JCI The Journal of Clinical Investigation

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J Clin Invest. 1985;76(6):2057-2065. https://doi.org/10.1172/JCI112208.

Research Article

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Cobalamin Malabsorption in Three Siblings Due to an Abnormal Intrinsic Factor That Is Markedly Susceptible to Acid and Proteolysis

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Abstract

Three siblings presented in their second year of life with megaloblastic anemia that responded to parenteral cobalamin (Cbl). Schilling tests were <1%, correcting to 5 to 15% after addition of hog intrinsic factor (IF). Gastric acid analysis and gastric biopsies were normal by light and electron microscopy. Gastric juice contained <3 pmol/ml of Cbl-binding ability due to IF (normal, 10-34 pmol/ml) and <2 pmol/ml of IF when measured with a radioimmunoassay (RIA) using normal human IF-[⁵⁷Co]Cbl and rabbit anti-human IF serum (normal, 17-66 pmol/ ml). However, RIA employing rabbit anti-hog IF serum gave values of 4-13 pmol/ml of IF (normal, 11-33 pmol/ml). This material had an apparent molecular weight of 40,000 (normal IF = 70,000).

The IF from gastric biopsies appeared normal in terms of Cbl-binding ability, ileal binding, molecular weight, and both RIAs. This IF differed from normal mucosal IF, in that it lost its Cbl-binding ability when incubated at 37°C at acid pH or in the presence of pepsin or trypsin. This loss was retarded when [⁵⁷Co]Cbl was bound to the IF before these incubations. The stabilizing effects of neutralization and Cbl were also demonstrated in vivo. Schilling tests for the siblings of 0.4, 0.5, and 1.0% increased to 2.7, 5.7, and 4.3% (P < 0.05), respectively, when the Schilling tests were repeated with the addition of NaHCO₃ and cobinamide (which allows Cbl to bind immediately to IF).

We conclude that Cbl malabsorption in these children is due to an abnormal IF that is markedly susceptible to acid and proteolytic enzymes which cause a decrease in its molecular weight and Cbl-binding ability and a loss of antigenic determinants that are recognized by the anti-human IF serum.

Introduction

A number of children have been reported (1-22) who malabsorbed cobalamin (Cbl)¹ secondary to a congenital absence of functional intrinsic factor (IF). These children developed signs of Cbl deficiency before age five and had abnormal Schilling tests that corrected with the addition of IF. They differ from

Received for publication 14 January 1985.

1. Abbreviations used in this paper: Cbl, cobalamin; IF, intrinsic factor.

J. Clin. Invest. © The American Society for Clinical Investigation, Inc. 0021-9738/85/12/2057/09 \$1.00 Volume 76, December 1985, 2057–2065 adults with pernicious anemia since their gastric mucosa and gastric acidity are normal and since they lack anti-IF and anti-parietal cell antibodies in their sera.

Based on the existing knowledge of the process of IF-mediated Cbl absorption (23–25), it is clear that mutations in the structural gene for IF could cause a lack of functional IF by a variety of mechanisms. Such mutations could result in absent or decreased synthesis of IF by gastric parietal cells, or in a decrease in secretion of IF into gastric juice. Other mutations could result in IF molecules that have a decreased affinity for Cbl or an increase in susceptibility to alteration by acid or proteolytic enzymes such as pepsin, trypsin, chymotrypsin, etc. Additional mutations could result in IF molecules that have as their IF-Cbl complexes, a decrease in affinity for ileal IF-Cbl receptors. A structurally abnormal IF could also interfere with the poorly understood subsequent ileal phase of Cbl absorption, since at some point Cbl must be released from IF because IF does not appear to enter the portal blood.

One example of a structurally abnormal IF has been reported previously (26–27). This IF had a normal molecular weight, bound Cbl normally, and appeared to be normally resistant to alteration by acid or proteolytic enzymes. Immunologic studies demonstrated that the abnormal IF contained at least one antigenic determinant that was not present on normal IF. The abnormal IF-Cbl complex had a 60-fold lower affinity for ileal receptors than did normal IF-Cbl. This markedly reduced, but not absent, affinity for ileal receptors correlated well with a markedly reduced, but not absent, ability to stimulate Cbl absorption in a subject with a total gastrectomy. It also correlated well with the fact that the patient did not develop signs of Cbl deficiency until age 13 yr.

We now report three siblings who have a second type of abnormal IF. Their parietal cells contain IF that binds Cbl and facilitates Cbl binding to ileal receptors in a normal manner. This IF is markedly susceptible to alteration by acid and proteolytic enzymes, however, and thus rapidly loses its functional ability in vivo in gastric juice. We also report on another child from a different family who appears to have a complete absence of IF in both parietal cells and gastric juice.

Methods

CN-[⁵⁷Co]Cbl (200 μ Ci/nmöl), CN-[⁵⁸Co]Cbl (4 μ Ci/nmol), Sepharose, Cbl-Sepharose (0.7 μ mol/ml), purified human IF, rabbit anti-human IF, rabbit anti-human IF, rabbit anti-hog IF, hog pepsin, and hog trypsin were obtained and prepared as described elsewhere (26, 28).

Basal and pentagastrin-stimulated gastric juice was collected on ice by nasal gastric suction and stored at -20° C after neutralization to destroy pepsin. Cbl-binding ability was assayed in 0.1 M potassium phosphate, pH 7.5, by modification (29) of the charcoal absorption technique of Gottlieb et al. (30). The amount of Cbl-binding ability due to IF was

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based on the amount of inhibition of Cbl-binding ability obtained with anti–IF blocking antibody obtained from the serum of a pernicious anemia patient. The amount of Cbl-binding ability due to R protein was based on the amount of inhibition of Cbl-binding ability observed with a 100-fold excess of cobinamide. Serum was assayed for anti–IF blocking antibody and anti–IF binding antibody as described (29). Anti-parietal cell antibodies were assayed by the indirect immunofluorescent method described by Roitt and Doniach (31). Schilling tests were performed as described (32) using 0.2 nmol CN-[⁵⁷Co]Cbl dissolved in 10 ml of 0.01 M potassium phosphate, pH 7.5, containing 0.14 M NaCl. Additional components, when given, consisted of nonradioactive cobinamide, 200 nmol, which was dissolved in the solution containing the [⁵⁷Co]Cbl, and NaHCO₃, 2.4 g, which was given 1 min before the radioactive Cbl. Preparation and calibration of columns of Sephadex G-150, fine grade, was performed as described previously (29).

Gastric biopsies were obtained from patients in the basal state and after stimulation with pentagastrin (6 μ g/kg s.c.) using a suction biopsy tube, Quinton Instruments (Seattle, WA), that was positioned in the fundus by fluoroscopy. Gastric biopsies were obtained from normal young adults in the same manner, except that a hydraulic suction biopsy tube (Quinton Instruments) was employed. Biopsies were fixed, examined by light and electron microscopy, and examined for the immunocytochemical localization of IF, as described previously (33, 34). Biopsies were also added to 0.1 M Tris-HCl, pH 10.0 (1 ml/100 mg of tissue) and stored at -20° C. After thawing, these samples were homogenized at 4°C with approximately 20 strokes of a motor-driven Teflon pestle in a fritted glass tube, and the supernatants were collected after centrifugation at 20,000 g at 4°C for 30 min.

Radioimmunoassays of IF. Test tubes contained the following: (a) 150 µl of 0.1 M Tris-HCl, pH 8.0, containing 0.15 M NaCl, 150 µg of bovine serum albumin, and 50 pmol of nonradioactive cobinamide; (b) 300 μ l which consisted of various amounts of neutralized gastric juice and 0.01 M Tris-HCl, pH 8.0, containing 0.15 M NaCl, 100 µg/ml of bovine serum albumin, and 0 to 3,000 fmol of purified human IF; and (c) 100 µl of rabbit anti-human IF serum diluted 1:500 in rabbit control serum or 100 μ l of rabbit anti-hog IF serum diluted 1:1,667 in rabbit control serum. After 22 h of gentle agitation at 4°C, 50 µl of 0.01 M Tris-HCl; pH 8.0, containing 0.15 M NaCl, 5 μ g of bovine serum albumin, and 35 pmol of purified human IF-[57Co]Cbl was added. After an additional 22 h of the agitation at 4°C, 500 μ l of saturated (NH₄)₂SO₄, adjusted to pH 8.0 with Tris base, was added. After standing for 15 min, the tubes were centrifuged at 15,000 g for 20 min and the entire supernatant liquid was assayed for ⁵⁷Co. Under these conditions, 80-90% of the human IF-[⁵⁷Co]Cbl precipitated in the absence of unlabeled human IF. This value fell significantly and progressively to 20% as the amount of unlabeled human IF was increased from 10 to 2,000 fmol. No change was observed with the addition of 3,000 fmol of unlabeled human R protein.

Assay of IF-Cbl binding to ileal mucosal homogenates. The binding of IF-[57 Co]Cbl to canine ileal mucosal homogenates was assayed as described previously (35), except that the homogenate pellets in the assays were collected by centrifugation at 20,000 g for 30 min at 4°C rather than by Millipore filtration. Assays were performed in Krebs-Ringer phosphate, pH 7.5, and in a modified medium in which the calcium and magnesium were replaced with 0.001 M Na₂-EDTA. The difference between IF-Cbl bound to intestinal mucosal homogenates in these two media was termed the "EDTA inhibitable" fraction. The validity of using EDTA inhibitable binding as a measure of specific IF-Cbl binding to ileal mucosal IF-Cbl binding sites has been demonstrated previously (27, 35).

Studies concerning the adsorption of IF to Cbl-Sepharose. Test tubes contained 200 μ l of gastric juice and 25 μ l of H₂O or H₂O containing 20 nmol of nonradioactive Cbl or cobinamide, and were incubated at 4°C for 1 h. After the addition of 50 μ l of H₂O containing 25 μ l (packed volume) of Sepharose or Cbl-Sepharose, the tubes were incubated at 4°C for an additional 16 h. Albumin-coated charcoal, 200 μ l, was added to adsorb any unbound Cbl or cobinamide and the tubes were centrifuged at 25,000 g for 20 min at 4°C. 200 μ l of supernatant was then removed and assayed for immunoreactive IF, using rabbit antihog IF antibody as described above.

Studies concerning the stability of IF. Test tubes contained the following: (a) 75 µl of 0.01 M potassium phosphate, pH 7.5, containing 0.15 M NaCl, 75 µg bovine serum albumin, and 1.5 pmol of nonradioactive cobinamide; (b) 20 μ l of H₂O or H₂O containing 15 fmol of CN-[⁵⁷Co]Cbl (200 µCi/nmol); and (c) 40 µl of 0.1 M Tris-HCl, pH 8.6, or the same solution with normal or patient gastric biopsy homogenate containing 12 fmol of IF based on Cbl-binding ability. After incubating for 60 min at 4°C to allow Cbl-binding in those tubes that contained the CN-[⁵⁷Co]Cbl, the following additions were made: (d) 50 μ l of 0.1 M NaCl (for pH 8 studies), or 0.5 M acetic acid (for pH 4 studies), or 0.15 M HCl (for pH 2 studies); and (e) 50 µl of H₂O or H₂O containing 235 μ g of hog trypsin or 235 μ g of hog pepsin. The tubes were incubated for 10 min at 37°C and then for 5 min at 4°C. Each tube then received (f) 100 μ l of H₂O containing sufficient Tris-HCl, pH 10.0, to bring the pH of each tube to 8.5; and (g) either 20 μ l of H₂O (for those tubes that received the CN-[⁵⁷Co]Cbl before the first incubation), or 20 μ l of H₂O containing 15 fmol of CN-[57Co]Cbl (for those tubes that had not received CN-[⁵⁷Co]Cbl before). After 60 min at 4°C, each tube received 1 ml of albumin-coated charcoal followed by centrifugation at 15,000 g for 30 min. The supernatant was collected and assayed for ⁵⁷Co to determine the amount of CN-[57Co]Cbl that was bound to IF.

Informed consent was obtained from normal subjects and patients, in accord with the Declaration of Helsinki, after approval by the Committee on Human Experimentation of the University of Colorado Health Sciences Center and the Louisiana State University Medical Center.

Results

Clinical presentation. As summarized in Table I, we have observed four patients who presented within the first few years of life with megaloblastic anemia due to an isolated lack of functional IF. Patients A, B, and C represent three of seven siblings in family I. Patient D is an only child in family II. The parents from both families, and the four remaining siblings from family I, are hematologically normal. This observation is expected, since IF is normally synthesized in vast excess and since the congenital absence or abnormality of IF is inherited as an autosomal recessive trait (22).

Analysis of IF in gastric juice. To determine whether patients A-D lacked IF in their gastric juice, or whether a functionally abnormal IF was present, we analyzed their gastric juice for Cblbinding ability due to IF. As shown in Table II, little, if any, Cbl-binding ability due to IF was detected in gastric juice from any of the four patients.

To determine if an abnormal IF with a decreased or absent ability to bind Cbl was present in the gastric juices, we also analyzed them for the presence of immunoreactive IF. Two different radioimmunoassays were employed, one of which utilized rabbit anti-human IF, and the second, rabbit anti-hog IF, which cross-reacts with human IF. Using purified human IF-[57Co]Cbl as the labeled antigen and purified human IF devoid of Cbl as the unlabeled antigen, similar standard curves were obtained with both antisera, as shown in Fig. 1. As shown in Table II, the assay employing anti-human IF sera showed only trace amounts of immunoreactive material in the gastric juice of patients A, B, and C, while appreciable amounts of immunoreactive IF were observed using anti-hog IF sera. Neither assay detected any IF in normal saliva or saliva from patients A-C. The ratios of immunoreactive material in gastric juice as measured with the two assays, anti-human IF and anti-hog IF, ranged from 0.01 to 0.18 in patients A-C, and were much lower than the values observed with five normal subjects of 1.32 to 2.03. The father

								Serum antibo	auto dies
	Are of onset of	Schilling test			Castria	Gastric biopsy			Parietal
, Age	megaloblastic anemia	-IF	+IF	to parenteral Cbl	analysis*	Light	EM	IF	cell
yr	yr	%	%						
15	1-2/3	<1	15	Complete	Normal	Normal	Normal	No	No
13	2	<1	12	Complete	Normal	Normal	NS"	No	No
10	1-1/2	<1	5	Complete	Normal	Normal	NS ^{II}	No	No
									•
4	4	<1	6	Complete	Normal	Normal	Normal	No	No
	, Age yr 15 13 10 4	Age of onset of megaloblastic anemia yr $yr15 1-2/313 210 1-1/24 4$	Age of onset of megaloblastic anemiaSchillin $-IF$ yryr%15 $1-2/3$ <1	Age of onset of megaloblastic anemia Schilling test yr yr $\%$ 15 $1-2/3$ <1 15 13 2 <1 12 10 $1-1/2$ <1 5 4 4 <1 6	AgeAge of onset of megaloblastic anemiaSchilling test $-IF$ Hematologic response to parenteral Cblyryr%%15 $1-2/3$ <1	Age of onset of megaloblastic anemiaSchilling test $-1F$ Hematologic response to parenteral CblGastric analysis*yryr%%151-2/3<1	Age of onset of megaloblastic anemiaSchilling test $-IF$ Hematologic response to parenteral CblGastric analysis*Gastric biop Lightyryr%%15 $1-2/3$ <1	Age of onset of megaloblastic anemiaSchilling test $-IF$ Hematologic response to parenteral CblGastric analysis*Gastric biopsy LightEMyryr%%151-2/3<1	Age of onset of megaloblastic anemiaSchilling test $-IF$ Hematologic response to parenteral CblGastric analysis*Gastric biopsy LightIfyryr%%151-2/3<1

Table I. Clinical Features of Four Patients from Two Families with Congenital Deficiencies of Functional Intrinsic Factor

* Based on volume and acid output after stimulation with pentagastrin. ‡ The mother, father, and four additional siblings were normal hematologically. § The mother and father were normal hematologically. ^{II} Not studied.

from family I had a ratio of 1.40, while the ratios for the mother and a hematologically normal sibling from family I were moderately reduced, with values of 0.94 and 1.04, respectively. These observations suggested that patients A, B, and C lacked normal IF in their gastric juices and that an abnormal IF was present that had a markedly decreased or absent ability to bind Cbl. This abnormal IF appeared to lack most of the antigenic determinants recognized by the anti-human IF sera while retaining at least many of the antigenic determinants recognized by the anti-hog IF sera. These observations also suggested that gastric juice from the father of family I contained only normal IF, and that gastric juice from the mother and the hematologically normal sibling from family I contained a mixture of normal and the abnormal IF. No immunoreactive IF was detected in the gastric juice of patient D from family II, suggesting that this patient has a complete lack of normal or abnormal IF.

When freshly aspirated and unneutralized normal gastric juice was incubated at 37° C in the absence of Cbl, a form of IF similar to that of patients A-C was detected, as shown in Fig. 2 *A*, since Cbl-binding ability due to IF and anti-human IF im-

	Cbl-binding abilit	у		Immunoreactive IF		
Gastric juice*	Total	IF‡		Anti-human IF§	Anti-hog IF#	Anti-human IF/ anti-hog IF
	pmol/ml	pmol/ml	%	pmol/ml	pmol/ml	
Normals $(n = 5)$	15.1–39.7	10.0-34.4	66–98	17.3-66.4	10.9-32.7	1.32-2.03
Family I						
Father	19.7	14.5	74	33.9	24.3	1.40
Mother	46.9	36.2	77	69.3	73.8	0.94
Sibling	70.1	58.9	84	109.4	105.7	1.04
Patient A	8.3	1.5	18	0.2	11.7	0.02
Patient B	37.9	1.8	5	1.2	10.1	0.12
Patient C	15.4	2.2	14	0.1	12.9	0.01
Patient C (basal)	70.8	0.8	1	0.7	3.8	0.18
Patient C (stimulated)	34.1	0.9	3	0.6	10.0	0.06
Family II						
Patient D	15.6	0.3	2	<0.1	<0.1	
Patient D (basal)	102.0	1.8	2	<0.1	<0.1	—
Patient D (stimulated)	34.6	1.8	5	<0.1	<0.1	—

Table II. Intrinsic Factor Levels Obtained in Gastric Juice with a Cobalamin-binding Assay and Immunoassays Using Two Different Antisera

* Except where indicated, gastric juice samples were aspirated 30 min after stimulation with pentagastrin and contained both basal and stimulated gastric juice. [‡] The amount of Cbl-binding ability measured in the presence of a 100-fold excess of nonradioactive cobinamide, which inhibits the binding of [⁵⁷Co]Cbl to R protein, but not to IF. § The antibody used in the immunoassay was rabbit anti-human IF. Human IF-[⁵⁷Co]Cbl was the radioactive ligand, and purified human IF-Cbl was used to obtain the standard curve. ^{II} The antibody used in the immunoassay was rabbit anti-hog IF which cross-reacts with human IF. Human IF-[⁵⁷Co]Cbl was the radioactive ligand, and purified human IF-Cbl was used to obtain the standard curve.



Figure 1. Standard curves obtained with the radioimmunoassays for human IF. The two assays were identical except for the nature of the antisera. \bullet , rabbit anti-human IF; \circ , rabbit anti-hog IF.

munoreactive material decreased at the same rate, while antihog IF immunoreactive material decreased at a much lower rate. This observation suggests that normal human IF is altered slowly in normal acid gastric juice, with a concurrent loss of Cbl-binding ability and antigenic determinants recognized by the anti-human IF sera. It also suggests that the loss of antigenic determinants recognized by the anti-hog IF sera proceeds at a much slower rate. Patients A, B, and C might therefore possess an abnormal IF that is much more susceptible to such alterations, such that they occur within minutes of the secretion of IF into gastric juice, rather than within hours as occurs with normal IF.



Figure 2. Changes in IF in freshly aspirated normal human gastric juice that was incubated at 37° C in: (A) the absence of added Cbl and (B) the presence of a large excess of nonradioactive Cbl, 450 pmol/ml, to saturate all of the Cbl-binding protein in the gastric juice. At various times, aliquots were removed, adjusted to pH 8 with 0.2 M Tris base, and assayed for IF based on its Cbl-binding ability and based on its immunoreactivity with the two radioimmunoassays. The pH of the gastric juice was 2.5 and it contained 35 pmol/ml of Cbl-binding ability due to IF before incubation.

We further analyzed the various gastric juices by subjecting them to gel filtration, as shown in Fig. 3. IF in normal neutralized gastric juice eluted with an apparent molecular weight of 70,000 based on radioimmunoassays employing both the anti-human IF and the anti-hog IF sera (Fig. 3 A). With freshly neutralized gastric juice from patient A, essentially no IF was detected using the anti-human IF sera, while immunoreactive IF with an apparent molecular weight of \sim 40,000 was detected using the antihog IF sera (Fig. 3 B). Freshly neutralized gastric juice from the father of family I showed a normal elution pattern (Fig. 3 C), while freshly neutralized gastric juice from the mother of family I gave a pattern (Fig. 3 D) indicating the presence of both normal IF and the small molecular weight IF recognized only by the anti-hog IF sera that was seen with patient A. With normal unneutralized gastric juice that had been incubated at 37°C for 8 h in the presence of a saturating amount of Cbl, immunoreactive IF was detected with both antisera, although the molecular weight in both cases was \sim 55,000, suggesting that some minor alterations of the IF had occurred (Fig. 3 E). With normal unneutralized gastric juice that had been incubated at 37°C for 8 h in the absence of Cbl, however, the IF appeared virtually identical to that observed with patient A: only small amounts of material were detected with the anti-human IF sera, while significant amounts of material with an apparent molecular weight of $\sim 40,000$ were detected with the anti-hog IF sera (Fig. 3 F).

To determine whether the patients' abnormal IF had lost the Cbl-binding site entirely, or if it still retained all or a portion of the Cbl-binding site but with a markedly decreased affinity for Cbl, we studied the ability of normal IF and the abnormal IF to bind to Cbl-Sepharose. As shown in Table III, IF from two normal subjects and the abnormal IF from patients A and C did bind to Cbl-Sepharose. In all cases, binding to Cbl-Sepharose was blocked by a prior incubation with a 1,000-fold excess of Cbl. Binding was also blocked to a small extent by prior incubation with a 1,000-fold excess of cobinamide, a Cbl analogue that has a markedly reduced but not absent affinity for human IF. These results, together with the Cbl-binding studies presented in Table II that were performed with only a 10-fold excess of ⁵⁷Co]Cbl, indicate that the abnormal IF retains at least a portion of the Cbl-binding site, although its affinity for Cbl is markedly reduced.

Studies with gastric biopsies. IF was assayed in homogenates of gastric biopsies obtained from patient A of family I and patient D of family II. The results are shown in Table IV. Significant, although somewhat reduced, amounts of IF were present in the gastric biopsy of patient A based on Cbl-binding ability and both RIAs that utilized anti-human IF and anti-hog IF antisera. These results suggested that the IF present in the gastric biopsy of patient A differed from the IF present in the gastric juice of patient A (compare Table II and Table IV). These observations also supported the suggestion (see above) that the abnormal IF in family I was altered sometime between its synthesis and within minutes after its secretion in the gastric juice. The results obtained with patient D of family II indicated a complete lack of IF based on assays of Cbl-binding ability and both RIAs, providing further evidence that this patient has a complete lack of IF rather than an abnormal IF.

Immunohistochemical electron microscopic studies failed to detect IF in the gastric biopsy of patient D, family II, using either anti-human IF sera (not shown) or anti-hog IF sera (Fig. 4 A). IF was identified in the gastric biopsy of patient A, family



I, in the same normal locations, i.e., perinuclear membrane, rough endoplasmic reticulum, Golgi apparatus, tubulovesicles, and membranes of the multivesicular body of parietal cells, using either the anti-human IF sera (not shown) or the anti-hog IF sera (Fig. 4 B). Gastric biopsies obtained after pentagastrin stimulation demonstrated normal translocation of the IF on tubulovesicles to the canalicular surface membrane.

Table III. Adsorption of IF to Sepharose, and to Cbl-Sepharose
in the Absence and Presence of Cbl and Cobinamide

	Addi	tions*				
Gastric juice	Сы	Cobinamide	Cbl- Sepharose	Sepharose	Immunor in superna	eactive IF atant
					pmol/ml	%
Normal 1						
1	-	-	-	-	32.9	(100)
2	_	-	+	-	1.4	4
3	+	-	+	-	52.7	160
4	-	+	+	-	7.1	22
Normal 2						
1	-	-	-	+	30.6	(100)
2	-	-	+	-	0.1	<1
3	+	-	+		61.1	200
4	-	+	+	-	8.9	29
Patient A						
1	-	-	-	+	13.2	(100)
2	-	-	+	-	0.7	5
3	+	-	+	-	24.6	186
4	-	+	+	-	5.2	39
Patient C						
1	-	_	-	+	13.2	(100)
2	-	-	+	-	0.7	5
3	+	-	+	-	22.7	172
4	-	+	+	-	5.6	42

Gastric juice samples were incubated under various conditions at 4°C, as described under Methods, and the supernatants were then assayed for immunoreactive IF using anti-hog IF antisera.

* A 1-h incubation was performed after the addition of Cbl or cobinamide and a 16-h incubation was performed after the addition of Sepharose or Cbl-Sepharose.

Figure 3. Gel filtration of gastric juice and the subsequent assay of IF with the radioimmunoassay using rabbit anti-human IF and the radioimmunoassay using rabbit anti-hog IF. Samples A-C contained 2.0 ml of freshly neutralized gastric juice from: (A) a normal subject; (B) patient A from family I; (C) father of family I. Sample D contained 4.0 ml of freshly neutralized gastric juice from the mother of family I. Samples E and F contained 0.75 ml obtained from the normal gastric juice that had been incubated at 37°C for 8 h before neutralization and were obtained from the experiment shown in Fig. 2 B and A, respectively. All samples also contained 30 fmol of normal human IF-⁵⁷Co]Cbl, whose value for Ve is indicated by the closed arrow (1) in each panel, and 1.5 mg of Blue dextran, which was used to obtain values for Vo. Gel filtration was performed at 4°C on 1.5×60 cm columns of Sephadex G-150 equilibrated with 0.01 M Tris-HCl, pH 8.0, containing 0.15 M NaCl and 100 μ g/ml bovine serum albumin.

As shown in Fig. 5 C, the IF present in the gastric biopsy of patient A appeared to bind Cbl normally and had a normal apparent molecular weight (66,000) when it was incubated with a twofold excess of [57 Co]Cbl and subjected to gel filtration. The elution profile was indistinguishable from that observed with IF obtained with a gastric biopsy of a normal subject (Fig. 5 D). This result differed from that obtained with IF from the gastric juice of patient A, since only a small peak of [57 Co]Cbl was observed in the 66,000-mol-wt position with basal gastric juice (Fig. 5 A) and no [57 Co]Cbl was observed in this position with stimulated gastric juice of patient A (Fig. 5 B).

As shown in Fig. 6, IF from the gastric biopsy of patient A facilitated the specific binding of [⁵⁷Co]Cbl to ileal homogenates in a manner that was indistinguishable from that of IF obtained from either a gastric biopsy of a normal subject or a gastric juice of a normal subject. In contrast, IF from the gastric juice of patient A did not facilitate the specific binding of [⁵⁷Co]Cbl to ileal homogenates.

As shown in Table V, IF obtained from the gastric biopsy of a normal subject was stable, based on retention of its Cblbinding ability and on its retention of bound Cbl when it was incubated at 37°C at various pHs in the absence and presence of pepsin or trypsin. In contrast, IF obtained from the gastric biopsy of patient A was unstable and suffered a reduction in Cbl-binding ability when incubated with trypsin at pH 8, with pepsin at pH 4, or in the presence or absence of pepsin at pH 2. Prior incubation with a twofold excess of [⁵⁷Co]Cbl markedly stabilized the IF from patient A, based on the retention of bound [⁵⁷Co]Cbl at pH 8 with trypsin and at pH 4 with pepsin, but provided only slight stabilization at pH 2 in the presence or absence of pepsin.

Improved Cbl absorption via stabilization of IF. The results of standard Schilling tests performed on patients A, B, and C indicated negligible absorption of [⁵⁷Co]Cbl, as shown in Table VI, with a mean value of 0.6% of the orally administered [⁵⁷Co]Cbl being present in 24-h urines. Schilling tests were also performed with the addition of bicarbonate to partially neutralize the patients' gastric juice, and with the addition of nonradioactive cobinamide to block the patients' R protein and allow the [⁵⁷Co]Cbl to become bound to IF in the patients' gastric juice, rather than to R protein, as would otherwise occur. Under these

		Immunoreactive IF*				
	Cbl-binding ability*			······································	· · · · · · · · · · · · · · · · · · ·	Anti-human IF/
Gastric biopsy	Total	IF‡		Anti-human IF§	Anti-hog IF ^{II}	anti-hog IF
	pmol/100 mg	pmol/100 mg	%	pmol/100 mg	pmol/100 mg	
Normals (2)	1.9, 3.9	1.3, 3.8	68, 97	6.3, 13.5	2.7, 6.9	2.23, 1.96
Family I Patient A	1.1	0.5	45	1.4	1.0	1.40
Family II Patient D	1.2	<0.1	<8	<0.1	<0.1	_

Table IV.	Intrinsic	Factor	Levels	Obtained i	n Homoge	nates	of Gastric	Biopsies v	vith
a Cobalan	nin-bindi	ng Assa	y and l	Immunoas	ays Using	Two	Different A	Intisera	

* The values are expressed as picomoles per 100 milligrams wet weight of tissue. ‡ The amount of Cbl-binding ability measured in the presence of a 100-fold excess of nonradioactive cobinamide, which inhibits the binding of [⁵⁷Co]Cbl to R protein, but not to IF. § The antibody used in the immunoassay was rabbit anti-human IF. Human IF-[⁵⁷Co]Cbl was the radioactive ligand, and purified human IF-Cbl was used to obtain the standard curve. ^{II} The antibody used in the immunoassay was rabbit anti-hog IF, which cross-reacts with human IF. Human IF-[⁵⁷Co]Cbl was the radioactive ligand, and purified human IF-Cbl was used to obtain the standard curve.

conditions, which were chosen to stabilize the patients' IF based on the data in Table VI, the absorption of Cbl markedly increased with a mean value of 4.2% of the orally administered [⁵⁷Co]Cbl being present in the 24-h urines. This observation indicates that the abnormal IF in family I has the ability to facilitate Cbl absorption in vivo if it can be protected from the deleterious effects of acid and proteolytic enzymes.

Discussion

We have observed three siblings (patients A, B, and C from family I) who developed megaloblastic anemia within the first two years of life due to cobalamin malabsorption secondary to a lack of functional IF in their gastric juice. We have shown that IF is present in their parietal cells and that this IF is normal in terms of the following parameters: (a) Cbl-binding ability; (b) an apparent molecular weight of 66,000 as its IF-[⁵⁷Co]Cbl complex based on gel filtration; (c) the ability to facilitate the binding of Cbl to ileal receptors; (d) its reaction with rabbit anti-human IF sera in an RIA; and (e) its reaction with rabbit anti-hog IF in an RIA. This IF appears to be abnormal, however, in the gastric juice of these patients since it differs from normal IF in the following parameters: (a) a marked decrease (but not absent) affinity for Cbl; (b) an apparent molecular weight of 40,000 based on gel filtration; (c) a markedly decreased or absent ability to facilitate the binding of Cbl to ileal receptors; and (d) a markedly decreased or absent ability to react with rabbit anti-human IF sera in an RIA.

The defect in these patients is not due to an inability of parietal cells to secrete IF since the intracellular IF translocates normally to the canalicular surface and the patients' gastric juices contain IF that reacts with rabbit anti-hog IF sera in an RIA. The fact that the patients' IF has an apparent molecular weight of only 40,000 based on gel filtration and the RIA using antihog IF sera indicates that the patients' IF is partially degraded within minutes after being secreted into gastric juice. A similar phenomenon also appears to occur with normal IF in normal gastric juice, although hours rather than minutes are required for the partial degradation to occur.

These observations suggest that the IF present in the patients' parietal cells has an abnormal structure that renders it more



Figure 4. Immunohistochemical electron microscopic assay of IF in parietal cells of gastric biopsies using rabbit anti-hog IF sera. (A) Patient D of family II. (B) Patient A of Family I. The arrows (-) indicate the presence of IF on tubulovesicles.



Figure 5. Gel filtration of IF-Cbl in gastric juice and gastric biopsies. In all panels, • represents the elution of 30 pmol of [58Co]Cbl that was mixed with 3,000 pmol of cobinamide and incubated in a volume of 0.5 ml for 1 h at 22°C with 10 pmol of IF obtained from normal gastric juice. O represents the elution of 200 fmol of [⁵⁷Co]Cbl that was mixed with 2,000 fmol of cobinamide and incubated in a volume of 1 ml at room temperature for 1 h with 100 fmol of IF obtained from: (A) basal gastric juice of patient A; (B) stimulated gastric juice of patient A; (C) gastric biopsy of patient A; and (D) gastric biopsy of a normal subject. The samples containing the [58Co]Cbl and [57Co]Cbl were chilled to 4°C and mixed together immediately before gel filtration. Samples also contained 5 mg of Blue dextran, which was used to determine the value of Vo. Sample incubations and gel filtration on 2 \times 90 cm columns of Sephadex G-150 were performed in 0.01 M Tris-HCl, pH 8, containing 0.75 M NaCl and 50 µg/ml of bovine serum albumin.

susceptible to partial degradation in gastric juice. This concept is supported by the fact that patient A's IF present in his gastric biopsy suffered a marked loss in Cbl-binding ability when it was incubated at acid pH, particularly in the presence of pepsin.

It is possible that these patients possess a structurally normal IF in their parietal cells and that gastric biopsies and/or gastric juice possess a structurally abnormal proteolytic enzyme, such as a structurally abnormal pepsin, that is able to partially degrade IF at an abnormally increased rate. This possibility appears unlikely, however, since the patients' mother and another sibling





Table V. Stability of IF Present in Gastric Biopsies Obtained
from a Normal Subject and Patient A when Exposed to Various
pHs and Proteolytic Enzymes as Described under Methods

			CN-[⁵⁷ C after fin	co]Cbl bound al incubatio	d to IF n		
			Normal		Patient	A	
pH of 10-min			Presence [⁵⁷ Co]Cl 10-min tion at 3	e of CN- bl during incuba- 57°C	Presence [⁵⁷ Co]Cl 10-min tion at 3	e of CN- bl during incuba- 37°C	
incubation at 37°C	Additions	Final pH	_*	+‡	+	+‡	
			%	%	%	%	
8	_	8	(100)	(100)	(100)	(100)	
8	Pepsin	8	96	109	95	102	
8	Trypsin	8	104	115	47	101	
4	_	8	85	102	87	105	
4	Pepsin	8	95	107	49	102	
2	_	8	101	100	7	21	
2	Pepsin	8	86	86	8	17	

* The [⁵⁷Co]Cbl was not added until after the IF was incubated for 10 min at 37°C at the indicated pH in the presence of the indicated proteolytic enzymes and until after all samples had been adjusted to a final pH of 8.
 ‡ The [⁵⁷Co]Cbl was added before the 10-min incubation at 37°C.

have gastric juice that contains both normal and partially degraded IF in approximately equal amounts and since neither the mother nor this sibling has ever developed signs of Cbl deficiency.

These findings are thus more consistent with the concept that the mother and the unaffected sibling possess one gene for structurally normal IF and a second gene for the structurally abnormal IF. Gastric juice from the patient's unaffected father contains only normal IF; it is likely that he contains one gene for structurally normal IF and a second gene that is "silent" in the sense that it does not code for an IF that is synthesized in

Table VI. Effect of Stabilizing IF with Bicarbonate and Cobinamide on the Results of Schilling Tests Performed on Patients A, B, and C

Subject*	Standard‡	+NaHCO3 +Cobinamide§
	%	%
Patient A	0.4	2.7
Patient B	0.5	5.7
Patient C	1.0	4.3
Mean	0.6	4.2 ^{II}

* Patients A and C undertook the two Schilling tests in the order indicated with a 1-wk interval in between. The reverse order with the same interval was utilized with Patient B.

[‡] Performed with 0.2 nmol of CN-[⁵⁷Co]Cbl.

§ Performed the same as the standard Schilling test, except that 2.4 g of NaHCO₃ was given orally 1 min before the solution of CN- $[{}^{57}Co]Cbl$ that contained 200 nmol of nonradioactive cobinamide. " P < 0.05 compared with the mean value obtained with the standard Schilling test.

parietal cells and secreted into gastric juice. Because of the marked variations in the concentration of IF in normal gastric juice, it was not possible to demonstrate this directly. Defects that result in a lack of IF synthesis in parietal cells clearly appear to exist, however, since patient D from family II had no detectable IF in his gastric juice or in his parietal cells, as judged by a variety of assays for IF performed on his gastric biopsies.

Our studies thus support the concept that the three patients from family I inherited a gene for absent IF from their father and a gene for a structurally abnormal IF from their mother, who, together with a clinically unaffected sibling, appears to possess one gene for a structurally normal IF and one gene for the abnormal IF. The fact that the father, mother, and the unaffected sibling showed no signs of Cbl deficiency despite the fact that each could probably synthesize only 50% as much normal IF as normal subjects is not surprising, since normal subjects usually synthesize much larger amounts of IF than is required to absorb the amount of Cbl that is absorbed from the diet and bile each day (22, 23).

Our in vitro studies with gastric juice and gastric biopsies from various members of family I suggested that the instability of the abnormal IF could be partially corrected by avoiding acid pH and performing incubations in the presence of saturating amounts of Cbl. These observations suggested a new method for improving patients A-Cs' ability to absorb Cbl in Schilling tests. The new method involved the use of oral NaHCO₃ to neutralize the patient's gastric juice and cobinamide, which blocks R protein, allowing the radioactive Cbl used in the Schilling test to become bound to the patient's IF immediately after the IF is secreted in the gastric juice (32). These maneuvers increased the mean value of the Schilling test in the three patients from 0.6 to 4.2% (P < 0.05). They also illustrate how a more thorough understanding of the pathophysiology of a particular clinical entity can lead to new forms of therapy. In the present case, bicarbonate and cobinamide are not required for treatment, however, since all of the patients' symptoms can be corrected with monthly injections of Cbl.

The detailed descriptions of two different abnormal IFs illustrate and reinforce the importance of IF's ability to facilitate the binding of Cbl to ileal receptors and the ability of IF to resist degradation by acid pH and various proteolytic enzymes. The search for and elucidation of other abnormal IFs can be expected to illustrate other properties of IF and is likely to provide new information concerning the synthesis and secretion of IF, as well as the function and fate of IF after IF-Cbl binds to ileal receptors, since none of these processes is well understood. The search for additional abnormal IFs is likely to be rewarding since recent studies (36) indicate that approximately two-thirds of patients with a congenital absence of functional IF in gastric juice have IF in their parietal cells. In addition, Rothenberg et al. (37) have recently observed a patient who may have an IF that is thermolabile with respect to Cbl-binding and binds to ileal receptors with low affinity.

Acknowledgments

We thank Ms. Maria Ignacio for expert secretarial assistance.

This work was supported by U. S. Public Health Service grants RO1 AM21365 and RO1 AM30366 from the National Institute of Arthritis, Metabolic and Digestive Diseases.

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