Human Thrombomodulin Is Not an Efficient Inhibitor of the Procoagulant Activity of Thrombin

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Abstract

The effect of human thrombomodulin isolated from placenta on the procoagulant activity of thrombin was studied and compared to that of rabbit thrombomodulin. The isolated protein was proved to be thrombomodulin because a rabbit antibody against the isolated protein blocked protein C activation by thrombomodulin in solution and also blocked the protein-C-activating cofactor activity of human umbilical vein endothelial cells. The affinity of human thrombomodulin for human thrombin in the presence of fibrinogen is 30 times less than that of rabbit thrombomodulin. This value is based on the measurements of the clotting time of human fibrinogen and thrombin in the presence of increasing amounts of thrombomodulin. Human thrombomodulin was also much less effective compared with rabbit thrombomodulin in inhibiting thrombininduced human coagulation factor V activation. The ability to inhibit release of [³H]serotonin from washed human platelets was at least 10 times less using human thrombomodulin compared with rabbit thrombomodulin. A partially purified preparation of human lung thrombomodulin was also relatively ineffective in inhibiting thrombin-induced serotonin release from platelets, indicating that the difference between rabbit and human thrombomodulin is one of species rather than of tissue. Thus, while human thrombomodulin is a potent cofactor in protein C activation, it is not an efficient inhibitor of the procoagulant actions of thrombin.

Introduction

Thrombomodulin is an endothelial cofactor, first isolated from rabbit lung, that has been shown to stimulate thrombininduced protein C activation by >1000-fold (1, 2). Activated protein C functions as a potent natural anticoagulant by inactivating coagulation Factors Va and VIIIa (3–5). Thus, thrombomodulin functions to convert thrombin from a procoagulant protease to an anticoagulant. This function is further emphasized by the finding that rabbit thrombomodulin also blocks the catalysis of a number of procoagulant reactions by thrombin including the following: I) the clotting of fibrinogen (6); 2) the activation of Factor V (6); and 3) the platelet release reaction (7). We have recently isolated the human form of thrombomodulin from placenta and have found that the protein is similar to rabbit thrombomodulin in many respects

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J. Clin. Invest. © The American Society for Clinical Investigation, Inc. 0021-9738/85/03/987/05 \$1.00 Volume 75, March 1985, 987–991 (8). The human protein also stimulates protein C activation by thrombin in a calcium-dependent reaction. Maximal rates of protein C activation are achieved at ~ 1 mol thrombomodulin/mol of thrombin, suggesting a 1:1 stoichiometric complex as reported for the rabbit protein. The apparent molecular weight of human thrombomodulin is 105,000 as determined in SDS polyacrylamide gels containing 2-mercaptoethanol and 75,000 in gels run without mercaptoethanol. These molecular weights are similar to those obtained with the rabbit protein. In addition, the two proteins have similar amino acid compositions, and antibodies against rabbit thrombomodulin inhibit human thrombomodulin in part (8, 9). We have found that the proteins of the two species differ in that the human protein is stimulated two- to three-fold by coagulation factor Va, while the rabbit protein is not (8-10).

In this report we have compared the ability of thrombomodulin from the two species to inhibit thrombin-catalyzed procoagulant reactions, as well as the ability of rabbit antihuman thrombomodulin antiserum to inhibit protein C activation by each protein in solution and by cultured human umbilical vein endothelial cells.

Methods

Materials. Except where indicated, all reagents were purchased from Sigma Chemical Co., St. Louis, MO. Human Factor V (11), human (12), bovine thrombin (13), and human and bovine fibrinogen (14) were isolated as previously reported. Human thrombomodulin was isolated from placenta (8), and rabbit thrombomodulin from lung was provided by Drs. N. L. and C. T. Esmon. [³H]Serotonin was purchased from Amersham Corp., Arlington Heights, IL. Nitrocellulose sheets were purchased from Bio-Rad Laboratories, Richmond, CA.

Coagulation assays. All assays were done at 37°C using a Fibrometer (Becton Dickinson). Thrombin activity was determined as described previously (12), with the following modifications. A 200 μ l mixture of 5 nM thrombin and increasing amounts of thrombomodulin were incubated in polypropylene cups at 37°C. After 3 min incubation, 50 μ l of 3 mg/ml fibrinogen was directly added in each cup, and the clotting time was measured. Factor V coagulation activity was measured in a one-stage assay using purified coagulation factors (14). 5 nM human thrombin was incubated in increasing amounts of human or rabbit thrombomodulin for 3 min at room temperature, and 10 μ l of this mixture was added to 10 μ l of human Factor V (10 U/ml). At the indicated times, samples were diluted and immediately assayed for Factor V activity.

Platelet preparation and measurement of $[{}^{3}H]$ serotonin release. The preparation of washed human platelets labeled with $[{}^{3}H]$ serotonin (3 μ Ci/1.5 \times 10⁹ platelets), and the measurement of serotonin release were carried out as previously described (15), with the following modification. A buffer of 0.14 M sodium cacodylate (dimethylarsenate) containing 0.015 M Tris-HCl, pH 7.4, 55 mM glucose, and 5 mg/ml bovine serum albumin (BSA) was used with the $[{}^{3}H]$ serotonin-labeled platelet suspensions (16). Samples, 200 μ l, of mixtures of various amounts of thrombomodulin and thrombin (0.1 nM) were added to 300 μ l of platelet suspension and incubated for 3 min at room

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temperature. The reaction mixtures were then layered onto 0.3 ml of an oil mixture (1 part Apiezon, 9 parts *n*-butylphthalate) in Eppendorf microfuge tubes and centrifuged at 12,000 g in a microcentrifuge (Brinkmann Instruments, Inc., Westbury, NY) for 5 min. Radioactivity in the supernatant solution was measured in a liquid scintillation counter (model LS 6800, Beckman Instruments, Inc., Fullerton, CA). The same experiment was performed with thrombomodulin partially purified from human lung. The results are expressed as the percent of serotonin released.

Inhibition of human or rabbit thrombomodulin by anti-human thrombomodulin IgG. Polyclonal anti-human thrombomodulin antibody was prepared using human thrombomodulin as the antigen. Antithrombomodulin IgG was isolated from immunized rabbit serum using protein A Sepharose and was monospecific as determined by Western blots (8). Human or rabbit thrombomodulin, 0.05 pmol, was incubated with 0–10 μ g anti-human thrombomodulin IgG for 15 min at 37°C. and then cofactor activity of the thrombomodulin was assayed in reaction mixtures containing protein C, 1.0 µM, and thrombin, 40 nM, in a total volume of 30 µl containing 20 mM Tris HCl, pH 7.4, 0.15 M NaCl, 1 mM CaCl₂, and 5 mg/ml BSA. Protein C activation was terminated by addition of 40 U/ml hirudin and 350 µg/ml antithrombin III. The amount of protein Ca formed was assayed by measuring the rate of hydrolysis of D-Phe-pipecolyl-Arg- ρ -nitroanilide (S2238; Kabi Diagnostica, Sweden) at 25°C. Reaction mixtures contained 0.2 mM S2238 in 20 mM Tris, pH 7.4, 0.1 M NaCl, and 5 mg/ml BSA as described previously (10).

The effect of anti-thrombomodulin antibodies on protein C activation was also studied using primary cultured endothelial cells. Human umbilical vein endothelial cells were cultured in 96-well (6 mm) plates as previously described (9). The medium was removed from confluent monolayers of cells, and cells were washed three times with medium 199 (KC Biological Inc., Lenexa, KS). The cells were then incubated with 10 μ g of polyclonal anti-thrombomodulin IgG or control rabbit IgG in 40 µl of medium 199 at 37°C. After a 60-min incubation, the medium was removed, and the cells were washed twice with buffer containing 0.015 M Tris HCl, pH 7.4, 55 mM glucose, 5 mg/ml BSA, and 2.5 mM CaCl₂. Reaction mixtures containing 0.5 μ M protein C, and 1 nM thrombin in a final volume of 40 μ l of Tris albumin with 2.5 mM CaCl₂ were added to the endothelial cells in wells. Incubations were carried out for 60 min at 37°C, after which reactions were terminated by addition of hirudin and anti-thrombin III. Protein Ca formed in the reaction mixtures was assayed using benzoyl arginine ethyl ester (9).

Purification of human lung thrombomodulin. Human lung (7 g) obtained at autopsy from a 30-yr-old man who died in an accident was frozen within 6 h of death. The sample was shredded using a vegetable shredder and homogenized in 70 ml of 20 mM Tris buffer, pH 7.4, containing 0.15 M NaCl, 0.2% nonidet P-40, 0.02% sodium azide, 2 mM diisopropylfluorophosphate, 1 mM EDTA, and 10 mM benzamidine using a Polytron tissue homogenizer (Kinematica GmbH, Switzerland). The thrombomodulin was extracted by stirring for 4 h at 4°. The solubilized preparation was then dialyzed against 8 liters of 20 mM Tris buffer, pH 7.4, containing 0.15 M NaCl and 0.2% nonidet P-40 for 2.5 h. The sample was then applied to a 2-ml column of rabbit antithrombomodulin Sepharose at a flow rate of 6 ml/h. The immunoaffinity column was prepared by coupling 15 mg of polyclonal anti-thrombomodulin IgG to Sepharose 4B by the method of Wallace et al. (17). The column was washed with 100 ml of the same buffer and then with 50 ml of the same buffer containing 0.5 M NaCl. Thrombomodulin was subsequently eluted using 0.2 M glycine, pH 3, containing 0.2% nonidet P-40. Fractions (0.5 ml) were collected into tubes containing 0.04 ml of 1 M Tris buffer, pH 10.8, resulting in a final pH of 7.4. Thrombomodulin content of the eluate was estimated by measuring rates of protein C activation as described above. We assumed that the activity of human lung and placental thrombomodulin were the same, and, therefore, we used the measure of activity to calculate the concentration of lung thrombomodulin.

Immunoblot of lung thrombomodulin. SDS-polyacrylamide gel elec-

trophoresis was performed by the method of Laemmli (18) using 4% acrylamide in the stacking and 10% acrylamide in the running gel. Samples of placental thrombomodulin and the immunoaffinity-purified extract from human lung were electrophoresed with 2-mercaptoethanol. Immunoblotting was performed by the method of Burnette (19). Antithrombomodulin serum was used at a 1:250 dilution and detection was made using ¹²⁵I protein A and autoradiography.

Results

The effect of thrombomodulin on fibrinogen clotting activity of thrombin. The effect of thrombomodulin on thrombin's ability to clot fibrinogen was studied with combinations of human or bovine thrombin and fibrinogen. The thrombomodulin preparations used in these experiments had similar ability to stimulate protein C activation as indicated below. The thrombin concentration was held constant and clotting time was measured as a function of increasing thrombomodulin (Fig. 1). As rabbit thrombomodulin was increased, there was a rapid prolongation of the clotting time in all three experiments, using human or bovine fibrinogen with human or bovine thrombin. The inhibition of thrombin clotting activity by rabbit thrombomodulin was greatest using bovine thrombin with bovine fibrinogen. For example, a mixture of 5 nM bovine thrombin with 8 nM rabbit thrombomodulin does not clot bovine fibrinogen. As the human thrombomodulin concentration was increased, progressive prolongation of clotting time was observed. The inhibition by human thrombomodulin was most efficient using bovine thrombin in the presence of bovine fibrinogen. The relative ability of thrombomodulin in the presence of fibrinogen to inhibit thrombin in these experiments is summarized in Table I. Human thrombomodulin is \sim 30-fold less potent in inhibiting human thrombin and human fibrinogen than is rabbit thrombomodulin in the same system.

The effect of thrombomodulin on Factor V activation by thrombin. We also studied the ability of thrombomodulin to inhibit thrombin-catalyzed Factor V activation. Human Factor V is activated ~ 25 -fold by thrombin as measured by our coagulation assay (11). We incubated purified human Factor V with 5 nM thrombin and an increasing amount of thrombomodulin and then monitored the Factor V coagulant activity. In the absence of thrombomodulin, the activity of Factor V



Figure 1. The effect of thrombomodulin on fibrinogen clotting activity of thrombin. The effect of thrombomodulin on thrombin's ability to clot fibrinogen was studied as described in Methods. A: human thrombin and fibrinogen; B: bovine thrombin and fibrinogen; C: bovine thrombin and human fibrinogen. Human thrombomodulin (H-TM) (\bullet), rabbit thrombomodulin (R-TM) (\circ). (\rightarrow), did not clot in 1,000 s.

Table I. Apparent Affinity of Thrombin forThrombomodulin in the Presence of Fibrinogen

	Human thrombin + human fibrinogen (K _{app})	Bovine thrombin + bovine fibrinogen (K _{app})	Bovine thrombin + human fibrinogen (K _{app})
	nM	nM	nM
Human thrombomodulin	79±27	25±16	38±7
thrombomodulin	2.5±1.3	2.5	5.9±3.5

The calculations in this table are based on the results of Fig. 1. The clotting times of the experiment were converted to thrombin units as described previously (10) in order to calculate free thrombin concentrations. The apparent dissociation constant was calculated from the equation ([T] [Tm])/([T \cdot Tm]) = K_{app}. We assumed that thrombin (T) and thrombomodulin (Tm) form a 1:1 complex in these calculations. The results are calculated at each thrombomodulin concentration (mean±SD). These apparent dissociation constants probably do not equal the true dissociation constant of thrombin for thrombomodulin since the reaction is affected by fibrinogen. They do, however, serve to illustrate the difference between protein from the two species.

increased 23-fold in 10 min. In the presence of rabbit thrombomodulin, the activation of Factor V was significantly inhibited (Fig. 2). After a 10-min incubation, the increase of Factor V coagulant activity was sevenfold with 20 nM rabbit thrombomodulin and threefold with 200 nM. In the presence of human thrombomodulin the inhibition of Factor V activation was minimal. Factor V coagulant activity increased 22.7-fold with 100 nM human thrombomodulin and 19-fold with 350 nM thrombomodulin (Fig. 2).

The inhibition of thrombin-induced [³H]serotonin release from washed human platelets by thrombomodulin. An additional property of thrombin is to activate platelets by inducing aggregation and secretion. The effect of thrombomodulin on human thrombin-induced serotonin release from platelets was studied. In the absence of thrombomodulin, 80% of serotonin was released from platelets in cacodylate buffer (16) by 0.1 nM human thrombin (Fig. 3). Serotonin release was inhibited with increasing thrombomodulin concentration. It was de-



Figure 2. The effect of thrombomodulin on factor V activation by thrombin. 5 nM of human thrombin were incubated with increasing amounts of human (H-TM) (•, •), or rabbit $(\mathbf{R}-\mathbf{T}\mathbf{M})$ (0 – – – 0, \triangle , \Box) thrombomodulin for 3 min at room temperature, and 10 μ l of each mixture was added to 10 μ l of human Factor V (10 U/ml). – 0, no thrombo-(0 modulin.) At the indicated times, samples were taken and assayed for Factor V activity.



Figure 3. The inhibition of thrombin-induced [³H]serotonin release from human platelets. Thrombin 0.1 nM was incubated for 3 min with the indicated concentrations of human (\bullet), or rabbit (\odot) thrombomodulin and then added to platelets containing [³H]serotonin. Serotonin release was measured as described in Methods.

creased $\sim 50\%$ by the addition of 6 nM human thrombomodulin. Rabbit thrombomodulin inhibited the release reaction more effectively; 50% inhibition occurred at 0.5 nM.

Effect of rabbit anti-human thrombomodulin on protein C activation. IgG from a polyclonal antiserum that is monospecific for human thrombomodulin (8) was used to demonstrate antigenic differences between human and rabbit thrombomodulin and also to prove that the protein that we isolated accounts for the thrombomodulin activity previously found on human umbilical vein endothelium (1). Thrombomodulin from the two species stimulated protein C activation equally as shown in Fig. 4 and anti-thrombomodulin IgG inactivates human but not rabbit thrombomodulin. This lack of crossreactivity is not surprising since the antiserum was obtained from an immunized rabbit. When this IgG was added to cultured human umbilical vein endothelial cells and then removed and protein C activation was measured subsequently (see Methods for details) (9), we found 90% inhibition of the rate obtained using control IgG.

Human lung thrombomodulin. We prepared thrombomodulin from a small sample of human lung as described in Methods in order to evaluate the possibility that the lack of



Figure 4. Inhibition of human or rabbit thrombomodulin by antihuman thrombomodulin rabbit IgG. Human or rabbit thrombomodulin (TM) (0.05 pmol) was incubated with 0-10 μ g polyclonal anti-human thrombomodulin rabbit IgG for 15 min at 37°C. The cofactor activity of thrombomodulin in protein C activation was assayed as described in Methods. In control experiments it was shown that the anti-thrombomodulin IgG does not interfere with protein Ca.

efficient inhibition of thrombin reactions by placental thrombomodulin reflected its tissue origin rather than a difference between humans and rabbits. We obtained approximately 50 μ g of thrombomodulin from 7 g of lung based upon its protein C cofactor activity. SDS-polyacrylamide gel electrophoresis of the eluted material in the presence of 2-mercaptoethanol showed the major protein band at $M_r = 105,000$ (data not shown). An immunoblot of human lung thrombomodulin is shown in Fig. 5. The lung thrombomodulin co-migrates with placental thrombomodulin which was shown previously to migrate the same as rabbit lung thrombomodulin. The concentration of lung thrombomodulin was estimated by its activity in stimulating protein C activation compared to placental thrombomodulin assuming that both have the same activity. The immunoblot indicates that this assumption is valid since similar amounts of protein C activating activity give similar intensity by immunoblot (i.e., lane 1 vs. lanes 3 and 4). Thus thrombomodulin from lung and placenta have similar size, immunologic activity and protein C activating cofactor activity. We then tested the activity of human lung thrombomodulin to inhibit thrombin-induced serotonin release

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Figure 5. Immunoblot of thrombomodulin from placenta and lung. The immunoblot was performed as described in Methods. Isolated placental thrombomodulin (0.6 μ g), lane 1; immunoaffinity-purified human lung thrombomodulin, lanes 2–5. Lane 2, 0.2 μ g; lane 3, 0.4 μ g; lane 4, 0.8 μ g; lane 5, 1.6 μ g. The activity of lung thrombomodulin was estimated from its protein C activating cofactor activity

assuming that it is the same as placental thrombomodulin.

in an experiment like that shown in Fig. 3. Lung thrombomodulin inhibited serotonin release by 0.1 nM human thrombin in cacodylate buffers by 10% at 6 nM and by 50% at 18 nM, compared to 50% inhibition by 0.4 nM rabbit lung thrombomodulin and 80% by 2 nM rabbit lung thrombomodulin. Thus we conclude that the lack of efficient inhibition of thrombin is a property of human thrombomodulin that is not unique to that derived from placenta.

Discussion

Thrombomodulin from rabbit lung has been previously shown to inhibit the procoagulant action of thrombin on fibrinogen (6), Factor V (6), and platelets (7). The ability of thrombomodulin to block thrombin procoagulant action in these three reactions is not the same. Thus only a slight excess of rabbit thrombomodulin over thrombin (1.6:1 in Fig. 1) completely blocks fibrinogen clotting. However, a ratio of rabbit thrombomodulin/thrombin of 20:1 is required to give 50% inhibition of Factor V activation and thrombin-induced serotonin release is blocked $\sim 50\%$ at a ratio of 5:1. These differences in the ability of rabbit thrombomodulin to inhibit the procoagulant actions of thrombin probably result either from different relative affinities of thrombin for thrombomodulin vs. those for the procoagulant substrates or from different activities of the thrombin-thrombomodulin complex toward these other substrates. Human thrombomodulin is much less efficient in blocking the procoagulant actions of thrombin than the rabbit protein. It is 30 times less active in blocking fibrinogen clotting, barely inhibits Factor V activation, and only inhibits serotonin release from platelets by 50% at a ratio of thrombomodulin to thrombin of >60:1. Thus, while thrombomodulin in humans is a potent cofactor in protein C activation it does not appear to block thrombin procoagulant reactions efficiently. An antigenic difference between the two proteins was observed using an anti-human thrombomodulin antiserum obtained from rabbits. This antibody is a potent inhibitor of human but not rabbit thrombomodulin. This antibody is directed against the endothelial cell moiety previously characterized as human thrombomodulin (1) from the finding that the antibody is able to block protein C activating cofactor activity on human umbilical vein endothelial cells. Since thrombomodulin is normally present as a membrane protein on endothelial cells and not in a solubilized detergent solution as used in this study, it is possible that different results might apply in vivo. Given this reservation, the current study implies that the binding of thrombin to thrombomodulin changes its specificity with respect to protein C activation greatly compared to the minor effects observed on thrombin-catalyzed procoagulant reactions.

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