

Network Theory in Autoimmunity: *IN VITRO* SUPPRESSION OF SERUM ANTI-DNA ANTIBODY BINDING TO DNA BY ANTI-IDIOTYPIC ANTIBODY IN SYSTEMIC LUPUS ERYTHEMATOSUS

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Network Theory in Autoimmunity

IN VITRO SUPPRESSION OF SERUM ANTI-DNA ANTIBODY BINDING TO DNA BY ANTI-IDIOTYPIC ANTIBODY IN SYSTEMIC LUPUS ERYTHEMATOSUS

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ABSTRACT Regulation of serum anti-DNA antibody in systemic lupus erythematosus (SLE) by an antiidiotypic antibody was evaluated. Various sera from SLE patients in active and inactive states of their disease, as well as sera from normal individuals, were first completely depleted of anti-DNA and of DNA by affinity chromatography. The suppressive capacity of equimolar concentrations of the various depleted sera (blocking sera) on target lupus sera were determined. The target sera were from lupus patients with known DNA-binding capacity. Blocking sera from inactive SLE suppressed the binding of autologous anti-DNA antibody to [3 H]DNA ($n = 19$, $P < 0.01$). Blocking sera from active SLE ($n = 19$), as well as human serum albumin, did not suppress. Sera from normal donors who had no contact with lupus patients or with lupus sera did not suppress ($n = 14$, $P > 0.5$), whereas those from normal donors who had contact with lupus patients or sera did suppress the binding ($n = 5$, $P < 0.02$). The anti-anti-DNA antibody suppressive activity in the inactive lupus serum was shown to be localized within the F(ab')₂ portion of immunoglobulin (Ig)G and could not be removed upon adsorption by normal human gammaglobulin. Furthermore, immune complexes could be detected by a Clq binding assay when the inactive lupus blocking sera were incubated with the anti-DNA antibody containing target sera. The

specificity of the suppressive serum factor was shown by its inability to block the binding of tetanus toxoid to antitetanus antibody and its ability to block the binding of DNA to F(ab')₂ fragments of active lupus IgG.

Regulation of serum anti-DNA antibody levels by anti-antibodies could induce and maintain disease remission in lupus patients and prevent disease expression in normals.

INTRODUCTION

Regulation of antibody synthesis and of lymphocytes involved in the immune response has been proposed by Jerne (1) to be controlled by a network of antibodies and lymphocytes. Antiidiotypic antibodies directed against cell-surface receptors or secreted idiotype molecules have been shown to be important elements in transplantation tolerance or the specific suppression of an antibody response (2, 3). Antiidiotypic antibodies that recognize and regulate the expression of idiotype determinants on the cell surface could theoretically play a key role in the induction of self-tolerance and the prevention of autoimmunity. Abnormalities in the idiotype antiidiotypic system could therefore lead to expression or expansion of autoreactive cell clones (4-6).

Self-tolerance is also dependent on suppressor cells (7). Suppressor cell dysfunction could in part be responsible for autoantibody production in systemic lupus erythematosus (SLE)¹ (8, 9). In fact, there appears to be a close interplay between suppressor cells and the idiotype network in the regulation of the immune response (10-12).

In this study we have tested an extension of the net-

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¹ Abbreviation used in this paper: SLE, systemic lupus erythematosus.

work theory (1) with respect to modulation of the expression of autoantibody activity by presumed antiidiotypic factors. We have demonstrated the presence of autoantiidiotypic antibody in sera of inactive SLE patients. In normal individuals who have had contact with lupus material, we found a cross-reacting antiidiotypic antibody against double-stranded DNA antibody. The effector activity is present in the $F(ab')_2$ portion of immunoglobulin (Ig)G from sera of inactive SLE patients; it binds more avidly to autologous anti-DNA antibody than to antibody from unrelated donors. The blocking antibody could not inhibit an unrelated antigen-antibody reaction and could not be detected in sera of active SLE patients or in sera of normal individuals not exposed to lupus sera.

METHODS

Patients and controls. 19 patients who satisfied the American Rheumatism Association preliminary diagnostic criteria for SLE (13) were studied. 19 normal healthy individuals without personal or family history suggestive of an autoimmune state and with normal levels ($<6.4\%$ binding) of serum anti-DNA antibody were used as controls. 5 of the 19 normal individuals had contact with lupus patients and sera for varying periods of time (0.5–16 yr), and the other 14 normals had no contact with lupus material. The study was approved by the institution's human subjects committee and informed consents were obtained from all of the subjects who entered the study. All patients were studied twice, when their disease was active and again during clinical remission. Patients were considered to have active disease if organ-specific clinical symptoms plus at least two of the following laboratory criteria were present: (a) erythrocyte sedimentation rate > 25 mm/h; (b) total hemolytic complement $CH_{50} < 120$ U; (c) DNA antibodies $> 14\%$ binding. Patients were considered to have inactive disease if no organ-specific clinical symptoms or signs could be elicited and if the laboratory criteria—erythrocyte sedimentation rate, CH_{50} , DNA antibodies—were within the normal range. None of the patients was on cytotoxic drugs. Prednisone dosage received by patients during active disease ranged from 5 to 6 mg/d (mean, 32.5 mg), and during inactive disease, from 0 to 40 mg/d (mean, 25 mg/d).

Serum complement determination (CH_{50} assay) was done by a standard technique. The binding of sera to native DNA was studied by the Millipore filter radioimmunoassay (Millipore Corp., Bedford, Mass.) using human KB cell line [3H]DNA (Electro-Nucleonics, Inc., Fairfield, N. J.) (14).

Adsorption of anti-DNA antibody on DNA-cellulose columns. Calf thymus DNA-cellulose (Worthington Biochemical Corp., Freehold, N. J.) was suspended in buffer (0.01 M Tris-HCl, 0.001 M EDTA, pH 7.4), and packed in columns (K9/15 columns, Pharmacia Fine Chemicals, Uppsala, Sweden). For each 2 g of DNA-cellulose (containing 18 mg DNA), 10 ml of serum was allowed to pass through the column at $4^\circ C$ at a rate of 2 drops/min. The effluents were passed again through the DNA-cellulose columns to insure complete removal of the anti-DNA antibody. Sera treated in this manner did not contain any detectable anti-DNA antibody (0% binding) when tested by radioimmunoassay (14). Cellulose columns to which no DNA was coupled were incapable of depleting anti-DNA antibody.

Treatment of DNA with immobilized DNase. 6 or 60 U of DNase-Sepharose conjugate (immobilized deoxyribonuclease, Worthington Biochemical Corp.), suspended in 1.0 ml,

was incubated with 10 μg [3H]DNA for 60 min at $37^\circ C$. The tubes were centrifuged at 720 g for 20 min, and 0.5 ml of the supernate was then dialyzed overnight against Tris-buffer saline. The DNA treated in this manner failed to bind to serum containing DNA antibodies. Thus, in a typical experiment, serum from an active lupus patient with 67% binding capacity (17,279 counts/min) to the undigested [3H]DNA failed to bind to the DNase-treated [3H]DNA ($<1\%$ binding). 6 U of DNase-Sepharose conjugate was as efficient as 60 U. Therefore, in all the experiments reported in this paper 6 U of immobilized DNase was used for the digestion of 1.0 ml of serum.

Suppression of anti-DNA binding to [3H]DNA by blocking sera or immunoglobulin fragments and testing of precipitate formation by Clq-binding assay. All sera to be tested for the presence of anti-anti-DNA antibody (antiidiotypic or blocking antibodies) were depleted of anti-DNA antibody by passage twice through DNA-cellulose columns and then treated with 6 U of DNase-Sepharose to digest DNA. In preliminary experiments, lupus sera with 90% DNA-binding capacity or with 10 μg DNA/ml could be completely depleted by this treatment. None of the blocking sera used in these experiments had DNA-binding capacity $> 90\%$ or DNA > 10 μg /ml. Adequacy of depletion was confirmed by the failure to detect anti-DNA antibody by radioimmunoassay (14) and of DNA by chromatography (15). The anti-DNA depleted and DNase-treated sera (blocking sera) were assayed for their capacity to inhibit the binding of [3H]DNA to sera from active lupus patients (target sera). For the blocking assay 100 μl containing 1 nmol of the blocking material IgG or its various fragments was incubated with 100 μl of a target serum (containing 1 nmol IgG) at $37^\circ C$ for 1 h and then for 16 h at $4^\circ C$. The mixtures were centrifuged at 1,000 g for 30 min; 100 μl of the supernate was collected and tested in the standard DNA-binding assay (14). The remaining 100 μl , designated the precipitate fraction, was tested in a conventional Clq binding assay (16).

The percent suppression of DNA binding was calculated from the formula:

$$\left(1 - \frac{\text{DNA binding of mixtures of target and blocking sera}}{\text{DNA binding of target sera alone}} \right) \times 100.$$

Depletion of various Ig classes. Depletion of serum IgG, IgM, or IgA was performed by standard techniques as described earlier (17). Adequacy of depletion was confirmed by immunoelectrophoresis and by immunodiffusion.

Preparation of IgG, $F(ab')_2$, and Fc fragments. IgG proteins were isolated from serum by affinity chromatography on Protein A-Sepharose 4B (Pharmacia Fine Chemicals, Uppsala, Sweden). $F(ab')_2$ fragments produced by pepsin digestion of IgG proteins were separated from Fc-containing materials by passing over a column of Protein A-Sepharose 4B (18). Fab and Fc fragments, which were produced by papain digestion of IgG proteins, were separated also by Protein A-Sepharose 4B chromatography (18). These IgG fragments were separately passed through a column of Sephadex G-150 to ensure the removal of undigested IgG proteins. IgG and its enzymatic cleavage fragments thus prepared were immunologically pure and distinct when examined by immunoelectrophoresis.

Preparation of $F(ab')_2$ fragments from active lupus sera. To ensure that the blocking activity of the antiidiotypic antibody is directed towards the binding sites of anti-DNA antibody, we prepared $F(ab')_2$ fragments from IgG isolated from active lupus sera. The isolation of IgG proteins on Protein A-Sepharose 4B and the preparation of $F(ab')_2$ fragments by pepsin digestion were as described above.

Preparation of normal gammaglobulin immunoadsorbents. To ensure the specificity of the antiidiotypic antibody, we attempted to deplete its blocking activity by passing it through normal gammaglobulin immunoadsorbent columns. Gammaglobulins were isolated from five different normal sera by 33% ammonium sulfate precipitation. The precipitate was washed, dialyzed, redissolved, and covalently coupled to CNBr-activated Sepharose 4B according to the method described by March et al. (19). Such affinity chromatography media were denoted as gammaglobulin immunoadsorbents. Aliquots of one antiidiotypic serum—prepared from inactive lupus serum as described above—were allowed to pass through the five different immunoadsorbents. The blocking activity of the antiidiotypic serum was tested before and after its passage through the various immunoadsorbents.

Hemagglutination assay. To test for specificity of the autoantiidiotypic antibody, serum from a normal donor who had recently been boosted with tetanus toxoid was used as the target serum. Antitetanus antibody was assayed by the standard passive hemagglutination assay using chromium chloride to coat sheep erythrocytes with tetanus toxoid (20).

Statistical analysis. The paired *t* test was used to compare suppression of target sera in the presence or absence of blocking sera. For comparison of percent suppression with Clq binding, the Spearman rank correlation coefficient was calculated (21).

RESULTS

Blocking of anti-DNA binding. Autologous sera from lupus patients with inactive disease ($n = 19$) were found to suppress the binding of [^3H]DNA to the target lupus sera ($P < 0.01$) (Fig. 1, Table I). Blocking sera from active unrelated ($n = 9$), from active autologous ($n = 19$), or from inactive unrelated ($n = 9$) lupus patients were not capable of suppression. Human serum albumin at a similar protein concentration and processed similarly to the various blocking sera was also incapable of suppression (Fig. 1). The mean suppression value of the 19 various normal sera tested, when pooled together, was not significantly different from the percent DNA binding of the target lupus sera

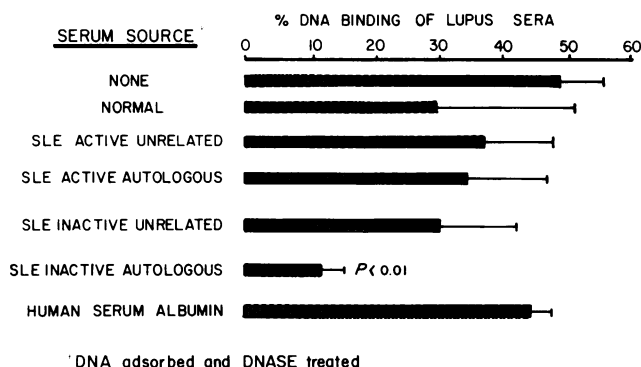


FIGURE 1 Suppression of anti-DNA binding to [^3H]DNA by various sera. Results are the means \pm SD. 19 sera were tested for each of the normals, SLE active autologous, and SLE inactive autologous groups. Nine sera were tested for each of SLE active unrelated and SLE inactive unrelated groups.

by themselves ($P = 0.2$) (Fig. 1, Table I). However, normal sera from donors who had contact with lupus patients and lupus blood components had significant suppressive activity on the target active lupus sera ($P < 0.02$) (Tables I and II). Sera from normal donors who had no contact with lupus material did not suppress ($P > 0.5$) (Table II).

Clq binding correlated with suppression of DNA binding. Precipitate fractions obtained from incubating F(ab')_2 fragments with the corresponding autologous target sera were tested for their ability to bind [^{125}I]Clq by radioimmunoassay. The upper limits of the 95% confidence intervals for individual values of fragments from active lupus sera are shown with dotted lines parallel to each axis (25% for suppression, 8% for Clq binding) (Fig. 2). Low Clq binding values (3–7%) occurred with sera and fragments from active lupus patients; higher Clq binding values (8–34%) occurred with those from patients with inactive lupus (Fig. 2). When samples from patients with active and inactive disease were considered together, percent suppression correlated significantly with Clq binding (Spearman's $\rho = 0.92$, $P < 0.01$).

Effects of immunoglobulin depletion of the blocking sera. In the five experiments performed on five different sera, depletion of IgG eliminated the suppressive capacity of the autologous inactive lupus serum (Fig. 3). Depletion of IgM or of IgA failed to do so ($P < 0.01$).

Failure of depletion of the blocking activity by adsorption on normal human gammaglobulin. To avoid artefacts upon IgG depletion of blocking sera by immunoadsorbents, it is shown in Table III that normal gammaglobulin immunoadsorbents from five different donors failed to deplete the blocking activity of the lupus serum.

Effects of IgG fragments on DNA binding. In the nine sera that were processed and tested, F(ab')_2 fragments and not Fc fragments of the inactive lupus sera were capable of suppressing the binding of anti-DNA antibody to [^3H]DNA ($P < 0.001$) (Fig. 4). Fab fragments ($P < 0.02$), whole serum ($P < 0.01$), and globulin fractions ($P < 0.01$) were also inhibitory.

Effects of the blocking IgG on binding of F(ab')_2 fragments of the active lupus IgG to [^3H]DNA. To ensure that the blocking activity of the inactive autologous IgG is directed towards the binding sites of the anti-DNA antibody, we have prepared F(ab')_2 fragments from IgG of five different active lupus sera. It could be seen from Table IV that the blocking IgG inhibited the binding of the F(ab')_2 fragments to [^3H]DNA. Fc fragments prepared from the same active lupus sera failed to bind to [^3H]DNA in the absence or presence of the blocking IgG (not shown in Table IV).

Effect of IgG fragments on tetanus toxoid binding. Whole serum, globulin fraction, or the various IgG frag-

TABLE I
Serum DNA Binding before and after Treatment with the Blocking Serum

Patient	Predominant clinical features	DNA binding of lupus sera		
		Before incubation	After incubation with sera	
			Autologous inactive	Normal
			%	
1	Nephritis, cytopenia, CNS	58	10	23*
2	Nephritis	46	8	39
3	Hemolytic anemia, cutaneous	44	18	33
4	Thrombocytopenia, nephritis	53	12	43
5	Serositis, cutaneous	39	13	26
6	Arthritis, nephritis	58	9	19*
7	Fatigue, arthritis	42	14	27
8	Cutaneous vasculitis	43	6	30
9	Serositis	46	10	25*
10	CNS, nephritis	52	14	39
11	Nephritis	61	11	46
12	Fatigue, arthralgia	45	12	29
13	Nephritis, arthralgia	64	20	10*
14	Thrombocytopenia, arthralgia	31	12	24
15	Cytopenia, nephritis	39	20	18*
16	Serositis	30	6	23
17	Nephritis, arthritis	61	14	51
18	Nephritis, cutaneous	35	10	25
19	Serositis, arthritis	40	12	31
Mean	—	47	12	30

* Sera from donors who had contact with lupus material.

ments of the same nine inactive lupus sera tested above for their anti-anti-DNA antibody activity did not inhibit the antitetanus antibody binding to tetanus toxoid as tested by a hemagglutination technique (Fig. 5).

DISCUSSION

The clonal selection theory has prevailed for many years and has suggested that the immune system is

made up of lymphocyte clones capable of binding to a multitude of antigens (22). During ontogeny, self-reactive (forbidden) clones were thought to be destroyed and the surviving clones were believed to be directed mainly against nonself antigens (22). However, a number of recent important findings have revealed new complexities. Self-reactive clones could be detected in normal individuals (23, 24). The discovery

TABLE II
Suppression of Anti-DNA Binding to [³H]DNA by Normal Sera

Normal sera*		Contact‡ with lupus material	Anti-DNA binding of target lupus sera§			P
Number tested	DNA antibody binding		Binding		Suppression	
			Before blocking	After blocking		
	%		%		%	
14	3.4±2.9	No	44±13	33±12	25	>0.5
5	4.1±2.3	Yes	53±19	19±11	64	<0.02

* Normal healthy volunteers with negative personal or family history of lupus.

† Contact with lupus patients and lupus blood components for 0.5–16 yr.

§ Five different lupus sera were used as targets for suppression by the normal sera in all the experiments. Each blocking normal serum that had been adsorbed on DNA-cellulose columns and DNase-treated was tested for its suppressive capacity of each of the target lupus sera.

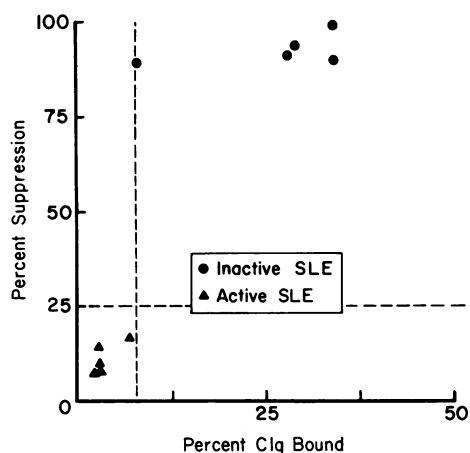


FIGURE 2 Clq binding was measured on a precipitate fraction formed by the interaction of lupus F(ab')₂ with autologous target serum (see Methods). Percent suppression of DNA binding was determined on the same assay tubes. The upper limit of the 95% confidence interval, for the samples from patients with active disease only, are shown as dotted lines parallel to the corresponding axis. There was a significant correlation (Spearman's rho = 0.92, $P < 0.01$) between Clq binding and the degree of suppression of DNA binding. F(ab')₂ fragments from sera of active patients clustered in the lower left quadrant and were easily distinguished from those with inactive disease.

of positive and negative interactions between T and B lymphocytes (7) and the possible involvement of idiotypes in clonal interactions (4) indicate that the immune system can recognize self and is regulated by a complex idiotype network (1-5). Idiotypes and autoanti-idiotypes coexist in the repertoire of a single individual; autoanti-idiotypes can be induced or occur spontaneously during the immune response (4, 25-27). These anti-idiotypic antibodies can exert either positive or negative influences on antibody biosynthesis or on effector cell function (10, 27).

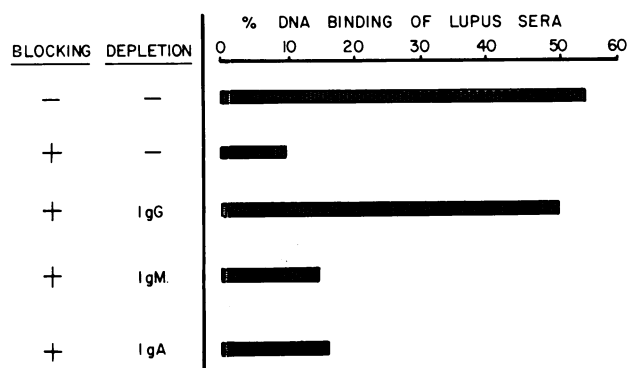


FIGURE 3 Suppression of anti-DNA binding to [³H]DNA by autologous inactive lupus sera, and effects of depletion of various immunoglobulin classes. Five different sera were processed and tested. Results are the means of all the experiments. The standard deviation did not exceed 7% of the mean.

TABLE III
Effects on Blocking Activity of Anti-idiotypic Serum upon Its Adsorption by Normal Human Gammaglobulin

Gammaglobulin immunoabsorbent from normal donors*	Suppression of the target lupus serum† upon incubation with blocking serum‡	
	Not adsorbed by normal gammaglobulin	Adsorbed by normal gammaglobulin
	%	
1	83	80
2	83	82
3	83	79
4	83	85
5	83	83

* Five different normal donors' gammaglobulin were linked to CnBr-activated Sepharose 4B. See Methods for details.

† Target serum was from active lupus patient with 53% binding to [³H]DNA.

‡ Blocking serum was obtained from same donor of the target serum during disease inactivity. The blocking serum was first depleted of anti-DNA antibody and of DNA. Part of the depleted blocking serum was adsorbed onto normal gammaglobulin solid immunoabsorbents. See methods section for the calculation of percent suppression of the blocking activity.

In this report we have examined the modulation of autoantibody activity by means of anti-idiotypic antibodies. We have demonstrated that binding of anti-DNA antibody to DNA could be blocked by F(ab')₂ and Fab fragments of IgG obtained from autologous sera of inactive lupus patients (Fig. 4). Blocking activity was probably due to occupancy of the combining site, since Fc fragments of the same IgG had no blocking activity. We have not ruled out, however, the possi-

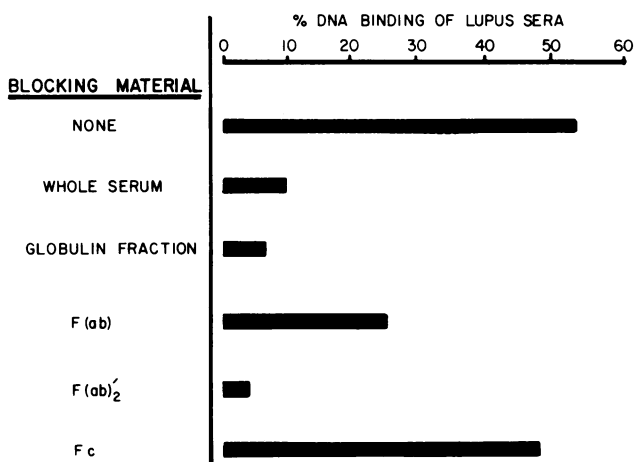


FIGURE 4 Suppression of anti-DNA binding to [³H]DNA by various immunoglobulin fragments of the inactive lupus serum. Nine different sera were processed and tested. Results shown are the means of all experiments. The standard deviation did not exceed 9.3% of the mean.

TABLE IV
Blocking of the Binding of Active Lupus F(ab')₂ Fragments
to [³H]DNA by Autologous IgG

Experiment*	³ H]DNA binding to F(ab') ₂ fragments†		Suppression‡
	In absence of blocking IgG	In presence of blocking IgG§	
	%		%
1	63	19	70
2	41	8	80
3	53	9	83
4	34	14	59
5	39	12	69

* Five different active lupus sera were tested.

† F(ab')₂ fragments prepared from IgG fractions of the active lupus sera.

§ Blocking IgG is obtained from autologous inactive lupus serum that was depleted of anti-DNA antibody and of DNA.

‡ Calculated from the formula

$$\left(1 - \frac{\text{binding in presence of blocking IgG}}{\text{binding in absence of blocking IgG}}\right) \times 100.$$

bility that blocking is due to anti-light chain activity, or due to DNA fragments present in the inactive lupus serum. We have ruled out the possibility that the blocking factor is due to rheumatoid factor activity, since the former was capable of blocking the binding of F(ab')₂ fragments of the active lupus sera (Table IV). It is unlikely that the suppressed activity of the anti-DNA antibody was due to its aggregation

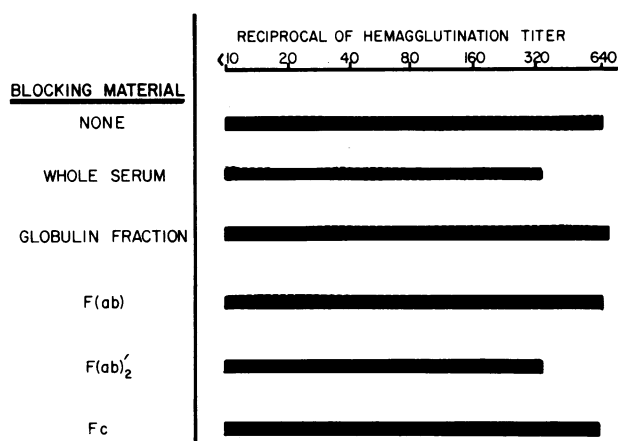


FIGURE 5 Suppression of tetanus toxoid binding to anti-tetanus antibody by various immunoglobulin fragments of the inactive lupus serum. Nine different sera were processed and tested. Results are the means of all the experiments. The standard deviation did not exceed one tube dilution.

upon overnight incubation, since sera incubated without the blocking material and processed in an identical manner had similar DNA-binding activity to that before incubation. The anti-anti-DNA activity could not be detected in active lupus sera (Fig. 1), could not be adsorbed by normal human gammaglobulin (Table III), could not block an unrelated antigen-antibody reaction (Fig. 5), and was directed towards F(ab')₂ fragments of the anti-DNA antibody (Table IV). Sera from normal donors who had contact with lupus patients and lupus blood components had anti-anti-DNA activity, indicating the probable presence of cross-reacting anti-idiotypic antibodies in their sera (Table I). Specificity of the blocking activity of the normal sera for the Fab portion of IgG was not tested. Inhibition of anti-DNA binding by normal human serum has been observed previously (28).

The factors responsible for the production of the cross-reacting (nonautologous) anti-idiotypic antibodies in the normal donors who had contact with lupus materials are unknown. This could reflect a regulatory mechanism in a normal protective immune response. Lymphocytotoxic antibodies and antinuclear antibodies (29), but not Sm antibodies (30), have been found in families of lupus patients. Laboratory personnel in contact with lupus materials have increased levels of lymphocytotoxic antibodies (31), but not anti-double-stranded DNA antibodies (Table I). Failure to detect specific serum antibodies (anti-DNA, anti-Sm) in family members and normals in contact with lupus materials could be attributed to an efficient regulation by an autoanti-idiotypic antibody and/or the lack of a particular immune response gene for the development of the disease (32).

The formation of immune precipitates upon binding of anti-DNA antibody to the anti-idiotypic antibody was tested by the Clq binding assay. F(ab')₂ fragments from IgG of four patients with inactive disease clearly exceeded the calculated range for fragments from patients with active lupus (Fig. 2). We presume that the radioiodinated Clq is binding an immune precipitate, although we have no direct proof that this is so. A solid-phase Clq binding assay or Raji cell assay would permit direct evidence, since a radioiodinated anti-IgG antibody is used to detect an immune complex.

The interplay and the complexity of the various regulatory mechanisms in autoimmunity have been discussed (4, 5, 33). In active SLE, suppressor T cells are deficient or dysfunctional (8, 34, 35). In inactive SLE, suppressor T cells are capable of inhibiting immunoglobulin and anti-DNA antibody secretion (34). The same suppressor cells collected from inactive SLE patients are, however, incapable of affecting the number of DNA-binding autoreactive clones (34). Our pre-

liminary results indicate that the autoantiidiotypic antibody, in the presence of guinea pig complement, is capable of killing DNA-binding B cells (36). Based on these findings, we propose that there are two levels of regulation of anti-DNA antibody in SLE: one modulated by suppressor cells, and a second modulated by an anti-anti-DNA antibody. The factors responsible for the activation of suppressor cells and for autoantiidiotypic antibody production in the inactive SLE state are unknown. Clearer understanding of all the regulatory elements awaits the completion of critical and reproducible studies dealing with the role of exogenous infectious agents, genetic and hormonal factors that might participate in the pathogenesis of SLE.

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