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# A STUDY OF THE PROPHYLACTIC EFFECTIVENESS OF SEVERAL 8-AMINOQUINOLINES IN SPOROZOITE-INDUCED VIVAX MALARIA (CHESSON STRAIN)<sup>1</sup>

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In 1931 and 1933, James (1 to 3) reported the first work on the prophylactic activity of the standard antimalarial agents, quinine, quinacrine (atabrine), and pamaquin (plasmochin), in *Plasmodium vivax* malaria under controlled conditions. He demonstrated that neither quinine nor quinacrine, given as prophylactic agents in therapeutic doses, prevented malarial infection. Extensive experience in the field (4 to 6) has corroborated this finding.

James (3) also reported that when pamaquin was given in amounts approaching the maximum tolerated dose for eight days, starting the day before sporozoite inoculation, none of the subjects developed malaria. Smaller doses protected only a few of the subjects.

However, in 1944, Feldman, Packer, et al. (7),

Through a cooperative arrangement between Professor Clay G. Huff and Dr. Frederick Coulston, Department of Bacteriology and Parasitology, and the Malarial Research Unit, Department of Medicine, the former group bred *Anopheles quadrimaculatus* mosquitoes, supervised their infection and the inoculation of volunteers, and determined the intensity of infection in the salivary glands of the mosquitoes. The latter group assumed the responsibility for clinical care of patients studied by both groups.

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repeating the pamaquin observations of James, reported that in the McCoy strain of *vivax* malaria the same or slightly higher doses of pamaquin did not protect all of the subjects.

Because of the implication of these and other observations, that pamaquin has an extraordinary effect on the *P. vivax* parasite, an intensive study of pamaquin and its analogues was undertaken. We have conducted studies to determine whether pamaquin and other 8-aminoquinolines would prevent infection with the Chesson (Southwest Pacific) strain of *vivax* malaria.

## TABLE I

The chemical structure, toxicity in the monkey, and antimalarial activity in birds of pamaguin and three other 6-methoxy-8-aminoquinolines (18)

Drug	Aliphatic side chain in 8-position	Com- para- tive mon- key tox- icity	Quinine coefficient Antimalarial activity	
			Pamaquin	4-diethylamino-1-methylbutyl-
SN-1,452 SN-11,191 SN-13,276	amino 3-aminopropylamino 6-diethylaminohexylamino 5-isopropylaminoamylamino	*	40 30 100	3 100 150

The four compounds studied (pamaquin, SN-11,191, SN-1,452, and SN-13,276 which is pentaquine) are all 6-methoxy-8-aminoquinolines. They differ from each other only in the structure of the aliphatic side-chain substituent of the 8amino group (Table I). These four compounds were selected for human testing because they had high antimalarial activity in avian infections and because their toxicity in the monkey was low and of the pamaquin type, which, in contradistinction to the plasmacid type of toxicity, is reversible (8).

<sup>&</sup>lt;sup>1</sup> This investigation was carried out under contract, recommended by the Committee on Medical Research, between the Office of Scientific Research and Development and the University of Chicago. The studies were planned in cooperation with the Panel on Clinical Testing of Antimalarials of the Board for the Coordination of Malarial Studies. This work was further aided by the participation of Army Medical officers assigned to the project by the Surgeon General.

## METHODS AND PROCEDURES

Details of the methods used in the drug-testing procedures are presented elsewhere (9). White, male, inmate volunteers with no history of previous malaria served as test subjects at Stateville Penitentiary.<sup>3</sup>

In order not to overlook a prophylactically effective drug by exhibiting the agent in insufficient dosage, an approximation of the maximum amount tolerated in man was administered. This dosage was calculated on the basis of toxicity in the monkey or in man when known. The regime used by James (1) in which the drug was given the day before inoculation, the day of inoculation, and for six days thereafter, was followed. In the patients to whom SN-1,452 and 180 mgm. per day of pentaquine (SN-13,276) were administered, the schedule was shortened because of serious toxicity. Because of their rapid disappearance from the plasma, the drugs were given in divided doses at four-hour intervals. All drug dosages are in *terms of base*. For example: 200 mgm. of the pamaquin naphthoate represents 90 mgm. pamaquin base.

The test and control subjects were inoculated by the bites of ten mosquitoes heavily infected with the Chesson strain of P. vivax. Since the penitentiary is in a non-endemic area, accidental reinoculation was no problem. The Chesson strain is characterized by the early appearance of the primary attack after prophylactic administration of suppressive drugs and by prompt relapse after therapy with non-curative drugs (10 to 12).

Thick films were made from capillary blood and examined for parasites at frequent and regular intervals throughout the follow-up period. Those subjects who developed malaria were hospitalized and treated with whatever drug regime was currently being used for therapeutic testing.

Blood was drawn daily about one hour after the 8 a.m. dose. The plasma concentrations were determined by the method of Brodie, Udenfriend and Taggart (13) modified as follows: 20 ml. of heptane and 0.5 ml. of iso-butyl alcohol were placed in a 60-ml. glass stoppered bottle. Ten ml, of plasma and 10 ml, of 0.1 N NaOH were added and the mixture shaken for 10 minutes. The mixture was then transferred to a 50-ml. centrifuge tube and centrifuged for five minutes. The water phase was aspirated and 15 ml. of the heptane phase was transferred to a 40-ml. glass-stoppered pointed centrifuge tube containing 0.5 ml. of coupling reagent (diazotized sulphanilic acid). The mixture was then shaken for five minutes and centrifuged. The heptane layer was removed by aspiration. Not less than 0.3 ml. of the water layer was transferred to a special microcuvette and the transmission read in a spectrophotometer (Coleman) at a wave length of 480 millimicra.

Hemoglobin and methemoglobin values were determined by the method of Wendel (14).

## RESULTS

# Prophylactic tests

Pamaquin, SN-11,191, and SN-1,452 were tested simultaneously in the early part of the study. Pentaquine was studied later.

Two of the five subjects who received pamaquin prophylactically developed fever and parasitemia promptly, 18 and 19 days after sporozoite inoculation (Table II). One subject developed a delayed primary attack 106 days after infection, and two volunteers have shown no evidence of

#### TABLE II

Prophylactic effect of four 6-methoxy-8-aminoquinolines

Drug	Daily dose*	Days of drug admin.†	Num- ber of sub- jects	Num- ber pro- tected	Fol- low-up pro- tected cases	Parasitic pre- patent period, cases un- protected	Mean plasma concen- tration
	mgm.				months	days 19	gamma/ liter 80
Pamaquin	90	1-1-6	5	2		18 106	70 90 370 80
SN-1,452	240	1-1-3	3	2	20	21	
SN-11,191	90	1-1-6	3	2		16	120 110 100
Controls	N	one	4	0		12 to 14	
SN-13,276	120	1-1-6	5	4	11 11 11 9	22	60 50 50 50 40
Controls	None		12	0		12 to 19	
SN-13,276	180	1-1-6 1-1-3	1 2	1 2	9		40 90 60 40
		1-1-2	2	2			80
Controls	N	one	10	0		12 to 17	

\* Dose is in terms of the base weight.

 $\dagger$  1-1-6 means drug administration the day before, the day of, and for six days after inoculation by the bites of ten mosquitoes.

malaria during the 20 months which have elapsed since they were infected.<sup>4</sup> Two subjects who were treated with SN-11,191 and two who were treated with SN-1,452 have had no malaria during 20 months' observation (Table II). One subject

<sup>&</sup>lt;sup>8</sup> The studies reported in this paper would not have been possible except for the enthusiastic cooperation of the inmate volunteers and administrative officials of Stateville Penitentiary.

<sup>&</sup>lt;sup>4</sup> One subject showed two positive thick blood smears 362 days and 369 days after inoculation. Numerous negative smears and two negative sub-inoculations of 200 ml. of blood failed to substantiate the parasitemia. No fever developed.

in each of the latter groups developed clinical malaria within three weeks after inoculation.

The four subjects who served as controls for the first three drugs developed clinical malaria 12 to 14 days after inoculation.

Pentaquine was tested for prophylactic activity in doses of 120 mgm. and 180 mgm. per day. One of the five volunteers who were treated with 120 mgm. developed fever and parasitemia 22 days after inoculation. The other four subjects have shown no evidence of malaria during the nine to 11 months which have elapsed since they were bitten by infected mosquitoes. The 12 control subjects who were inoculated on the same days developed clinical malaria in 12 to 19 days.

All of the five subjects who received 180 mgm. of pentaquine per day have been protected from malaria to date, nine months after inoculation, even though two of them received the drug for only two days, and two more for only three days, after the day of inoculation. The ten volunteers who served as controls for this experiment developed clinical malaria 12 to 17 days after inoculation.

It is obvious that pamaquin exhibited prophylactic activity against the Chesson strain of *vivax* malaria, but it was only a partial prophylactic agent under the conditions of these studies. The prophylactic action of pamaquin was shared by three related 8-aminoquinoline compounds.

One subject in the pamaquin test group consistently maintained a plasma drug concentration about four times that attained by the other men in his group. He was the first subject in the group to develop malaria. In the group tested with SN-11,191, the one subject who developed malaria was the man who had the highest mean plasma concentration of the drug.<sup>5</sup> Otherwise there was no observable correlation between concentration of drug in the plasma and success of prophylaxis.

# Subsequent course of malaria in patients who were not protected by prophylactic treatment

Of the 21 patients who were treated prophylactically with these four 8-aminoquinolines, only six developed malaria. The six patients served as

#### TABLE III

Results of treatment of the primary attack in the six patients whose primary attack occurred after prophylactic treatment

Treatment of primary attack

Сазе	Previous prophylactic drug	Drug regime during primary attack	Result after treatment of primary attack	Relapse rate of other patients on same thera- peutic regime	
1	Pamaquin	SN-11,437	No relapse in 18 months	4 out of 4	
2	Pamaquin	SN-11,437 and chloroquine (SN-7618)	No relapse in 18 months	4 out of 4	
3	Pamaquin	Pamaquin (15 mgm./ day) and quinine	No relapse in 14 months	3 out of 4	
4	SN-1,452	SN-11,437 and quinine	Prompt relapse	3 our of 4	
5	SN-11,191	SN-11,191	No relapse in 19 months	4 out of 4	
	4 Controls infected by same mos- quitoes as above patients	Various suppressive drugs	Relapse		
6	SN-13,276	Quinine	Delayed relapse	14 out of 16	
	5 Controls infected by same mos- quitoes as above patients	Various suppressive drugs	Relapse		

subjects in therapeutic tests at the time of their primary attacks. Each one was treated on a different drug regime with an antimalarial agent ineffective in preventing relapse in other cases (Table III). The one subject who was not protected by SN-1,452 relapsed promptly after treatment of his primary attack, and the subsequent course of his malaria was not unusual. The four subjects who were not protected by pamaquin or SN-11.191 have shown no evidence of malaria for the 14 to 19 months which have elapsed since the treatment of their primary attacks with non-curative drug regimes. The one patient who was not protected by SN-13,276 given prophylactically, relapsed after quinine treatment of the primary attack but had a long latent period.

<sup>&</sup>lt;sup>5</sup> At the time these observations were performed, the method for determination of SN-1,452 was not available.

The increased susceptibility of the primary attacks to drugs, after prophylactic treatment with 8-aminoquinolines, is supported by results in two sets of controls. First, 32 out of 36 patients similarly treated for a clinical attack, but infected by different mosquitoes, relapsed. Second, all of the control subjects, who were inoculated by the same mosquitoes as were the groups who received prophylactic drugs, and who were later treated with known suppressive drugs, experienced the frequent and repeated relapses characteristic of Chesson infections. These two groups serve as controls, therefore, not only on the effectiveness of drugs but also on the degree of infectivity of the mosquitoes.

#### TOXICITY

Since in these studies drugs were administered in doses approaching the estimated maximum tolerated dose, toxicity was expected and found. The symptoms produced by the drugs, with a few exceptions, were qualitatively alike. Many of the patients suffered abdominal, usually epigastric, discomfort or pain, anorexia, nausea, and vomiting. The epigastric pain, which was most severe in several of the group on 180 mgm. of SN-13,276, extended into the retrosternal area, and caused enough tenderness to limit the respiratory excursion.

Cyanosis was noted when the methemoglobin exceeded 6 or 7 per cent of the total hemoglobin. The average total hemoglobin values fell slowly and gradually. The average loss of hemoglobin was 1.75 grams per 100 ml. of blood, the greatest loss being about the 12th to 14th day after the start of medication. The white counts were more erratic, both mild leucopenia and slight leucocytosis being observed.

Electrocardiograms showed in many cases a slight and transient diminution in the height of the T-waves.

Other laboratory observations, including urinalysis and tests for urine urobilinogen, cephalin flocculation, estimations of the non-protein nitrogen and the serum bilirubin, yielded normal values or negative results. Postural hypotension, which occurred in some cases receiving pentaquine therapeutically (15), was not noted in these subjects. Drug fever appeared on the fourth to sixth day of treatment in all three subjects receiving SN-1,452 and in two of the five receiving 180 mgm. of pentaquine daily.

Because of drug fever or abdominal pain, the administration of the drugs was terminated in the three cases on SN-1,452 and in four of the five on 180 mgm. of pentaquine prior to the scheduled end of treatment.

Although in individual cases a correlation was not always apparent, generally speaking, in groups of patients the degree of methemoglobinemia furnished a numerical guide not only to the amount of cyanosis, but also to the severity of other symptoms. The average per cent of hemoglobin converted to methemoglobin on the three consecutive days when methemoglobinemia was greatest is shown in Table IV.

TABLE IV Methemoglobin formation during administration of several 8-aminoquinolines

Drug	Daily dose (base)	Methemo- globinemia	
	mgm.	Per cent of total hemoglobin	
Pamaquin	90	11.7	
SN-1,452	240	10.3	
SN-11,191	90	9.6	
Pentaquine	120	5.3	
Pentaquine	180	11.0	

Inasmuch as most of the courses on 180 mgm. of pentaquine and all the courses of SN-1,452 were terminated early, the methemoglobin percentages for these groups are probably lower than would have been the case had they been allowed to continue for the full eight days. Peak values for methemoglobinemia were commonly reached after seven days. The regime of 120 mgm. of pentaquine per day caused less methemoglobin formation than any of the other regimes. The subjective symptomatology was also less in this group.

## DISCUSSION

In these investigations, drug administration was limited to six days after inoculation because it has been shown by subinoculation that trophozoites usually do not appear in the peripheral blood before the ninth day after the mosquito bites (4). James' eight-day regime, with inoculation on the second day, insures maximum concentration of the time of sporozoite inoculation and throughout that portion of the incubation period in which presumably only pre-erythrocytic forms of the malarial parasite are present. Because the 8aminoquinolines disappear from the plasma within 24 hours after the last dose, and because extensive tissue accumulation does not occur (16), any effect produced may be assumed to be the result of action on pre-ervthrocytic stages. The fact that pamaguin and three of its analogues exhibited prophylactic activity against vivax malaria when administration was limited to the prepatent period of the disease, suggests that these compounds possess the ability to inactivate or eradicate the sporozoites or hypothetical per-ervthrocytic or tissue stages.

Four of the six subjects who developed primary attacks in spite of prophylactic treatment were then cured with drugs ordinarily ineffective in preventing relapse. In these subjects, the initial treatment with 8-aminoquinoline compounds may have altered the parasites sufficiently to render them unusually susceptible to subsequent therapy. Since the previous prophylactic treatment was stopped before the time when trophozoites appear in the untreated case, any effect was presumably exerted only on pre-erythrocytic stages of the parasite.

It is our opinion that 180 mgm. of pentaquine for eight days exceeds the maximum safe dose in man. Drug fever precludes the administration of SN-1,452 at 240 mgm. a day. Pamaquin at 90 mgm. a day, SN-11,191 at 90 mgm. a day, and pentaquine at 120 mgm. a day also exceed the dosage tolerated by some white healthy subjects. Their clinical use in these amounts is dangerous.

The drugs studied have relatively high toxicity for man and are quickly degraded or metabolized so that they must be administered at frequent intervals. These qualities preclude the general use of these compounds as prophylactic agents, though one of the four (pentaquine) has been demonstrated to be highly effective in the radical cure of *vivax* malaria when administered with quinine in relatively non-toxic doses (17).

# CONCLUSIONS

1. Using the Chesson strain, we have confirmed the finding of James, and of Feldman, Packer, et al., that pamaquin may act as a true prophylactic for sporozoite-induced *Plasmodium vivax* malaria. However, it did not protect all subjects under the conditions of this study.

2. Three other 6-methoxy-8-aminoquinoline compounds were at least equally effective as prophylactic agents when administered in a dosage approaching the maximum amount tolerated.

3. There was no positive correlation between plasma drug concentration and the prophylactic effect of these drugs.

4. In those subjects whose primary attacks were not prevented by prophylactic treatment, there is evidence that the disease was so altered by the prophylactic therapy that it was rendered susceptible to cure by drug regimes ordinarily ineffective in preventing relapse.

5. The results suggest that the compounds tested exert a deleterious effect upon pre-erythrocytic stages of the malarial parasite.

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