

Cell culture. RIN5AH cells were cultured in RPMI 1640 medium (1.2 mM glucose) with 10% vol/vol fetal calf serum (GIBCO BRL, Paisley, Scotland) in an atmosphere of 95% O₂, 5% CO₂, and 100% humidity at 37°C (20, 21). Culture media were supplemented with antibiotics and all experiments were carried out between passages 18–24. RIN5AH cells were plated to a density of $1\text{--}2 \times 10^5$ cells/well in a total volume of 1 ml as described earlier (22). Briefly, cells were grown for 48 h to allow attachment, washed twice with serum-free RPMI medium and preincubated in glucose-free RPMI 1640 medium for 2 h. This was followed by incubation of the cells for 3 h in RPMI 1640 medium and either galanin, C7, M35, M40, or purified galanin antibody. After the incubation period, medium was collected, centrifuged, and the supernatant was stored at –20°C for subsequent insulin radioimmunoassay (RIA). Cell viability was $> 92 \pm 2.1\%$ ($n = 29$) as assessed by trypan blue exclusion and cell counts ranged from 0.4 to 0.8×10^6 cells/well.

Membrane preparation and receptor binding studies. Membranes were prepared from RIN5AH cells (23). Briefly, cells were grown to confluence in 175 cm² flasks and homogenized in ice-cold 50 mM Tris/HCl buffer, pH 7.4, containing 0.25 M sucrose, 10 mg/liter soya bean trypsin inhibitor, 0.5 mg/liter pepstatin, 0.25 mg/liter leupeptin and antipain, 0.1 g/liter benzamide, and 28 mg/liter aprotinin (Trasylol®; Bayer Pharmaceutical, West Haven, CT). The homogenates were centrifuged at 1,500 g for 20 min and then supernatants were re-centrifuged at 100,000 g for 1 h at 4°C. The pellets were resuspended to a final protein concentration of 5–10 g/liter and stored at –80°C. The protein content was measured by the Biuret method (24). Receptor binding studies were carried out as previously described using iodogen-labeled porcine ¹²⁵I-galanin (25). Briefly, membranes were incubated in 20 mM Hepes buffer (pH 7.4) containing 5 mM MgCl₂, 0.1% (wt/vol) bacitracin, 5.6 µg/ml aprotinin, 1 mM EDTA, and 1% (wt/vol) BSA, in the presence of 0.1 nM ¹²⁵I-galanin (specific activity 9 Bq/fmol), in a final volume of 0.5 ml. Nonspecific binding was determined in the presence of 200 nM galanin. Specific binding was calculated as total binding minus nonspecific binding.

Islet isolation and perfusion. Male Wistar rats weighing 300–350 g (Banting and Kingman, Hull, United Kingdom) were maintained under controlled conditions of light (12 h light/dark cycle) with an ambient temperature between 20 and 25°C and food and water available ad libitum. All animals were killed by CO₂ overdose. Islets were isolated by the intraductal collagenase method (26, 27) and 50–100 islets were used in each chamber. The islets were placed in a volume of 2 ml on a 5.0-µm filter (SV; Millipore Corp., Bedford, MA) which was supported on a 20-µm nylon mesh in the bottom of a 5-ml syringe which formed the perfusion chamber. The dead space including the volume in the tubing is ~3.2 ml. A peristaltic pump (502 S; Watson-Marlow, Falmouth, Cornwall, United Kingdom) was used to control the media flow through the chamber. Islets were perfused with a 50:50 vol/vol mixture of Krebs-Ringer buffer and CMRL 1066 culture medium which was supplemented with BSA (0.4%), bacitracin 40 mg/liter, aprotinin 7 mg/liter, and ascorbic acid 80 mg/liter. The medium, pH 7.4, was equilibrated with 5% CO₂ and 95% O₂ before and during the experiment. The perfusion chambers were immersed in a water bath at 37°C and islets were perfused with buffer at 0.4 ml/min. Fractions of 1.6 ml were collected every 4 min using a programmed automatic fraction collector (Superfrac; Pharmacia Biotech AB, Uppsala, Sweden). Islets were equilibrated for a 40-min period with buffer containing 2.8 mM glucose (–40–0 min) before the start of sample collection and for the first 40 min of collection (0–40 min). Thereafter, from time 40–160 min the glucose concentration was increased to 8 mM to stimulate insulin secretion. This was followed by a second 40-min period of perfusion with buffer containing 2.8 mM glucose (160–200 min). To assess islet viability at the end of the experiments, insulin secretion was stimulated with 16 mM glucose for 20 min (200–220 min). Peptides were dissolved in the perfusion buffer immediately before their use and were added to the system from time 80–120 min during stimulation of insulin secretion with 8 mM glucose. Each perfusion study was undertaken with a paired control and was repli-

cated six times. The perfusion effluent was stored at –20°C before RIA for insulin.

Islet primary culture. For experiments on the effect of galanin antibody, groups of freshly isolated islets (100 islets/ml) were incubated with the control and galanin antibodies in primary culture in sterile 6-well plates (Falcon; Marathon Laboratory Supplies, London, United Kingdom) for a period of 16 h. The medium was RPMI 1640 supplemented with L-glutamine (0.3 mg/ml), 10% fetal calf serum, 100 µg/ml streptomycin sulphate, and 100 U/ml benzyl penicillin, maintained at 37°C in an atmosphere of 5% CO₂ and 95% O₂ at 100% humidity. After the incubation, the medium in the wells was removed and centrifuged at 1,000 g for 5 min and the supernatant was stored at –20°C for RIA.

Immune purification of galanin antibody. Galanin polyclonal antiserum prepared in rabbits immunized with unconjugated porcine galanin was further purified using the Immunopure IgG purification kit (Pierce Chemical Co., Rockford, IL). The final eluate was dissolved in culture media and used at dilutions of 1:100, 1:30, and 1:10, vol/vol, in islet and cell culture experiments. Controls included (a) no addition of antiserum, (b) nonimmune serum pooled from four different sources, and (c) antisera raised against bombesin and pneumadin (28). All sera were subjected to the same purification procedure.

Radioimmunoassay. Insulin secretion in perfusate and culture medium was measured by a specific RIA using porcine insulin standard. Antibodies to insulin were raised by injection of glutaraldehyde conjugated porcine insulin to BSA in guinea pigs (Glu5), and was used at a final dilution of 1:800,000. This antibody cross-reacts identically with human, porcine, and rat insulin at all concentrations used. Tracer was prepared by the iodogen method (29) and had a specific activity of 82 Bq/fmol. Rat galanin RIA was used for measuring galanin immunoreactivity. Galanin antiserum raised in rabbits to unconjugated synthetic rat galanin, was used at a final dilution of 1:256,000. The tracer prepared by the iodogen method (29) had a specific activity of 48 Bq/fmol. Both assays had a detection limit of 2 fmol/tube at 95% confidence. Rat islets, RIN5AH cells, and rat ileum (control) were extracted in acid ethanol overnight at 4°C for galanin RIA.

Western blotting. Tissue samples were prepared by isolating 600 islets each from normal and dexamethasone (4 mg/kg body weight, subcutaneously for 10 d) (30) treated rats. RIN5AH cells (2×10^7) and islets were extracted in acid ethanol overnight at 4°C. Samples

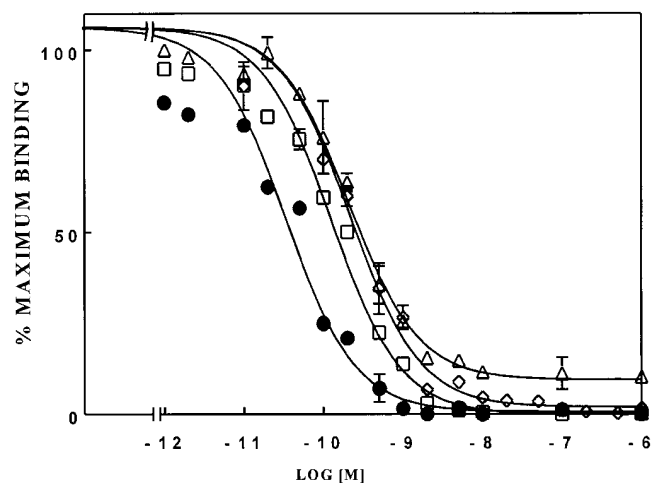


Figure 1. Competition for ¹²⁵I-galanin by galanin (●), C7 (□), M35 (△), and M40 (◇) in membranes prepared from RIN5AH cells. The calculated K_d value for galanin was 0.03 ± 0.01 nM and K_i values for the antagonists were 0.12 ± 0.02 (C7), 0.21 ± 0.04 (M35), and 0.22 ± 0.03 (M40) nM, $n = 4$. Experiments each performed in triplicate.

were dried in a Savant vacuum drier (Savant Instruments Inc., Farmingdale, NY) and resuspended in $\times 2$ sample buffer (31) heated to 95°C for 2 min and loaded at a protein concentration of 120 $\mu\text{g}/35\ \mu\text{l}$ into the sample well. Tissue extracts were electrophoretically separated on a 16.5% Tris-tricine gel (Mini-PROTEAN II; Bio-Rad, Hercules, CA) and run at 100 V for 2 h under reducing (2% β -mercaptoethanol) conditions. Porcine and rat galanin were run as controls. Transfer blotting was carried out essentially as described earlier (31). The membrane was blocked overnight in 5% milk-PBS, incubated for 3 h in a 1:500 dilution of porcine or rat purified galanin primary antibody (GAb) and washed three times in 0.1% Tween-PBS. The membrane was exposed to 10^6 cpm [^{125}I] donkey anti-rabbit secondary antibody (1:2,000, Amersham International plc, Amersham, United Kingdom) for 1 h at 22°C, washed five times in 0.1% Tween-PBS, dried, and autoradiographs obtained over 72 h at -80°C on Kodak XAR5 film (Eastman Kodak Co., Rochester, NY).

Statistical analysis. Statistical analysis of the static incubation experiments was carried out by ANOVA with post hoc Tukey tests and for the perfusion data by the Student's paired t tests. The perfusion results presented are time course, means, and SE for each 40-min phase of study. The effect of the experimental peptides was compared to the results obtained from paired control chambers from a single harvest pool run synchronously. Figures in parentheses indicate the number of times the experiment was carried out. The receptor maximal binding capacity (B_{max}), K_d , and K_i values were calculated by nonlinear regression using the ReceptorFit Competition—Heterologous Ligands program (Lundon Software, Inc., Cleveland, OH).

Results

Receptor binding studies

RIN5AH cells expressed galanin binding sites as previously shown for RINm5F cells (32). Galanin and its antagonists C7, M35, and M40 competed for binding of [^{125}I]-galanin (Fig. 1). K_d for galanin was 0.03 ± 0.01 nM, and the K_i values for the galanin antagonists were 0.12 ± 0.02 (C7), 0.21 ± 0.04 (M35), and 0.22 ± 0.03 nM (M40), mean \pm SEM, $n = 4$. B_{max} was 102 ± 19 fmol/mg protein, $n = 7$.

Effect of galanin and galanin antagonists on insulin release

RIN CELLS

Effect of galanin. Fig. 2 A shows the dose response for galanin inhibition of insulin release. A significant reduction was observed for 0.1 nM and greater concentrations, with a 43% reduction produced by 1 μM galanin ($P < 0.01$, control vs. galanin, $n = 9$).

Effects of C7, M35, and M40 in the presence of 10 nM galanin. Fig. 2 B shows the effect of addition of the galanin antagonists C7, M35, and M40 at concentrations of 100 and 1,000 nM on insulin release from RIN5AH cells in the presence of 10 nM galanin. All three antagonists abolished the inhibitory effect of galanin. C7 (100 nM) abolished the inhibitory effect of galanin (10 nM) ($P = \text{NS}$, $n = 12$) and increased insulin release

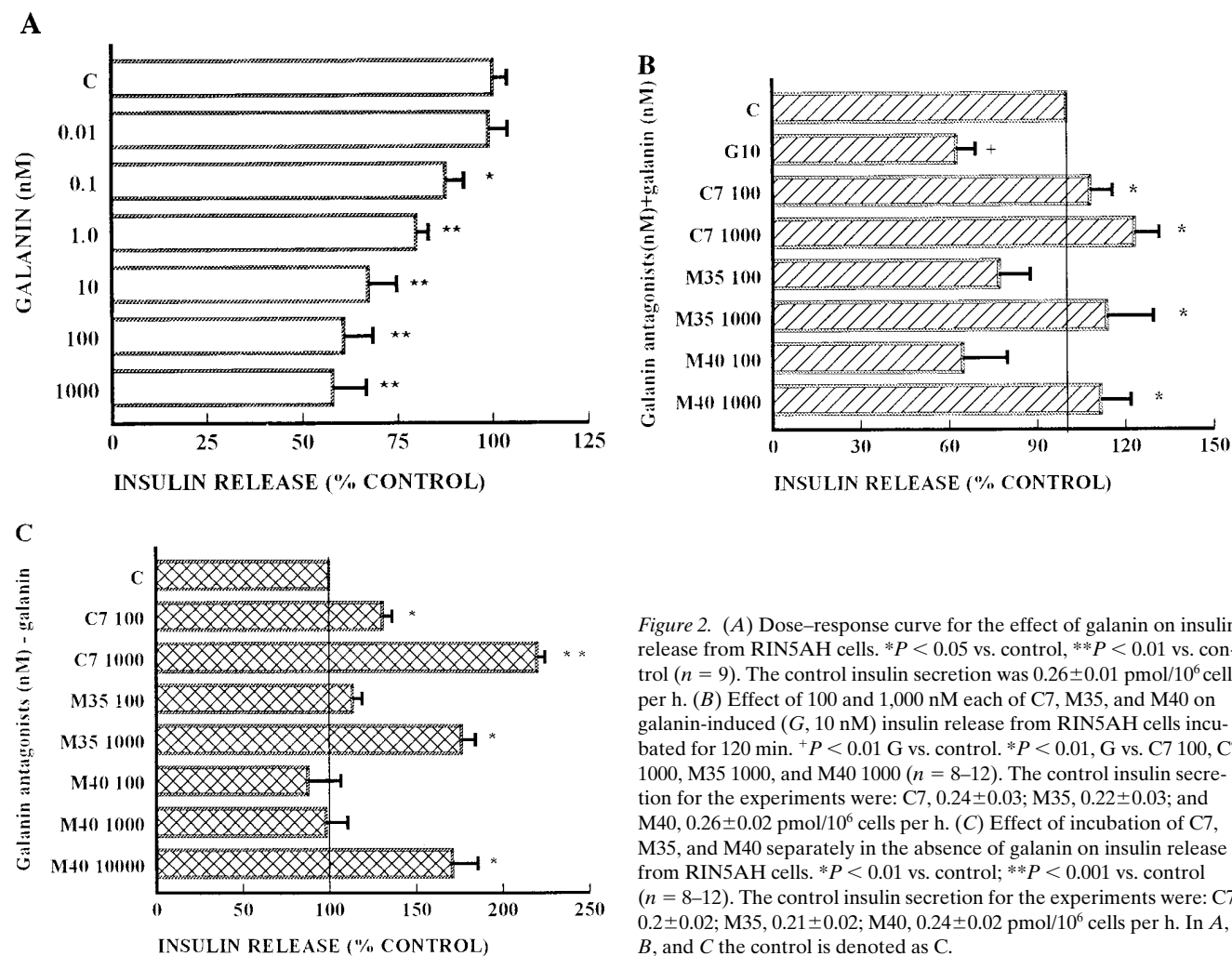


Figure 2. (A) Dose-response curve for the effect of galanin on insulin release from RIN5AH cells. $*P < 0.05$ vs. control, $**P < 0.01$ vs. control ($n = 9$). The control insulin secretion was 0.26 ± 0.01 pmol/ 10^6 cells per h. (B) Effect of 100 and 1,000 nM each of C7, M35, and M40 on galanin-induced (G, 10 nM) insulin release from RIN5AH cells incubated for 120 min. $^+P < 0.01$ G vs. control. $*P < 0.01$, G vs. C7 100, C7 1000, M35 1000, and M40 1000 ($n = 8-12$). The control insulin secretion for the experiments were: C7, 0.24 ± 0.03 ; M35, 0.22 ± 0.03 ; and M40, 0.26 ± 0.02 pmol/ 10^6 cells per h. (C) Effect of incubation of C7, M35, and M40 separately in the absence of galanin on insulin release from RIN5AH cells. $*P < 0.01$ vs. control; $**P < 0.001$ vs. control ($n = 8-12$). The control insulin secretion for the experiments were: C7, 0.2 ± 0.02 ; M35, 0.21 ± 0.02 ; M40, 0.24 ± 0.02 pmol/ 10^6 cells per h. In A, B, and C the control is denoted as C.

above control levels at 1 μ M. M35 at 1,000 nM prevented the galanin (10 nM)-induced reduction of insulin release ($P < 0.01$, galanin vs. M35+galanin, $n = 8$). M40 at 1,000 nM also abolished the effect of galanin (10 nM) ($P < 0.01$, galanin vs. M40+galanin, $n = 8$).

Effects of C7, M35, and M40 in the absence of galanin. All three antagonists increased insulin release from RIN5AH cells in the absence of galanin (Fig. 2 C). An increase in insulin release was observed with C7 alone at 100 nM, and at 1 μ M insulin secretion was increased by twofold ($P < 0.001$, control vs. C7, $n = 12$; Fig. 2 C). M35 alone at 1 μ M significantly increased insulin release ($P < 0.01$, control vs. M35, $n = 8$). However, a stimulatory effect of M40 was observed only at the higher concentration of 10 μ M ($P < 0.01$, control vs. M40, $n = 8$).

Effects of substance P, spantide, and bradykinin. No differences in insulin secretion from RIN5AH cells were observed when increasing concentrations of substance P, spantide, or bradykinin were tested separately up to concentrations of 1 μ M (control $100 \pm 16.7\%$ vs. spantide $116.7 \pm 13.0\%$, vs. substance P $100 \pm 13.6\%$, vs. bradykinin $93.3 \pm 14.8\%$, $P = \text{NS}$, $n = 4$). The control insulin release was 0.28 ± 0.03 pmol/ 10^6 cells per h.

PERFUSED ISLETS

Effect of galanin. Baseline insulin release was $100 \pm 3.5\%$ ($n = 6$) from islets in the control chambers in the presence of 2.8 mM glucose, during time 0–40 min (Fig. 3 A). There was a 3.5-fold rise to $348 \pm 10.1\%$ ($P < 0.01$ vs. baseline, $n = 6$) when the glucose concentration was increased to 8 mM during 40–80 min. In the second 40-min period with 8 mM glucose (80–120 min), insulin release from control chambers increased to $731 \pm 7.1\%$ ($P < 0.01$ vs. baseline, $n = 6$) and remained stable during the third period with 8 mM glucose from 120 to 160 min. Insulin release decreased during the subsequent period with 2.8 mM glucose from 160 to 200 min ($75.9 \pm 4.5\%$, $P = \text{NS}$ vs. baseline, $n = 6$) and significantly rose again ($579.3 \pm 7.1\%$, $P < 0.01$ vs. baseline, $n = 6$) with 16 mM glucose during time 200–220 min. Insulin release from galanin-treated chambers matched those for control chambers before the addition of galanin. During the addition of 1 μ M galanin, from 80 to 120 min, insulin release was suppressed by 80% compared to control chambers ($P < 0.001$, control vs. galanin, $n = 6$, Fig. 3 A). There was a rapid increase in insulin release during the 40-min period after the removal of galanin stimulus (120–160 min), such that mean insulin release almost matched ($P = 0.052$) that from untreated control chambers. The insulin release then paralleled that for control chambers during the fall with 2.8 mM glucose from 160 to 200 min and the subsequent rise with 16 mM glucose (200–220 min).

Effect of C7 and galanin. Before the addition of a mixture of C7 and galanin, the pattern of insulin release was not different from that seen for the control islets (Fig. 3 B). Insulin release was $104.3 \pm 18.7\%$ during the addition of 1 μ M galanin combined with 1 μ M C7 (80–120 min) which was not different from that for untreated islets ($P = \text{NS}$, control vs. C7+galanin, $n = 6$, Fig. 3 B). The inhibitory action of galanin was therefore abolished by C7, suggesting that C7 is a galanin antagonist at the β cell.

Effect of C7 alone. Before the addition of experimental peptide, the pattern of insulin release for C7-treated islets and islets in control chambers was similar (Fig. 3 B). When 1 μ M C7 was added alone (80–120 min) insulin release was increased

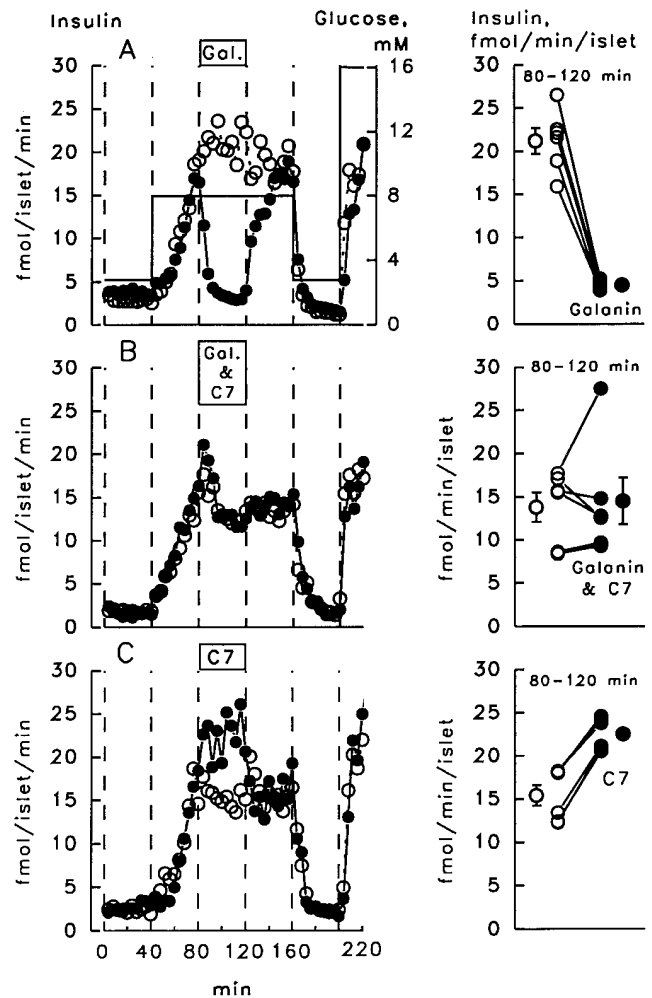


Figure 3. (A) Insulin release from perfused rat islets was decreased ($P < 0.001$, $n = 6$) during 80–120 min when galanin was added (\bullet) versus untreated controls (\circ). The glucose concentration was 8 mM during the treatment period. Left-hand panels show time course and the right-hand panels show individual paired mean \pm SE results for the period 80–120 min when peptide was added. (B) Insulin release was not different from islets treated with galanin+C7 (\bullet) versus no peptide (\circ), indicating that the effect of galanin was blocked by concomitant C7 ($n = 6$). (C) Insulin release was increased ($P < 0.001$, $n = 6$) by C7 treatment (\bullet) compared to control (\circ) values. The control insulin secretion rates were (A) 2.9 ± 0.1 , (B) 2.2 ± 0.1 , and (C) 2.4 ± 0.1 fmol/islet per min.

by 46% ($P < 0.001$, control vs. C7, $n = 6$, Fig. 3 C). Insulin release from C7-treated chambers thereafter matched those for control chambers, during the 40-min period (120–160 min) after the addition of C7, and during the periods with 2.8 mM glucose (160–200 min) and 16 mM glucose (200–220 min).

Effect of M40 and galanin. Incubation of M40 (1 μ M) in the presence of galanin (1 μ M) abolished the inhibitory effect of galanin and the insulin release was not different from that of the control chambers (control 5.9 ± 0.8 vs. galanin+M40 5.5 ± 0.9 fmol/islet per min, $P = \text{NS}$, $n = 6$).

Effect of M40 alone. Addition of 1 μ M M40 alone (80–120 min) increased insulin release by 29% compared with control chambers (control 5.9 ± 0.8 vs. M40 7.6 ± 0.5 fmol/islet per min, $P < 0.05$, $n = 6$). No differences in insulin release were ob-

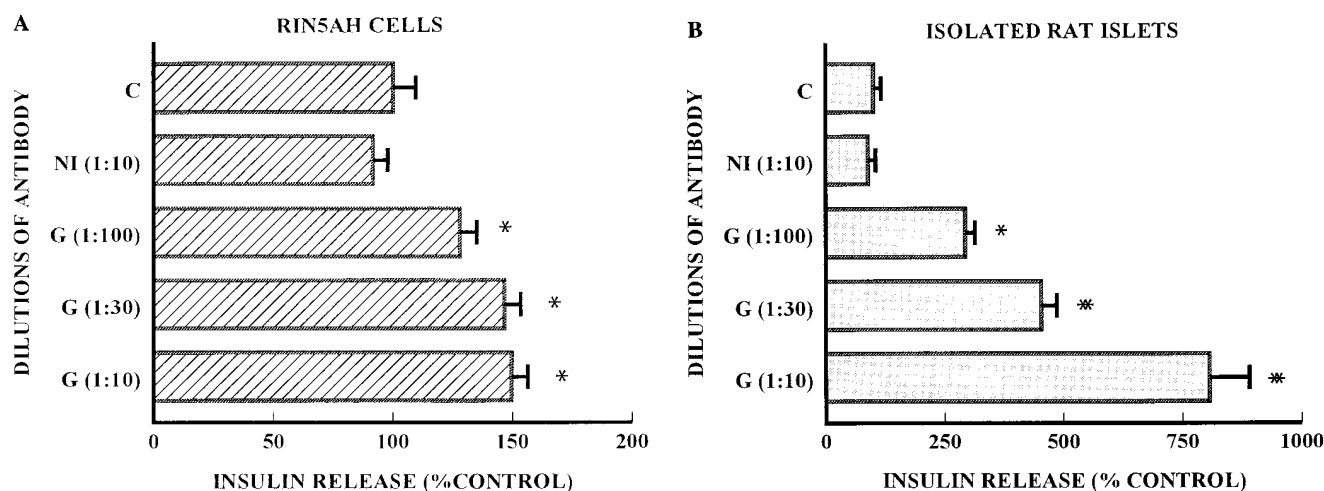


Figure 4. Purified anti-GAb induced increases in insulin release from incubated (A) RIN5AH cells ($n = 6$) and (B) rat islets ($n = 6$) at three dilutions: G (1:100), (1:30), and (1:10), vol/vol. * $P < 0.01$, ** $P < 0.001$ vs. non-immune (NI) serum treated control. The control insulin secretion for RIN5AH cells was 0.31 ± 0.03 pmol/ 10^6 cells per h. The control insulin secretion for the islets was 2.6 ± 0.4 fmol/islet per min.

served between treated and control chambers in the subsequent periods of perfusion (data not shown).

Effect of immune-purified galanin antibody on insulin release RIN cells. Incubation of RIN5AH cells with immune purified GAb resulted in an increase in insulin release at the three dilutions used with an increase of 46% at the lowest dilution, 1:10, vol/vol, compared to nonimmune serum control (all dilutions $P < 0.01$ vs. control, $n = 6$, Fig. 4 A). No differences were observed between no-antiserum controls and nonimmune serum controls ($P = \text{NS}$, $n = 4$). The purified antisera against pneumadin and bombesin did not affect insulin secretion relative to that of no-antiserum control and nonimmune serum treated control cells (data not shown).

Isolated islets in static incubation. Insulin secretion was increased from isolated islets in response to incubation with decreasing dilutions of the purified antibody, as for RIN5AH cells. An approximately eightfold rise in insulin release was seen at the lowest antibody dilution used [control vs. GAb (1:100) $P < 0.01$; control vs. GAb (1:30) $P < 0.001$; control vs. GAb (1:10) $P < 0.001$, all $n = 6$, Fig. 4 B]. Insulin release from islets treated with nonimmune serum was not different from that of control islets treated with no antiserum.

Assay for galanin immunoreactivity

Galanin immunoreactivity was not detected in the perfusate samples, extracts of islets, or in culture media and extracts of RIN5AH cells. However, extracts of rat ileum (positive control) showed the presence of galanin immunoreactivity (142 ± 18 pmol/mg wet wt, $n = 3$).

Western blotting

Blot A. Analysis of tissue and cell extracts for galanin-like immunoreactivity was carried out by Western blotting using the purified porcine GAb previously used in the cell and islet experiments. Fig. 5 A shows the presence of a strong immunoreactive band of ~ 4 kD in the positive control lane loaded with porcine galanin and a faint band in the lane loaded with rat galanin. A signal corresponding to a similar molecular mass

was also observed in islet extracts from dexamethasone-treated rats but not normal rats.

Blot B. Western blotting using a rat specific GAb showed a strong band in the lane loaded with rat galanin (Fig. 5 B). No other bands were detected.

Discussion

Galanin is generally known to inhibit glucose-induced insulin release. The inhibitory effect of galanin on insulin release is via a specific galanin receptor on the β cell linked to a pertussis

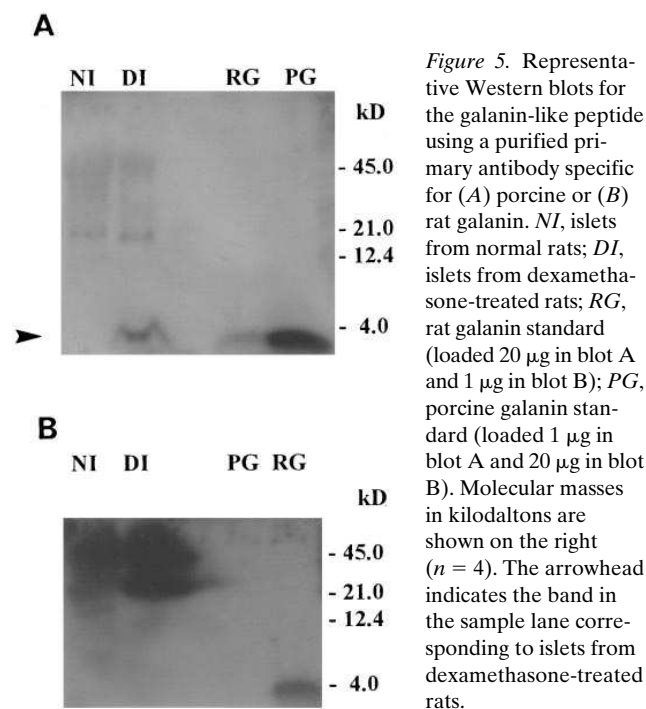


Figure 5. Representative Western blots for the galanin-like peptide using a purified primary antibody specific for (A) porcine or (B) rat galanin. NI, islets from normal rats; DI, islets from dexamethasone-treated rats; RG, rat galanin standard (loaded 20 μg in blot A and 1 μg in blot B); PG, porcine galanin standard (loaded 1 μg in blot A and 20 μg in blot B). Molecular masses in kilodaltons are shown on the right ($n = 4$). The arrowhead indicates the band in the sample lane corresponding to islets from dexamethasone-treated rats.

toxin-sensitive G protein (33). Several chimeric peptide antagonists have been used to characterize putative galanin receptor subtypes. C7 has been shown to be a high-affinity antagonist at the galanin receptor (34) and the nonmethionine containing M35 has been reported to antagonize the inhibitory effects of galanin in isolated mouse islets (35). Both C7 and M35 have a high oxidative stability and bind to more than one type of receptor, i.e., substance P for C7 and bradykinin for M35. Although these chimeras are antagonists in physiological assays (36–38) their bireceptor recognition property may confound their actions in tissues where both these receptors are present. On the other hand, M40 is galanin (1-13) coupled to a sequence at the carboxyl terminus designed to adopt an α -helical structure which stabilizes the interaction of the ligand with the galanin receptor at the membrane (39). M40 shows an antagonist activity in brain areas like the hypothalamus and the hippocampus but has been reported to be an agonist in the pancreas (36, 40, 41).

We have demonstrated galanin binding sites on membranes prepared from RIN5AH cells. The K_d for galanin was lower than for all the antagonists, suggesting a greater affinity of galanin for its receptor. The K_i values for the antagonists were in the nanomolar range, indicating that the antagonists also had a high affinity for the receptor. These values are in the range for galanin previously described for membranes prepared from another rat insulinoma cell line, RINm5F (32). Furthermore, B_{max} was similar to that reported for galanin binding sites on RINm5F cell membranes (42, 43). Galanin suppressed insulin secretion in the RIN5AH cells in a dose-dependent manner. An attenuation of the inhibition of 100 nM galanin on glucose-stimulated insulin release was evident with 100 nM C7 and 1 μ M M35 or M40. Another study carried out on RINm5F cells has shown that M35 acts as a galanin antagonist at low concentrations (< 10 nM) and as an agonist at doses > 10 nM (41). This report (41) is at variance from our results and warrants further investigation.

C7 alone gave a further 50% increase in glucose-stimulated insulin secretion in the perfused islets and a twofold increase in the RIN5AH cells. As C7 is a chimeric peptide composed of galanin(1-12)-proline linked to spantide, a substance P antagonist (34), it is conceivable that the actions of C7 may be mediated by the substance P antagonist component. We tested this possibility by incubating RIN5AH cells with substance P and spantide. The lack of any influence of these compounds on insulin secretion, as reported previously for RINm5F cells (44), suggests that the effects of C7 are unlikely to be by interaction with substance P receptors. Similar insulin stimulatory responses were observed when M35 was tested in the RIN5AH cells. The M35 sequence consists of bradykinin(2-9) at its carboxyl-terminal end. To our knowledge, no bradykinin receptors have been reported on pancreatic β cells nor have they been found on membranes prepared from the clonal cells RINm5F (35). Furthermore, bradykinin failed to induce any change on insulin secretion in RIN5AH cells. Therefore, M35 is unlikely to act via bradykinin receptors. In a study on mouse islets M35 did not have any effect on glucose-stimulated insulin release up to concentrations of 1 μ M (35). The stimulatory glucose concentration used in that study was 11 mM. It is possible that this concentration is high and may have masked any further stimulatory effects of M35. We used a submaximal stimulatory glucose concentration in RIN5AH cells to avoid this problem. M40 also stimulated insulin release, albeit at a

higher dose of 10 μ M. M40 is another antagonist with a structural configuration believed to stabilize its interaction with the galanin receptor and without a bireceptor recognition property (39). The stimulatory action of M40 both in the islets and the RIN5AH cells therefore confirms the effects of C7 and M35 and suggests that they are undoing a galanin-like action of a substance inhibitory to insulin release.

We also tested the effect of immune-purified porcine GAb on glucose-stimulated insulin release in RIN5AH cells and isolated islets. A significant dose-dependent increase in insulin secretion was observed at the three dilutions of antibody in RIN5AH cells. A much stronger but qualitatively similar effect was observed in the isolated rat islets. The antibody was much more concentrated in the immune blockade experiments (1:100) than the limiting dilution necessary for the RIA used to detect galanin-like immunoreactivity in the islet and RIN5AH cell extracts (1:256,000). Polyclonal antibodies are known to contain different epitopes in varying quantities (45). It is possible that the concentration of the specific antibody to the epitope required to inhibit the presumed galanin-like peptide was present in adequate concentrations to suppress the inhibitory effect at the concentration used in immune blockade but not in sufficient quantities for detection under the conditions of the RIA. Treatment with antisera raised against pneumadin and bombesin did not affect insulin release, suggesting that the effect of the galanin antibody is specific.

Using a purified porcine GAb we were able to detect a signal of similar molecular mass to galanin using Western blotting in islets isolated from dexamethasone-treated rats. The lack of a signal in these samples immunoblotted using the purified rat antibody suggests that the detected signal is unlikely to be endogenous galanin. The faint band in the lane loaded with rat galanin in blot A confirms the $\sim 20\%$ cross-reactivity in the galanin RIA. Dexamethasone treatment has been shown to induce the expression and increase the content of other islet peptides like neuropeptide tyrosine (13, 46), vasoactive intestinal peptide, and calcitonin gene-related peptide (13). Although we were unable to detect a signal in normal islets and RIN5AH cells, it is possible that levels are low in these tissues and that the galanin-like peptide may be induced to detectable levels by dexamethasone treatment.

We have been unable to detect galanin in acid-ethanol extracts of islets from normal rats or RIN5AH cells by means of RIA of high sensitivity. For the RIA, $\sim 10,000$ islets and 5×10^7 RIN5AH cells were isolated and extracted separately. The detection limit of the assay is 2 fmol/tube, therefore the maximum amount of galanin that could be present in the islets, for example, would be 2 fmol/10,000 islets or 0.2 amol per islet. If one assumes the total volume during a static incubation of 100 islets was 1 ml, the calculated concentration would have a value of ~ 20 fM. Studying the displacement curve from the receptor-ligand experiments (Fig. 1), this concentration of galanin would not be expected to give any effect. It must be emphasized here that we have used a perfusion model and the volume is actually much greater than 1 ml. In reality the calculated value would therefore be much lower than 20 fM. We believe that the results reported in this study are better explained by a structurally related galanin-like peptide rather than a small amount of true galanin. Further, the perfusion model involves continuous washing out of secreted products from the islets. In such a system it is likely that any residual galanin would be quickly removed. Galanin-like encoding mRNA was

not detectable in islet RNA by Northern blot analysis (13, 14). It seems unlikely that appreciable authentic galanin is produced in normal islets. One possibility is that a galanin-like peptide is present and that the antagonists are blocking the inhibitory effect of this endogenous peptide.

These results, obtained independently in two different cell systems, using either galanin antagonists or a purified galanin antibody, suggest that the increase in insulin release observed may be due to blocking the effect of an endogenously produced galanin-like peptide, thus preventing an autocrine inhibitory effect. The Western blotting data provide additional evidence for the presence of this putative galanin-like peptide. However, further studies are needed to purify and characterize the peptide before we can define its physiological role.

Acknowledgments

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