GASTRO-INTESTINAL STUDIES. I. GASTRIC JUICE IN PERNICIOUS ANEMIA

BY O. M. HELMER, PAUL J. FOUTS, AND L. G. ZERFAS

(From the Lilly Laboratory for Clinical Research, Indianapolis City Hospital and the Department of Medicine, Indiana University School of Medicine, Indianapolis)

(Received for publication June 20, 1932)

GASTRIC JUICE IN PERNICIOUS ANEMIA

Several authors have indicated that the determination of the hydrochloric acid, in itself, is not an adequate measure of the impairment of the secretory activity of the gastric mucosa. Michaelis (1) demonstrated this fact by the simultaneous determination of acid and enzymes in gastric juice from cases of low and high acidity and achylia. Polland and Bloomfield (2) stated that a low pepsin output is a more delicate index of gastric function than low acid values. Davies (3) similarly reported low pepsin values in the achylia of pernicious anemia.

Since the determination of the enzyme content of the gastric juice may be a valuable aid in the differential diagnosis of certain types of anemia, we are presenting the data that we have obtained in a series of pernicious anemia cases and normal controls. In a later paper data will be presented on secondary anemia and some obscure types of anemia.

In this series of experiments we have determined the gastric enzymes, pepsin and rennin, the free and total acid, the hydrogen ion concentration and the nitrogen, chloride, and phosphorus content, in order to determine as fully as possible the extent of the dysfunction of the gastric glands in the achylia gastrica occuring in patients with pernicious anemia.

MATERIAL AND METHODS

Ten young, healthy adults, who worked in the hospital and who had no evidence of disease, were used as controls in these experiments. All of the forty-seven patients with pernicious anemia were proven cases, and a more detailed description of them will be found later in the paper.

No food or drink was given to the subjects between the evening meal and the morning of the test. Early in the morning, the fasting contents were removed by means of a Rehfuss tube, after which 0.5 mgm. of histamine hydrochloride was injected. All patients developed a generalized erythema following the injection. Subsequent samples of the gastric juice were collected at twenty minute intervals over a period of eighty minutes, great care being taken to remove as completely as possible all of the gastric contents at each withdrawal. The patients were advised to take particular care not to swallow saliva.

To fourteen of the forty-seven patients with pernicious anemia, intravenous liver extract was given at the end of the sixty minute period, and two more

samples of gastric juice were collected. Each specimen of gastric juice was measured in a graduated cylinder and was filtered through paper before using it for analysis. The presence or absence of bile, blood, and mucus was noted.

The pH was determined by means of the colorimetric method of Brown (4) using one drop of gastric juice, the free acid by Sahli's method using 1 cc. of juice, and the total acid on 1 cc. of juice, titrating with N/100 sodium hydroxide using phenolphthalein as an indicator. Chlorides were measured by Wilson and Ball's modification (5) of the Van Slyke method, and nitrogen was determined, using 0.5 cc. of gastric juice, by the gasometric method of Van Slyke (6).

Phosphorus was determined by Fiske and Subbarow's method (7). Onehalf cc. of the samples of gastric juice obtained from patients with pernicious anemia were digested in pyrex test tubes graduated to a volume of 10 cc. Larger samples, depending upon the acidity, were used when the subjects were normals. When normal juice was precipitated with trichloracetic acid, the filtrate contained practically the same amount of phosphorus as the whole juice, whereas, with samples from patients with pernicious anemia, we were unable to get clear filtrates after trichloracetic acid precipitation, and, therefore, the total phosphorus was determined on the whole juice.

Pepsin was determined by the method of Koch and McMeekin (8)—a simple, rapid, and accurate method, for which only one cc. of gastric juice was required. The substrate employed in this method was coagulated egg white, which is particularly useful in the determination of pepsin in gastric juice, since trypsin is not able to act upon it to an appreciable extent.

The coagulated egg white was prepared as follows: a 20 per cent solution of Merck's powdered egg white (or albumin) was prepared and coagulated with heat by placing it in a boiling water bath for fifteen minutes, stirring vigorously throughout the coagulation period. The coagulated egg white was filtered through cheese cloth, and was broken up into small pieces by passing it through a fine meat chopper. It was then shaken with an excess of 0.3 per cent hydrochloric acid for two hours, at 40° C., to remove inorganic salts, colored extractives, and other substances which are soluble in 0.3 per cent hydrochloric acid, thereby reducing the soluble nitrogen blank of the egg white. The coagulated egg white was filtered through gauze with the aid of suction and was thoroughly washed with distilled water. It was then spread out on trays and dried in a current of warm air. After drying, it was ground so as to pass through an eighty mesh sieve.

To determine the amount of peptic activity, 4 grams of egg white were suspended in 99 cc. of 0.3 per cent hydrochloric acid in a 125 cc. Erlenmeyer flask, at room temperature. Then 1 cc. of gastric juice was added. The solution was shaken and placed in an incubator at 40° C. for two hours where it was rotated vertically during the entire period of incubation.¹ After the two hour incubation period, the solution was filtered by decantation through 18 cm. quantitative filter paper. The refractive index was determined at 25° C. on the filtrate by means of an emersion refractometer, and the readings were converted into "milligrams of pepsin" (1 to 4,000) by means of a table prepared by Koch and McMeekin (8). Since the concentration of pepsin is so low in gastric juice obtained from patients with pernicious anemia, only two grams of egg white were used as a substrate, and the total volume of acid was made up to 50 cc. instead of 100 cc. Otherwise, the method was identical with that used with normal juice.

¹ The water bath and shaker, designed by Doctor Koch, was obtained from the Arthur H. Thomas Company, Philadelphia.

Rennin was determined by a method similar to the one described by Michaelis (1). Forty-five cc. of fresh, raw, cows' milk and 5 cc. of a 10 per cent solution of crystalline calcium chloride were mixed. Test tubes containing 2.5 cc. of this reagent were placed in the water bath at 40° C., and, when they had attained the temperature of the bath, gastric juice equivalent to 1/100 cc. to 1 cc., depending upon the rennit activity of the juice, was added to the tubes and the clotting time noted. The rennit activity was converted into "milligrams of rennin" by referring to a table made by using the above technique on known concentrations of dried commercial rennin. The clotting time with the known concentrations of rennin are shown in Table 1.

TABLE	1
-------	---

Rennin	Average clotting time	Average clotting time
mgm.	seconds	minutes
1.5	9	
1.0	10.5	
0.5	21	
0.3	31	
0.2	44	
0.1	73	
0.075	98	
0.050	145	1.63
0.030	222	3.70
0.020	334	5.90

The clotting time required for known amounts of dry commercial rennin

RESULTS IN NORMAL SUBJECTS

650

10.83

0.010

In Table 2 are tabulated the results of the analyses of the gastric juice obtained from ten normal subjects.

In Chart I, the values obtained in an average normal subject are plotted. With the exception of one case, the fasting samples contained only a trace of mucus. After histamine stimulation, the juice became more watery, filtering with the greatest rapidity at the height of the acid secretion. The greatest volumes of juice were obtained at the twenty minute period and ranged from 35 to 80 cc., with an average of 56 cc.

In the fasting samples the pH varied from 1.6 to 7.2. The peak of the acid secretion was in the forty minute period in the majority of cases, with pH values of 1.1 or less. The free acid at its peak ranged from 72 to 140 cc. N/10 per 100 cc., and the total acid varied from 77 to 149.

The pepsin and rennin were secreted at the same rate, with the peak at twenty minutes. At the height of secretion the pepsin varied from 1.4 to 7.1 mgm. per cc., with an average of 4.6 mgm., and the rennin varied from 15 to 70 mgm. The concentration of enzymes in the gastric juice did not follow the curve of acid secretion.

The nitrogen concentration fell after stimulation, which is in accord with the data in the literature. The lowest values for nitrogen were found at the peak of the acid secretion. The curve of the nitrogen concentration did not follow that of the enzymes. This is contrary to the findings of Polland and Bloomfield (9), who stated that in normal persons the con-

	lults	
	hy ad	
	e and total acid, pepsin, rennin, nitrogen, chlorides, and phosphorus values of the gastric juice of ten young health	
	Bun	
	ok u	<u>م</u>
	of te	soust
	uice	$utan_{c}$
	tric j	e subc
	gas	
	of the	ochlo
	ues o	hydr
	lpa s	nine
	horu	istan
	4soy	ofh
	d pu	nem.
2	es, a	t twenty minute intervals following the injection of 0.5 mgm. of histamine hydrochlorid
ABLE 2	lorid	n of
TA	n, ch	jectic
	troge	he in
	n, ni	ing t
	enni	arollo
	in, r	als fo
	peps	nterv
	wid,	ute i
	otal a	mim
	nd tc	ventv
	ree a	att
	tes, f	aken
	valu	
	, pH	
	e volumes	

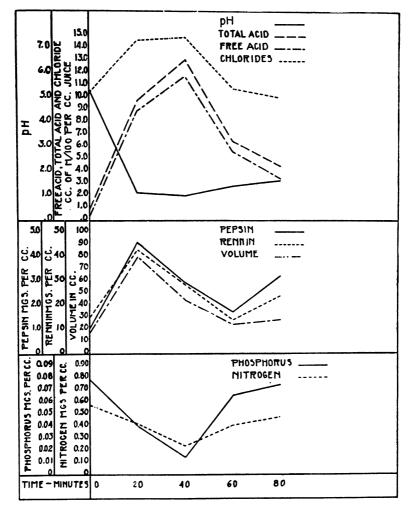
adults	Total phos- phorus	mgm.	2.7	3.9	1.3	1.6		0.0	0.8	1.1	0.5	0.5			1.3	1.0	0.2	0.6	14	50	11		0.0	1.3	4.1	- c	- v 		4. d	0.2
and total acid, pepsin, rennin, nitrogen, chlorides, and phosphorus values of the gastric juice of ten young healthy adults wenty minute intervals following the injection of 0.5 mgm. of histamine hydrochloride subcutaneously	Phos-	mgm. per cc.	0.127	0.052	0.020	0.038		0.067	0.021	0.018	0.018	0.020			0.029	0.018	0.029	0.057	0.078	01000			000.0	0.074	0.074	0.044	0000	470.0	0.040	0.000
young	Total chlo- rides	mgm.	59	298	326	164 70	2	40	190	330	129	106			226	291	35	40	67	116	120	007	ŝ	65	205	11	117	007	0/7	190
and total acid, pepsin, rennin, nitrogen, chlorides, and phosphorus values of the gastric juice of ten twenty minute intervals following the injection of 0.5 mgm. of histamine hydrochloride subcutaneously	Chlo- rides	mgm. cl. cc.	2.7	3.9	5.4	3.6	1	2.9	5.2	5.3	4.8	4.6			5.1	5.2	4.4	3.6	3 7		4 F		0.0	3.6	3.7	VV	i c	2.0	4.0	0.0
ric juic subcuta	Total nitro- gen	mgm.	12	28	12	10	•	\$	16	14	7	7			21	14	ŝ	9	9	22	57	3 \	0	6	27		101	99	5	=
the gast hloride	Nitro- gen	mgm. Þer cc.	0.57	0.37	0.19	0.22	10.0	0.43	0.43	0.23	0.24	0.32			0.46	0.32	0.41	0.55	0 58	0.42		47.0	0.41	0.48	0.50		2200		0.34	0.31
ues of hydroci	Total rennin	mgm.	168	1026	1037	450	8	140	2571	1488	567	667		144	2580	1680		242	270	2440	7761	0/71	140	432	1925	1000	2006	0447	1920	2450
rus val tamine	Rennin	mgm. Þer cc.	8	14	17	× 10	>	10	69	24	21	29		18	8	30		22	Ť	. 4	<u>}</u>		14	24	35	3	39	9 ?	25	2
phosphc 1. of his	Total pepsin	mgm.	13	106	110	2 59	1	25	279	196	75	88		13	186	181	24	28	20	268		170	3	58	160	246	273	770	207	245
s, and .5 mgn	Pepsin	mgm. per cc.	0.6	1.4	1.8	1.3	3	1.8	7.1	3.2	2.8	3.8		1.7	4.3	3.2	3.1	2.5	-	20		7.7	ν. Γ	3.2	2.0		10	10	4 i 0 i	0.7
chloride ion of (Free acid per speci- men	001/N	17	395	665	392		22	348	694	270	205		•	353	549	8	32		716		610	D S	59	240	345	200	000	8	400
rogen, e e inject	Free acid per cc.	cc. N/100 Per cc.	0.8	5.2	10.9	8.7 7.1		1.6	9.4	11.2	10.0	8.9		0.0	8.2	9.8	7.5	2.9	0 3	0.0	1 0.7	01).	3.3	4.3			0.11	10.0	13.3
nin, nit wing th	Total acid per speci- men	cc. N/100	29	506	606	525		33	403	765	315	242			409	678	<u> </u>	42	17	764		0/0	00T	80	270	200	410 610	410	020	473
in, renı als follo	Total acid per cc.	cc. N/100 Per cc.	1.4	6.7	14.9	11.7		2.4	10.9	12.4	11.7	10.5			9.5	11.7	8.5	3.8	00			1.61	0.4	4.5	4 0		1.0		10.0	13.5
d, þeþs e interv	Vol- ume	· .93	21	26	61	42 24 2 2	3	14	37	62	27	23		∞	43	56	∞	11	18		3	::	14	18	5) (ទ្ធ	70	83	<u></u>
otal aci 1 minut	Hd		4.0	1.4	1.0	1.2	:	3.2	1.2	1.0	1.0	1.0		0.0	1.1	1.0	1.2	2.0	2	;-			1.4	1.6	16		1		.	1.0
	Mucus		I	I	1			I	1	1	1	I		+	1	1	1	I	+	-			1	I	1				1	1
ues, free taken at	Blood		I	I	I	1 1		1	I	1	I	I		1	1	I	1	1	I	1		1	1	1	1				1	1
pH vali	Bile		1	1		11			Ţ.			I		1	I	I		1	Ę.				1		Ľ				1	
The volumes, pH values, free taken at	Speci- men		Fasting	20'	40,	,0 v	3	Fasting	20′	40′	, 09	80′	•	Fasting	20′	40′	60	80′	Fastino	30,00	207	0	2	80′	Fasting	20,	Ì¢) ()	33	Ω.
The vi	Case num- ber		1					7						ŝ					4						ν,					

1132

GASTRIC JUICE IN PERNICIOUS ANEMIA

Total phos-	mgm. 2.7 1.6 1.7 0.9 0.6	6.5 2.4 0.6 1.0 0.4	2.2 3.8 1.3 0.9	3.5 1.8 2.2 1.8	4.4 3.6 1.9 3.7 3.7
Phos- phorus	mgm. per cc. 0.052 0.028 0.029 0.019 0.035	0.136 0.040 0.012 0.016 0.016	0.081 0.080 0.021 0.040 0.066	0.068 0.052 0.047 0.038 0.038	$\begin{array}{c} 0.103\\ 0.052\\ 0.037\\ 0.048\\ 0.037\\ 0.037\end{array}$
Total chlo- rides	mgm. 213 292 244 203 60	144 316 326 366 190	88 207 208 97 52	146 116 207 250 124	138 243 220 108 440
Chlo- rides	mgm. cl. cl. 4.1 4.3 4.5 3.5 3.5	3.0 5.6 5.6 5.6	3.3 4.4 4.5 3.7 3.7	2.8 3.3 4.5 4.0	3.2 3.5 3.7 4.4
Total nitro- gen	mgm. 32 29 15 7	29 11 8	15 26 21 12 9	28 18 18 10	35 31 18 10 30
Nitro- gen	mgm. per cc. 0.62 0.42 0.35 0.34 0.41	0.61 0.41 0.20 0.18 0.23	0.56 0.55 0.44 0.55 0.55 0.64	0.55 0.53 0.40 0.36 0.32	0.81 0.44 0.36 0.33 0.33
Total rennin	mgm. 1248 2312 1276 1210 1210 442	336 4216 2352 2600 1156	108 2068 1610 759 308	104 525 874 936 465	3053 4340 2295 870 3500
Rennin	mgm. per 24 34 22 22 27 26	7 68 42 34	44 35 33 22	15 119 115 115	71 62 45 30 35
Total pepsin	mgm. 161 279 168 137 51	115 335 220 195 116	5 197 156 67 39	31 56 92 120 50	288 434 224 102 430
Pepsin	mgm. per 3.1 4.1 2.9 3.1 3.0	2.4 3.0 3.4 3.0	0.2 3.4 2.9 2.8	0.6 1.6 2.3 1.6	6.7 6.2 3.5 4.3 5.8
Free acid per speci- men	66. N/100 104 292 418 364 56	0 570 784 864 469	0 230 368 145 42	0 91 391 541 242	142 375 485 220 1010
Free acid per cc.	<i>NV100</i> <i>per cc.</i> 2.0 4.3 7.2 8.1 3.3	0.0 8.2 14.0 13.3 13.8	0.0 8.0 3.0 3.0	0.0 2.6 8.5 10.4 7.8	3.3 5.5 9.5 7.6 10.1
Total acid per speci- men	66. N/100 147 340 447 387 63	14 589 790 871 486	8 263 420 161 53	5 112 442 598 279	201 434 515 244 1030
Total acid per cc.	N/100 Per cc. 5.0 7.7 8.6 8.6	0.3 9.5 14.1 13.4 14.3	0.3 5.6 7.0 3.8	0.1 3.2 9.6 11.5 9.0	4.9 6.2 10.1 8.4 10.3
Vol- ume	52 58 68 58 17	48 62 65 34	27 47 46 23 14	52 35 46 31	43 70 51 29 100
Hd	2.1 1.4 1.1 1.1	7.0 1.2 1.0 1.0	7.2 1.1 1.3 1.7	7.1 1.9 1.1 1.2	2.0 1.1 1.2 1.0
Mucus	11111	+		+ 1 1 1 1	1111
Blood		1 1 1 1 1		1 1 1 1 1	.
Bile		<u></u> E	11111	É I I É	11111
Speci- men	Fasting 20' 60' 80'	Fasting 20' 40' 60' 80'	Fasting 20' 40' 60' 80'	Fasting 20' 40' 80'	Fasting 20' 40' 60' 80'
Case num- ber	٥	7	ø	6	10

centration of pepsin falls markedly after stimulation and follows closely the curve of nitrogen concentration. In all but one of our normal individuals, there was an increase in enzyme concentration after histamine stimulation, whereas the nitrogen values were always lowered. The



VALUES FROM GASTRIC JUICE OF NORMAL SUBJECT NUMBER 4 (A TYPICAL NORMAL) FOLLOWING THE SUBCUTANEOUS INJECTION OF 0.5 MGM. OF HISTAMINE HYDROCHLORIDE

secretion of enzymes apparently influenced the nitrogen concentration in Case 2, Case 5, and Case 8; after stimulation, there was the usual increase in acid, with a simultaneous increase in pepsin and rennin of greater proportions than usual, but with a comparatively smaller decrease in nitrogen concentration.

The total chloride concentration, in general, followed the acid concentration; however, the increase in chlorides was not in proportion to the change in acidity, and could not, in itself, account for the increased acidity. Gamble and McIver (10) and Austin and Gammon (11), using dogs with gastric pouches, stated that the chloride concentration remained almost constant during their experiments.

The total phosphorus concentration decreased as the acidity increased, reaching its low point at the height of the acid secretion. As the acid decreased, the phosphorus values returned to values approaching those of the fasting samples. Bulger, Stroud, and Heideman (12) point out that, if much acid is produced, the phosphates decrease, and they attribute the fluctuations to relative amounts of secretion from the mucous glands. We have also found that if stimulation did not produce a secretion of free hydrochloric acid, the concentration of phosphate often increased. Hoesch (13), too, showed that the phosphorus content was low when the acidity was high, and, in cases of anacidity or achylia, the phosphorus content of the gastric juice was high. Hoesch believes that the antagonism between chloride and phosphate may be an important factor in the secretory mechanism that produces free hydrochloric acid.

Bolton and Goodhart (14) believe that mucus is an important factor in controlling the acidity of the stomach, especially when there is only a small flow of gastric juice. Since the nitrogen and phosphorus of the gastric juice are probably secreted mainly by the mucous glands, the fall in both nitrogen and phosphorus with active acid secretion combined with their subsequent rise as the acid secretion diminishes, might further point to an important rôle of gastric mucus in the control of the acidity of the stomach.

RESULTS IN PERNICIOUS ANEMIA

Table 3 records the results of the forty-seven individual analyses, while Chart II shows the average of the results obtained in the fortyseven cases of pernicious anemia. The gastric juice obtained in patients with pernicious anemia was usually small in volume and contained much mucus, but the samples with the greatest volumes usually contained the least mucus. Vineburg and Babkin (15), and Gilman and Cowgill (16) stated that histamine did not stimulate the gastric enzymes but that pilocarpine did. We did separate, complete gastric analyses on one patient, after 0.5 mgm. histamine given subcutaneously, after 3.2 mgm. pilocarpine subcutaneously, and after 20 cc. of liver extract intravenously. There was practically no difference in the three analyses, so we considered histamine an adequate stimulus. Two patients also had gastric analyses after histamine stimulation, first while in relapse and again soon after remission had been induced by liver extract, and there were no differences in the gastric findings.

۲ I	14 % S						1
rith po	Total phos-	mgm.					
ients u neously	Phos-	mgm. Per cc.					
ven pal ubcuta:	Total chlo- rides	mgm. cl. cc.					
forty-se loride s	Chlo- rides	mgm. Þer cc.					
vice of hydroch	Total nitro- gen	mgm. 12 16	21 21 10	17 7 7 5 0	12 1 4	25 4 4 2	8 48 29 19
astric ji amine	Nitro- gen	mgm. per cc. 1.02	1.34 1.51 1.59	0.87 0.75 1.16 0.73 1.71	0.73 0.62 0.33	0.97 0.75 0.65 0.54	1.06 1.37 1.19 0.07 0.81
of the g . of hist	Rennin		1				
values o 5 mgm.	Total pepsin	mgm. 0.6	0.6 1.0 0.5	0.2 0.2 0.1 0.3	0.5 0.2 0.1	0.2 0.2 0.1	0.2 2.1 1.5 1.6 1.6
phorus on of O.	Pepsin	mgm. per cc. 0.04 0.04	0.07	0.03 0.02 0.06 0.05 0.05	0.03 0.03 0.02	0.02 0.03 0.02 0.02	0.03 0.07 0.06 0.08 0.08
d phos injecti	Free acid per speci- men	<i>N/100</i> 0 0	000	00000	000	0000	00000
ides, an ving the	Free acid per cc.	per cc. $per cc.$ 0 0	000	00000	000	0000	00000
n, chlor Is follor	Total acid per speci- men	001/100 7 8	۶ 41 ک	4 4 1 2 3 2 4 4	ю н н	1 2	1 14 12 14 41
nitroge1 interva	Total acid per cc.	$\frac{cc.}{per}$ $\frac{cc.}{cc.}$ 0.5 0.5	0.0 1.0	0.5 0.5 0.8 0.4 0.3	0.2 0.2 0.3	0.2 0.2	0.2 0.4 0.5 0.3 0.3
ennin, minute	Vol- ume	دد. 14 16	0 41 6	8641 67	16 4	27 5 5 5	7 35 24 19 23
epsin, 1 twenty	Hq	7.5	0.7 2.7 2.7	7.1 7.1 7.2 7.3 7.3	7.8 7.8 7.8	8.2 8.8 8.0 8.0	8.6 8.0 7.8 8.0 8.0
umes, pH values, total acid, pepsin, rennin, nitrogen, chlorides, and phosphorus values of the gastric juice of forty-seven patients with per- nicious anemia, withdrawn at twenty minute intervals following the injection of 0.5 mgm. of histamine hydrochloride subcutaneously	Mucus	+ ++·	+++	+++;;+	++ +++ ++	$\begin{array}{c} + + + + \\ + + + + \\ + \end{array}$	++++++++++++++++++++++++++++++++++++
es, total ı, withd	Blood		+++	1++1+	111	11++	11++1
bH valu anemic	Bile		1++	11+11	111	1111	11+11
The volumes, pH values, nicious anemia, w	Speci- men	Fasting 20'	90 90 90	Fasting 20' 40' 80'	Fasting 20' 60'	Fasting 20' 40' 60'	Fasting 20' 40' 80'
The v	Case num- ber			7	ŝ	4	<u>م</u>

TABLE 3

1136

GASTRIC JUICE IN PERNICIOUS ANEMIA

Total phos- phorus	mgm.				3.6 2.6 2.1
Phos- phorus	mgm. per cc.				0.11 0.10 0.12
Total chlo- rides	mgm. cl. cc.			12 10	35 50 38 21
Chlo- rides	mgm. Per cc.			1.8	2.8 1.5 1.2
Total nitro- gen	mgm. 12 13 13 7	∞ 4αα		4 რ	10 28 15 7
Nitro- gen	$mgm{cc.}$ $ber_{cc.}$ 0.10 0.97 0.73 0.71 0.71	0.45 0.32 0.34 0.42		0.62 0.58	0.78 0.82 0.60 0.40
Rennin					
Total pepsin	mgm. 0.6 0.4 0.4	0.4 0.8 0.2 0.2	0.1 0.9 0.3 0.3 0.3	0.0 0.0	0.1 0.0 0.0 0.0
Pepsin	$mgm{ec.}$ $per_{cc.}$ 0.05 0.05 0.04 0.05	0.05 0.05 0.04 0.04	0.04 0.12 0.15 0.08 0.15	0.00 0.00 0.00 0.00	0.01 0.00 0.00 0.00 0.00
Free acid per men	0 0 0 0 0 0 0 0 0 0 0 0	0000	00000	00000	00000
Free acid per cc.	cc. N/100 per cc. 0 0 0 0	0000	00000	00000	00000
Total acid per speci- men	26. N/100 9 3 3	ωn			9 13 5
Total acid per cc.	$\begin{array}{c} & & & \\ & & N/100 \\ & & per & cc. \\ & & 0.8 \\ & & 0.6 \\ & & 0.5 \\ & & 0.3 \\ & & 0.5 \end{array}$	0.4 0.4			0.7 0.3 0.5 0.3
Vol- ume	66. 12 13 88 88	8 1 5 5	82993	ດວ່າຍອ	13 34 18 26 2
Hq	7.6 7.8 7.8 7.8 7.6	7.5 7.5 7.5 7.4	7.8 7.8 7.8 7.9	8.1 8.0 7.9 7.5	7.7 7.7 7.7 7.6
Mucus	$^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}_{+}^{+}$	++++	+++11	1111	+ +
Blood		1111	+ 1 + + +		1111+
Bile	++111	1111		++111	+ដ៉
Speci- men	Fasting 20' 40' 80'	Fasting – 20' – 40' –	Fasting 20' 40' 60' 80'	Fasting 20' 40' 60' 80'	10 Fasting 20' 40' 60' 80'
Case num- ber	9	~	×	0	10

O. M. HELMER, PAUL J. FOUTS AND L. G. ZERFAS 1137

GASTRIC	JUICE	IN	PERNICIOUS	ANEMIA

Total phos- phorus	mgm.			2.0 5.7 3.3 3.1 3.7
Phos-	mgm. per cc.			0.11 0.14 0.17 0.14 0.19
Total chlo- rides	mgm. cl. 16 94 29	21 27 18 27	30 33 33 37 33 37 33	45 84 32 104 45
Chlo- rides	mgm. per cc. 2.0 2.3 2.1	2.1 1.8 1.8 2.7	3.1 2.2 2.3 2.3 2.3 2.3	2.4 2.0 1.7 2.3 2.4
Total nitro- gen	mgm. 5 36 13	6 41 8 8	32 88 11 17 17	13 34 9 63 23
Nitro- gen	mgm. per cc. 0.66 0.89 0.91 0.92	0.33 0.95 0.94 0.75	1.12 2.10 2.34 1.02 1.62 1.08	0.68 0.82 0.38 1.40 1.14
Rennin	Ţr.	00000	00000	Tr. Tr.
Total pepsin	mgm. 0.1 0.8 0.2 0.4	0.3 0.0 0.3 0.3 0.2 0.1	0.9 1.3 0.6 0.6 1.5 0.4	0.4 0.0 0.0 0.2 2.3 1.4
Pepsin	mgm. per cc. 0.02 0.02 0.03	0.03 0.00 0.02 0.03 0.02 0.02	0.03 0.03 0.03 0.05 0.05 0.03	0.02 0.00 0.04 0.05 0.05
Free acid per speci- men	N/100 N/100 0 0 0	0 00000	000000	000000
Free acid per cc.	0. 0. 0. 0. 0. 0. 0. 0. 0. 0. 0. 0. 0. 0	0 00000	000000	000000
Total acid per speci- men	N/100 N/100 2 16 7 5	<i>ლ ი</i> აჭი	6 8 3 8 6 7 8 6 7 8 6 7 8 6 7 8 7 8 7 8 7 8 7	041108
Total acid per cc.	$n_{100}^{cc.}$ per cc. 0.2 0.4 0.5 0.4	0.3 0.3 0.4 0.5	0.2 0.2 0.5 0.5 0.9	0.0 0.1 0.4 0.3 0.2 0.4
Vol- ume	66. 14 13	2 10 10 2 10 10	29 11 12 16	19 42 44 20
Hq	8.1 7.8 7.4 7.6	7.5 7.7 7.7 8.0 8.0	8.0 8.4 7.5 7.5 7.3	8.2 8.2 8.1 8.1 8.1 7.4
Mucus	+111	· +++++ +++++	111+11	111111
Blood	1111	+ 111+1	++++11	11111
Bile	1111		+ + + + + +	
Speci- men	Fasting 20' 40' 60'	80' Fasting 20' 60' 80'	Fasting 20' 40' *60' 80' 100'	Fasting 20' 40' *60' 80' 100'
Case num- ber	=	12	13	14

tal os- rus	m.	S	6	o,	ø	0	7	~	1	9		1.8		ŝ	2	ŝ			4		7	7	Ŋ
- Total phos-	mgm						3.7								4.2							6.2	
Phos- phorus	mgm. per	0.17	0.19	0.22	0.21	0.20	0.19	0.13	0.10	0.16		0.15		0.12	0.11	0.15			0.15	0.11	0.10	0.13	0.14
Total chlo- rides	mgm. cl. cc.	65	35	16	33	21	30	38	49	32		20		30	105	46			100	150	107	6	26
Chlo- rides	mgm. Þer cc.	1.4	1.0	1.2	1.2	1.4	1.5	2.7	2.9	2.0		1.7		2.8	2.8	3.0			2.7	1.8	1.7	1.4	1.0
Total nitro- gen	mgm.	23	22	6	11	10	11	13	19	12		7	×	6	41	27		10	106	103	46	21	18
Nitro- gen	mgm. Þer cc.	0.53	0.64	0.70	0.52	0.65	0.53	0.92	1.17	0.77		0.60	0.65	0.81	1.10	1.76		1.15	2.95	1.24	0.74	0.44	0.69
Rennin			0	0		0			0						0	Ŀ.		Ţ.	Ţ.	Tr.	0	Ţŗ.	0
Total pepsin	mgm.	0.0	0.3	0.1	0.2	1.4	0.6	0.0	0.4	0.2	0.1	0.2	0.1	0.1	0.4	0.4	0.1	0.0	1.4	0.8	0.0	0.0	0.0
Pepsin	mgm. Þer 66.	0.00	0.01	0.01	0.01	0.03	0.03	0.00	0.03	0.01	0.02	0.02	0.03	0.02	0.03	0.02	0.01	0.00	0.04	0.01	0.00	0.00	0.00
Free acid per speci- men	cc. N/100	0	0	0	0	0	0	0	0	0	0	•	0	0	0	0	0	0	C	0	0	0	0
Free acid per cc.	cc. N/100 ber cc.	0	0	0	0	0	0	0	0	0	0	0	•	0	0	0	0	0	C	0	0	0	0
Total acid per speci- men	cc. N/100	6	7	7	12	6	8	3	ŝ	6		6		0	4	6	3	S	0	0	0	0	0
Total acid per cc.	cc. N/100 ber cc.	0.2	0.2	0.5	0.4	0.4	0.4	0.2	0.3	0.6		0.5		0.0	0.1	0.4	0.6	0.6	0.0	0.0	0.0	0.0	0.0
Vol- ume	.99	45	35	14	28	15	20	14	17	16	ŝ	12	S	11	37	16	S	6	37	83	62	48	26
Hq		8.0	8.1	7.2	7.3	7.3	7.4	8.2	8.2	7.7	7.7	7.5	7.6	8.2	8.2	8.0	7.5	7.3	8.2	8.4	8.6	8.4	8.4
Mucus		Tr.	1	I	I	I	1	I	++	++	+	I	I	+	+++	I	1	1	+	+	+	++	+ +
Blood		I	1	I	I	I	I	Tr.	Ţr.	I	+	+	+			I	+	1	I	1	1	1	1
Bile		I	I	1		I		Tr.				I		1				Ţ.		+			1
Speci- men		Fasting	20′	40′	* 60′	80	100′	Fasting	20'	40′	* 60′	80′	100	Fasting	20'	40′	6 0	80′	Fasting	20	40′	60	80′
Case num- ber		15						16			<u> </u>			17					18				

O. M. HELMER, PAUL J. FOUTS AND L. G. ZERFAS

S	Ι.				1
Total phos- phorus	mgm.				1.8 0.6 0.3 0.1 3.0
Phos- phorus	mgm. per cc.				$\begin{array}{c} 0.11\\ 0.10\\ 0.11\\ 0.11\\ 0.08\\ 0.00\\ 0.10\end{array}$
Total chlo- rides	mgm. cl. cc.				20 42
Chlo- rides	mgm. per cc.				1.2 1.5
Total nitro- gen	mgm.				
Nitro- gen	mgm. per cc.				
Rennin	Д. Т. Т.		0 0 Tr.		
Total pepsin	^{mgm.} 0.3 0.1 0.5 0.9	0.8 0.7 0.6 0.8	$\begin{array}{c} 0.2\\ 0.5\\ 0.2\\ 0.2\\ 0.3\\ 0.3\\ 0.3\end{array}$	0.3 0.2 0.4 0.1 0.5	$\begin{array}{c} 0.0\\ 0.3\\ 0.1\\ 0.1\\ 0.0\\ 0.2\\ 0.2\end{array}$
Pepsin	mgm. per cc. 0.03 0.03 0.13 0.17	0.06 0.05 0.07 0.07	0.02 0.06 0.06 0.06 0.06 0.06	0.07 0.06 0.12 0.08 0.06	$\begin{array}{c} 0.00\\ 0.05\\ 0.06\\ 0.04\\ 0.00\\ 0.05\end{array}$
Free acid per speci- men	26. N/100 0 0 0	0000	000000	00000	000000
Free acid per cc.	per cc. $per cc.$ 0 0 0 0 0 0 0	0000	000000	00000	000000
Total acid per speci- men	66. N/100		4 v		
Total acid per cc.	cc. N/100 Per cc.		0.5 0.6		
Vol- ume	3 044N	14 13 11	669900	ちゅう18	17 6 28 3 3 3
Hd	7.2 7.3 7.3 7.0	8.1 8.0 8.2 8.2 8.2	8.0 7.2 7.1 7.1 7.1	7.7 7.7 8.0 7.7	8.1 8.2 8.2 8.3 8.3 8.3 8.3
Mucus	1	+++++	+++	1111	111+11
Blood	1111	+ +	1111+	++	
Bile	$\begin{array}{c} + + + + + \\ + + + + \end{array}$	++::: ++EE	1 I I + <u>-</u> I	1+11+	++
Speci- men	Fasting 20′ 80′	Fasting 20' 40' 60'	Fasting 20' 40' *60' 80' 100'	Fasting 20' 40' *60' 80'	Fasting 20' 40' 80' 100'
Case num- ber	19	20	21	22	23

1140

GASTRIC JUICE IN PERNICIOUS ANEMIA

Total phos- phorus	mgm.	1.5 1.0	0.3 0.4 0.3	3.2 2.8 1.5 0.8	1.5 0.6
Phos- phorus	mgm. Þer cc.	0.12 0.12	0.05 0.05 0.05	0.08 0.08 0.08 0.10 0.10	0.10 0.13
Total chlo- rides	mgm. cl. cc.	28 20		143 95 54 22	
Chlo- rides	mgm. per cc.	2.5 2.4		3.6 2.7 3.1 2.8	
Total nitro- gen	mgm.	13		31 23 17 15	
Nitro- gen	mgm. Þer cc.	1.07 1.35		0.76 0.67 0.87 0.84	
Rennin	00	. 0	0 0 Jr.		00000
Total pepsin	mgm. 0.0 0.3 0.3	0.1 0.2 0.9 0.2	0.1 0.6 0.8 0.8 0.5	3.6 2.1 2.5 0.0	0.0 0.1 0.2 0.3
Pepsin	mgm. per cc. 0.00 0.07 0.08 0.08	0.01 0.01 0.10 0.10	0.01 0.07 0.10 0.11 0.15	0.09 0.06 0.13 0.08 0.00	0.00 0.01 0.07 0.07
Free acid per speci- men	0 0 0 0 0 0 0	0000	00000	00000	00000
Free acid per cc.	per cc. N/100 per cc. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0000	00000	00000	00000
Total acid per speci- men	66. N/100			00000	
Total acid per cc.	cc. N/100 Per cc.			0.2 0.0 0.1 0.0	
Vol- ume	60. 11 44	3 12 2 9	10510	40 35 19 8	9 <u>5 4</u> 6 4
Hq	8.2 7.8 8.0 8.2	7.4 7.2 4.7 7.2	8.2 7.6 8.2 8.2 7.6	8.0 8.2 8.1 8.1 8.1	8.2 8.2 8.0 8.0
Mucus	+++++	++++	11111	1111	+ 1 + 1 1
Blood		1111	1++++	11111	11111
Bile	1111	1	Ë	1111	111++
Speci- men	Fasting 20' 40' 60'	Fasting 20' 40' 60'	Fasting 20' 40' 80'	Fasting 20' 40' 80'	Fasting 20' 40' 60' 80'
Case num- ber	24	25	26	27	28

O. M. HELMER, PAUL J. FOUTS AND L. G. ZERFAS

Total phos- phorus	mgm.	2.6	1.9	0.4	0.2	1.6	4.3	6.8	4.2	3.0	4.9	3.6	1.5	5.7	5.2	0.6	2.4	0.2	0.6		
Phos-	mgm. Þer	0.13	0.09	0.11	0.10	0.13	0.12	0.11	0.15	0.16	0.16	0.13	0.11	0.12	0.20	0.17	0.19	0.04	0.08		
Total chlo- rides	mgm. cl.	29	40		ŗ	52	00	178	44	29	62	54	28	142	63	7	27				
Chlo- rides	mgm. Þer	1.4	1.9		•	1.8	2.5	2.2	1.6	1.5	2.0	1.9	2.0	2.9	2.4	2.2	2.1				
Total nitro- gen	mgm.	6	14		ç	2	28	89	15	10	32	16	10	46							
Nitro- gen	mgm. Þer cc.	0.44	0.65		0 7 3	<u></u>	0.78	0.85	0.53	0.53	1.02	0.56	0.69	0.95							
Rennin		0	0	0	00	Ŀ,	ť.	0	0	0	Tr.	0	0	0	Ţ.				0		Ŀ.
Total pepsin	mgm.	0.0	1.1	0.0	0.1	0.7	2.6	5.6	0.6	1.1	2.5	1.8	0.0	4.3	2.0	0.3	1.1	0.1	0.1	0.2	0.1
Pepsin	mgm. Þer cc.	0.00	0.05	0.00	0.04	0.06	0.07	0.07	0.02	0.06	0.08	0.07	0.00	0.09	0.08	0.08	0.09	0.03	0.01	0.05	0.06
Free acid per speci- men	66. N/100	0	•	0	00	0	0	0	0	0	0	0	0	0	0	0	•	0	0	0	0
Free acid per cc.	cc. N/100 Per cc.	0	0	0	00	0	c	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total acid per speci- men	cc. N/100	4	0	0	<	>	0	0	0	0	0	0	0	0	16		1				
Total acid per cc.	cc. N/100 Per cc.	0.2	0.0	0.0		3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6		0.1				
Vol- ume	.99	21	21	4	° ;	12	36	80	28	19	31	28	15	48	26	ŝ	13	4	∞	ŝ	7
Hq		7.6	8.5	8.2	0.0 0.0	7.8	8.4	8.3	8.2	8.2	7.8	8.0	8.3	8.3	7.6	7.3	7.6	7.6	8.1	8.0	8.0
Mucus		I	+	1	-	F 1	I	+	•+	+	+	+	+	++	I	I	+	+	+	+	+
Blood		1	1	1	+		I	1	I	Tr.	Tr.	Ţ,	I	1	I	1	1	1	1	1	1
Bile		I	I	I		:+	+	• 1	I	I	I	I	I		+			I	1	1	I
Speci- men		Fasting	20′	40	,09 *	100	Fasting	20′	40′	*60′	80′	100′	Fasting	20	40	ò0	80	Fasting	20′	40	ò
Case ber		29					30						31					32			

1142

GASTRIC JUICE IN PERNICIOUS ANEMIA

Total phos- phorus	mgm.	1.8	2.8	4.5	3.3	1.0	1.3 0 8	1.8	1.9	5.0	3.6	2.2	1.8	0.4	4.6	
Phos- D	1	0.12									0.12			0.01		
Total I chlo- p rides p	1	34 (83 83					46 17				_	
Chlo- rides	mgm. per cc.	2.2	1.4	1.9 2.1	1.1	2.2 2.4	2.4	2.4	2.1	1.2	1.0	1.3	1.3			
Total nitro- gen	mgm.									30	22	2	ŝ			
	mgm. Þer cc.									0.59	0.82	0.63	0.60			
Rennin Nitro-		ĿĿ	0		Tr.	00	00	0	0	Ŀ.	<u>-</u>	Ę.	0		0	
Total pepsin	mgm.	0.0	0.0	0.0	0.2	0.1 0.9	0.0	0.6	0.0	0.5	1.2	0.5	0.5	0.1	0.4	0.0
Pepsin			0.00	0.00 0.01	0.01	0.01 0.03	0.00	0.03	0.00	0.01	0.04	0.05	0.05	0.01	0.01	0.03
Free acid per speci- men	cc. N/100	00	0	00	0	00	00	0	0	0	- c	0	0	0	0 (00
Free acid per cc.	cc. N/100 Per cc.	00	0	• •	0	00	• •	0	0	0		0	0	0	0 0	
Total acid per speci- men	cc. N/100	3		18 23	2					10	04	4	3	0	0	00
Total acid per cc.	cc. N/100 Per cc.	0.2	0.3	0.6 0.5	0.3					0.2	7.0	0.4	0.3	0.0	0.0	0.0
Vol- ume	<i>cc.</i>	15 35	23	30 46	24	13 35	10	21	19	50	30 13	11	6	4	36	0 50
Hq		8.2	7.8	7.6	7.7	8.2	8.1 8.1	7.5	8.3	8.0	8.0 7.6	7.4	7.3	8.4	8.2 2	8.6 8.6
Mucus			t	11	I	++ ++	+ + + +	+	+ +	I	1 1	I	I	+	-	++
Blood			I	11	1		11	I	I	I	1	I	I	ł	I	+
Bile		++	• 1	+ + + +	Tr.	11	11		I	1	1 1	I	1	I		
Speci- men		Fasting 20'	40′	è 80,	100′	Fasting 20'	*60 *	80′	100	Fasting	² 04	<u>(</u>)	80	Fasting	20	60 ,
Case num- ber		33				34				35				36		

75

O. M. HELMER, PAUL J. FOUTS AND L. G. ZERFAS

Total phos- phorus	mgm.	1.0	1.5	1.4	3.1	2.8				0.9	0.9		1.0	0.5							
Phos- phorus	mgm. per	0.11	0.09	0.10	0.13	0.12				0.11	0.09		0.09	0.07							
Total chlo- rides	mgm. cl. cc.	18	24	20	34	32					28										
Chlo- rides	mgm. Þer cc.	2.0	1.6	1.4	1.5	1.4					2.8										
Total nitro- gen	mgm.	7	11	×	16	12															
Nitro- gen	mgm. per cc.	0.82	0.71	0.59	0.71	0.51															
Rennin Nitro-		0	0	00	00	0				Tr.	Tr.		0			0	0	0	0	0	0
Total pepsin	mgm.	0.1	0.0	0.5	0.0	0.4	0.2	1.2	0.0	0.3	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.5	0.1	1.0	0.4
Pepsin	mgm. Þer ^{CC.}	0.01	0.00	0.04	0.03	0.02	0.05	0.08	0.00	0.03	0.00	0.00	0.01	0.00	0.00	0.00	0.00	0.05	0.05	0.09	0.07
Free acid per speci- men	cc. N/100	0	0	00	00	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Free acid per cc.	cc. N/100 ber cc.	. 0	0	00	00	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total acid per speci- men	cc. N/100																				
Total acid per cc.	cc. N/100 ber cc.																				
Vol- ume	.00	6	16	14	23	23	3	15	Ś	6	10	ŝ	11	∞	2	2	∞	10	2	12	9
Hq		8.2	8.2	8.1 0	8.0 8	7.4	8.4	8.4	8.4	8.0	8.0	7.5	8.0	7.8	7.6	7.3	7.6	7.5	7.4	8.2	7.6
Mucus		+	-}-	I	1 1	1	I	١	١	I	I	I	+ +	+	+	I	+ +	+ +	+	+	+
Blood		I	Ţ.	÷.		Tr.	1	1	I	I	l	I	I	I	I	I	١	١	١	+	I
Bile		I	1	1		١	1		Tr.			I	I		1	I				+	
Speci- men		Fasting	20′	40,	00 20	100′	Fasting	20′	40′	60′	80′	Fasting	20′	40'	60	Fasting	20'	40′	*60′	80′	100′
Case num- ber		37					38					39				40					

GASTRIC JUICE IN PERNICIOUS ANEMIA

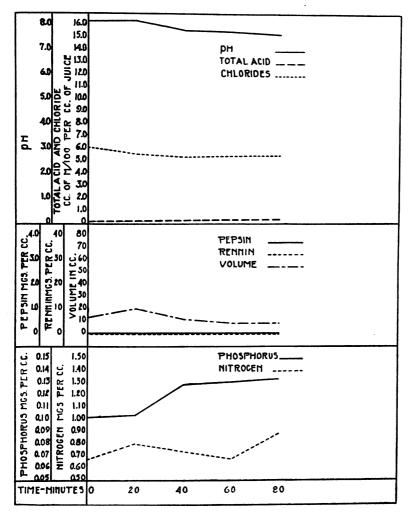
Total phos- phorus	mgm.	1.2	1.0	0.5	1.5	0.9	0.5	2.0	1.5	0.6	1.0					1.3	1.7	1.8	2.7	1.5
Phos- phorus	mgm. per cc.	0.12	0.10	0.12	0.12	0.13	0.03	0.08	0.11	0.12	0.12	 				0.08	0.09	0.10	0.10	0.10
Total chlo- rides	mgm. cl. cc.	17	15		17	13	38	46	26		14					30	31	39	78	36
Chlo- rides	mgm. per cc.	1.8	1.5		1.3	1.8	2.2	1.9	2.0		1.6					1.8	1.7	2.2	2.9	2.4
Total nitro- gen	mgm.	2		4 %	, I	9	7	13	9		4					2	10	12	20	11
Nitro- gen	mgm. Þer cc.	0.72	0.67	0.83	0.88	0.87	0.40	0.52	0.47		0.38					0.43	0.56	0.69	0.73	0.71
Rennin		0	0	00	0		0	Ľ.	Tr.	0	Tr.					0	Ţ.	Ŀ.	Ţ.	Ľ.
Total pepsin	mgm.	0.0	0.5	0.3	7.0 0.0	0.4	0.0	1.5	0.0	0.0	0.0	 0.1	0.5	0.8		1.0	1.2	1.9	4.3	2.4
Pepsin	mgm. per cc.	0.00	0.05	0.06	0.07	0.05	0.00	0.06	0.00	0.00	0.00	 0.03	0.09	0.15		0.06	0.06	0.11	0.16	0.16
Free acid per speci- men	^{cc.} N/100	0	0	00	00	0	0	0	0	0	0	0	00	00		0	0	0	0	0
Free acid per cc.	cc. N/100 Per cc.	0	0	00	0	0	0	0	0	0	0	0	00	00		0	0	0	0	0
Total acid per speci- men	cc. N/100		-													0	0	1	16	0
Total acid per cc.	cc. N/100 ber cc.															0.0	0.0	0.4	0.6	0.0
Vol- ume		6	10	s S	ں 13 ک	2	17	25	13	ŝ	6	3	00	2 10		17	19	18	27	15
Hd		8.0	8.4	8.5 2.5	0.7 8.2	8.4	8.2	7.4	7.2	7.5	8.0	8.2	8.3	x x x x		8.2	8.0	7.2	6.9	8.2
Mucus		ł	I	I	11	1	+	+	+	+	+	+ +	+ · + ·	+ + + +	-	+	+	+	+	+
Blood		1	1	۱ -	+ 1	I	I	I	١	1	I	 I	++	1+	-	I	1	1	ł	I
Bile		1	1	1		I	· 1	1	١	1	I	I	I			1	1	١	I	I
Speci- men		Fasting	20′	40' *<0'	ç So	100	Fasting	20,	40′	60	80′	 Fasting	20'	40, 60,	3	Fasting	20'	40′	60′	80′
Case num- ber		41					42					43				44		_		

O. M. HELMER, PAUL J. FOUTS AND L. G. ZERFAS

Total phos- phorus	mgm.	1.1 1.1						ely
Phos- phorus	mgm. per cc.	0.0						mediat
Total chlo- rides	mgm. cl. cc.	10	1					ly, im
Chlo- rides	mgm. per cc.	1.0			,			/enous
Total nitro- gen	mgm.	~ 9)					intrav
Nitro- gen	mgm. Þer cc.	0.74						liver,
Rennin		00	•	0	0			whole
Total pepsin	mgm.	0.0 4.0	0.7	0.0	0.8 0.6	1.4 0.3	0.9	ms of
Pepsin		0.00 0.04 0.11	0.13	0.00 0.01	0.20 0.10	0.16 0.09	0.07 0.15	00 gra
Free acid per speci- men	N/100		0	00	00	00	00	from 1
Free acid per cc.	23		0	00	00	00	00	rived f
Total acid per speci- men	сс. N/100		0					act de mple.
Total acid per cc.	N/100 $per cc.$	0.0	0.0					er extr iute sa
Vol- ume		4 Ç «	ŝ	141	4 9	0 N	13	of live ty min
Hq		0.0 0.0 0.0	8.2	8.4 8.3	8.0 8.3	7.7 7.8	7.6	mount he six
Blood Mucus	-	+++	+	++	++	++	++	the au on of t
Blood		111	1	1 1	++	11	11	sceived
Bile		۱Ę١	I	1 1	11	++	++ ++	ient re the c
Speci- men		45 Fasting 20' 40'	60	Fasting 20'	40 [,] 60 [,]	Fasting 20'	40 [,]	* Patient received the amount of liver extract derived from 100 grams of whole liver, intravenously, immediately following the collection of the sixty minute sample.
Case num- ber	<u></u>	45		46		47		

GASTRIC JUICE IN PERNICIOUS ANEMIA

Volume. Histamine stimulation caused an increase in volume over the fasting sample in twenty-five of the forty-seven cases examined. At the height of secretion, the volume varied from 4 to 83 cc., with an average of 22 cc. The total volume secreted in sixty minutes varied



Average Values from Gastric Juice of Forty-seven Patients with Pernicious Anemia, Following the Subcutaneous Injection of 0.5 Mgm. of Histamine Hydrochloride

from 9 to 193 cc., with an average of 41 cc. Following the injection of liver extract there was an increase in volume in all but one of fourteen cases.

The patients who had lower red blood cell counts tended to have smaller volumes than those having higher counts. Seven of eight patients with red blood cell counts below three million had sixty minute volumes of less than 25 cc. Patients with early or no central nervous system involvement more often had a greater volume of gastric juice than those with moderate or advanced central nervous system involvement. It would seem that the patients with larger volumes more frequently had pH values of the gastric juice that decreased after histamine stimulation, although the volume had no relation to the exact pH value.

The percentage of pepsin in the individual samples bore little or no relationship to the volume; however, the patients with larger total volumes tended to have the higher total pepsin values, although a few of the patients with the highest volumes had the smallest amounts of pepsin. The amounts of rennin present seemed to have no relation to the volume of the sample. Contrary to expectations, the percentage of phosphorus was higher in the samples with the greater volumes. Likewise, in the cases with greater volumes, there was a higher percentage of cases in which there was an increase in phosphorus values over the fasting. The samples having larger volumes usually had a higher percentage of chlorides. The amount of nitrogen in a sample bore no relationship to the volume of the sample.

Acidity. In all samples there was an absence of free hydrochloric acid and the pH varied from 6.9 to 8.6. Only five of the forty-seven patients had not received liver extract medication previous to the gastric analysis. The length of time the others had been on liver extract medication varied from a few months to five years. This continued absence of free acid in the gastric juice of patients with pernicious anemia, after oral liver therapy, is very well known, and it is interesting to note that the seventeen patients who have received liver extract by injection for from one to eight months still have an achylia gastrica. The amount of total acid excreted in sixty minutes varied between 0 and 30 cc. N/100. In only fourteen cases was there a measurable drop in pH value after histamine stimulation. After liver extract injection there was no constant change in pH value. The presence of bile in the samples caused an increase in the amount of total acid present and a lowering of the pH. There was no relation between the amount of total acid present or the height of the pH and the clinical condition of the patient, except that only one of eight patients with red blood cell counts below 3.0 million had a pH value below 7.5 in any sample. However, in the fourteen instances in which the pH of the gastric juice decreased after histamine. nine of the patients had only early or no central nervous system involvement. The height of the pH bore no relation to the percentage of pepsin, rennin, phosphorus, chlorides, or nitrogen in the samples; but, in the cases with a decrease in pH value after histamine stimulation, there was a greater percentage with an increase in phosphorus, chlorides, and nitrogen.

Pepsin. The pepsin in the gastric juice was either totally absent or

present in essentially negligible amounts, varying between 0.0 and 0.20 mgm. per cc., with an average of 0.04 mgm. The total amount of pepsin secreted in sixty minutes varied between 0.0 and 7.4 mgm., with an average of 1.8. There was a slight increase in the amount of pepsin after histamine stimulation in thirty-three of the forty-seven cases examined. The injection of liver extract caused an increase in pepsin in seven of fourteen cases. The clinical condition of the patient did not seem to show any relationship to the percentage of pepsin present in the samples. Likewise, the amount of pepsin showed no relation to the height of pH, amount of phosphorus, chlorides, or nitrogen, although thirteen of seventeen cases with an increase in nitrogen after histamine also had an increase in pepsin. A trace of bile in the specimen occasionally caused a slight increase in peptic activity, but even then the amount of pepsin found was not over 0.17 mgm. per cc. Occasionally, when bile was present, there was a total absence of peptic activity.

Rennin. The amount of rennin present varied from 0.0 to 0.19 mgm. per cc., with an average of 0.013. The total amount of rennin secreted in sixty minutes varied from 0 to 4.0 mgm. (average 0.42 mgm.). Because of the very small amounts of rennin present—the maximum in the patients with pernicious anemia being only 1/350th of the maximum in the normals —it was decided to express the rennin in Chart II as either being present or absent. The presence of bile in the sample usually caused an increase in amount of rennin, but again there occasionally was no rennin in samples containing bile. There seemed to be no relation between the amount of rennin in the gastric sample and the clinical condition of the patient or the pH value, volume, amount of phosphorus, nitrogen, or chlorides. The determination of rennin was a good check on the pepsin determination, as there was always a proportionately greater decrease in the amount of rennin when there was a decrease in pepsin.

Nitrogen. The amount of nitrogen present was definitely high in all samples. The presence of bile in the samples caused a great increase in the amount of nitrogen, and, therefore, the nitrogen determinations were of no value in samples containing bile. The amount of nitrogen present in the samples of gastric juice had no relation to the clinical condition of the patient. An increase in the concentration of nitrogen was noted in six of eight patients who received liver extract intravenously. The amount of nitrogen present showed no relationship to pH values or to the amounts of phosphorus, chlorides, pepsin, or rennin.

Chloride. The chloride values were definitely low, but they did not seem to be as low as would be expected with a total absence of free hydrochloric acid—a few high values, obtained in patients with achylia, were greater than some of the lower values obtained in normal persons. There was an increase in chlorides after histamine stimulation in only nine of twenty-five cases. As has been shown above, there was a tendency

for specimens with larger volumes to have higher percentages of chlorides. There was no correlation between the amounts of chlorides and the pH, amounts of nitrogen, pepsin, rennin, and phosphorus in the samples.

Phosphorus. The amount of phosphorus present was greatly increased in nearly all specimens. In eighteen of twenty-five cases the phosphorus value increased after histamine stimulation. As has been shown, the specimens with larger volumes more often had higher phosphorus values, and a higher percentage of the specimens with larger volumes had an increase in phosphorus values after histamine stimulation. There was no correlation between the phosphorus values and the pH, amounts of nitrogen, chlorides, pepsin, or rennin.

It is evident from these findings that, while in normal persons there is a direct relationship between the free acid, total acid, chlorides, phosphorus, and nitrogen in the gastric juice after histamine stimulation, there is absolutely no relationship between these substances in the gastric juice of patients with pernicious anemia.

Gastric juice findings in relation to maintenance dosage of liver extract

All of the forty-seven patients in this group were clinically and hematologically typical of pernicious anemia, and either had had or subsequently have had good responses to liver extract administered by mouth or by injection. The length of time that these patients have been on liver extract has varied from 0 to 5 years. Twenty-one of the patients have been followed at monthly intervals by this department for from over one to five years, and the remaining patients for only a few months. Seventeen were in relapse (either mild or severe) at the time the analyses were made. The red blood cell counts varied from 0.5 million to 6.0 million and the hemoglobin percentages from 13 to 115 per cent. All degrees of central nervous system involvement were represented-from the very slightest to the most advanced stage where the patient was completely bedridden. In this group of patients, some were able to maintain their blood at normal levels on a very small daily amount of potent liver extract by mouth, while others were not able to do this on large amounts and required liver extract by injection.

An attempt was made to determine whether the quantity or quality of the gastric juice bore any relation to the amount of liver extract required to maintain the blood at normal levels. There were thirty-one patients in the group who gave a history of having taken liver extract for a sufficient period of time to be considered. Six of the thirty-one were in relapse at the time the gastric analyses were taken. Since it has been shown that patients with a low red blood cell count have smaller amounts of gastric juice than those with a high red blood cell count, it is difficult to correlate the gastric juice findings of the patients in relapse and the maintenance dosage; therefore these patients were excluded.

It would seem that patients with larger volumes of gastric juice, after histamine stimulation, more often were able to maintain the blood at normal levels on smaller amounts of liver extract. However, all but two of the sixteen patients requiring more than the amount of liver extract derived from 300 grams of whole liver daily had one or more complications, such as: moderate to advanced central nervous system involvement, generalized arteriosclerosis, infections, non-infectious complications (other than arteriosclerosis), or chronic diarrhea. Such complications, in themselves, have been shown by Beebe and Lewis (17) and by Fouts and Zerfas (18) to be present in a high percentage of patients requiring large daily amounts of potent liver extract. These facts make it difficult to correlate the gastric juice findings with the maintenance dosage of liver extract; however, it is interesting to note that, of nine patients with no complications, six had large total volumes of gastric juice and only one required more than 300 grams of liver daily, while one of the three patients having small total volumes required more than that amount of liver.

The amount of pepsin per cc. of gastric juice had no bearing on the amount of liver extract required by a patient. Since the total amount of pepsin secreted in sixty minutes varied approximately as did the volume, the total amount of pepsin bore the same relationship to maintenance dosage of liver extract as did the volume. The amount of rennin, likewise, had no relation to the maintenance dose of liver extract. The pH value, amount of total acid, amount of phosphorus, chlorides, and nitrogen had no correlation with the amount of liver extract required to maintain the blood at normal levels.

From these facts it is evident that the quantity and quality (as tested) of the gastric juice have little or no relationship to the maintenance dosage of liver extract. The only positive finding was that larger volumes and larger total amounts of pepsin have a questionable correlation with the maintenance dosage. Davies (3) found that two of his patients, who were able to maintain their blood at normal levels with very small amounts of liver extract, had large amounts of pepsin. We were not able to find appreciable amounts of pepsin or rennin in any of the fortyseven cases of pernicious anemia examined. Also, we could not find any correlation between the small variations in the amount of pepsin and the maintenance dosage of liver extract. We were unable to test the gastric juice for the presence of, or for the quantitative changes in, the amounts of intrinsic factor of Castle. If there are no qualitative or quantitative differences in the proteolytic enzymes of the small intestines of patients with pernicious anemia or in the amounts of the intrinsic factor, it is evident that the ability of such patients to absorb the active principle contained in liver extract largely governs the amount of liver extract required to maintain the blood at normal levels, when the extract is administered orally. Castle (19) has suggested that there is a defective absorption of liver extract in some patients having pernicious anemia and further suggests that the inability to absorb the active principle from food is of etiological importance in the disease.

CONCLUSIONS

1. The gastric juice of forty-seven patients with pernicious anemia and of ten normal persons, after histamine stimulation, has been studied.

2. The complete dysfunction of the gastric glands in patients with pernicious anemia was demonstrated by the following facts: (a) Small volumes of juice containing large amounts of mucus; (b) Absence of free hydrochloric acid, with an actual alkaline reaction; (c) Practical absence of the gastric enzymes, pepsin and rennin; (d) Low chloride concentration; (e) High nitrogen and phosphorus values; (f) No relation between total acid, pH, chlorides, nitrogen, and phosphorus as found in normal controls.

3. The quality and quantity of the gastric juice of patients with pernicious anemia has little or no relationship to the maintenance dosage of liver extract.

BIBLIOGRAPHY

- 1. Michaelis, L., Deutsche med. Wchnschr., 1918, xliv, 685. Die Bestimmung und Bedeutung der Fermente im Magensaft.
- 2. Polland, W. Scott, and Bloomfield, A. L., J. Clin. Invest., 1931, ix, 107. The Diagnostic Value of Determinations of Pepsin in Gastric Juice.
- 3. Davies, Daniel T., Quart. J. Med., 1931, xxiv, 447. Studies on Achlorhydria and Anemia.
- 4. Brown, J. H., J. Lab. and Clin. Med., 1924, ix, 239. The Colorimetric Determination of the Hydrogen Ion Concentration of Small Amounts of Fluid.
- 5. Wilson, D. W., and Ball, E. G., J. Biol. Chem., 1928, lxxix, 221. A Study of the Estimation of Chloride in Blood and Serum.
- 6. Van Slyke, Donald D., J. Biol. Chem., 1927, lxxi, 235. Gasometric Micro-Kjeldahl Determination of Nitrogen.
- 7. Fiske, C. H., and Subbarow, R., J. Biol. Chem., 1925, lxvi, 375. The Colorimetric Determination of Phosphorus.
- 8. Koch, F. C., and McMeekin, T. L., Personal Communication.
- 9. Polland, W. Scott, and Bloomfield, A. L., J. Clin. Invest., 1929, vii, 57. Quantitative Measurements of Pepsin in Gastric Juice Before and After Histamine Stimulation.
- 10. Gamble, James L., and McIver, M. A., Proc. Soc. Exper. Biol. and Med., 1926, xxiii, 439. Fixed Base in Gastric Juice.
- 11. Austin, J. H., and Gammon, G. D., J. Clin. Invest., 1931, x, 287. Gastric Secretion after Histamine: Sodium and Potassium Content and Pepsin Estimation.
- Bulger, H. A., Stroud, C. M., and Heideman, M. L., J. Clin. Invest., 1928, v, 547. Studies of the Chemical Mechanism of Hydrochloric Acid Secretion. I. Electrolyte Variations in Human Gastric Juice.
- Hoesch, K., Deutsches Arch. f. klin. Med., 1929, clxv, 201. Beiträge zur Mangenfunktion. I. Über die Phosphate im reinen Magensaft.

- 14. Bolton, Charles, and Goodhart, Gordon W., J. Physiol., 1931, lxxiii, 115. The Variations in the Acidity of the Gastric Juice During Secretion.
- 15. Vineburg, Arthur M., and Babkin, B. P., Am. J. Physiol., 1931, xcvii, 69. Histamine and Pilocarpin in Relation to the Gastric Secretion.
- 16. Gilman, Alfred, and Cowgill, George R., Am. J. Physiol., 1931, xcvii, 124. Effect of Histamine upon the Secretion of Gastric Pepsin.
- 17. Beebe, Richard T., and Lewis, E. G. Eric, Am. J. Med. Sci., 1931, clxxxi, 796. The Maintenance Dose of Potent Material in Pernicious Anemia.
- Fouts, Paul J., and Zerfas, L. G., Ann. Int. Med., In Press. Maintenance Dosage of Liver Extract in the Treatment of Pernicious Anemia.
- Castle, William B., and Taylor, F. H. Laskey, J. Am. Med. Assoc., 1931, xcvi, 1198. Intravenous Use of Extract of Liver.