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DURING PREGNANCY**

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J Clin Invest. 1937;16(3):475-477. <https://doi.org/10.1172/JCI100872>.

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CHRONAXIMETRIC EXAMINATIONS IN B AVITAMINOSIS DURING PREGNANCY

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(Received for publication February 26, 1937)

In 1929 Lewy and Weisz (1) stated that persons having contact with lead exhibited an increase in the excitability of the nerves and muscles which could be demonstrated chronaximetrically several months before clinical symptoms appeared. That this method might prove valuable as a means of detecting preclinical evidence of peripheral neuritis due to vitamin B deficiency was suggested in 1934 when Lane and Lewy (2) encountered chronaximetric changes in a group of factory workers taking a vitamin B deficient diet but in whom clinical evidence of vitamin B deficiency had not yet developed. To test further the value of this method in demonstrating early vitamin B deficiency, repeated chronaximetric examinations were made upon the group of pregnant women described by Elsom (3) in the preceding paper. Examinations were carried out early in the observation of these subjects, after addition to the diet of yeast or of liver extract and following delivery. The results of these examinations are given in the present communication.

METHODS OF STUDY

Chronaximetric examinations were made at each visit. Unless otherwise stated the radial nerve was used. The tests were made independently of the other procedures carried out so that not until after the delivery of each subject was this examiner aware of the associated observations made by Elsom (3).

The theory and technique of chronaximetric measurement have been described in detail elsewhere (4). Suffice it to state here that chronaxie is a measurement of the time a current of doubled threshold value must pass through a tissue in order to elicit the first muscle twitch or the first sensation. In the present examinations the time was determined with currents not only double the threshold value, but also with five or six more values.

From the information so obtained, a strength duration curve could be constructed characteristic of the nerve irritability. It is believed that repeated examinations of this type are necessary to obtain an accurate picture of the chronaxie for each individual.

RESULTS

In Table I are given the results of chronaximetric examinations in eight subjects as compared with clinical and blood changes observed in these persons at various times throughout the period of observation.

Subject 1 is an example of the fact that the chronaxie may become abnormal before clinical evidence of vitamin B deficiency had been detected. This was indicated by overexcitability of the radial nerve. Two weeks after the administration of brewer's yeast the chronaxie again became normal at the same time that clinical evidence of deficiency disappeared. Following delivery, this patient failed to continue the prescribed yeast and, when examined three weeks later, the radial nerve was again found overexcitable although no clinical evidence of deficiency was as yet manifest.

In Subject 8 likewise chronaximetric changes preceded the appearance of clinical evidence of deficiency. In this individual both clinical and hematological changes were more extensive than in Subject 1. This severity was reflected in the chronaximetric observations by a change from overexcitability of the radial nerve to a condition of underexcitability, a phenomenon which is known to occur in more advanced stages of peripheral neuritis. Following the inauguration of vitamin B therapy gradual return toward normal was noted in all types of observations so that at the time of delivery all examinations were negative.

Observations similar to those described above were made in each of the eight women studied.

Correlation between clinical, hematological and chronaximetric studies was close in each instance. However, the nerve once degenerated, i.e., under-excitable, a longer time was required for its restitution than for the blood regeneration.

COMMENT

The present investigations have shown that electric irritability of the peripheral nerves occurred even before clinical changes were noted in some of eight pregnant women taking diets which proved to be deficient in vitamin B. Upon the addition of yeast or of liver extract to the diet the neuropathy, as detected by chronaximetric examination, improved concomitant with clinical improvement. There was correlation also between the severity of clinical evidence of deficiency and the degree of chronaximetric change in the peripheral nerves examined.

It is considered wise to emphasize the desirability of determining the whole strength duration

curve for nerve or muscle at each examination. This is particularly important in detecting the first stages of nerve degeneration and the last stages of regeneration. Two further points are worthy of mention. We examined the chronaxie of the motor system as we wished to be independent of the subjective statements of the patients. There is, however, little doubt that, in these patients as in lead poisoning, the chronaxie of the sensory system should give a still earlier and finer indication of the beginning abnormality (Altenburger (5)). And finally, although in the present investigation the radial system was selected as the site of examination to avoid the objections which might arise from a possible pressure on the sciatic nerve, it is believed that the peroneal or the sciatic systems are preferable sites for examination since subjective and objective symptoms in our patients were prominent in the legs and very infrequent in the arms. The

TABLE I
Results of chronaximetric examinations

Case number	Date	Diet	Changes in		Sensory disturbances		Chronaxie			Excitability‡
			Blood	Clinical manifestations	Vibratory sense	Other signs and symptoms	Volt	σ^*	vc†	
1.	February 9	Without added vitamin B	0	0	Normal	0	80	0.76	7.8	Normal
	March 2	Without added vitamin B	0	0	Normal	0	80	0.36	5.4	Increased
	March 16	Without added vitamin B	0	0	Normal	Radial nerves tender to pressure. Hyperpathy in area of cutaneous femoral lateral nerve and of 2d sacral root	65	0.28	4.5	Increased
	March 25	Without added vitamin B	+	+	Normal	Radial nerves tender to pressure. Hyperpathy in area of cutaneous femoral lateral nerve and of 2d sacral root				
	April 13	Supplemented with yeast since April 13	+	+	Diminished	Radial nerves tender to pressure. Hyperpathy in area of cutaneous femoral lateral nerve and of 2d sacral root	70	0.40	5.3	Increased
	April 27	Supplemented with yeast	0	0	Slightly diminished	0	90	0.48	6.6	Normal
	May 20	After delivery without added vitamin B	0	0	Normal	0	100	0.24	4.7	Increased
2.	May 4	Without added vitamin B	++	+	++	0	110	0.72	8.9	Superior limit of normal
	June 26	Supplemented with yeast	0	0	0	0	75	0.68	6.9	Normal
3.	April 13	Without added vitamin B	+++	+++	++	Hyperpathy in area of right 2d sacral root; numbness of left arm	80	1.20	9.8	Decreased
	May 27	Supplemented with yeast since April 14	0	0	0	0	Discontinuous curve	6.5	12.5	Normal Decreased
	June 24	After delivery without added vitamin B				Numbness and weakness of left arm	105	2.00	14.5	Decreased

TABLE I—Continued

Case number	Date	Diet	Changes in		Sensory disturbances		Chronaxie			Excitability‡
			Blood	Clinical manifestations	Vibratory sense	Other signs and symptoms	Volt	σ^*	vc†	
4.	April 6	Without added vitamin B	0	0	0	0	85	0.40	5.3	Increased
	May 4	Without added vitamin B	+++	++	+	0	90	0.40	5.2	Increased
	May 29	Supplemented with yeast since May 5	++	0	0	Left leg sleepy. Left peroneal nerve tender to pressure	Discontinuous curve		8.8 10.0	Top normal Decreased
	June 17	Supplemented with yeast since May 5	+	0	0	0	80	0.80	6.6	Normal
5.	April 24	Without added vitamin B	+++	+++	++	0	60	0.60	6.0	Inferior limit of normal
	May 11	Supplemented with yeast	+	+	0					
	June 12	After delivery				0	90	0.60	7.3	Normal
6.	April 15	Without added vitamin B	+++	+	+	0	60	1.87	10.5	Decreased
		Supplemented with yeast	0	0	0					
7.	June 6	Without added vitamin B	+++	+++	+	Hyperpathy in area of 2d sacral root	60	4.80	17.0	Decreased
	June 26	Supplemented with yeast	+	0	0	0	Discontinuous curve		7.7 14.5	Normal Decreased
8.	February 6	Without added vitamin B	0	0	Normal	0	75	0.68	7.1	Normal
	March 9	Without added vitamin B	0	0	Normal	0	80	0.36	5.4	Increased
	March 20	Without added vitamin B	0	0	Normal	Hyperpathy in area of 2d sacral root	50	0.48	4.9	Increased
	April 13	Without added vitamin B	+++	+	Normal					
	April 27	Without added vitamin B	+++	+	Normal	Plus numbness in left leg	90	0.84	9.3	Decreased
	May 4	Supplemented with yeast	+++	+	Slightly diminished	Plus numbness in left leg				
	May 27	Supplemented with yeast	++	0	Normal	Less discomfort	Discontinuous curve		7.0 10.0	Normal Decreased
	June 6	Supplemented with yeast	+	0	Normal	Less discomfort	75	0.42	5.5	Increased
June 17	Supplemented with yeast	0	0	Normal	0	80	0.80	6.7	Normal	

* $\sigma = 1/1000$ second; normal range about 0.44 to 0.8 σ .

† vc = Vertex coördinate the normal of which is between 6 and 9 for the examined nerve muscle apparatus.

‡ Examined at the *muscularis extensor digitorum communis* and on the radial nerve.

same affinity of a noxious agent for the inferior extremities has been noted previously (Tietze (6)) in the neuritis secondary to exposure to carbon disulphide or to methyl bromide.

SUMMARY

Chronaximetric changes were observed in the radial nerves of a group of pregnant women taking diets which proved to be deficient in vitamin B. These changes often preceded clinical and hematological evidence of vitamin B deficiency.

The degree of peripheral nerve change, as indicated by chronaximetric examination, coincided with the severity of clinical manifestations of deficiency.

Improvement following vitamin B therapy was observed chronaximetrically at the time that clinical improvement was recorded.

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