

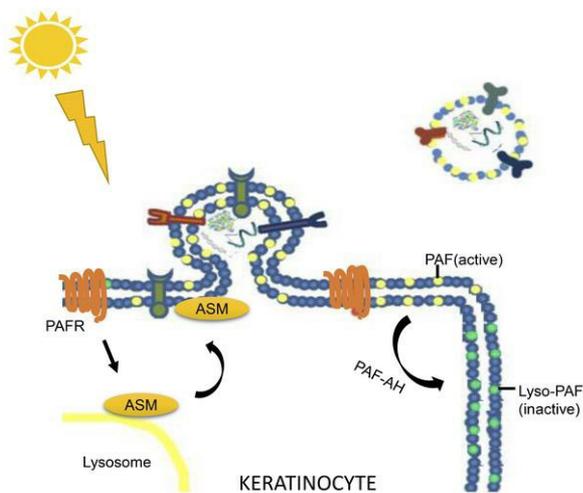
Keratinocyte-derived microvesicle particles mediate Ultraviolet B radiation induced systemic immunosuppression

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1 **Keratinocyte-derived microvesicle particles mediate Ultraviolet B**
2 **radiation induced systemic immunosuppression**

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20

21 Running title: *UVB generates PAF-containing microvesicles*

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25

26 **ABSTRACT**

27

28 **A complete carcinogen, Ultraviolet B radiation (290-320 nm; UVB), is the major**
29 **cause of skin cancer. UVB-induced systemic immunosuppression that**
30 **contributes to photocarcinogenesis is due to the glycerophosphocholine-derived**
31 **lipid mediator Platelet-activating factor. A major question in photobiology is how**
32 **UVB radiation, which only absorbs appreciably in the epidermal layers of skin,**
33 **can generate systemic effects. UVB exposure and PAF Receptor (PAFR)**
34 **activation in keratinocytes induce large amounts of microvesicle particle**
35 **(extracellular vesicles 100-1000nm; MVP) release. MVPs released from skin**
36 **keratinocytes in vitro in response to UVB (UVB-MVP) are dependent upon the**
37 **keratinocyte PAFR. The present studies used both pharmacologic and genetic**
38 **approaches in cells and mice to determine that both the PAFR and enzyme acid**
39 **sphingomyelinase (aSMase) were necessary for UVB-MVP generation. Discovery**
40 **that the calcium-sensing receptor is a keratinocyte-selective MVP marker allowed**
41 **us to determine that UVB-MVP leaving the keratinocyte can be found systemically**
42 **in mice and in human subjects following UVB. Moreover, UVB-MVP contain**
43 **bioactive contents including PAFR agonists which allow them to serve as**
44 **effectors for UVB downstream effects, in particular UVB-mediated systemic**
45 **immunosuppression.**

46

47 **Introduction**

48 Ultraviolet B radiation (290-320 nm; UVB), is both a mutagen and immunosuppressant
49 and is a primary cause of skin cancer (1, 2). UVB-induced systemic
50 immunosuppression is due to the glycerophosphocholine-derived lipid mediator Platelet-
51 activating factor (PAF) in a process involving cyclooxygenase-2-derived prostaglandins
52 and histamine/chemokine-regulated cell chemotaxis promoting mast cell migration to
53 draining lymph nodes where they activate regulatory T (Treg) and potentially regulatory
54 B cells, which contributes to photocarcinogenesis (3-7). Though this UVB-mediated
55 systemic immunosuppressive pathway has been characterized, a major question which
56 remains is how metabolically labile PAF agonists leave the epidermis.

57 Formed in response to diverse stressors, subcellular microvesicle particles (MVP) which
58 form from the plasma membrane have been demonstrated to transport various bioactive
59 substances (8, 9). Recent studies have implicated MVP as potential effectors for UVB.
60 In particular, UVB irradiation of the keratinocyte-derived human cell line HaCaT as well
61 as human skin explants results in MVP release dependent upon PAFR signaling (10,
62 11).

63 Though increased MVP have been described in inflammatory disorders such as lupus
64 erythematosus and psoriasis, the source of MVPs and overall pathologic significance
65 are as yet unclear (12, 13). The present studies sought to define the metabolic pathway
66 by which MVP are generated by the keratinocyte in response to UVB (UVB-MVP) and
67 their significance in UVB-mediated effects. We also report that MVP derived from
68 keratinocytes express the calcium-sensing receptor (14, 15), which allows us to test
69 complex mixtures for keratinocyte-derived MVP.

70 **RESULTS**

71 To further confirm PAFR involvement in UVB-MVP release, HaCaT keratinocytes were
72 treated with UVB or the metabolically stable PAFR agonist carbamoyl-PAF (CPAF)
73 which resulted in increased MVP levels in cellular supernatant as soon as two hours
74 post-treatment (Figure 1 a). Similar findings were noted in immortalized N/TERT and
75 primary human keratinocytes (Supplementary Figure 1). Highest fluences of UVB
76 employed resulted in only about 20% cell death (Supplementary Figure 2). As signal
77 transduction pathways that regulate MVP release including p38 MAPK, ERK, NF- κ B are
78 downstream of PAFR activation (16-18), we next tested pharmacologic inhibitors of
79 these pathways for their abilities to modulate UVB- and CPAF-mediated MVP release in
80 HaCaT keratinocytes. Inhibitors of the p38MAPK, ERK, and the NF- κ B pathways all
81 attenuated stimulated MVP release (Figure 1 b), supporting the concept that PAFR
82 signaling mediates UVB-MVP release. Yet the pan-caspase inhibitor Z-VAD-FMK
83 exerted no effect on stimulated MVP release suggesting that apoptosis may not be
84 involved. Ex vivo studies demonstrate that UVB exhibited similar MVP release
85 responses in human skin explant tissue (Figure 1 c). Dosage- and time-response
86 studies in wild-type (C57BL/6) mice further revealed that UVB induces MVP release in a
87 dosage- and time-dependent manner with the maximal skin UVB-MVP released around
88 4 to 8 hours post UVB exposure (Figure 2 a, b).

89

90 The stimulus-mediated translocation of the enzyme acid sphingomyelinase (aSMase)
91 from lysosomes to plasma membranes is a common lipid pathway mediating MVP

92 release (19, 20). Interestingly, PAFR activation has been reported to induce membrane
93 translocation of aSMase and increase its enzymatic activity (21, 22). Several lines of
94 evidence link aSMase as the effector for PAFR-mediated MVP release. First, HaCaT
95 keratinocytes responded to CPAF and UVB with increased aSMase enzymatic activity
96 (Supplementary Figure 3). Second, treatment with the aSMase inhibitor imipramine
97 (23) post-UVB blocked stimulated MVP release in HaCaT cells (Figure 1 b), human skin
98 explants (Figure 1 c) and murine skin (Figure 2 c). Finally, use of PAFR (*Ptafr*^{-/-}) and
99 aSMase (*Spm1*^{-/-}) KO mice confirmed the roles of PAFR and aSMase in UVB-MVP
100 release in skin tissue (Figure 2 c). Topical application of the aSMase product C2
101 ceramide but not biologically inactive dihydroceramide (24) resulted in increased MVP
102 in *Spm1*^{-/-} mice (Figure 2 c). These studies indicate that UVB generates MVP in a
103 process involving PAFR signaling and aSMase.

104

105 An important knowledge gap in photobiology is how keratinocytes transmit UVB-
106 generated signals systemically. To assess if UVB-MVP can potentially serve this role,
107 we tested if keratinocyte-derived MVPs could be measured in plasma following UVB
108 irradiation of skin. As shown in Figure 2 d, e, UVB irradiation of the back skin of wild-
109 type mice resulted in increased levels of plasma MVP. Kinetics of plasma UVB-MVP
110 closely resembled those of skin-derived UVB-MVP (compare Figures. 2 a, b with 2 d, e).
111 To confirm the keratinocyte origin of the increased plasma MVPs, we tested the
112 expression of membrane protein calcium-sensing receptor (CaSR), which has been
113 demonstrated to be expressed in keratinocytes and other epithelial tissues (25).
114 Immunocytochemistry studies (Supplementary Figure 4) confirmed that HaCaT and

115 epithelial KBP but not fibroblast cells were CaSR-positive. Flow-cytometry analysis
116 revealed MVPs released from HaCaT and N/TERT were positive, yet fibroblasts and
117 endothelial cells were negative for the CaSR (Supplementary Figure 5). Ex vivo studies
118 using vacuum-generated blisters on human skin explants treated with UVB or topical
119 CPAF (11) generated increased numbers of CaSR-positive MVPs in blister fluid
120 comparison to control (Supplementary Figure 6), suggesting that a significant source of
121 increased MVP in the blister fluid was from epidermal keratinocytes. These studies
122 indicate that the CaSR can be used as a marker to track keratinocyte-derived MVPs.
123 Murine plasma MVPs measured post-UVB expressed CaSR protein in a similar dose-
124 dependent pattern as observed with cutaneous MVP release (Supplementary Figure 7)
125 consistent with the notion that some of these blood MVPs were derived from epidermal
126 keratinocytes following UVB irradiation.

127

128 We next confirmed the UVB effects on systemic MVP release in human subjects. As
129 shown in Figure 3 a and Supplementary Table 1, pilot studies testing the effect of acute
130 UVB on human skin in vivo demonstrate a two-fold increase in MVPs in skin biopsies 4
131 hours post-treatment following a clinically relevant (1000 J/m² UVB which is
132 approximately 2.5x minimal erythema dose for subjects with Fitzpatrick types I and II
133 phototypes) UVB fluence. To test if UVB irradiation of large surface areas of human skin
134 results in systemic UVB-MVPs, we enrolled subjects undergoing medical phototherapy
135 using a narrow band (311nm) UVB source in our dermatology clinic. Blood plasma
136 MVPs were quantified before, two- and four-hours post-treatment. As depicted in
137 Figure 3 b and Supplementary Table 2, subjects undergoing high-dose UVB treatments

138 exhibited an almost three-fold increase in MVP levels in plasma at 4 hours post-
139 treatment. Flow cytometric analysis of plasma MVPs revealed that these subcellular
140 bodies did not express appreciable levels of CaSR at baseline, yet, post-UVB a
141 population of CaSR-positive MVPs were detected (see Figure 3 c). These studies
142 employing both preclinical and human models indicate that UVB-MVPs derived from
143 keratinocytes can be demonstrated systemically.

144

145 Given that UVB irradiation stimulates the release of bioactive lipids and protein
146 cytokines (6, 7), we tested MVP derived from HaCaT keratinocytes treated with CPAF
147 or UVB for the presence of 27 cytokines. As shown in Figure 4 a for a group of
148 representative cytokines and Supplementary Table 3 for all the cytokines tested, most
149 cytokines in UVB-MVPs were very low compare to unstimulated MVPs. Of note, levels
150 of IL-1 receptor antagonist, a cytokine with anti-inflammatory properties (26), were
151 elevated in UVB-MVPs.

152

153 UVB also generates PAF and oxidized glycerophosphocholine PAFR agonists (27). To
154 assess whether PAFR agonistic lipids could also be found in keratinocyte-derived
155 MVPs, we tested the PAFR biochemical agonistic activity of UVB-treated HaCaT
156 keratinocytes. PAFR agonist levels in the lipid extracts derived from cell vs supernatant
157 at various times post-UVB treatment were measured by exposing the lipid extracts to
158 PAFR-positive KBP cells and measuring IL-8 release as a surrogate for PAFR
159 activation, a validated biochemical assay that measures total PAFR activity (28-31). As

160 shown in Figure 4 b, at 5- and 10-min post UVB irradiation, the majority of PAFR
161 agonistic activity (normalized to CPAF-induced IL-8 production in KBP cells) was cell-
162 associated. However, by 120 min post irradiation, the only appreciable PAFR agonistic
163 activity was found in the supernatants. To define whether the supernatant-associated
164 PAFR activity was due to MVPs, we separated MVPs from the supernatants and tested
165 each. The majority of the PAFR agonistic activity resided in MVPs, not MVP-depleted
166 supernatants (Figure 4 c). The PAFR agonistic activity in UVB-MVP lipid extracts at
167 120 min was measured in comparison to various concentrations of a major PAF species
168 (1-hexadecyl 2-acetyl GPC), which revealed the equivalent of approximately 18 ng PAF
169 in 5×10^{10} MVPs (Supplementary Figure 8). To confirm the PAFR biological activity of
170 MVP, we topically treated the dorsal ears of wild-type and PAFR KO mice with lipid
171 extracts from UVB-irradiated HaCaT MVPs which resulted in increased ear thickness
172 selectively in wild-type mice (Supplementary Figure 9). Finally, we removed MVP from
173 plasma of UVB-treated wild-type vs *Spm11*^{-/-} mice and found that only UVB-MVP from
174 wild-type mice contained PAFR activity (Supplementary Fig. 10). These studies support
175 the concept that UVB-MVPs contain functional PAF agonists and fit with our
176 hypothesized model in Figure 4 d that PAF agonists being generated in response to
177 UVB residing in the cellular membranes activate the PAFR which translocate aSMase
178 resulting in MVP which then carry the PAF lipids. We propose PAFR agonistic lipids are
179 preserved in the MVPs, whereas acetylhydrolases remaining in the cell inactivate cell-
180 associated PAF.

181

182 Given our findings that UVB-MVP carry PAFR agonists and leave the epidermis, we
183 next tested whether these novel effectors mediate the systemic immunosuppressive
184 response ascribed to PAFR activation (3-7). To assess the UVB-MVP effects on
185 immune competence, wild-type or *Ptafr*^{-/-} or *Spmc1*^{-/-} mice received an
186 immunosuppressive dose of UVB (7,500 J/m²), intraperitoneal injection of CPAF, or
187 control treatments and were then subjected to a well-established delayed-type
188 hypersensitivity protocol (5, 30, 31). As expected, both UVB irradiation of skin and
189 systemic exposure to CPAF resulted in immunosuppressive responses (as measured
190 by inhibition of the ear thickness responses after elicitation with neoantigen DNFB) in
191 wild-type mice. However, UVB did not generate immunosuppressive responses in *Ptafr*^{-/-}
192 *-* nor in *Spmc1*^{-/-} mice (Figure 5 a and Supplementary Figure 11). The ability of
193 intraperitoneal injections of CPAF to attenuate the DNFB elicitation responses in the
194 *Spmc1*^{-/-} mice indicates that these mice retain their ability to respond to PAFR-
195 mediated immunosuppressive effects. Inhibition of skin MVP release by the topical
196 treatment of aSMase inhibitor imipramine on wild-type mouse skin showed similar
197 inhibitory effects as in *Spmc1*^{-/-} mice (Figure 5 b and Supplementary Figure 12),
198 suggesting that skin-released MVPs were involved in UVB-induced
199 immunosuppression. Topical imipramine did not attenuate CPAF-induced
200 immunosuppressive effects. Systemic immunosuppression from various pro-oxidative
201 stressors such as UVB involves upregulation of cytokines IL-10 and TGFβ, with
202 decreased IL-12 and IFNγ and increased Treg differentiation (4-7). Thus, to confirm the
203 functional testing we assayed these critical cytokines and Treg levels in lymph nodes
204 following UVB in *Foxp3*^{EGFP} mice (31). As shown in Figure 5 c, UVB generated

205 increased mRNA levels of IL-10, TGF- β and the Treg-associated gene Foxp3 as well as
206 the marker EGFP in the *Foxp3^{EGFP}* mice. UVB similarly downregulated Th1 cytokines
207 IL-12A and IFN- γ in draining lymph nodes. It should be noted that expression of all of
208 these genes were normalized by application of topical aSMase inhibitor imipramine.

209

210 **DISCUSSION**

211 The current report indicates that bioactive MVPs are released from keratinocytes within
212 hours of exposure to biologically relevant UVB fluences. Discovery of a keratinocyte-
213 selective MVP marker CaSR revealed UVB-MVPs can be found in the blood stream.
214 The selectivity of the CaSR for the keratinocyte is modest, as other epithelial cell types
215 (e.g., renal epithelium) also express this membrane protein (25). Yet in the present
216 studies the increased levels of plasma MVP CaSR expression following UVB in mice
217 (Supplementary Figure 7) and in human subjects (Figure 3 c) undergoing UVB
218 treatments to widespread areas of skin fit with the concept that these MVP are
219 keratinocyte-derived. Of interest, MVP derived from homogeneous cultures of
220 keratinocytes do not result in 100% expression of the CaSR (see Supplementary Figure
221 5), which could result in an under estimation of keratinocyte-derived MVP when
222 assayed in biologic specimens. Hence, the CaSR does have some limitations as a
223 marker for keratinocyte MVP.

224

225 The present studies demonstrated that these subcellular particles carry both cytokines
226 as well as the bioactive lipid PAF. Of interest, one of the cytokines that appears to be

227 upregulated in UVB-MVP is IL-1 receptor antagonist, a cytokine with well-known anti-
228 inflammatory characteristics (26). The role of this cytokine in UVB responses is at
229 present unclear, though theoretically it could be involved in the therapeutic effects of
230 phototherapy. With our discovery that UVB-MVP contain PAFR agonistic activity, the
231 focus of the current studies was to define the role of PAF transported by these
232 subcellular particles. Use of both pharmacologic and genetic strategies aimed at the
233 critical MVP-generating enzyme aSMase and the PAFR suggest that PAF carried in
234 UVB-MVPs mediates delayed systemic immunosuppression responses. Details from
235 preclinical studies indicate that the relevant PAFR for this immunosuppressive response
236 is on the mast cell (4-6). Hence, a logical interpretation of the present findings is that
237 metabolically labile PAF travels from the epidermal keratinocyte to the mast cell via
238 MVP. As UVB-mediated systemic immunosuppression plays a role in diverse areas
239 from carcinogenesis to treatment of pro-inflammatory disorders (4, 6, 7), the current
240 mechanistic studies have clinical relevance. In summary, these studies provide new
241 insights into how keratinocytes transfer environmental signals systemically and provides
242 potential therapeutic targets for addressing adverse effects of UVB radiation exposure.

243

244 **METHODS**

245 **Chemicals/UVB**

246 All chemicals were obtained from Sigma-Aldrich unless indicated otherwise. Phorbol
247 ester 12-O-Tetradecanoylphorbol-13 acetate (TPA) was used in cell lines/skin
248 explants/mice as a PAFR-independent stimulus as TPA does not generate PAF in our

249 model systems (28, 29, 31). UVB of cells/skin explants/mice and human arms used a
250 Philips F20T12/UVB lamp source (Somerset, NJ) using Kodacel filter to remove UVC
251 (27, 28). The fluences used were based upon previous studies by our group and
252 others. In particular, for keratinocyte cell lines in vitro, fluences above 1.8 kJ/m² were
253 needed to generate MVP (10, 28). In addition, for human skin, fluences of 1.0 kJ/m² are
254 needed to generate MVP (11). This is an approximate fluence reported to generate
255 immunosuppression on human skin (32). Finally, using mice on a C57BL/6
256 background, UVB fluences of at least 5 kJ/m² are needed to induce systemic
257 immunosuppression (3, 5). Human phototherapy studies used a Daavlin nUVB UV 7
258 Series source (Bryan, OH)

259

260 **Cell culture**

261 Cell lines were grown as previously described (10, 17, 27). The HaCaT keratinocyte-
262 derived cell line (provided by Dr. Petra Boukamp at the German Cancer Research
263 Center, Heidelberg, Germany), and PAFR-positive KBP and control (PAFR-negative)
264 KBM cells generated as described (29) were grown in DMEM high glucose media with
265 10% FCS. N/TERT and primary keratinocytes were grown in EpiLife medium with
266 Human Keratinocyte Growth Supplement. KBP/KBM cells were grown to 40%
267 confluence, and HaCaT cells were grown to approximately 80-90% confluence in 10 cm
268 dishes, and washed three times with Hanks Balanced Salt Solution (HBSS) and then
269 incubated with HBSS + 10 mg/ml fatty acid-free BSA for UVB exposures. Cells were
270 treated with either no treatment, vehicle (0.1% Ethanol), CPAF (100 nM), Imipramine
271 (50 μM) pre- and post-UVB radiation, 3,600 J/m² UVB if not specifically mentioned. In

272 some experiments TPA (100 nM) , or 10 μ M of the inhibitors p38 MAPK inhibitor
273 SB203580 (4-[4-(4-fluorophenyl)-2-(4-methylsulfinylphenyl)-1H-imidazol-5-yl] pyridine),
274 Erk1/2 (MAPK/ERK kinase [MEK] inhibitor PD98,059), NF- κ B inhibitor ammonium
275 pyrrolidine dithiocarbamate (PDTTC) or pan-caspase inhibitor (Z-VAD-FMK
276 (carbobenzoxy-valyl-alanyl-aspartyl-[O-methyl]-fluoromethylketone; 24 μ M) were given
277 1 hour pre-CPAF treatment (except for imipramine which was given post-UVB). The
278 MAPK and NF κ B inhibitor doses were from our previous studies which have
279 demonstrated select inhibition of respective pathways (17, 28). The concentration of Z-
280 VAD-FMK used was based upon its ability to block UVB-mediated apoptosis in HaCaT
281 cells (ref 28 and *data not shown*). None of the chemicals used except for imipramine
282 absorbed appreciably in the UVB spectrum.

283

284 **Mice**

285 All studies involving mice were approved by the Wright State University Laboratory
286 Animal Review Board. Female C57BL/6-wild type mice (PAF-R expressing; age 6-8
287 week) were purchased from The Charles River Laboratories and we also used some
288 male and female wild-type mice from our own colonies. The PAFR KO (*Ptafr*^{-/-}) mice on
289 a C57BL/6 background were a kind gift from Professor Takao Shimizu at University of
290 Tokyo. The *Spm1* +/- heterozygous mice originally from Dr. Edward Schuchman's
291 laboratory (19) were obtained from Dr. Irina Petrache's group at the National Jewish
292 Medical Center in Denver Colorado. The aSMase KO (*Spm1*^{-/-}) mice were bred by
293 heterozygous littermates. Foxp3^{EGFP} knockin transgenic mice on the C57BL/6

294 background (age 8-12 wk) were procured from The Jackson Laboratory as previously
295 reported (31). All lines were re-derived every two years. All mice were housed under
296 specific pathogen-free conditions and all procedures were approved by the Institutional
297 Animal Care and Use Committee of Wright State University. Mice were intraperitoneal
298 injected with ketamine/ xylazine (100 and 10mg/kg, respectively), shaved, then treated
299 with either no treatment, vehicle (90% DMSO+10% ethanol), imipramine (500 μ M), UVB
300 (7,500 J/m²), imipramine immediately after UVB treatment. After treatment for 4 hours,
301 mice were euthanized. Skin was collected by 6 mm punch biopsies. Tissues were cut
302 up finely in the microcentrifuge tube and digested in 0.5 ml of 5 mg/ml collagenase and
303 dispase solution overnight 37 °C for MVP isolation. Blood was collected from heart in
304 heparin coated tubes and the blood plasma prepared immediately for MVP isolation.

305

306 **Human skin explants**

307 De-identified discarded skin was obtained from human contouring (abdominoplasty and
308 brachioplasty) surgeries (11, 28). Skin explants were washed, fat trimmed, and placed
309 in PBS warmed at 37°C, then treated with either no treatment, 100 μ l per 1 x 1 cm² area
310 of vehicle (90% DMSO+10% ethanol), imipramine (500 μ M), UVB (2,500 J/m²),
311 imipramine 1 hour before UVB or immediately after UVB treatment. After 4 hours, skin
312 was harvested by punch biopsies. Tissue samples were digested with
313 collagenase/dispase solution overnight for MVP isolation (11, 28).

314

315 **Human subject skin and blood preparation**

316 All studies involving humans were approved by the Wright State University Institutional
317 Review Board, Dayton Ohio and followed the Declaration of Helsinki Principles.
318 Volunteers provided written informed consent before enrollment. For skin MVP
319 collection, healthy donors were irradiated with 1000 J/m² UVB using our Philips
320 F20T12/UVB lamp source on arm skin. After 4 hours, skin tissue were biopsied (5 mm
321 punch biopsies) from irradiated and non-irradiated areas for MVP isolation. For blood
322 plasma MVP, patients who were on a stable dose of narrow-band UVB phototherapy
323 (over 20 treatments; with last UVB treatment at least 4 days before the current
324 treatment) were enrolled in this study. Blood was drawn before, two- and four-hours
325 post-treatment of subjects undergoing a phototherapy treatment of at least 80% body
326 surface area using a Daavlin nUVB source (Bryan, OH) to entire body (except in groin
327 area) in heparin-coated tubes and proceeded immediately for MVP isolation.

328

329 **MVP isolation and analysis**

330 MVP were isolated from culture medium, skin biopsies and blood plasma as previously
331 reported (10, 11, 28). In brief, cell culture medium, skin biopsy lysate and blood plasma
332 were collected and centrifuged at 2,000 x g for 20 minutes at 4 °C to remove cells and
333 debris. Skin biopsy tissue and blood plasma then followed with 20,000 x g centrifugation
334 for 10 minutes at 4 °C to remove remaining tissue and subcellular component. MVP
335 were then pelleted after 20,000 x g centrifugation at 70 minutes at 4°C from the sample
336 supernatant. In some experiments exosomes were collected by use of an additional
337 170,000 x g centrifugation for 90 minutes. The concentrations of the MVP/exosomes
338 were determined by using a NanoSight NS300 instrument (NanoSight Ltd, Malvern

339 Instruments, Malvern, UK). Three 30-second videos of each sample were recorded and
340 analyzed with NTA software version 3.0 to determine the concentration and size of
341 measured particles with corresponding standard error. As shown in Supplementary
342 Figure 13, MVP were characterized by western blotting as expressing Annexin V with
343 only low levels of exosome specific markers CD63 and Tsg 101. Moreover,
344 transmission electron microscopy revealed MVP with appropriate dimensions
345 (Supplementary Figure 13).

346

347 **Flow cytometry**

348 MVPs were aliquoted into microcentrifuge tubes with similar concentrations. Each tube
349 was stained with either 1 ng isotype control or 1 ng CaSR-FITC antibody (Novus
350 Biologicals Catalog NB100-1830F) Samples were cultured in the dark at 4°C for 45
351 minutes. CaSR expression in MVP were analyzed by Bd Accuri C6 Flow Cytometer (BD
352 Biosciences, New Jersey, USA). Percentage of CaSR-positive MVPs were derived by
353 comparison of CaSR- stained MVPs to isotype control-stained MVPs.

354

355 **Measurement of cytokines and chemokines**

356 HaCaT keratinocytes were treated with vehicle (0.1% ethanol), CPAF (100 nM) or UVB
357 (3,600 J/m²), and after 4 hours, medium was collected for MVP isolation. MVP were re-
358 suspended with 100 µl filtered PBS and stored in -80 °C before assay. Cytokine levels
359 were measured by Bio-Plex Pro™ Human Cytokine 27-plex Assay kit (Bio Rad) as

360 previously reported (28). Cytokine concentration (pg/ml) was normalized to MVP
361 number for analysis.

362

363 **Measurement of PAFR agonistic activity**

364 The presence and quantitation of PAFR agonists in lipid extracts derived from HaCaT
365 keratinocytes and from MVP isolated from murine plasma was assessed by the ability of
366 lipid extracts to induce IL-8 release in PAFR-expressing KBP cells, but not in PAFR-
367 deficient KBM cells as previously reported (28, 31). KB cells were originally derived from
368 a patient with a nasopharyngeal carcinoma. These cells are a model for human
369 keratinocytes yet lack PAFRs. The KB cells (obtained from American Type Culture
370 Collection) were transduced with the MSCV2.1 retrovirus containing the PAF-R (KBP).
371 Control cells (KBM) were transduced with the empty MSCV2.1 retrovirus (29). Lipid
372 extracts (33) were isolated either from UVB treated HaCaT cells, or total cell medium at
373 various time points and HaCaT induced MVP or MVP-depleted supernatant at 2 hours.
374 Lipids were added to PAFR-expressing KBP cells and supernatants removed at 4
375 hours. The ratio of IL-8 released by treated KBP cells was compared to 1 nM CPAF
376 positive control- treated KBP cells were used to determine the PAFR agonistic activity
377 level. Some experiments tested these lipid extracts derived from MVP on PAFR-
378 negative KBM cells using TPA as a positive control for IL-8 release (10, 28, 30).

379

380 **Contact Hypersensitivity (CHS) studies**

381 The CHS study followed by the protocol previously reported (5, 30, 31). Briefly, at day 0,
382 both Wild-type, *Ptafr*^{-/-} and *Spm1*^{-/-} mice were treated with either no treatment, CPAF
383 (250 ng i.p. injection), histamine (1 µg sc for *Ptafr*^{-/-}) or UVB (7,500 J/m²), or to an area
384 of 2.5 x 2.5 cm on lower back skin which hair had been removed using clippers 24
385 hours previously, and had surrounding skin blocked off using heavy black paper. Five
386 days later, non-irradiated upper back/shoulder skin (that had been previously shielded
387 from UVB using heavy opaque paper) was treated with 50 µl of 0.5%
388 dinitrofluorobenzene (DNFB) in 4:1 acetone:olive oil (v:v). Nine days post-DNFB
389 treatment, murine ear thickness was recorded, then one ear was be treated with 10 µl of
390 0.5% DNFB and one ear treated with vehicle alone. Murine ear thickness was recorded
391 again after 24 hrs. The immunosuppressive effects will be determined by the ear
392 thickness changes between DNFB- and vehicle-treated ears. Controls without the
393 sensitization step revealed less than a 5% change in ear thickness from the DNFB
394 treatment. Histamine was used as a positive control in the PAFR KO mice as per our
395 previously reported findings (5, 31).

396

397 **Real-time PCR**

398 Cytokines and Treg expressions of *Foxp3*^{EGFP} mice skin draining lymph nodes were
399 analyzed by Real-time PCR exactly as previously described (31). Total mRNA was
400 purified from mice skin draining lymph nodes using the RNeasy Micro Kit (Invitrogen).
401 cDNA was synthesized using iScript Supermix (Bio-Rad), and then real-time PCR
402 analysis was performed using Advanced SYBR green supermix (Bio-Rad) according to

403 the manufacture`s protocol. Normalization of mRNA expression was performed based
404 on the expression of β -Actin utilizing cycling threshold (Δ CT) method and the amount of
405 PCR product was calculated based on $2^{-\Delta\Delta CT}$. See Supplemental Methods for PCR
406 primer sequences.

407

408 **Statistics**

409 All statistical calculations were performed using GraphPad Prism Version 6.0 software.
410 Statistical significance was determined by 2-sided student t test or One-way ANOVA
411 with post-hoc Holm-Sidak test with alpha=5%. A p value < 0.05 was considered
412 significant.

413

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420

421 **Competing Interests**

422 The authors declare no competing interests.

423 **Author Contributions**

424 L.L., C.R., C.K., E.E.C., D.R.C., R.P.S., J.C.B., Y.C., M.G.K., J.B.T. designed the studies.

425 L.L., A.A.A., K.E.F., P.T., C.B., B.W., C.M., B.S., Z.S., C.R., A.R.W., E.E.C., L.E.K.,
426 D.R.C., R.P.S., J.W., C.M.R., M.G.K, J.B.T. performed experiments. L.L., K.E.F., J.C.B.,
427 Y.C., D.R.C, C.K., J.B.T. were involved in data analysis. B.W., A.R.W., C.M., B.S., Z.S.,
428 C.R., E.E.C., C.K, R.M.J., J.B.T. were involved in collecting human subject samples.
429 J.B.T. supervised the study. L.L., J.B.T. wrote the manuscript.

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431 **References**

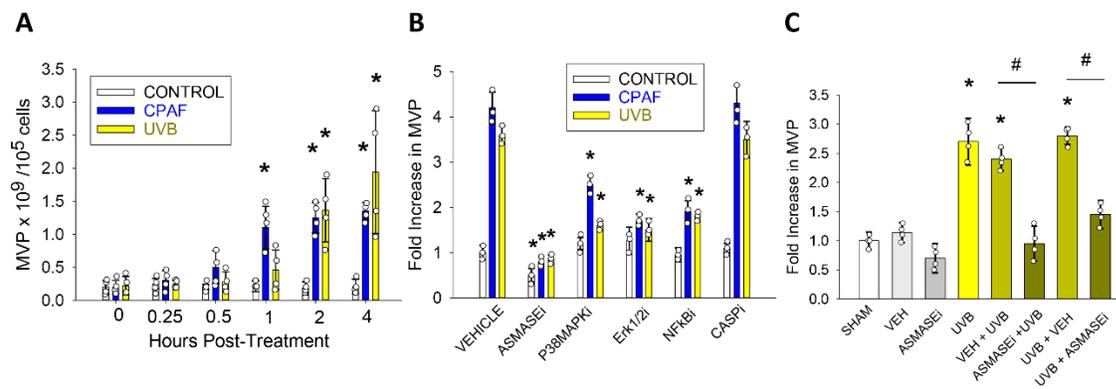
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520 **Figures and Legends**

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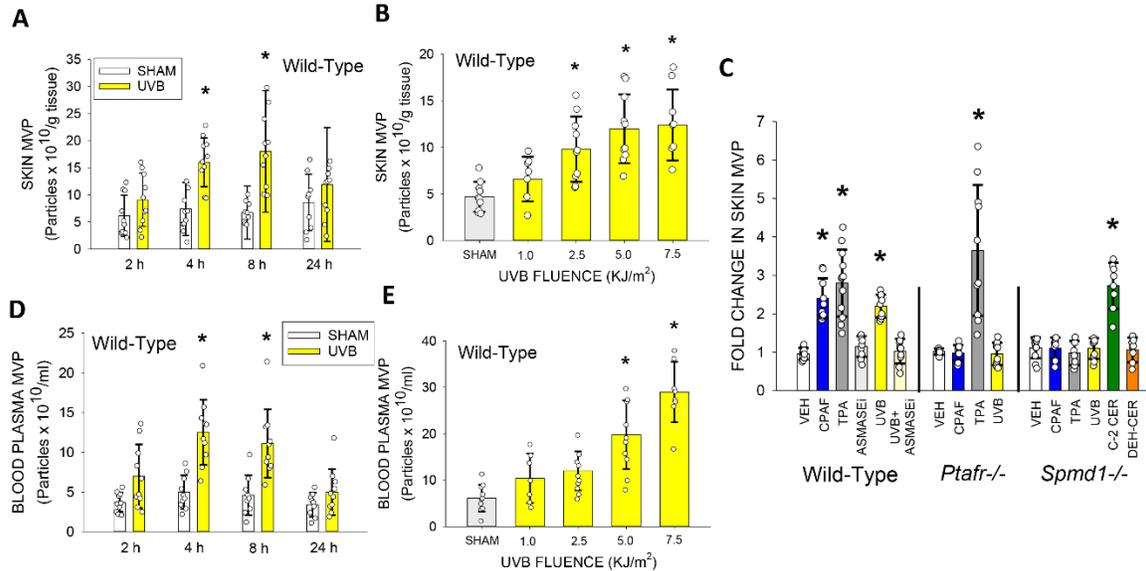
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Figure 1. UVB-induced MVP release in HaCaT keratinocytes and human skin

explant tissue. *In vitro studies:* a) HaCaT keratinocytes were treated with 0.1% ethanol vehicle control, 100 nM CPAF or 3,600 J/m² UVB and the levels of MVPs released into supernatants measured at various times. b) HaCaT keratinocytes were treated with CPAF, UVB and inhibitors of aSMase (imipramine, 50 μM), P38 MAPK (SB 203580; 10 μM), ERK ½ (PD 98,059; 10 μM), NF-κB (PDTC; 10 μM), or pan-caspase (Z-VAD-FMK, 24 μM) 1 hour before CPAF/UVB or immediately post-UVB (imipramine) treatments. Levels of MVPs released into supernatants were measured at 4 hours. c) *Ex vivo studies:* Human skin explants were treated with no treatment, vehicle (90% ethanol + 10% DMSO), 500 μM aSMase inhibitor imipramine, 2,500 J/m² UVB, imipramine/vehicle 30 minutes before UVB or immediately following UVB irradiation. 4 hours later MVPs were quantified in skin biopsies. The data in a-c are mean ± SD of three (b) or four (a,c) independent experiments. Statistically significant differences were determined using One-way ANOVA test. *p < 0.05 vs. control (a), vehicle (b) or sham (c). #p < 0.05.

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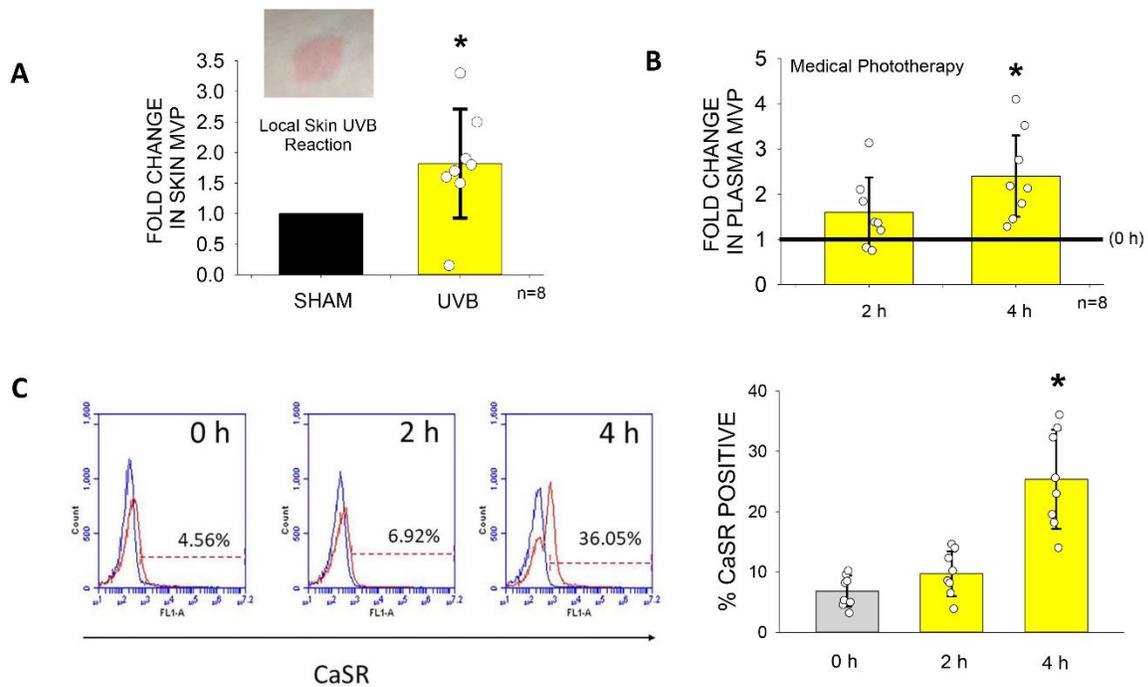
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542 **Figure 2. UVB-induced MVP release requires PAFR activation and aSMase.**

543 Groups of 7-10 wild-type mice were treated with sham or 7,500 J/m² UVB for various
 544 times, MVPs were quantified in **a)** skin tissue and **d)** blood plasma. Groups of 8-10
 545 wild-type mice were treated with various UVB fluences and 4h later MVPs were
 546 quantified in **b)** skin tissue and **e)** blood plasma. **c)** Groups of 8-12 wild-type, PAFR-
 547 and aSMase-deficient mice were treated with sham, UVB (7,500 J/m²), vehicle (90%
 548 ethanol + 10% DMSO), CPAF (100 μM), TPA (100 μM), C2 ceramide (20 μM), or
 549 inactive dihydroceramide (20 μM) and 4 hours later duplicate skin biopsies performed,
 550 weighed, and MVP quantitated. Data are mean ± SD. Statistically significant
 551 differences were determined using One-way ANOVA test. *p < 0.05 vs. sham (**a, b, d,**
 552 **e)** or vehicle (**c**).

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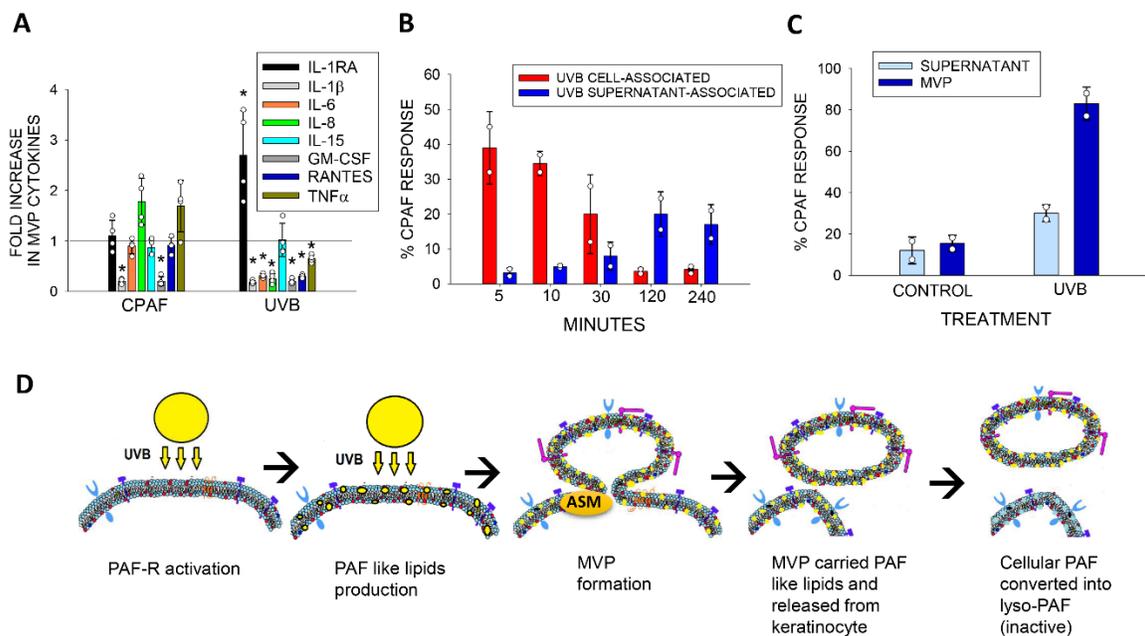


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557 **Figure 3. UVB-MVPs are released in human skin and blood plasma. a)** A group of
558 eight human subjects (see Supplementary Table 1) were exposed with 1000 J/m² UVB
559 on volar forearm, and 4 hours later, skin biopsies were collected on both UVB irradiated
560 (see example of UVB skin reaction) and non-irradiated (SHAM) areas, weighed, and
561 MVP measured. **b)** Blood samples were collected from 8 clinical patients receiving
562 narrow-band UVB phototherapy (see Supplementary Table 2) at either before (0 h), 2
563 hours post- or 4 hours post-therapy. MVPs were isolated from blood plasma and
564 quantified. **c)** CaSR expression on blood plasma MVPs (n = 8) were analyzed by flow
565 cytometry. MVPs were stained with either isotype control (blue line) or CaSR antibody
566 (red line). CaSR- positive MVPs were determined using flow cytometry by CaSR-
567 stained MVPs excluding the isotype control stained MVPs. Quantification of CaSR
568 expression flow cytometry data on blood plasma MVPs. Data are mean ± SD.
569 Statistically significant differences were determined using 2-sided student t-test (**a**) or
570 One-way ANOVA test (**b, c**). *p < 0.05 vs. sham (**a**), 0 h (**b, c**).

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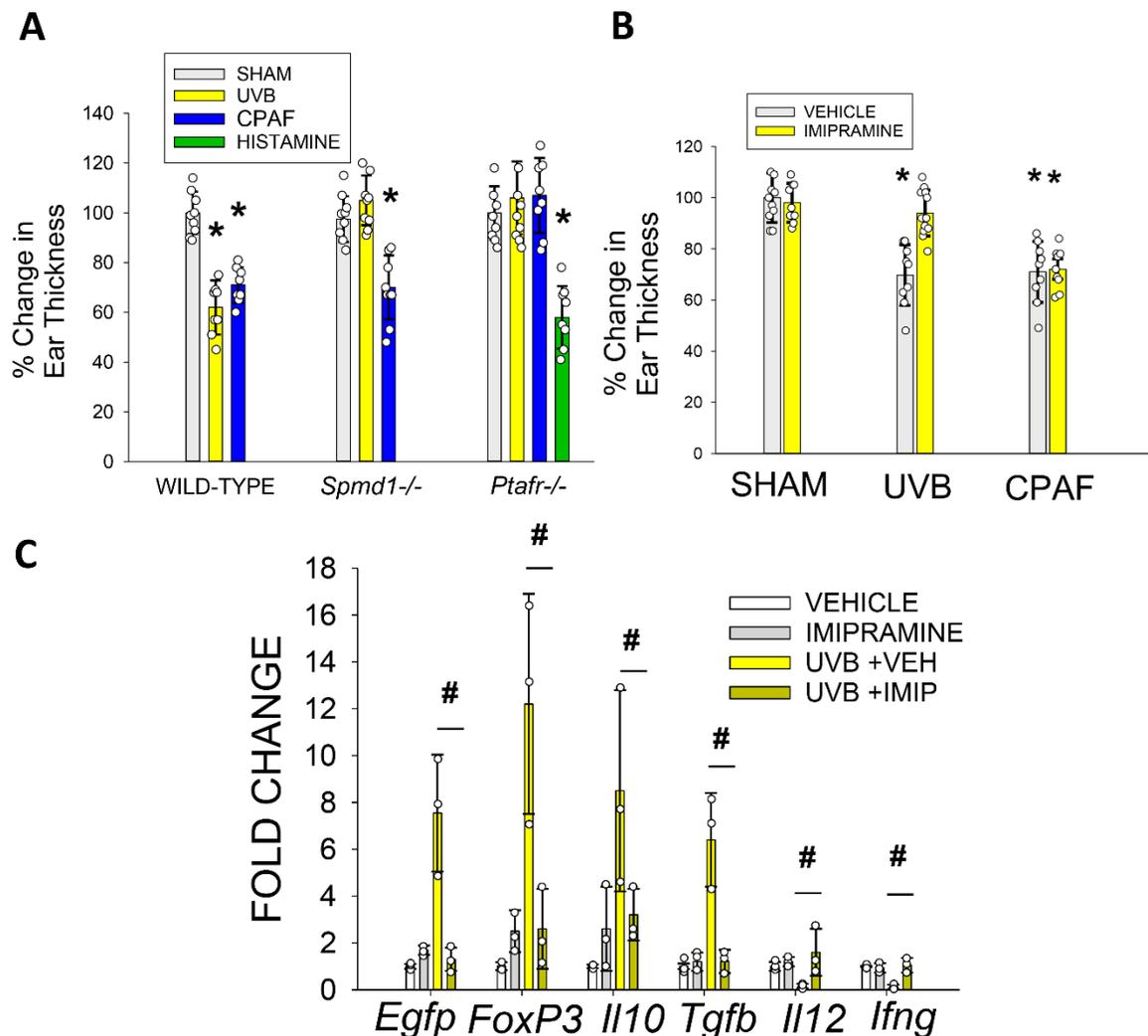


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 574 **Figure 4. UVB-MVPs carry cytokines and PAF lipids.** a) HaCaT keratinocytes were
 575 treated with 100 nM CPAF or 3,600 J/m² UVB. MVPs were isolated from cell
 576 supernatant 4 hours post-treatment and analyzed for cytokine expression using Bio-
 577 Plex Pro™ Human Cytokine 27-plex Assay kit. Data are mean ± SE of representative
 578 cytokines from 3 separate experiments (see Supplementary Table 3 for all cytokine
 579 values). *Denotes statistically significant ($p < 0.05$) differences from control using one-
 580 way ANOVA test. b) Lipids extracted from UVB-treated HaCaT keratinocytes and
 581 culture medium were collected at various times and tested for PAFR agonistic activity
 582 using PAFR+ KBP cell release of IL-8 in supernatant in comparison to 1 nM CPAF. c)
 583 HaCaT supernatants at 120 minutes post-UVB were separated into MVP and MVP
 584 depleted supernatant, and lipids extracted and then added to PAFR positive KBP cells
 585 to test the PAFR agonistic response. b) and c) are representative graphs using
 586 duplicate samples from three separate experiments with similar results. d)
 587 Hypothesized mechanism by which UVB generates PAFR agonists which activate the
 588 PAFR resulting in aSMase activation generating MVP which carry bioactive PAFR
 589 agonists, whereas cell-associated PAFR agonists are rapidly metabolized.

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 594 **Figure 5. UVB-MVPs contribute to UVB induced immunosuppression.** a) Groups
 595 of 8-10 wild-type mice, *Spmd1*^{-/-} and *Ptafr*^{-/-} were either injected with 250 ng CPAF i.p.,
 596 1 μ g histamine s.c., or exposed to 7,500 J/m² UVB on shaved back. The mice then
 597 underwent sensitization with chemical DNFB on un-irradiated back skin followed by ear
 598 elicitation. b) Groups of 8-12 Wild-type mice were treated with UVB, CPAF and then
 599 treated with topical imipramine (500 μ M) for 3 days. The mice then underwent
 600 sensitization with chemical DNFB on un-irradiated back skin followed by ear elicitation.
 601 For a) and b), decreased % of ear thickness change was indicated as a suppressed
 602 immune response compared to sham-treated mice. The data are the mean \pm SD %
 603 changes in ear thickness compared to sham values. c) Groups of *FoxP3*^{EGFP} mice were
 604 treated with topical vehicle, imipramine, or 7,500 J/m² UVB followed immediately and
 605 daily x 3 of vehicle or imipramine. Draining lymph nodes were harvested at day 5 post-

606 UVB and subjected to RT-PCR. The data are the mean \pm SD relative mRNA expression
607 of Foxp3, EGFP, IL-10, TGF- β , IL-12A, IFN- γ using groups of 3-4 mice repeated three
608 times. Statistically significant differences were determined using One-way ANOVA test.
609 *p < 0.05 vs. sham (**a**, **b**). #p < 0.05.