Synthesis of Immunoglobulin G by Pokeweed Mitogen- or Epstein-Barr Virus-stimulated Human B Cells In Vitro Is Restricted to the Ecto-5'-Nucleotidase Positive Subset

Linda F. Thompson and Julie M. Ruedi

Department of Immunology, Research Institute of Scripps Clinic, La Jolla, California 92037

Abstract

Ecto-5'-nucleotidase (ecto-5'-NT) is believed to be a maturation marker for human B lymphocytes because its expression increases during normal development and is reduced in many patients with B cell immunodeficiencies. To determine whether this enzyme defines functional subsets of B lymphocytes, human peripheral blood B cells, separated into ecto-5'-NT positive and negative populations by using goat anti-5'-NT antibodies and the fluorescence-activated cell sorter, were compared for their ability to secrete polyclonal immunoglobulin. Both populations synthesized equivalent quantities of IgM in response to a T cell-dependent (PWM) or T cell-independent (EBV) stimulator of polyclonal immunoglobulin biosynthesis. However, ecto-5'-NT⁺ B lymphocytes synthesized 8- to 26-fold more IgG per cell than ecto-5'-NT⁻ B cells. These data provide the first direct evidence that ecto-5'-NT is a marker for the functional maturation of human B cells and support the hypothesis that ecto-5'-NT deficiency in patients with hypogammaglobulinemia results from a block in B lymphocyte maturation.

Introduction

Ecto-5'-nucleotidase (ecto-5'-NT)¹ is an enzyme located on the external surface of the majority of adult human peripheral blood B cells (1, 2). This enzyme is thought to be a B lymphocyte maturation marker (3, 4), because its expression increases during B cell development. Ecto-5'-NT activity in fetal spleen and cord blood B cells is about one-fifth that in adult peripheral blood B cells (1, 3, 4). Cord blood B cells are functionally immature in that they can synthesize only IgM (but not IgG) after stimulation in vitro with EBV (5). Ecto-5'-NT activity increases to near adult levels during the first six months of life

(6). This increase in enzyme activity precedes the time that infants' B cells mature and acquire the ability to synthesize IgG in vitro in response to EBV. The ecto-5'-NT activity in B cells from many patients with common variable immunodeficiency (CVI) is also markedly reduced (1, 4), and although such patients can occasionally synthesize some IgM in response to PWM or EBV, they uniformly fail to synthesize IgG (reference 1 and Thompson, L. F., unpublished observations).

We recently described the use of specific goat antibodies to detect cell surface 5'-NT by indirect immunofluorescence (2, 7). As was previously found by histochemical staining (1), ecto-5'-NT is expressed on ~ 80% of adult peripheral blood B cells. To determine whether ecto-5'-NT expression defines functional subpopulations of human B cells, we used our antibodies to isolate highly purified ecto-5'-NT positive and negative B cell preparations. These cells were then treated with both a T cell-dependent (PWM) and a T cell-independent (EBV) stimulator of polyclonal Ig biosynthesis, and the quantities of IgM and IgG secreted were determined.

Methods

Cell isolation. PBL were isolated from heparinized blood of healthy adult donors by dextran sedimentation, carbonyl iron treatment to remove monocytes, and Ficoll-Hypaque density gradient centrifugation. T cells were isolated by one cycle of rosetting with neuraminidase-treated sheep erythrocytes, E_N, followed by Ficoll-Hypaque density gradient centrifugation. E_N were lysed with 0.83% NH₄Cl. Non-T (B-enriched) cells were isolated at the interface of the second Ficoll-Hypaque gradient (8). Monocytes were isolated from PBMC at the interface between 0 and 50% Percoll on a discontinuous gradient (9). These preparations contained > 80% monocytes as judged by nonspecific esterase staining (10).

Preparation of the antiserum, immunofluorescence, and cell sorting. The anti-5'-NT antiserum was prepared by immunizing a goat with highly purified human placental 5'-NT and absorbed as previously described (7). IgG was isolated by precipitation with 50% saturated ammonium sulfate and DEAE cellulose chromatography. The IgG eluting at 0.015 M phosphate, pH 8.0, was digested with pepsin at pH 3.8 to produce F(ab')₂ fragments. To detect cell surface 5'-NT, lymphocytes were incubated with F(ab')₂ anti-5'-NT at 250 µg/ml followed by affinity-purified F(ab')₂ rabbit anti-goat IgG, which had been absorbed on a Cohn II-Sepharose column and then biotinylated (CooperBiomedical, Malvern, PA), and fluorescein isothiocyanate (FITC) avidin (CooperBiomedical) (7). For two-color sorts, the cells were also stained with Leu 12 (anti-CD19; Becton, Dickinson & Co., Oxnard, CA) followed by phycoerythrin (PE) anti-mouse kappa (Becton, Dickinson & Co.). The cells were washed once with RPMI + 2.5% FCS + 25 mM Na Hepes, pH 7.4, after each stain and twice at the end of the staining procedure. The cells were kept on ice in the same medium until they were sorted.

The stained cells were separated into FI⁺ and FI⁻ populations using the FACSTAR fluorescence-activated cell sorter (Becton, Dickinson & Co.) equipped with an argon ion laser (Spectra-Physics, Inc., Mountain

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Address reprint requests to Dr. Linda F. Thompson, Department of Immunology, IMM-1, Scripps Clinic and Research Foundation, 10666 N. Torrey Pines Road, La Jolla, CA 92037.

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1. *Abbreviations used in this paper:* BBS, borate-buffered saline; CVI, common variable immunodeficiency; ecto-5'-NT, ecto-5'-nucleotidase; E_N, neuraminidase-treated sheep erythrocytes; FITC, fluorescein isothiocyanate; PE, phycoerythrin.

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View, CA). FITC and PE were excited at 488 nm and their fluorescent emissions were distinguished with 530±15- and 575±14-nm band pass filters. The overlap in emissions of FITC and PE was corrected by electronic compensation. The sorting gates were chosen so that the positive and negative populations were > 95% pure when reanalyzed. After being sorted, the cells were > 97% viable as determined by trypan blue dye exclusion.

PWM stimulation. 500,000 non-T (B-enriched) cells, 500,000 autologous irradiated (3,000 rads) T cells, and 10⁴ monocytes were incubated in the presence and absence of PWM (1:50 final dilution in culture; Gibco Laboratories, Grand Island, NY) in round-bottomed tubes in a total volume of 1.0 ml of RPMI 1640 + 10% FCS. After 7 d at 37°C in an humidified atmosphere of 95% air and 5% CO₂, the cells were centrifuged and the supernatants were collected for quantitation of IgM and IgG secreted. In some experiments, the volume of the cultures was reduced to 0.5 ml, but the cell concentrations remained constant.

EBV stimulation. 500,000 non-T (B-enriched) cells and 10⁴ monocytes were incubated in the presence and absence of 20% (vol/vol) EBV-containing supernatant from B 95-8 cells in round-bottomed tubes in a total volume of 1.0 ml of RPMI 1640 + 10% FCS. After 10 d at 37°C in an humidified atmosphere of 95% air and 5% CO₂, the cells were centrifuged and the supernatants were collected for quantitation of IgM and IgG secreted. In some experiments, the volume of the cultures was reduced to 0.5 ml, but the cell concentrations remained constant.

Quantitation of IgM and IgG in culture supernatants. The quantities of IgM and IgG in culture supernatants were measured with a solid-phase enzyme immunoassay. Wells of U-bottom polyvinylchloride plates (Dynatech Laboratories, Inc., Alexandria, VA) were coated for 5 h at room temperature with 100 µl of affinity-purified goat anti-human IgM or IgG (Southern Biotechnology Associates, Birmingham, AL) at 5 µg/ml in borate-buffered saline (BBS). The wells were then washed three times with Blotto (50 g nonfat dry milk, 0.1 ml antifoam A [Sigma Chemical Co., St. Louis, MO], and 0.01% thimerosal in 1 liter BBS) and then blocked with 200 µl of Blotto/well for 1 h at room temperature. Culture supernatants or Ig standards, diluted in Blotto, were then added to wells (100 µl/well) and incubated overnight at 4°C. After five washes with Blotto, the wells were incubated with 100 µl of alkaline phosphatase-conjugated affinity purified goat anti-human Ig (Tago, Inc., Burlingame, CA) for 3 h at 37°C. After five more washes with Blotto, the wells were treated with 100 µl of *p*-nitrophenylphosphate (Sigma Chemical Co., 1 mg/ml in 0.1 M glycine, 0.001 M MgCl₂, and 0.001 M ZnCl₂, pH 9.45). Color development then proceeded for ~ 15–30 min at room temperature, after which the reaction was terminated by the addition of 25 µl 4 N NaOH/well. Optical density at 405 nm was measured with a microelisa analyzer (Dynatech Laboratories, Inc.). All supernatants were tested at three serial dilutions in duplicate. The standards were the Hyland International Reference Serum for IgM and a Cohn II fraction of human serum for IgG (gift of Dr. Hans Spiegelberg, Scripps Clinic and Research Foundation). The ranges of concentrations included in the standard curves were 250–32,000 pg/ml for IgM and 1,000–125,000 pg/ml for IgG.

Results and Discussion

Non-T (B-enriched) cells were sorted into ecto-5'-NT positive and negative populations and compared for their ability to synthesize polyclonal IgM and IgG in response to PWM or EBV (Table I). The results are expressed as nanograms of IgM or IgG secreted/10⁶ B cells. In PWM-stimulated cultures, ecto-5'-NT⁺ B cells synthesized eightfold more IgG per B cell, but only one-third as much IgM as ecto-5'-NT⁻ B cells. In EBV-stimulated cultures, ecto-5'-NT⁺ B cells synthesized 12-fold more IgG per B cell, but only 60% as much IgM as ecto-5'-NT⁻ B cells. The ecto-5'-NT⁺ population contained

Table I. Ability of Ecto-5'-NT⁺ and Ecto-5'-NT⁻ Non-T Cells to Synthesize Polyclonal Ig in Response to PWM and EBV

A. Stimulation with PWM*	-PWM		+PWM†	
	IgM	IgG	IgM	IgG
	ng/10 ⁶ B cells in 7 d			
Untreated non-T cells	30	200	820	1,040
5'-NT ⁺ non-T cells	<3	5	80	800
5'-NT ⁻ non-T cells	8	12	240	100

B. Stimulation with EBV‡	-EBV		+EBV§	
	IgM	IgG	IgM	IgG
	ng/10 ⁶ B cells in 10 d			
Untreated non-T cells	11	110	4,080	4,510
5'-NT ⁺ non-T cells	4	<3	2,240	11,340
5'-NT ⁻ non-T cells	<6	<6	4,030	970

* 5 × 10⁵ non-T cells, 5 × 10⁵ autologous irradiated T cells, and 10⁴ monocytes were incubated in the presence and absence of PWM in round-bottomed tubes in 1.0 ml of RPMI + 10% FCS for 7 d.

† Net IgM or IgG synthesized; i.e., -PWM values are subtracted.

‡ 5 × 10⁵ non-T cells and 10⁴ monocytes were incubated in the presence and absence of 20% (vol/vol) EBV-containing supernatant from B 95-8 cells in round-bottomed tubes in 1.0 ml of RPMI + 10% FCS for 10 d.

§ Net IgM or IgG synthesized; i.e., -EBV values are subtracted.

pure B cells, since B cells are the only cell type in a non-T cell preparation that expresses ecto-5'-NT (2). The ecto-5'-NT⁻ non-T cells, in this experiment, were 50% B cells as determined by rosetting with ox erythrocytes coated with anti-IgM and anti-IgD (11). In other experiments when total non-T cells were sorted into ecto-5'-NT positive and negative populations, the latter group contained variable and often low percentages of B cells.

To overcome this difficulty and to make sure that the lack of IgG synthesis by ecto-5'-NT⁻ B cells did not result from suppression by non-B cells contaminating the preparations, we used two-color sorting for two experiments in which the B cells were identified by staining with anti-CD19 plus PE-anti-mouse kappa. We first ascertained that staining B cells with anti-CD19 did not cause spontaneous Ig secretion, nor did it inhibit their responses to PWM or EBV (data not shown). The use of the second color enabled us to sort only B cells into ecto-5'-NT⁺ and ecto-5'-NT⁻ populations. Fig. 1 shows a two-color fluorescence contour plot of non-T cells stained with goat anti-5'-NT antibodies in green and anti-CD19 in red. The positions of the sorting gates are shown by the boxes. Fig. 2 shows immunofluorescence histograms of the sorted populations. Both populations contained > 98% B cells as judged by staining with anti-CD19 and were > 95% pure with respect to the expression of ecto-5'-NT. As Table II illustrates, in this experiment ecto-5'-NT⁺ B cells synthesized more IgM and IgG than ecto-5'-NT⁻ B cells in response to both PWM and EBV, but the difference was more pronounced for IgG. In PWM-stimulated cultures, ecto-5'-NT⁺ B cells synthesized 2-fold

Figure 1. Two-color immunofluorescence contour map of human peripheral blood non-T cells stained with anti-5'-NT antibodies in green vs. anti-CD19 in red. The sorting gates are shown in the boxes: (A) ecto-5'-NT⁻ B cells and (B) ecto-5'-NT⁺ B cells.

more IgM and 26-fold more IgG per cell than the ecto-5'-NT⁻ B cells. In EBV-stimulated cultures, ecto-5'-NT⁺ B cells synthesized 1.6-fold more IgM and 8-fold more IgG per cell than ecto-5'-NT⁻ B cells.

Note that staining non-T cells with anti-5'-NT antibodies apparently enhanced IgM (but not IgG) synthesis after PWM or EBV stimulation by approximately twofold (Table II). In a preliminary examination of this phenomenon, anti-5'-NT antibodies were included in the culture medium during the entire 7-d stimulation of PBMC with PWM. The response varied from donor to donor, but in the five individuals studied, the average enhancement in IgM synthesis in the cultures treated with anti-5'-NT antibodies was 6.5-fold. IgG synthesis also increased 2-fold. These data suggest that ecto-5'-NT may play a direct role in B cell activation. Experiments are now in progress to determine whether the interaction of anti-5'-NT antibodies with B cells triggers known biochemical pathways of B cell activation.

In summary, although both ecto-5'-NT⁺ and ecto-5'-NT⁻ B cells can synthesize IgM in response to either PWM or EBV, the synthesis of IgG in vitro is largely restricted to the ecto-5'-NT⁺ subpopulation. Our data, therefore, provide the first direct evidence that ecto-5'-NT is a marker for the functional maturation of human B cells. In fact, since ~80% of adult peripheral blood B cells are ecto-5'-NT⁺, we calculate that in bulk cultures, 97–99% of the IgG synthesized in response to PWM or EBV is made by ecto-5'-NT⁺ B cells. Similar calcula-

Figure 2. Reanalysis of sorted ecto-5'-NT positive and negative populations. I. Ecto-5'-NT⁻ B cells: (A) anti-5'-NT and (B) anti-CD19. II. Ecto-5'-NT⁺ B cells: (A) anti-5'-NT and (B) anti-CD19.

Table II. Ability of Ecto-5'-NT⁺ and Ecto-5'-NT⁻ B Cells to Synthesize Polyclonal Ig in Response to PWM and EBV

A. Stimulation with PWM*	-PWM		+PWM†	
	IgM	IgG	IgM	IgG
ng Ig/10 ⁶ B cells in 7 d				
Untreated B cells	310	600	3,500	11,200
Stained, but not sorted B cells	260	530	7,200	13,500
Ecto-5'-NT ⁺ B cells	44	70	2,200	18,700
Ecto-5'-NT ⁻ B cells	110	220	1,100	720

B. Stimulation with EBV‡	-EBV		+EBV¶	
	IgM	IgG	IgM	IgG
ng Ig/10 ⁶ B cells in 10 d				
Untreated B cells	230	480	1,600	780
Stained, but not sorted B cells	280	630	2,800	740
Ecto-5'-NT ⁺ B cells	12	36	2,600	1,600
Ecto-5'-NT ⁻ B cells	100	180	1,600	190

* 5×10^5 non-T cells, 5×10^5 autologous irradiated T cells, and 10^4 monocytes were incubated in the presence and absence of PWM in round-bottomed tubes in 1.0 ml of RPMI + 10% FCS for 7 d.

† Net IgM or IgG synthesized; i.e., -PWM values are subtracted.

‡ 5×10^5 non-T cells and 10^4 monocytes were incubated in the presence and absence of 20% (vol/vol) EBV-containing supernatant from B 95-8 cells in round-bottomed tubes in 1.0 ml of RPMI + 10% FCS for 10 d.

¶ Net IgM or IgG synthesized; i.e., -EBV values are subtracted.

tions predict that 50–85% of the IgM in such cultures is made from ecto-5'-NT⁺ B cells. Clearly, not all ecto-5'-NT⁺ B cells respond to PWM, however. Approximately 80% of adult peripheral blood B cells are ecto-5'-NT⁺ by either indirect immunofluorescence or histochemical staining (1, 2), whereas limiting dilution analysis suggests that <1% of B cells synthesize Ig in response to stimulation with PWM (12).

Our data also clearly show that purified populations of ecto-5'-NT⁻ B cells have a capacity to synthesize IgM. The amount synthesized, although variable from individual to individual, is similar to that of ecto-5'-NT⁺ B cells on a per cell basis. These results are consistent with our earlier studies of both patients with CVI and normal infants. Although ecto-5'-NT-deficient B cells from most CVI patients have a markedly reduced capacity for Ig synthesis in vitro, B cells from some patients can synthesize IgM (1). Normal newborn infants' B cells have low ecto-5'-NT activity and can synthesize IgM, but not IgG in response to EBV in vitro (5, 6). Ecto-5'-NT expression increases in the first six months of life (6) and is then maintained in the subset of B cells that is PWM-responsive. Ecto-5'-NT thus differs from other B cell maturation markers such as IgD, HB-4, Leu 8, and the mouse erythrocyte rosette receptor, which are lost as B cells mature and gain the ability to respond to PWM (13–15). Therefore, analysis of ecto-5'-NT expression, especially in combination with other B cell differ-

entiation antigens, should prove a valuable tool in delineating stages in human B cell maturation.

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