Hepatic expression of scavenger receptor class B type I (SR-BI) is a positive regulator of macrophage reverse cholesterol transport in vivo

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Hepatic expression of the scavenger receptor class B type I (SR-BI) promotes selective uptake of HDL cholesterol by the liver and is believed to play a role in the process of reverse cholesterol transport (RCT). We hypothesized that hepatic SR-BI expression is a regulator of the rate of integrated macrophage-to-feces RCT and used an in vivo model to test this hypothesis. Cholesterol-loaded and [3H]cholesterol-labeled J774 macrophages were injected intraperitoneally into mice, after which the appearance of the [3H]cholesterol in the plasma, liver, and feces over 48 hours was quantitated. Mice overexpressing SR-BI in the liver had significantly reduced [3H]cholesterol in the plasma but markedly increased [3H] tracer excretion in the feces over 48 hours. Conversely, mice deficient in SR-BI had significantly increased [3H]cholesterol in the plasma but markedly reduced [3H] tracer excretion in the feces over 48 hours. These studies demonstrate that hepatic SR-BI expression, despite its inverse effects on steady-state plasma HDL cholesterol concentrations, is an important positive regulator of the rate of macrophage RCT.

Introduction
Plasma levels of HDL cholesterol (HDL-C) and its major protein apoA-I are inversely associated with the risk of atherosclerotic vascular disease. One mechanism by which HDL and apoA-I protect against atherosclerosis is probably by promoting reverse cholesterol transport (RCT) from macrophages to the liver, bile, and eventually feces (1, 2). RCT involves multiple steps, beginning with the efflux of unesterified cholesterol (UC) from macrophages to lipid-poor apolipoproteins as well as mature HDL (3). Some HDL UC is esterified by the HDL-associated enzyme lecithin-cholesterol acyltransferase to form cholesteryl ester (CE). Both HDL UC and CE can be selectively taken up by the liver via a process mediated by the hepatic scavenger receptor class B type I (SR-BI) (4, 5).

The relationship of hepatic SR-BI expression to HDL-C levels and atherosclerosis is paradoxical in light of human epidemiologic data. Hepatic overexpression of SR-BI in mice dramatically decreases plasma HDL-C levels (6, 7) but also reduces atherosclerosis (8–10). Conversely, gene deletion or attenuation of SR-BI in mice results in substantially increased HDL-C levels (11, 12) but markedly increased atherosclerosis (13–15). One possible explanation for these surprising results is that hepatic SR-BI expression is a positive regulator of the rate of RCT from macrophage to liver, bile, and feces, but this has never been proven. We developed an approach to trace reverse transport of labeled cholesterol specifically from macrophages to the liver and feces in vivo and showed that apoA-I overexpression promoted the macrophage-specific RCT in vivo (16). Here we utilize this approach to prove that modulation of hepatic SR-BI expression directly regulates the rate of macrophage RCT in vivo.

Results
Hepatic overexpression of SR-BI in wild-type mice, compared with controls, reduced plasma levels of HDL-C (16 ± 14 vs. 55 ± 9 mg/dl). Macrophage-derived [3H]cholesterol in plasma at both 24 hours and 48 hours was also significantly lower in the mice overexpressing hepatic SR-BI compared with control mice (Figure 1A). However, mice overexpressing hepatic SR-BI had significantly higher [3H] tracer in the liver than control mice at 48 hours (Figure 1A). Furthermore, mice overexpressing SR-BI excreted significantly more [3H] tracer into the feces over 48 hours than did control mice (Figure 1A).

In a separate experiment, hepatic overexpression of SR-BI in human apoA-I transgenic mice also resulted in markedly lower plasma HDL-C levels compared with controls (23 ± 2 vs. 122 ± 23 mg/dl). Plasma macrophage-derived [3H]cholesterol was again significantly lower in SR-BI–overexpressing versus control mice (Figure 1B). The [3H]cholesterol in plasma tracked closely with the cholesterol mass in plasma lipoproteins, present mostly in the HDL fraction (Figure 1C). apoA-I–transgenic mice overexpressing hepatic SR-BI had a substantial increase in [3H] tracer excretion in the feces over 48 hours (Figure 1B). Thus, hepatic SR-BI overexpression reduces steady-state plasma levels of HDL-C mass but significantly increases the fecal excretion of macrophage-derived [3H]cholesterol, indicating an acceleration of the rate of macrophage-to-feces RCT.

Nonstandard abbreviations used: CE, cholesteryl ester; CETP, CE transfer protein; FPLC, fast protein liquid chromatography; HDL-C, HDL cholesterol; RCT, reverse cholesterol transport; SR-BI, scavenger receptor class B type I; UC, unesterified cholesterol.

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markedly reduced plasma HDL-C levels and yet markedly increased RCT in mice in vivo. Mice overexpressing SR-BI in the liver had a direct and substantial effect on the rate of macrophage-to-feces RCT.

We also performed 2 independent studies in SR-BI–knockout mice compared with wild-type littermates, and because the results were very similar, the results were pooled for analysis. As expected, the SR-BI–knockout mice had higher HDL-C levels than wild-type control mice (158 ± 14 vs. 80 ± 15 mg/dl). The plasma macrophage–derived [3H]cholesterol levels at 6, 24, and 48 hours were significantly higher in SR-BI–knockout mice compared with controls (Figure 2A). Furthermore, at 48 hours, the percent of plasma [3H]cholesterol as UC was 78% in SR-BI–knockout mice, compared with only 38% in wild-type mice. The distribution of plasma [3H]cholesterol among lipoproteins was virtually identical to the distribution of cholesterol mass in both wild-type and SR-BI–knockout mice (Figure 2B). However, SR-BI–knockout mice had significantly less [3H] tracer in the liver at 48 hours and excreted significantly less [3H] tracer into the feces over 48 hours than did the wild-type control mice (Figure 2A). Thus, deficiency of SR-BI results in significantly reduced the fecal excretion of macrophage–derived cholesterol, indicating an overall slowing of the rate of macrophage-to-feces RCT.

Discussion
In this study, we demonstrate that hepatic SR-BI expression has a direct and substantial effect on the rate of macrophage-to-feces RCT in mice in vivo. Mice overexpressing SR-BI in the liver had markedly reduced plasma HDL-C levels and yet markedly increased macrophage–derived [3H] cholesterol excretion in the feces. Conversely, mice lacking SR-BI had markedly increased plasma levels of HDL-C and yet greatly reduced macrophage–derived [3H] cholesterol excretion in the feces. These data indicate that hepatic SR-BI expression regulates the rate of macrophage RCT inversely to its effects on plasma HDL-C levels. These experiments directly demonstrate that the rate of macrophage RCT is not simply a function of steady-state plasma concentrations of HDL-C and cannot be predicted based simply on measurement of plasma HDL-C.

Overexpression of SR-BI in the liver, while reducing levels of HDL-C in plasma, is known to reduce atherosclerosis in mice (8–10). This suggested that hepatic SR-BI overexpression may promote RCT, but this concept had never been proven. It is well established that hepatic overexpression increases the rate of uptake of HDL CE and HDL UC by the liver (7, 17–19). However, increased hepatic uptake of HDL-C alone would not necessarily be expected to increase the overall rate of RCT from macrophages to liver. The studies presented here strongly support the concept that hepatic overexpression of SR-BI does in fact promote the rate of macrophage RCT. One possible mechanism contributing to the effect of hepatic SR-BI overexpression on increasing macrophage RCT is that the action of hepatic SR-BI on HDL may generate remnant HDL particles and or lipid-poor apoA-I that serve as more efficient acceptors of cholesterol efflux from macrophages. Thus, hepatic SR-BI may generate HDL acceptor particles that promote peripheral macrophage efflux at one end of the RCT pathway, while at the other end promote the uptake of HDL-C from the plasma to liver and direct it to biliary excretion, thus promoting overall macrophage RCT.

Conversely, SR-BI–knockout mice have markedly increased atherosclerosis despite increased plasma levels of HDL-C (13–15), suggesting the possibility of impaired RCT. SR-BI–deficient or –attenuated mice have been shown to have substantially reduced uptake of HDL-C by liver (12, 18, 20, 21). However, if the increased HDL-C levels in SR-BI–deficient mice were highly efficient in promoting macrophage cholesterol efflux, the reduced rate of uptake into liver alone would not necessarily be expected to reduce the overall rate of macrophage RCT. Our studies indicate that SR-BI-deficient mice do have significantly reduced macrophage-to-feces RCT. The mechanisms by which hepatic SR-BI deficiency impairs net macrophage RCT have yet to be fully determined. In addition to impaired hepatic uptake of HDL-C, there may also be an impairment of mobilization of cholesterol from the macrophages as a result of hepatic SR-BI deficiency. Consistent with the argument presented above for SR-BI overexpression, the lack of SR-BI–mediated processing of HDL by the liver may result in HDL particles that have an impaired capacity to efflux macrophage cholesterol. How important impaired RCT is to the accelerated atherogenesis in SR-BI–knockout mice remains to be determined, and liver-specific SR-BI–knockout mice will be of great interest in this regard.
Notably, the levels of [3H]cholesterol tracer in plasma tracked with plasma cholesterol mass in both SR-BI–overexpressing (reduced) and SR-BI–deficient (increased) mice. The [3H]cholesterol tracer in plasma also tracked closely with the cholesterol mass with regard to distribution among lipoproteins. Fast protein liquid chromatography (FPLC) lipoprotein separations done in both SR-BI–overexpressing and SR-BI–knockout mice indicate that the macrophage-derived [3H]cholesterol tracer was distributed among plasma lipoproteins in proportion to cholesterol mass, and the specific activities were comparable. These data indicate that once effluxed from the macrophages, the [3H]cholesterol tracer is metabolized in a way comparable to the endogenous cholesterol mass in the animals and is influenced by the same input and output vectors that influence plasma levels of HDL-C mass. Thus, as for HDL-C mass measurements, plasma levels of macrophage-derived [3H]cholesterol in plasma are not themselves a marker of flux of tracer though the plasma compartment. While our conclusions in this report are based solely on measures of tracer and not mass, we suggest that the tracer in these studies is tracking the flux of macrophage-derived cholesterol mass.

While direct measures of flux of macrophage-derived cholesterol mass would clearly be desirable, it is impossible to detect the small pool of cholesterol mass derived specifically from macrophages. Furthermore, conclusions based on “whole body” peripheral cholesterol mass efflux and RCT may not faithfully reflect the specific effects of genetic manipulation or pharmacologic intervention on macrophage-specific cholesterol efflux and RCT. For example, several approaches designed to test the hypothesis that mice overexpressing apoA-I have increased whole body peripheral RCT were negative (22–24); in contrast, we later showed using our macrophage-specific tracer approach that apoA-I overexpression significantly increased macrophage RCT (16). Indeed, hepatic overexpression of SR-BI was not associated with reduced cholesterol content or increased cholesterol synthesis in peripheral tissues (19), which might have been expected if it promoted general peripheral efflux and RCT. Macrophages may differ from the majority of peripheral tissue with regard to the regulation of cholesterol efflux, and factors that do not influence general whole body RCT could still affect macrophage-specific RCT. Thus, it may not always be the case that the rate of macrophage RCT can be inferred from studies of mass that reflect the entire generalized RCT process.

A variety of studies have suggested that HDL UC is preferentially targeted toward the bile (25–27). Studies using HDL unesterified stitosterol as a tracer indicated that it was directly targeted to biliary excretion (28, 29). SR-BI–overexpressing mice have increased biliary cholesterol secretion (6), and SR-BI–deficient mice have reduced biliary cholesterol secretion (11, 30, 31), in each case without changes in biliary bile acid or phospholipid composition. Mice overexpressing hepatic SR-BI were noted to have increased hepatic uptake of HDL UC and with attenuated hepatic SR-BI expression to have reduced hepatic uptake of HDL UC (18). SR-BI–deficient mice have large HDL particles that are substantially enriched in UC (3.2-fold) to a greater extent than even CE (1.3-fold) compared with normal murine HDL (31). We noted in our studies that the percent of [3H]cholesterol as UC in plasma was substantially higher in SR-BI–knockout mice, compared with wild-type mice, consistent with the enrichment in HDL UC mass. UC enrichment of the HDL particle may be one factor that reduces its ability to serve as an effective acceptor of macrophage cholesterol efflux. Thus, hepatic SR-BI expression may have a particularly important effect on macrophage RCT through its effects on hepatic selective uptake of HDL UC.

One important limitation of these studies in extrapolating the results to human physiology is that mice, in contrast to humans, lack the CE transfer protein (CETP). CETP transfers CE from HDL to apoB-containing lipoproteins in exchange for triglyceride and therefore has an important role in HDL-C metabolism (32). CETP-mediated transfer of HDL CE to apoB-containing lipoproteins with subsequent receptor-mediated uptake in the liver may be an important route of RCT in species that express CETP. Indeed, a kinetic study in humans suggested that the vast majority of an injected HDL CE tracer that eventually was excreted into the bile was taken up by the liver after transfer to apoB-containing lipoproteins (27). Importantly, however, the majority of an injected HDL UC tracer that was excreted in bile was transferred directly to the liver from HDL (27). In any case, the quantitative role of hepatic SR-BI in regulating macrophage RCT in humans and other species that express CETP may be different than in mice.

Our focus here is on the role of hepatic SR-BI in macrophage RCT because the overexpression studies were liver specific and because the absence of hepatic SR-BI in the knockout mice is the most likely cause of the observed results. However, SR-BI is also expressed in the intestine (33–36), and recent data suggest that the intestine may also play a role in directly excreting cholesterol as a liver-independent pathway in RCT (37, 38). In the small

Figure 2
Macrophage RCT in SR-BI–knockout mice. (A) SR-BI–/– mice and wild-type littermates were injected intraperitoneally with [3H]cholesterol-labeled J774 foam cells in 2 independent experiments and results pooled for analysis (n = 11 per group). (A) [3H]cholesterol in plasma, liver, and feces. (B) Cholesterol mass and [3H]cholesterol lipoprotein profile of pooled plasma samples drawn 24 hours after injection of J774 cells subjected to FPLC analysis. *P < 0.05; **P < 0.01.
Intestine, SR-BI is expressed both apically and basolaterally (33, 36). Although there is no direct evidence that SR-BI participates in selective uptake of plasma HDL-C into the enterocytes of the small intestine, some studies have suggested this could be the case (38). Thus, our data showing reduced macrophage-to-feces RCT in SR-BI–knockout mice could potentially be influenced by the lack of intestinal SR-BI in these mice.

SR-BI is also expressed in macrophages and can promote cholesterol efflux to HDL in vitro (39, 40). Mice lacking SR-BI specifically in bone marrow–derived cells develop accelerated atherosclerosis compared with wild-type mice (15, 41, 42) (though this effect may depend on the stage of atherogenesis; ref. 42). To our knowledge, the converse experiment of reconstituting macrophage SR-BI expression in SR-BI–deficient mice has not been reported. Importantly, mice deficient in bone marrow–derived cell SR-BI have considerably reduced atherosclerosis compared with total SR-BI–knockout mice, suggesting that deficiency of SR-BI in other tissues contributes substantially to the increased atherosclerosis. In the present studies, the labeled, injected J774 cells expressed SR-BI, and therefore our studies do not directly address the role of macrophage SR-BI to RCT in vivo. Of note, SR-BI is also highly expressed in the adrenals, where it serves to provide cholesterol for steroidogenesis (40). In our studies in SR-BI–deficient mice, we harvested adrenals and found that the SR-BI–deficient mice had significantly reduced [3H]cholesterol at 48 hours compared with wild-type mice (0.15% ± 0.03% vs. 0.27% ± 0.04% of injected [3H]cholesterol; P < 0.05).

In summary, we demonstrate that hepatic SR-BI expression plays an important regulatory role in the rate of macrophage-to-feces RCT in a manner that is opposite to the effects of hepatic SR-BI expression on steady-state plasma levels of HDL-C. The influence of hepatic SR-BI expression on macrophage RCT may help to explain the effect of hepatic SR-BI expression on atherosclerosis and serves as the clearest demonstration to date of the principle that steady-state plasma concentrations of HDL-C are not necessarily predictive of the rate of macrophage RCT.

**Methods**

**J774 cell culture, acetylated LDL cholesterol loading, and [3H]cholesterol labeling.** J774 cells were grown in suspension in RPMI 1640 supplemented with 10% FBS as previously described (17). Cells were radiolabeled with 5 μCi/ml [3H]cholesterol and cholesterol enriched with acetylated LDL for 48 hours, washed twice, equilibrated in RPMI plus 0.2% BSA for 6 hours, spun down, and resuspended in RPMI medium immediately before use. On average, the cell suspension contained 10 × 10^6 cells/ml at 11.8 × 10^6 cpm/ml and the percent CE in macrophages was 65%.

**In vivo studies.** Animal protocols were approved by the Institutional Animal Care and Use Committee at the University of Pennsylvania. Two independent experiments using hepatic SR-BI overexpression were performed in female mice, one with wild-type mice and one with human apoA-I-transgenic mice. All mice were fed a standard chow diet. Wild-type C57BL/6 or C57BL/6, 126 background) were bred to female C57BL/6 mice, then SR-BI heterozygotes were cross-bred, and SR-BI homozygotes and wild-type littermates were used for experiments. All mice were fed a standard chow diet.

In two independent experiments were performed in SR-BI–knockout mice (The Jackson Laboratory). Male SR-BI–knockout mice (on a mixed B6, 126 background) were bred to female C57BL/6 mice, then SR-BI heterozygotes were cross-bred, and SR-BI homozygotes and wild-type littermates were used for experiments. All mice were fed a standard chow diet.

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**Statistics.** Plasma lipid values are presented as mean ± SD, and all [3H]cholesterol data are presented as mean ± SEM. Results were analyzed by 2-tailed Student’s t test with the use of GraphPad Prism Software version 4. Statistical significance for all comparisons was assigned at P < 0.05.

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