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Research Article

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Potent In Vitro and In Vivo Antitoxoplasma Activity of the Lipid-soluble Antifolate Trimetrexate

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Abstract

Trimetrexate, a highly lipid-soluble quinazoline antifolate now undergoing trials as an anticancer agent, was found to be a potent inhibitor of the dihydrofolate reductase (DHFR) isolated from *Toxoplasma gondii*. The concentration required for 50% inhibition of protozoal DHFR was 1.4 nM. As an inhibitor of this enzyme, trimetrexate was almost 600-fold (amount of antifolate required to inhibit catalytic reaction by 50%) and 750-fold (inhibition constant) more potent than pyrimethamine, the DHFR inhibitor currently used to treat toxoplasma infection. When the protozoan was incubated with 1 μM trimetrexate, the drug rapidly reached high intracellular concentrations. Since toxoplasma organisms lack a transmembrane transport system for physiologic folates, host toxicity can be prevented by co-administration of the reduced folate, leucovorin, without reversing the antiprotozoal effect. The effectiveness of trimetrexate against toxoplasma was demonstrated both in vitro and in vivo. Proliferation of toxoplasma in murine macrophages in vitro was completely inhibited by exposure of these cells to 10^{-7} M trimetrexate for 18 h. When used alone, trimetrexate was able to extend the survival of *T. gondii*-infected mice.

Introduction

Dihydrofolate reductase (DHFR)[1] (E.C. 1.5.1.3; 5,6,7,8-tetra-hydrofolate:NADP$^+$ oxidoreductase) is required to maintain the intracellular pool of reduced folates in rapidly dividing cells. Inhibitors of this enzyme have proved effective in both antineoplastic and antimicrobial chemotherapy. Methotrexate potently inhibits DHFR from mammalian and bacterial sources (inhibition constant [K_i], 10^{-11} M) but requires transport by a folate-specific membrane carrier found in mammalian cells, and is therefore primarily useful as an antineoplastic agent (1). The diaminopyrimidines pyrimethamine and trimethoprim have very different properties compared with methotrexate in that they have only intermediate inhibitory activity against bacterial DHFR ($K_i = 1 \times 10^{-8}$ M) and even less potency against mammalian DHFR (2). Despite this reduced potency, these drugs have a major advantage over methotrexate as they readily penetrate both mammalian and bacterial cells and thus are used primarily as antibacterial agents in combination with an inhibitor of folate synthesis, such as sulfadiazine or sulfamethoxazole.

1. *Abbreviations used in this paper:* DHFR, dihydrofolate reductase; I$_{50}$, amount of antifolate required to inhibit catalytic reaction by 50%.

The diaminopyrimidines, in combination with sulfonamides, have become the primary form of therapy for certain protozoal infections including toxoplasmosis (3), although little is known concerning their transport into toxoplasma trophozoites and the potency of their inhibition of protozoal DHFR.

Toxoplasma gondii infection occurs in 30–50% of North Americans, but severe or life-threatening disease occurs almost exclusively in patients with defective cell-mediated immunity who appear to reactivate previously acquired infection (3). Recently toxoplasmosis has been recognized as an unusually prevalent opportunistic infection in patients with acquired immunodeficiency syndrome (AIDS) (4).

The rapidly increasing incidence of toxoplasma encephalitis in AIDS patients has highlighted the need for more effective therapies and for alternative drugs for the considerable number of patients (up to 60%) who develop allergic reactions or serious side effects during therapy with a sulfonamide and trimethoprim or pyrimethamine (5). No alternative regimen to sulfonamide and pyrimethamine has been found effective for the therapy of toxoplasma encephalitis. In the current study, we have found that trimetrexate (2,4-diamino-5-methyl-6-[(3,4,5-trimethoxy-anilino)methyl]quinazoline), a lipid-soluble antifolate now under clinical evaluation as an anticancer drug, can be used with leucovorin as a potent and selective antiprotozoal drug with no apparent toxicity for either the mammalian host or infected cells.

Methods

T. gondii was isolated from the peritoneal exudate of BALB/c mice 3 d after intraperitoneal inoculation of *T. gondii* trophozoites (RH strain). The exudate was suspended in phosphate-buffered saline and the toxoplasma trophozoites were separated from inflammatory cells by differential centrifugation as previously described (6). The sedimented toxoplasma organisms were then resuspended in 1 ml of phosphate-buffered saline containing 50 μg/ml of each of the protease inhibitors chymostatin and leupeptin (7). The organisms were disrupted with a 60-s burst from a cell disrupter (Virsonic model 16-850) at 4°C. The disrupted organisms were centrifuged at 20,000 g for 15 min and the resulting supernate used as the source of DHFR. The number of organisms as well as residual contaminating peritoneal macrophages were measured by microscopic examination of all preparations before and after sonication. To determine whether the DHFR activity in suspensions of toxoplasma was influenced by contamination with adherent murine peritoneal macrophages (< 2 cells/100 trophozoites in purified preparations), DHFR activity was assayed in peritoneal macrophage preparations from normal mice using up to 2 mg protein/ml of assay. No discernible DHFR was detected in these preparations by either the catalytic or the methotrexate binding assays.

The catalytic activity of dihydrofolate reductase from various sources was assayed spectrophotometrically according to published methods (8). Bovine liver DHFR (8 U/mg) and rat liver DHFR (3.7 U/mg) were obtained from the Sigma Chemical Co. (St. Louis, MO); human DHFR, purified from a human breast cancer cell line (MCF-7) (27 U/mg), was a gift from Dr. Bernard Kaufman of the National Cancer Institute and

Lactobacillus casei reductase was obtained from New England Enzyme Center (Boston, MA). In assays of DHFR activity, each cuvette contained 0.15 μmol of NADPH in 160 mM Tris-HCl, pH 7.2, and 160 mM KCl with DHFR (sample cuvette only) and various concentrations of inhibitors in a total volume of 1 ml. After a 10-min temperature (37°C) equilibration period, the reaction was initiated with the addition of 0.075 μmol of dihydrofolic acid. The reaction velocity was measured by following the change in optical density at 340 nm. Enzyme activity was stable in the presence of the protease inhibitors leupeptin and chymostatin for at least 48 h at 4°C. The specific activity of the toxoplasma DHFR in the cytosol preparation was 1.14±0.09 nmol/min per mg protein at 37°C (32±3 × 10^6 trophozoites/mg protein). The catalytic activity was linear with time for > 10 min and with up to 1 mg protein or 0.0012 U of DHFR (1 U = 1 μmol/min) per assay of 1 ml total volume. K_is were derived from conventional double-reciprocal plots of reaction velocities versus dihydrofolate concentrations over the range of 5 to 10 μM. K_is were calculated using classic competitive kinetic modeling. Differences in the rate of interation with DHFR among the various inhibitors were obviated by preincubating the enzyme with each of the inhibitors before determining the effects of the inhibitors on the reaction velocity.

The binding affinity of each of the inhibitors for the various reductases was determined relative to methotrexate by measuring the capacity of each to compete with [³H]methotrexate for binding to DHFR (9). Each 450-μl assay contained 0.15 μmol of NADPH, 1 pmol of [³H]methotrexate (18 Ci/mmol, sp act), and various concentrations of competitors (inhibitors) in 50 mM KH_2PO_4, pH 7.4. The binding reaction was initiated by the addition of 0.001–0.002 U of DHFR. After equilibration for 10 min at 21°C, adsorption of unbound labeled methotrexate was accomplished with the addition of 50 μl of an albumin-coated activated-charcoal solution. Enzyme-bound [³H]methotrexate was separated from the charcoal by filtration as described by Drake et al. (10). The separated enzyme-bound [³H]methotrexate was then dissolved in 10 ml of scintillant (Ready-Solv; Beckman Instruments, Inc., Irvine, CA) and counted in a liquid scintillation counter. The binding of methotrexate to DHFR from toxoplasma trophozoites was linear for protein concentrations up to 0.7 mg/ml in the final assay solution. All tabulated values from the binding and catalytic reactions were calculated using ALLFIT, a computer-assisted, least-squares curve-fitting program (11).

The transport of leucovorin, methotrexate, and trimetrexate was investigated using published techniques (12, 13). [³H]-*l*-5-Formyl-H₄PteGlu (leucovorin) was synthesized from [3',5',7,9-³H]folic acid by enzymatic reduction to tetrahydrofolic acid followed by formylation and purification (14). 10–20 × 10^6 freshly harvested intact toxoplasma trophozoites (RH strain) or 5–10 × 10^6 HL-60 cells were suspended in 300 μl of a 160 mM Hepes/2 mM $MgCl_2$ solution at 21°C. The organisms or cells were then exposed to 1 μM concentration of [³H]methotrexate (18 Ci/mmol, sp act), [³H]-*l*-5-formyl-H₄PteGlu (1.5 Ci/mmol, sp act), or [¹⁴C]trimetrexate (13.1 mCi/mmol, sp act) for specific time periods followed by centrifugation at 15,000 g for 1 min through 1 ml of F50 silicon fluid (General Electric Co., Silicone Products Div., Waterford, NY) to separate the cells from the radiolabeled media. The cell pellets were disrupted by dissolution in 0.5 ml of 1 M NaOH; the extract was dissolved in 10 ml of scintillant and radioactivity counted in a liquid scintillation counter. Nonspecific background counts were established for each radiolabeled compound by adding the radiolabeled compound to the cells and then immediately quenching the transport of the radiolabeled compound by the addition of a 1000-fold excess of unlabeled compound followed by processing as outlined above.

The peritoneal macrophage model (6) was used to illustrate the ability of the antifolates to inhibit toxoplasma replication in the intact cell. Peritoneal macrophages harvested from BALB/c mice were plated on Lab-Tek slides at a concentration of 10^6/ml RPMI-1640 with 10% fetal calf serum (FCS) at 37°C. After 24 h, the medium was removed and 1 ml of toxoplasma at a concentration of 2 × 10^6/ml RPMI-1640 with 10% FCS was added to the slides; after 30 min the supernate was removed, the slides were washed vigorously, and 1 ml RPMI-1640 and 10% FCS plus drug were added. 1 and 18 h later the slides were stained with Diffquick (Dade Diagnostics, Aguada, PR). 200 to 400 cells were counted and the mean number of toxoplasma per vacuole was calculated. Each experiment was performed in duplicate.

In vivo animal studies were conducted using female BALB/c mice weighing ~ 20 g. Groups consisted of 8 to 10 animals and toxoplasma-infected animals were inoculated intraperitoneally with 50,000 *T. gondii* (RH strain) harvested from 3- or 4-d peritoneal exudates. All animals were given food and water ad lib. All intraperitoneal drugs were given via a 25-gauge needle, and all oral drugs were given in the drinking water. Pyrimethamine could not be solubilized for intraperitoneal injection, and a dose of 180 mg/kg per d represents its maximal solubility in the drinking water.

Results

To investigate the antimetabolic effects of antifolates, we examined the ability of various antifolates to inhibit DHFR from a human source, from *T. gondii*, and from a bacterial source (*L. casei*). For each inhibitor, the ability to inhibit the catalytic reaction was determined (Table I). Because some DHFR inhibitors such as methotrexate may be "slow" binding to DHFR as compared with the more rapid binding of the diaminopyrimi-

*Table I. Comparative Inhibition of DHFR from T. gondii by Antifolates*

	Human		L. Casei		Toxoplasma	
	Inhibition of enzyme activity I_{50}	Relative potency of binding	Inhibition of enzyme activity I_{50}	Relative potency of binding	Inhibition of enzyme activity I_{50}	Relative potency of binding
	μM		μM		μM	
Trimethoprim	1,300±250*	0.000033	0.28±0.07	0.022	14.5±1.9	0.0011
Pyrimethamine	5.8±0.14	0.0049	7.4±1.1	0.00015	0.76±0.13	0.0087
Trimetrexate	0.0032±0.00064	0.625	0.0061±0.0011	0.17	0.0014±0.00016	3.33
Methotrexate	0.0012±0.00018	1	0.0018±0.00027	1	0.021±0.0029	1

The potencies of inhibition of DHFR isolated from human, *L. casei*, and toxoplasma for each of four antifolates—trimethoprim, pyrimethamine, trimetrexate, and methotrexate—are compared in the table. For each source of DHFR the amount of antifolate required to inhibit the catalytic reaction by 50% (I_{50}) was determined in a reaction system as described in the Methods section. Also tabulated are the relative DHFR binding potencies for each antifolate when compared with methotrexate. This value is expressed as the ratio of methotrexate concentration required to reduce [³H]methotrexate binding to DHFR by 50% in the binding assay (see Methods) as compared with the concentration of inhibitor, producing a 50% decrease in binding, i.e., [MTX]/[inhibitor], where [MTX] or [inhibitor] equal drug concentration that reduces [³H]methotrexate binding to DHFR by 50%. * SEM.

dines (15), these experiments were conducted by preincubating each of the inhibitors for 10 min with enzyme before the initiation of the reaction. Methotrexate and trimetrexate were potent inhibitors of DHFR from mammalian, bacterial, or protozoal sources (amount of antifolate required to inhibit catalytic reaction by 50% [I_{50}], 1–21 nM). In contrast, trimethoprim weakly inhibited mammalian reductase (I_{50}, 0.39–1.3 mM) and had intermediate potency versus bacterial reductase (0.28 μM), while pyrimethamine had relatively equivalent potency as an inhibitor of reductase from mammalian and bacterial sources (6 μM). Both trimethoprim and pyrimethamine weakly inhibited the toxoplasma reductase with I_{50}s of 14.5 and 0.76 μM, respectively. The IC_{50} for inhibition of toxoplasma DHFR by trimetrexate was almost 600-fold lower than that of pyrimethamine and 10,000-fold lower than that of trimethoprim (Fig. 1). The interaction of the various inhibitors with toxoplasma DHFR was further defined by the determination of K_is. The reaction velocities in the presence of each of the inhibitors were convertible to linear double-reciprocal plots and followed a classic competitive pattern of interaction with respect to dihydrofolate. The K_is for trimetrexate, trimethoprim, and pyrimethamine were found to be 0.057±0.012, 213.0±49.0, and 43.3±10.9 nM, respectively. These values further demonstrate a marked advantage of trimetrexate when compared with pyrimethamine (757-fold) or trimethoprim (3,724-fold) as inhibitors of toxoplasma DHFR and are consistent with the relative differences in their respective I_{50} values. A comparison of the K_is of each inhibitor with their respective I_{50}s further confirms the competitive nature of the interaction of each inhibitor with dihydrofolate (16).

As a final test of the relative potencies of these enzyme inhibitors, we compared (Table I) the binding affinities of the various antifolates to DHFR from *T. gondii*. These studies again confirm the markedly greater potency of trimetrexate and methotrexate as compared with the binding of the diaminopyrimidines. The binding studies are equilibrium studies performed in the absence of competing folate substrates, and therefore represent a measure of the relative binding affinity of each inhibitor to DHFR without a dependence on kinetic modeling and without regard for the mechanism or rate of interaction of the inhibitor with the enzyme.

We also investigated the capacity of leucovorin, methotrexate, and trimetrexate to cross the toxoplasma cell membrane, and found that classical folate structures such as methotrexate and leucovorin (Table II) did not penetrate the organisms. However, the uptake of trimetrexate was rapid, reaching a steady
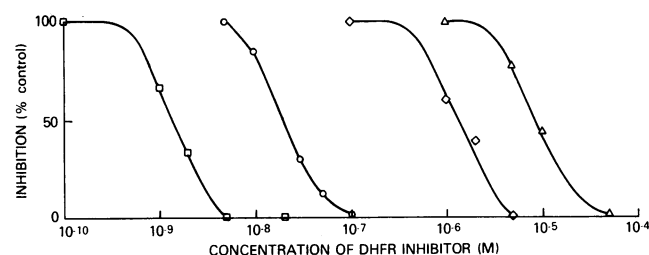
Figure 1. The percent inhibition of catalytic activity of DHFR isolated from the *T. gondii* trophozoites is illustrated as a function of the concentration of the four antifolates using the experimental conditions outlined under Table I. (*Triangles*) Trimethoprim, (*diamonds*) pyrimethamine, (*circles*) methotrexate, and (*boxes*) trimetrexate. Each point represents the mean of at least four separate experiments. The standard error is < 15%, as shown in Table I.

Table II. Steady State Intracellular Concentration of Leucovorin and Antifolates in T. gondii and in Human Tumor Cells

	Leucovorin	Trimetrexate	Methotrexate
	$pmol/10^7$ cells	$pmol/10^7$ cells	$pmol/10^7$ cells
Toxoplasma trophozoites	0	108±36.6	0
HL-60 cells	16.0±3.5*	366±68.5	10.3±0.5

The steady state intracellular concentrations of leucovorin and the antifolates trimetrexate and methotrexate were measured in toxoplasma trophozoites and in the human promyelocytic leukemia cell line (HL-60) for comparison. The studies were performed at 21°C with external drug concentrations of 1 μM in a 160 mM HEPES/2 mM $MgCl_2$ solution. Intracellular drug concentrations were allowed to reach steady state over 30 min and the samples processed and intracellular drug accumulation quantitated as per the Methods section.
* SEM.

state of 108 pmol/10^7 cells within 10 min. For comparison, the uptake of these compounds was quantitated in a human leukemia cell line, HL-60. All three compounds were transported by this cell line with steady state levels of methotrexate approximately equal to that of leucovorin, while trimetrexate levels were almost 30 times greater than either of the former compounds at an equivalent extracellular concentration. Accounting for the threefold difference in size between the trophozoites (32 × 10^6 cells/mg cytosolic protein) and HL-60 (10 × 10^6 cells/mg cytosolic protein), the steady state levels of trimetrexate are equivalent for the two cell types, 324 pmol/mg cytosolic protein in trophozoites and 366 pmol/mg of cytosolic protein in HL-60 cells.

Studies were also performed to assess the relative potencies of the various antifolates as inhibitors of toxoplasma replication in intact toxoplasma-infected murine peritoneal macrophages, as illustrated in Fig. 2. Toxoplasma replication was 50% inhibited
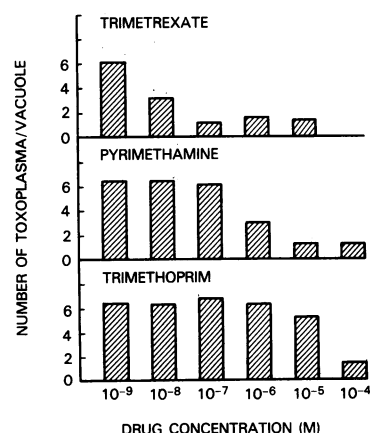
Figure 2. The inhibition of toxoplasma replication in murine macrophage monolayers is illustrated for each of three antifolates, including trimetrexate, pyrimethamine, and trimethoprim. For each experiment, macrophage monolayers were infected with the toxoplasma such that after 30 min the macrophages contained vacuoles with a single toxoplasma organism. The monolayers were then washed to rid them of free toxoplasma, drugs at the various concentrations added, and the average number of toxoplasma/vacuole measured by microscopic examination after 18 h of drug exposure. As per the Methods section, six toxoplasma/vacuole is equivalent to control experiments (no drug) and is indicative of no drug effect, whereas one organism/vacuole indicates total inhibition of replication by the drug at a particular concentration. Methotrexate at concentrations of up to 10^{-4} M had no effect on replication, and the simultaneous addition of leucovorin up to 10^{-5} M did not alter the antiprotozoal effects of the antifolates. The standard error for each experimental point was < 10%.

by a trimetrexate concentration of 10^{-8} M and completely inhibited at concentrations in excess of 10^{-7} M. Pyrimethamine and trimethoprim required concentrations of at least 10^{-6} and 10^{-4} M, respectively, for equivalent activity. Methotrexate was ineffective when used at concentrations up to 10^{-4} M. In addition, concomitant addition of leucovorin (up to 10^{-5} M) had no inhibitory effect on the antiprotozoal effects of the drugs but prevented toxicity to the macrophages.

We performed in vivo studies to demonstrate the ability of trimetrexate to increase the survival of mice acutely infected intraperitoneally with 5×10^5 toxoplasma (RH strain). In preliminary studies, we found that trimetrexate, 120 mg/kg per d given intraperitoneally for 6 d to eight uninfected mice, was 100% lethal. The median survival of this group was 4 d (range 4 to 8 d), and the average weight loss was 16% of the initial weight for each mouse. From day 3 until the time of death, all animals exhibited marked lethargy and hair ruffling. In contrast, simultaneous treatment with the same dose of trimetrexate and an equivalent dose of 120 mg/kg per d of l-leucovorin (240 mg/kg per d of racemic d,l-leucovorin) for 6 d produced no death. The leucovorin-protected animals remained healthy appearing and active without evidence of lethargy or hair ruffling for the duration of the treatment period and for a 2-wk follow-up interval. These animals suffered a mild average weight loss of 3% of their initial weight compared with 16% for the unprotected animals at day 4 of therapy. In vivo studies were then carried out to assess the antiprotozoal effect of trimetrexate versus pyrimethamine, the drug that is conventionally used with a sulfonamide to treat toxoplasmosis in humans.

For these studies, groups of 10 mice were infected intraperitoneally with 5×10^5 T. gondii and drug therapy was begun 24 h after the inoculation and continued for 14 d. The median survival of the control group (no drug) was 7 d, while that for the group receiving pyrimethamine (180 mg/kg per d orally in the drinking water) was 8 d. An identical dose of trimetrexate (180 mg/kg per d orally in the drinking water) extended the median survival of the infected mice to 10 d. An additional group of mice was treated with trimetrexate (30 mg/kg per d i.p.) and leucovorin (30 mg/kg per d i.p.) and the median survival of this group was 19 d.

Discussion

This report documents the antiprotozoal activity of trimetrexate, a lipid-soluble antifolate that is 600-fold (I_{50}) and 750-fold (K_i) more potent than the conventionally used antifolate, pyrimethamine, as an inhibitor of the protozoal DHFR. In comparative studies of inhibitors of DHFR using enzyme derived from mammalian, protozoan, and bacterial sources, the diaminopyrimidine antifolates (trimethoprim and pyrimethamine) only weakly inhibited the protozoal and mammalian enzymes, in contrast to the pteridine and quinazoline structures, which potently inhibited the enzyme from all three sources. Bacteria possess a DHFR exquisitely sensitive to the diaminopyrimidines due to the availability of additional hydrogen bonding at valine 115 as compared with the lack of bonding at this position in the insensitive mammalian enzyme (17). The combination of sulfa and a diaminopyrimidine is highly effective in treating certain bacterial infections, particularly those of the urinary tract, but the treatment of toxoplasmosis in immunosuppressed humans, particularly those with AIDS, is often unsuccessful. Many of these patients cannot tolerate such combination therapy due to

allergic responses, hepatitis, or leukopenia, while other patients appear to demonstrate clinical resistance.

The inability of the toxoplasma trophozoites to transport compounds of the classic folate (pteroyl glutamate) structure precludes the effective therapeutic use of the potent DHFR inhibitor methotrexate, but offers a significant therapeutic opportunity for the combination of the lipid-soluble, readily transported antifolate trimetrexate in combination with leucovorin. The latter compound, a physiologic reduced folate (5-formyltetrahydrofolate), is taken up by host tissues and prevents the toxicity of DHFR inhibitors for bone marrow and gastrointestinal epithelium. In vitro and in vivo experiments confirm that the antiprotozoal effect of trimetrexate is preserved in the presence of leucovorin and that host toxicity of otherwise lethal doses of the drug may be averted. In the in vivo studies, trimetrexate alone was able to prolong the median survival of toxoplasma-infected mice, while pyrimethamine alone, at maximal concentrations soluble in drinking water, was found to be only minimally effective. Since the doses of trimetrexate used in this study were sublethal to allow direct comparison to equivalent pyrimethamine doses, leucovorin was not required for host protection. However, leucovorin was included in the intraperitoneal experiments to show its inability to obviate the antitoxoplasma effects of trimetrexate. Further in vivo experiments are presently being conducted to compare the efficacy of trimetrexate–leucovorin to other regimens, and these will be reported in a subsequent publication. It is likely that the addition of a sulfa to the trimetrexate–leucovorin regimen would enhance the effectiveness of this combination by inhibiting the de novo synthesis of folates in the parasite (18).

These studies suggest that lipid-soluble antifolates deserve additional scrutiny in the development of more effective and less toxic antiprotozoal therapy. Clinical trials using the combination of trimetrexate–leucovorin for the treatment of refractory toxoplasma encephalitis in the AIDS population are currently being conducted. Preliminary results suggest that the combination is an effective therapeutic option.

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