# Effects of Amino Acids on Substrate Selection, Anaplerosis, and Left Ventricular Function in the Ischemic Reperfused Rat Heart

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## **Abstract**

The effect of aspartate and glutamate on myocardial function during reperfusion is controversial. A beneficial effect has been attributed to altered delivery of carbon into the citric acid cycle via substrate oxidation or by stimulation of anaplerosis, but these hypotheses have not been directly tested. <sup>13</sup>C isotopomer analysis is well suited to the study of myocardial metabolism, particularly where isotopic and metabolic steady state cannot be established. This technique was used to evaluate the effects of aspartate and glutamate (amino acids, AA) on anaplerosis and substrate selection in the isolated rat heart after 25 min of ischemia followed by 30 or 45 min of reperfusion. Five groups of hearts (n = 8) provided with a mixture of  $[1,2^{-13}C]$  acetate, [3-13C] lactate, and unlabeled glucose were studied: control, control plus AA, ischemia followed by 30 min of reperfusion, ischemia plus AA followed by 30 min of reperfusion, and ischemia followed by 45 min of reperfusion. The contribution of lactate to acetyl-CoA was decreased in postischemic myocardium (with a significant increase in acetate), and anaplerosis was stimulated. Metabolism of <sup>13</sup>C-labeled aspartate or glutamate could not be detected, however, and there was no effect of AA on functional recovery, substrate selection, or anaplerosis. Thus, in contrast to earlier reports, aspartate and glutamate have no effect on either functional recovery from ischemia or on metabolic pathways feeding the citric acid cycle. (J. Clin. Invest. 1993. 92:831-839.) Key words: nuclear magnetic resonance • citric acid cycle metabolism • myocardium • ischemia • aspartate • glutamate

# Introduction

The activities of the metabolic pathways feeding the citric acid cycle are disrupted during ischemia and reperfusion (1-6). An understanding of the quantitative extent of these alterations is important for both diagnosis and therapy in reperfused myocardium. For example, clearance of <sup>11</sup>C-enriched acetate may

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be monitored in patients by positron tomography (7–9), yet the biochemical basis of altered tracer clearance during ischemia is incompletely understood (10–12). Of perhaps greater significance is the potential for improving recovery after ischemia by deliberately modifying carbon flow into the citric acid cycle. For example, a protective effect of aspartate and glutamate in models of myocardial ischemia is widely recognized (13–17) and application in clinical trials is underway (18, 19). Under normal conditions, amino acids contribute little to acetyl-CoA, but, in post-ischemic myocardium, aspartate and glutamate may indirectly alter substrate selection by stimulating both pyruvate transamination and glycolysis (20). Any shift from fatty acids to carbohydrates would be beneficial because of oxygen sparing, which has been documented in animal models (21–23) and supported by clinical observations (24–27).

Another potentially beneficial intervention is stimulation of pathways that replenish citric acid cycle intermediates. These pathways, termed anaplerosis by Kornberg (28), are active in the heart during ischemia (29), and stimulation with propionyl-carnitine improves recovery of ischemic myocardium (30). Aspartate and glutamate may enter the citric acid cycle via transamination and increase the concentration of citric acid cycle intermediates (15). Activation of these pathways may be beneficial by increasing net flux through the citric acid cycle or by increasing high energy phosphates via substrate-level phosphorylation (31).

Although substrate selection in reperfused myocardium has been studied extensively, information concerning anaplerotic activity is not available. Substrate selection is usually determined by measurements of arteriovenous differences or <sup>14</sup>CO<sub>2</sub> release from <sup>14</sup>C-enriched compounds, and measurement of anaplerosis typically involves purification and carbon-by-carbon degradation of intermediates (32). Both measurements are difficult in reperfused myocardium where isotopic and metabolic steady state are difficult to establish. <sup>13</sup>C is a stable isotope that has recently been applied to numerous problems in intermediary metabolism (33-35). <sup>13</sup>C isotopomer analysis offers advantages over other measurements of substrate selection because it is technically simple, and anaplerosis and competition among several substrates can be assessed in a single experiment (36–38). Further, requirement for steady state conditions does not apply to measurements of substrate selection (39, 40).

For these reasons <sup>13</sup>C-nuclear magnetic resonance (NMR) spectroscopy was used to address two questions: what are the

<sup>1.</sup> Abbreviations used in this paper: AA, amino acids; LV, left ventricular; NMR, nuclear magnetic resonance.

effects of prolonged ischemia followed by reperfusion on substrate selection and anaplerosis? Are the protective effects of glutamate and aspartate associated with altered substrate selection, anaplerosis, or both? Prolonged ischemia was studied because earlier observations indicate little effect of brief ischemia on substrate selection or functional recovery (40). The metabolic effects of these amino acids are of longstanding interest, and plausible biochemical mechanisms that are consistent with their beneficial effects have been suggested but not tested. Lactate was examined because its utilization is avid in normoxic myocardium (41) but is suppressed during severe ischemia because of inhibition of the pyruvate dehydrogenase complex (42). Acetate was studied because it provides an alternative carbon source, which bypasses pyruvate dehydrogenase, and because of its importance as a tracer for positron tomography studies.

# **Methods**

Materials. The following <sup>13</sup>C-enriched compounds were used: [3-<sup>13</sup>C]-sodium L-lactate, [3-<sup>13</sup>C]sodium-D,L-aspartate (99 and 94%, respectively; MSD Isotopes, Montreal, Quebec, Canada), [1,2-<sup>13</sup>C]sodium acetate (99%; Isotec Inc., Miamisburg, OH), and [U-<sup>13</sup>C]L-glutamic acid (98%; Cambridge Isotope Laboratories, Inc., Woburn, MA).

Perfusion technique and hemodynamic monitoring. Male Sprague–Dawley rats weighing 300–400 g with free access to food and water were used in these investigations and were cared for in the Animal Resources Center (43). Animals were anesthetized with 4% chloral hydrate (1 ml/100 g, i.p.), and heparin (100 U/100 g) was administered via the femoral vein. The heart was excised, and the aorta was cannulated for retrograde (Langendorff) perfusion. Hearts were perfused at 100 cm of water throughout the experiment except during the ischemic periods. Typical coronary flow was 15–18 ml/min, and the perfusate was not recirculated. The heart chamber was immersed in a controlled-temperature bath maintained at 37°C.

A latex balloon was inserted into the left atrium across the mitral valve into the left ventricle. This balloon was connected via tubing to a pressure transducer, and pressure and dP/dT were recorded continuously. Pacing electrodes were attached to the right atrium and all hearts were paced at 300 beats per min at twice the diastolic threshold. Hearts that had an intrinsic rate > 300 beats per min were not paced. For inclusion in this study, rat hearts were required to achieve a left ventricular (LV) peak pressure of 90 mmHg at an end-diastolic pressure of < 10 mmHg by the end of the 20-min stability period. About 20% of hearts failed these criteria.

Coronary flow and functional data were recorded at the end of the stability period, at the end of the 25-min period for hearts not rendered ischemic, and at 15-min intervals during the reperfusion period. Developed pressure was calculated as the difference between LV peak and end-diastolic pressures. Heart rate was 300 beats per min for paced hearts and varied between 300 and 360 beats per min in nonpaced hearts. Rate-pressure product was calculated as the product of developed pressure and heart rate.

Perfusate composition. The perfusate used for these experiments was a modified Krebs-Henseleit solution bubbled with 95% O<sub>2</sub>/5% CO<sub>2</sub>. For experiments done without amino acids, the perfusate contained the following (mM): 118.0 NaCl, 4.7 KCl, 1.2 MgSO<sub>4</sub>, 1.2 NaH<sub>2</sub>PO<sub>4</sub>, 25.0 NaHCO<sub>3</sub>, 1.2 CaCl<sub>2</sub>, 10.0 glucose, 1.0 lactate, and 0.25 sodium acetate. Two groups (see below) were studied with both glutamate (5 mM) and aspartate (5 mM) in the perfusate. For these experiments, the perfusate was modified to maintain a constant sodium concentration and osmolality. Unlabeled glucose (10 mM) was present throughout all experiments.

Each of the above perfusing solutions was made in two forms. In one, unlabeled lactate and acetate were used. In the other solution (used during the final 30 or 45 min of the experiment) 1 mM [3-<sup>13</sup>C]-lactate and 0.25 mM [1,2-<sup>13</sup>C] acetate were substituted in the perfusion solution. Each lot of lactate solution was assayed to determine concentration (44). All <sup>13</sup>C-enriched compounds were checked for fractional enrichment by either <sup>13</sup>C or <sup>1</sup>H-NMR spectroscopy to confirm the stated enrichment.

Experimental protocol. The experimental protocol is shown in Fig. 1 for five groups of eight animals. In group 1 (ischemia) rat hearts were perfused for a stabilization period of 20 min, and then made ischemic for 25 min by clamping the aortic cannula. After completion of the ischemic period, hearts were reperfused for 30 min using the solution containing the <sup>13</sup>C-enriched substrates and freeze-clamped. Group 2 (control) hearts were stabilized for 20 min and then perfused for an additional 25-min interval. The perfusing solution was then switched to one containing the <sup>13</sup>C-labeled substrates and after an additional 30 min the hearts were freeze-clamped.

Group 3 (ischemia plus amino acids) followed an identical protocol to group 1 with the exception that the perfusing solutions contained 5 mM glutamate and 5 mM aspartate. Group 4 (control plus amino acids) followed an identical pattern to group 2 with the exception that the perfusating solutions contained glutamate and aspartate. The protocol for group 5 was identical to group 1 except that the hearts were reperfused for 45 min with labeled substrates.

Tissue extraction and <sup>13</sup>C-NMR spectroscopy. Hearts were freeze-clamped with aluminum tongs chilled in liquid nitrogen, extracted with cold perchloric acid, neutralized with KOH, freeze-dried, and dissolved in 0.5 ml of D<sub>2</sub>O for NMR analysis (36). Proton decoupled <sup>13</sup>C spectra were obtained at 100.3 MHz on a spectrometer (Omega; General Electric Co., Wilmington, MA). Spectra of heart extracts were acquired in a 5-mm tube using a 45° carbon pulse, 16 K data points over 22,000–26,000 Hz, and a 6-s delay between pulses. Protons were decoupled using the WALTZ sequence at two power levels (BILEV), and the temperature was maintained at 25°C using a standard variable temperature accessory (General Electric Co.). All spectra were zero-filled to 32 K points before Fourier transformation. The relative areas of the multiplet components in each glutamate resonance were determined using commercial software (NMR-1; New Methods Research, Inc., Syracuse, NY).

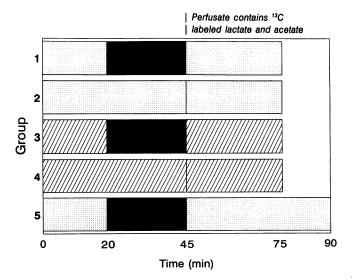


Figure 1. Experimental protocol. Aspartate and glutamate were present in the perfusate throughout the experiment in groups 3 and 4 (shaded). Groups 1, 3, and 5 were ischemic for 25 min (black), followed by reperfusion. All hearts were supplied with <sup>13</sup>C-enriched substrates after 45 min. Groups 1-4 were freeze clamped 75 min after the initiation of perfusion, and group 5 was freeze clamped at 90 min.

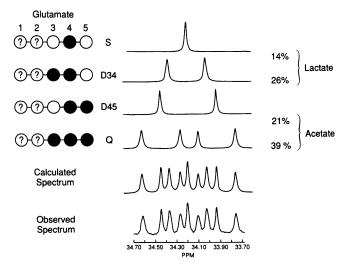


Figure 2. Analysis of the C4 resonance of glutamate. A proton-decoupled  $^{13}$ C-NMR spectrum of glutamate C4 is shown in the lower panel. This observed spectrum can be resolved into four multiplets, shown above. The relative intensities of these multiplets is proportional to the relative concentration of the labeling patterns in the glutamate pools, shown at the left where filled circles represent  $^{13}$ C, open circles represent  $^{12}$ C, and? indicates that labeling does not influence analysis of the C4. The contribution of  $[1,2^{-13}$ C] acetate relative to  $[3^{-13}$ C] lactate is simply the ratio (D45 + Q)/(S + D34) or 1.5 in this example.

Analysis of <sup>13</sup>C-NMR spectra. Under the conditions reported here, <sup>13</sup>C continuously enters the citric acid cycle via citrate synthase. Intermediates of the cycle become enriched in multiple sites as a consequence of turnover of citric acid cycle intermediates. Ultimately, multiplets due to <sup>13</sup>C-<sup>13</sup>C coupling are observed in the <sup>13</sup>C spectrum of glutamate, and the relative intensities of the multiplets may be analyzed to determine the fraction of acetyl-CoA derived from exogenous substrates. A simple example is shown in Fig. 2. [2-<sup>13</sup>C]acetyl-CoA can only be derived from [3-<sup>13</sup>C]lacetate, and [1,2-<sup>13</sup>C]acetyl-CoA can only be derived from [1,2-<sup>13</sup>C]acetate. These two labeling patterns in acetyl-CoA result in characteristic labeling patterns in the 4 carbon (C4) of glutamate. As shown in Fig. 2, competition between these substrates may be appreciated by simple inspection of the C4 resonance (40).

The glutamate spectrum was quantitatively analyzed using the nonsteady state (37, 39) and steady state (36–39) methods. The nonsteady state analysis measures the contribution of <sup>13</sup>C-enriched lactate, acetate, and unlabeled sources to acetyl-CoA. It is based upon the information in the multiplets of the glutamate C4 resonance described above plus the ratio of enrichment in glutamate C3 and C4. Because these multiplets represent the patterns of <sup>13</sup>C and <sup>12</sup>C in glutamate, the analysis is equally sensitive to unlabeled as well as labeled carbon. Assumptions about metabolic and isotopic steady state are not required (37, 39).

The steady state analysis provides a complete description of the labeling pattern in the acetyl-CoA pool, including a measure of relative flux through the anaplerotic pathways. This analysis requires input of all multiplet components in glutamate C2, C3, and C4 and requires that the system be in metabolic and isotopic steady state.

Statistical analysis. Statistical comparisons were performed using commercially available statistical software (45). Comparison of functional parameters at different time points was performed using a repeated-measures analysis of variance. Comparison of metabolic results was performed using a one-way analysis of variance with Student-Newman-Keuls test for differences between groups ( $\alpha$  was set at 0.05). All results are reported as mean $\pm$ SD; n=8 for each group.

#### Results

Myocardial performance was constant throughout the experimental period in normoxic hearts (groups 2 and 4), as anticipated, whereas LV performance was significantly impaired during the reperfusion period in ischemic hearts (groups 1, 3, and 5). Functional observations before ischemia and at 15-min intervals during reperfusion are presented in Table I.

A typical <sup>13</sup>C-NMR spectrum from a control heart (group 2) is shown in Fig. 3. All glutamate carbons become <sup>13</sup>C-enriched and extensive spin-spin coupling is observed in each carbon resonance. The <sup>13</sup>C-NMR spectra from postischemic hearts differed significantly compared with those obtained from control hearts. Representative examples of the carbon spectra from the C2, C3, and C4 carbon positions of glutamate in one heart subjected to ischemia (group 1) and one control heart (group 2) are shown in Fig. 4. The multiplets observed in the <sup>13</sup>C-NMR spectra are summarized in Table II, and the contributions of lactate, acetate, and unlabeled substrates to acetyl-CoA are shown in Table III.

Effect of ischemia on substrate selection and anaplerosis. The glutamate multiplets arising from labeled acetate will be detected in the C4 resonance as a doublet (D45) or quartet (Q). On the other hand, multiplets arising from labeled lactate will be detected as a singlet (S) or doublet (D34). With this information the C4 multiplets in normoxic and postischemic hearts can be easily compared and interpreted: the oxidation of labeled acetate increased relative to the oxidation of labeled lactate (Fig. 4 and Table II).

Sources of acetyl-CoA were measured by analysis of the <sup>13</sup>C spectra assuming either steady state or nonsteady state metabolic conditions (Table III and Fig. 5). Either method provides a complete description of the acetyl-CoA-labeling patterns, including unlabeled acetyl-CoA. Because the labeling of lactate and acetate are known, the sources of acetyl-CoA (including unlabeled sources) are also determined. Results were compared for all five groups by analysis of variance (Table III). The contributions to acetyl-CoA in groups 1, 3, and 5 were not different. Similarly, sources of acetyl-CoA were not different in groups 2 and 4. However, groups 1, 3, and 5 (ischemic hearts) were significantly different compared with groups 2 and 4 (normoxic hearts). Thus, ischemia but not amino acids significantly shifted substrate preference toward acetate. Statistical analysis of substrate selection measured by the steady state method showed the same pattern: the lactate contribution was lower and acetate contribution was significantly greater in the ischemic groups (1, 3, and 5) compared with control groups (2 and 4). The contribution of unlabeled sources (glucose in the perfusate, glycogen, and triglycerides) was also slightly higher in reperfused hearts.

A comparison of substrate utilization as measured using the nonsteady state method in hearts made ischemic and reperfused for 30 min (group 1) versus hearts made ischemic and reperfused for 45 min (group 5) indicates that equivalent results were obtained for each reperfusion period (lactate contribution,  $0.29\pm0.07$  vs.  $0.34\pm0.08$  and acetate contribution,  $0.42\pm0.08$  vs.  $0.40\pm0.07$ , for groups 1 vs. 5, respectively). This indicates that the tissue was in isotopic steady state after 30 min of reperfusion, thus allowing the application of published steady state methods to estimate anaplerotic flux in ischemic versus control tissue. Anaplerotic flux (Table IV) was higher in all ischemic groups (1, 3, 3) compared with normoxic

Table I. Myocardial Function

Group	20 min (baseline)	60 min (15 s rep)	75 min (30 s rep)	90 min (45 s rep)
Developed pressure				
1 isc -	93±8	23±15*	28±17*	
2 nor –	94±9	98±7	102±14	
3 isc +	94±10	21±12*	34±16*	
4 nor +	90±11	99±10	100±9	
5 isc -	98±16	30±19*	41±23*	45±24
Peak positive dP/dT				
1 isc -	2144±446	488±349*	668±496*	
2 nor –	2259±370	2470±370	2463±423	
3 isc +	2188±247	401±244*	650±369*	
4 nor +	2085±259	2409±297	2463±283	
5 isc -	2194±498	613±363*	888±496*	1020±556
Rate pressure production ( $\times 10^3$ )				
1 isc -	29.5±3.6	7.0±4.8*	9.1±5.8*	
2 nor –	28.4±2.4	30.2±2.4	31.4±5.1	
3 isc +	28.7±3.1	6.4±3.6*	10.5±4.7*	
4 nor +	27.1±3.2	30.0±3.2	30.4±2.7	
5 isc -	30.1±4.7	9.1±5.6*	12.3±6.9*	13.4±7.1
Coronary flow				
1 isc -	17±6	12±2	11±3	
2 nor –	17±4	18±4	18±5	
3 isc +	19±2	17±8	19±6	
4 nor +	15±5	20±6	18±5	
5 isc -	14±2	11±4	10±3	9±3

Developed pressure, peak positive dP/dT, and rate-pressure product were measured at selected intervals after initiation of perfusion. Time after reperfusion is relevant to groups 1, 3, and 5. Developed pressure is reported in mmHg; peak positive dP/dT is in mmHg/s, rate-pressure product is in mm Hg  $\times$  beats per min, and coronary flow is in ml/min. Results are mean $\pm$ SD (n = 8). Isc, ischemic and reperfused; nor, normoxic; +, glutamate and aspartate in the perfusate; -, glutamate and aspartate not present in the perfusate.

hearts (groups 2 and 4). In all cases, the source of anaplerosis appeared to arise mainly ( $\sim$ 80%) from unlabeled carbon sources.

Effect of aspartate and glutamate on ventricular performance and metabolism. Aspartate and glutamate had no effect on myocardial function in normoxic hearts (Table I) nor were any differences in functional recovery observed after ischemia between hearts reperfused in the presence (group 3) or absence (group 1) of glutamate and aspartate. Near the end of the ischemic period, increases in diastolic pressure were observed. The time to increased diastolic pressure, defined as a rise of 4 mmHg, was  $16.4\pm1.5$  min in control hearts (group 1, mean  $\pm$ SD) and  $16.6\pm1.2$  min in hearts exposed to glutamate and aspartate (group 3). Thus, earlier observations of a protective effect were not confirmed.

Aspartate and glutamate also had no effect on the sources of acetyl-CoA in normoxic myocardium (Table III, group 2 vs. 4). In both cases, lactate was the predominant source, and unlabeled substrates provided only 11-14% of acetyl-CoA. Although ischemia significantly altered substrate selection (group 1 vs. 2, discussed above), aspartate and glutamate again had no effect on substrate selection after ischemia compared with untreated hearts (group 1 vs. 3). Also, anaplerotic flux was low in

normoxic hearts and was not altered by aspartate and glutamate (Table IV). Reperfusion after 25 min of ischemia increased anaplerosis relative to citric acid cycle flux (Table IV), but this increase was not affected by amino acids in the perfusate. Thus, these amino acids did not appear to alter either oxidative or anaplerotic pathways feeding the citric acid cycle.

Direct detection of aspartate and glutamate metabolism. Although an effect of glutamate and aspartate on anaplerosis or substrate selection could not be detected in ischemic hearts, these results do not exclude utilization of exogenous glutamate (or aspartate) in anaplerotic reactions that were stimulated by ischemia. To test this possibility, the ischemic and normoxic protocols with amino acids (groups 3 and 4) were repeated in the presence of 5 mM [U-13C]L-glutamate, 5 mM unlabeled aspartate, and with unlabeled acetate and lactate. Thus, the only source of <sup>13</sup>C in these experiments is exogenous glutamate. Metabolism in the citric acid cycle must yield  $[1,2,3^{-13}C]\alpha$ ketoglutarate and [1,2,3-13C] glutamate. This coupling pattern, easily distinguished from [U-13C]glutamate, was not detected in either ischemic or control hearts. Entry of aspartate was studied in a similar protocol using [3-13C]aspartate (other compounds were unlabeled). Again, the metabolic products of this compound could not be detected in tissue extracts. To-

<sup>\*</sup> Different from groups 2 and 4 at that time, repeated measures analysis of variance.

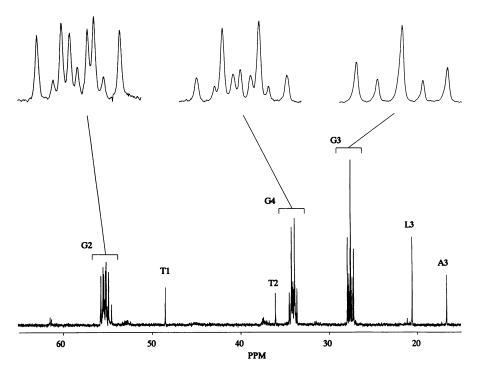


Figure 3. Proton-decoupled <sup>13</sup>C-NMR spectrum of an extract of a normoxic heart not supplied with amino acids. Although glutamate resonances dominate the spectrum, other metabolites can be detected. A3, alanine C3; L3, lactate C3; G2, glutamate C2; G3, glutamate C3; G4, glutamate C4; T1 and T2, taurine C1 and C2.

gether, these observations confirm that neither aspartate nor glutamate are metabolized in the citric acid cycle under these conditions.

Correlation between functional recovery and metabolic state. To examine the relationship between myocardial performance and metabolic state, data from all 40 hearts were combined. A strong correlation was observed between cardiac function and pathways feeding the citric acid cycle (Fig. 6). There was a positive correlation between lactate utilization and rate-pressure product  $(r = 0.92, \text{Fig. 6}\,A)$ . A similar correlation was observed between the ratio of lactate to acetate utilization and ventricular function  $(r = 0.91, \text{Fig. 6}\,B)$ . A negative correlation was found between anaplerosis and function  $(r = -0.90, \text{Fig. 6}\,C)$ . Thus, higher levels of anaplerosis relative to citric acid cycle flux were associated with impaired ventricular performance. These relations remained statistically significant when only postischemic hearts were analyzed.

## **Discussion**

This model of prolonged global normothermic ischemia and reperfusion was chosen to allow comparison to numerous previous investigations (14, 16, 17, 20, 31, 46). <sup>13</sup>C-NMR was used to test previous hypotheses regarding the effects of amino acids on substrate selection, anaplerosis, and functional recovery after ischemia.

The protective effects of glutamate and aspartate on ischemic heart tissue were not confirmed in this study. Other investigators have observed improvements in postischemic cardiac performance when the perfusate is enriched with these amino acids. Exposure to 2 mM glutamate before, during, and after severe ischemia leads to improved functional recovery in the intact rabbit heart (16). Glutamate at higher concentrations (20 mM) during underperfusion of isolated rat hearts greatly reduced the resulting contractile dysfunction (14). Addition of

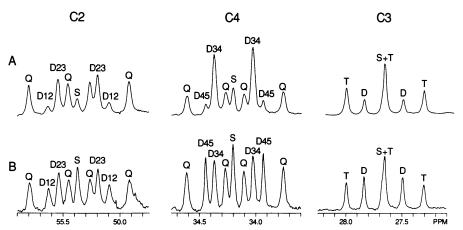


Figure 4. <sup>13</sup>C-NMR spectra of the C2, C3, and C4 carbons of glutamate from heart extracts. A spectrum from a nonischemic heart (group 2) is shown in A. In the C4 resonance from the ischemic heart (group 1, B), the multiplets due to acetate (D45 and Q) are substantially increased relative to those due to lactate (S and D34), which indicates increased preference for acetate relative to lactate in reperfused myocardium. S, singlet; D, doublet; T, triplet; Q, quartet.

Table II. Multiplet Areas in the 13C-NMR Spectrum

	C2		С3			C4					
Group	S	D23	D12	Q	S	D	Т	s	D34	D45	Q
1 isc -	0.17±0.03	0.26±0.03	0.19±0.03	0.37±0.04	0.12±0.04	0.40±0.04	0.48±0.07	0.16±0.03	0.24±0.06	0.25±0.04	0.34±0.05
2 nor -	0.08±0.04	0.34±0.02	$0.09 \pm 0.03$	0.48±0.08	0.03±0.02	0.25±0.08	0.71±0.10	0.12±0.05	0.51±0.04	0.08±0.02	0.29±0.07
3 isc +	0.17±0.03	0.28±0.02	0.14±0.04	0.41±0.06	0.11±0.02	0.34±0.05	0.56±0.06	0.18±0.02	0.29±0.04	0.19±0.03	0.33±0.06
4 nor +	0.07±0.02	0.34±0.02	0.07±0.01	0.53±0.03	$0.02 \pm 0.01$	0.20±0.03	0.77±0.03	0.10±0.02	0.52±0.03	0.07±0.01	0.31±0.04
5 isc -	0.13±0.03	0.27±0.03	0.16±0.02	0.44±0.03	0.08±0.04	0.35±0.03	0.57±0.07	0.16±0.02	$0.30\pm0.08$	0.19±0.04	0.35±0.04

C2, C3, and C4 refer to the carbon resonances observed in the proton-decoupled  $^{13}$ C-NMR spectrum of glutamate (37, 39). Each resonance is composed of multiplets which are denoted as S, singlet, D, doublet (with carbon-carbon coupling); T, triplet; and Q, quartet, or doublet of doublets. Examples of  $^{13}$ C spectra are shown in Fig. 4, and other abbreviations are in Table I. Results are mean $\pm$ SD (n = 8).

aspartate and glutamate to cardioplegic solutions during (17) or after (47) ischemia also has been associated with superior recovery of function during the reperfusion period.

It is difficult to attribute the lack of functional benefit of aspartate and glutamate found in this study to major differences in the experimental model compared with earlier studies. The concentrations of amino acids used in the present study were higher than those found effective in some earlier reports (16). In our study, amino acids were provided both before and after ischemia to increase the chance of showing an effect. The severity of the ischemic episode may have been too great, although beneficial effects have been observed with longer periods of low flow ischemia (14, 31). Similar to our results, Galinanes et al. (46) could not detect a protective effect independent of changes in perfusate sodium caused by addition of sodium aspartate. Nevertheless, the effects of these amino acids may be highly dependent on the experimental protocol, and a salutary effect of exogenous amino acids may certainly be present under other conditions.

The functional benefits described earlier have been attributed to several mechanisms. One suggestion is that glutamate may alter myocardial substrate utilization. Thomassen and coworkers (48) demonstrated a change in substrate preference from free fatty acid use toward glucose and glutamate consumption in patients receiving an infusion of glutamate. Pacing-induced myocardial lactate release was reduced after glutamate administration in patients with ischemic heart disease, and pacing tolerance, an indirect indication of ischemic threshold, was improved (49). We found no alteration in substrate

selection upon addition of 5 mM aspartate and glutamate in control hearts or in hearts recovering from a 25-min ischemic episode.

Another potential protective mechanism for these amino acids could involve their entry into the citric acid cycle intermediate pools via transamination of glutamate and pyruvate to yield  $\alpha$ -ketoglutarate plus alanine or between aspartate and pyruvate to yield oxaloacetate plus alanine. During ischemia the concentration of alanine increases (29) and the concentrations of glutamate and aspartate decrease, perhaps indicating that the myocardium is capable of transamination via these pathways. Addition of exogenous glutamate could theoretically increase  $\alpha$ -ketoglutarate levels (16), which could then generate high energy phosphates via substrate level phosphorylation (14) in subsequent reactions. However, succinyl-CoA generation from  $\alpha$ -ketoglutarate requires NAD<sup>+</sup>, which is depleted during ischemia. Some authors have suggested that oxaloacetate derived from aspartate may oxidize NADH via reversal of malate dehydrogenase and therefore support a greater role for aspartate than glutamate in ischemic protection (17). Furthermore, others have demonstrated a direct inhibitory effect of glutamate on pyruvate carboxylase (50) in other tissues, which is thought to be a major anaplerotic mechanism in the heart (51).

Despite the absence of functional benefits, the metabolic changes suggested by others should have been readily detected in the present study because <sup>13</sup>C-NMR is sensitive to the activity of pathways feeding acetyl-CoA and entry of either labeled or unlabeled molecules into the citric acid cycle pools via an

Table III. Sources of Acetyl-CoA

		Nonsteady state analysis			Steady state analysis	
Group	lactate	acetate	unlabeled	lactate	acetate	unlabeled
1, isc -	0.29±.07	0.42±.08	0.29±.07	0.31±.06	0.44±.06	0.25±.06
2, nor –	0.55±.05	0.31±.07	$0.14 \pm .07$	0.55±.03	0.31±.07	0.14±.06
3, isc +	0.35±.04	$0.40 \pm .07$	0.26±.06	$0.39 \pm .04$	0.43±.07	0.18±.05
4, nor +	0.56±.04	0.33±.04	0.11±.03	0.56±.04	0.34±.04	0.10±.02
5, isc -	0.34±.08	$0.40 \pm .07$	0.27±.04	$0.37 \pm .08$	0.43±.05	0.20±.05

 $<sup>^{13}</sup>$ C-NMR spectra were analyzed using the steady state and nonsteady state analysis as described in the text. Results are mean±SD (n = 8). See Table I for other abbreviations.

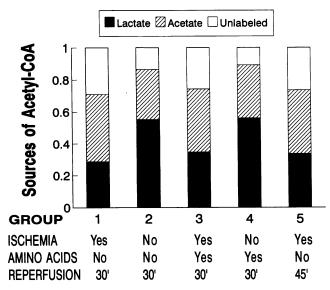


Figure 5. Sources of acetyl-CoA. The contribution of lactate, acetate, and unlabeled sources to acetyl-CoA measured by the nonsteady state analysis is shown for all groups.

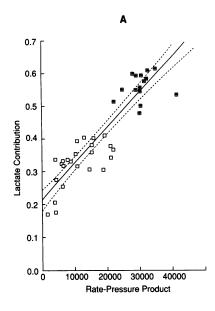
anaplerotic pathway (37, 39). However, neither substrate selection by the myocardium nor anaplerotic flux were altered by the presence of glutamate and aspartate. These conclusions are based on measurements of anaplerosis and substrate selection when lactate and acetate metabolism are traced by <sup>13</sup>C-NMR. Complementary studies with <sup>13</sup>C-enriched glutamate or aspartate confirmed that neither amino acid is metabolized in the citric acid cycle under these conditions. Thus, our data do not support earlier suggestions that synthesis of tricarboxylic acid (TCA) cycle intermediates is stimulated or that glutamate and aspartate influence the selection of substrates for oxidation in the TCA cycle.

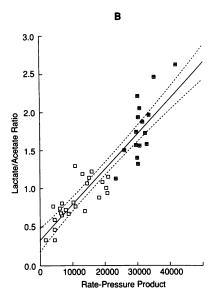
Anaplerosis occurred at a higher rate relative to TCA cycle flux after ischemia in this study. This determination depends on the assumption of metabolic steady state, a condition difficult to establish, but three observations indicate that the steady state analysis is valid. First, a method for measuring substrate selection that does not require steady state conditions yielded results that were similar to results obtained by the steady state analysis in both relevant groups. Second, substrate selection was not different in groups that were reperfused for different periods (groups 1 and 5, Table III), using the nonsteady state

Table IV. Flux through Anaplerotic Pathways Relative to Total Citric Acid Cycle Flux Calculated from the Steady State Analysis

Group	Anaplerosis	
1, isc –	0.20±.04*	
2, nor –	$0.05 \pm .02$	
3, isc +	0.20±.04*	
4, nor +	0.05±.01	
5, isc -	0.14±.03*	

See Table I for abbreviations. Results are mean $\pm$ SD (n = 8).





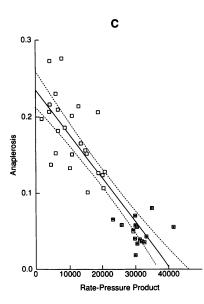


Figure 6. Relation between mechanical function and carbon flow into the citric acid cycle in reperfused myocardium. The rate-pressure product at the time of freeze clamping is compared with results of isotopomer analysis in ischemic (□) and nonischemic (D) hearts. Linear regression and the 95% confidence intervals are shown for A, lactate contribution to acetyl-CoA; B, lactate/acetate utilization ratio; and C, anaplerosis.

<sup>\*</sup> Different from groups 2 and 4 by analysis of variance, P < 0.05.

analysis. Finally, anaplerosis measured at either 30 or 45 min was substantially higher than control conditions.

The study is consistent with earlier work that found suppression of lactate relative to fatty acid (1) or acetate (40) utilization early during reperfusion. This effect has been attributed to suppression of pyruvate dehydrogenase activity during ischemia which effectively reduces carbohydrate contributions to acetyl-CoA. These data demonstrate a significant correlation between functional recovery after ischemia and substrate selection by the myocardium. Such information may prove useful in evaluating myocardial viability or in formulating strategies to improve cardiac performance after ischemia.

This study also illustrates the simplicity of analysis of substrate selection by a single <sup>13</sup>C-NMR spectrum. Competition among two labeled substrates and unlabeled materials could be assessed in a single experiment without assuming metabolic or isotopic steady state. This method is generally useful in analysis of substrate selection during reperfusion where substrate selection is controversial.

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