Inhibition of p38α MAPK rescues cardiomyopathy induced by overexpressed β2-adrenergic receptor, but not β1-adrenergic receptor

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We examined the role of p38α MAPK in mediating cardiomyopathy in mice overexpressing β1-adrenergic receptor (β1-AR) or β2-AR by mating them with dominant-negative p38α (DNp38α) MAPK mice. Both β1-AR and β2-AR Tg mice had enhanced LV ejection fraction (LVEF) as young adults and developed similar cardiomyopathy at 11–15 months, characterized by reduced LVEF, myocyte hypertrophy, fibrosis, and apoptosis. We inhibited p38α MAPK by mating β1-AR Tg and β2-AR Tg mice with DNp38α MAPK mice, which rescued the depressed LVEF and reduced apoptosis and fibrosis in bigenic β2-AR × DNp38α MAPK mice, but not bigenic β1-AR × DNp38α MAPK mice, and failed to reduce myocyte hypertrophy in either group. Gαs was increased in both β1-AR Tg and β2-AR Tg mice and was still present in bigenic β1-AR × DNp38α MAPK mice, but not bigenic β2-AR × DNp38α MAPK mice. This suggests that p38α MAPK is one critical downstream signal for the development of cardiomyopathy following chronic β2-AR stimulation, but other kinases may be more important in ameliorating the adverse effects of chronic β1-AR stimulation.

Introduction

Chronic β-adrenergic receptor (β-AR) stimulation is deleterious and is involved in the pathogenesis of heart failure (HF) (1–8). There are several Tg mouse models where β-AR signaling is chronically enhanced by overexpression of cardiac β1-AR (3), β2-AR (2, 6, 7), or Gαs (5, 8). These Tg mice develop cardiomyopathy as they age, as reflected by reduced LV function, enhanced fibrosis, apoptosis, and myocyte hypertrophy. Clinical data supporting this concept include the deterioration and enhanced mortality of patients in HF receiving sympathomimetics (4); conversely, there is now convincing evidence of reduced morbidity and mortality of patients in HF on chronic β-AR blockade therapy (1). Whereas chronic β-AR blockade therapy is assuming increasing importance in HF, the cellular and/or molecular mechanisms mediating this beneficial action are less well understood. One mechanism mediating the beneficial effects of β-AR blockade therapy involves reversing PKA hyperphosphorylation of the calcium release channel/cardiac ryanodine receptor (9, 10).

We also reasoned that in view of the resemblance between the deleterious effects of chronic sympathomimetic amine therapy in patients with HF and the development of cardiomyopathy in mouse models overexpressing components of the β-AR signaling pathway, identifying the molecular mechanisms responsible for reversing the cardiomyopathy in these mouse models of chronically enhanced β-AR signaling might also shed light on potential mechanisms involved in β-AR blockade therapy in HF. Several members of the MAPK superfamily — which consists of ERKs and 2 stress-responsive subfamilies, JNKs and p38 MAPK kinases — are important mediators of cell growth and stress stimuli (11), and in the mammalian heart these kinases regulate myocyte growth in response to pathologic stimuli. Importantly, in mice with overexpressed cardiac Gαs, the activity of several of these stress-activated kinases is enhanced in the heart as the mice develop cardiomyopathy; moreover, their activity is reduced following chronic β-AR blockade (12).

To examine the consequences of chronic β1-AR and β2-AR activation, we examined the cardiac phenotype of old mice (11–15 months) with β1-AR and β2-AR overexpression. Our initial results in the present study suggested that not only β1-AR overexpression, but also β2-AR overexpression, induced cardiomyopathy in adult animals. In vitro studies have suggested differential activation of p38α MAPK by β1-AR and β2-AR (13) and that β1-AR and β2-AR affect apoptosis and myocyte hypertrophy differently, that is, it has been proposed that activation of β2-AR significantly protects the myocardium from apoptosis (14–17) and hypertrophy (18, 19). Thus, we sought to examine the role of p38α MAPK in mediating cardiomyopathy in mice with β1-AR and β2-AR overexpression. If the p38α MAPK molecule was responsible for the cardiomyopathy, then mating the Tg mice with dominant-negative p38α (DNp38α) MAPK mice (13, 20) should ameliorate the cardiomyopathy. Accordingly, we examined the development of cardiomyopathy in β1-AR Tg and β2-AR Tg mice, and whether mating these mice with DNp38α MAPK Tg mice would result in a lineage of bigenic mice that would be rescued from cardiomyopathy. We found that...
inhibition of p38α MAPK in bigenic mice rescued the depressed LV ejection fraction (LVEF) and reduced apoptosis and fibrosis in β2-AR Tg mice but not β1-AR Tg mice, and myocyte hypertrophy was not reduced in either bigenic model. This suggests that p38 MAPK is one critical downstream signal for the development of cardiomyopathy following chronic β2-AR stimulation, but other kinases may be more important in ameliorating the adverse effects of chronic β1-AR stimulation.

**Results**

**LV function.** LVEF was higher in young (4–6 months) β1-AR Tg mice (81% ± 2%) and β2-AR Tg mice (84% ± 2%) than in young WT mice (71% ± 1%; P < 0.01) and in young DNp38α MAPK mice (72% ± 3%; P < 0.05). The heart rates of β1-AR Tg and β1-AR Tg mice were also higher than that of WT mice (Table 1).

Both β1-AR Tg and β2-AR Tg mice developed cardiomyopathy by 11–15 months of age, as evidenced by their lower LVEF (β1-AR, 47% ± 3%; β2-AR, 47% ± 4%), fractional shortening, and dilated LV cavity during diastole and systole (Table 1). Interestingly, old bigenic β2-AR Tg x DNp38α MAPK mice maintained normal cardiac function and normal LV cavity size compared with age-matched WT mice (Figure 1). Furthermore, they exhibited normal LV functional reserve, as reflected by increased LVEF in response to ISO (0.04 μg/kg/min) from 68% ± 1% to 79% ± 2%, similar to that of old WT mice, which demonstrated an LVEF increase in response to ISO from 70% ± 3% to 78% ± 2%. However, old bigenic β1-AR Tg x DNp38α MAPK mice demonstrated no rescue of LV function, as LVEF remained depressed (54% ± 2%) and LV end-diastolic cavity size remained dilated.

**LV pathology.** In all groups of young mice, there was no difference in the LV mass as assessed by the ratios of LV wt/tibial length (LV wt/TL) and LV/body wt compared with WT mice, but old β1-AR and β2-AR Tg mice had higher LV wt/TL and LV/body wt ratios than did age-matched WT mice (Table 2). LV/body wt and LV wt/TL ratios, indices of LV hypertrophy, were not rescued in bigenic β2-AR Tg x DNp38α MAPK mice, but were diminished modestly in bigenic β1-AR Tg x DNp38α MAPK mice. The lung wt/TL ratio, an index of LV decompensation, was also elevated in old β1-AR Tg and remained elevated in old bigenic β1-AR Tg x DNp38α MAPK mice. In contrast, while lung wt/TL was also increased in old β2-AR Tg mice, it was not significantly elevated in old bigenic β1-AR Tg x DNp38α MAPK mice.

**Histology.** Staining with H&E revealed abnormal histological architecture (i.e., increased necrosis and interstitial fibrosis) in old β1-AR Tg and β2-AR Tg mice (Figure 2). Old β1-AR Tg mice had a 12-fold increase in fibrosis compared with old WT mice, as quantified by picric acid sirius red staining (6.9% ± 1.3% versus 0.6% ± 0.04%; P < 0.01), and a similar increase in fibrosis was observed in the old bigenic β1-AR Tg x DNp38α MAPK mice (5.9% ± 1.1%; Figure 3A). Old β2-AR Tg mice also exhibited an increase in fibrosis (5.2% ± 0.4%). However, fibrosis was significantly diminished (P < 0.05) in bigenic β2-AR Tg x DNp38α MAPK mice compared with β2-AR Tg mice (3.5% ± 0.5%; Figure 2H and Figure 3A).

Apoptosis, as quantitated by TUNEL, increased 17-fold in old β1-AR Tg mice (3.1% ± 0.9%; P < 0.05) and to a similar extent in old bigenic β1-AR Tg x DNp38α MAPK mice (2.8% ± 0.6%; P < 0.05) compared with age-matched WT mice (0.2% ± 0.08%; Figure 3B). Apoptosis also increased in β2-AR Tg mice (3.8% ± 0.6%), but was reduced in bigenic β2-AR Tg x DNp38α MAPK mice (1.8% ± 0.3%; P < 0.05).

Myocyte cross-sectional area, quantitated by wheat germ agglutinin, increased 2-fold in old β1-AR Tg mice (380 ± 3.4 μm²; P < 0.01) and was not diminished in hearts of bigenic β1-AR Tg x DNp38α MAPK mice compared with those of WT mice (372 ± 7.9 μm² versus 209 ± 1 μm²; Figure 3C). Myocyte cross-sectional area increased in the hearts of β2-AR Tg mice (311 ± 29 μm²; P < 0.01) and was not diminished in bigenic β2-AR Tg x DNp38α MAPK mice compared with WT mice (308 ± 24 μm² versus 193 ± 13 μm²; Figure 2I and Figure 3C). Old DNp38α MAPK mice exhibited a moderate increase in myocyte cross-sectional area (232 ± 7 μm²), consistent with the increased LV/body wt ratio shown in Table 2, which was not large enough to account for the failure of the old bigenic mice to show decreased LV myocyte cross-sectional area.

**Western blotting.** The level of total p38 MAPK was significantly higher in both bigenic groups (Figure 4A). Both old β1-AR and old β2-AR Tg mice had higher levels of phosphorylated p38 (p-p38) MAPK compared with age-matched WT mice (Figure 4B). However,
p-p38 MAPK was not elevated in either bigenic group compared with WT mice. Furthermore, we examined the downstream molecule of p38, MAPKAPK2, and found the level of total MAPKAPK2 was significantly higher in both bigenic groups (Figure 4C), but the level of p-MAPKAPK2 (Thr222) was significantly lower in both bigenic groups (Figure 4D), suggesting that p38 MAPK is inactivated. There were no differences in the levels of p-ERK and p-JNK in any of the experimental groups (Figure 5). Both old β1-AR and old β2-AR Tg mice demonstrated increases in Gsα (Figure 6) and decreases in Giα (Figure 7). The increases in Gsα were not sustained.

### Table 2

Pathology

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<th>Pathology</th>
<th>WT</th>
<th>DNp38α</th>
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<th>β2-AR Tg</th>
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<tr>
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<td>71 ± 7</td>
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A P < 0.05 versus WT of the same age. *P < 0.05 versus young mice of the same group. †P < 0.05 versus old Tg.
The enlarged myocytes for both β2-AR Tg and bigenic β2-AR Tg × DNp38α MAPK mice. Note that there were marked increases in fibrosis and necrosis in β2-AR Tg mice, which were ameliorated substantially in bigenic β2-AR Tg × DNp38α MAPK mice.

Figure 3
Fibrosis, apoptosis, and myocyte cross-sectional area in old WT, β1-AR Tg, bigenic β1-AR Tg × DNp38α MAPK, β2-AR Tg, and bigenic β2-AR Tg × DNp38α MAPK mice. (A) Fibrosis, as assessed by quantitating collagen with picric acid sirius red staining, was significantly increased in both β1-AR Tg and β2-AR Tg mice compared with WT mice. Fibrosis was significantly reduced in bigenic β2-AR Tg × DNp38α MAPK mice, but not bigenic β1-AR Tg × DNp38α MAPK mice, compared with β2-AR Tg and β1-AR Tg mice, respectively. (B) Apoptosis, as assessed by TUNEL, was significantly increased in both β1-AR Tg and β2-AR Tg mice compared with WT mice. Apoptosis was significantly reduced in bigenic β2-AR Tg × DNp38α MAPK mice, but not bigenic β1-AR Tg × DNp38α MAPK mice, compared with β2-AR Tg and β1-AR Tg mice, respectively. (C) The myocyte cross-sectional area was significantly increased in both β1-AR Tg and β2-AR Tg mice. There was no reduction in myocyte cross-sectional area in either bigenic β1-AR Tg × DNp38α MAPK mice or bigenic β2-AR Tg × DNp38α MAPK mice compared with β1-AR Tg and β2-AR Tg mice, respectively. Data are mean ± SEM. *P < 0.05 versus WT; †P < 0.05 versus corresponding Tg.
presence of the caspase-3–cleaved form of Mst-1 in β₁-AR Tg mice (Figure 8). These results suggest that the proapoptotic signaling mechanism remains active in bigenic β₁-AR Tg × DNp38α MAPK mice and that the residual activity of Mst-1 may play an important role in mediating the cardiomyopathy in bigenic β₁-AR Tg × DNp38α MAPK mice. We also examined the levels of Akt and p-Akt in these mice. The level of p-Akt was significantly higher in β₁-AR Tg mice than in WT mice, which could be another mechanism involved in the regulation of cardiomyopathy in β₁ mice (Figure 9).

**Discussion**

It is well recognized that stimulation of the β-AR signaling pathways activates a variety of stress-activated kinases, such as p38 MAPK, JNKs, and ERK1/2 (22, 23). In the overexpressed Gₛα model, the transition from hyperfunction to cardiomyopathy coincides with activation of p38 MAPK (12); this is also observed with the development of Gₒₒₗ₁ cardiac myopathy (24). It is also well recognized that β-AR stimulation induces myocyte hypertrophy and apoptosis, which can also be mediated by p38α MAPK in vitro (25), and that p38α MAPK induces hypertrophy and apoptosis, critical features of cardiomyopathy (25–27). Accordingly, we examined the extent to which this pathway was involved in mediating cardiomyopathy caused by cardiac overexpression of either β₁-AR or β₂-AR. The most striking finding of this investigation was that the cardiomyopathy in mice with β₂-AR overexpression, but not β₁-AR overexpression, was markedly attenuated by inhibition of p38α MAPK in bigenic mice harboring the DNp38α MAPK gene. Even though there were differences in the number of copies of β₁-AR and β₂-AR genes, for the purpose of this comparison it is critical to note that p38α MAPK activity increased to a similar extent as cardiomyopathy developed, and both models behaved similarly in vivo: both demonstrated enhanced LV function as young adults and developed equivalent levels of cardiomyopathy at the same ages (11–15 months). Furthermore, both WT groups behaved identically. In addition, in young adults, baseline and stimulated adenyl cyclase activity were similar in both models. The data on adenyl cyclase activity were not included because they confirm what has been published previously (6). Importantly, the decreased LVEF (47% ± 3% and 47% ± 4% versus 70% ± 1% in WT) and increased collagen (6.9% ± 1.3% and 5.2% ± 0.4% versus 0.6% ± 0.04% in WT), apoptosis (3.1% ± 0.9% and 3.8% ± 0.6 % versus 0.2% ± 0.08% in WT), and LV hypertrophy (i.e., LV wt/TL, 6.5% ± 0.2% and 6.9% ± 0.4% versus 5.1% ± 0.2% in WT) were almost identical in β₁-AR Tg and β₂-AR Tg mice. However, the bigenic β₁-AR Tg × DNp38α MAPK mice did not exhibit ameliora-
tion of any aspects of cardiomyopathy, whereas with β2-AR overexpression, the bigenic β2-AR × DNp38α MAPK mice were markedly protected from the development of cardiomyopathy.

Although the depressed LV function in old β2-AR Tg mice was completely rescued in the bigenic β2-AR Tg × DNp38α MAPK mouse model, the extent of apoptosis and fibrosis was reduced (P < 0.05), but not eliminated. This could be because of the residual p38α MAPK activity in the bigenic mice, or it could implicate other stress-activated MAPKs in mediating cardiomyopathy. In support of the latter explanation, in both bigenic groups, the p38α MAPK activity levels (Figure 4B) as well as the downstream MAPKAPK2 activity of p38α MAPK (Figure 4C) were effectively diminished, as assessed by Western blotting. Therefore, the residual development of apoptosis and fibrosis in the bigenic mice most likely arose from a different MAPK pathway. This is also the most likely explanation as to why the bigenic β1-AR Tg × DNp38α MAPK mice did not show improvement, that is, other MAPKs are likely involved. In support of this, expression of DNp38α MAPK failed to abolish the presence of the caspase-3–cleaved form of Mst-1 in β1-AR Tg mice (Figure 8). Other MAPKs, such as Mst-1, may be responsible for the persistent apoptosis and cardiomyopathy in the bigenic β1-AR Tg × DNp38α MAPK mice. In addition, p-Akt was elevated only in β1-AR Tg and bigenic β1-AR Tg × DNp38α MAPK mice. The β1-AR–stimulated apoptosis could involve the mitochondrial pathway, since cytochrome c release into the cytosol was observed (data not shown). Another potential explanation could be related to the increased Gsα, which was not observed in the bigenic β2-AR Tg × DNp38α MAPK mice but present in the bigenic β1-AR Tg ×

**Figure 5**
ERK and JNK. There were no significant differences in the levels of ERK (A), p-ERK (B), JNK (C), and p-JNK (D) in any of the experimental groups. n = 4 mice per group.

**Figure 6**
Gsα was increased in LVs of both old β1-AR Tg and old β2-AR Tg mice compared with age-matched WT mice, but the increase was greater in β1-AR Tg mice than in β2-AR Tg mice. Furthermore, old bigenic β2-AR Tg × DNp38α MAPK mice no longer demonstrated an increase in Gsα, whereas increased Gsα persisted in old bigenic β1-AR Tg × DNp38α MAPK mice. *P < 0.05 versus WT; †P < 0.05 versus β1-AR Tg.
DNp38α MAPK mice. It has also been shown by Zheng et al. (13) that activation of p38 MAPK by isoproterenol was not inhibited by carboxyl terminal region of β-AR kinase 1 (βARK-ct) in adult cardiac myocytes, suggesting that β-adrenergic p38-MAPK activation is mediated by β-arrestin–independent mechanisms. Thus, it is expected that inhibition of G protein–coupled receptor kinase (GRK) may not be sufficient to inhibit cardiomyopathy by β2-AR overexpression, whereas addition of GRK inhibition might help suppression of cardiomyopathy by β1-AR by eliminating the remaining components of cell signaling mediated by β-arrestin.

Although it has been recognized for some time that β1-AR stimulation mediates apoptosis, it has been suggested that β2-AR stimulation does not induce apoptosis (14, 16, 17) and might even protect against apoptosis (16). Stimulation of p38α MAPK has been proposed to mediate this protection (22), even though it has also been shown that β2-AR stimulation induces protein kinase A–mediated upregulation of p38α MAPK (13), which is well known to induce apoptosis (25). Most of these studies were conducted in vitro using cell culture techniques (14, 17). Clearly, the present in vivo results in mice with β2-AR overexpression do not support the point of view previously published (14, 16, 17). Indeed, the extent of apoptosis was similar in mice overexpressing β2-AR and β1-AR.

Furthermore, p38α MAPK inhibition, rather than stimulation (22), was protective against development of apoptosis in the current investigation, which was conducted in vivo in mice with chronic (11–14 months) stimulation of β-AR. To reconcile these differences we examined G\textsubscript{m} in old β2-AR Tg mice and found that it was significantly decreased. This result is diametrically opposite what was previously observed in vitro with administration of β2-AR mimetic agents (14, 28). Thus, the increased G\textsubscript{m} observed in vivo with acute stimulation β2-AR is protective (14, 28), but this mechanism is not invoked in the mice with chronic overexpression of β2-AR.

Both β1-AR Tg and β2-AR Tg mice exhibited equivalent increases in LV hypertrophy, as reflected by the LV wt/TL ratio and by direct measurements of myocyte cross-sectional area. Interestingly, whereas the reduced LVEF was completely reversed in the bigenic β2-AR Tg × DNp38α MAPK mice and the extent of fibrosis and apoptosis was reduced by 50%, there was no reduction in LV myocyte cross-sectional area or LV wt/TL ratio in either bigenic group. Thus, p38α MAPK appears to have an important role in mediating apoptosis (26, 29, 30), and we observed that its inhibition significantly diminished the apoptosis in bigenic β2-AR Tg × DNp38α MAPK mice, which could be important in rescuing cardiomyopathy. However, inhibition of p38α MAPK did not affect the development of myocyte hypertrophy. Sabri et al. observed that β-AR activation of p38 MAPK alone was not sufficient to induce cardiomyocyte hypertrophy (31), which supports our results and suggests that myocyte hypertrophy is mediated by other MAPK signaling pathways. Indeed, our results in DNp38α MAPK mice demonstrated a modest increase in myocyte cross-sectional area with age, which could only partly account for the failure of DNp38α MAPK to reduce the hypertrophy in bigenic mice. Thus, inhibition, rather than stimulation, of the p38α MAPK signal induces LV hypertrophy. The study by Braz et al. also indicated that reduced p38 MAPK signaling in the heart promotes hypertrophy, potentially through calcineurin-NFAT signaling (32). It is therefore likely that the bigenic mice did not demonstrate diminution of LV hypertrophy. In contrast, a recent in vitro study concluded that p38 MAPK activity is essential for β-AR stimulation of myocyte hypertrophy (11). It has also been thought, based on in vitro studies, that β2-AR stimulation does not induce myocyte hypertrophy (18, 19). As noted above, we observed equivalent levels of myocyte hypertrophy in mice with overexpression of cardiac β1-AR and β2-AR, another major difference between in vitro and in vivo results.

The results of this investigation have demonstrated several concepts that we believe to be novel. First, both mouse models of chronic β2-AR and β1-AR overexpression demonstrated enhanced LV function as young adults but developed equivalent severity of cardiomyopathy — in terms of reduced LVEF and increased apoptosis, fibrosis, and myocyte hypertrophy — at a similar age. Second, p38α MAPK activity was augmented significantly in both β1-AR Tg and β2-AR Tg models of cardiomyopathy. Third, inhibition of the p38α MAPK pathway by the DNp38α MAPK gene rescued the depressed LV function completely and diminished apoptosis and fibrosis in the β2-AR Tg mice, but did not affect any of these measurements in β1-AR Tg mice. This suggests that p38α MAPK is involved in mediating the apoptosis, fibrosis, and cardiomyopathy in β2-AR Tg mice. In contrast, despite elevated levels of p38α MAPK activity, inhibition of p38α MAPK did not appear to prevent apoptosis and fibrosis or development of cardiomyopathy in response to chronic β1-AR stimulation, which is likely to be mediated by other kinases, such as Mst-1. Finally, myocyte hypertrophy was not reduced by the DNp38α MAPK gene in either bigenic model, suggesting a clear demarcation of the effects of p38α MAPK in mediating LV hypertrophy compared with its effects on apoptosis, fibrosis, and cardiomyopathy.

The clinical relevance of the current investigation extends to other disease states that may involve β-AR signaling, including...
asthma, hypertension, autoimmune diseases such as chronic rheumatic diseases, certain disorders of the central nervous system, and inflammatory diseases like interstitial cystitis. Most importantly, the results of the current investigation relate to the pathogenesis of HF, which is thought to involve chronically enhanced β-AR signaling (33, 34), and the treatment of HF, which now includes β-AR-blocking drugs (35–37). We speculate that distal β-AR signaling, at the level of stress-activated MAPK in general and p38 MAPK in particular, may be involved in the pathogenesis of HF. Conversely, based on the results of the current investigation and prior studies demonstrating that chronic β-AR blockade ameliorates cardiomyopathy in mice with overexpressed cardiac Gβγ (9, 10), acuton 1-AR mice were obtained from The Jackson Laboratory. Mice with overexpression of DNp38βγ MAPK (Taconic). In β2-AR Tg mice, the development and characterization of mice with cardiac-specific overexpression of β1-AR and β2-AR used in this study have been described previously (3, 7). Parent β1-AR mice were obtained from the University of Wuerzburg, and parent β2-AR mice were obtained from The Jackson Laboratory. Mice with overexpression of β1-AR and β2-AR were mated with mice with cardiac-specific expression of DNp38βγ MAPK (Taconic). In all experiments, age-matched WT littermate controls were used. All animal care and protocols were reviewed and approved by the Institutional Animal Care and Use Committee of the University of Medicine and Dentistry of New Jersey, New Jersey Medical School, Newark, New Jersey, USA.

**Methods**

**Animals.** The development and characterization of mice with cardiac-specific overexpression of β1-AR and β2-AR used in this study have been described previously (3, 7). Parent β1-AR mice were obtained from the University of Wuerzburg, and parent β2-AR mice were obtained from The Jackson Laboratory. Mice with overexpression of β1-AR and β2-AR were mated with mice with cardiac-specific expression of DNp38βγ MAPK (Taconic). In all experiments, age-matched WT littermate controls were used. All animal care and protocols were reviewed and approved by the Institutional Animal Care and Use Committee of the University of Medicine and Dentistry of New Jersey, New Jersey Medical School, Newark, New Jersey, USA.

**Echocardiography.** Transthoracic echocardiography was performed in young (4–6 months) and old (11–15 months) age-matched mice using an Acuson Sequoia 256 ultrasound system with a 13-MHz transducer. Mice were anesthetized with 2.5% avertin injected intraperitoneally and placed on a warmed saline bag. Electrocardiographic leads were attached to each limb using needle electrodes (Grass Technologies). After a short-axis 2-dimensional image of the LV was obtained at the level of the papillary muscles, a 2-dimensional guided M-mode trace crossing the anterior and posterior walls was recorded at a sweep speed of 200 mm/s. The following parameters were measured on the M-mode tracings using the leading-edge technique: LV internal dimensions of diastole and systole, LV external dimensions of diastole and systole, and wall thickness at diastole and systole. End-diastolic measurements were taken at the time of the apparent maximal LV diastolic dimension. End-systolic measurements were taken at the time of the most anterior systolic excursion of the posterior wall. LVEF was calculated by the cubed method as (d1 – s)/d1, where d and s represent LV internal dimensions of diastole and systole, respectively. Measurements were taken from 3 cardiac cycles and the mean was determined.

**Western blot analysis.** Protein extracts were prepared from the LVSs of hearts using extraction buffer (20 mM Tris-HCl, pH 7.4, 150 mM NaCl, 1 mM EDTA, 1 mM EGTA, 1% Triton, 1 mM sodium orthovanadate, 2.5 mM sodium pyrophosphate, 1 mM β-glycerophosphate, and 5 μg/ml protease inhibitor cocktail). Protein concentration of the samples was measured with the BCA reagent from Pierce Biotechnology. Proteins were separated by SDS-PAGE, transferred to nitrocellulose membrane, and detected with specific antibodies. Blots were incubated with horseradish peroxidase–labeled secondary antibodies (goat anti-rabbit IgG). Immunoreactive bands were detected with ECL (PerkinElmer). The bands were scanned utilizing a GS800-calibrated densitometer and quantified by Quantity One software (version 4.5; Bio-Rad), and density was reported in arbitrary units. Primary antibodies used included Gαs, Gαi1, Gα12, Gα13, p-Akt and Akt, p-MAPKAPK2 and MAPKAPK2, p-p38 MAPK and p38 MAPK, p-ERK and ERK, and p-JNK and JNK (Cell Signaling Technology). Coomassie blue staining or GAPDH antibody Western blotting was used to verify equal protein loading of the blots.

**Histology.** Histological studies were conducted in hearts briefly immersed in a saline wash followed by immersion in 10% buffered formalin. The heart was dissected to remove the atria and RV free wall, and each portion was weighed. Fixed tissues were dehydrated, embedded in paraffin, sectioned at 6-μm thickness, and stained with H&E. Myocardial tissue was quantitatively analyzed on a cross-section of LV obtained mid-distance from base to apex and stained with picric acid sirius red. Images were obtained from a Sony charge-coupled device video camera attached to a Nikon E800 microscope with a 10x objective and were analyzed with Image-Pro Plus image analysis software (version 5.1; New York/New Jersey Scientific Inc.). Percent collagen volume was expressed as the mean of all fields examined for each animal.

**Figure 9**

Akt. (A) Total Akt levels were elevated significantly in β1-AR and β2-AR Tg mice. (B) The level of p-Akt was significantly higher only in β1-AR Tg mice. p < 0.05 versus WT.
Myocyte cross-sectional area. Mean LV myocyte cross-sectional area was determined on sections stained with wheat germ agglutinin labeled with tetramethylrhodamine. Sections were taken from hearts of WT, β1-AR Tg, bigenic β1-β2-AR Tg × DNp38α MAPK, β2-AR Tg, and bigenic β1-β2-AR Tg × DNp38α MAPK mice. Digitized images were obtained, and the cross-sectional area was determined using Image-Pro Plus software (version 5.1; New York/New Jersey Scientific Inc.). Only cross-sectional areas in the inner third (subendocardial) and outer third (subepicardial) of the myocardium, in which capillaries were perpendicular to the section, were used to calculate the mean ± SEM for each section of myocardium.

Apoptosis. DNA fragmentation was detected in situ using TUNEL on paraffin sections of the hearts of WT, β1-AR Tg, β2-AR Tg × DNp38α MAPK, β2-AR Tg, and β1-β2-AR Tg × DNp38α MAPK mice. This technique has been described previously (39). Briefly, deparaffinized sections were visualized with FITC-ExtrAvidin (Sigma-Aldrich).