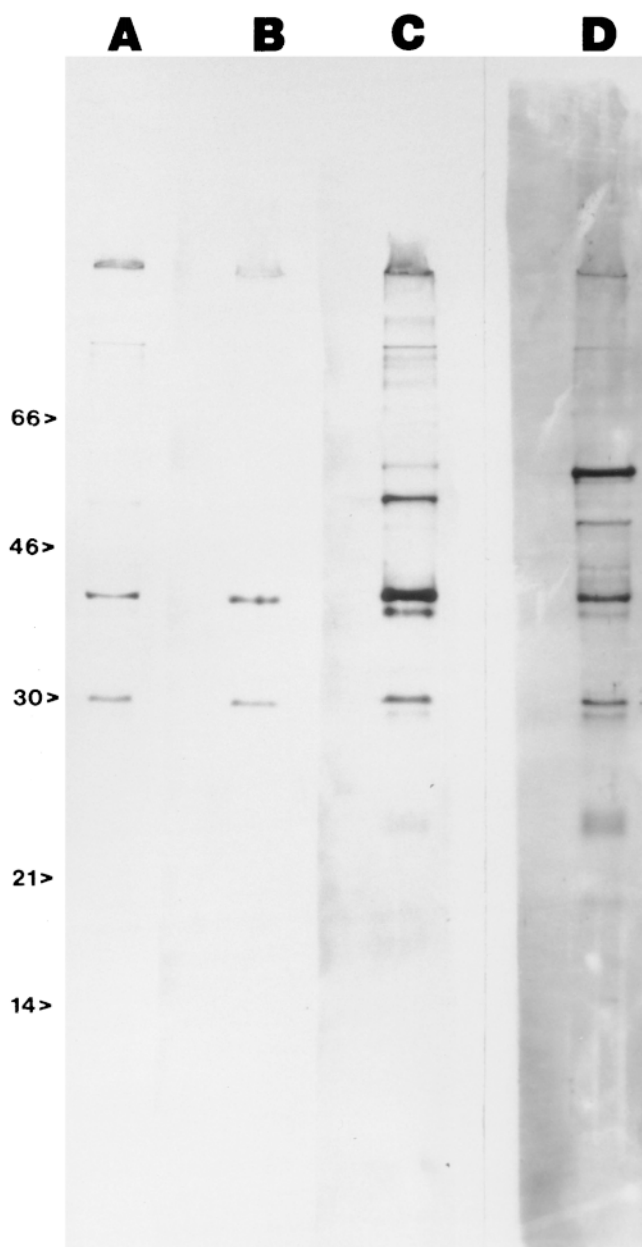


Figure 4. Western blot analysis of anti-*Chlamydia* antibodies in experimental and clinical *Chlamydia*-induced arthritis. Lanes A, B, and C represent sequential serum samples from an animal with arthritis at 2, 4, and 8 wk, respectively. Lane D represents serum reactivity in a patient with post-*Chlamydia* ReA.

articularly. Heat inactivation was carried out by raising the temperature of the *Chlamydia*-laden Lewis synoviocytes to 75°C for 10 min before being harvested for injection. No clinical arthritis developed and joint histology was normal 7 d postinjection. Immunofluorescence detected no LPS or MOMP in the synovial tissues of the injected joints.

**Male versus female.** When both male and female Lewis rats were injected, their clinical arthritis appeared to be identical. Live *Chlamydia* were isolated from the injected knee joints, liver, and spleen 7 d postinjection in both males and females.

**Antibiotic treatment.** All rats that were administered TCY were free of any sign of arthritis 7 d postintra-articular syno-

Table III. Results of Immunofluorescence Analysis on Various Organs (Number of Positive/Number of Animals Tested)

Days postinjection	Injected knee	Spleen	Liver	Lung
<b>Anti-MOMP</b>				
7	9/9	9/9	0/9	0/9
50	1/12	8/12	0/12	ND
<b>Anti-LPS</b>				
7	9/9	9/9	0/9	0/9
50	0/12	9/12	0/12	ND

viocyte injections (Fig. 6). This included rats from all four schedules. Animals from schedule 3 started to show typical signs of arthritis 48 h after synoviocyte injections, but starting TCY treatment on this day eliminated all signs of arthritis. After sacrifice of the animals after 7 d, no *Chlamydia* could be isolated from the injected knee joints, livers, or spleens. The lateral width of their knees was 8.8 mm ( $n = 2$ ) for schedule 1 rats, 8.7 mm ( $n = 6$ ) for schedule 2 rats, 10.0 mm for schedule 3 rats, and 9.0 mm ( $n = 4$ ) for schedule 4 rats. Only those joints from schedule 3 were slightly larger than normal. The clinical impact of TCY treatment on the late course of arthritis in varying schedules and varying doses has not been performed as yet. Histologically, none of the joints in the TCY-treated animals showed significant PMN infiltration. Instead, there was mild infiltration of mononuclear leukocytes. Only the synovial tissues from schedule 3 rats were moderately hypertrophic with more of a fibrous reaction than hypercellularity.

Contrary to TCY, CFX was not effective in modifying the *Chlamydia*-induced arthritis. All rats developed full-blown arthritis with average lateral joint widths of 12.3 mm ( $n = 3$ ) and 11.8 mm ( $n = 2$ ) for schedule 1 and 2 rats, respectively. Histologically, these were highly inflamed knees with extensive structural lesions. Live *Chlamydia* was isolated from all joints as well as from the spleens of these rats. The clinical impression was that CFX was not only ineffective but might have worsened the arthritis.

## Discussion

Infection-triggered arthritis can follow several different pathways (19). CIA, while previously being classified as a reactive arthritis, is now regarded as being closer to a septic arthritis. This arthritis is in fact the most notable clinical example in the spondyloarthropathies of a syndrome which blurs the distinction between a septic process and a reactive one. There has been evidence from electron microscopy and PCR studies of synovial tissues of CIA that the organism resides in the joint in a metabolically quiescent state, but as such can constitute a local source of microbial antigens sufficient to trigger and sustain a local inflammatory response in the joint. But the cellular and cytokine host defenses against intra-articular *Chlamydia* and the mechanisms responsible for prompt versus delayed clearance of the organism have not been defined. In the present study, we have developed a model system in which to analyze these events systematically.

We have shown that human synoviocytes in culture can be invaded by arthritogenic organisms and provide suitable host cells to maintain intracellular bacterial growth (20). But in the

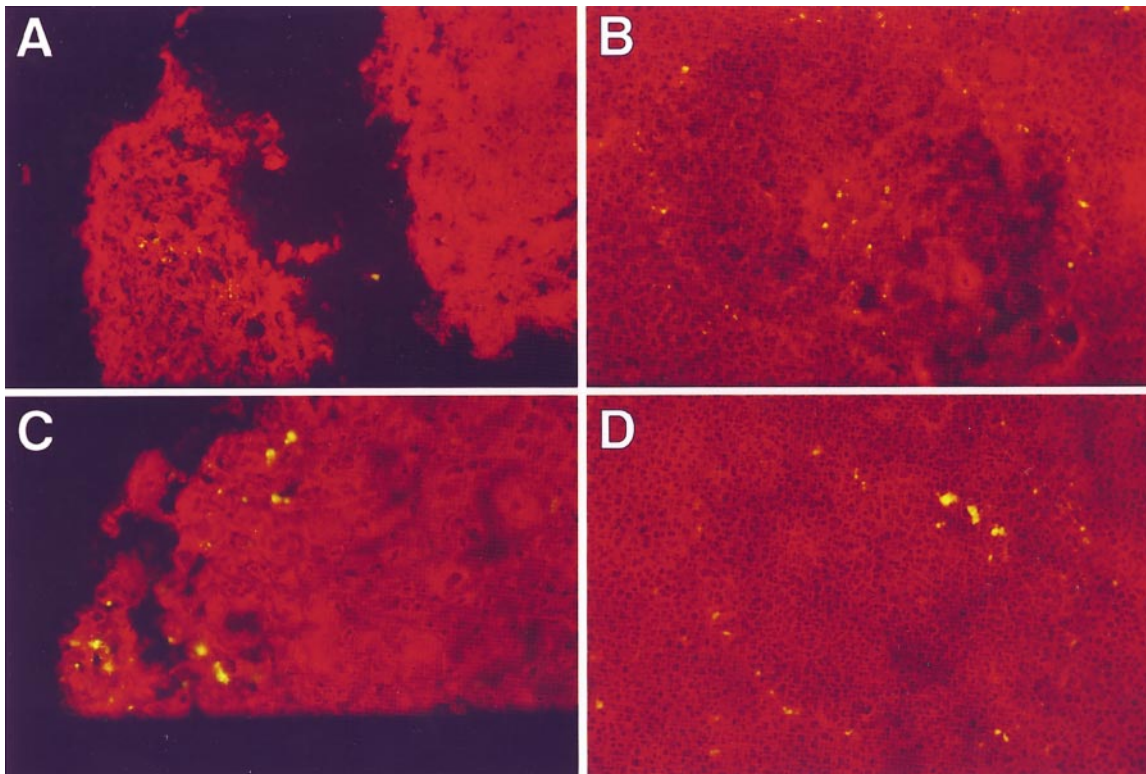


Figure 5. Immunofluorescent staining of synovial tissues ([A] anti-MOMP; [B] anti-LPS) and spleen ([C] anti-MOMP; [D] anti-LPS).

case of *Chlamydia*, the ambient synovial fluid in ReA is not toxic to the organisms, unlike the microbicidal effect such fluid has on the enteric gram-negative pathogens (18). The demonstration that synoviocytes can harbor *Chlamydia* and sustain its growth provided the groundwork for this study, which exploits this cell-pathogen interaction to generate an experimental model of CIA. Since *Chlamydia* is an obligate intracellular pathogen, a host cell delivery system more closely mimics the clinical situation in CIA. In our experience, elementary bodies purified by Renografin gradients, while appropriate for determining antigenicity, have greatly attenuated invasive properties and thus would not accurately reflect the biology of the organism residing in the joint in CIA.

Synoviocyte-packaged *Chlamydia* induce an intense cellular infiltration, which is predominantly neutrophilic early on but evolves to a mononuclear cell pattern over time. The earliest phase of clinical CIA is rarely amenable to descriptive analysis since patients are usually not seen in the first days of the onset of synovitis. Thus, analyses of synovial fluid in these arthropathies tend to be from more chronic patients (21–23). In the experimental model, there is significant cartilage injury during the acute intense synovitis with local erosive changes seen diffusely, and particularly at the cartilage-synovium interface. While there is evidence of cartilage regeneration following the acute injury, the predominant histopathology reflects cartilage dysplasia, with altered morphology and archi-

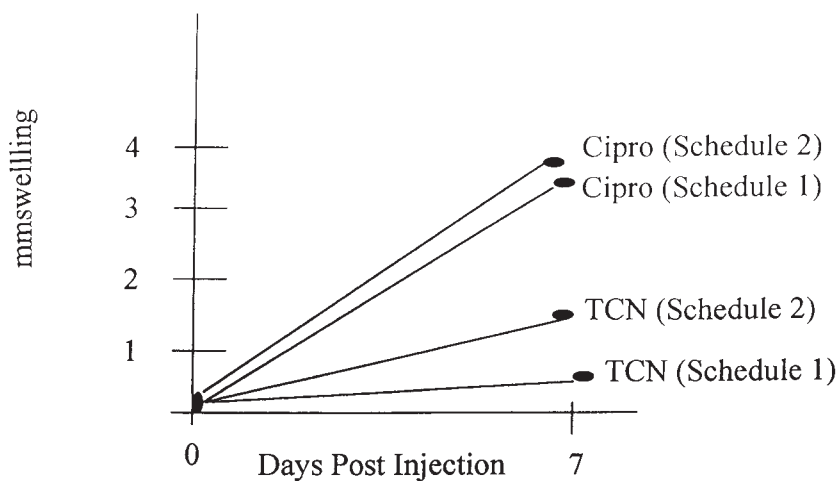


Figure 6. Antibiotic effect on acute arthritis. Schedule 1: antibiotic given coincident with *Chlamydia*, then daily  $\times 7$ . Schedule 2: antibiotic given 2 d after *Chlamydia*, then daily  $\times 5$ . Antibiotics: tetracycline IM 2.7 mg/d; ciprofloxacin IM 2.8 mg/d.

ture. The late phase is characterized by a rough and irregular articular surface that has replaced the smooth congruent surfaces of the normal cartilage. Joint swelling persists at this late phase as well.

The late phase is characterized by lack of culture-positive *Chlamydia* and by largely negative immunofluorescence studies. One synovial tissue demonstrated positive immunofluorescence, indicating local persistence of the 40 kD MOMP and suggesting a possible role for this antigen in perpetuating the local inflammation, but likely other chlamydial antigens are contributing to the persistence of the chronic inflammation. Our previous studies on reactivity of synovial fluid in *Chlamydia*-induced arthritis patients had demonstrated that MOMP was likely an important arthritogenic antigen (4). The late sera from the animals in the current study also implicates a 60-kD molecular species which could represent *Chlamydia* heat shock protein. In vitro studies of interferon-treated *Chlamydia* have demonstrated that synthesis of this heat shock protein can be sustained under conditions of persistent *Chlamydia* infection (23). If there is a dominance of a Th1 response to the local antigen as has been suggested for patients with CIA (24), then a microenvironment with local interferon production could influence both the persistence and the antigenic expression of the resident organisms. A systematic analysis of cytokine expression in our experimental arthritis has not yet been performed.

There was significant dissemination of *Chlamydia* from the joints to liver and spleen in our animals. The immunofluorescence studies of the spleen indicate that the organisms lodge in the marginal zone at the interface of the red pulp and white pulp. Whether this reflects a distinctive spleen cell population in the region or the hemodynamic watershed at this site has not yet been resolved. It is of interest that recent studies in mice analyzing dissemination from the genitourinary tract have demonstrated a role for IFN- $\gamma$  in containing dissemination to extragenital sites (25). In our animals, the joint appears to be distinctively effective as a primary source of dissemination to spleen and liver, since comparable microbial loads delivered to juxta-articular soft tissues demonstrated no such dissemination. This suggests that if the organisms can gain access to the joint after a genitourinary infection, then the stage is set not only for joint inflammation but also perpetuation of the infection by dissemination to other sites.

This experimental model should allow a systematic analysis of factors implicated in human *Chlamydia*-induced arthritis—host MHC, T cell subsets, local and systemic cytokine production, arthritogenic *Chlamydia* antigens—in a way that should provide new insights into pathogenesis and treatment of infection-induced arthropathies in general.

## Acknowledgments

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