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Commentary

Recruitment of circulating monocytes to the arterial intima contributes to the formation of atherosclerotic lesions and may participate in their destabilization. Leukocyte emigration from blood into tissues is mediated by multiple adhesion molecules and chemokines, which orchestrate specific steps of emigration and regulate preferential recruitment of different leukocytes depending on their expression patterns of chemokine receptors. Over the last several years, a number of adhesion molecules, including VCAM-1, P-selectin and ICAM-1, the chemokines MCP-1 (also known as CCL2) and IL-8 (also known as CXCL8), and their respective receptors CCR2 and CXCR2, have been functionally implicated in atherosclerosis. Two studies — one recently published in the JCI (1), and the second reported in this issue (2) — expand this list to include the chemokine receptor CX3CR1, the receptor for fractalkine (also known as CX3CL1). Fractalkine structure and functions Among more than 50 known chemokines, fractalkine is the sole member of the CX3C family, and has unique structural and functional attributes (3, 4). In contrast to many other chemokines, whose presentation on the cell surface requires interaction with proteoglycans, the N-terminal chemokine domain of fractalkine is anchored to the cell membrane through a contiguous extended mucin-like stalk, transmembrane and cytoplasmic domains (Figure 1). Fractalkine binding to its seven-transmembrane domain G protein–coupled receptor triggers signaling, but it also directly mediates cell adhesion (5). [...]

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The fractalkine receptor CX3CR1 is a key mediator of atherogenesis

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Recruitment of circulating monocytes to the arterial intima contributes to the formation of atherosclerotic lesions and may participate in their destabilization. Leukocyte emigration from blood into tissues is mediated by multiple adhesion molecules and chemokines, which orchestrate specific steps of emigration and regulate preferential recruitment of different leukocytes depending on their expression patterns of chemokine receptors. Over the last several years, a number of adhesion molecules, including VCAM-1, P-selectin and ICAM-1, the chemokines MCP-1 (also known as CCL2)

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Fractalkine structure and functions

Among more than 50 known chemokines, fractalkine is the sole member of the CX3C family, and has unique structural and functional attributes (3, 4). In contrast to many other chemokines, whose presentation on the cell surface requires interaction with proteoglycans, the N-terminal chemokine domain of fractalkine is anchored to the cell membrane through a contiguous extended mucin-like stalk, transmembrane and cytoplasmic domains (Figure 1). Fractalkine binding to its seven-transmembrane domain G protein-coupled receptor

triggers signaling, but it also directly mediates cell adhesion (5). Fractalkine binds CX3CR1 rapidly and firmly, which leads to tethering and arrest of leukocytes under conditions of physiological flow independent of CX3CR1 signaling (5). TNF- α -converting enzyme (also known as ADAM17) can cleave the mucin stalk of fractalkine and release soluble chemokine (6, 7). CX3CR1 has two common coding polymorphisms, namely V249I and T280M, that are in strong linkage disequilibrium (almost always occurring on the same allele) and have been associated with interindividual differences in susceptibility to both HIV infection and atherosclerosis (8–10). If replicated, these findings may have clinical relevance.

The role of CX3CR1 in experimental atherogenesis

The article by Lesnik et al. (1) demonstrated that fractalkine expression was upregulated in atherosclerotic lesions of *apolipoprotein E*^{-/-} (*apoE*^{-/-}) mice, primarily in intimal smooth muscle cells, which is consistent with the expression pattern observed previously in human atherosclerosis. The function of CX3CR1 in atherosclerosis was assessed by crossing *CX3CR1*^{-/-} mice into the *apoE*^{-/-} background and feeding these mice a Western-type diet for 5, 10, or 15 weeks. Lesion formation throughout the aorta, including the aortic root, was significantly reduced in the *CX3CR1*^{-/-} groups. These elegant data provide convincing evidence that CX3CR1 plays an important role in experimental atherogenesis, are consistent with a recent

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Nonstandard abbreviations used: single nucleotide polymorphism (SNP).

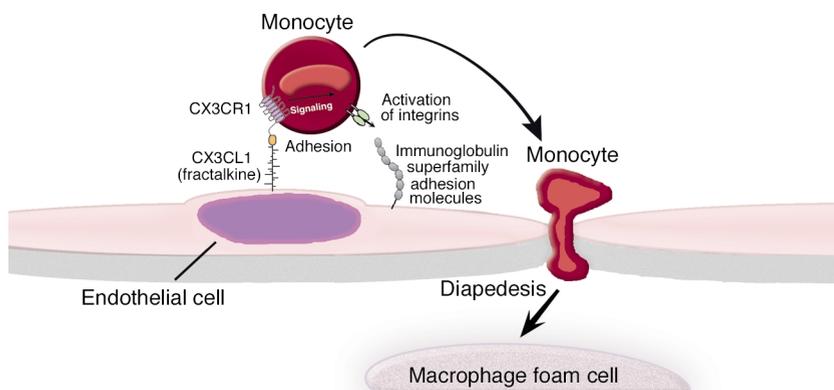


Figure 1

Functions of fractalkine and its receptor CX3CR1 in monocyte recruitment during atherosclerosis. The recruitment of blood monocytes to the arterial intima is one of the earliest events in the formation of an atherosclerotic lesion and persists even in advanced lesions. Monocyte emigration is a multistep process that includes tethering and rolling, arrest, stable adhesion, and diapedesis (transendothelial migration). Shortly after initial tethers are established through binding of selectins or VCAM-1 on activated endothelium, monocytes encounter chemokines bound to endothelial cell-surface proteoglycans. Chemokines initiate signaling via chemokine G protein-coupled receptors, which then activates monocyte integrins and subsequently leads to reorganization of the cytoskeleton. Activated integrins mediate arrest and stable adhesion, and contribute to diapedesis by binding immunoglobulin gene superfamily adhesion molecules, including VCAM-1 and ICAM-1. Fractalkine, like other chemokines, activates multiple intracellular signaling pathways via its receptor. However, it is unique, since it is a transmembrane protein that binds to CX3CR1 rapidly and firmly, which may directly contribute to monocyte tethering and arrest. During atherogenesis, monocytes recruited to the arterial intima transform into macrophages, engulf lipids, and exhibit morphological features of foam cells.

study by Combadiere et al. (11), and establish CX3CR1 as a potential therapeutic target.

In the field of experimental atherosclerosis, sophisticated transgenic and bone marrow transplantation approaches have been used to modulate the expression of candidate genes. However, the analysis, for the most part, consists of simple determination of atherosclerotic lesion area and/or volume and assessment of histological features. Similarly, Lesnik et al. (1) did not provide direct evidence of reduced monocyte recruitment. It is reasonable to assume that deficiency of a chemokine, chemokine receptor, or adhesion molecule will result in decreased monocyte recruitment to the arterial intima, which will translate into reduced lesion area and volume. Yet, one must keep in mind that there may be significant redundancy in molecular pathways contributing to leukocyte recruitment, that expression of adhesion molecules and chemokines is not restricted to the arterial endothelium, and that these molecules have functions outside of

inflammation, for example in development. Intimal cells within atherosclerotic lesions express fractalkine and VCAM-1 as well as other chemokines and adhesion molecules, which may influence monocyte and/or macrophage biology, including survival, migration, gene expression or efflux. Unfortunately, little is known about the fate of individual monocytes and macrophages in atherosclerotic lesions and new approaches are required to elucidate this in transgenic mice. Similarly, new practical approaches are required to directly assess monocyte recruitment to atherosclerotic lesions.

Effects of CX3CR1 polymorphisms on function and atherogenesis

The growing catalogue of genetic association studies of atherosclerosis has tended to curb enthusiasm regarding the role of any particular gene or polymorphism in this complex phenotype (12). The paper by McDermott et al. (2), reporting association between CX3CR1 coding polymorphisms and various atherosclerosis end points in the Framingham

Offspring Cohort, contrasts with most association studies principally because the authors included functional evaluation of the T280M/V249I polymorphisms. Relative to T280, the atheroprotective M280/I249 variant when expressed by transfected HEK 293 cells exhibited a lower on-rate of fractalkine binding. Transfected K562 cells or primary leukocytes from homozygous M280/I249 donors revealed markedly decreased adhesive function, signaling (calcium flux), and chemotaxis. These are important and novel insights into the significance of CX3CR1 coding polymorphisms. The association between reduced risk of atherosclerotic cardiovascular disease and CX3CR1-M280/I249 polymorphisms was based on a dominant model, since the majority of individuals were heterozygotes with a fully functional CX3CR1-T280 allele. Considering that heterozygotes have only a partial deficiency in CX3CR1 function and that redundant pathways for monocyte recruitment may exist, assessment of intermediate phenotypes, such as monocyte recruitment or abundance within lesions, is required to bolster confidence in the idea that the M280/I249 polymorphisms are truly responsible for the significant association with reduced atherosclerotic disease. Other possibilities should be explored. There are several common single nucleotide polymorphisms (SNPs) that lie within the CX3CR1 promoter (13) and it is necessary to determine if these affect CX3CR1 transcription and are in linkage disequilibrium with the M280/I249 polymorphisms. Furthermore, as is usually the case in genetic association studies, extra complexity arises from the variability of these linkage relationships among different ethnic groups and population substrata, not to mention the possibility that the observed associations resulted from linkage disequilibrium with unmeasured functional variants in closely linked genes, such as CCR8 (13). Additional studies will be needed to replicate the associations in other samples and the trend in the future should be towards analysis of all possible SNPs at a locus.

Conclusion

So where do we stand today? We now appreciate that CX3CR1 and presumably fractalkine are important players in atherogenesis, and that CX3CR1 contains polymorphisms that modulate its adhesive and signaling functions and are associated with reduced risk of atherosclerotic cardiovascular disease. But to truly understand the mechanism of CX3CR1 and other genes in a highly complex and chronic disease process such as atherosclerosis, new practical intermediate markers are required in both experimental models and clinical studies.

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RANK ligand and the regulation of skeletal remodeling

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It has long been known that estrogen deficiency in animal models and postmenopausal women is associated with increased osteoclastic bone resorption and bone loss (1–5). In the past decade, several important discoveries of some of the key factors involved in osteoclast formation, survival, function, and regulation by estrogen have been made.

A number of hormones and cytokines modulate osteoclastogenesis by enhancing osteoclast differentiation, activation,

lifespan, and function. These include parathyroid hormone (PTH), calcitriol, PTH-related protein, prostaglandin E₂, thyroxine, and IL-11 (3–5). The formation of active osteoclasts requires M-CSF (1, 3–6) and involves cell-to-cell contact between precursors of the monocyte/macrophage lineage and osteoblasts, marrow stromal cells, and T and B cells. These cells express the receptor activator of NF- κ B ligand (RANKL), a member of the TNF ligand family, which is essential for this process. RANKL attaches to RANK, a receptor on the cell surface of osteoclasts and osteoclast precursors, to stimulate proliferation and differentiation of cells to form the osteoclast phenotype and inhibit apoptosis. Osteoprotegerin (OPG), a soluble decoy receptor produced by osteoblasts, marrow stromal cells, and other cells, profoundly modifies the effects of RANKL by inhibiting RANKL/RANK interaction (1, 3–5).

In laboratory animals, estrogen deficiency leads to increased osteoclastogenesis and bone loss, and inhibition of osteoclastogenesis is the major means by which estrogen prevents the loss of bone. This is accomplished by diminishing production of IL-1, IL-6, and TNF- α – cytokines that enhance production of M-CSF and RANKL (1, 3–5) – and downregulating NF- κ B and RANKL-induced activation of JNK1 and osteoclastogenic activator protein-1 transcription factors c-Fos and c-Jun (7). Estrogen upregulates OPG (8) and TGF- β (9), and TGF- β increases OPG expression by osteoblasts and stromal cells (10) and inhibits bone resorption by increasing apoptosis of osteoclasts (11) (Figure 1).

RANKL and postmenopausal bone loss

Whether the OPG/RANKL/RANK system is involved in bone loss caused by estrogen deficiency in humans was not known until now. In this issue of the *JCI* (12), Eghbali-Fatourehchi and colleagues employ an elegant set of experiments to examine the possible role of RANKL in postmenopausal bone loss. The authors obtained bone marrow mononuclear cells and used surface markers and flow cytometry to isolate and identify preosteoblastic marrow stromal cells, T lymphocytes, and B lymphocytes in groups of premenopausal women, untreated postmenopausal women, and

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Nonstandard abbreviations used: parathyroid hormone (PTH); receptor activator of NF- κ B (RANK); RANK ligand (RANKL); osteoprotegerin (OPG); selective estrogen receptor modulator (SERM).