Research article

Diverting T helper cell trafficking through increased plasticity attenuates autoimmune encephalomyelitis

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Introduction

Following activation, naïve CD4+ T cells differentiate into functionally distinct T helper subsets, each regulated by key transcription factors and producing cytokines to perform specific biological functions. Th1 cells produce IFN-γ to control the immune response to intracellular pathogens, which is governed by the transcription factor T-bet (1), while Th2 cells are controlled by GATA3 (2) and produce IL-4, IL-5, and IL-13 during anti-parasite and allergic responses (reviewed in ref. 3). Th17 lineage is critical for the immune responses to extracellular bacteria and fungi (reviewed in ref. 3), produces IL-17, and is controlled by RAR-related orphan receptor γ (RORγt) (4). Th17 cells are also important in the autoimmune response in multiple sclerosis (MS) and its mouse model of EAE, with the major player being GM-CSF (5, 6). The recently identified T follicular helper (Tfh) subset produces IL-21, is controlled by Bcl6, and plays a critical role in supporting class switch recombination in B cells (reviewed in refs. 7, 8). Th1, Th2, and Th17 subsets were once deemed highly stable, and the alternate lineage cytokines were thought to be inhibitory, such as IFN-γ and IL-4 blocking Th17 differentiation and IL-17 production (9). However, the functional plasticity of the T helper lineages has become increasingly evident, particularly during in vivo immune responses (reviewed in refs. 3, 10, 11). T helper cells were found able to express alternative lineage cytokines, such as Th17 cells expressing IFN-γ (12, 13) or Th2 cells acquiring a Th1 phenotype (14) or converting into Tfh cells (15). Tfh cells have the highest plasticity of all the subsets, being able to convert to Th1, Th2, and Th17 (16). In terms of plasticity, the in vivo effects of IL-4 on Th17 immune responses remain largely undefined.

The transcription factor Bcl11b functions as both a transcriptional activator and a repressor (17–20) and has been shown to be important in thymocyte selection and survival (21, 22), early T cell commitment (23–25), and control of inKT lineage, with a critical role in iNKT precursors as well as in glycolipid presentation by double-positive thymocytes (26). Additionally, Bcl11b controls expansion and cytotoxicity of mature CD8+ T cells (27) and Treg cell suppression function (28). Bcl11b is expressed in mature T helper cells; however, its role in these cells has not been described. Here we show that Bcl11b is critical for repressing the Th2 lineage program in Th17 cells. We demonstrate that Bcl11b-deficient Th17 cells expressed GATA3 and produced IL-4 and IL-5 without any impact on Rorγt, IL-17, and GM-CSF. Unexpectedly, the major physiological consequence of elevated GATA3 and IL-4 expression was the redirection of the Th helper cells from the draining LNs (dLNs), away from the CNS, to the mesenteric LNs (mLNs) and gut. We demonstrate that rerouting of the cells and EAE amelioration were dependent on abnormal IL-4 production, increased retinaldehyde dehydrogenase (RALDH) activity in dendritic cells, and retinoic acid (RA) production, which in turn caused upregulation of gut-homing receptors on T helper cells and their diverted trafficking. Similarly, deviated T helper cell migration from the mLNs-CNS route to the mLNs-gut was also observed in EAE WT mice treated with IL-4 or under Th2 conditions. Thus, our results demonstrate that Bcl11b restricts GATA3 expression and IL-4 production in Th17 cells. Although GATA3 expression and IL-4 production by Th17 cells do not affect Rorγt, IL-17, and GM-CSF, they have a major impact on T helper cell trafficking.
Results

Altered expression of Bcl11b in T helper cells results in failure to down-regulate GATA3 and IL-4, but do not lose expression of Rorγt, IL-17, or GM-CSF during EAE. (A) GATA3 and Rorγt levels evaluated by FACS analysis in naïve CD4+ T cells from the indicated groups of mice. Gray shaded area indicates negative control. (B) Average frequency of naïve CD4+ T cells that express GATA3 in the indicated groups. *P ≤ 0.05, n = 5 (mean ± SEM). (C) FACS analysis of GATA3 and Rorγt levels in CD4+ T cells in the dLN and mLN of the indicated groups on day 12 following EAE induction. (D) Average frequency of GATA3+ (left) or GATA3+Rorγt+ (right) CD4+ T cells in the indicated groups. *P ≤ 0.05, n = 5 (mean ± SEM). (E) FACS analysis of frequencies of IL-17- and GM-CSF-producing CD4+ T cells from dLN and mLN of the indicated groups on day 12 after EAE induction. (F) Average frequency of IL-17+GM-CSF+CD4+ T cells in the indicated EAE groups. *P ≤ 0.05; NS indicates P > 0.05, n = 5 (mean ± SEM). (G) FACS analysis of frequencies of IL-4- and IL-17-producing CD4+ T cells from dLN and mLN of the indicated groups on day 12 after EAE induction. (H) Average frequencies of IL-4+CD4+ T cells (left) and IL-4+IL-17+CD4+ T cells in the indicated groups *P ≤ 0.05, n = 5 (mean ± SEM). Two-tailed Student’s t test was applied to determine significance.

Altered expression of Bcl11b in T helper cells results in failure to down-regulate GATA3 and IL-4 in Th17-polarized cells. Bcl11b is expressed in T helper cells (21); however, its role in these cells has never been investigated. We induced in vitro polarization of Bcl11b-deficient CD4+ T cells and evaluated lineage-specific cytokines and transcription factors. Our results indicated that while Bcl11b-deficient Th1, Th2, and Th17 cells expressed normal levels of lineage-specific cytokines, Th0 cells produced elevated levels of IL-4 (Supplemental Figure 1, A and B, and data not shown; supplemental material available online with this article; doi:10.1172/JCI70103DS1). Additionally, while T-bet, Rorγt, and GATA3 levels were similar to WT under Th1, Th17, and Th2 conditions, respectively, GATA3 was increased in Th0, and remained elevated under Th17 conditions (Supplemental Figure 1, C and D, and data not shown). Furthermore, Bcl11b-deficient polarized Th17 cells exhibited a small population expressing both GATA3 and Rorγt (Supplemental Figure 1, C and D). Despite elevated GATA3, Bcl11b-deficient polarized Th17 cells failed to express IL-4 (Supplemental Figure 1A), a result perhaps related to the strict inhibitory conditions in which these cells were
maintained during Th17 polarization. To test this hypothesis, we repeated the in vitro Th17 polarizations in conditions that lacked inhibitory antibodies for IL-4, which resulted in IL-4 production in Bcl11b-deficient cells, while IL-17 production remained unaffected (Supplemental Figure 1, E and F). A small population of Bcl11b-deficient Th17 cells produced both IL-4 and IL-17 (Supplemental Figure 1, E and F). These results suggest that Bcl11b may play a role in restricting GATA3 and IL-4 expression in Th17 cells.

Th17 cells of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice express GATA3 without affecting Rorγt. Considering the observation that Bcl11b-deficient Th17-polarized cells in vitro not only expressed Rorγt and IL-17, but also GATA3 and IL-4, we investigated whether this phenomenon occurred in vivo in the Th17-mediated EAE, using Bcl11b<sup>F/F</sup>/dLck-iCre mice, in which Bcl11b is conditionally ablated in mature T cells only (27). CD4<sup>+</sup> T cells of naïve Bcl11b<sup>F/F</sup>/dLck-iCre mice exhibited elevated GATA3 levels (Figure 1, A and B), whereas Rorγt expression was low in both WT and Bcl11b<sup>F/F</sup>/dLck-iCre naïve mice (Figure 1A). GATA3 levels were downregulated in WT T helper cells following EAE induction (Figure 1C), but remained elevated in T helper cells of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice (Figure 1, C and D) despite overall normal expression of Rorγt (Figure 1C). Furthermore, a subpopulation of Rorγt<sup>+</sup> Bcl11b-deficient cells also expressed GATA3 (Figure 1, C and D). Not only were GATA3 protein levels elevated, but mRNA levels as well (Supplemental Figure 2A). Considering that Bcl11b is a transcription factor, we further investigated whether Bcl11b associates with conserved noncoding sequences within the GATA3 locus in CD4<sup>+</sup> T cells, namely with the proximal and the distal GATA3 promoters, using ChIP assays followed by quantitative PCR (qPCR). While proximal promoter is active in T cells, the distal promoter is active in neurons and during Th2 differentiation (29). Our results show that Bcl11b associates with the proximal GATA3 promoter, but not with the distal promoter, nor with a conserved noncoding sequence in intron 1, used as a negative control (Supplemental Figure 2B). These results together suggest that Bcl11b binds to proximal GATA3 promoter to repress its activity during Th17 responses.

Th17 cells of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice produce IL-4 without restricting the production of Th17 cytokines. We investigated cytokine production by multiplex cytokine analysis and found that CD4<sup>+</sup> T cells from EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice produced elevated levels of IL-4 and IL-5 in both the dLNs and mLNs (Supplemental Figure 3). Additionally, IL-17 production was elevated in the mLNs and unchanged in the dLNs of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice (Supplemental Figure 3). FACS analysis further revealed that only the frequency of the CD4<sup>+</sup> T cells that produced both IL-17 and GM-CSF was significantly reduced in the dLNs of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice, but not the frequency of the CD4<sup>+</sup> T cells producing IL-17 or GM-CSF alone (Figure 1, E and F). However, the frequency of the IL-17<sup>+</sup>/GM-CSF<sup>+</sup>CD4<sup>+</sup> T cell population was increased in the mLNs and was not significantly different from the frequency of IL-17<sup>+</sup>/GM-CSF<sup>+</sup> CD4<sup>+</sup> T cells in WT dLNs (Figure 1, E and F), suggesting that the Th17 cells of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice are not defective in the production of Th17 cytokines, but rather the distribution of these cells is shifted from the dLNs to the mLNs. Furthermore, CD4<sup>+</sup> T cells from both the dLNs and mLNs of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice produced elevated levels of IL-4 (Figure 1, G and H). In addition, a population that produced both IL-17 and IL-4 was present (Figure 1, G and H). CD4<sup>+</sup> T cells from nonimmunized Bcl11b<sup>F/F</sup>/dLck-iCre mice produced slightly elevated levels of IL-4 but no Th17-associated cytokines (Supplemental Figure 4A).

Together, these findings demonstrate that GATA3 downregulation fails to occur in T helper cells of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice and consequently these cells express IL-4, despite normal levels of Rorγt, IL-17, and GM-CSF.

Bcl11b<sup>F/F</sup>/dLck-iCre mice have reduced EAE severity with diminished Th17 cell CNS infiltration in the absence of alterations in the CNS trafficking receptors. During the in vivo analysis of the role of Bcl11b in Th17 cells, we observed that following EAE induction, the disease scores exhibited by Bcl11b<sup>F/F</sup>/dLck-iCre mice were greatly reduced and the onset was delayed (Figure 2A). Histological analysis revealed that at disease peak, EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice had considerably less CNS tissue damage and mononuclear infiltrations compared with EAE WT mice (Figure 2B). FACS analysis further revealed that the frequencies and absolute number of CD4<sup>+</sup> T cells infiltrating the CNS were reduced in EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice compared with EAE WT mice (Figure 2, C and G, and Supplemental Figure 5A), and the infiltrating CD4<sup>+</sup> T cells produced diminished levels of IL-17 and GM-CSF (Figure 2, D and G, and Supplemental Figure 5A). In addition, the frequency of antigen-specific MOG<sub>35–55</sub> CD4<sup>+</sup> T cells in the CNS of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice was also reduced (Supplemental Figure 5B). This was further demonstrated in EAE Bcl11b<sup>F/F</sup>/dLck-iCre/2D2 mice, which bear the transgenic TCR for MOG<sub>35–55</sub> (ref. 30 and Figure 2E), which also produced reduced levels of IL-17 and GM-CSF (Figure 2F). In addition to fewer CD4<sup>+</sup> T cells as well as fewer IL-17- and GM-CSF-producing CD4<sup>+</sup> T cells, EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice had fewer CD11b<sup>+</sup>CD45<sup>+</sup> cells in the CNS (Supplemental Figure 5A), which suggests an overall reduction in neuro-inflammation.

We further evaluated the levels of CCR6 and the integrins α<sub>4</sub>β<sub>7</sub> (igea4/igeb11) and LFA-1 (CD11a and CD18), which are required for migration and infiltration of T helper cells into the CNS during EAE (31–33), and found that their surface levels were comparable between EAE Bcl11b<sup>F/F</sup>/dLck-iCre and WT mice (Figure 2H). The percentages of CD4<sup>+</sup>CD<sup>+</sup> and CD25<sup>+</sup>CD4<sup>+</sup> T cells were equivalent in the dLNs and elevated in the mLNs on both day 8 and day 12 following EAE induction (Supplemental Figure 6A). Though there were differences in the MFI of CD44 in CD4<sup>+</sup> T cells of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice, these differences were not statistically significant (Supplemental Figure 6B). Levels of CD25 were similar on CD4<sup>+</sup> T cells from nonimmunized Bcl11b<sup>F/F</sup>/dLck-iCre and WT mice, while CD44 was slightly increased (Supplemental Figure 4B).

These results demonstrate that reduced EAE severity in Bcl11b<sup>F/F</sup>/dLck-iCre mice was associated with reduced numbers of Th17 cells infiltrating the CNS, but was not caused by reduced levels of CNS trafficking receptors or diminished activation.

Th17 cells of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice accumulate in the mLNs gut through upregulation of gut-homing receptors without causing overt colitis. The above results indicated that EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice have a prevalence of Th17 cells in the mLNs (Figure 1, E and F), which were also found to be enlarged, while the dLNs were reduced in size (Figure 3A). The absolute numbers of CD4<sup>+</sup> T cells were reduced in the dLNs and increased in the mLNs of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice (Figure 3B), indicating a redistribution of the cells from the dLNs to the mLNs. Investigation of the small intestine, for which the mLNs are the key priming site, indicated that Peyer patches were also enlarged compared with those in with EAE WT mice (Supplemental Figure 7A), and both Peyer patches and small intestine lamina propria (SILP) had higher frequencies and absolute numbers of CD4<sup>+</sup> T cells and activated IL-17–producing CD4<sup>+</sup>
**Figure 2**

**Bcl11bF/F**/dLck-iCre mice show delayed onset of EAE with reduced severity caused by diminished CD4+ T cell infiltration in the CNS, without alteration in CNS trafficking receptors. (A) EAE disease scores of Bcl11bF/F/dLck-iCre (black) and WT (gray) mice following EAE induction, as described in Methods. \( P \leq 0.05 \) starting on day 12, \( n = 11 \) (mean ± SEM). Data are representative of 4 independent experiments. (B) H&E staining of spinal cord (top) and brain (bottom) of Bcl11bF/F/dLck-iCre and WT mice 18 days after EAE induction. Scale bars: 200 μm. Red arrows indicate mononuclear infiltrates. Blue arrows indicate tissue damage. (C) FACS analysis of CD4+ T cells in the CNS of Bcl11bF/F/dLck-iCre and WT mice on day 18 following EAE induction. (D) Frequencies of IL-17– and GM-CSF–producing CD4+ T cells in the CNS of Bcl11bF/F/dLck-iCre and WT mice on day 18 following EAE induction. (E and F) Same as in C and D, in EAE Bcl11bF/F/dLck-iCre/2D2 and 2D2 mice. (G) Absolute numbers of CD4+ T cells (left) and CD4+IL-17–GM-CSF– (right) in the CNS of EAE Bcl11bF/F/dLck-iCre (black) and WT (white) mice. \( *P \leq 0.05 \) (mean ± SEM). (H) FACS analysis of CCR6, Itgβ1, CD11a, and CD18 levels on CD4+ T cells from dLNs of the indicated EAE mice on day 12 following EAE induction. In all plots, gray shaded area indicates negative control. Two-tailed Student’s \( t \) test was applied to determine significance.

T cells (Figure 3, C and D, and Supplemental Figure 7, B and C). Even the EAE Bcl11bF/F/dLck-iCre/2D2 mice exhibited an increase in CD4+ and IL-17+ CD4+ T cell accumulation in the Peyer patches and SILP compared with EAE WT 2D2 mice (Supplemental Figure 8A). Despite the accumulation of CD4+ T cells in the Peyer patches and SILP, EAE Bcl11bF/F/dLck-iCre mice did not develop overt colitis, as demonstrated by the normal small intestinal tissue histology (Figure 3E). CD4+ T cells from mLNs, Peyer patches, and
Figure 3
CD4+ T cells of EAE Bcl11bF/F/dLck-iCre mice accumulate in the enlarged mLN, Peyer patches, and SILP, proliferate normally, and do not cause overt colitis. (A) Gross anatomy of dLN and mLN from the indicated EAE groups on day 12 after EAE induction. Data are representative of 10 pairs. (B) Absolute numbers of CD4+ T cells in the indicated groups and tissues on day 12 after EAE induction. *P ≤ 0.05; n = 10 (mean ± SEM). (C and D) FACS analysis of CD4, and IL-17, CD44 and CD25 within the CD4+ T cells–gated population in Peyer patches (PP) (C) and SILP (D) on day 18 after EAE induction. (E) H&E staining of small intestine sections of the indicated groups on day 18 after EAE induction. Scale bars: 400 μm. Data in C–E are representative of 3 pairs of mice. (F) FACS analysis of BrdU incorporation (top) and Ki67 levels (bottom) in the indicated tissues and groups of EAE mice. Data are representative of 3 pairs of mice. (G) Proliferation of Bcl11b-deficient and WT cells evaluated by CFSE dilution. Naive CD4+ T cells of Bcl11bF/F/dLck-iCre/2D2 and Bcl11bF/F/2D2 mice were labeled with CFSE and incubated for 3 days with plate-bound anti-CD3 and soluble anti-CD28, followed by FACS analysis of CFSE dilution. Red lines indicate CFSE levels following 3 days of treatment; black lines indicate unstimulated cells after 3 days; and gray shaded areas indicate CFSE levels on day 0. Data are representative of 3 pairs of mice.
SILP of EAE $Bcl11b^{F/F}/dLck-iCre$ mice did not show increased BrdU incorporation and higher Ki67 levels compared with EAE WT mice (Figure 3F and Supplemental Figure 7, D and E), demonstrating that the increase in their number was not caused by increased proliferation. Levels of BrdU incorporation and Ki67 were also equivalent between $Bcl11b^{-}$-deficient CD4$^+$ T cells and WT in the dLNs (Figure 3F), and overall, the CFSE dilution following in vitro activation of $Bcl11b^{-}$-deficient CD4$^+$ T cells with anti-CD3/anti-CD28 was equivalent to WT (Figure 3G), suggesting that these cells do not have major alterations in proliferation.

The size of the mLNs and Peyer patches as well as the percentages of CD4$^+$ T cells in the Peyer patches and SILP were similar between nonimmunized $Bcl11b^{F/F}/dLck-iCre$ and WT mice (Supplemental Figure 4, C and D), indicating that the observed phenotype is only present following EAE induction. Furthermore, the levels of CD44, CD25, and Ki67 as well as BrdU incorporation were similar in CD4$^+$ T cells in the dLNs, mLNs, Peyer patches, and SILP in nonimmunized $Bcl11b^{F/F}/dLck-iCre$ and WT mice (Supplemental Figure 4, E–G).

We further evaluated the integrin $\alpha_4\beta_7$ and the chemokine receptor CCR9, both known to play roles in gut-homing of T cells (34–36), and found them to be upregulated on CD4$^+$ T cells of EAE $Bcl11b^{F/F}/dLck-iCre$ mice, both in dLNs and mLNs, including in $Bcl11b^{F/F}/dLck-iCre/2D2$ mice (Figure 4, A and B, and Supplemental Figure 8, B and C), but not on CD4$^+$ T cells of nonimmunized $Bcl11b^{F/F}/dLck-iCre$ mice (Supplemental Figure 4H).

To demonstrate that the accumulation of the CD4$^+$ T cells of EAE $Bcl11b^{F/F}/dLck-iCre$ mice in the mLNs and gut and the reduced EAE scores were dependent on gut-homing markers, we blocked the function of the integrin $\alpha_4\beta_7$ using neutralizing antibodies in both EAE $Bcl11b^{F/F}/dLck-iCre$ and WT mice. We found that $Bcl11b^{F/F}/dLck-iCre$ mice treated with $\alpha_4\beta_7$-neutralizing antibodies ($\alpha_4\beta_7$ NA) exhibited disease scores similar to those of both the $\alpha_4\beta_7$ NA–treated and IgG-treated WT mice (Figure 4C), indicating that upregulation of gut-homing markers is necessary for EAE amelioration in $Bcl11b^{F/F}/dLck-iCre$ mice. Furthermore, the $\alpha_4\beta_7$-NA–treated EAE $Bcl11b^{F/F}/dLck-iCre$ mice exhibited reduced...
Gut homing of CD4+ T cells and disease amelioration in EAE Bcl11b/F/dLck-iCre mice is dependent on RA production. (A) ALDH activity in CD3–CD11c–CD103+ dendritic cells from the indicated tissues and groups of EAE mice day 12 after EAE induction, evaluated as described in Methods. (B) Absolute numbers of ALDH+CD3–CD11c+CD103+ dendritic cells in the indicated tissues and groups of EAE mice. *P ≤ 0.05; n = 9 (mean ± SEM). (C) RT-qPCR for ALDH1a2 (RALDH2), ALDH4a1, and ALDH7a1 in sorted CD3–CD11c+ dendritic cells of the indicated groups of mice on day 12 after EAE induction. Data are representative of 2 independent experiments with 2 mice per group. (D) EAE scores of the indicated groups of mice on VAD versus normal diet. *P ≤ 0.05 for VAD/Bcl11b/F/dLck-iCre mice versus Bcl11b/F/dLck-iCre mice starting on day 12; n = 6 (mean ± SEM). Data are representative of 3 independent experiments. (E) Absolute numbers of CD4+ T cells from the indicated tissues and groups on day 12 after EAE induction. *P ≤ 0.05; NS indicates P > 0.05, n = 5 (mean ± SEM). Two-tailed Student’s t test was applied to determine significance in all cases.
accumulation of the CD4+ T cells in the SILP (Figure 4D), while the CD4+ T cell infiltration into the CNS was similar to that found in IgG-treated controls (Figure 4D). Collectively, these results demonstrate that Th17 cells of EAE Bcl11bF/F/dLck-iCre mice reside predominantly in the mLNs, Peyer patches, and SILP, rather than being localized in the dLNs and CNS, and this occurs through upregulation of gut-homing receptors. Additionally, these results demonstrate that reduction in EAE severity in Bcl11bF/F/dLck-iCre mice is dependent on upregulation of gut-homing markers.

**Gut-homing imprinting on CD4+ T cells of EAE Bcl11bF/F/dLck-iCre mice is dependent on RA production by dendritic cells.** The aforementioned results show that T helper cells of EAE Bcl11bF/F/dLck-iCre mice produced increased IL-4 in both the dLNs and mLNs, maintained IL-17 and GM-CSF production, and upregulated gut-homing markers, which further caused their accumulation in the mLNs-gut rather than in dLNs-CNS. It has been established that dendritic cells differentiated in the presence of GM-CSF and IL-4 produce elevated levels of RA (37) due to enhanced expression of the enzyme RALDH2 (or ALDH1a2, where ALDH indicates aldehyde dehydrogenase) (38, 39). RA produced by mLNs and gut-associated CD103+ dendritic cells is known to imprint gut-homing specificity on T cells (35). Dendritic cells outside the gut-associated lymphoid tissue (GALT) can also produce RA (40). We evaluated RALDH (ALDH) activity in dendritic cells of EAE Bcl11bF/F/dLck-iCre mice by flow cytometry, using an aldehyde dehydrogenase-dependent fluorophore (ALDEFLUOR) and found that CD103+ dendritic cells of EAE Bcl11bF/F/dLck-iCre mice had higher RALDH activity not only in the mLNs, but also in the dLNs (Figure 5A), and there was an increase in the absolute numbers of CD103+ dendritic cells producing ALDH in both the mLNs and dLNs of EAE Bcl11bF/F/dLck-iCre mice compared with EAE WT mice (Figure 5B). Similar results were seen in EAE Bcl11bF/F/dLck-iCre mice/2D2 mice (Supplemental Figure 8D). Furthermore, RT-qPCR showed that sorted CD3 CD11c+ dendritic cells of EAE Bcl11bF/F/dLck-iCre mice expressed elevated levels of ALDH1a2/RALDH2 mRNA, while the levels of mRNAs encoding other aldehyde dehydrogenases, unimportant for RA production, remained the same as in WT cells (Figure 5C). Dendritic cells from nonimmunized Bcl11bF/F/dLck-iCre mice did not exhibit elevated levels of RALDH activity, demonstrating that this is a consequence of immunization (Supplemental Figure 4I).

To demonstrate that increased RA production is key in the redirection of the Th17 cells from the dLNs and the resultant EAE amelioration in Bcl11bF/F/dLck-iCre mice, we generated vitamin A-deficient (VAD) Bcl11bF/F/dLck-iCre mice by provision of a VAD diet, beginning with embryonic day 16 and continuing for the remainder of the study. Previous reports have demonstrated this to be an effective means of RA depletion without causing inanition or death (38, 41). EAE VAD/Bcl11bF/F/dLck-iCre mice presented significantly increased disease scores compared with EAE Bcl11bF/F/dLck-iCre mice on a regular diet (Figure 5, G and H). These results demonstrate that the diverted migration and disease amelioration in EAE Bcl11bF/F/dLck-iCre mice are dependent on RA production.

**Enhanced RA production in dendritic cells and consequent redirection of T helper cells to the mLNs-gut in EAE Bcl11bF/F/dLck-iCre mice are ultimately dependent on IL-4.** Considering the abnormal production of IL-4 in EAE Bcl11bF/F/dLck-iCre mice and the connection between IL-4 and GM-CSF signaling with RA production and the gut-homing phenotype, we further investigated the impact of IL-4 production on (a) RALDH activity in dendritic cells, (b) gut homing of Th17 cells and their relocation, and (c) disease amelioration in Bcl11bF/F/dLck-iCre mice, using neutralizing antibodies for IL-4 (4L-4NA). We observed that IL-4-NA–treated Bcl11bF/F/dLck-iCre mice had elevated EAE scores compared with IgG-treated Bcl11bF/F/dLck-iCre mice, but not significantly different from those of IL-4NA– or IgG-treated EAE Bcl11bF/F mice, respectively (Figure 6A). Additionally, in EAE IL-4NA-Bcl11bF/F/dLck-iCre/2D2 mice, CD4+ T cells accumulated in the dLNs instead of the mLNs (Figure 6B). EAE IL-4NA-Bcl11bF/F/dLck-iCre mice also presented increased CD4+ T cells infiltrating the CNS and reduced numbers in SILP and Peyer patches, unlike Bcl11bF/F/dLck-iCre mice (Figure 6C). RALDH activity was reduced in dendritic cells of EAE IL-4NA-Bcl11bF/F/dLck-iCre mice, concomitant with αββ7 and CCR9 down-regulation on CD4+ T cells, compared with Bcl11bF/F/dLck-iCre mice (Figure 6, D–F). These results demonstrate that increased RALDH activity in dendritic cells, together with upregulation of gut-homing receptors on T helper cells and redirected trafficking from the dLNs-CNS route to the mLNs-gut in EAE Bcl11bF/F/dLck-iCre mice, was dependent on IL-4.

To further demonstrate that Bcl11b-deficient CD4+ T cells induce RA production in dendritic cells through IL-4 and GM-CSF, we isolated dendritic cells from 45.1/Rag2−/− mice, antigen pulsed them with MOG35-55, and cocultured these cells in vitro with CD4+ T cells from EAE CD45.2/Bcl11bF/F/dLck-iCre/2D2 or CD45.2/Bcl11bF/F/dLck-iCre/2D2 mice. Dendritic cells cocultured with Bcl11bF/F/dLck-iCre/2D2 CD4+ T cells from both dLNs and mLNs upregulated RALDH activity, while dendritic cells cocultured with WT cells exhibited little RALDH activity (Figure 6G). Furthermore, neutralization of IL-4, GM-CSF, or both restricted the upregulation in RALDH activity in dendritic cells cocultured with Bcl11bF/F/dLck-iCre/2D2 CD4+ T cells (Figure 6G). These results demonstrate that the ability of Bcl11bF/F/dLck-iCre CD4+ T cells to induce RALDH activity following EAE induction is dependent on IL-4 and GM-CSF.

In support of the implication of GM-CSF in the phenotype observed in the EAE Bcl11bF/F/dLck-iCre mice comes the immunization of Bcl11bF/F/dLck-iCre/OT2 mice with OVA323-339 in Th2-inducing alum adjuvant, plus Pam3CSK4, aTLR1/2 agonist used to increase the Th2 response. Under these conditions, IL-4 is produced, but not Th17-associated cytokines (Supplemental Figure 9E). RALDH activity was not increased, gut-homing markers were not upregulated, mLNs were not enlarged nor CD4+ T cells accumulated in the Peyer patches or SILP (Supplemental Figure 9, A–D), supporting the idea that IL-4 production per se, in the absence of GM-CSF, is not sufficient for the acquisition of the phenotype.

Collectively, these results demonstrate that increased IL-4 production under Th17 conditions in EAE Bcl11bF/F/dLck-iCre mice causes increased RA production by dendritic cells, which imprints a gut-homing phenotype and diverts trafficking of Th17 cells to the mLNs-gut.
**Figure 6**

IL-4 is essential for increased RALDH activity in dendritic cells, upregulation of gut-homing receptors, and CD4+ T cell rerouting and disease amelioration in EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice. (A) EAE scores of the indicated groups, treated with IL-4NA or IgG. *P ≤ 0.05 for Bcl11b<sup>F/F</sup>/dLck-iCre IL-4NA–treated versus IgG-treated, starting with day 12; n = 5 per group (mean ± SEM). (B) Absolute numbers of CD4+ T cells in the indicated groups on day 12 after EAE induction. *P ≤ 0.05; NS, P > 0.05, n = 6 (mean ± SEM). (C) Frequencies by FACS analysis (left) and average frequencies (right) of CD4+ T cells in the indicated tissues and groups on day 18 after induction. *P ≤ 0.05; NS, P > 0.05, n = 4 (mean ± SEM). (D and E) αβ<sub>7</sub> integrin (D) and CCR9 (E) evaluated by FACS analysis on CD4+ T cells from dLNs and mLNs of the indicated groups on day 12 after EAE induction. (F) Flow cytometry analysis of ALDH activity in CD3<sup>+</sup>CD11c<sup>+</sup>CD103<sup>+</sup> dendritic cells from mLNs and dLNs of the indicated groups on day 12 after EAE induction. *P ≤ 0.05 for dLNs of EAE Bcl11b<sup>F/F</sup> mice compared with untreated EAE WT mice (Figure 7F).

Furthermore, treatment of EAE WT mice with MOG<sub>35–55</sub> in alum and Pam3CSK4 (MOG/alum) caused T helper cells to produce elevated IL-4 levels without a dramatic block in IL-17 and GM-CSF production (Supplemental Figure 10, A and B). Similarly, GATA3 was upregulated with no change in Ror<sub>γ</sub>, while dendritic cells exhibited increased RALDH activity (Figure 8H). These findings demonstrate that the induction of IL-4 production during EAE in WT mice did not substantially affect GM-CSF or IL-17 production, but instead caused increased RALDH activity in dendritic cells, thereby imprinting CD4+ T cells with gut-homing specificity. This treatment ultimately resulted in reduced EAE severity, thus providing a potentially new and simple therapeutic avenue for MS.

**Discussion**

T helper cell subsets drive functionally specialized immune responses following infection. It was believed that distinct T helper subsets exist independently and the presence of alternative lineage cytokines could block differentiated T helper cells (reviewed in ref. 3). Recent evidence suggests that T helper subsets have increase plasticity in vivo (reviewed in refs. 3, 10, 11). We demonstrate that during EAE, Bcl11b-deficient Th17 cells failed to downregulate GATA3 and consequently produced IL-4. Unexpectedly, and in contrast to published with vitro results (9), expression of GATA3 and IL-4 did not block Ror<sub>γ</sub>, IL-17, and GM-CSF production, and resulted in a mixed Th17/Th2 phenotype in cells deficient in Bcl11b. Bcl11b is a transcriptional regulator that can act as either a transcriptional repressor or activator, dependent upon which histone-modifying complexes are recruited to the promoter. Our previous studies demonstrate that Bcl11b can recruit the NuRD complex to induce transcriptional repression by histone deacetylase activity (19) or, conversely, Bcl11b can recruit the p300 histone acetyltransferase to induce transcriptional activation (20). Furthermore, it is well established that the promoters of T helper lineage-specific transcription factors have bivalent histone modifications, which maintain chromatin available for activation (42). Therefore, a transcription factor as flexible as Bcl11b is likely to modulate T helper lineage determination. Whether Bcl11b plays additional roles in T helper lineage commitment is currently under investigation.

In our study, we demonstrated that Bcl11b deficiency led to IL-4 production in the dLNs and mLNs, while IL-4 production did not block IL-17 and GM-CSF expression; however, IL-4 in concert with GM-CSF had a major impact on T helper cell migration, specifically rerouting the cells from the dLNs-CNS path to the mLNs-gut, ultimately resulting in reduced EAE severity (model in Supplemental Figure 11A). Aberrant IL-4 production along with GM-CSF caused upregulation of RALDH activity in dendritic cells not only of mLNs, but also of the dLNs, and expression of gut-homing receptors on CD4+ T cells in the mLNs as well as the dLNs of EAE Bcl11b<sup>F/F</sup>/dLck-iCre mice, causing rerouting of the CD4+ T cells. Importantly, this phenomenon occurred even in conditions in which Bcl11b was not ablated in T helper cells, specifically in EAE WT mice treated with either IL-4 or MOG/alum to induce IL-4 production (model in Supplemental Figure 11B).

Accordingly, induction of alternative lineage cytokine production, without blocking per se lineage-specific cytokines, appears to have a major impact on other physiological components, such as immune cell trafficking (models in Supplemental Figure 11, A and B). Importantly, inhibition of RA and IL-4 production or gut-homing receptors in Bcl11b<sup>F/F</sup>/dLck-iCre mice resulted in a blockade of gut-homing migration and restoration of EAE symptoms, suggesting that protection from EAE arises solely due to altered T helper trafficking and Bcl11b-deficient Th17 cells have pathogenic potential. We did not observe dramatic increases in IL-4 production in mice treated with alum alone, most likely due to the lack of Pam3CSK4 treatment and perhaps due to the fact that the antigen depot from MOG<sub>35–55</sub>/CFA immunization had antigen depot from MOG 35–55/CFA immunization had
was shown to be beneficial in EAE treatment (44), believed to be suppressive and able to shift the balance between Th17/iTreg cells (45), due in part to the high plasticity of these subsets (10). However, recent data suggest that iTreg cell generation and Th17 cell inhibition occur at high RA concentrations, while low physiological concentrations of RA support Th17 differentiation (46, 47).

Figure 7
Treatment of EAE WT mice with IL-4 results in disease amelioration, CD4+ T cell migration to the gut, increased RALDH activity in dendritic cells, and upregulation of gut-homing markers on CD4+ T cells. (A) EAE scores in WT mice treated with recombinant IL-4 (WT IL-4) versus saline-treated controls (WT). *P ≤ 0.05 after day 12; n = 5 (mean ± SEM). (B) Absolute numbers of CD4+ T cells from dLNs and mLNs of the indicated groups on day 12 after EAE induction. *P ≤ 0.05; n = 4 (mean ± SEM). (C) FACS analysis of frequencies (left) and average frequencies (right) of CD4+ T cells in the CNS, SILP, and Peyer patches in the indicated groups on day 18 following EAE induction. *P ≤ 0.05, n = 4 (mean ± SEM). (D) FACS analysis of CCR9 levels on CD4+ T cells (left) and average frequencies of CCR9+CD4+ T cells (right) from dLNs and mLNs of the indicated groups. *P ≤ 0.05, n = 4 (mean ± SEM). (E) FACS analysis of α4β7 levels on CD4+ T cells (left) and average frequencies of α4β7+CD4+ T cells (right) from dLNs and mLNs of indicated groups. *P ≤ 0.05, n = 4 (mean ± SEM). (F) ALDH activity in dendritic cells from dLNs and mLNs of EAE mice treated with IL-4 or saline. Right panel shows average frequencies of ALDH-producing cells. *P ≤ 0.05, n = 4 (mean ± SEM). The gray shaded areas represent DEAB-treated samples. Two-tailed Student’s t test was applied to determine significance in all cases.

treated with IL-4 or MOG/alum, IL-4 acts in conjunction with GM-CSF and induces increased RALDH2 expression and RA production by dendritic cells, followed by gut imprinting on T helper cells and their diverted migration from the dLNs-CNS route to the mLNs-gut (models in Supplemental Figure 11, A and B), rather than simply exerting a suppressive effect, as previously thought (43). RA itself
Figure 8
Treatment of EAE WT mice under Th2 conditions reduces clinical scores, causing redistribution of the CD4+ T cells from the dLNs-CNS route to the mLNs-gut without overt colitis. (A) EAE scores in WT mice treated with either MOG35–55 in alum plus Pam3CSK4 (WT MOG/alum) or alum alone (WT/alum) on day 7 after EAE induction. \( P \leq 0.05 \) after day 12; \( n = 7 \) (mean ± SEM). Data are representative for 3 experiments. (B) Absolute numbers of CD4+ T cells from dLNs and mLNs from the indicated groups on day 12 after EAE induction. \( * P \leq 0.05, n = 6 \) (mean ± SEM). (C) Gross anatomy of dLNs, mLNs, and Peyer patches on day 12 after EAE induction in the indicated groups. (D) FACS analysis of frequencies (left) and average frequencies (right) of CD4+ T cells in the CNS, Peyer patches, and SILP from the indicated groups on day 18 after EAE induction. \( * P \leq 0.05, n = 5 \) (mean ± SEM). (E) CCR6 levels on CD4+ T cells from dLNs and mLNs of the indicated groups of EAE mice. \( * P \leq 0.05, n = 5 \) (mean ± SEM). (F and G) CCR9 and \( \alpha_4\beta_7 \) levels on CD4+ T cells from dLNs and mLNs of the indicated groups of EAE mice; \( * P \leq 0.05, n = 5 \) (mean ± SEM). (H) ALDH activity in dendritic cells from dLNs and mLNs of the indicated groups of EAE mice. \( * P \leq 0.05, n = 5 \) (mean ± SEM). (I) H&E staining of small intestine sections of the indicated groups of mice on day 30 after EAE induction. Scale bars: 500 \( \mu \)m. Data are representative of 3 pairs of mice. Significance was determined by 2-tailed Student’s \( t \) test in all cases.
increase in the numbers of Treg cells was found in EAE Bcl11bF/F/dLck-iCre mice (data not shown), supporting the notion that therapeutic effect of RA occurs primarily through the diverted migration of the T helper cells away from the CNS.

Our finding that T helper cells migrated to the gut despite expression of CCR6 and integrins required for CNS homing suggests that expression of gut-homing receptors can override other migration signals. CCL25, the chemokine for CCR9, is constitutively produced in the gut (48), and thus, once CCR9 is expressed, T cell homing toward this site may become the default trafficking pathway. CCR9 is important in homing of T cells to SILP, while integrin α4β7 has a broader impact, homing T cells to the mLN, Peyer patches, and SILP (36, 49). While expression of CCR6 is critical for CNS migration of T helper cells in EAE, it promotes migration of T helper cells to any sites where IL-17 is produced, related to increased CCL20 (50). Thus, it is possible that this pathway may also contribute to the migration of Th17 cells to the gut in EAE Bcl11bF/F/dLck-iCre mice and MOG/alum-treated EAE WT mice, as these cells still express CCR6.

Inappropriate T cell migration would have disastrous effects in the clearance of pathogens during an infection, resulting in inefficient immune responses. However, in autoimmune diseases, redirection of cells to other sites can result in protection, as seen in EAE Bcl11bF/F/dLck-iCre mice or IL-4– or MOG/alum-treated EAE WT mice. Interestingly, despite increased numbers of IL-17–producing cells infiltrating SILP, neither EAE Bcl11bF/F/dLck-iCre mice nor MOG/alum-treated EAE WT mice developed overt colitis. Our findings regarding the absence of colitis are in line with the findings demonstrating that IL-17+ T helper cells can be protective in colitis by inhibiting the development of Th1 responses in the gut (51). Previous studies have shown that mechanisms are in place to limit pathogenicity of these cells, such as acquisition of a regulatory phenotype and elimination via the intestinal lumen, providing protection from inflammatory conditions (50). Further supporting this idea, therapy with an antibody against IL-17 in Crohn disease patients caused high rates of adverse reactions or was ineffective (52). Recent data also suggest that the presence of RA protects against the development of colitis via stimulation of IL-22 production by innate lymphoid cells (ILCs) (53). These cells, present in the intestinal tract, have also been shown to limit T cell responses through antigen presentation, possibly by outcompeting dendritic cells (54). In addition to IL-17, IL-23 has serious implications in the progression of colitis, being a key cytokine in pathogenic Th17 differentiation. Gut epithelium suppresses IL-23 via IL-25 production, thereby limiting the expansion of highly pathogenic Th17 cells in the intestine (55). Therefore, the intestinal immune system has regulatory mechanisms in place to protect against inflammation.

Currently, few treatments are available for MS, and a major interest exists for treatments which block infiltration of T cells into the CNS and manipulate T helper cell plasticity (reviewed in ref. 56). Our study highlights a new therapeutic strategy for MS, which increases T helper cell plasticity and promotes T cell trafficking away from the CNS, thus providing protection against the development of the disease.

Methods
Mice. Bcl11bF/F/dLck-iCre mice were previously described (27). OT2 transgenic, CD45.1/Rag2−/−, and 2D2 transgenic mice were from Jackson Laboratories. All mice were housed in pathogen-free conditions in the Albany Medical Center Animal Facility. All experiments were conducted on 8- to 16-week-old mice. Mice were paired with age-matched controls.

EAE induction. Emulsions containing 4 mg/ml of mycobacterium tuberculosis in Incomplete Freund’s Adjuvant (Sigma-Aldrich) and 2 mg/ml MOG35-55 peptide were injected subcutaneously above each hind flank of the 8- to 10-week-old female mice. 200 ng pertussis toxin (List Biological Inc.) were injected i.p. on day 0 and day 1. Beginning with day 7, disease progression was monitored. Clinical scoring was established as follows: score 1: flaccid tail; score 2: weak hind limbs; score 3: hind limb paralysis; score 4: quadriplegia.

VAD deficiency. Pregnant females were placed on a VAD (0 IU/g; LabDiet) diet between days 16 and 20 of pregnancy. Mice remained on a vitamin A-deficient diet for the remainder of experiments.

Treatment with anti–IL-4– or anti–α4β7–neutralizing antibodies or IL-4 cytokine, Bcl11bF/F/dLck-iCre and WT mice were treated with either 100 μg of anti-LPAM1-α4β7–neutralizing (DATK32) antibodies or 100 μg anti–IL-4 (11B11) or IgG (BioXcell) by i.p. injections starting 1 day prior to immunization. Every third day, mice were treated with 50 μg of the same neutralizing antibody for the remainder of the experiment. 1 μg recombinant IL-4 (Peprotech) or saline was administered on the same day as EAE induction via i.p. injection, and mice were further treated every third day for the remainder of the experiment.

MOG/alum immunization. Seven days after EAE induction, mice were immunized by i.p. administration of MOG35-55 in alum (2 mg/ml) or alum alone. Mice injected with MOG35-55 in alum also received two 50 μg i.p. injections of Pam3CSK4 (Invivogen).

Statistics. Differences between groups were determined by a 2-tailed Student’s t test (unequal variance). P ≤ 0.05 was considered significant. All values were expressed as mean ± SEM.

Study approval. All mouse procedures were approved by the Albany Medical Center Institutional Animal Care and Use Committee.

Complete methods can be found in Supplemental Methods.

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