

Posttranscriptional Effect of Insulin-like Growth Factor-I on Interleukin-1 β -induced Type II-secreted Phospholipase A₂ Gene Expression in Rabbit Articular Chondrocytes

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Abstract

Large amounts of type II-secreted phospholipase A₂ (type II sPLA₂) are secreted into inflammatory synovial fluid and they are believed to induce the synthesis of lipid mediators by articular chondrocytes. Preliminary experiments showed that insulin-like growth factor-I, which counteracts cartilage degradation in arthritis, inhibits interleukin-1 β -induced type II sPLA₂ gene expression in rabbit articular chondrocytes (Berenbaum, F., G. Thomas, S. Poiraudou, G. Béréziat, M.T. Corvol, and J. Masliah. 1994. *FEBS Lett.* 340: 51–55). The present study showed that IL-1 β induced the sustained synthesis of prostaglandin E₂ and a parallel increase in type II sPLA₂ gene expression (assessed by enzymatic activity and Northern blot analysis), but no increase in cytosolic PLA₂ gene expression (assessed by Northern and Western blot analysis) or cytosolic PLA₂ activity in rabbit articular chondrocytes. IGF-I inhibited both IL-1 β -stimulated PGE₂ synthesis and type II sPLA₂ gene expression, but had no effect on cytosolic PLA₂ gene expression. Nuclear run-on experiments revealed that IL-1 β stimulated the transcription rate of type II sPLA₂ gene, giving rise to long-lived mRNA in cells treated with actinomycin D. IGF-I did not affect transcription rate, suggesting that it acts as a post-transcriptional step. Sucrose density gradient analysis of the translation step showed no effect of IGF-I on the entry of type II sPLA₂ mRNA into the polysomal pool or on its distribution into the various polysomal complexes, suggesting that IGF-I does not act on the translation of the mRNA. Lastly, IGF-I strongly decreased the half-life of IL-1 β -induced type II sPLA₂ mRNA (from 92 to 12 h), suggesting that IGF-I destabilizes mRNA. These data demonstrate that IL-1 β stimulates the transcription rate of the type II sPLA₂ gene and gives rise to a very stable mRNA. In contrast, IGF-I decreases the half-life of the type II sPLA₂ mes-

sage. (*J. Clin. Invest.* 1997. 99:1864–1872.) **Key words:** inflammation • phospholipase A₂ • messenger RNA • insulin-like growth factor-I • chondrocyte

Introduction

Phospholipases A₂ (PLA₂s)¹ catalyze the hydrolysis of the *sn*-2 fatty acyl ester bond of phospholipids to yield a free fatty acid, very often arachidonic acid, and a lysophospholipid (1, 2). The hydrolysis of phospholipids by a PLA₂ is the first step in prostaglandin synthesis, the second one being the oxidation of free arachidonic acid by a cyclooxygenase. Two of the main classes of PLA₂ involved in lipid mediator synthesis, cytosolic PLA₂ (cPLA₂) (3, 4) and the PLA₂ secreted during inflammatory reactions (type II sPLA₂) (5, 6) have been cloned. The rapid lipid mediator synthesis (in a few minutes) induced by membrane receptor stimulation has been linked to stimulation of cPLA₂ by protein kinase cascades (7) and calcium-induced cPLA₂ translocation to cell membranes (3). The actual way in which type II sPLA₂ acts is still uncertain. It may act directly on perturbed cell membranes (8), or via the recently cloned sPLA₂ receptors (9).

The importance of type II sPLA₂ in arthritis has been inferred from experiments in which purified or recombinant human type II sPLA₂ was injected intraarticularly or in an air pouch (10–12). Its direct action has been recently challenged by Morgan et al. (13), who found no inflammatory effect of intradermal injections of human type II sPLA₂ in the rat. However, others have found that intradermal injections exacerbated inflammation in an experimental rat model arthritis (14). The proinflammatory interleukin-1 β induces the synthesis and secretion of type II sPLA₂ in rabbit articular chondrocytes (15) and the activation of cyclooxygenase-2 (16). We have demonstrated (17) that this effect is inhibited by insulin-like growth factor I, a polypeptide structurally and functionally similar to proinsulin that enhances matrix synthesis in normal cartilage in vivo (18) and in vitro (19). IGF-I receptor, IGF-I mRNA, and IGF-I protein have all been found in articular chondrocytes (20, 21), suggesting the presence of an autocrine/paracrine regulation system. The present study was therefore carried out to determine whether IL-1 β and/or IGF-I influence type II sPLA₂ gene expression at a transcriptional and/or posttranscriptional level. The results indicate that IL-1 β increases the transcription rate of the type II sPLA₂ gene, producing a long living mRNA, whereas IGF-I greatly decreases

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1. *Abbreviations used in this paper:* PLA₂, phospholipase A₂; cPLA₂, cytosolic PLA₂; sPLA₂, secreted PLA₂.

the half-life of the type II sPLA₂ mRNA, without having any effect on translation.

Methods

Chondrocyte culture and stimulation. 4-wk-old rabbits were killed and the shoulders, knees, and femoral heads were dissected out under sterile conditions (22). The articular cartilage was removed, cut into small pieces, and digested at 37°C with 0.05% testicular hyaluronidase in HAM's F12 medium (Flobio, Courbevoie, France) for 15 min, and then with 0.25% trypsin for 30 min, and lastly with 0.2% clostridial collagenase for 90 min. Hyaluronidase, collagenase, and trypsin were purchased from Boehringer Mannheim, Meylan, France. The resulting suspension of chondrocytes was seeded into 75-cm² flasks (4 × 10⁵ cells per flask) in HAM's F12 medium supplemented with 10% fetal calf serum (Boehringer Mannheim), 10 IU/ml penicillin and 100 µg/ml streptomycin. The cells were maintained at 37°C in 5% CO₂ and the culture medium was changed every 2–3 d. The cells reached confluency within 6–7 d and were placed in quiescent medium (without fetal calf serum) 24 h before the experiments. Recombinant human IL-1β (Immugenex, Boston, MA) and human IGF-I (Genzyme by Tebu, le Perray en Yvelines, France) were stored at –80°C until used. The concentrations of IL-1β and IGF-I used in this study were those determined in a dose-response assay (17).

Prostaglandin E₂ assay. Supernatants from stimulated cells were collected and the prostaglandin E₂ concentrations were measured by a specific enzyme radioimmunoassay kit (DuPont-NEN, Wilmington, DE) according to the manufacturer's protocol. Prostaglandin E₂ production was evaluated in duplicate serial dilutions of the sample and amounts read off a standard curve of prostaglandin E₂.

Preparation of rabbit articular chondrocyte membranes and cytosolic fractions. The cells were scraped off in 40 mM Tris buffer, pH 7.4, containing 0.25 M sucrose, 1 mM EDTA, 1 mM PMSF, and 1 µg/ml leupeptin and sonicated. The homogenate was centrifuged at 100,000 g for 1 h, the supernatant (cytosol) was collected and the pellet (membrane) was resuspended and sonicated for 20 s in 100 mM Tris buffer, pH 8.5, and stored at –80°C.

Phospholipase A₂ assay. sPLA₂ activity was measured by the selective fluorometric assay of Radvanyi et al. (23) as modified by Pernas et al. (24). The phospholipase A₂ activity secreted into the medium was measured on 100-µl samples using 2 nmol fluorescent substrate 1-palmitoyl-2 (10-pyrenyldecanoyl)-sn glycerol-3-monomethyl phosphatidic acid (Interchim, Montluçon, France). 100% hydrolysis of the substrate was measured using 0.1 U PLA₂ from Naja Naja (Sigma Chemical Co., Saint Quentin Fallavier, France). The hydrolysis of substrate in the presence of fresh culture medium was used as negative control and was deducted from the PLA₂ activity.

The cPLA₂ assay measured the hydrolysis of [1-¹⁴C]arachidonic acid from the substrate L-3 phosphatidylcholine, 1-stearoyl-2[1-¹⁴C]arachidonyl: 200 GBq/mmol, 54 mCi/nmol (Amersham, les Ulis, France). This substrate, in chloroform-methanol, was taken to dryness under a stream of nitrogen, resuspended in 10 µl diethyl ether and dispersed in 100 mM Tris HCl, pH 8.5, by sonication. The substrate was added to the assay mixture, which contained, in a final volume of 250 µl, 100 mM Tris-HCl, pH 8.5, 5 mM CaCl₂, 0.1% bovine serum albumin, and 50 µg cytosol proteins. The reaction mix was incubated at 37°C for 30 min and the reaction was terminated by adding chloroform-methanol. Lipids were extracted (25), and resolved by thin-layer chromatography on silica gel plates using chloroform: methanol:water (65:25:4) as solvent. The spots were visualized with iodine vapor; the spots corresponding to phosphatidylcholine and free fatty acid were scraped off and their radioactivity was determined.

Immunoblot analysis of cPLA₂. Cytosol proteins (100 µg) were subjected to SDS-PAGE (10% acrylamide) under reducing conditions. The proteins were transferred electrophoretically to nitrocellulose membrane (Bio Blot-NC: Schleicher & Schuell, Dasser, Germany), by electrophoresis for 3 h at 4°C at 200 mA (Hoefer Scientific

Instruments, San Francisco, CA). The blot membrane was washed at room temperature in blocking buffer containing phosphate-buffered saline, 3% nonfat dried milk, and 0.1% Tween 20, and then incubated for 2 h in the same buffer containing anti-human cPLA₂ rabbit polyclonal IgG (1:50; Santa Cruz Biotechnology, by Tebu). The membrane was washed and incubated with a goat anti-rabbit IgG coupled to peroxidase (1:1,000; Bio-Rad, Ivry Sur Seine, France) for 1 h at room temperature. The membrane was washed again and immunoreactive bands were visualized by enhanced chemiluminescence (ECL; Amersham). 1 µg cytosolic proteins from sf9 cells infected with cPLA₂ PVL1393 plasmid was used as positive control.

Cloning of a 290-bp fragment of rabbit sPLA₂ cDNA. A pair of oligonucleotides CS10 5'-GTGGCAGAGGATCCCCCAAGG-3' and CS11 5'-GCAACTGGGCGTGTTCCTCTGCA-3' were synthesized and used as sense and antisense primers in a reverse transcription-PCR procedure to clone a 290-bp fragment of rabbit cDNA. The CS10 oligonucleotide corresponds to the [210; 232] region of the rat type II sPLA₂ cDNA (26), which perfectly matches the [287; 307] region of the human sequence (6). The CS11 oligonucleotide was deduced from the rat [472; 498] and human [544; 570] sequences of sPLA₂ cDNA. The nucleotides corresponding to the rat sequence are underlined, those corresponding to the human sequence are in italics. The nucleotides that are common to the rat and human sequences are in normal characters. Total RNA from IL-1-stimulated chondrocytes (1 µg; see below) was reverse transcribed by 5 U Thermus thermophilus polymerase for 15 min at 55°C in a 20-µl reaction mixture of 10 mM Tris-HCl, pH 8.3, 90 mM KCl, 1 mM MnCl₂, 1.25 mM dNTP, and 0.5 µM CS11. Thereafter, 10 pmol CS10, 10 µl PCR buffer (100 mM Tris-HCl, pH 8.3, 1 M KCl, 20 mM MgCl₂, 7.5 mM EGTA, and autoclaved water) were added to the reverse transcription reaction mixture to bring the volume to 100 µl. Samples underwent a preliminary denaturation step at 95°C for 5 min followed by 35 cycles of PCR (denaturation 95°C, annealing 55°C, and extension 72°C, each step for 1 min). The 290-bp PCR product was purified by electroelution and sequenced on an ABI 373A automatic sequencer using the CS10 and CS11 oligonucleotides and the dye terminator FS DNA sequencing kits from Perkin-Elmer Corp. (Beaconsfield, UK).

Northern blot analysis. Total RNA was isolated from cultured chondrocytes using guanidium isothiocyanate (27). The total RNA content was measured by spectrophotometry, and its integrity was assessed by agarose gel electrophoresis; 15 µg total RNA per lane were separated on 1% agarose/2.2 M formaldehyde gels and transferred to nylon filters (Hybond N; Amersham). The membranes were prehybridized for 15 min, and then hybridized at 65°C for 2 h with the rapid-hyb-buffer kit (Amersham) using type II sPLA₂ and cPLA₂ cDNA probes. The probe for sPLA₂ was obtained from human placenta as described by Pernas et al. (24), and that for cPLA₂ from U937 cell mRNAs (4). The probes were labeled with [α-³²P]dCTP (3,000 Ci/mmol, giving specific activities at around 2 × 10⁹ cpm/µg cDNA; Amersham), using a random-primed labeling system (Amersham). The hybridized membranes were washed with 0.1% SDS in 2 × SSC (150 mM NaCl, 17 mM sodium citrate) at room temperature for 15 min, followed by two washes with 0.1% SDS in 0.1 × SSC at 65°C for 15 min each, and autoradiographed with Hyperfilm (Amersham) at –80°C for 18–72 h. The blots were successively hybridized using type II sPLA₂ cDNA, cPLA₂ cDNA, and then to 28S rRNA probes labeled with T4 polynucleotide kinase and [γ-³²P]ATP, as described by Barbu and Dautry (28). The filters were washed in 0.1% SDS in 0.01 × SSC at 85°C before rehybridization. The relative abundance of the mRNA was calculated by quantitative scanning of autoradiograms using a laser densitometer (2202 Ultrascan; LKB, Uppsala, Sweden).

Type II sPLA₂ mRNA stability. The mRNA half-lives were measured by adding actinomycin D (1 µg/ml) to cells at the time of peak steady state IL-1β-induced type II sPLA₂ mRNA accumulation (24 h). RNA was isolated from samples of cells taken at several times after the addition of actinomycin D and RNA blot analysis was performed

as described above. The data were graphed as the percent of RNA remaining versus the time after addition of actinomycin D, and the slopes of the linear portions of the decay curves were calculated by linear regression to determine the mRNA decay constants. mRNA half-lives were calculated with the formula $t_{1/2} = \ln 2/\text{mRNA decay constant}$ (29).

Nuclear run-on analysis. Nuclei were prepared from chondrocytes by a modified procedure of Marzluff et al. (30). Cytochalasin B (5 $\mu\text{g}/\text{ml}$) (Sigma Chemical Co.) was added 15 min before cell lysis because of the massive cytoskeleton in this cell type. Chondrocytes were then resuspended in 0.32 M sucrose, 3 mM CaCl_2 , 2 mM Mg acetate, 0.1 mM PMSF, 0.25 mM benzamide, 10 mM Tris-HCl, pH 8, and homogenized with 50 strokes in a Dounce homogenizer. The pellets were collected by centrifugation at 300 g for 10 min and resuspended in 2 M sucrose, 5 mM Mg acetate, 0.1 M EDTA, 10 mM DTT, 0.1 mM PMSF, 0.25 mM benzamide, 10 mM Tris-HCl, pH 8, and homogenized again with 50 strokes in a Dounce homogenizer. The homogenates were centrifuged at 20,000 g for 45 min at 4°C and the nuclei were suspended in a storage buffer containing 40% glycerol, 50 mM Tris-HCl, pH 8, 5 mM MgCl_2 , and 1 mM EDTA. Suspensions were checked under the microscope for completeness of cell lysis. Nuclear run-on experiments were performed essentially as

described by Antras et al. (31). Nuclei (1.5×10^7) were incubated in a 200- μl reaction mixture containing 20% glycerol, 100 mM Tris-HCl, pH 7.9, 50 mM NaCl, 0.4 mM EDTA, 1.2 mM DTT, 0.1 mM PMSF, 0.35 mM $(\text{NH}_4)_2\text{SO}_4$, 4 mM MnCl_2 , 10 mM creatine phosphate, 10 $\mu\text{g}/\text{ml}$ creatine phosphokinase, 500 U/ml RNasin, 1 mg/ml heparin sulfate, 1 mM each ATP, GTP, and CTP, and 250 μCi of $[\alpha\text{-}^{32}\text{P}]\text{UTP}$ (3,000 Ci/mmol) (Amersham) at 30°C for 30 min. The mixture was then treated with 2 U RNase-free DNase I (Boehringer Mannheim) for 10 min at 37°C, followed by incubation for 30 min at 37°C with 1% SDS and 100 $\mu\text{g}/\text{ml}$ proteinase K. Nascent RNAs were extracted in 3 vol 8 M guanidine-HCl, pH 5, containing 20 mM sodium acetate, 1 mM DTT, 0.5% (wt/vol) lauroylsarcosine. Yeast tRNA (50 μg) was added to each sample and RNA was precipitated by adding 0.6 vol of ethanol for 12 h at -20°C. The precipitate was collected by centrifugation at 12,000 g at -10°C for 30 min, and dissolved in 0.5 ml 7 M guanidine HCl, pH 7, containing 20 mM sodium acetate, 20 mM EDTA, 1 mM DTT, 0.5% (wt/vol) lauroylsarcosine. 25 μl 2 M sodium acetate (pH 4.5) was added, followed by 0.6 vol ethanol, and transcripts were allowed to precipitate for 2 h at -20°C. This last step was repeated once. Equal numbers ($\sim 40 \times 10^6$) of cpm were hybridized in 1 ml 50% formamide, 3 \times SSPE (1 \times SSPE: 0.18 M NaCl, 1 mM EDTA, 10 mM sodium phosphate, pH 7.7), 2.4% SDS, 1 \times Den-

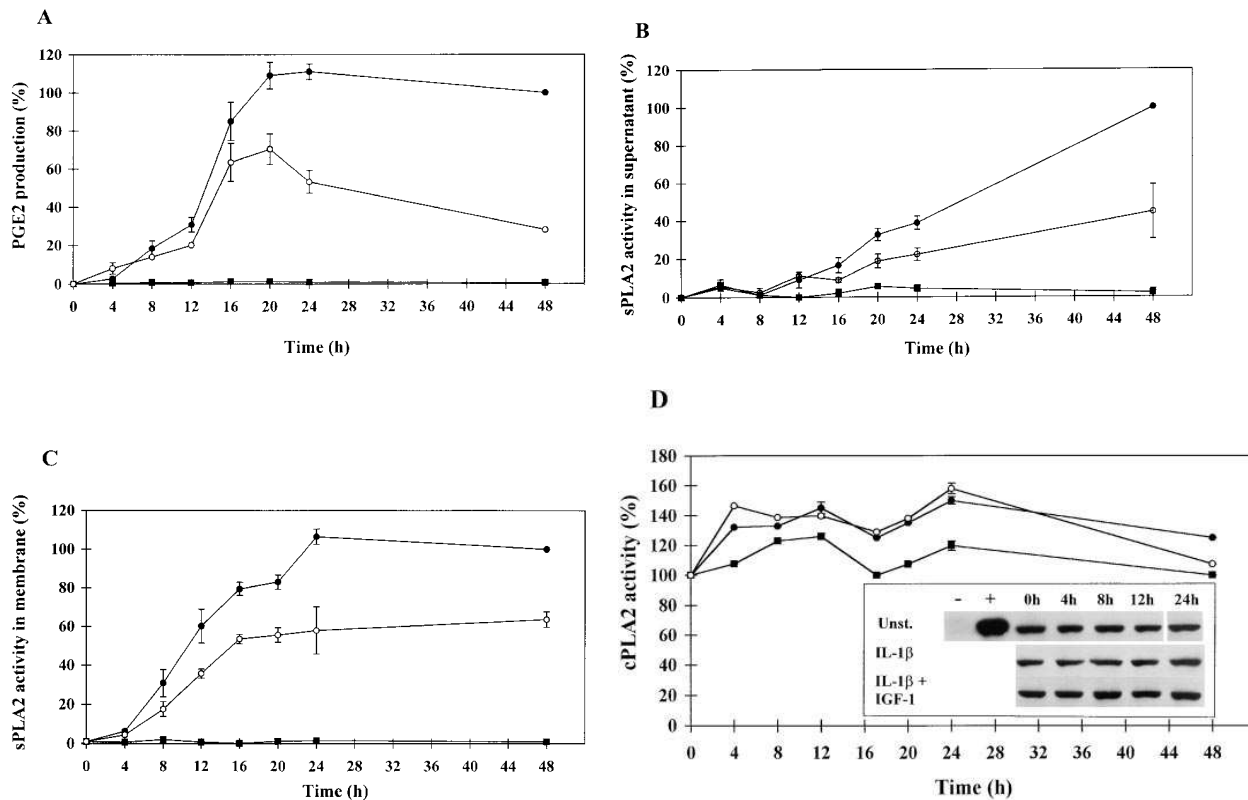


Figure 1. IL-1 β stimulates PGE₂ synthesis and sPLA₂ activity in supernatant and membranes in rabbit articular chondrocytes. IGF-I inhibits the IL-1 β effect. Rabbit articular chondrocytes in primary culture were not stimulated (■), or stimulated with 10 ng/ml IL-1 β with (○) or without (●) 25 ng/ml IGF-I for up to 48 h. (A) PGE₂ production. PGE₂ was measured by radioimmunoassay in 100- μl aliquots of medium. 100% is the PGE₂ production by cells incubated with IL-1 β for 48 h (272 ± 18 ng/ 10^6 cells). (B) sPLA₂ activity secreted into the medium. The enzymatic activity was measured with a fluorescent substrate as indicated in Methods. 100% is the activity after incubation with IL-1 β for 48 h (24 ± 2.5 nmol/min per 10^6 cells). (C) High ionic strength-releasable membrane sPLA₂ activity; membranes from disrupted cells were incubated in 1 M NaCl for 30 min and centrifuged. PLA₂ activity was measured in the supernatant as in B. 100% is the activity after incubation with IL-1 β for 48 h (10.5 ± 2.1 nmol/min per 10^6 cells). (D) Cytosolic PLA₂ activity. The enzymatic activity was measured in the supernatant from disrupted cells using a specific *sn*-2-[¹⁴C]arachidonyl-PC substrate as indicated in Methods. 100% is the activity after incubation with IL-1 β for 48 h (525 ± 25 pmol/min per 10^6 cells). (D, inset) Autoradiogram of the representative Western blot for cPLA₂ content (100 μg total cytosol proteins). Line -: negative control (high molecular weight standard mixture SDS-6H), line +: positive control (s9 cells infected with cPLA₂ DVL1393 plasmid). Results are means \pm SEM of two to four separate experiments for each time point.

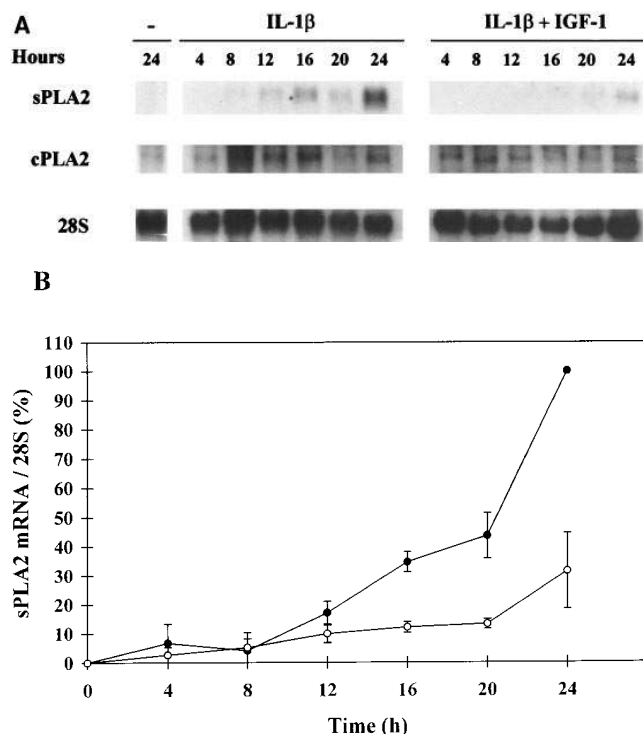
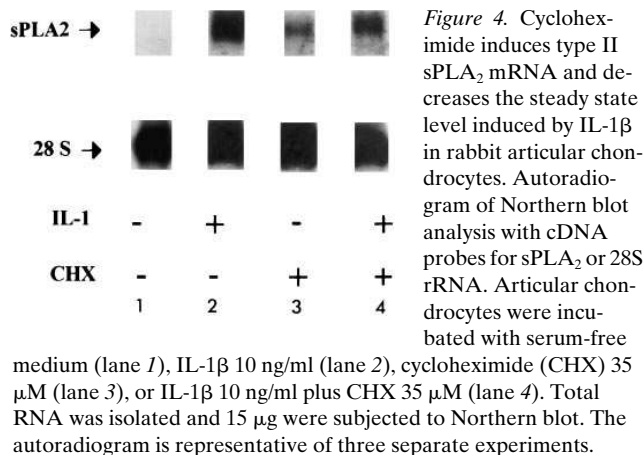


Figure 3. IL-1 β induces type II sPLA₂ mRNA and IGF-I decreases the steady state level induced by IL-1 β in rabbit articular chondrocytes. (A) Autoradiogram showing a representative experiment of the time course responses to 10 ng/ml IL-1 β and 10 ng/ml IL-1 β plus 25 ng/ml IGF-I. Total RNA was isolated from articular chondrocytes and 15 μ g were subjected to Northern blot with cDNA probes for sPLA₂, cPLA₂, 28S rRNA. (B) Densitometric analysis of sPLA₂ mRNA autoradiograms (●, IL-1; ○, IL-1 + IGF-I). Data from densitometric scanning are normalized to the 28S signal. Results are means \pm SEM from three to five separate experiments for each time point.

cDNA were used to amplify a 290-bp fragment from IL-1-stimulated chondrocyte RNA. This reverse transcription-PCR product was sequenced and found to be 77% identical to human sPLA₂ type II cDNA (Fig. 2). This great similarity allowed us to use the human cDNA coding sequence as a probe. No type II sPLA₂ was detected in control cells by Northern blot, but it appeared within 4 h in response to IL-1 β and its concentration gradually increased up to 24 h. IGF-I alone did not induce type II sPLA₂ mRNA (data not shown), but strongly decreased the response to IL-1 β (Fig. 3, A and B). By contrast, the baseline concentration of cPLA₂ mRNA was not altered by IL-1 β or by IGF-I for up to 24 h (Fig. 3 A).

The inhibitory control of the type II sPLA₂ gene in unstimulated cells depends on ongoing protein synthesis, since adding cycloheximide to the incubation medium elicited the synthesis of type II sPLA₂ mRNA (Fig. 4). De novo protein synthesis was also required for the full effect of IL-1 β on type II sPLA₂ mRNA, since cycloheximide also greatly decreased the amount of IL-1 β -stimulated type II sPLA₂ mRNA (Fig. 4).

Effect of IL-1 β on the transcription rate of type-II sPLA₂ gene and the influence of IGF-I on this effect. The absence of a basal level of type II sPLA₂ mRNA and its considerable increase in response to IL-1 β suggested that this cytokine increased the rate of type II sPLA₂ gene transcription. This is



consistent with the total blocking of the IL-1 β effect on type II sPLA₂ mRNA expression by actinomycin D (data not shown). Nuclear run-on assays were therefore performed to check if IL-1 β modified the transcription of the type II sPLA₂ gene and to investigate the target of IGF-I.

Confluent rabbit articular chondrocytes were stimulated with IL-1 β (10 ng/ml) alone, or with IL-1 β plus IGF-I (25 ng/ml) for 24 h. The cells were lysed and chondrocyte nuclei were isolated from unstimulated (controls) and stimulated cells. Initiated transcripts were elongated in vitro using [³²P]UTP. Radiolabeled nuclear RNA was hybridized to pUC 19 (as negative control), type II sPLA₂ cDNA, cPLA₂ cDNA, and GAPDH cDNA immobilized on nitrocellulose membrane (Fig. 5 A). The autoradiogram data showed that the type II sPLA₂/GAPDH ratio was increased fourfold (Fig. 5 B), whereas the cPLA₂/GAPDH ratio was unaffected by incubation with IL-1 β for 24 h, indicating that IL-1 β stimulated type II sPLA₂, but did not stimulate cPLA₂ gene transcription. In contrast, IGF-I, which strongly inhibited the IL-1 β -stimulated production of type II sPLA₂ mRNA level and type II sPLA₂ synthesis and secretion, had no effect on the transcription rate of type II sPLA₂ gene (Fig. 5, A and B). Therefore, IGF-I may act post-transcriptionally.

Effect of IGF-I on the half-life of IL-1 β -induced type II sPLA₂ mRNA. The action of IGF-I on the effect of IL-1 β on type II sPLA₂ mRNA was investigated by measuring type II mRNA in the presence of actinomycin D, which blocks DNA transcription and gives an accurate measurement of mRNA half-life over a short period. The amounts of type II sPLA₂ mRNA in rabbit articular chondrocytes incubated for 24 h with IL-1 β alone or IL-1 β plus IGF-I were measured after blocking RNA synthesis by actinomycin D. The type II sPLA₂ mRNA induced by IL-1 β was very stable, with a half-life of 92 h (Fig. 6). IGF-I shortened the type II sPLA₂ mRNA half-life dramatically to 12 h (Fig. 6). This, plus the inability of IGF-I to reduce IL-1 β -stimulated transcription rate (Fig. 5), indicate that this agonist stimulates signaling pathways that lead to the destabilization of type II sPLA₂ mRNA, or that inhibit a stabilizing effect of IL-1 β .

Influence of IGF-I on the average number of ribosomes per IL-1 β -induced type II sPLA₂ mRNA and the relative amount of type II sPLA₂ mRNA in the polysomal fractions. The inhibition of IL-1 β -induced type II sPLA₂ gene expression by

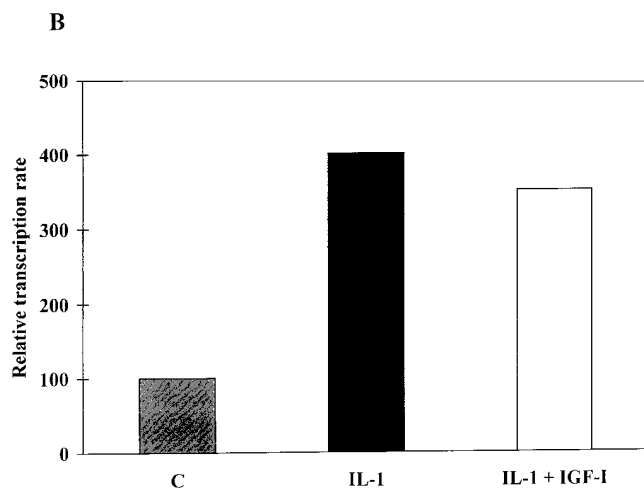
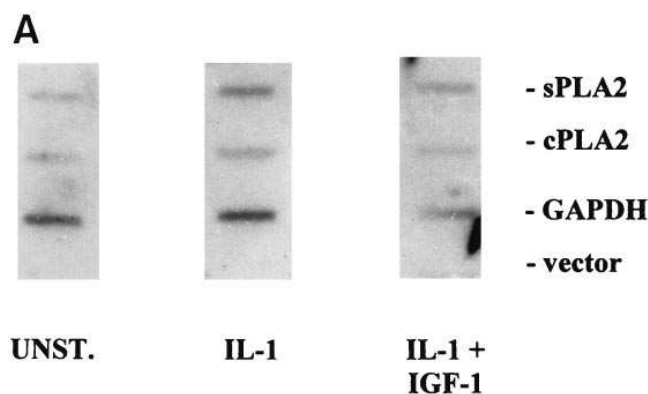


Figure 5. IL-1 β increases and IGF-I does not modify the transcription rate of type II sPLA₂ gene in rabbit articular chondrocytes. (A) Autoradiogram showing effect of IL-1 β and IGF-I (one representative experiment of three). Nuclei from control (UNST.), IL-1 β - (10 ng/ml), or IL-1 β plus IGF-I (25 ng/ml)-treated chondrocytes (24 h) were isolated and nuclear run-on assays were performed in the presence of [³²P]UTP for 30 min. The nascent ³²P-labeled transcripts were hybridized to slots of filter-bound type II sPLA₂, cPLA₂, GAPDH, and pUC 19 DNA (vector). (B) Densitometric analysis showing the transcription rate of type II sPLA₂ in control cells (grey bar), and in cells stimulated with IL-1 β alone (solid bar), or IL-1 β plus IGF-I (open bar). The transcription rate of type II sPLA₂ is normalized to the transcription rate of GAPDH.

IGF-I was further examined by comparing extracts of chondrocytes incubated with IL-1 β and IL-1 β plus IGF-I using sucrose density gradient ultracentrifugation. This technique explored (a) the fractional entry of type II sPLA₂ mRNA into the polysomal pool, and (b) the rate of translation or elongation of the translated product. The distribution of total RNA on the sucrose density gradient in extracts of IL-1 β -stimulated and IL-1 β plus IGF-I-stimulated cells were similar (Fig. 7 A). Based on previous studies (32), it was inferred that fractions 1–3 contained unassembled ribosomal subunits and non-ribosomal-associated mRNA (mRNPs), whereas fractions 4–15 contained the translating polysomal complexes with the lower numbered, less dense, fractions containing fewer ribosomes per mRNA than the higher numbered, more dense fractions. Northern blot analysis revealed that the distribution of type II

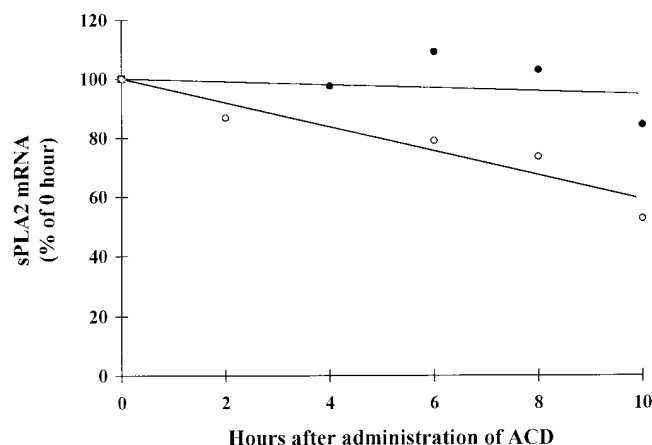


Figure 6. IGF-I decreases the stability of IL-1 β -induced type II sPLA₂ mRNA in rabbit articular chondrocytes. Densitometric analysis of autoradiograms of Northern blots with a cDNA probe for type II sPLA₂ and a 28S rRNA probe, after adding the transcription inhibitor actinomycin D (ACD). Articular chondrocytes in primary culture were incubated with 10 ng/ml IL-1 β (●), or with IL-1 β plus 25 ng/ml IGF-I (○) for 24 h followed by the addition of vehicle or ACD, 5 μ g/ml. Total RNA was then isolated after 2, 4, 6, 8, and 10 h of ACD treatment. 15 μ g total RNA was placed in each lane. One of three separate experiments expressed as a percentage of levels observed at the time of ACD or vehicle addition.

sPLA₂ mRNA among the polysomal fractions 4–15 for IL-1 β and IL-1 β plus IGF-I-stimulated cells were similar (Fig. 7 B). Hence, IGF-I did not influence the average number of ribosomes per type II sPLA₂ message. There were also similar relative amounts of type II sPLA₂ mRNA in the polysomal fractions of the gradient from chondrocytes stimulated with IL-1 β alone and with IL-1 β plus IGF-I (Fig. 7 C). This suggests that IGF-I did not affect the distribution of type II sPLA₂ mRNA between the subpool of mRNA not being translated and the subpool of type II sPLA₂ mRNA associated with polysomes.

Discussion

IL-1 β causes the time-dependent induction of the type II sPLA₂ gene in rabbit articular chondrocytes. This induction results in increased specific mRNA and the appearance of enzyme activity in chondrocyte membranes and in the incubation medium (Fig. 1). The cDNA of type II sPLA₂ indicates that it has the characteristics of secreted proteins (5, 6), and lacks the propeptide sequence of pancreatic type I sPLA₂s (34). It is therefore secreted as a fully active enzyme. Our results demonstrate that the newly synthesized enzyme, in rabbit articular chondrocytes, induced by IL-1 β is associated with cell membranes, probably of the secretory pathway, before being secreted into the medium (Fig. 1). This contrasts with the situation in several immunoinflammatory cells such as platelets (5, 35), mastocytes (36, 37), and neutrophils (38), in which the enzyme is stored in secretory granules and quickly secreted upon cell stimulation. The actual location of membrane-bound type II sPLA₂ and the molecular mechanism of this association are not fully understood. The enzyme may lie on the outer surface of the cytoplasmic membrane by interacting with peptidoglycans (39), or by binding to specific receptors (9).

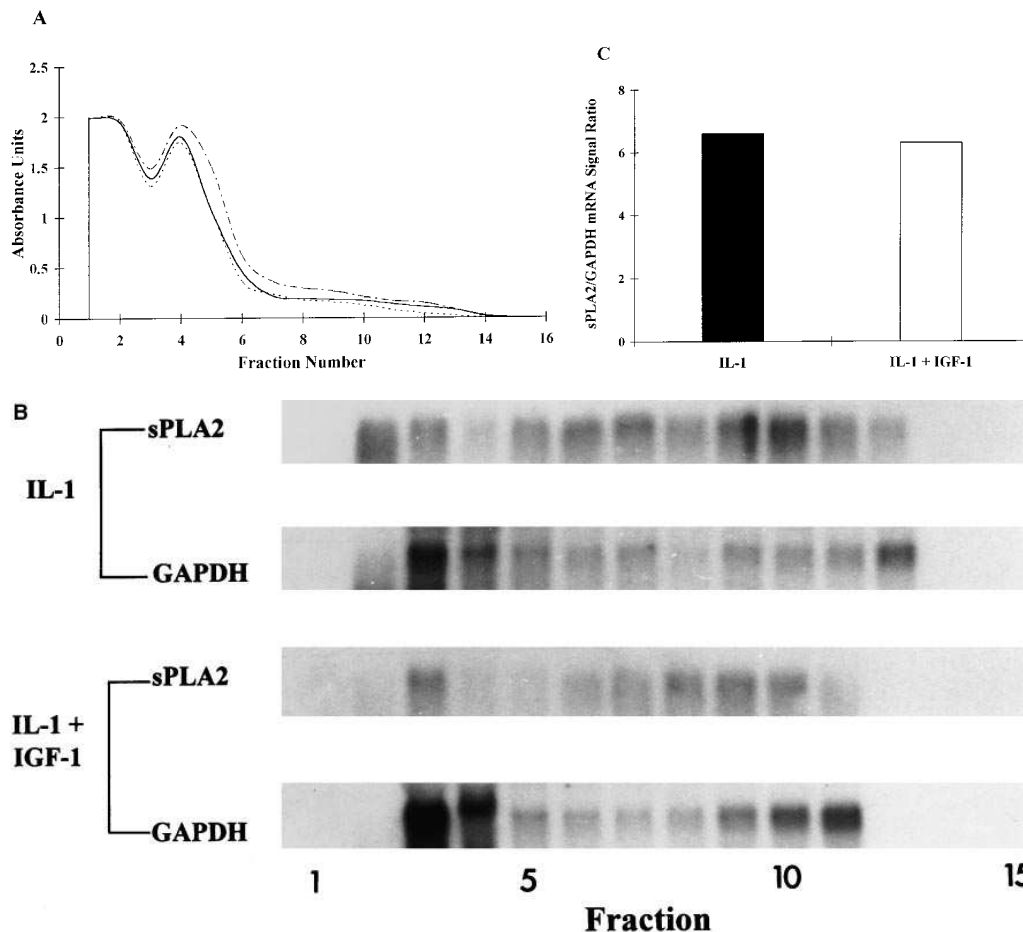


Figure 7. IGF-I does not modify the relative amount of IL-1 β -induced type II sPLA₂ mRNA in the polysomal fraction or the number of ribosomes per IL-1 β -induced type II sPLA₂ mRNA in rabbit articular chondrocytes. Cytoplasmic extracts of rabbit articular chondrocytes stimulated with 10 ng/ml IL-1 β with or without 25 ng/ml IGF-I, or unstimulated controls were analyzed by centrifugation through a sucrose gradient. (A) Each gradient fraction was collected and the absorbance at 254 nm measured (unstimulated cells, *dashed line*; IL-1 β , *solid line*; IL-1 β and IGF-I, *dashed-dotted line*). The density of the gradient increases from left to right. (B) Typical autoradiogram showing Northern blot analysis of total RNA isolated from equal volumes of each fraction using cDNA probes for type II sPLA₂ and for GAPDH. (C) Densitometric analysis of the autoradiograms. The sPLA₂ signals (normalized to GAPDH) in the polysome-containing fractions (fractions 4–15) were summed and divided by the sum of the nonpolysomal fractions (fractions 1–3).

The ability of this enzyme to hydrolyze the membranes of mammalian cells is disputed. Type II sPLA₂ has been shown to play a role in arachidonic acid and eicosanoid synthesis in various proinflammatory cells (40–42) and in a murine fibroblast overexpressing human type II sPLA₂ (24). However, macrophages (43) and platelets were found to be refractory (35, 44, 45). Nevertheless, type II sPLA₂ was recently shown to generate lysophosphatidic acid in membrane microvesicles shed from activated cells, including human platelets (8). IL-1 β could induce the synthesis of type II sPLA₂ and the “membrane rearrangement” required for sPLA₂ action in rabbit articular chondrocytes, as proposed by Kudo et al. (46) in mastocytes stimulated by TNF α .

Several groups have reported the secretion of PLA₂ by rabbit articular chondrocytes (15, 17, 47). We and others have shown that the PLA₂ activity and type II sPLA₂ protein in human biological fluid are closely correlated (48, 49). Thus, in the absence of specific antibodies against rabbit type II sPLA₂ and with no cross-reactivity between the PLA₂ secreted by rabbit articular chondrocytes and either human- or rat-specific anti-type II sPLA₂ antibodies (data not shown), we conclude that sPLA₂ activity in the medium reflects the amount of type II sPLA₂ protein. This report shows that IL-1 β stimulates tran-

scription (Fig. 5). No type II sPLA₂ mRNA was detected under resting conditions by Northern blotting (Fig. 2), but run-on experiments revealed basal transcriptional activity (Fig. 5A). This indicates that primary type II sPLA₂ transcripts are poorly processed into mature mRNA in unstimulated chondrocytes, and/or that newly synthesized mRNA is rapidly degraded. This degradative process needs ongoing protein synthesis since the basal mRNA level appeared when the chondrocytes were grown on cycloheximide-supplemented medium (Fig. 4), indicating that type II sPLA₂ gene expression is actively repressed in unstimulated cells. IL-1 β might also act posttranscriptionally in rabbit articular chondrocytes since it induced an extremely stable type II sPLA₂ mRNA (half-life \sim 92 h) (Fig. 6). The transcriptional regulatory activity of IL-1 β has been partly linked to activation of nuclear factor- κ B/I- κ B (50) and activator protein-1 (51). However, responsive elements for nuclear factor- κ B or activator protein-1 action were not found in the $-1614/+806$ part of the human type II sPLA₂ promoter (52). At least part of the effect of IL-1 β on type II sPLA₂ gene expression is probably indirect via the induction of other regulatory genes. This indirect action is supported by the way cycloheximide inhibits the increase on IL-1 β -induced type II sPLA₂ mRNA in chondrocytes (Fig. 4).

Insulin-like growth factor I inhibits both the synthesis of type II sPLA₂ and the production of PGE₂ (Fig.1). This suggests that the physiological role of IGF-I is to act as an anti-inflammatory cytokine, regulating the synthesis of inflammatory mediators in articular chondrocytes. The rate at which IGF-I inhibits PGE₂ production was similar to that of its inhibitory effect on membrane-associated PLA₂ activity, whereas IGF-I had no action on cPLA₂ activity. This provides more evidence that type II sPLA₂ is involved in IL-1 β -stimulated PGE₂ synthesis in these cells. Other growth factors also inhibit IL-1 β -induced type II sPLA₂ gene expression (e.g., PDGF, reference 53, and TGF β , reference 54), in mesangial cells. But TGF β did not inhibit sPLA₂ and PGE₂ synthesis in parallel (55). The effect of IGF-I on sPLA₂ gene expression does not result from inhibition of transcription (Fig. 5). Hence, it must affect mRNA stability, translational efficiency, or both. Growth factors could influence translational efficiency by the phosphorylation of eukaryotic initiation factors (56). Gradient analysis of the translational step provided no evidence for any effect of IGF-I on the fractional entry of the type II sPLA₂ mRNA into the polysomal pool, or on the rate of translation or elongation, since there were no differences in the distribution of type II sPLA₂ mRNA in the polyribosome profile. As the initiation of translation depends on the interaction between eukaryotic initiation factors and the extreme 5' terminal sequences, our results suggest that the extreme 5' UTR sequence of type II sPLA₂ mRNA does not contain elements that bind to eukaryotic initiation factors and/or associated proteins.

The data reported here show that IGF-I markedly shortens the half-life of type II sPLA₂ mRNA (Fig. 6). The mRNA half-life is the result of a complex set of events, including its organization into the nucleoparticle, the informosome, and its interaction with the ribosomal machinery (57). Our results suggest that the main way in which IGF-I inhibits IL-1 β -induced sPLA₂ gene expression involves the molecular events that stabilize the mRNA before its entry into polysomes. 3' UTR mRNA sequences are believed to be crucial for mRNA decay (58), but there is as yet no evidence of such sequences in the type II sPLA₂ mRNA, or of factors in chondrocytes that could account for the changes in its stability in response to IL-1 β or IGF-I. Discovery of such regulatory factors could help define the signaling pathways of physiological molecules and lead to the design of a new strategy for developing specific anti-inflammatory drugs.

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