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H Graf, ..., W Leach, A I Arieff

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Research Article

The metabolic and systemic effects of dichloroacetate (DCA) in the treatment of hypoxic lactic acidosis were evaluated in the dog and compared with the infusion of equal quantities of volume and sodium. Hypoxic lactic acidosis was induced by ventilating dogs with an hypoxic gas mixture of 8% oxygen and 92% nitrogen, resulting in arterial PO2 of less than 30 mmHg, pH below 7.20, bicarbonate less than 15 mM, and lactate greater than 7 mM. After, the development of hypoxic lactic acidosis dogs were treated for 60 min with either DCA as sodium salt or NaCl at equal infusions of volume and sodium. Dogs treated with DCA showed a significant increase of arterial blood pH and bicarbonate, and steady levels of lactate, whereas NaCl resulted in further declines of blood pH and bicarbonate, and rising blood lactate levels. Overall lactate production decreased during therapy with either regimen, but hepatic lactate extraction increased significantly with DCA, while it remained unchanged with NaCl. Tissue lactate levels in liver and skeletal muscle decreased significantly with DCA treatment but were unchanged with NaCl. Additionally, an increase in muscle intracellular pH was observed only in DCA treated dogs. A possible mechanism for the observed actions of DCA might be related to a significant increase in oxygen delivery to tissues. Such an effect was found with DCA [...]



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Effects of Dichloroacetate in the Treatment of Hypoxic Lactic Acidosis in Dogs

Helmut Graf, William Leach, and Allen I. Arieff

Nephrology Research, Veterans Administration Medical Center; and University of California, San Francisco, California 94121

Abstract

The metabolic and systemic effects of dichloroacetate (DCA) in the treatment of hypoxic lactic acidosis were evaluated in the dog and compared with the infusion of equal quantities of volume and sodium. Hypoxic lactic acidosis was induced by ventilating dogs with an hypoxic gas mixture of 8% oxygen and 92% nitrogen, resulting in arterial PO₂ of <30 mmHg, pH below 7.20, bicarbonate < 15 mM, and lactate > 7 mM. After, the development of hypoxic lactic acidosis dogs were treated for 60 min with either DCA as sodium salt or NaCl at equal infusions of volume and sodium.

Dogs treated with DCA showed a significant increase of arterial blood pH and bicarbonate, and steady levels of lactate, whereas NaCl resulted in further declines of blood pH and bicarbonate, and rising blood lactate levels. Overall lactate production decreased during therapy with either regimen, but hepatic lactate extraction increased significantly with DCA, while it remained unchanged with NaCl. Tissue lactate levels in liver and skeletal muscle decreased significantly with DCA treatment but were unchanged with NaCl. Additionally, an increase in muscle intracellular pH was observed only in DCA treated dogs. A possible mechanism for the observed actions of DCA might be related to a significant increase in oxygen delivery to tissues. Such an effect was found with DCA administration, but was not observed with NaCl therapy.

In conclusion, DCA therapy in hypoxic lactic acidosis has beneficial systemic effects compared with therapy with NaCl. DCA administration is accompanied by increases of blood pH and bicarbonate, a decrease in lactate production, and enhanced liver lactate extraction, and a lowering of tissue lactate levels.

Introduction

Hypoxic lactic acidosis is a clinical entity that includes those clinical conditions characterized by lactate accumulation associated with direct evidence for tissue hypoxia (1). It is a common clinical situation with a mortality rate of >80% when blood lactate levels exceed 5 mM (1, 2). The mainstay of therapy for hypoxic lactic acidosis has usually been the administration of NaHCO₃ in order to compensate for the low blood bicarbonate values generally observed in metabolic acidosis (3). Recent data from our laboratory, however, have demonstrated that administration of NaHCO₃ in hypoxic lactic acidosis is associated with detrimental systemic effects as well as with several untowards metabolic actions, thus warranting the search for alternative treatment modalities (4, 5).

Dr. Graf is on leave from the 2nd Department of Internal Medicine, University of Vienna, Austria. Address correspondence to Dr. Arieff, VA Medical Center.

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Dichloroacetate $(DCA)^1$ is a substance that lowers blood lactate levels in a variety of experimental and clinical situations (6). Little research has been done on the effects of DCA in hypoxic lactic acidosis, and some of the available results are conflicting. Earlier studies suggested that DCA is not able to prevent lactate production from hypoxic tissues (7). Subsequently, however, it was found that the recovery phase from hypoxic lactic acidosis was markedly accelerated after pretreatment with DCA (8). More recent data have shown that DCA effectively lowers blood lactate levels in some patients who had lactic acidosis due to tissue hypoxia (9). Additionally, preliminary evidence of a lactate-lowering effect of DCA has been presented in a rat model of hypoxic lactic acidosis (10).

The present experiments evaluated the effects of DCA in a dog model of hypoxic lactic acidosis (11). As we have previously shown that NaHCO₃ has adverse systemic and metabolic effects in the treatment of hypoxic lactic acidosis, we decided to compare the effects of DCA in the treatment of hypoxic lactic acidosis with treatment with NaCl delivering the same volume and quantity of sodium, thus enabling us to look for effects not attributable to volume expansion.

Methods

Studies were carried out in two groups of mongrel dogs of both sexes, mean weight 20.2 ± 2.9 kg, fasted for 16 h. The groups were: dogs with hypoxic lactic acidosis who were treated with 1 M NaCl at a rate of 2.5 meq/kg per min for 60 min (n = 7); dogs with hypoxic lactic acidosis who were treated with sodium dichloroacetate. The DCA was infused at a rate of 300 mg/kg per h for 60 min, again delivering a sodium infusion rate of 2.5 meq/kg per h (n = 7).

The animals were anesthetized with pentobarbital, intubated, and mechanically ventilated (12). Arterial PCO_2 was adjusted to ~35 mmHg by small adjustments of the tidal volume. The abdomen was opened via a midline abdominal incision and teflon cannulas were placed in the aorta (Ao) via the femoral artery (FA), in the hepatic portal vein (HPV) via a branch of the splanchnic vein, and in the hepatic vein (HV) via the jugular vein. Blood flow to liver, extrahepatic splanchnic tissues (gut) and skeletal muscle (carcass) was measured by flow measurements in the appropriate vessels as previously described (12–14). Cardiac output was measured by the thermodilution technique and mean aortic blood pressure was monitored via a catheter through the FA (13).

Hypoxic lactic acidosis was produced by ventilating the dogs with an hypoxic gas mixture of 8% oxygen and 92% nitrogen (11). By varying the amount of oxygen, the arterial PO₂ was adjusted to a level where blood bicarbonate steadily declined to a level of ~ 12 mM, which has been found to correspond to an arterial lactate of ~ 7 mM after 90 min of hypoxia.

In both groups, measurements were made of lactate, bicarbonate, pH, Pco_2 and Po_2 in arterial and femoral venous (FV) blood as previously described (12). Similar measurements were obtained in blood from hepatic and hepatic portal veins. Muscle samples from the vastus lateralis and samples of liver tissue from different lobules were obtained and

^{1.} *Abbreviations used in this paper:* Ao, aorta; DCA, dichloroacetate; FA, femoral artery; FV, femoral vein; HPV, hepatic portal vein, HV, hepatic vein; pHi, intracellular pH.

processed to allow measurement of intracellular pH (pHi) and tissue lactate levels as previously described (12, 13).

Oxygen delivery was determined in the following manner. The Powas measured in Ao and HPV. Oxygen content of blood was then determined from the measurement of hematocrit, the respective PO2, and constants for the blood oxygen dissociation curve and whole blood O₂ capacity in dogs, with correction for the Bohr effect (15). Total oxygen delivery to tissues was calculated by multiplying oxygen content of aortic blood with the corresponding cardiac index value. Based on flow measurements in HPV and hepatic artery, the amount of oxygen delivered to the liver was calculated by taking a weighted mean of hepatic portal venous and aortic oxygen content ($0.75 \times HPV + 0.25 \times Ao$) and multiplying it times the total liver blood flow (HPV + hepatic artery [HA]), as previously described (14). Delivery of oxygen to extrahepatic splanchnic tissues was calculated by multiplying oxygen content of arterial blood times the HPV flow, and oxygen delivery to skeletal muscle (carcass) by multiplying arterial oxygen content times carcass flow. Fractional hepatic lactate uptake was calculated as lactate extracted by the liver divided by lactate load presented to the liver (14). The extrahepatic splanchnic lactate production (gut) (micromolar per kilogram per hour) was calculated by multiplying the lactate concentration difference from Ao to HPV by the HPV blood flow. Carcass lactate production (micromolar per kilogram per hour), representing predominantly the lactate production from skeletal muscle, was calculated by multiplying the difference in lactate concentrations between Ao and FV times the carcass blood flow. In the control state, carcass blood flow represents a constant fraction (44.3%) of cardiac output (16). Femoral artery flow (FA) was monitored, and carcass blood flow was assumed to vary in proportion to changes in FA flow.

Data are presented as mean \pm SE. For statistical analysis, the *t* test for paired data was used for comparisons within the groups; for comparisons between the two groups, the *t* test for unpaired data was used.

Results

Blood acid base values (Figs. 1 and 2). At the beginning of the treatment with either NaCl or DCA, dogs in both groups showed comparable degrees of hypoxic lactic acidosis. Treatment with DCA resulted in a significant increase of blood pH (P < 0.01), whereas NaCl-treated animals showed a further decrease of blood pH (P < 0.05). Thus, after 60 min of treatment, arterial pH was significantly greater in DCA-treated animals (P < 0.001). Concomitantly, blood bicarbonate increased significantly with DCA (P < 0.001) and decreased further with NaCl (P < 0.05), again





resulting in a significant difference between the two groups after 60 min of therapy (P < 0.001). Blood lactate values in the FA as well as in HV and HPV did not increase further with DCA, but did continue to rise during NaCl infusion (P < 0.05). As a result, after 60 min of treatment, blood bicarbonate was greater (P < 0.01) in DCA-treated dogs. In both groups, arterial PCO₂ was not altered during treatment (from 35±2 to 35±2 mmHg in group a, and from 38±1 to 41±2 mmHg in group b), and arterial PO₂ values were comparable at the beginning (27 ± 3) mmHg in group a, and 25±1 mmHg in group b), and were unchanged during the 60 min of either therapy (28±3 mmHg in group a, and 25±1 mmHg in group b, respectively). Treatment with both DCA and NaCl resulted in similar increases of serum sodium (from 134±2 meq/liter to 144±3 meq/liter with DCA vs. 135±4 meg/liter to 145±3 meg/liter with NaCl), whereas serum potassium was unchanged with both treatment regimens (from 3.8 ± 0.2 meq/liter to 3.9 ± 0.4 meg/liter with DCA vs. 4.0 ± 0.3 meg/liter with NaCl).

Hemodynamic values (Fig. 3). During treatment with either DCA or NaCl, no significant changes in mean arterial blood pressure occurred, and the values at 15-min intervals were not significantly different in DCA- vs. NaCl-treated animals. Parallel to this, the cardiac index was not significantly altered during



Figure 3. Hemodynamic values in dogs with hypoxic lactic acidosis treated with DCA or NaCl. The differences between the two groups are not significant. Values are mean \pm SE; n = 7 in each group.

 Table I. Overall Oxygen Delivery and Oxygen Delivery to Liver, Extrahepatic Splanchnic Tissues (Gut)

 and Skeletal Muscle (Carcass) in Dogs with Hypoxic Lactic Acidosis Treated with NaCl or DCA

	NaCl				DCA			
	Overall	Liver	Gut	Carcass	Overall	Liver	Gut	Carcass
	ml O2/kg/min	ml O2/kg/min	ml O₂/kg/min	ml O2/kg/min	ml O₂/kg/min	ml O₂/kg/min	ml O₂/kg/min	ml O ₂ /kg/min
0 Min	9.26±1.91	0.40±0.08	0.98±0.20	4.08±0.84	8.04±0.85	0.43±0.05	1.04±0.11	3.54±0.37
60 Min	7.45±1.40	0.39±0.08	0.96±0.18	3.30±0.62	9.77±0.94*	0.58±0.05*	1.50±0.14*	4.31±0.41*

Values are mean ±SE. n = 7 in each group. *Denotes P < 0.01 vs. the paired value at 0 min.

therapy with either DCA or NaCl, with no significant difference between the two groups after 60 min of therapy. The mean blood flows at the beginning of treatment were 20 ± 2 ml/kg per min for gut, and 25 ± 2 ml/kg per min for liver, respectively. After treatment with DCA, the gut blood flow had increased to 26 ± 2 ml/kg per min, while that in liver was 32 ± 2 ml/kg per min, although the changes were not statistically significant. Smaller changes that were not significant also occurred with NaCl treatment, where gut blood flow was found to be 18 ± 3 ml/kg per min and liver blood flow 22 ± 4 ml/kg per min after 60 min.

Oxygen delivery (Table I). Overall oxygen delivery as well as oxygen delivery to the individual organ systems was severely depressed at the beginning of the individual treatment protocols (Table I). Whereas oxygen delivery to all tissues remained unchanged throughout the 60 min of NaCl therapy, there was a significant rise in both overall and individual organ oxygen delivery in the DCA-treated dogs (Table I).

Lactate production and extraction (Figs. 4 and 5). After 90 min of hypoxia, arterial lactate was 7.5 mM in dogs weighing 20.2 kg. If one assumes a volume of distribution for lactate of 50% of total body water, then 91 mM of lactate in excess of that metabolized was produced in 90 min, or 1 mM/min. The lactate production from gut and carcass was 3,000 μ M/kg per h, or 1 mM/min. Thus, virtually all the lactate produced in hypoxic lactic acidosis was produced by the gut and carcass. After therapy with DCA, lactate production from gut and carcass fell from 3,300 to 2,008 μ M/kg per h, while with NaCl, lactate production declined from 3,091 to 1,913 μ M/kg per h. As shown in Fig. 4, with NaCl therapy, there was a significant decrement of gut, but



Figure 4. Influence of treatment with DCA (\bullet) or NaCl (\blacktriangle) on lactate production by gut and carcass in dogs with hypoxic lactic acidosis. For significant levels, see text. Values are mean \pm SE; n = 7 in each group.

not carcass, lactate production (P < 0.05). Gut lactate production after 60 min, however, was not significantly different from that found in DCA-treated animals. With DCA, carcass but not gut lactate production fell significantly (P < 0.003). The net result was that there was no significant difference between DCA- and NaCl-treated animals in terms of net lactate production after 60 min of therapy. Liver lactate extraction, expressed as the percentage of the load delivered to the liver, increased significantly with DCA (P < 0.01), and was unchanged with NaCl treatment.

Tissue pHi and tissue lactate values (Fig. 6). Liver pHi showed a small but not significant increase with both DCA and NaCl therapy. Parallel to this there was a significant decrease of liver tissue lactate levels with DCA treatment (P < 0.001), which was not observed with NaCl. However, muscle pHi increased significantly with DCA (P < 0.01), but not with NaCl therapy. In parallel, muscle tissue lactate levels decreased significantly in DCA-treated animals (P < 0.003), as did muscle lactate production (Fig. 4).

Discussion

These data show that in dogs with hypoxic lactic acidosis, therapy with DCA has important and potentially beneficial metabolic and hemodynamic effects. DCA therapy is associated with an increase of both blood pH and bicarbonate as well as a lower blood lactate level than in treatment with NaCl (Figs. 1 and 2). This is due to both a decrease in carcass lactate production and an increase in hepatic lactate extraction. There is also a lowering of liver tissue lactate levels, and a significant decrease of muscle tissue lactate levels, which probably leads to the observed increase in muscle pHi (Fig. 4). The high cardiac output state associated with hypoxic lactic acidosis is maintained by DCA, and the blood pressure is unaltered. Thus tissue perfusion, a key factor in tissue hypoxia, is not compromised. A possible mechanism of action of DCA in hypoxic lactic acidosis may well be related to the significant increase in oxygen delivery to all tissues evaluated (gut, skeletal muscle, liver, Table I).

Continuously rising blood lactate values accompanied by further decreases in blood pH and bicarbonate as observed in NaCl-treated animals (Fig. 1) are the consequence of both impaired lactate utilization by the liver and the presence of overproduction of lactate by extrahepatic splanchnic tissues and skeletal muscle (5). This rise occurs despite a significant decrease in gut lactate production in NaCl-treated animals (Fig. 4), but can be largely explained by the greatly reduced capacity of the liver to extract lactate (Fig. 5) when compared with normal values. Earlier studies from our laboratory have shown that there



Figure 5. Liver lactate extraction during treatment with DCA (\blacksquare) or NaCl (\blacksquare) in dogs with hypoxic lactic acidosis. For significance levels, see text. Values are mean±SE; n = 7 in each group.

is a continuous rise of blood lactate levels similar to that observed in NaCl-treated animals, when both gut and carcass lactate production and hepatic lactate extraction are unchanged (5). It would appear that amelioration of some of the metabolic alterations found in hypoxic lactic acidosis would occur with a decrease of lactate production accompanied by a significant increase in hepatic lactate extraction. Treatment with DCA significantly lowers carcass lactate production (Fig. 4) and concomittantly increases hepatic lactate extraction (Fig. 5). The net result of these two effects is to avoid a further increase in blood lactate levels, although there is not a net decrease. This can be largely explained by the greatly diminished ability of the liver to extract lactate. Although there is almost a doubling of the absolute amount of lactate removed, this still falls far short of its capacity. We have previously shown that under normoxic conditions the liver is capable of increasing the lactate extraction rate in response to an intravenous lactate load to $\sim 16\%$ of the filtered load (11), a value which very closely resembles its maximum capacity evaluated at the recovery from hypoxic lactic acidosis by reoxygenation.

The lactate-lowering properties of DCA are attributed to a stimulatory action on the pyruvate dehydrogenase enzyme complex (17, 18). It has been shown in the perfused rat heart that under ischemic conditions the pyruvate dehydrogenase complex is significantly decreased, resulting in an increased lactate release (19). As pyruvate dehydrogenase is most abundant in muscle tissue (20), DCA in hypoxic lactic acidosis can exert its major effect on muscle lactate production. In contrast to its effect on muscle, DCA apparently does not influence lactate release from the gut (Fig. 4). Similar findings have been obtained in the diabetic dog (20) and in dogs with phenformin lactic acidosis (14), and it has been suggested that the pyruvate dehydrogenase complex in gut may be fundamentally different from skeletal muscle (21).

The hemodynamic alterations found in hypoxic lactic acidosis have been shown to consist of a high cardiac output, a decreased peripheral resistance, and normal arterial blood pressure (5, 11). This is probably a compensatory response to sustain tissue oxygenation in the presence of decreased oxygen delivery to tissues because of the hypoxemia. In contrast to therapy with NaHCO₃, which results in significant decreases of blood pressure and cardiac output (4), treatment with either DCA or NaCl does not alter this state. In the treatment of hypoxic lactic acidosis, a further decrease in tissue perfusion, which would necessarily follow a decrease of cardiac output, would only add a hypoxic stimulus to the tissue. As has been shown with NaHCO3 therapy of hypoxic lactic acidosis, this consequently results in further increases of blood lactate levels (4). Additionally, the effect of DCA on tissue oxygen delivery is significantly greater than that observed with NaCl (Table I). In DCA-treated animals, there is a 20% increase in overall oxygen delivery, which results in significant increases of O_2 delivery to liver, extrahepatic splanchnic tissues, and skeletal muscle, whereas oxygen delivery in NaCl-treated animals is not significantly altered (Table I). The increase in oxygen delivery to tissue by DCA can probably best be explained by a combination of several different events, all of which can affect the binding of oxygen to hemoglobin. Such events would include alterations in blood pH and PCO₂, as well as changes in red cell 2,3-DPG levels (22–24). DCA might affect any of these, but in our study, we found only an increase of blood pH (Fig. 1). Changes in 2,3-DPG are unlikely to occur in as short an interval as covered by this experiment, and changes in PCO₂ did not occur. Some other as yet undescribed effect of DCA might also have contributed.

The significant increase of hepatic lactate extraction in dogs treated with DCA could be explained at least in part by the significant decrease of liver tissue lactate levels, which is not observed with administration of NaCl (Fig. 6). This decrease of liver tissue lactates may precede significant changes of liver pHi that did not occur during these 60 min of treatment. On the other hand, direct effects of DCA on the liver unrelated to activation of the pyruvate dehydrogenase, such as amino acid transamination, production of oxalate and glyoxalate, and stimulation of fatty acid synthesis, might also have contributed (6).

The significant decrease of carcass production seen in DCAtreated animals (Fig. 4) results in a significant decrease of muscle tissue lactate levels and is associated with a significant increase of muscle pHi. Neither effect was observed in NaCl-treated animals (Fig. 6).

Chronic administration of DCA may be associated with certain toxic effects such as neurotoxicity, cataracts, and mutagenicity (6). However, more recent evidence suggests that mutagenetic effects of DCA may have been related to impurities in the preparation, and that such effects are not observed when crystalline DCA is used (25). In short-term administration in humans, no serious side effects of DCA have been noted (9).



Figure 6. Influence of treatment with DCA or NaCl on intracellular pH of liver and muscle, and on tissue lactate levels in liver and muscle. For significance levels, see text. Values are mean \pm SE; n = 7 in each group.

Extrapolation of our data, which was obtained in experimental animals with a uniform circulatory behavior, to the clinical situation must be done with caution. Patients with hypoxic lactic acidosis may present with either low, normal, or high cardiac output and blood pressure. Such variables may influence the response to therapy. However, taking into account the high mortality rate of hypoxic lactic acidosis and the persistently high mortality associated with the traditional therapy with NaHCO₃, the results of our study, which shows that DCA is able to reverse many of the major pathological manifestations of hypoxic lactic acidosis, seem to warrant further human studies.

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