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Viewpoint

In the past year, the COVID-19 pandemic has inflicted untold human suffering, remade the global economy, and highlighted numerous weaknesses in political, health, and social systems. In the United States, Asian Americans and immigrants have faced increased xenophobia, as evident by exponential increases in reported hate crimes and the horrific massage parlor shootings in Atlanta. This tragic spate of violence has renewed conversation on America's long history of anti-Asian discrimination, from prior racist immigration policy like the Chinese Exclusion Act of 1882, to the more recent model-minority myth of Asian attainment. In order to build a more equitable society, it is important to discuss and acknowledge the impact of this history, including in the biomedical sciences. Persistence of structural barriers to entry into academic biomedical sciences As illustrated by the 2019 National Science Foundation Report on Women, Minorities, and Persons with Disabilities in Science and Engineering, the demographics of US biological sciences trainees and academic faculty do not mirror that of its general population (1). Pernicious structural racism continues to create disparities across and within academic science. Long underrepresented in the biological sciences, Blacks and Hispanics make up an estimated 31.7% of the general population, but only 14.7% of research trainees (–17.0% difference, indicating a gap in representation), and 5.4% of biological sciences faculty (–26.3% difference) (Table 1). Many institutions [...]

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Persistence of structural barriers to entry into academic biomedical sciences

As illustrated by the 2019 National Science Foundation Report on Women, Minorities, and Persons with Disabilities in Science and Engineering, the demographics of US biological sciences trainees and academic faculty do not mirror that of its general population (1). Pernicious structural racism continues to create disparities across and within academic science. Long underrepresented in the biological sciences, Blacks and Hispanics make up an estimated 31.7% of the general population, but only 14.7% of research trainees (–17.0% difference, indicating a gap in representation), and 5.4% of biological sciences faculty (–26.3% difference) (Table 1). Many institutions have appropriately identified these gaps in representation, and important policies are being enacted to address the societal,

cultural, and institutional barriers that prevent marginalized groups from seeking and having access to graduate-level training and becoming faculty (2, 3).

Evidence of bias within academic biomedical sciences hierarchy

Just as academic biomedical science, as a whole, fails to represent the general population, its faculty demographics differ widely from that of a far more diverse trainee population. Blacks, Hispanics, and Asians make up 45.7% of graduate students (master's and doctoral students) and postdoctoral fellow trainees yet only 28.7% of faculty (–17.0% difference) (Table 1). Asians, despite being overrepresented across all levels of the biological sciences when compared with their makeup of the general population (5.9%), are arguably underrepresented among total faculty (21.3%, +15.4% difference) relative to their large percentage makeup of trainees (31.0%, +25.1% difference) (Table 1). This lack of Asian representation among faculty becomes even more stark when the within-faculty hierarchy is examined. The vast majority of faculty positions held by Asians are nontenured positions and not the more desirable tenure-track positions with leadership potential (12.3%; Table 1). These gaps may be a manifestation of the discriminatory “bamboo ceiling” in academia, whereby Asians occupy correspondingly fewer positions of executive leadership compared with their representation among professional workforces (4–6), and is supported by alternative lines of evidence. For example, in terms of R01 funding, the workhorse grant for independent faculty investigators, Asians are less likely than Whites to receive support

despite having more listed publications and citations on their applications (7, 8).

Because academic training and promotion often spans many years, current faculty demographics may not reflect more recent efforts to improve diversity. Indeed, the biological sciences workforce has changed significantly in recent years in terms of the ethnicities of students awarded doctorates, postdoctoral fellowship appointments, and faculty positions (1). With this in mind, a useful demographic comparison may be that of past trainee figures to current faculty numbers. As estimated by doctorates awarded and postdoctoral fellow appointments, non-Hispanic Whites made up 64.8% of biological science trainees in 2001 (9). Comparing this figure to more recent 2017 faculty representation yields a +6.1% difference. In a similar analysis between percentage representation of 2001 trainees versus 2017 faculty, Asians had a –7.2% difference, indicating that the current gap in Asian representation between trainees and faculty is unlikely to be explained by recent changes in trainee demographics.

These discrepancies in Asian representation do not appear to be a result of personal preference. Compared with White colleagues, Asian doctoral recipients pursued postdoctoral fellowships at similar and oftentimes higher rates than their peers (1, 9, 10) and were similarly interested in obtaining US faculty positions (11). It bears mentioning that a disproportionate percentage of Asian trainees in the United States are temporary visa holders who face higher political and legal barriers to employment and obtaining research funding. It is possible that these trainees, upon completion of their studies, might be motivated to return to their home countries and are not applying to US faculty positions. Although the demographic data presented do not address this possibility, it seems unlikely given that

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Table 1. Demographics of biological sciences trainees and faculty and calculated percentage differences

Citizenship, ethnicity, and race (2018 US census %)	Biological sciences research trainees ^A			Biological sciences faculty ^A			% Difference US pop. vs. faculty	% Difference trainees vs. faculty	% Difference tenured vs. nontenured
	Graduate students (% temp visa holder ^B)	Postdoc appointees (% temp visa holder ^C)	Total	Tenured ^E	Nontenured ^F	Total			
White, non-Hispanic (60.4)	42,730 (1.8 ^G)	8,158 (28.4)	50,888	27,300	23,750	51,000	+10.5	+171	+15.6
Black (13.4)	4,902 (4.7 ^H)	690 (55.7)	5,592	1,000	950	1,900	-10.8	-3.3	+0.4
Hispanic (18.3)	7,088 (4.8 ^I)	1,231 (53.2)	8,319	1,550	1,900	3,450	-13.5	-4.0	-0.6
Native American (1.3)	252 (0)	75 (48.0)	327	50	0	150	-1.1	-0.1	+0.1
Asian (5.9)	19,794 (59.8)	9,490 (77.9)	29,284	4,500	10,850	15,300	+15.4	-9.7	-15.7
Native Hawaiian or Pacific Islander (0.2)	134 (0)	60 (66.7)	194	0	0	50	-0.1	-0.1	0
Two or more and unknown (2.7)	8,313 (28.4)	1,751 (29.6)	10,064	500	450	1,000			
Total	83,213 (18.7)	21,455 (52.8)	104,668	34,900	37,950	72,900			

^AData procured from the National Science Foundation's 2019 report on Women, Minorities, and Persons with Disabilities in Science and Engineering (WMD) (1) and the 2019 National Center for Science and Engineering Statistics (NCSES) Survey of Graduate Students and Postdoctorates in Science and Engineering (12). ^BAs estimated by prevailing ethnicity of country of origin listed in the NCSES Survey. ^CAs estimated by percentage representation calculated from doctorate recipient ethnicity data in NCSES survey applied to number of postdoctoral appointments in the WMD report. ^DExcluding category of two or more and unknown ethnicity. ^ETenured and tenure track. ^FNontenure track and tenured not applicable. ^GIncludes citizens of Canada, France, Germany, Brazil. ^HIncludes citizens of Nigeria. ^IIncludes citizens of Mexico and Colombia. ^JIncludes citizens of China, India, Iran, South Korea, Saudi Arabia, Taiwan, Bangladesh, Nepal, Turkey, Vietnam, Sri Lanka, Pakistan, and Japan.

noncitizen postdocs report more interest in pursuing academic research positions (10), the higher relative percentage representation of Asians in nontenured faculty positions, indicating a desire to stay in the country (Table 1), and the fact that the gap in Asian faculty representation has persisted for decades despite large increases in the number and proportion of nonresident postdoctoral and doctoral trainees (1). A national survey of the career plans of postdoctoral fellows with temporary visas as well as knowledge of the current immigration status at the time of faculty hiring is required to fully understand the goals of these trainees and potential barriers to pursuing tenure-track roles.

Our perspective

Asians have long been considered to be an overrepresented minority in the biological sciences. This conclusion is based on data comparing racial/ethnic representation among biological sciences graduate-level trainees and faculty to that of the general population. However, when academic hierarchy is considered, Asian representative status becomes complicated. Based on their relative proportion of graduate students, postdoctoral fellows, and nontenured faculty, Asians are arguably underrepresented at the tenured faculty level. Such gaps in representation should be discussed and better addressed by policy.

Science, as an equitable marketplace of ideas and impartial data, is most healthy when principles of fairness, diversity, and meritocracy are enshrined and protected. In order to build this idealized forum, stakeholders in the US biological sciences should strive to address unequal workforce representation, wherever they may be and to whomever they may apply. This includes the structural inequality that impacts access to graduate-level training of Black, Hispanic, Indigenous, and others underrepresented in medicine and science as well as the challenges that all minoritized scientists face within academia: inadequate institutional support, lack of mentorship, and biased hiring, funding, and promotion processes. Creating an equitable workforce — where no person, at any stage of their training and career, is disadvantaged by their race or ethnic group — is critical to developing and advancing scientific innovations. Creating academic

settings with diverse medical and graduate students, postdoctoral fellows, and faculty, equally represented at all levels, will better position us to address and solve our future biomedical challenges.

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