Table S1. Results from DEXA analysis.

	Mirabegron ^a		
Region	Pre	Post	P
Total tissue (kg)	84.9 ± 2.6	84.3 ± 2.6	0.282
Total Fat (kg)	39.5 ± 2.4	38.9 ± 2.6	0.136
Total Lean (kg)	45.5 ± 1.9	45.4 ± 1.8	0.92
Total Bone (kg)	2.5 ± 1	2.5 ± 1	0.44

 $^{^{\}mathrm{a}}$ Data are presented as mean \pm SEM (n=13) and were analyzed by paired, two-tailed Student's t-tests. There were no significant changes in the leg, gynoid, trunk, or android regions in fat, lean, or bone mass.

Table S2. Results from indirect calorimetry.

	Mirabegron ^a		
Measure	Pre	Post	P-value
VO ₂ (L/min)	0.221 ± 0.008	0.221 ± 0.008	0.99
VCO ₂ (L/min)	0.183 ± 0.009	0.181 ± 0.008	0.66
RQ	0.827 ± 0.014	0.819 ± 0.013	0.49
REE (kcal/day)	1532 ± 61	1538 ± 56	0.8

 $^{^{\}rm a}$ Data are presented as mean \pm SEM (n=13) and were analyzed by paired, two-tailed Student's t-tests.

Table S3. Results from PET-CT scans.

	Mirabegron ^a		
Measure	Pre	Post	P-value
SUV _{mean}	0.48 ± 0.21	0.53 ± 0.23	0.53
SUV _{max}	1.45 ± 0.74	1.87 ± 1.02	0.55
SUV _{peak}	1.21 ± 0.62	1.35 ± 0.7	0.77
Glycolysis	80 ± 51	108 ± 67	0.71

 $[^]a$ Standardized uptake value (SUV) and glycolysis data are presented as mean \pm SEM and were analyzed by paired, two-tailed Student's t-tests (n=12).

Table S4. Measurements of systemic inflammation and adipokines.

	Mirabegron ^a		
Marker	Pre	Post	P-value
TNFα (pg /ml)	3.00 ± 0.23	2.93 ± 0.20	0.48
MCP1 (pg /ml)	138 ± 5	138 ± 6	0.98
Adiponectin (ug /ml)	6.09 ± 0.65	6.13 ± 0.53	0.90
HMW Adiponectin (ug / ml)	2.53 ± 0.37	2.49 ± 0.36	0.66
Resistin (pg /ml)	1518 ± 35	1492 ± 33	0.49
FGF21	1299 ± 60	1578 ± 83	0.25
Adipsin (ng/ ml)	2300 ± 34	2393 ± 29	0.23
Leptin (ng/ ml)	52 ± 2	52 ± 3	0.85

 $^{^{\}rm a}$ Data are presented as mean \pm SEM (n=12) and were analyzed by paired, two-tailed Student's t-tests.

Table S6. Primer sequences.

Gene		
symbol	Forward	Reverse
ACTB	GAGCACAGAGCCTCGCCTTT	CGCGGCGATATCATCATCCAT
COXIV	AGC CAG AAG GCA CTG AAG GA	AGC CCC TGT TCA TCT CAG CA
PGC1A	TCC TTC CTC CAT GCC TGA CG	TTA GCT GAG TGT TGG CTG GTG
PLIN5	TGT CTG AAG CCG CTC GC	ACA CTG GAT CTG GGG ATC TGA
PPIA	CCCACCGTGTTCTTCGACAT	GCTGTCTTTGGGACCTTGTCT
PPIB	AAGTCACCGTCAAGGTGTATTTT	TGCTGTTTTTGTAGCCAAATCCT
TBP	CCCGAAACGCCGAATATAATCC	AATCAGTGCCGTGGTTCGTG
TFAM	GTT TCT CCG AAG CAT GTG GG	GAC AGA TGA AAA CCA CCT CGG
TUBB	ACCAACCTACGGGGATCTGAA	TTGACTGCCAACTTGCGGA
UBC9	CTGGAAGATGGTCGTACCCTG	GGTCTTGCCAGTGAGTGTCT

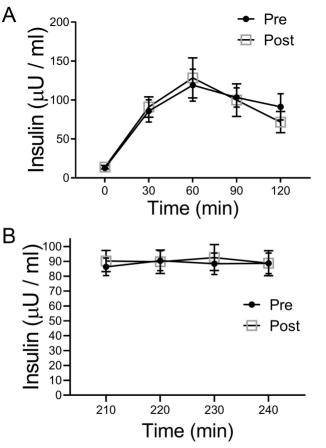


Figure S1. Insulin levels during the OGTT and euglycemic clamp. A) Insulin levels are shown during the OGTT. B) Insulin levels are shown during the final 30 min of insulin infusion during the the euglycemic clamp. Data are presented as mean \pm SEM.

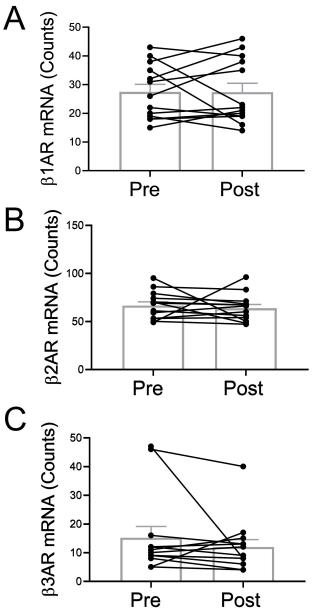


Figure S2. β AR mRNA expression before and after mirabegron treatment. A-C) the mRNA expression of the indicated β AR was determined using the nanostring nCounter system as described in "Methods." Data are presented as mean \pm SEM.