Safety and Immunogenicity of High Molecular Weight Polysaccharide Vaccine from Immunotype 1 Pseudomonas aeruginosa

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ABSTRACT The safety and immunogenicity of a high molecular weight polysaccharide from immunotype 1 Pseudomonas aeruginosa were tested in a dose response fashion in adult volunteers. The vaccine lacked toxicity and pyrogenicity for experimental animals. Doses of 50, 75, 150, or 250 μ g were given to groups of individuals as a single dose subcutaneous injection. Doses of 150 and 250 μ g were associated with a significant rise in binding and opsonic antibody at 2 wk postimmunization. Titers remained unchanged for up to 6 mo. The vaccine was almost devoid of toxicity, eliciting no more than a slightly sore and tender arm at the site of injection. High molecular weight polysaccharide antigen appears to induce a good immune response following vaccination that is effective in mediating opsonophagocytic killing of live P. aeruginosa organisms.

INTRODUCTION

Infections caused by *Pseudomonas aeruginosa* have been particularly difficult to treat due to the organism's resistance to many antibiotics, the severity of the hosts' underlying condition that predisposes to *P. aeruginosa* infection, and the rapidity with which a septicemia can be fatal (1, 2). Immunotherapeutic modalities have been proposed as a potential means of increasing host resistance to this organism. Antibody directed towards cell surface lipopolysaccharide (LPS)¹ determinants has been shown to be effective in mediating opsonophagocytic killing of *P. aeruginosa* (3, 4). This antibody has been detected in the serum of patients convalescing from *P. aeruginosa* sepsis (5, 6), and survival of a *P. aeruginosa* sepsis episode has been associated with high levels of antibody to LPS in the acute phase serum (7). Attempts to induce antibody to LPS determinants in burn patients (8), cancer patients (9), and children with cystic fibrosis (10) have been hampered by the toxicity of LPS when used as a human vaccine. Nonetheless, these studies did suggest a drop in *P. aeruginosa* associated mortality following the use of an LPS vaccine. Recently, Jones et al. (11) documented the efficacy of a *P. aeruginosa* vaccine plus immunoglobulin in burn patients. Although the serologically active component of this vaccine has yet to be identified, the method of preparation (12) suggests it may be LPS.

A safe and immunogenic vaccine containing P. aeruginosa LPS serotype determinants would thus appear to be an ideal candidate for an immunotherapeutic agent to prevent P. aeruginosa sepsis. High molecular weight polysaccharide (PS) isolated from the supernate of *P. aeruginosa* cultures has been shown to be immunogenic in animals (13), to elicit protection to live organism challenge (14, 15) and to be nontoxic in mice and guinea pigs and nonpyrogenic in rabbits (14, 15). These PS antigens share serological specificity with the "O" specific side chain of LPS, yet differ from "O" side chains by their immunogenicity, biochemical constituents, monosaccharide composition, and molecular size (14, 15). Intact LPS contains the toxic lipid A component that is lacking in PS. Rabbit antisera to PS antigens contains antibody primarily directed at the LPS "O" side chain determinant, yet lacks anitbody to a second LPS-specific determinant present on the LPS molecule from all of the seven Fisher immunotypes of P. aeruginosa.² Thus animal

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¹ Abbreviations used in this paper: IT-1, immunotype 1; LPS, lipopolysaccharide.

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studies have shown that PS is capable of inducing an antibody response directed at LPS serotype determinants, yet lacks the toxicity associated with LPS vaccines. The present study was designed to assess the immunogenicity and safety of a prototype PS vaccine isolated from the immunotype 1 (IT-1) strain of *P. aeruginosa* in adult human volunteers, including an assessment of the functional nature of the antibody induced.

METHODS

Vaccine. High molecular weight PS antigen was extracted from a 30-liter culture of IT-1 P. aeruginosa grown in trypticase soy broth (Difco Laboratories, Detroit, Mich.) supplemented with 1% sodium acetate. After 48 h of growth, 300 g of hexadecyltrimethylammonium bromide was added and the precipitate and the organisms removed by centrifugation. The supernate was then concentrated to 800 ml on an Amicon TCE 5 ultrafiltration apparatus using PM 30 membranes (Amicon Corp., Danvers, Mass.). The crude PScontaining material was precipitated from the concentrate by the addition of 4 vol of 95% ethanol and recovered by centrifugation. This material was redissolved in phosphatebuffered saline (0.1 M phosphate, 0.15 M NaCl, pH 7.2) heated at 60°C for 1 h, and a one-tenth volume of 10% hexadecyltrimethylammonium bromide added to precipitate nucleic acids. After centrifugation, the supernate was recovered, crude PS precipitated by the addition of 4 vol of 95% ethanol, and the above procedure for removing nucleic acids repeated twice. Following this, the crude PS was dissolved in 1% acetic acid, the pH adjusted to 5.0 with glacial acetic acid, and the solution heated at 90°C for 18 h. This procedure cleaved the LPS into its lipid A and "O" side chain components for subsequent removal. After cooling, the lipid A precipitate was removed by centrifugation, the supernate extracted 10 times with chloroform then twice with 90% phenol, precipitated with 4 vol of 95% ethanol, redissolved in PBS, and applied to a Sephacyl S-300 column 2.6 \times 100 cm in four separate runs. The serologically active material eluting between the void volume and the point where a 70,000-mol wt dextran marker begins to elute was collected, precipitated with alcohol, recovered, dialyzed, and lyophilized. This material was then weighed, dissolved to 1 mg/ml in pyrogen-free water with 1:30,000 merthiolate added and lyophilized as 1-mg aliquots in individual vials. Sterility of the material was ascertained in bulk before packaging and in 10% of the final packaged material in accordance with the Food and Drug Administration regulations (Title 21, Sect. 610.12). Prior to injection the vaccines were reconstituted with an appropriate amount of sterile saline for injection to give the desired dosage in 0.5 ml.

Chemical analyses. Analyses for nucleic acids, proteins, LPS, lipids, phosphate, carbohydrate, monosaccharide components, and water were performed as described (13).

Animal toxicity studies. The general safety test using guinea pigs (Title 21, Section 610.11) was done in two Hartley strain animals weighing 325 and 345 g. The animals were given $500 \mu g$ of PS in 5 ml saline, observed and weighed daily. The growth rate of 21 g mice was observed following intraperitoneal injection of $500 \mu g$ PS in 0.5 ml saline. Pyrogenicity was tested in three New Zealand White rabbits weighing between 2.04 and 2.50 kg following intravenous injection of 300 μ g/kg body wt. Rectal temperatures were recorded prior to immunization and hourly for 3 h thereafter. Endotoxin contamination was tested for by the limulus lysate coagulation method (Sigma Chemical Co., St. Louis, Mo.). Two 12-kg rheuses monkeys were given four injections of 100 μ g of PS subcutaneously at 3-d intervals and observed for local and systemic reactions for 72 h after each injection. Sera were collected before injection and weekly for 4 wk following the final injection.

Subjects. 42 normal healthy adult volunteers were asked to participate in this study. Signed informed consent was obtained, the volunteers randomly assigned to one of four groups receiving various doses of the vaccine, 20 ml of blood obtained by venipuncture, then a 0.5-ml subcutaneous injection of the vaccine given in the deltoid region of the arm. Subjects were interviewed at 24 and 48 h after the injection, symptoms noted, and temperatures recorded. Postimmunization sera were obtained at 14- and 28-d intervals following injection. For some subjects, serum was also obtained 6 mo postinjection.

Serologic methods. Serum antibody levels to the IT-1 PS were quantitated by means of a radioactive antigen binding assay using intrinsically labeled [14C]PS prepared as previously described (13, 16). Sera were separated and stored at -20° C. Quantitation was performed as previously described for animal sera (16) except that five human sera were used to establish a standard curve. The correlation coefficient between percentage binding in the radioactive antigen binding assay vs. \log_{10} microgram per milliliter of antibody was 0.901.

Opsonophagocytosis assays were performed by an adaptation of the methods of Baltimore et al. (17) and Young (4). Human peripheral blood leukocytes were purified on a dextran gradient, freed of erythrocytes, and suspended to 107 cells per milliliter. P. aeruginosa IT-1 was harvested in mid-log growth phase, washed once with minimal essential media (Microbiological Associates, Bethesda, Md.) and resuspended to 3×10^7 organisms/ml. The reaction mixture consisted of 100 μ l of the serum or serum dilution to be tested, 100 μ l of cells, 100 μ l of organisms, and 100 μ l of a 1:5 dilution of guinea pig complement. A 25- μ l aliquot was removed from the tube at time 0, diluted in distilled water to lyse the leukocytes, then further diluted in saline and plated out on trypticase soy agar plates for bacterial enumeration. A similar aliquot was removed following 60 min of incubation at 37°C where tubes were continuously mixed, and organisms counted. The opsonic titer of the serum was expressed as the reciprocal of the serum dilution killing 90% or more of the initial inoculum. Controls for each experiment included mixtures of two of three components (cells, serum, and complement) plus organisms and media.

Statistical methods. Differences in the concentration of antibody in preimmunization and postimmunization sera were compared by a t test (18). Antibody titer rises of fourfold or greater in the opsonophagocytic assay were considered a positive response and analysis of responses between groups receiving different doses were compared by logistic regression (19).

RESULTS

Chemical analyses. The results of analyses for the various biochemical and monosaccharide constituents of the IT-1 high molecular weight PS are shown in

TABLE I Chemical Analyses of the P. aeruginosa IT-1 Vaccine

	%
Component	
Carbohydrate (Total)	72.5
Lipid	<0.5
Phosphate	<0.5
Nucleic acid	0.8
Protein	0.9
Water	22.2
Monosaccharide constituents	
Arabinose	6.1
Rhamnose	3.4
Mannose	62.2
Galactose	19.8
Glucose	8.5

Table I. Consistent with previously published results (13) the antigen was composed principally of carbohydrate, with low levels of contaminating nucleic acids, protein, and LPS. A high level of mannose was also found along with the previously reported monosaccharides of arabinose, rhamnose, galactose, and glucose (13).

Animal studies. The results of animal tests and in vitro coagulation of the limitus amebocyte lysate for toxicity indicated that the PS vaccine passed these tests with no indication of toxicity. These tests were performed on final packed material rehydrated with sterile saline for injection. No significant rises in temperature (<0.5°F) were detected in rabbits given 300 $\mu g/kg$ body wt. Further lack of biologically active endotoxins was seen in the limulus lysate assay, where

it took 1.000 times more vaccine than control LPS to gel the lysate (Table II). General toxicity tests in guinea pigs, mice, and monkeys revealed normal weight gains following injection of up to 500 μ g PS vaccine. The two monkeys given four $100-\mu g$ injections developed both binding antibody and titer rises of fourfold or greater by opsonophagocytosis.

Toxicity in human volunteers. Four different doses were given to volunteers: 7 persons received 50 μ g, 5 persons received 75 μ g, 12 persons received 150 μ g, and 18 persons received 250 µg. Reactions to the PS vaccine were exceedingly mild, and no greater reaction than soreness and slight tenderness at the injection site were noted for any vaccinee at any dose, except for one person receiving 150 μ g who was scratched by the needle under the injection site and developed a slightly red and tender area lasting for 48 h. No reaction lasted >48 h, and no erythema or induration was seen in any vaccinee other than as noted above. Slight soreness and tenderness at the injection site was seen in 1 of 7 (14.3%) persons given 50 μ g, 1 of 5 (20%) persons given 75 μ g, 4 of 12 (33.3%) persons given 150 μ g, and 12 of 18 (66.7%) persons given 250 μ g.

Antibody response. The antibody responses of subjects in each of the four dosage groups 2 and 4 wk postimmunization, as quantitated in the radioactive antigen binding assay, are shown in Table III. There was no significant difference between preimmunization and postimmunization concentrations of antibody in the group given 50 of 75 μ g (t test). In the group given 150 μ g a significant (P = 0.004) difference in the mean pre- and postimmunization antibody concentrations were noted. Similarly, at 250 μ g a significant (P = 0.002) difference in antibody concentration was

TABLE II

TABLE III Immunogenicity of PS Vaccine from IT-1 P. aeruginosa

	Component				Weeks after immunization			
	IT-1 PS	IT-1	Escherichia coli	Dose	0	2	4	
Amount	vaccine	LPS	LPS standard	μg				
ng				50	13.2 ± 12.8	30.5 ± 29.2	31.2 ± 30.3	
0.1	_•	-	-		(3.9-40.0)	(4.0 - 88.4)	(4.0-86.8)	
0.5	_	-	+	75	22.8 ± 41.9	42.8 ± 73.9	44.5±76.8	
1.0	-	+	+		(4.1-97.8)	(3.8-174.3)	(3.8–175.2	
10.0	_	+	+		(112 0110)	(010 11 110)	(0.0 1.0.1	
100.0	_	+	+	150	5.9 ± 3.6	63.8 ± 55.8	66.7±54.8	
0.000,1	+	+	+		(1.7 - 14.9)	(6.1–147.4)	(6.1–155.8	
		1	1	250	4.9±1.9	55.9 ± 61.8	56.3±59.3	
° + Indicate 24 h.	es gelation of lysa	ate; – indicates	s no gelation after		(3.6 - 10.2)	(3.7 - 250)	(3.7 - 232)	

TABLE IV
Duration of Antibody Levels in Persons Receiving 150
µg of IT-1 P. aeruginosa PS Vaccine

Antibody conce	Antibody concentration in $\mu g/ml$ -geometric mean \pm SD (range)			
	Time after immunization			
0	6 mo	Difference (post-pre)		
5.9±3.6	32.7 ± 29.3	27.3±28.8		
(1.7–14.9)	(4.2 - 94.2)	(1.1-87.4)		

noted. No significant difference was noted in the geometric mean antibody titer achieved at 2 wk when compared to 4 wk by a pooled t test, and no significant difference was noted between the geometric mean antibody concentration achieved in the sera of vaccinees receiving 150 μ g (63.8 μ g/ml) vs. that achieved at the 250- μ g dosage (55.9 μ g/ml). Serum antibody levels present at 6 mo following immunization with 150 μ g are shown in Table IV. The decrease in individual antibody levels was not significant, indicating maintenance of antibody titers during this interval.

Functional properties of the induced antibodies were measured in an opsonophagocytosis test, and the titers determined for pre- and day 14 postimmunization sera are shown in Table V. 3 of 7 persons receiving 50 μ g had a fourfold or greater increase in titer in this assay, while 2 of 5 persons receiving 75 μ g, 9 of 12 persons receiving 150 μ g, and 16 of 18 persons receiving 250 μ g had these responses. In the total population, 32 persons had preimmunization titers of two or less, 8 had preimmunization titers of four through eight and 2 had preimmunization titers of more than eight. After immunization, 7 persons had titers of 2 or less, 13 had titers of 4–8 and 23 had titers of 1:16 or greater, up to 1:128. Logistic regression analyses of the dose response effect was performed on these data. Responses were designated 1 or 0 to indicate whether or not a fourfold or greater titer rise had occurred. The responses at 50 and 75 μ g were treated as one category (low dose) for these statistical purposes. A highly significant difference (P < 0.001) was observed between the response seen in the group immunized with 150 and 250 μ g, when compared to the response of the 50- and 75- μ g group. The difference in response between 150- and 250- μ g doses was marginally significant, (P = 0.079). This suggested a trend for the higher dose being slightly more efficacious in inducing a functional antibody response.

DISCUSSION

Disease due to P. aeruginosa infections is most often seen in immunocompromised or traumatized hosts. Susceptibility to infection has been thought to be correlated with granulocytopenia (2), though the underlying host condition was found to be a better indicator of the severity and outcome of P. aeruginosa sepsis (20). These immunocompromised patients, who are at risk for developing P. aeruginosa infections, are altered in their responses to immunological stimuli, and therefore may not respond to the PS antigen with humoral antibody, as was shown here for normal volunteers. Vaccination of granulocytopenic populations generally results in poor immune responses, but there are certain populations who are at high risk for P. aeruginosa infections that can be immunized prophylactically. Other populations, such as burn and trauma victims, may respond adequately to vaccination if given soon enough after injury. Immunosuppressed populations can potentially be immunized before or in between courses of therapy. Since the PS vaccine used here induced both binding and opsonic antibody. and has minimal toxicity in vaccinees, it offers the possibility to function as an effective immunotherapeutic agent for preventing P. aeruginosa sepsis.

TABLE V
Serum Titers in the Opsonophagocytosis Assay following Immunization
with P. aeruginosa IT-1 PS Vaccine

	Number Dose immunized	Preimmunization titer			Postimmunization titer			No. persons with
Dose		≤2	4-8	>8	≤2	4-8	>8	fourfold or greater rise
μg								
50	7	5°	2	0	3	2	2	3
75	5	4	1	0	3	1	1	2
150	12	9	1	2	1	5	6	9
250	18	14	4	0	0	5	13	16

* Represents number of vaccinees with this titer.

PS antigens are prepared by a method utilizing heat and acid to cleave the contaminating LPS into its lipid A, "O" side chain and core components for subsequent elimination. This somewhat harsh method was chosen because it was found to be the only method that removed all detectable intact LPS. Although low levels of LPS contamination in a vaccine may not be of any concern if the toxicity is within acceptable limits, animal studies of numerous P. aeruginosa vaccines have often indicated that contaminating LPS is the responsible agent for the immunogenicity and protective efficacy seen (14). The immunogenicity of this PS vaccine in humans, coupled with its almost total lack of toxicity, indicates that the acetic acid method for elimination of LPS is not only an effective procedure for reducing toxicity, but does not interfere with immunogenicity.

The magnitude of the human immune response to PS is particularly good when compared to the amount of antibody inducible in experimental animals (16). Humans by far had a greater degree of response than we have found for the most responsive laboratory animal, the C₃H mouse strain. The opsonic titers we obtained in our vaccinees was also close to that reported by Young and Armstrong (3) and Young (4) for patients recovering from P. aeruginosa sepsis or immunized with an LPS vaccine. The opsonophagocytosis test they used was very similar to the one used here, except that they multiplied their titers by a factor of 10 to translate the 0.1-ml amount of serum used in the reaction mixture to 1.0 ml. The data here report the dilution of a 0.1-ml amount of serum that elicited killing. Another slight difference was their use of \geq 70% reduction in viable organisms as representing killing, while we used \geq 90% levels. Taking this into account, the phagocytic titers of 12 persons recuperating from P. aeruginosa bacteremia ranged from 32 to 2,048 (our method), with 8 of these patients (66.7%) having titers of 32-128. 12 of 18 (66.7%) of the PS vaccinees receiving 250 μ g had titers of 16–128. None of the immunized individuals had a titer of >128, whereas 4 of 12 of the infected patients did. Similarly in Young's (4) study of the opsonic titers of humans given monovalent preparations of P. aeruginosa LPS, opsonic titers of 256-2,048 were obtained. Although these titers are slightly higher than those obtained by PS vaccination, the dose of LPS used was quite high when compared to PS (25 $\mu g/kg$ LPS vs. an average of 3.5 $\mu g/kg$ PS) was given in five doses when compared with the single dose of PS, and was associated with local reactions not seen with PS immunization.

The influence of antibody levels of *P. aeruginosa* LPS serotype determinants in affecting the outcome of *P. aeruginosa* infection has been suggested by both

vaccine studies (8, 9, 11) and also by a study of the influence on survival of acute phase antibody levels to LPS (7). Our studies in animals, (14, 15) indicate that PS induces a serotype specific immune response against the LPS "O" side chain determinant. Further study is required to assess whether the human immune response to PS vaccination also induces a response to LPS specific determinants. The data here do indicate that immunization with PS leads to an immune response in humans, that the antibody elicited can function in opsonizing live organisms, and that PS vaccination is associated with a minimal level of toxicity in vaccinees.

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